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Dear Residents....

Autumn already - I feel like summer somehow passed me by (did we actually have a summer this year?) We have been extremely busy over the past weeks and have an abundance of local community news for you once again this issue! As we go to print we are filled with excitement for the start of the Rugby World Cup - more news of local involvement inside as Bristol (and Bradley Stoke) host the team from Georgia.

The bank holiday weekend brought us the third annual Bradley Stoke Carnival and also the first ever Triathlon to the town (more on this inside). If you missed the Carnival we did post photos and video clips to our Facebook page, so feel free to check these out at /BSMatters or search for **Bradley Stoke & Little Stoke Gifford Matters**. It has been brought to our attention that there is a fake 'Bradley Stoke - Matters' page (when people try to copy you it's a compliment right!?) with an image taken from our website. This has been set up as a 'person' with friends and not as a community page. Many people have been posting to it thinking that it is run by ourselves. It isn't, so please do check you are connected to the correct page. We always respond to posts on our page so if you haven't heard from us, double check it's the right page!

We have a **competition** for you this issue, an opportunity to win one of two family tickets for the **Twilight & Illuminations Bus Tour of the Bristol Christmas lights, with warm blankets, hot chocolate and mince pies!** This sounds wonderful and I'm thinking of also booking a trip in for my brownie group. To be in with a chance of winning, you need to log on to our facebook page (details above - make sure it is the correct one!), like our page, look out for our post on Twilight & Illuminations on 1st October and make sure that you like and comment on the post. The winners will be drawn at random and posted at the end of October to our Facebook page. See page 70 for more information.

That's all I have room for this month, the deadline for our next edition will be 10th November, do get in touch if you would like to be featured!

Jaci x

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We are currently recruiting a nurse manager for our Horfield home, and nurses for our Horfield, Thornbury and Almondsbury homes, and for our new home being built in Fishponds. The successful nurse manager candidate will be an experienced nurse, with management experience, a background in caring for the elderly and knowledge of best practice in elderly and dementia care. Nurses with less specific experience are welcome to apply for the nurse roles.

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Bradley Stoke Community School Primary Phase opened its doors on Wednesday 9th September to the first cohort of 4 year olds.

Dressed in a plain white polo shirt with BSCS logo and the same teal coloured jumpers as worn by the secondary phase of the school, there is a clear identity. With over 100 applications made by local families for their children to attend the school, the first intake into Acorn Class is full.

In response to a shortage of local primary school places, Bradley Stoke Community School was approached by South Gloucestershire Council to become an all-through education provider. The school has a well-established ethos and culture and a positive reputation in the local community. Senior leaders were keen to offer a learning continuum from age 4-18 and a bid for funding was successful in 2013, with building work commencing in September 2014. Midas completed the work and did "an excellent job" handing over the building on schedule, as well as allowing pupils throughout the build to visit site linking with maths and engineering subjects. Whole school assemblies were also held sharing explanations and progress of the project.

Head teacher, Mrs Sharon Clark, was appointed in December 2014 and started formally in post in April 2015. Meadowbrook Primary School, also a member of the Olympus Academy Trust (OAT), has worked closely with the new Head teacher and BSCS staff to share expertise and learning ahead of welcoming the first cohort of pupils. Story times and family activities were held during the summer and home visits made by Miss Geraldine Rodgers (Reception Teacher) and Miss Nicola Burge (Teaching Assistant) prior to the start of the school year.

Considered as part of the main school, the building is detached from the main site but within the grounds. The space is bright and airy, modern with colourful furniture. Wi-fi, I-Pads and interactive white boards are in every classroom and Apple TVs. In addition to the foundations of reading, writing and numeracy, extra curriculum opportunities will be offered including a sports coaching programme and Irish dancing to name a few. Unique access to Savages Woods, just outside the school itself, will allow pupils to enjoy a comprehensive Forest School programme.

Secondary students continue to be very enthusiastic about ensuring primary pupils are part of the school community. Pupils have already created lots of art work (caricatures based on real head and shoulder photos of the new pupils) to display in classrooms so that the new pupils feel welcome and the building feels 'lived in'. There will be plenty of opportunities for pupils to engage with older students through learning and enrichment as the school grows. Integration will be key, and will ensure that transition from Yr6 to Yr7 is seamless, which can only benefit their progress and achievement.

With slightly different start times to the Secondary phase and the provision of wrap around care, the



school day is staggered and runs from 7:30hrs - 1800hrs so pupils will arrive at different times; the regular school day is from 0845hrs - 1500hrs.

Reflecting on the first week, Sharon Clark told us *"The children have had a lovely first week; they are really enjoying exploring the classroom and outdoor area. Among other things, we've had den building, water-play, sandcastle-making, painting, dinosaurs and a vast amount of glitter, glue and sequins! We are so pleased with how quickly they have settled into their new school and we are really enjoying getting to know our new children and their families."*

Our new building has been full of visitors from across our OAT schools as well as tours for all the students in the Secondary Phase and Post 16. One of our spare KS2 classrooms is now home to the South Gloucestershire Early Years Advisory Team who will be using it as an Early Years training room; meaning we have easy access to advice and support from a team of Early Years experts.

We have started to build opportunities to work together with Secondary students; with dates planned for some of our year 8 students to come and share books with the reception children".

As we went to print on this edition BSCS were planning a balloon launch on 21st September to celebrate the first full day of school for all their pupils together. Bradley Stoke Matters also looks forward to attending the official launch of the Primary phase on October 21st where time capsules will be buried and a ribbon cut.

For those parents considering BSCS Primary Phase for their child starting school in September 2016, appointments can be made on the following dates - please phone the school on 01454 868840 to book a place:

Monday 19th October at 1.30pm,
Tuesday 3rd November at 9.30am,
Wednesday 11th November at 9.30am and
Thursday 3rd December at 1.30pm.



Bradley Stoke Matters was pleased to hear from one local family with a child starting at each stage of BSCS this Autumn!

Clare & John Bishop told us: "Initially we chose Bradley Stoke Community School 5 years ago for our eldest son Ryan, after hearing of it's great reputation. We were so pleased to see the school live up to our expectations, and not just from an educational perspective. Ryan has had a fantastic experience and come away with great friendships too. Following great success in his GCSE's Ryan has made the decision to continue studying his for A levels at the BSCS Post 16 centre.

With BSCS being such a successful decision for Ryan, it seemed the natural choice for our middle son Kian when it was his turn to move up to secondary school this September. So far he has had a great start as well!

We were then really pleased to hear about the new primary phase opening in the same year that our daughter Grace was due to start in the reception class. We stayed up till midnight just to see her place confirmed!

No sooner had Kian completed his settling in period than it was time for our daughter Grace to start her first week in the new reception class.

Following a crazy couple of weeks getting them settled in, with a child in each of the school's three buildings, we have finally achieved our aim of having all of our children in the same educational establishment, which certainly makes the school run easier!

We are looking forward to continuing our relationship with BSCS for at least the next 11 years!"



Redland High's Prize Winners
Reach For The Sky!

On Friday 18 September 2015, Redland High School for Girls' alumna, Jenny Body OBE, gave the keynote speech and presented prizes to the girls of Redland High School during their annual Prize Giving Ceremony at the Wills Memorial Building in Bristol.

Jenny has worked as a professional engineer in the Aerospace Industry for more than 40 years and was the first ever female President of the Royal Aeronautical Society. She spends much of her time promoting the study of the STEM subjects: science, technology, engineering and mathematics.

"It is fantastic to return to the school 44 years since I have graduated," said Jenny, "and see that the girls who study here now are just as enthusiastic, intelligent and generous as ever. I am honoured to be awarding them prizes for the quality of their characters and their academic achievements."

Redland High gave me an excellent start to my future career, and it is obvious that it is continuing to support girls by giving them the tools they need to set them up for life."

Jenny's speech will undoubtedly inspire Redland's young women, many of whom excelled at the STEM subjects this year.

Over 80% of all pupils who sat their A Levels at Redland High in 2015 studied at least one STEM subject, and over 70% of the grades awarded in biology, chemistry, physics, mathematics and further mathematics were top A*/A grades.

Miss Stephanie Ferro, Headmistress at Redland High, said, *"Prize Giving is always an extremely important event as we take time to recognise the incredible achievements of our girls."*

We were honoured to welcome Old Girl Jenny Body OBE to the event, and I feel certain that her incredible achievements in Aeronautics



will further encourage Redland High Girls to reach for the sky!"

Find out more about life at Redland High by visiting www.redlandhigh.co.uk or by coming to our visiting morning on Thursday 1st or Saturday 17th October.

Email Sarah Patch on admissions@redlandhigh.com for more information or to register your interest. No appointment necessary.



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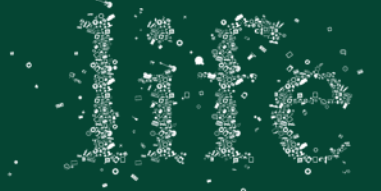
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Saturday 17 October

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at Redland High



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Bradley Stoke Ladies are up and running!

Bradley Stoke Youth FC expansion continues with their affiliation to the newly formed Bradley Stoke Ladies Team.

Bradley Stoke's first ever adult female team only got together and started training on May 6th this year, so it has been a fast learning curve to get the players in, organization of summer and winter training sessions, fund raising, player registrations, League registration, facility visit from the League, presentation to the League of our strategy and development plans plus many more activities.

The management team of Martin and Ross Lee is a well trusted pairing from their current duties with BSYFC as the managers of the U14 girls, coaching of U6 and U7 squads, and also their coaching for children with disabilities. They are assisted by Connall Tudor and Roger Hartill to ensure the Ladies team will be a success into the future.

The first training session on May 6th attracted 21 players and the squad now have 26 registered players for the season. However they continue to welcome new players to come and join the squad and to be part of something exciting. The range of ages of the players currently go from 16 to 40 plus!

The team was formed to enable the BSYFC U16 girls from last season the opportunity to continue in football within the town and we are pleased to see that six of them are now playing adult football. The town of Bradley Stoke has never had an adult female football team so this is a first and, with the links to the BSYFC girl squads, the future for the Ladies team looks great.

The team play in the Gloucestershire County Women's Football League Division 2. The team did not get a chance to play any friendly matches before the season started, so their first ever match was on Sunday Sept 6th against Port of Bristol Ladies.

Martin told us "I am pleased to report that the team played very strong and battled to a 2-2 draw with both goals coming from India Gay (ex BSYFC U16 player). We were worried we may not get any points this season but we already have one point on the board and with the way we played I am sure there will be many more to come."

The squad is based around the ethos of a fun and friendly environment with development of football skills high on the agenda. If anyone is interested in joining the Ladies squad please contact Martin Lee at mlee1@btopenworld.com

Bradley Stoke Youth FC also run girl specific teams that play in the Bristol Girls League, so any young girls wanting to play football please view our web site at www.bsyfc.co.uk for contact information.

Bradley Stoke Youth FC run many youth teams from Reception Class upwards again see web site for information if you have an interested child.

The club also runs Saturday football sessions for children with disabilities please contact Martin Lee (details above) for information.

Bradley Stoke Youth FC are a FA Chartered Standard Community Club. The club were runners up for the GFA Chartered Standard Community Club of the Year 2015 (they have won this award in 2011 and 2013). The club are also finalists in the Community Club category for the Bristol Post Sports Awards 2015 where the winners will be announced at the awards evening on Oct 22nd hosted by former Rugby Pro Gareth Chilcott - see later article. So let's all keep our fingers crossed for a good result on the night!

Go Ladies!!!! We look forward to hearing more on your progress this season!

Thanks to Martin Lee for his update on the team.



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Festive Party Nights

New for 2015, join us for our Festive Party Nights. Enjoy a delicious three-course dinner with a half bottle of wine and dance the night away to our resident DJ and disco until 2:30am. **18th & 19th December only**



Mid Week Xmas Lunch

Join us for a festive Christmas Lunch in Brunel's Hat restaurant with family, friends or colleagues. Our three-course buffet lunch is served from 12:30pm until 2:30pm.

Sunday Lunch with Santa

A festive family celebration with a special visit from Santa himself. The fun starts from 12:30pm when your scrumptious three-course Sunday lunch will be served in the Redcliffe Suite. Santa will be arriving around 2:00pm before the children's disco begins at 2:30pm. The party will end at 4:30pm. Santa will be staying for the afternoon so be sure to have a family photo taken with him to take home and keep.



New Years Eve

Welcome the New Year in style at Hilton Bristol with a glass of champagne and Auld Lang Syne at Midnight! The evening will begin with a four-course dinner served at approximately 8:00pm, then dance 2015 away to our resident DJ and disco.



For full details about our Christmas Programme or to check availability and prices contact our sales team on 01454 893438 events.bristol@hilton.com

Hilton Bristol, Woodlands Lane, Bradley Stoke, Bristol, BS32 4JF

Bradley Stoke's first Triathlon voted huge success

Bradley Stoke has held its first and sell out community triathlon over the August Bank Holiday weekend, with 150 first time and experienced participants swimming, cycling and running their way to the finish line.

Bristol locals Martin Reed and Nikki Smith won the Male and Female Open title and Simon Ward and Michelle Kerfoot came first in the veteran's category. It was local man Simon's 26th triathlon event and he completed the course in just one hour and 40 seconds.

Matthew Fratesi, aged 18, peddled his way to victory, coming second in the open male category, as well as achieving the fastest bike split time. The event, which consisted of a 400 metre pool swim, 18 km cycle and 5 km run attracted crowds of supporters, including 40 volunteers to keep everything on track.

It was organised by Active Centres in partnership with South Gloucestershire Council and Triathlon England with the swim completed in the pool at Bradley Stoke Leisure Centre.

Afterwards the Triathlon Federation praised the organisers for a friendly and well organised competition.

Nick Groves, Assistant Manager at Kingswood Leisure Centre who came over the line in 1 hour 9 minutes, said: "It was such an exciting atmosphere on race day, everyone was in high spirits and it was great to be a part of. I'd like to thank my fellow team members at Active for organising such a fun and well-managed event."

Fiona West, Sales and Marketing Manager at Circadian Trust, said: "Our first Triathlon was a great success and we are really proud of everyone that took part. We'd like to take this as an opportunity to thank the local community for their support and we hope that this event will become an annual occasion following the feedback we have received."

The Triathlon was part of Active Leisure Centre's tenth anniversary celebrations. Any profits made will be reinvested into future events and other sport development projects in the local community.



Photos show: entrants Nick Groves and Simon Ward on completion of the triathlon and during the event.



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Community Matters: Local Police Team

It was great to catch up with the local Beat Manager and PCSO again recently to learn a little more about the current team and their work in the community.

Claire Fletcher and Jamie Shiels work opposite shifts as Neighbourhood Beat Managers, ably assisted by PCSO's Alicia Harvey (photo right) and Chris Baker. An additional PCSO is due to join the team shortly.



Beat Surgery Dates:

Willowbrook Centre

2nd October 18:00 – 20:00
12th October 10:00 – 12:00
26th October 16:00 – 18:00

BSCS

23rd September 12:05 – 13:35
14th October 12:05-13:35

Woodlands Park

No dates available when we went to print

Working out of the new Patchway Police Centre on Gloucester Road (where the enquiry office is open from 0800hrs - 2000hrs Monday-Sunday), they host drop-in surgeries at the Willow Brook Centre, lunch time sessions every fortnight at Bradley Stoke Community School and also take the mobile station to Woodlands Park in Woodlands Lane, North Bradley Stoke.

Alicia is new to Bristol and South Gloucestershire, moving from Somerset. She admits she used to get lost in the town centre! Prior to working for the Police, Alicia worked as a Youth Leader for the local council whilst attending Bridgwater College to complete a diploma in Production Arts. Loving theatre and live events, if Alicia hadn't chosen to work within the local police force, she would like to be working

within the production industry. With her passion for music, she is always looking to encourage people to get into music by playing or singing. She did state *"Who knows maybe a Police band will play on Bradley Stoke Radio one day!"*

Over the August bank holiday weekend, the team supported the well turned out local Carnival as well as the triathlon on the Sunday when 150 contestants turned out to compete. They get involved with both national and local initiatives: Rogue Traders week is coming up and the local initiative is to join the regular coffee morning at Christ the King Church to share advice on crime prevention and give out information leaflets. Claire and Alicia will both be present at the coffee morning on 2nd October.

The beat team continue to use their strong links with the schools to go in and teach the children. Their lesson packages range from Online Awareness to Choices and Consequences of Crime. The team are actively looking at ways to reduce parking issues in and around the schools, especially with the onset of wetter weather when many parents tend to drop off by car. On the 12th of October they will be at Baileys Court Primary School for a week looking at the parking issues in the morning and the afternoon.

Supporting local residents with the onset of Halloween, posters will be available from the Willowbrook Centre for the public to put up in the windows to let the Trick or Treaters know if they don't want to be called on.




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Resident's Welcome Development of New Clothing Stores within Tesco Extra

Since our first announcement on Facebook on 9th September of the new Tesco Extra plans within the Willowbrook Centre in Bradley Stoke, we caught up with Dan Morris, Refit Manager, for a greater understanding of the new layout of the store.

Having trialled the idea in Europe, the success has encouraged the General Merchandise (non food) transformation in the UK, although with different concessions, and Bradley Stoke is the first in the South West group to do so.

With just 5 weeks from start up to the project going live, it's all hands to the deck and you will have seen sections of the ground floor being moved and transformed with new styles of racking, A-frames, nesting tables and towers and hoardings erected upstairs. Arcadia Group will be taking space upstairs for their Dorothy Perkins store and Burtons and there will be a refit for the F&F brand. The mobile phone shop will be relocated to the front of the store where the Direct desk is currently. Customer Service will remain in the same location alongside the foreign exchange bureau and you will soon find the Direct desk located at the back of the store, alongside the electrical line.

Claire's will also be in store mid November, also going upstairs.



Non Food and F&F will be completed by 12th October and the launch of the new store by 26th October (dates just advised as we go to print).

The onset of additional clothing shops to the Willow Brook Centre store seems to have initiated a positive response locally; our Facebook post on 9th September reached nearly 8,000 users, attracted over 100 likes and a vast amount of positive comments!

Dan also commented that *"The response from the community has been overwhelming so far, with one local resident having recalled purchasing his first tailored suit from Burton's on the Gloucester Road for £4".* Many will know that Burton's was the first to sell off the peg tailored suits! It is also thought additional customers will be visiting Bradley Stoke because of the new stores resulting in a larger footfall for other local businesses too.

Follow us on FB/BSMatters and follow Twitter @BS_Matters to read of any updates.




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Tumble Tots sessions provides fun, challenging and structured physical activities for children aged 6months-7years. It has been designed to develop children's motor skills of agility, balance and co-ordination with action songs and rhymes also contributing to language development.

Tumble Tots has been operating a successful Franchise Network since 1979. If you're interested in becoming your own boss and helping children develop and have fun, then this business opportunity could be for you!

Our franchisees have benefited from our established company model and have discovered not only the financial rewards but the personal satisfaction of loving the work that they do with children. We operate a mobile business in which franchisees provide the Tumble Tots programme at various centres within their agreed territory each week. Tumble Tots is a registered trademark and franchisees generate their income through the weekly session fees.

Franchisee Quote "I joined Tumble Tots in 1998 when my daughter had just started school and my son was 2. I had always wanted to run my own business, although I never knew what area I wanted to cover. After I had my own children I decided I could see myself working with children (something I had never previously considered), and when we saw an advert about Tumble Tots franchises we jumped at the chance. I have never doubted my decision to take on a Tumble Tots franchise. I have the best of both worlds - my own business, with the back-up of a large organisation. The job is very fulfilling, different every single day, and fits brilliantly round the rest of my life. Watching the children benefit from the classes and develop is the best feeling. It's very hard work, but totally worth it!"



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email: david.hunt@tumbletots.com
www.tumbletots.com

GYMBABES
gymbobs



Textures in the Garden

Mixing up different finishes, styles, textures and colours in the garden can add interest and keep the eye moving around your outdoor space.

Reclaimed sleepers are a fantastic way to add a bit of rustic charm, they are also very versatile as they can be used not only for building raised planters and retaining walls, but also tables and seating in the garden.

Or for a more contemporary look why not have raised beds built, with seats incorporated into them, in a contrasting material - so that when the walls of the beds are painted they will look sleek and modern, and if you use a bright coloured paint you will have instant colour all year around.

Another way to add contrast and texture is by using different materials on the floor, cobbles mixed with aggregates, not just pebbles but coloured glass or slate can really jazz up an area. Some good paving edged with sleepers, tiles or bricks will also add interest; or why not go for something completely sleek and modern like granite, which will sparkle in the sun!

Alternatively you could have an attractive stone circle in your garden, it can be used as a quiet space to relax and escape. There are some really interesting sets available new, but you could also use reclaimed bricks or tiles,



which look fantastic and will be more unique, as well as being a great way to recycle!

Water when used in the garden will always add a different element; as well as stimulating the senses it will also encourage wildlife. Instead of just a pond or bubbling water feature, why not consider a modern letterbox feature pouring into a channel made out of sleepers? It will create a soothing noise, and with planting placed either in or around the edges it will add a whole new dimension, which can lighten up and enhance a tired area.

So why not have a look at what you have in your garden and contact us to see how we can help you improve it.

Ali

email: info@secretgardenweb.co.uk

tel: 0117 9092 088



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Testamentary Freedom - Fact or Fiction ?

Andrew Jack of AMD Solicitors considers whether you can draft your will leaving your property to whomever you wish in light of recent case law.



The case of *Ilott v Mitson* has been in the press recently with various degrees of accuracy and scaremongering. Reports in the press have claimed that you can now no longer leave your money to whomever you wish. While I love a good story as much as the next man, perhaps it is time to step back and see whether this decision has really decreased your opportunity to leave your money however you wish.

The background to the case is well known by now but, in brief, Heather Ilott was omitted from her mother's will after her mother never forgave her for eloping at the age of 17. On her mother's death she discovered that she had been left nothing from her mother's £486,000 estate, and that her mother had left it all to charities, including 3 with whom her mother had no previous donating history.

This seems to have been the focus of the court when deciding the outcome of the appeal. The ruling, whilst touted in the press as limiting your freedom to leave your estate to who you wish, has more to do with disinheriting a child in very specific circumstances. Heather Ilott had lost her father before she was born and her mother inherited everything from her husband. There was also a very specific need from Heather Ilott's circumstances. The court also took the view that the mother's behaviour had been unreasonable and capricious.

While you still have the freedom to leave your estate to who ever you wish, it may now be a touch riskier if you are disinheriting a child. Anyone seeking to make a will should seek advice before doing so and, if you are intending to disinherit a child, this has now become even more crucial.

AMD Solicitors are conducting the following talks on inheritance and the changing family this autumn:

Tuesday 20 October at 3pm at

The Little Black Box Theatre, 2 Chandos Road, Redland BS6 6PE

Thursday 5 November at 3pm at

Leonard Hall, Trinity-Henleaze United Reformed Church, Waterford Road, Henleaze BS9 4BT

To register to attend either talk please telephone AMD on 0117 962 1205 or email info@amdsolicitors.com

Andrew Jack is a specialist Solicitor in AMD's Private Client department. Andrew can be contacted on 0117 9621205 or by email at andrewjack@amdsolicitors.com

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Advice Making a Difference



Telephone us on **(0117) 962 1205** or visit our website www.amdsolicitors.com

Paint a Smile for Syria Fundraiser: Saturday 24th October 8am-8pm

Dear Bradley Stoke Matters ...

Hello my name is Tracy Deb and I am a Bridal Makeup Artist in Bradley Stoke.

The Syrian refugee crisis going on at the moment is horrific and tragic and I have found some of the images very upsetting. It's so awful and heart breaking the way these people are being treated. As a well known Makeup Artist in Bradley Stoke with nearly 1500 followers I would like to tap into my following and offer my skills and services and donate all the time and money I can into this worthy cause.

I am planning an AWESOME charity event #PAINT A SMILE..HELP FOR SYRIA with 100% of donations going to The British Red Cross. For me personally this endeavor is not politically, racially or religiously motivated but purely humanitarian. I am trying to reach out to desperately needy people and the way I approach the situation is... what would it be like if I myself was in this dire situation?

I am going to be doing a Makeup Marathon for 12 hours and am offering 20 minute slots for mini makeovers to raise funds for Syria! The makeup slots are £10 and appointments will be available from 8am till 8pm. I will be holding this in Bradley Stoke on the 24th of October. We will also be holding a raffle and there will be tea, coffee, soft drinks and homemade cakes, all for a small donation. It would be amazing if you could help in any way to publish and promote this event as we need all the support we can. Please support this worthy cause and let's paint a smile on the refugees' faces.

If anybody would like to donate a raffle prize, be involved or feel you can help in any way at all, you can contact myself Tracy Deb on 07871 839173, tracydebmakeup@gmail.com or any of our Admin team, Jo Gibbard, Helen Everett and Amyemma Atkins who are all helping to make this event a reality via our Facebook event page: Paint A Smile..Help For Syria.

The Red Cross Charity number is 220949.

Thankyou for taking the time to read this.
Yours Faithfully, Tracy Deb

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Every little girl dreams of having long princess hair like Rapunzel and eight year old Naoisa Hodges from Bradley Stoke is no exception. But Naoisa is no ordinary 8 year old: after seeing a programme on TV about children with illnesses which left them with no hair, Naoisa decided that she wanted to help them by donating her own hair to the "Little Princess Trust" so they could use it to make another child a wig.

Naoisa's mum says "Anyone that knows Naoisa, knows her hair means the world to her. When she asked this, we were so proud of her. It's so her, wanting to help others. She has a big heart. I did ask her though to wait until she had made her 1st holy communion at the end of September - so she picked the week after!

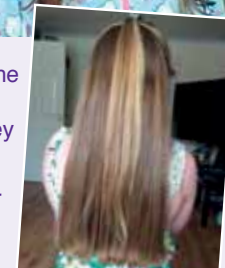
When people heard about Naoisa's plans, they were not surprised with her generosity and thinking of others. When her teacher Miss Molloy heard about what she is going to do, she said "All of us here at St Mary's Catholic Primary are so proud of Naoisa and are behind her 100%. Naoisa is such a kind and caring little girl. She always notices if others are feeling down and

will try to help or cheer them up. It's typical of her to want to help others by wanting to take on this huge challenge."

Naoisa has set up a just giving account to help her raise money and has asked her parish priest Fr.Eugene of Holy Family Catholic Church if she could also hold a cake sale in order to raise more money for the trust.

Naoisa has booked her hair cut for the 3rd October. If you feel able to donate anything, however little, to support this little girl with a big heart, then you can do so via her justgiving page -

http://www.justgiving.com/karen-hodges3?utm_id=2b



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Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

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Introducing:

Perfected Hair & Beauty

A new glamorous, chic and exceptionally clean salon, Perfected Hair & Beauty exudes opulence and class offering **"a perfect service at an affordable price"**.

We met up with Owner/Manager Ange Bagley and it quickly became apparent that she has a passion and drive to offer a high standard of service as well as a relaxing environment within a friendly yet professional atmosphere. Her team of experienced stylists take time to listen to each client's requirements during the free consultation and give honest feedback resulting in happy customers pleased to return.

Ange was motivated to locate and open the salon as an opportunity for her daughter Emily, who found herself redundant when Virgin closed their Tranquility Spa in Stoke Gifford. Jo and Emily both previously worked at the Excellence Spa within the Willow Brook Centre, and Ivana and Emz having been made redundant following the closure of Dr Swede in Thornbury. With a unisex hair offering for adults, children and teenagers (prices depend on age under 16years) the salon prides itself on using quality Joico hair products. Senior citizens can book in on a Monday or Tuesday to gain discounted prices, with a cut and blow dry or set costing just £15.50. Students and NHS employees also benefit from a discount. Bridal packages are bookable (with Prosecco included!) and the stylists love to show off their creative flair for special occasions too.

Beauty rooms are decorated to an exceedingly high standard with fantastic finishing touches. Product ranges include Dermalogica Skin Care, Result Time and St Tropez. Ange offers semi permanent make up (eye brows, eye line, lip line and whole lip), pedicures, manicures and waxing. Clients can book in with Emily, level 3 NVQ beauty therapist for facials, waxing, massage, specialised lyon hot wax, shellac nails and spray tans. Ear piercing is also available and the increasingly popular LVL lashes. On listing treatments, Ange said **"we'll listen to our clients and if there is a service or treatment they'd like we'll try to accommodate"**.

You will find Perfected Hair & Beauty open 6 days per week on the Gloucester Road in Filton Park, just a short drive from Bradley Stoke with ample parking outside the salon or in the car park opposite, and located on the Wessex (3A, 3B, 3X) and First Buses (18/75/78/79/X7) bus routes.

Perfected Hair & Beauty are offering Bradley Stoke Matters readers a 25% discount on either a hair or beauty appointment during the month of October! What are you waiting for - give them a call today on 0117 969 4857 and make your appointment!

Look out for additional monthly offers and the Perfected loyalty scheme on their website www.perfectedhair&beauty.co.uk. You can also follow them on Twitter or like their Facebook page to keep up to date.



0117 969 4857

30 Gloucester Road North, Filton BS7 0SJ
www.perfectedhair&beauty.co.uk



Update from BSTFC

Newly promoted Bradley Stoke Town first team are playing in the Senior Division of the Bristol and District football league having been confirmed champions of Division One in the last week of last season. The standard of teams now arriving at the Jubilee Centre will be a lot higher and it will be a rollercoaster ride coming to terms with this new level.

It's been a mixed start to the season so far with the first 3 matches resulting in a draw, a loss and a win! Manager Jon Welsh is confident that his team will hold their own and his ambition is to carry on the momentum from last year and challenge at the top.

Returning to the team and the club are players Stuart Pyett and Andy Turner, with Duncan Reade moving from Mendip FC. Rick Woodland, an important player for the team last season, has had to step down due to work and travel commitments.

Manager Jon Welsh has only a small squad and is always looking to promote players from the other teams within the club but any new players are always welcome. Training, fixtures are available on the BSTFC website but you can also follow the clubs exploits on twitter and of course in Bradley Stoke Matters! Local support at matches is very much welcomed, homes matches are played at the Jubilee Green and the bar is open after the match.

Picture Jon Welsh receiving Bristol & District Division 1 Trophy from Ben Osborne BSTFC Secretary



FORTHCOMING FIXTURES:

OCTOBER 2015

Sat 03 Oct, 14:30 - Away to Patchway Town Res
Sat 10 Oct, 14:30 - Home to Iron Acton
Sat 17 Oct, 14:30 - Away to Mendip Broadwalk Res
Sat 24 Oct, 14:30 - Home to De Veys

NOVEMBER 2015

Sat 07, 14:00 - Away to St Pancras
Sat 14, 14:00 - Home to Bristol Barcelona

DECEMBER 2015

Sat 12, 14:00 - Home to Shirehampton Reserves
Sat 19, 14:00 - Away to Chipping Sodbury Town Res

Bradley Stoke Bowls Club -

News from Aarthur Allan



NEW BOWLS TROPHY

Bradley Stoke Physio Novice Cup

Bradley Stoke Bowls Club introduced a new competition this year to encourage beginners. The competition, for bowlers with less than three years experience, attracted 16 competitors who showed a remarkably high standard.

The winner Robert Bertram was given a good contest by newcomer John Parkinson.

The photos show the presentation of the trophy by Louise Dodds, who very kindly donated it and who sponsors the Club.

Bradley Stoke Bowls Club also supports a Captain's charity every season; this season it was Brace, and recently at the Captain's charity day, the club were fortunate to raise £750.00; with all the proceeds going to Brace.

FAIRY TALE ENDINGS TO BOWLS COMPETITIONS

Throughout Saturday and Sunday 5th and 6th September, Bradley Stoke Bowlers were locked in struggles to win several competitions.

Although the early games produced thrilling tussles, none could compare with the dramatic finishes to the two Triples' games. Firstly, the winning men escaped from jail by taking a five point score on the last end! This feat was only surpassed in wonder by a game-saving strike with the very last shot in the ladies event! We commiserate with the unlucky losers.

The full results are as follows.

Ladies 2 Woods	Maggie Cooper
Mens 2 Woods	Steve Burdock
Mixed Pairs	Jean Overton, Dennis Overton
Ladies Pairs	Pauleen Dent, Doreen Pope
Mens Pairs	Dennis Overton, Terry Ridsdale
Ladies Championship Singles	Doreen Pope
Mens Championship Singles	Dennis Overton
Ladies Triples	Maggie Cooper, Denise Eland, Janet Wilkins
Mens Triples	Alan Dent, John Pope, George Eland.

The Club Chairman Steve Lee expressed the sincere thanks of all members to Denise Eland for organizing the event. In reply she spoke kindly of the way competitors and markers had eased her task by cooperating fully and on time throughout the summer. Later Steve Lee presented the various trophies to winners and runners-up in his customary genial manner.

The bowling season continues until the end of September. The Club AGM will be held in the Orchard Room at the Bailey's Court Activity Centre on the 22nd October commencing at 6.30 pm.



Are you struggling with pain or reduced movement?

Here at Bradley Stoke Physio our team specialise in a range of techniques that can help you return to an active lifestyle.

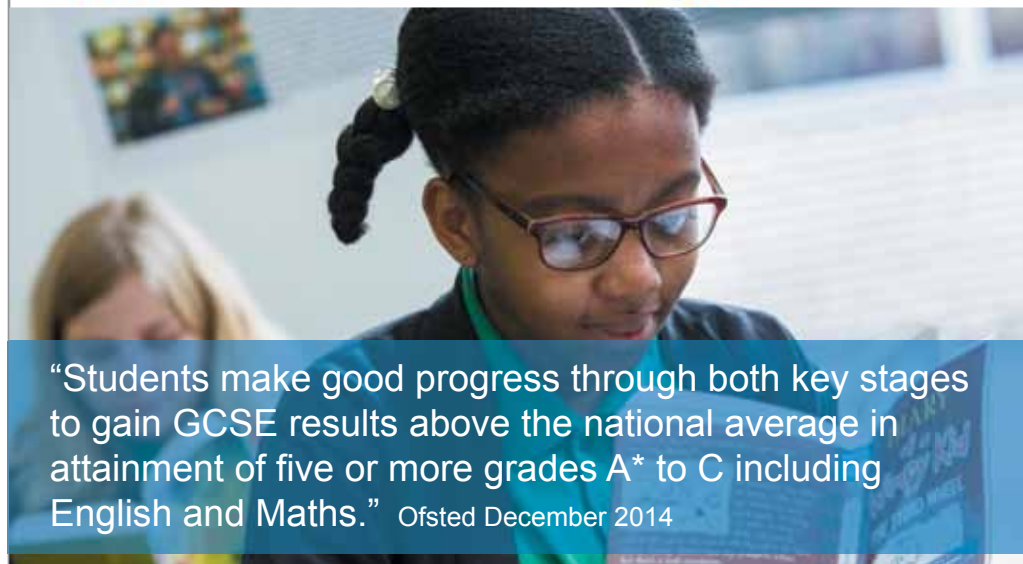
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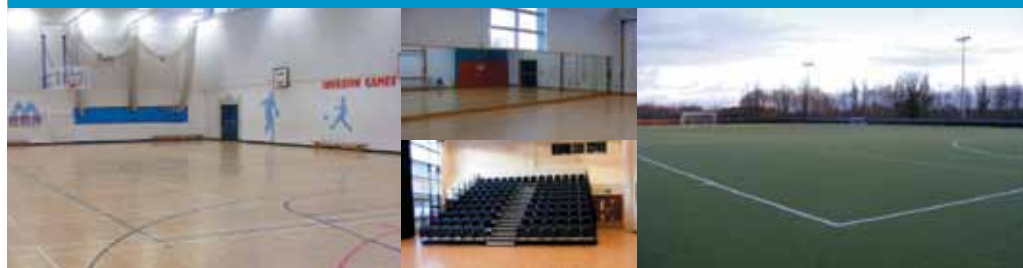
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Bradley Stoke Community School has achieved the Bullying Intervention Group BIG Award for excellence in challenging bullying.

The School has an excellent anti-bullying policy, involving pupils/students in all of the anti-bullying strategies and has a whole school approach to challenging bullying. Val McFarlane, Director of BIG said “Bradley Stoke Community School really deserves the BIG Award. They have worked hard with exceptional and innovative strategies to make their school a safer, happier place where the students/pupils can learn and reach their full educational potential without fear of harassment and bullying.”

The school has a peer support scheme, regular staff training and awareness raising activities throughout the year to ensure that all pupils and their parents have confidence in the school's ability to protect them.

The school will have to re-apply for the BIG Award each year to show consistency of good practice.



Top award for quality given to Meadowbrook Primary School by leading education charity Achievement for All.



Open Days

Friday 9th October 2015
Friday 27th November 2015
9.00am-11.30am or 1.30pm-3.00pm

Let our Year 6 pupils show you our school

No appointment needed
We look forward to seeing you!



Three Brooks Lane, Bradley Stoke, BS32 8TA
01454 868630

Email: office@meadowbrookprimary.co.uk

Website: www.meadowbrookprimary.co.uk



Meadowbrook Primary School has been recognized for the work it has been doing to improve the wellbeing, resilience and self-esteem of students who are vulnerable to underachievement and disadvantaged in their learning, including those with Special Educational Needs and/or Disabilities.

The school has been working with the Achievement for All programme since 2014 and has just been awarded a Quality Mark. The programme works closely with parents, teachers and the individual child to secure the best outcome and attainment for their students through personalised and specific targets. The school has seen a marked improvement in outcomes in the last year, particularly in Maths and early Years Phonics. Jon Barr, Head teacher, stated “We are so proud of staff and pupils in achieving this standard; it confirms our commitment to every child in our care to enjoy an exceptional education.”

The award recognises the excellent work being done by the school with Achievement for All to improve progress in reading, writing and maths for all pupils, regardless of their background challenge or need.

“Achievement for All believes that every child can progress, and through our programme with hope to enable every child to be the best that they can be regardless of background, challenge, or need. We are delighted to be working with Meadowbrook and to share in their success with this much deserved award”



FIND US ON FACEBOOK:

Bradley Stoke & Little Stoke Gifford Matters - Facebook/BSMatters



Clifton High School

co-educational nursery school to sixth form

Whole School Open Morning:
Saturday 10th October

Sixth Form Open Evening:
Tuesday 10th November



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News from Wheatfield Primary

Wheatfield's Maths Stars!

At Wheatfield we have introduced an exciting new programme called 'Maths Stars' which has already had lots of our children earning certificates and badges for their efforts. The aim of the scheme is to develop the children's knowledge of numbers, number bonds, times tables and decimals.

Children are awarded a certificate for each level they complete in the scheme and a star badge in our Celebration Assembly, for each of the coloured levels completed.

We are also working closely with our parents, suggesting ways in which they can help boost their children's skills and motivation, by showing them how useful an understanding of numbers is in everyday life; and encouraging them to help their children to explore and develop key number concepts at home. Our new Maths Newsletter keeps parents informed of what we are doing, so that we can continue to work together to improve their child's learning and understanding of maths.

Before the summer holiday, six of our Governors spent the morning in school. They were impressed with the inspiring learning environment around the school and especially commented upon the maths challenges and information in the corridors, designed to stimulate and encourage the children to use their maths skills!



The Big Top Comes to Wheatfield!



The 'Big Top' came to Wheatfield during the first weekend of the new academic year. Over two hundred children and adults enjoyed a great afternoon being entertained by acrobats and an amusing clown, called Pip. The event was organised by The Friends of Wheatfield Primary School, and included a great barbecue which was enjoyed by all in the warm, late summer sunshine!

Open Days

Wheatfield Primary would like to invite you to join us on one of our Open Days, so that you can experience the exciting learning opportunities we offer to our children.

You are welcome to come along to whichever Open Day is the most convenient to yourselves; there is no need to book:

Monday, 5th October @ 11am
Thursday, 8th October @ 11am
Monday, 19th October @ 11am
Monday, 9th November @ 2pm
Monday, 23rd November @ 2pm

Wheatfield Primary School 01454 868610
Growing and Learning Together



Explorer Dome

Recently 5G had an epic day! We went into the Explorer Dome, the staff taught us about space. We learnt about nebulae, constellations, comets, stars, different planets, galaxies and lots more! I thought the best part was when the visiting teachers projected the constellations; it was fun. You can learn about more than just space in the explore dome. By Sion, Class 5G





Somerset's Home of the Big Zoo Animals

One child goes free*



01275 852 606 noahsarkzoofarm.co.uk
Minutes from M5 J19/J20

T&C's Bradley Stoke Matters Oct/Nov 2015. This offer can only be redeemed for one free child per transaction/group/family. Cannot be combined with any other offers. Valid until 31/03/16

Although the summer days are drawing in, a visit to Noah's Ark Zoo Farm in Bristol doesn't rely on perfect weather – come and see what we offer this autumn season...

With a host of impressive animals indoors and outdoors, including our African elephants, white rhino, feisty big cats and family of gentle giraffes you'll be amazed at the variety of nature you'll see within our sprawling 110 acre park. Want to feed our animals yourself? Grab a bag of animal feed from our farm Shop and the kids can hand feed some of our farmyard favourites as you enjoy exploring the park.

In case the increasingly autumnal weather can't be relied upon for wall-to-wall warm sunshine, enjoy our large warm undercover play barns this season, now fully heated for all indoor play and eating areas! Bring the family along today to Bristol's award-winning 'all day, all weather' attraction. Enjoy 12 exciting adventure play areas, an indoor Animal Village and covered Animal Show Pens. We now offer over 25,000 square feet of heated areas around the 100 acre park to make your visit enjoyable whatever the weather.

Visiting as part of a group or school trip? We offer great value group rates to make your day cheaper if you come together! Groups of 10 people or more are eligible for discounted entry, see our website for prices. Bring your birthday party and the birthday child goes free, the rest of your group enjoys our cheap birthday group rate. Want a fun educational trip for your class or year group? We host over 20,000 school children in organised educational trips each year, a popular choice of South West schools! Check out the Education section on our website to start planning your trip today.

Part of every great day out is of course stopping for a relaxing snack or lunch, a chance to rest the legs and enjoy a tasty lunch or warm drink. With outstanding views from our popular café veranda, we offer an excellent lunch menu at great value with locally sourced food, handmade cakes and a range of hot and cold drinks. Along with our main café, Noah's Ark offers 3 further kiosks around site for drinks, snacks and ice creams perfect for family pit-stops whilst you walk around the park.

We know that although the stars of the zoo are our animals and kids will love the play areas; for busy parents you'll want to ensure the chosen venue for your day out offers top facilities and services for your convenience. Knowledgeable staff, clean toilets, a well-stocked café, free parking – we're confident you'll find we tick all those boxes which make a good day out, great.

Want to save the pennies? Use the voucher alongside, or buy your tickets online in advance and save 5% and quicker entry on arrival.

For a fantastic family day out, walk beside nature's giants at Noah's Ark this season!



ROARING TWENTIES
CHRISTMAS PARTY NIGHTS 2015

Our legendary party nights are heading back to the Prohibition Era of the Roaring Twenties.
Dates available throughout December. Prices from £43.00 per person.
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Fun and Adventure with the Sea Cadets!

The Sea Cadets of TS Enterprise are celebrating a very busy and successful summer. Despite being one of the smaller Sea Cadet units in Bristol, the cadets have travelled all over the country learning new skills, gaining qualifications and taking part in high profile events. In just 6 weeks, the cadets have managed to achieve nearly 30 qualifications, including 2 at an advanced level in seamanship and first aid.

Looking back over the summer holidays the Cadets have (take a deep breath!).....been rowing, kayaking, power boating, sailing, had a Junior Sea Cadet training day, found numerous Shaun the Sheep, been camping in Chelwood and toasted marshmallows, improved their tennis skills, held a family fun day, visited the Portishead RNLI Station, attended two VJ day parades, spent some time with the Royal Navy, saw some blue sky and sunshine (briefly!) walking in the mountains in North Wales, went on some offshore voyages on yachts and tall ships, did some seamanship training and built a Giant for the Goram Carnival!

Two of our younger Cadets spent a week at HMS Raleigh in Plymouth learning how to sail, drive a power boat and go rowing. They gained 8 qualifications between them, several of which are nationally recognised RYA awards.

The Unit is also celebrating the award of a Pennant which is awarded to Units who perform above average on their annual inspection. The Officer in Command, PO(SCC) Steph Morris, said *"it is a huge achievement for the Unit to move from being near to closure at the start of the year to being only a few points off a Burgee (awarded to the top 25% of Units across the country). With cadet numbers almost doubling in the last 6 months, we're now looking to recruit more adult volunteers to get involved."*

If you're aged over 18 and want a new challenge, join as an adult volunteer. There are opportunities to become a uniformed instructor, civilian instructor, or unit assistant helping with maintenance, PR or admin depending on your skills, interests and time available. Or, if you're aged between 10 and 18 and want to join the adventure as a Cadet, come and visit the unit and see what we do.

Located on Station Road in Shirehampton next to the Lamplighters and Shirehampton Sailing Club, we parade on Mondays and Thursdays between 1845 and 2115.

More information is available on our webpages: <https://www.facebook.com/avonmouthseacadets>, <http://www.sea-cadets.org/avonmouth/home.aspx> or contact us on 0117 982 3938 and avonmouthseacadets@gmail.com.





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FCA appeals for new carers to find room to foster in Bristol

One of the leading independent fostering agencies has launched a recruitment campaign to address the shortage of foster carers needed in Bristol.

Called 'Finding Room to Foster' the campaign draws on the moments when carers from Foster Care Associates (FCA) in the region found that unique time in their life to make the important decision to foster – making room both emotionally and physically in their home.

In the UK there are almost 55,000 foster families. With more than 12 per cent of the workforce retiring or leaving every year, and record numbers of children in care, it is estimated that fostering services across the UK need to recruit at least a further 8,370 foster families during 2015.

With a shortage of more than 550 foster carers currently across the South West, Foster Care Associates (FCA) is appealing for individuals with a big heart and plenty of patience to consider providing a loving and stable home for young people in the region.

FCA, which has a regional office on Macrae Road in Bristol, has many carers in the region who have made room in their lives, including Mel and Jackie Spitali who have been fostering with FCA for just over a year.

Commenting on her foster care experience Mel said: *"When Jack and I found out that we couldn't have children ourselves we knew a life without children in it wasn't a life either of us wanted. Fostering has not only helped us to fill a need in our own lives, it has helped us to provide some wonderful, highly vulnerable children with the care and support they need to flourish."*

"Our experiences as foster carers have made us think that actually, everything happens for a reason. Were we able to have children we may not have found such a rewarding career or been able to help the young people that we have, and certainly not had the opportunity to meet the other amazing foster parents in the region who have given us such great support and advice."

Lee Withers, operations manager for FCA Western, said: *"We've been working with children*



and young people for 21 years and our experience shows that one-to-one support in a family setting is the best way to help these children overcome

their issues and deal with their past. Our team of social care professionals work closely with our foster carers to deliver intensive, holistic support tailored to the individual needs of each young person and carer.

"We have some fabulous foster carers across Bristol and hope our 'Finding Room to Foster' campaign will encourage more people in the region to make room in their life and seriously consider becoming a foster carer."

FCA provide ongoing comprehensive support to all foster carers including training, a financial allowance, access to carer support groups and organised family activities – all contributing factors as to why FCA placements are 22% more stable than the national average.

For more information on becoming a foster carer with FCA call 0800 022 4012 or visit www.thefca.co.uk



Bradley Stoke Youth FC walk around Wembley pitch at Community Shield Arsenal v Chelsea on Sunday Aug 2nd 2015

Bradley Stoke Youth FC (BSYFC) was again selected from all the FA Charter Standard Clubs in the UK and Ireland to walk around the Wembley pitch before the Community Shield match of Arsenal v Chelsea.

BSYFC was represented by squad players from the U14 girls, U13 girls and U8s.

The day started at 8.30am with the coach rolling out of Bradley Stoke for arrival at Wembley for 11am. We were based in the Press Room for the majority of the day where at 11.30am we had our first walk around the Wembley pitch as we performed the rehearsal for the main event. We were allowed to take our videos and photos while we were out on the Wembley pitch. We also had our photo taken by the main photographer with our BSYFC placard and the squad. Then back to the Press Room for lunch. Then we had a football quiz. Well done to Martin who came top for the BSYFC squad! Closely followed by the pairing of Ross and Katie Rawlings. We had our final briefing and it was time for the real thing.

We walked past the Arsenal changing rooms and into position in the tunnel area next to the Arsenal team who were warming up. Then we got the thumbs up to start the walk. We came out to 85,000 supporters applauding as we walked around the pitch. We got to the South Stand and we were stopped while top star Jess Glynne started booming out "Hold my Hand" with the fire zooming high into the sky which was really hot seeing we were so close. We were then given the thumbs up to continue our walk and of course we were singing along to the song while smiling and waving our flags, walking proudly behind the massive BSYFC placard.

We exited via the far tunnel and that was the end of the walk around. We then rushed back to the Press Room, picked up our stuff and with fast pace into the lift to get us up to our seats and to meet up with the parents.

The match was great with Arsenal winning 1-0. Then with the game finished we boarded the coach back to Bradley Stoke. Some did have a little snooze on the way back. We arrived back at home for 8pm tired but still excited after another great day out.

Many thanks to McDonalds for selecting BSYFC for 2 years on the trot now. Well done to all the squad - we have already had feedback to say we were great to have and we were well behaved. So thanks to all for being great ambassadors for the club it does get noticed.

Many thanks also to Martin and Ross for baby sitting the squad for 4 hours allowing the parents to relax and have fun!



1st Bradley Stoke Scout Group: Marching Band Project needs your help!

Our Scout group have been busy with a new project to start a marching band. We were motivated to do this initially because of the difficulty we have faced in finding a band for our annual Remembrance parade, but creating such a group would also have many more potential benefits.

A marching band would enable our young people to learn a new skill (music) which has been proven to increase both confidence and concentration. It would promote a physical activity (marching) that improves fitness and co-ordination (this is especially relevant to those young people who do not enjoy sports). It would also ensure greater integration between our age groups and engage with our wider community through public performances. Once established, the band may also have the potential to offer membership to other Scout and Guide groups to forge new relationships within our locality.

We recently held a very successful open evening that saw the amazing 37th Kingswood marching band coming along to show our youngsters how they create such an impressive sound. We are indebted to them and their volunteers for their invaluable advice and on-going support.

As with anything that involves the Scout group, we are totally reliant on a team of adult volunteers to ensure success. If you have any musical ability, band leading or marching expertise we would be very pleased to hear from you. We are also looking for a suitable venue to rent (at a reasonable cost) to provide suitable practice space. We have applied for a local grant that, if successful, will mean we can purchase a few instruments, but if anyone has any redundant brass instruments or drums in a usable condition we would be very happy to hear from you!

Contact: Katherine Robinson BSLWed@Bradley-stoke-scouts.org.uk





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UPCOMING EVENTS

Murder Mystery nights

Friday 13th November

Wednesday 9th December

Cluedoneit entertain us with a night filled with intrigue and betrayal! Follow the interactive story and enjoy a delicious three-course meal! £35 per person.

Michael Buble and the Ratpack

Friday 4th December 2015

Rickie Arther returns with the Ratpack tribute act to bring you another night of music. Includes three-course meal. £40 per person.

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Health Matters by local GP, Dr Knut Schroeder



Dr Knut Schroeder is a local GP and medical author of 'Diagnosing Your Health Symptoms For Dummies' and Founder of Expert Self Care (www.expertselfcare.com), a small social enterprise creating a health app for students. You can follow him on facebook and twitter.

When your baby is unwell

What to look out for and when to seek help

All young children fall ill from time to time. Most of the time, harmless infections are to blame, which will get better by themselves. But occasionally, symptoms may mean that something more serious may be going on – and you may worry and wonder what to do next.

So how can you tell the difference between what's normal and what isn't?

When your child is unwell, look out for the following warning signs that may suggest serious illness and should prompt you to seek medical help urgently:

- **Fever:** A raised body temperature of more than 38°C in babies under 3 months or 39°C in children 3 to 6 month old – especially when your child's hands and feet are cold
- **Skin colour:** Looking unusually pale or blotchy
- **Drinking:** Not drinking for more than eight hours
- **Soft spot:** The soft spot on your baby's head bulges or dips
- **Alertness:** Your child is drowsy and doesn't respond to you in the normal way, or you have to try quite a bit harder than usual to wake her or him
- **Behaviour and response:** Your child is much less active than usual, doesn't look content and doesn't smile
- **Crying:** Your child just doesn't stop crying, or the crying sounds very different – particularly if it's high-pitched or weak
- **Breathing:** Your child's nostrils flare, and her or his breathing appears much more laboured and faster than normal
- **Dry mouth:** Your child feeds poorly and has a dry mouth
- **Wet nappies:** Your baby has less or no wet nappies anymore.

- **Rash:** Your child develops a new rash
- **Vomiting:** Repeated vomiting

If you notice any of these signs, contact your GP surgery urgently.

Give first aid and call 999 for an ambulance if your child:

- Stops breathing
- Struggles for breath
- Doesn't respond and won't wake up
- Has a fit for the first time

Remember that most childhood illnesses are harmless – but trust your instincts and don't hesitate to seek advice if you're worried.

To learn more and find out what to do in an emergency, visit

<http://www.nhs.uk/Conditions/pregnancy-and-baby/pages/pregnancy-and-baby-care.aspx#close> and

<http://www.firstresponse.org.uk/first-aid-az>.

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RUGBY WORLD CUP!

by local rugby mum, Andrea Grant

As we went to print on this edition, the Rugby World Cup was just about to kick off with the opening celebrations. It is certainly an exciting time and it was a pleasure to be invited to attend the recent welcome ceremony for Georgia at St Georges, just off Park Street in Bristol, and chosen as an iconic venue within the team's hosting City.

Excitement for the Rugby World Cup 2015 was ignited locally with the arrival of the Webb Ellis Cup into Bristol (as previously reported by Bradley Stoke Matters) and of course, excitement has increased as we've counted down to the start of the game's biggest tournament.

I went along with St Mary's Old Boys RFC Honorary Secretary, Gay Brewer, to witness the arrival of the players and other team members who all were presented with participation medals and players caps. It is a long-standing tradition of Rugby to award caps to the players who represent their country. Unlike the country caps, which are awarded for a player's first full international, the caps presented at the ceremony are unique to the Rugby World Cup and should be a lasting reminder of a proud career defining moment.

The dedicated rugby community have benefitted from having Rugby World Cup in 2015 in the local area from refurbishment grants at local club level (as we reported previously on St Mary's Old Boys RFC) to attending such welcome ceremonies. It was great to meet LJ from Bradley Stoke, who was chosen from the All Schools Programme and Young Rugby Ambassador initiatives to be one of four medal and cap bearers to assist with the presentations. LJ has just commenced studies at Hartbury College, Gloucestershire.

Bradley Stoke Leisure Centre was also represented at the same ceremony by manager Martyn Hinam, who was presented an award for hosting Georgia. Circadian Trust later stated:

The team at Active are really excited to host the Georgian World Cup Rugby team at Bradley Stoke Leisure Centre, as they train to take the 2015 world title. It is a privilege for Bradley Stoke and our fantastic facilities to play a part in this global competition and we hope it will inspire younger members of our local community to get involved in sport and encourage an active lifestyle. Our facilities will remain open, with some slight changes to public swimming in the evenings over the next few weeks as the team will be using a section of the swimming pool between 6-7pm. We will be publishing an exact list of these changes to our swimming schedule and these will be available at the leisure centre and on the Active website. We wish the Georgian team, and of course the English rugby team, the best of luck in the world cup!

Another award presented was to SGS College, where the players went on to train at the college's WISE campus following their welcome ceremony. SGS College received an impressive score of 97% for its pitch test, one of the highest scores of any training facility. The report noted that the pitch was in "excellent condition with outstanding infiltration rates." General Manager of Sports Academies at SGS College, Simon Panes, commented: "This is a fantastic opportunity for Bristol. The sporting facilities at the College are outstanding, I am sure Georgia will have put them to good use."



St Mary's Old Boys RFC - Sporting Finalists

Since sharing recent sports nominations on our website and social media pages (copy inset), we have heard from St Mary's Old Boys RFC Colts team. Their amazing season has been recognised by being listed as finalists for the Junior Team of the Year in the Evening Post Sports Awards 2015. The awards are a prestigious evening in the Bristol sporting calendar and to be recognized shows the value of the achievements made. The team had a fantastic 2014-15 season when they won the Gloucestershire development league, which culminated in them defeating Chew Valley 43-5 in the play-off final, with a scintillating display of power and precision.

It wasn't just the final where the saints dominated though as they went through the entire season losing only one game in the process, before dominating the quarter final against Thornbury and the semi-final against Cheltenham, winning both games to nil.

Perhaps an even greater achievement for the side is that many of players joined the club whilst they were playing mini rugby and worked their way up through the age groups to now be playing senior rugby on a regular basis. So being nominated for the award does not only celebrate the success that the side has had this year, but all that has gone before it.

Jake Polledri has also been nominated as Best Rugby Player.

Jake spent his youth playing for St Mary's Old Boys RFC until 16 years of age. His age group was a highly successful team which Jake had the honour of captaining. They won many cups and competitions including both the Bristol Combination and Gloucester Cups twice. At 16, Jake joined Filton College and for two years continued his ties with his club by regularly turning out for the Colts and often the seniors. At the age of 18, Jake was selected to play for Italy u19's on their tour to South Africa - this was his first international honour. He continued into Italy's u20's where he took part in the six nation championship and u20 World Cup, held in Italy. Jake enjoyed his time at St Mary's Old Boys RFC and is grateful to be part of a highly successful set up. He continues to represent the club and, as well as coaching, he was involved with the presentation of awards to the players of Bradley Stoke Youth Rugby at St Mary's Old Boys RFC at the end of last season - a great role model and inspiration for the younger players!

For more information about St Mary's Old Boys RFC in Trench Lane, look up www.smo rugby.co.uk



Local Teams Reach Sporting Finals

Congratulations to two local teams for reaching the finals in the Evening Post Sports Awards which aim to celebrate local sporting achievements. Bradley Stoke Youth FC and Bradley Stoke Youth Rugby at St Mary's Old Boys RFC



BSYFC for Community Club of the Year -

This award goes to a club at the heart of its community.

It must demonstrate it has excelled in the delivery of

sport to people in a safe, supportive and quality environment as well as achieving outstanding competitive success. The club must have achieved Clubmark, an equivalent National Governing Body Accreditation, or the local clubs standard, and have effective player and coach development.

St Mary's Old Boys RFC U18 for Junior Team of the Year -

This award is for a team of under-18s that has achieved over the sporting year and can show development of its players. The team will demonstrate a good and successful playing record as well as evidence of strong involvement in the local community.



Good luck to both Teams for the finals which will be announced on 22nd October at the Bristol Marriott Hotel!



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A Message from Bradley Stoke Rotary

The Rotary Club of Bradley Stoke were pleased to receive a 'Thank You' from Petra Littlefair on behalf of 'St Peter's Hospice' for donating £1000 to the Hospice, as demonstrated in the photo right with past president Roger Worth.

We would like to take this opportunity to thank the people of Bradley Stoke Town for their support towards our fund raising efforts, which in turn allow us to support Local Charities and International projects. All our activities are designed with the aim of raising money for good and needed causes and the more support we receive the more we can help others.

Many of you came and said 'hello' to us at the 'Bradley Stoke Carnival', which we were thrilled to be part of. It was lovely to see so many. Please do look out for us at other local events such as the Fire Work display in November and don't forget our Swimathon on 12th March 2016 at the Bradley Stoke Leisure centre, this has become a very popular annual event. Or why not come along to our 'Barn Dance' being held at St Mary's Rugby Club Trench Lane on the 16th October. A good evening is guaranteed and at £10 a ticket to include a delicious supper it comes highly recommended. Bring a friend or two - be quick to get your tickets which are fast running out. Contact details below,

If anyone would like to find out more about our Rotary Club, the friendship we offer, the work we do and what we aim to achieve, please take a look at our web site (as below) or why not come along to one of our meetings? Held on Friday mornings at 7.30 am (finish by 8.30 am) at 'The Bristol' golf club, a warm welcome awaits.

We would also like to hear from you if you know of a good cause or local project we may be able to assist with - please look on our web site for contact details or email karenholley454@hotmail.com
www.bradleystokerotary.org.uk



Wanted!

Fun-lovin' folks to attend the
Rotary Club of Bradley Stoke

Barn Dance
With Jig Mad Wolf Ceilidh Band

Bein' held at St Mary's RFC, Trench Lane

Friday, 16th October from 7.30

Writes Bob Balle

Tickets (including supper) £10 available from
Roger Worth 07860 555394
rogerworthiam@gmail.com

All monies raised will go to causes supported by Rotary

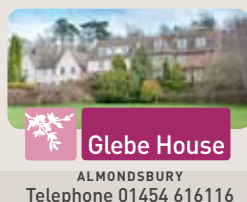
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Knutty Knitters Casting on for Christmas

The Knutty Knitters will once again be displaying their life sized Knitvity at the Willow Brook Centre this December.

Last year, over £1,500 was collected in Bradley Stoke for St Peter's Hospice, the only adult hospice for the greater Bristol area. St Peter's provides a range of services for patients with life-limiting illnesses, including care at home, counselling, social support, a 24-hour helpline and bereavement support, as well as medical care for those reaching the end of their lives.

The Knitvity will be on display at the Willow Brook centre from 11-13 December and is well worth a visit. The figures will also be on view at the St Peter's Christmas Market, where the Knutty Knitters will be selling other creations, such as Christmas decorations and replica versions of the Knitvity at Bristol Grammar School on Saturday 28 November this year. To date the ladies have raised an amazing £80,000 for St Peter's from selling their knitted goods, Christmas cards, collections and talks to community groups.



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The Discover Festival continues until Friday 30th October. With an exciting programme of over 230 events there is something for everyone to enjoy this autumn throughout South Gloucestershire.



Discover Events at Bradley Stoke Library

Follow the Hatter's Trail – a virtual walk with Tony Harding Saturday 3rd October 14:00pm – 15:00pm
Join Tony on a virtual walk through Winterbourne and discover and its long and chequered past. Hearing loops available. Disabled toilets within the leisure centre. No dogs allowed except guide dogs. Age: 14+ Booking required

Stokes Crafters workshop Sunday 4th October 11:00am – 13:00pm Come and meet the Stokes Crafters. Find out what they do, and get involved in crafts with a view to setting up a regular craft group meeting within Bradley Stoke Library. Bring along your current craft project to share and for help and advice. No dogs allowed except guide dogs Age: 16+

An evening with author Alex Bellos Thursday 8th October 19:00pm – 20:30pm Meet Alex Bellos. He writes and speaks. Usually, about mathematics. Sometimes, about Brazil. His popular maths and science books are bestsellers and have been translated into more than 20 languages. He writes a maths blog for the Guardian and makes mathematics accessible to even the maths phobic! Cost: £3 Age: 14+ Booking required

The Battle of Trafalgar – 210 years on Monday 12th October – Saturday 31st October Over the three weeks of the interactive exhibition 3 stages of the battle will be highlighted in successive weeks.

Bristol DAWG meet and greet greyhounds Tuesday 20th October 15:30pm – 17:00pm Please come along and meet some of our wonderful greyhounds which have been rescued and perhaps learn more about what wonderful family pets these dogs make.

Discover Events at Winterbourne Library

Line Dancing with Laughter in Line Saturday 3 October 2.30-3.30pm Line dancing: it's fun, friendly and you don't need a partner. Come and experience it for yourself at a short taster session at Winterbourne library. It's free and the library will provide a drink afterwards. Free tickets are available at www.southglos.gov.uk/discover

Gardening at Dyrham House Saturday 10 October 2.00-3.30pm Join us for an illustrated talk on a year in the life of the garden from the volunteer gardener's perspective. The talk will give an insight into how the gardens have developed since the National Trust took over the property 50 years ago. The talk will conclude with a brief outline of the development and planning of the 17th century garden which is a major initiative for Dyrham over the next three years. Free tickets are available at www.southglos.gov.uk/discover

Frenchay Hospital's Hidden History Saturday 17 October 10.30-11.30am An intriguing miscellany of facts that you (probably) didn't know about Frenchay Hospital. It includes moving roads, a Hollywood actor and events in Russia that gave rise to the hospital. And it almost became famous for something completely different. Free tickets are available at www.southglos.gov.uk/discover

Family History Taster Session Friday 23 October 10.00am – 12.00noon Book one of our one-to-one sessions using online resources to discover your family history. Free tickets are available at www.southglos.gov.uk/discover but places are limited so book early to avoid disappointment

Craft Group Workshop, Exhibition and Sale Saturday 24 October 10.00am-1.00pm

Join us for a display and sale of craft work by local knitter and natters! If you would like to learn how to knit or crochet, members of the group will be available with wool and needles to show you how; and if you'd like to purchase some locally made, original gifts for Christmas, now's your chance! This is a free drop-in.

More Discover Events at other local libraries are listed on our What's On on the community website www.bradleystokematters.co.uk

COMPANIONS HAVEN PET CREMATORIUM



Companions Haven is a family run pet crematorium, specialising in individual cremation for over 20 years. Set in beautiful grounds between Bristol and Bath in the village of Pucklechurch.

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info@companionshaven.co.uk



FIND US ON FACEBOOK:

Bradley Stoke & Little Stoke Gifford Matters - Facebook/BSMatters

Community Noticeboard

to promote your event for
FREE contact
Jaci@mattersmagazines.co.uk

Saturday November 7th

fireworks

At St Michael's School

Tickets:

£3.50

£4.00

in advance*

on the night

Preschool children are Free

Gates will open at 5.40pm

Fireworks will start approximately
6.40pm

*advance tickets are available from
the School office.

Refreshments

Light toys

Please note that due to the nature of fireworks and health and safety we
cannot guarantee a time for them to be lit as this is weather dependent.

STRICTLY NO SPARKLERS

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Call Debbie on 01454 612740 or 07887 763147
for details

TMTG PRESENTS 'CALAMITY JANE'

21st - 24th October
Armstrong Hall, Thornbury

Watch out! Sharpshooting, gun slinging Calamity Jane is shortly to ride into Thornbury town on the Deadwood Stage.

Romance, comedy, lively dancing and a great score (including the songs "Black Hills of Dakota" and "My Secret Love") make 'Calamity Jane' a must see musical. Suitable for the whole family to enjoy, it is sure to be a crowd puller. Performances 7.30 pm nightly and also a matinee on 24 October at 2.30 pm.

Tickets bookable online at www.tmtg.org.uk. £12 (raised)/£10 (flat), concessions £10/£8, and a family ticket for 4 costs £36. Group discounts of 10% can be arranged via our Box Office for 10+ seats. For enquiries call Angie at the Box Office on 07516 270140. Tickets also available at Lisa Costa Residential Sales and Lettings at 53 High Street, Thornbury.

For more information about 'Calamity Jane' and our group generally, take a look at www.tmtg.org.uk or contact us by e-mail at membership@tmtg.org.uk

1st BRADLEY STOKE SCOUT GROUP & THE WILLOW BROOK CENTRE INVITE YOU TO THE REMEMBRANCE DAY PARADE



ON
SUNDAY 8th
NOVEMBER
PARADE WILL
MARCH FROM THE
JUBILEE CENTRE
at 1030

CEREMONY IN THE TOWN SQUARE
At 1040 to 1115
EVERYONE WELCOME



Horfield Theatre Company
Presents

a slice of SATURDAY NIGHT

By the Heather Brothers

28-31 October 2015
Doors open 7pm for 7:30pm
Horfield Parish Hall, Wellington Hill, Horfield, BS7 8ST

Tickets: £9
Ticketline: 0117 969 5716
www.horfieldtheatre.co.uk

The musical production of 'A Slice of Saturday Night' is presented by special arrangement with SAMUEL FRENCH LTD.

The Stokes Crafters



Share your passion or
learn a new skill, all are welcome



The **Stokes Crafters** is a fun, informal group for people who enjoy craft - share your knowledge, learn new skills or just come along for the company and carry on with your own chosen craft.

Thursday evenings at the Poplar Rooms, Stoke Gifford, 8.00pm-10.00pm. There is a small charge of £3 to cover costs of tea, biscuits and hire of the hall.

The group is open to male, female, and disabled as we are all on one level with easy access for wheelchairs, so it would be lovely to welcome into our group new members who could be sure of a warm friendly welcome.

You are welcome to just turn up or if you would like to speak to someone beforehand, give Kim a call on **01454 772187**.

Find us on Facebook:

[www.facebook.com/groups/
TheStokesCrafters/?fref=ts](https://www.facebook.com/groups/TheStokesCrafters/?fref=ts)

October events at the Libraries:

Bradley Stoke Library

New Teen Library group for young people in Years 7 – 9 will start meeting once a month on Friday evenings 18:00pm – 19:00pm. There is still time to sign up – please speak to a member of staff if you would like to join!

Join library staff for our Pumpkins, Bats and Witches' hats craft activities on Tuesday 27th October 10:30am – 12:00pm. Come and make some spooky crafts at our half-term drop-in suitable for children aged 4 – 11 and their parents/carers.

Winterbourne Library

Join library staff for a Halloween Rumpus! Wednesday 28 October 10.00–11.30am. Come and make some spooky crafts at our half-term drop-in suitable for the primary age range.

The Book Group for Parents will be meeting on Friday 2 October 2.00 – 3.00pm New members are very welcome – please speak to a member of staff or contact the group's facilitator Liz on 07825510079

The Craft Group is meeting on 10 October 10.00am – 12 noon for knitting, crochet and nattering. On Saturday 24 October there will be a display and sale of craft work as part of the Discover Festival.

Quiz Night in aid of

Chernobyl Children's Life Line

Saturday 10th October 2015



7.30 pm - First question 7.45pm
at Christchurch Hall,
57 North Street, Downend,
Bristol BS16 5SG

£7.00 per adult - £3.00 under 16's
to include Buffet - BYO Drink
Maximum of 8 adults per team

For more information, and tickets
contact Pete Naish: 07747 475814
or visit our website

ccll.org.uk/bristol

email: jaci@mattersmagazines.co.uk to list your event for FREE

Check out www.bradleystokematters.co.uk for MORE community events!

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STARTING SCHOOL IN SEPTEMBER 2016?

Holy Trinity Primary School



Welcome to Holy Trinity Primary School. We are a popular and successful Primary School situated on the north side of Bradley Stoke. We have been judged to be a 'good' school by Ofsted (June 2011) and have achieved excellent and above average exam results, coupled with a family orientated atmosphere. If you are interested in your child joining us in the reception class in September 2016, you are welcome to visit the school and find out more about us. Please phone the school to make an appointment for a visit at the times opposite.

OPEN DAY
Thursday 12th
November 2015

In order for us to provide the best opportunity for your visit please book for one of the times below.

9.30am 11am
1.30pm 2.20pm



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Mrs J Johns B.Ed
Website:
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Phone: 01454 866735
Fax: 01454 866737
E-mail: head@holytrinity-pris-gloucs.sch.uk

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Baileys Court Primary School



New reception parents tours (for Sept 2016 intake)

The tours will involve a short presentation from the head teacher and then an opportunity to look around the school. Tours have been organised for:

24th September 9.15am
6th October 9.15am
15th October 9.15am
5th November 9.15am
10th November 9.15am

No appointment is necessary; parents are welcome to just turn up on the day.

Aim High - Prepare to Achieve!



Could you be a better Listener?

On Global 'Listening Day' on the 27th November, Network Counselling, a Bristol based charity offering 'pay what you can' counselling, will be inviting people to really listen to a family member, friend, neighbour or stranger for just 3 minutes.

'Listening Day', celebrates the value of listening in that *"listening to people makes them feel their lives matter"*. Eileen Cahill, Chair of Trustees for Network Counselling explained *"we hope Listening Day will remind us that perhaps the most important thing we can give each other is our attention"*.

Network Counselling will be offering 'top tips' to be a better listener, launching a short video on how to be a better listener, and holding events in schools and community centres inviting people to get listening.

If you would like to get your school, organisation or business involved please contact Clare at info@network.org.uk. Network can provide you with ideas on how to get your friends, colleagues or school involved in 'Listening Day'.

For now you could try these tips on being a better listener, even listening to someone for 3 minutes can make all the difference. Try it. Making time to talk and listen is seen as key in keeping our relationships healthy.

- (1) Say less, listen more.
- (2) Stay relaxed and attentive.
- (3) Use open, welcoming body language.
- (4) Show understanding and empathy.
- (5) No need to solve everything - just listen.

Network will be launching a video on their website on 27th November 2015.

www.network.org.uk

Emergency number: 07798 905 337

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Bradley Stoke Matters
recently met with the local
Tesco Community Champion,
Dawn Richards, who acts as
ambassador for Tesco within
Bradley Stoke.

Dawn works full time to ensure that Tesco is a great neighbour and can bring genuine benefit to the local community. Working with the Store Manager and other shops in the region she helps to shape how Tesco can get involved in local community events, providing support where it is most needed and help keep customers and colleagues up to date with the most recent activity. Community Champions also support local charities, groups and not-for-profit organisations to carry out various charity and fundraising activities within their store or their local community, including donations and bag packing.

Dawn is also the store's Farm to Fork trail Guide which is part of the company's Eat Happy Project; a long term commitment to help 4-11 year olds have a happy and healthier relationship with food. Tesco believe that if children understand where food comes from then they can make better decisions about what they put on their plates when they grow up. Whether it's a sneaky peak behind the scenes of a busy store to see how food is stored, getting hands on in the fruit and vegetable department, baking bread rolls or tasting various cheeses, Dawn ensures the visits from preschools, schools, community groups or individuals is beneficial and can tailor to specific needs or topics if required. Alice Abraham, Services Team Manager, stated "We have had lots of positive feedback from our trails around how informative and interesting they have been. We would love to accommodate as many schools as possible so if you would like to book any dates or request any more information please do not hesitate to call."

Bespoke visits can also be arranged with local Scouts, Cubs & Beavers with an opportunity to earn a partner badge. Dawn can be contacted via customer services in store or email eatmehappy@tesco.com. More information can also be found at www.tesco.com/eathappyproject



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Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

BABY AND TODDLER GROUPS

Bouncing Babies - Tuesdays 1-3pm at Jubilee Centre for babies under 1. Cheryl Godsell 01454 868570 CGdsll@aol.com

Bradley Stoke 0-5's - Mondays 10am to 12 noon during term time. Jean Higgins on 07999 866188 or Holy Trinity Church office 01454 620975.

First Steps Toddler Group - Mondays and Thursdays 10-11.30am term time Christ the King Church, Bradley Stoke tel : 07590 369 935

Little Hedgehogs (0-5's) - Friday mornings 10am-12noon, Edge Church International 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990.

NCT meet Fridays 10.30am SOHO Coffee in Bradley Stoke Leisure Centre. Joanna Critchley-Peacock joanna.peacock@hotmail.co.uk

Pre-School Rhyme time and Story time Bradley Stoke Library Mondays 10.30-11am and Thursdays 11-11.30am 01454 868006 bradleystoke.library@southglos.gov.uk

Puddle Ducks - Mondays 10am to 12 noon during term time Brook Way Activity Centre. puddleduckstoddlers@hotmail.co.uk

North Bristol Twins Group - Fridays 10-12am Evangelical Church in Bradley Stoke, northbristoltwinsgroup@googlemail.com

Tuesday Tots 10-1130am with safe outdoor play area at Little Stoke Baptist Church. All welcome. Contact Barbi Britton 0117 9695249

LOCAL CLUBS AND ORGANISATIONS

Bradley Stoke Book Club 'Bookaholics' meet at Starbucks, Aztec West on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714101354 geoffrey.stobbart@btopenworld.com

Bradley Stoke Community Singers - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

Bradley Stoke Radio - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio.org.uk

Bradley Stoke Sew and So's - Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos.weebly.com

Bradley Stoke Small Business Forum - meets 2nd Monday of the month, Aztec Hotel 6.30pm-8.30pm

FOJG - Friends of Jubilee Green enquire.friendsofjubileegreen@hotmail.co.uk

Gifted drama group Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975 Spaces available!

Girl Guides, Brownies & Rainbows - admingirlguidingbsg.org.uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

Plug In - weekly 7.30-9.30 at Coniston Community Centre, Coniston Road, Patchway. Free, live music entertainment where

people can relax, chill out, drink coffee, listen to music, chat and meet other folk their own age. Building Community for 18-30's.

Scouts, Cubs and Beavers -

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts & Explorers meet at Brook Way Activity Centre. If interested please have a look at our website which has details of days and times and contact Clive Mason, Group Scout Leader. gsl@bradley-stoke-scouts.org.uk. www.bradley-stoke-scouts.org.uk

1st Little Stoke Scouts - contact tony Edmonds, Group Scout Leader 01454 772005 email: Tony@azimuthprint.co.uk

Stokes Art Group - Tuesday evening and Thursday morning at Christ the King. Everyone welcome. www.stokesartists.co.uk

Stokes Crafters - every Thursday evening between 8pm to 10pm at the Poplar Rooms, North Road, Stoke Gifford BS34 8PE with a small charge of just £3.00

Stokes Singers - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Liz Gazzard on 01454 614148 for further details.

Willowbrook Townswomen's Guild - Jubilee Centre - 7:30 - 9:30 the 2nd Tuesday of every month. Janine Smith 01454-617645

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Barbara - 0117 9470340.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford, Bristol BS34 8PF contact Sue Grimsted 01454 613016.

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

SPORTS CLUBS

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.pitchero.com/clubs/aretiansrfc

Black and Blues Netball - Non-League Social Netball Wednesdays 7.30-9pm BSCS, Laura Blumire - 01454 851075

Bradley Stoke Bowls Club - Baileys Court Activity Centre www.bradleysstokebc.com. Val Nicholls 0117 9311203

Bradley Stoke Cricket Club - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at http://bradleystokecc.co.uk

Bradley Stoke Jiu Jitsu Club - Chris Harris, maru.jiujitsu@gmail.com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - The Jubilee Centre Every Wednesday 5.30-7.00pm. Siân Briddon on 07920 745965 (after 6pm) or email bsncjuniors@yahoo.co.uk

Bradley Stoke Judo - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

Bradley Stoke Town Football Club - Adult training Tuesdays at Bradley Stoke Community School, For more info see web site at bstfc.co.uk

Bradley Stoke United Football Club - Football from U7's to U16's Various contacts, dependent on age, please see web site bsufc.co.uk

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please let us know **community@mattersmagazines.co.uk** and we will do my best to put it right for you!

Bradley Stoke Youth FC (BSYFC) - FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@btopenworld.com

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

Bristol Extreme Allstar Cheerleaders - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

Little Stoke Park Run - Every Saturday at 9am, a 5k run in the park, littlestokehelpers@parkrun.com

North Bristol Rugby Club, Rugby teams from 4+ www.pitchero.com/clubs/northbristoljuniorsrfc/ .

North Bristol Running Group friendly group of recreational runners, 3 evenings per week, Tuesday, Wednesday and Thursday, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. For further information please see our Face Book page or text Alan Wilcox on 0789 0182387.

Severnside Ramblers - www.severnside-ramblers.org.uk All walks meet at Aldi car park, Bradley Stoke

Sole Sisters - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrsc.co.uk

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www.stokescyclingclub.org.uk stokescyclingclub@googlemail.com

Stoke Gifford Short Mat Bowls Club - Tuesday mornings and Friday afternoons. For more information please contact George Lord on 0117 3523 or email beryl.smith@talktalk.net

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, https://www.facebook.com/stokesstriders

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website http://www.stokegiffordtennisclub.co.uk"

TAGB Tae Kwon Do - Thursdays and Sundays Bradley Stoke Leisure Centre, Russ Martin Russ@Tkdbristol.com 07778 421875 www.tkdbristol.com

CHURCH CONTACTS AND COFFEE MORNINGS

Bradley Stoke Evangelical Church Baileys Court Road 0117 9314716 www.bsec.org.uk

Bridge Community Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgecommunitychurch.org

Christ the King Church Mautravets Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

Edge Church International. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

Holy Family Catholic Church Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

Holy Trinity Church Broadcroft, Bradley Stoke 01454 620975 www.htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

St.Michaels Church, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 9.30 until 4pm, and Saturdays 10-12.

Trinity Network -www.trinitynetwork.org
Amberley Road Baptist Church, Patchway, 01454 610808
Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808

PRIMARY SCHOOLS

Baileys Court Primary School, Head Teacher: Andrew Lynham, Breaches Gate Bradley Stoke, 01454 866666

Bowsland Green Primary School, Head Teacher: Faye Kitchen, Ellicks Close Bradley Stoke, 01454 866766, bowslandgreen.org.uk

Holy Family R.C. Primary School, Head Teacher: Dawn Breeze, Amberley Road Patchway, 01454 866786

Holy Trinity Primary School, Headteacher: Jane Johns, Broad Croft Bradley Stoke, 01454 866735, holytrinity-pri.s-gloucs.sch.uk

Little Stoke Primary School, Headteacher: Scott Howes, Little Stoke, 01454 866522, http://www.littlestokeys.co.uk

Meadowbrook Primary School, Headteacher: Jon Barr, Three Brooks Lane Bradley Stoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

Stoke Lodge Primary School, Headteacher: Richard Clark, School Close Bourton Avenue, stoke Lodge, 01454 866772

St Chad's Patchway C of E Primary School, Head Teacher Darren Brown, Cranham Drive, Stoke Lodge, 01454 866523

St. Marys R.C. Primary School, Head Teacher: Paula Marsh, Webbs Wood Lane Bradley Stoke, 01454 866390,

St Michael's Primary School, Head Teacher Mark Freeman, Ratcliffe Drive, Stoke Gifford 01454 866781. www.stmichaelssg.co.uk

Wheatfield Primary School, Headteacher: Christine Dursley, Wheatfield Drive Bradley Stoke, 01454 868610

SECONDARY SCHOOLS

Abbeywood Community School, (Formerly Filton High School), Executive Headteacher: Dave Baker, Associate Headteacher: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

Bradley Stoke Community School, Executive Headteacher: Mr Dave Baker, Associate Headteacher Steve Muir Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

Patchway Community College, Headteacher: Mrs J Millicent, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com

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