

Your genuinely LOCAL Community Magazine, delivered FREE to every home

Telephone

01454 300 900

January/February 2016

# Bradley Stoke, Matters

Bradley Stoke & Little Stoke Gifford Community Matters is delivered to 15,0000 DIFFERENT Homes across the whole Five Stokes Area









**CALL 111** if you need medical help fast, but it's not life-threatening.

**VISIT YOUR PHARMACIST** for expert advice on common illnesses and ailments, as well as emergency prescriptions.

**BOOK TO SEE YOUR GP** for illnesses that won't go away. For the out-of-hours GP service, dial 111.

**VISIT YOUR LOCAL MINOR INJURIES UNIT**, walk-in centre or urgent care centre for on-the-spot treatment of minor injuries and illnesses.

Remember, **A&E IS FOR EMERGENCIES**. If in doubt, call 111 first.

#### FOR MORE INFORMATION

**Visit** bristolccg.nhs.uk/choosewell | **Call** NHS 111, free, at any time. **Download** the Bristol NHS service finder app for Apple or Android.



Contact Us

01454 300 900

sales@mattersmagazines.co.uk community@mattersmagazines.co.uk

www.bradleystokematters.co.uk

Matters Magazines Ltd, 130 Aztec West, Almondsbury BS32 4UB Co Regn No: 8490434



Follow us on Twitter @BS\_Matters



/BSMatters

The Bradley Stoke, Little Stoke and Stoke Gifford community matters magazines are independently published and delivered FREE to every home (c 16,000 copies) in Bradley Stoke, Little Stoke, Stoke Gifford, Stoke Lodge and the edges of Patchway (to the A38 border) and Harry Stoke. The views and opinions expressed are not necessarily those of the editor (unless it is a personal review of a service that we have participated in). We cannot vouch for every advertiser personally (although since starting in August of 2005 we have used many of the services ourselves). Any feedback or experience is welcomed.

We would like to thank all the advertisers who support this publication and therefore make it possible. Please return their support by utilising their services when and where you can. It is the advertiser's responsibility to ensure conformity with the Trade Descriptions Act 1975, Business Advertisements Disclosure Order 1977, Sex Discriminations Act 1975 and the Consumer Credit Act 1974. We cannot be held responsible for misrepresentations in the adverts included.

All artwork created by us must not be published in any other media without our permission.

© Matters Magazines Ltd 2016

#### Dear Residents....

We hope you have all enjoyed a joyful Christmas and have managed to find some time to rest, recuperate and spend time with friends and loved ones.



We continue to be busy in the community and are pleased to be supporting more local groups this year. We currrently sponsor the Bradley Stoke Town Footbal Club Reserves Team and now also the St Mary's Rugby Club as well. We were also pleased to support Bradley Stoke Cricket Club with their 25th Anniversary programme this autumn. As we enter our 11th year, this magazine is testament to how much Community Matters and we are pleased to keep on doing whatever we can to support our local community, both on-line and in print. Overleaf we introduce the launch of our new website which will go live later this month. Do take a look at our fresh approach - we hope you like it!

If you haven't connected with us on Twitter or Facebook, then we would love you to join us in 2016, we are still relative newcomers but we continue to grow in this area!

If you belong to a club or local organisation that you would like featured - please do get in touch with us. As always, we must give a massive thank you to all our advertisers who, by supporting this community magazine, enable us to keep bringing you so much news and information. Please do support them and give them your business when you have a need. Alternatively if you have a business that you would like to see feature in our pages, then please do give us a call. Many of our advertisers have been with us for much of our 10+ years: advertising with Bradley Stoke & Little Stoke Gifford Matters really does work!

Enough from me, I hope you get chance to grab a cuppa, sit down and enjoy the read. The deadline for our next edition will be 10th February, do get in touch if you would like to be featured!

We hope you have a Happy and Healthy New Year and look forward to bringing you more community news and information in 2016.

## Masons Fruit & Veg

Now at the WillowBrook Centre every Wednesday

Big bargain bowls for only £1
The easy way to get your
5-a-day!





#### New Year - New Website www.bradleystokematters.co.uk



DISCOURAGE BUILDINGS

as a fee first place. Singly that is 1999, the city of consequences of the property of the property of the off from the property of the property of the property of the property of the off from the property of the property of the off from the property of the off from the property of the off from the property of the propert



ddies Christina State for

Affirming waitin at the American tell in the conting own in Therefore Tell in the Continue of the American tell in the Continue of the American tell in the Continue of the Co

We are pleased to welcome you to the new, improved Bradley Stoke Matters website. Still with all your local community news, events, business directory and magazine downloads, but now even easier to use!

There are a few additions that we hope you will find helpful; you can quickly locate the business or community group you are looking for by entering the name into the 'Search the site' field.

You will also find a Google map attached to each event listing so it is clear where things are taking place, useful for those that are new to the area or exploring new venues.

With the new site you can also download not only the most recent issues of Bradley Stoke & Little Stoke Gifford Matters, but every issue will now be archived. If you think you missed anything from last year, do take a look!

We hope you enjoy exploring the new site www.bradleystokematters.co.uk



contact us

info@olddownestate.co.uk www.olddownestate.co.uk 01454 414081

#### Community Matters: Local Police Team

It was good to catch up with local PCSO Alicia Harvey again recently to hear about recent updates to the team and any curernt issues in the community.

Claire Fletcher and Jamie Shiels work opposite shifts as Neighbourhood Beat Managers, ably assisted by PCSO's Alicia Harvey and Chris Baker. An additional PCSO has now joined the team - welcome to Tom Allen.

Since the last update the beat team have been busy on the beat, supporting Halloween events and the Bradley Stoke Community Firework display.

PC Claire Fletcher and PCSO Alicia Harvey have also been on Bradley Stoke Radio in recent weeks promoting different things from crime prevention advice to staying safe at Halloween.

#### New changes on the beat -

All the Neighbourhood Watch Residents in the area have been split up into groups and have been assigned one of the PCSOs to make it easier to report their concerns and for the team to monitor these concerns.

The schools have also been assigned a PCSO as a first point of contact to help tackle parking and ASB issues.

Following the festive season don't recycle all your electrical boxes outside, reverse them or take them directly to the WillowBrook and deposit them in the blue bins.

Whilst you are at the WillowBrook you can pick up a property marking pen at one of our beat surgeries!

If you need to contact any of the beat team please go onto the Avon and Somerset website, select My Area and type in Bradley stoke.

Or call 101 and ask for one of the beat team.

Working out of the new Patchway Police Centre on Gloucester Road (where the enquiry office is open from 0800hrs - 2000hrs Monday-Sunday), the Bradley Stoke team host drop-in surgeries at the Willowbrook Centre, lunch time sessions every fortnight at Bradley Stoke Community School and also take the mobile station to Woodlands Park in Woodlands Lane, North Bradley Stoke.



#### **Contact details:**

Beat Manager – Claire Fletcher (07889 656334)

Beat Manager – Jamie Shiels

PCSO - Chris Baker (07889 656560)

PCSO - Alicia Harvey (101)

Alicia.harvey@avonandsomerset.police.uk

PCSO - Tom Allen (101)

Thomas.allen@avonandsomerset.police.uk





# Redland High School to grow seeds from space!

Pupils at Redland High School are preparing to become space biologists and embark on a voyage of discovery by growing seeds that have been into space.

In September, 2kg of rocket seeds were flown to the International Space Station (ISS) on Soyuz 44S where they will spend several months in microgravity before returning to Earth in March 2016. The seeds have been sent as part of Rocket Science, an educational project launched by the RHS Campaign for School Gardening and the UK Space Agency.

Redland High School will be one of up to 10,000 schools to receive a packet of 100 seeds from space, which they will grow alongside seeds that haven't been to space and measure the differences over seven weeks. The pupils won't know which seed packet contains which seeds until all results have been collected by the RHS Campaign for School Gardening and analysed by professional biostatisticians. The out-of-this-world, science experiment will enable the pupils to think more about how we could preserve human life on another planet in the future, what astronauts need to survive long-term missions in space and the difficulties surrounding growing fresh food in challenging climates.



Mr Sloan, Science Teacher at Redland High School for Girls, says "We are delighted to be taking part in Rocket Science. It is an exciting way for our young scientists to contribute to a National experiment and share their learning with the whole school community. We hope that their experience with Rocket Science will inspire them to get involved with gardening and also motivate them to find out more about careers such as horticulture, plant science and the space industry as a whole."

Rocket Science is just one educational project from a programme developed by the UK Space Agency to celebrate British ESA astronaut Tim Peake's Principia mission to the ISS and inspire young people to look into careers in STEM (science, technology, engineering and maths) subjects, including horticulture.





# Bradley Stoke Cricket Club Celebrates 25 Years!

In the middle of winter it may be strange to be talking cricket but 2016 sees a major landmark for the Town's cricket club.

Based at Baileys Court Activity Centre in Baileys Court Road, Bradley Stoke Cricket Club celebrates its 25th anniversary this year!

During the preceding 25 years the Club has grown into one of the largest in the local Bristol & District league. It operates six adult teams each weekend and also plays some midweek games. It also has a thriving youth section with five teams playing in the B & D Youth league.

Youth training with qualified coaches takes place during the season on Sunday mornings and ages range from five to eighteen. Congratulations go to the under 15 team (photo) who won their league last season winning all of their games.

BSCC plans to mark its 25th anniversary by staging a very special event involving the former England and Gloucestershire wicketkeeper JACK RUSSELL MBE, who will be present at the clubhouse on Sunday 5th June.

In an illustrious career from 1981 to 2004, Jack made over 500 first class appearances including 54 tests and 40 one day internationals for England. He scored over 18,000 runs including over 2,000 for England. He also took nearly 1,400 catches and almost 150 stumpings.

Outside of cricket, Jack is a very talented and renowned artist and indeed has been commissioned to paint many landscapes, cricket related subjects and well known celebrities including Sir Norman Wisdom, Sir Bobby Charlton, Eric Clapton and even HRH Prince Philip the Duke of Edinburgh.

He will spend a few hours with the Club and the public, who through the purchase of a souvenir programme, will be able to meet him and obtain his autograph/photograph if desired. There will also be the opportunity to purchase one of his books, sketches or paintings which will be on display.

Entrance to the event is by souvenir programme only. Each programme is individually numbered



and includes a prize draw entry form inside. The entry form gives each programme buyer the chance to win one of six major prizes on the day.

The Club has purchased three of Jack's paintings (prints), plus three other prizes of a full sized cricket bat signed by the 2015 Australian test squad, a full sized cricket bat (retail value £250) and a family ticket to a T20 match involving Gloucestershire CCC this coming season.

Jack will personally make the draw during the afternoon and present the prizes to the lucky winners. (It is not essential to be there on the day to win, as entry forms can be posted prior to the day).

On the same day and at the same venue, the Club also plan to have a charity auction of sporting memorabilia, a youth T20 match, followed by a T20 match involving some local celebrities. The club bar will also be open and Radio Bristol will be there too.

Programmes are now available at only £3 each which admits one adult, or one adult and one child (under 16) free, into the event.

You can purchase one by sending a cheque/ postal order for £3 (made payable to Bradley Stoke Cricket Club) along with an A5 stamped addressed envelope to Mr. M Mundy, Bradley Stoke Cricket Club, Baileys Court Activity Centre, Bailey Court Road, Bradley Stoke, Bristol. BS32 8BH.

# 25th ANNIVERSARY PROGRAMME BRADLEY STOKE CRICKET CLUB

FEATURING JACK RUSSELL MBE
COME & MEET THE FORMER ENGLAND AND GLOUCESTERSHIRE
WICKETKEEPER AND HAVE THE CHANCE TO WIN ONE OF THREE
LIMITED EDITION JACK RUSSELL PRINTS

SUNDAY 5™ JUNE 2016 - NOON TO 4PM



Jack will be exhibiting some of his paintings, sketches & books which will be available to purchase. He will also be available for book signings and autographs.

Prize draw including three Jack Russell limited edition prints will be made at 3.30pm.

Admission is free for one child under 16 with one adult.



No 000

Baileys Court Activity Centre, Baileys Court Road, Bradley Stoke, Bristol, BS32 8BH

# Brighten up 🔅 someone's

Bradley Stoke Matters was delighted to catch up with Claire Day, initiator of the SLS facebook group for helping the homeless, to gain feedback on their campaign for Christmas presents for the homeless. Bradley Stoke Matters was very pleased to donate presents to this campaign and has also covered the SLS group in previous editions. They started just over a year ago as a pipeline of food and needed items for the Edge Assist Street Life project which feeds the homeless in Bristol every Saturday night, and now the Group also supports many more homeless projects the other side of the bridge too. Claire gave us the following report:

"WOW! SLS wants to say a WHOPPING thank you to everyone that has donated to our SLS Christmas present campaign. We aimed to help 8 centres and collect 400 presents, which would double last year's achievement. However, this year a phenonmenal 1,288 presents were collected! As a result of this fantastic response we have been able to help a total of 19 centres/projects!

"Thank you to all the work places, clubs and individuals for getting on board, to our members that make SLS so special and to our fantastic depot organisers across 2 hubs. Together we touch many lives positively. Thank you for making this happen. We do not change a life around but we do make those we help smile. make a difference, boost them to tackle another day and show them they are loved, cared for. We have helped to make it a little brighter for them this Christmas."

**Bradley Stoke Matters was also pleased** to hear from local Stokes resident Richard Townsend who runs the Edge Assist Street Life project following their Christmas run on Saturday 12th December:

"Wow, what a fantastic evening. A huge thank you to everyone involved! The Edge Church Young Adults provided the music and carol singing. It was superb. It was so encouraging to see all the Edge Church Pastors on the street

email sales@mattersmagazines.co.uk or call 01454 300900 to advertise



with their wives and children. Their support over the years has been central to all we do for the homeless. We had well over a hundred guests on Saturday night, who came for food and clothing and who also received a Christmas present.

Faith Mildren (aged 9-years) had raised £250 from her family and friends, in order to provide Christmas presents for homeless women. Five of the Bristol Barbarian's rugby team turned up to help serve. Some of them gave our Christmas presents out, alongside Faith.

Thank you to everyone who gave the Christmas presents - over 160 to this project alone. Well done. Your great kindness and love was very much appreciated by all".

#### We were delighted to speak to young Faith and find out more about her generous act:

Having lived close to the city centre for 9 months Faith told us she often spoke to the homeless people she saw, bringing a smile to their faces as she said hello. Faith, just 9 years old and living in Patchway, wanted to do something different this Christmas and help those less fortunate.

The only help she had was in setting up her GoFundMe page with a £50 target. However, proud of her initiative, friends, family and others rallied to support her and she exceeded her goal. raising a staggering £250! With this amount, she was able to purchase and wrap presents intended for women on the streets. Each bag included a body spray, deodorant, tissues, socks, a luxury item of chocolate/sweets and wet wipes. Faith also included a warm jumper and trousers too. When shopping she realised she was slightly short of money so, wanting all the boxes to be the same, Faith donated her own pocket money too to meet the shortfall.

Photos: top left Bristol Barabrian's rugby team help give out donated presents; inset cars loaded with presents arrive from SLS; above 9 year old Faith with her presents for the homeless women. Below, photo Faith posted on her GoFundMe page to say thank you to all those who donated.

Faith told us: "we were wrapping presents until Saturday morning. Then we put them in nice gift bags donated to me and met Richard to give them out. I was

very pleased to make people so happy' She recounted one lady showing her friends and hearing her say "Look how many presents I've got!". Mum Helen told us that Faith's fundraising was completely independent and praised her daughter's initiative and attitude.

What a wonderful story from an amazing young girl at a time when many children's sole focus is what they themselves will be receiving at Christmas.

The work doesn't stop at Christmas however so keep seeking out those blankets, warm footwear, socks/underwear, sleeping bags, roll mats, flasks, torches, waterproof coats, joggers, jeans and rucksacks in the New Year. There are people out there who need them desperately!

email: sls.homeless@gmail.com for more information.



Welcome to Mike Harbord Opticians - a family practice in Winterbourne Village.

Friendly, personal service and advice.

Full Eye Examinations and Retinal photography.

Qualified Optometrists and Dispensing Opticians.

A wide range of spectacles from NHS to handmade and bespoke frames.

New ranges this Spring include Jimmy Choo and

Call today for an appointment

01454 775530

#### Clinical Hypnotherapist **Catherine Smart DHP MNCH(Lic)**

Hypnotherapy can help you:

(R) easibirthing

- Stop smoking · Stop panic attacks
- Lose weight
- Improve your self-esteem
- · Combat a fear of flying
- Easi birthing
- Hypnosis for fertility

Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

Call me on: 07964 991689

E: Catherine@SmartHypnotherapy.co.uk

Based in Winterbourne





Already sponsors of the Bradley Stoke Bull for the local Bradley Stoke Youth Rugby at SMOB, Bradley Stoke Matters is now pleased to be new sponsors of the team shirts and pitchboard too for St Mary's Old Boys. We took the opportunity to catch up with Steve Miller, who gave us this report on the local Club.

St Mary's Old Boys Rugby Football Club has been resident in the Bradley Stoke area for nearly 25 years. Previously situated at at the Filton Combination Grounds, then temporarily between Woodlands Lane and Bowsland Way the Club began developing the site at Trench Lane in 1991 and started playing there in 1992.

The Club has extended it's reach into Bradley Stoke by forming relationships with local primary schools and BSCS, its membership now being formed by many Bradley Stokers and they love showing the Green and Black colours around the town.

2014 and 2015 have been seasons of consolidation for the club building on it's historic strength and reputation of developing players from within.

More than 80% of the current senior squad have progressed from the Mini and Junior ranks and are committed to the Green Army.

Currently St Mary's fields four teams. Three mens rugby and our SMOB Ladies squad. The First IV play in the Gloucester Premier League at venues between Bristol, the Eastern Cotswolds, Forest of Dean and Cheltenham and Gloucester, winning 5 out of their 9 games so far this season. The Seconds and Third IV's play in the Bristol and Gloucestershire Reserve Leagues and have even more enviable reputations always seeking to take local bragging rights. Recent accolades include winning the Bristol Combination Bowl in the 2014/1015 season. Our ambition is to rise up the league levels using the home grown conveyor belt of up and coming Minis and Juniors. The ladies squad are strong in numbers and on the field, and have a great camaraderie amongst the squad.

Our Mini and Junior sections are healthy and have been helped by the affiliation of

Bradley Stoke Youth Rugby

(at St Mary's). The Club are seeking opportunities to extend the tie with the town while preserving the 120 year history of the club and it's founding institution, St Mary's On The Quay in the Bristol City Centre. There is also a well supported dedicated girls section offering progression through the ranks from minis to junior, and then onto ladies.

Sponsorship is an important part of our club survival and this season we have been blessed with the involvement of local businesses Matters Magazines Ltd, C&M Accountancy Services, GBuild Construction and the national company LV= (which has a local call centre at Aztec West). Our main sponsor is Kings Heavy Haulage, keep an eye out for them on TV with the second upcoming series of Supertruckers! For links to all our sponsors and their services please see the sponsors page at www.smobrugby.co.uk.

We are always seeking new players and volunteers to keep the club progressing and opportunities exist for anyone to become involved as little or as much as you want. From simply cheering your children or grandchildren along, to playing yourself or helping out with club activities.

Come along and try us out ....

Facebook: St. Mary's Old Boys RFC Twitter: SMOBRugby

SMOB RFC, Northwood Park, Trench Lane, Bradley Stoke, BS36 1RY

01454 250489

eMail: clubhouse@smobrugby.co.uk Web: www.smobrugby.co.uk



#### Joint effort enables 180 Christmas Hampers for local families

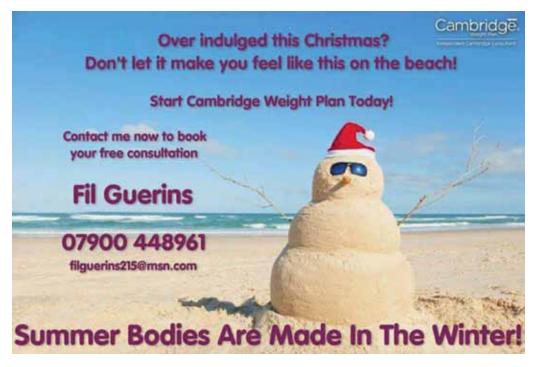
Bradley Stoke Rotary Club have this year helped the Edge Church and Southern Brooks with the packing and delivery of 180 Christmas hampers.

Their extra manpower and generous donation enabled an increase in the number of local deserving individuals and families to be able to receive one this year. This is an annual event organised by the church and distributed to families known to the Southern Brooks Community Partnership.

Each hamper was made up with donations of staple foods as well as a few luxury items, with a small gift for each member of the family.

The morning was well organised ensuring the correct amount of items were included in each hamper and prepared for delivery or collection.

The finished hampers looked very appealing and we are sure they have put a smile on each recipient's face this Christmas





Convenient

T: 01454 616212 M: 07963 933 317

E: bikefixbradleystoke@gmail.com





For choice, control and total peace of mind, speak to your local expert about safeguarding your possessions and all the valuable things that you spend your life working hard for.

Appointments at a time and place to suit you, with

Jane Holzgrawe 01454 775 067

info@janeholzgrawewills.co.uk www.janeholzgrawewills.co.uk





Contact Hilary BA Hons, CT ABRSM, DBS Certified

0117 979 2832 based in Bradley Stoke



email sales@mattersmagazines.co.uk or call 01454 300900 to advertise



#### **MMXIV**

#### DO YOU KNOW

When you buy 6 sausages with us you get 2 FREE We take telephone orders on a daily basis We have great deals on minced and diced beef instore every day We get fresh fish delivered every Thursday & Friday We only sell Beef from local farms and butcher onsite We only sell Free Range Pork from farms within a 20 mile radius We only sell Salt Marsh Lamb from Frampton on Severn We only sell award winning Bacon & Gammon We sell Free Range Chickens from Madgetts Farm

#### ALL OUR PRODUCTS HAVE LESS THAN 20 FOOD MILES ON THEM

#### FOLLOW US ON

TWITTER @powellsolveston FACEBOOK powells of olveston

Orchard House, New Road, Olveston, South Gloucestershire, BS35 4DX Telephone: 01454 613 003 Website: www.powellsofolveston.com Email: enquiries@powellsofolveston.com

OPEN: Tues - Frid 8am-5.30pm & Sat 8am - 1.00p







Other than being pivotal to Bradley Stoke. we all celebrated our 10 Year Anniversaries in 2015!

The last of these to celebrate their ten years of an Active lifestyle at Bradley Stoke Leisure Centre was the Circadian Trust which held a celebration event at the end of November.

Key employees, clubs, trustees and local councillors came together at Bradley Stoke Leisure Centre to mark the anniversary and look ahead to the next ten years.

Since becoming a Trust in 2005, Circadian has successfully transformed the community leisure space in the region through innovation and sustained re-investment, bringing lasting benefits to its local communities. It has seen:

- · 18% increase in customer uptake to 2.5 million customer visits per vear since 2010
- · Growth in turnover by 7.6% to £11million in the last financial year
- Since 2006, Circadian has re-invested more than £7million into initiatives including new sports and leisure facilities and technology such as the 'MyWellness' cloud-based platform which allows users to track activity at home

To mark the special anniversary, the first Bradley Stoke Triathlon was held in August and proved very popular so it is hoped that this will now become an annual event.

Amongst staff invited to the celebratory event was Senior Finance Officer at Bradley Stoke Leisure Centre. Cath Bloomer who has been working with the organisation since 1987. From working in the bar, reception and now finance at a number of the centres. Cath is a valued member of staff

She said: "I love the team I work with and the atmosphere that the Leisure Centres create, both friendly and inviting. It's great to be celebrating together after a wonderful 10 years as a Trust."

Chief Executive Mark Crutchley (inset), who gave a speech at the celebration event. said: "We have

experienced significant changes over the past ten years: when the organisation was founded it was designed to provide community leisure facilities within a tight framework set by the local authority. Today, as local government funding is continually squeezed. Circadian has evolved to

become more commercial and able to respond to significantly changing customer requirements, while continuing to deliver a social impact.

"I would like to thank everyone who has been through the doors of all our leisure centres. whether they be staff or customers for their commitment to a healthy lifestyle. We've seen so many success stories over the years, and I'd like to thank you all for being a part of it. We can't wait for the next ten years."

Working in partnership with South Gloucestershire Council, any profit made by the Trust is reinvested to improve facilities. equipment and services for its customers.





#### Local Football Update by BSTFC & BSFYC Chairman Ian Drew

#### **Bradley Stoke Town FC**

It has been a most interesting start to our eleventh year of football for Bradley



After what could be called a very successful previous ten years, our First team now play in the Senior Division of the Bristol & District League, with the Reserves in Div 3 & A Team in Div 5.

Check out our website at www.pitchero.com/clubs/ bradleystoketownfc, for regular updates for match days etc.

All three teams have had differing starts and now that they have settled into their respective new divisions, results are starting to come their way. The First team presently lie fourth with yet another promotion within grasp. It is not beyond hope and expectation that all three of our teams are able to gain promotion again this season.

Unfortunately the weather of late has meant that matches have had to be postponed, but one of the Reserves team's most recent matches on 21st November was an away match at DRG which resulted in an impressive 7 – 1 win, with goals scored by Mo Amin (2), Tom Bakewell (2), Adam Sykes, Charles Moore, Duncan Reade.

Our home games fixture list in short is as follows -

2nd January 1st team v Wick Reserves,

9th January 1st team v Longwell Green Sports & Reserves v Westerleigh,

16th January 1st team v Patchway Reserves & Reserves v Lloydy United.

Good luck to all those taking part for the remainder of the season!

#### 1st Team Update by Team Manager Jon Welsh

Bradley Stoke Town 1st team have made a strong start in the Bristol & District Senior Division. After promotion last season the team sits in the top four with a third of the season gone. Although the weather has postponed a few games of late. manager Jon Welsh believes that he has the squad to achieve back-toback promotions. A busy fixture list from January to April will test the players but he believes that his team have what it takes to take the town

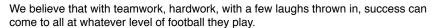
Great wins against Patchway Town. Lebeg and promotion rivals De Veys, show that anything is possible.

Please come along to support the lads at the Jubilee Centre. January home games are listed on the left and all fixtures are on the website -

#### www.pitchero.com/clubs/ bradlevstoketownfc

#### **Bradlev Stoke Youth FC**

Bradley Stoke Youth FC teams have been well attended again, with the formation of the new Ladies team, which truth be said, have started their campaign better than expected and hopefully will go from strength to strength.



We were pleased to attend the Bristol Post Sport awards in October, being one of the finalists in the Community Club section, unfortunately we did not win this time but proud to be in attendance of all those other Bristol sporting greats both past and present.

Good luck to all those representing Bradley Stoke Town in whatever sport they enjoy.

#### Vicky Sets Her Sights on London this April

Bradley Stoke Matters was pleased to hear from local resident Vicky Lovell who is undertaking a variety of fundraising activities - including running the London Marathon this April - for the charity "Ambitious about Autism".

"I feel inspired every year watching the London Marathon, and have always dreamed about being part of it, now I'm ready to make it reality with the added incentive of doing it before I reach 40! Some might say it's a bit ambitious to try running 26.2 miles as I am probably considered a bit of a seasonal runner. This last year has been different, I kept on training and entered a few 10k events progressing to my first Half Marathon in September.

"I am running to raise money and awareness for Ambitious about Autism - I've pledged to raise at least £2.000. This is a national charity for children and young people with autism, providing services, raising awareness and understanding for Autism, as well as campaigning for change.

"Running has got me through some really stressful times and gives me the time and space I need to be the best person I can be to support my 9 year old son Alex and our family. Alex has had a very difficult start to his life, not only was he born with CTEV bilateral clubfoot, but he has also had to change schools 3 times as a result of being misdiagnosed. As a family, we have had a real battle to get Alex properly diagnosed, it took about 4 - 5 years, despite our hardest efforts, and we had to really complain to get him assessed and to get the right professionals involved. Eventually, Alex was formally diagnosed following an ADOS assessment at the end of December 2014 as having Autistic Spectrum Disorder with traits of ADHD. This has made an enormous difference to Alex as we have been able to access the right support for him within his Educational Health Care Plan. Since September, Alex has attended a specialist independent school and things are looking much briahter."

Autism is a lifelong neurodevelopmental disability which affects the way you communicate and interact with others. It is known as a spectrum condition, therefore, whilst people with autism share the same difficulties, their condition will affect them in different ways. Over 2 million people are affected by autism on a daily basis,

vet autism is still misunderstood, leading to individuals and families not getting the level of support they need.

A Charity Race Night held at Aretians Rugby Club at the end of November raised an amazing £900. Vicky would like to thank everyone who



came along and supported, donated prizes and sponsored the races. It was a really successful evening. In the run up to Christmas Vicky has been busy preparing and selling Christmas Crafts including reindeer food, snowman soup and Christmas Eve Activity packs as well as offering a Christmas present wrapping service, all for donations to her fundraising.

Alongside the fundraising Vicky is training hard and beginning to build on her distances, planning to take on the Bath Half in March, in preparation for the big event in April.

If you would like to support Vicky in her fundraising efforts, you can do so via her fundraising page -

http://uk.virginmoneygiving.com/VickyLovell

"Our ambition is to make the ordinary possible for more children and young people with autism."



# Ambitious about Autism

Tel: **020 8815 5136** 

# MEDWAY DESIGNS for Cakes & Sewing

Wedding Cakes Anniversaries Birthdays Christmas Cakes Special Occasions Bridal Wear Alterations Evening Wear Day Wear Soft Furnishings

& re-upholstery

Delivery & Collection Service Available

# **Lois Coulson 0117 969 1798**

lois.coulson@medway-designs.com

14 Watch Elm Close Bradley Stoke

Call now for a friendly personal service

#### **Computer Problems?**

On-site or remote home and small business computer assistance

#### The Wicked Imp Company Ltd



Troubleshooting PC's, laptops and tablets including upgrades and repairs, virus/malware removal, wireless networking and internet security, data recovery and back-up, web design and hosting.

No call out fee plus free local collection and delivery service

eser

07855 523014

ked-imp.com

#### IN GOOD HANDS

Massage & Holistic/Beauty Therapies

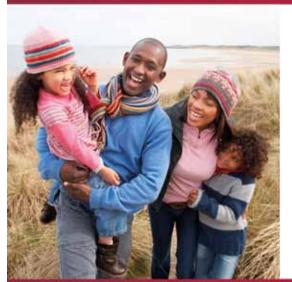
- Deep Tissue/Sports Swedish Aromatherapy
   Warm Bamboo Hot Stones Indian Head
- Facials Reflexology Reiki Hopi Ear Candling

Gift Vouchers available. Qualified, locally based therapist & mobile with 10 years experience.

01454 414 545 • 07776 321849

helen.edwards@blueyonder.co.uk







# Are you struggling with pain or reduced movement?

Here at Bradley Stoke Physio our team specialise in a range of techniques that can help you return to an active lifestyle.

> We can relieve your pain and optimise your fitness.

Get in touch today Tel: 01454 618 525

Bradley Stoke Physio - Bradley Stoke Leisure Centre, Fiddlers Wood Lane, Bradley Stoke, BS32 9BS
Tel: 01454 618 525 Email: info@bradleystokephysio.co.uk



#### Report from the Bradley Stoke Bowls Club

by Arthur Allan

The AGM of the Bradley Stoke Bowls Club was held at the Baileys Court Activity Centre on Thursday 22nd October. Some sixty members were welcomed by Chair Steve Lee

Prior to events members stood in silence to respect memory of Beryl Parsons.

The Captain George Eland then presented a cheque for £750.00 to Isobel Gelder, the representative from the charity BRACE, who addressed the meeting with a brief outline of what BRACE does and its hopes and aspirations.



Isobel Gelder receiving the cheque for £750 from George Eland

Mike Mundy, from the Bradley Stoke Cricket Club, then addressed the members regarding the 25th anniversary of the Cricket Club next year.

The secretary Sue Arnold reported, inter alia, that the committee had worked well together and had brought the club forward. Meeting monthly had ensured that all areas were looked at and issues resolved quickly, smoothly and efficiently. The club had a superb Captain's charity day, thanks to all those who organised and ensured everything ran smoothly, yet again through the members generosity a large sum was raised for Brace. The website has photographs of that day and of the final weekend. Sue then expressed a big thank you to Mark Arnold for maintaining the website. The club hosted another City & County game which had gone very well and had received very good feedback about the excellent state of the green. Reports were received from

all other office-bearers, including the treasurer reporting on a generally satisfactory year. The playing record in friendlies

and leagues had been satisfactory. Particularly encouraging had been the involvement of new members, 17 of whom took part in a new Novices Cup competition

This year several key positions became vacant: viz Chair Steve Lee, Vice Chair Mark Arnold, Captain George Eland, Competitions Secretary Denise Eland, Secretary Sue Arnold and raffle organizer Pat Wilkins all retiring after staunch service to the Club. The Club President Bill Plank thanked them warmly on behalf of the Club, stimulating prolonged applause from the many members present.

New occupants were voted in to most of these positions and some new ones created.

In addition to away days to Bridport and Sydmouth, a short tour to Torquay is planned for 12th to 16th September 2016.

The next formal meeting of Club members is scheduled for the 17th March, at the usual venue commencing at 6 pm, probably with a short EGM.

For more detailed information refer to the Club website http://www.bradleystokebc.co.nr/



- Bookkeeping
- Accounting
- Payroll
- Fixed Rates
- OWNTERED NAVACEMENT ACCOUNTANT First Meeting Free

#### Louise Coleman - 07977 599 670

louise@lacaccounting.co.uk www.lacaccounting.co.uk Evening or weekend appointments also available







Last month the Western Area Judo Team Championships took place in Weston Super Mare. This brought together all 7 counties, as far down as Cornwall, to compete for 5 Shields / Trophies.

Gloucestershire had 4 Teams involved with 17 players from Bradley Stoke Judo Club. After a day of epic battles the 4 teams of Gloucestershire came away triumphant with all four teams winning GOLD!

The U12s team won Gold by 1 fight. The team of Boys 13-17 year olds won their Gold 7-1. The Girls Team 13-17 year olds won their final 4-0 (all of these were B.S.J.C Players) and finally the Senior Men's Team beat Bristol in the final 5-0.

This feat has never been achieved by one county in the 60 years of holding the Teams event!

As a Club B.S.J.C filled over half of the places in these teams.

#### **Bradley Stoke Judo Club Enjoy Medal Haul at British Championships**

Two weeks after helping Gloucestershire dominate the Western Area Judo Team Championships, members of the Bradley Stoke Judo travelled north to the city of Sheffield over the first 2 weekends in December to take part in the British Judo Championships for under 15s, 18s, 21s and senior groups.

On the first weekend it was the turn of the pre-cadets (u15) and cadets (u18) players to compete against the best the UK had to offer. The club took 14 players and achieved

an amazing 2 golds, 2 silvers, 3 bronze and 3 5th places. This was the most successful British Championships in the Club's history and left the Club in 2nd in the medal table. The kids produced some fantastic judo and confirmed that Bradley Stoke are not only the premier club in the South West but also in the UK.

email sales@mattersmagazines.co.uk or call 01454 300900 to advertise

#### **Bradley Stoke Judo Club**

Congratulations to the following players:

GOLD.

Tatum Keen u15 u48kg Ethan Nairne u15 u46kg

**SILVER** 

Millie Orledge u15 +63kg Chloe Gowen u18 u52kg

**BRONZE** 

Alex Rijksen Salman u15 u46kg Rvan Riiksen Salman u15 u55kg Kye Orledge u18 u60kg

5th PLACES -

Ozzy Gowen, Joseph Andrews and Ellen Holder.

On the Following weekend it was the turn of the juniors (u21) and seniors (+21) to fight for national honours.

Due to injuries took only 6 players to the juniors and 3 for the seniors. Despite this the club again achieved a fantastic set of results by winning 1 gold, 1 silver, 1 bronze and 2 5th places in the u21 competition. In the seniors the club achieved 1 gold and 2 bronzes.

The following players achieved:

Pete Miles u60kg GOLD In Juniors and Seniors

Steph Walker u52kgs SILVER in Juniors and **BRONZE** in Seniors

James Hayes u73kgs BRONZE in Juniors and Seniors.

5th Places in Juniors for Chloe Gowen and BSCS pupil Eleanor Young.

This finished off another fantastic year for the club which continues to break its own records. Planning for 2016 has already began and trips to Croatia for our under 12s, 15s and u18s are already booked in.

People are always welcome to come along to learn Judo at Bradley Stoke Judo Club. Based at the Bradley Stoke Leisure Centre all ages from 4 to 70 are welcome.

For more information check out the Club's website on www.bradleystokejudoclub.com or find them on Facebook -

**Bradley Stoke Judo Club.** 

#### Pete Miles, **British Champion**

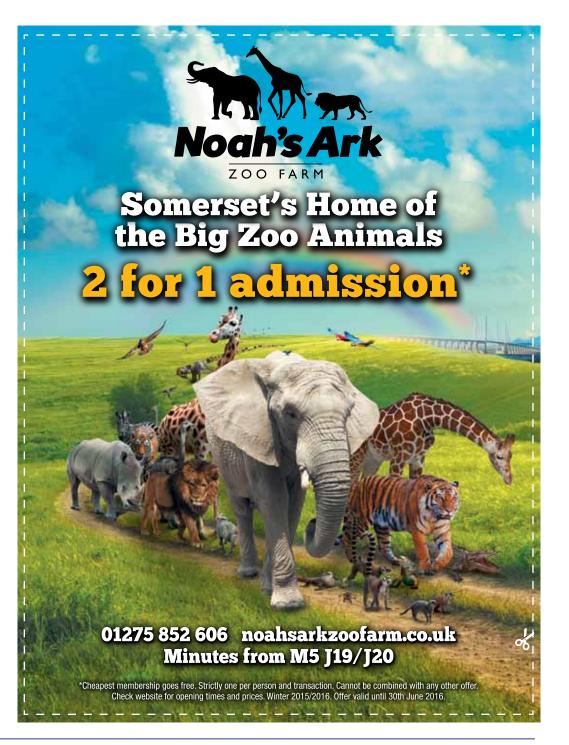
Congratulations to our new British Champion Pete Miles from Bradley Stoke Judo Club. Pete won Gold in both the Junior and Senior British Championships held in Sheffield on Saturday 12th/Sunday 13th December in the Men's U60kg category.

This ends a mixed year for Pete who sustained a fractured ankle earlier in the year which kept him from competing at the European

Championships. Fortunately Pete is now back to form, ending the year on a high, having won the Welsh Open Championships a few weeks ago and now the British Championship. He is seeded No 1 in the country and looks forward to qualifying again for the European Championships in 2016.







email sales@mattersmagazines.co.uk or call 01454 300900 to advertise

#### Plenty of Winter Fun at Noah's Ark!

Although Winter days don't lend themselves to great weather, a visit to Noah's Ark Zoo Farm in Bristol doesn't rely on warm sunshine - come and see what we offer this season!

With a host of impressive animals indoors and

includina African elephants, rhino, feisty big cats and family of gentle giraffes you'll be amazed at the variety of nature you'll see within the biggest zoo in the South West. Raining outside? No problem - enjoy seeing the big animals from our public viewing galleries in their heated houses, like Elephant Eden and our Giraffe House.

During the cold spells you can also enjoy our large, warm undercover play barns, now fully heated for all indoor play and eating areas! Bring the family along today to Bristol's award-winning 'all day, all weather' attraction and explore 12 exciting adventure play areas, an indoor Animal Village and covered Animal Show Pens. We now offer over 25.000 square feet of heated areas around the park to make your visit enjoyable whatever the weather.

#### Visiting as part of a group or school trip?

We offer great value group rates to make your day cheaper if you come together. Groups of 10 people or more are eligible for discounted entry. see our website for prices. Bring your birthday party and the birthday child goes free, the rest of your group enjoys our cheap birthday group rate. Want a fun educational trip for your class or year group? We host over 20,000 school children in organised educational trips each year, a popular choice of South West schools. Check out the Education section on our website to start planning vour trip.

Part of every great day out is of course stopping for a relaxing snack, a chance to rest the legs

and enjoy a tasty lunch or warm drink. With outstanding views from our popular café veranda, we offer an excellent menu at great value with locally sourced food, handmade cakes and a range of hot and cold drinks. Along with our main café. Noah's Ark offers 3 further kiosks around site for drinks, snacks and ice creams perfect for family pitstops whilst you walk around the park.

We know that although the stars of the zoo are our animals and kids will love the play areas: for busy parents

you'll want to ensure the chosen venue for your day out offers top facilities and services for your convenience. Knowledgeable staff, clean toilets, a well-stocked café, free parking - we're confident you'll find we tick all those boxes which

make a great day out.

Want to feed our animals as you walk round the park? Grab a bag of animal feed from our farm Shop and the kids can hand feed some of the farmvard favourites.

To help you save the pennies at this time of year, make the most of 20% off standard Day Ticket Admission until 31st January. Buy your tickets online any time of year and save 5% with guicker entry on arrival. Or the voucher alongside is valid until the end of June 2016.

For a fantastic family day out, walk beside nature's giants at Noah's Ark this season!

www.noahsarkzoofarm.co.uk



# Green light for £3.6 million redevelopment of Bradley Stoke Leisure Centre

Bradley Stoke Leisure Centre will undergo a £3.6 million re-development enabling it to offer exciting new activities for all ages and meet a growing demand for its use.

South Gloucestershire Council Communities
Committee which met on 4th November
approved plans that will re-develop the site that
will enable the centre to meet increased demand
from planned new housing and offer improved
facilities.

#### Plans include:

- A 17-adventure climbing experience
- Enhanced soft play facility and designated party rooms
- A major expansion of the fitness suite from 85 to 106 stations
- Bigger group and multi-purpose exercise studios
- · A new 12-station toning suite

The redevelopment will also focus on improving customer experience and sustainability with other changes including:

- 130 additional parking spaces
- · Refurbished changing areas
- A café extension

Councillor Heather Goddard, chair of the Communities Committee, said: "The agreed redevelopment of Bradley Stoke Leisure Centre is very good news for existing and potential new users of the centre customers who will benefit from improved facilities and more choice of activities. It will allow the centre to meet new demand in the future and reflects our commitment to encouraging active lifestyles.

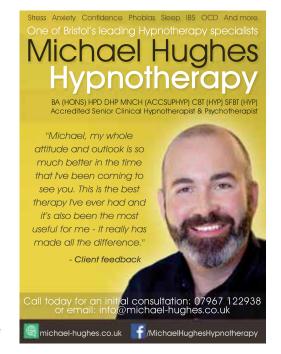
"We are pleased to be able to make these improvements which will expand what the centre offers and 'grows' the business, rather than cuts back. We recognise there will be some inevitable disruption during the works and the loss of the squash courts in the new design. But we believe that the new-look centre will provide better choices across all age ranges and increase customer use."



Mark Crutchley, Chief Executive of Circadian Trust, said:

"We are delighted with the result from tonight's committee meeting. As a not-for-profit organisation our core aim is to improve sports and leisure provision across South Gloucestershire, whilst creating a fun and inspiring, active environment for all ages. The redevelopment will bring a wealth of new activities to the area that we believe will increase the numbers of people taking part in physical activity locally.

"Work is planned to start in spring 2016 and we hope the public will join our excitement in anticipating a new look for Bradley Stoke"



#### **Clifton High School – Nursery School and Reception**

Clifton High School is based in the heart of Clifton Village teaching boys and girls from 3-18.

The Nursery and Reception classes are happy, vibrant and caring with a warm welcoming feel that is friendly and reassuring for both parents and children. Class sizes are small and children are taught by specialist teachers and experienced, well qualified teaching assistants. The School is set in the most beautiful grounds, with a south facing aspect it is leafy and sunny, and it puts a real emphasis on its environment. As well as dedicated outdoor playspace, Nursery and Reception children enjoy the wildflower meadow, the School has developed a mature wildlife garden, has its own pond for supervised wildlife encounters and also keeps its own bees. Indoors the facilities are just as good, with both Reception and Nursery classes having recently had a full refurbishment.





For many parents, the beauty of Clifton High is that it is mid-sized. With a total of 500 pupils, the school is well known for its outstanding pastoral care and the emphasis it puts on getting to know each individual child.

Clifton High School will be holding an Open Morning on Thursday 21st April and individual tours and taster days are also available at any time during the school term .

If you would like to find out more about the Nursery School and Reception please contact Mrs Melanie Johnson, Admissions Registrar on 0117 933 9087 or email admissions@cliftonhigh.bristol. sch.uk. You can also find further information on the school website www.cliftonhigh.bristol.sch.uk and Facebook page.



Entrance examinations: Saturday 16th January and Saturday 23rd January 2016



# realising individual brilliance

0117 933 9087 | www.cliftonhigh.bristol.sch.uk





and achieve." Ofsted





methods and resources to help the students to learn well





array of shepherds, angels, a baby Jesus and of course a star!

The schools membership of The Olympus Academy Trust meant that pupils enjoyed a visit to another Trust school, Meadowbrook Primary, to watch their dress rehearsals. Meadowbrook pupils returned to enjoy the BSCS dress rehearsal and provided a lovely confidence boost ahead of the much anticipated performance to families.

Thank you to those parents and carers who attended the event!

Head Teacher Sharon Clarke commented: "We are exceptionally proud of our pupils who have thoroughly enjoyed their performances. They have demonstrated confidence, creativity and enthusiasm no matter how big or small their part."

## **Perfected Hair & Beauty**

"A perfect service at an affordable price"

At Perfected, we pride ourselves on offering our clients the best of what the industry has to offer at an affordable price.

Find the latest offers and updates on • Facebook - Perfected hair and beauty • Twitter - Perfecteduk • Instagram - perfectedhair and beauty

With ample parking available, Perfected is also easily accessible via the Wessex (3A, 3B, 3X) and First Buses (18/75/78/79/X7) bus routes.



Monday and Tuesday 9.00am - 4.00pm (not in conjunction with any other offer) Wash, cut and blowdry - £15.50 usually £35.50 Luxury Pedicure - £25.00 usually £35.00



#### 0117 969 4857

30 Gloucester Road North, Filton BS7 0SJ www.perfectedhairandbeauty.com

#### Cherish Childhood

Life can feel like a treadmill from the moment vou take that massive decision that you want a baby. How long will it take to get pregnant? And when you are trying to get pregnant all you see are pregnant people around you and babies in buggies everywhere. I'm not one known for my patience. Each month that ticked past was another month lost, and the anxiety of when this baby (after 30 years of not wanting one) was going to be conceived was all consuming. It felt like an age but in the end it was only a few months!

It's typical of most Mums, desperate for their baby to reach the next milestone. We vearn for our baby to make their first smile and question, was it a real smile or was it wind? We're desperate for them to sit unaided because we feel this will free us ever so slightly from the demands for our new born baby. As the months go by we look enviously at those babies who can crawl, while our baby is frustrated by only being able to sit up. Some of us question how many years it will be until we get an uninterrupted night's sleep. In my case it took 6 years with 2 baby boys who were terrible sleepers! Then our baby crawls and we want him to walk. Our toddler starts to toddle and we want him to be able to run. We want our toddler's speech to develop so we can understand what's wrong when he cries so we can understand him better.

Then the pre-school years beckon and if we have been at home all this time with our child, we are desperate for a few hours each day to ourselves. Then we realise that these 3 precious hours vanish quicker than an ice-cream in the hand of a toddler, and we long for the school years so we get double the time to ourselves. Suddenly our baby is dressed in their school uniform and we are kissing them good bye at the classroom door and that's when it struck me. School routine for the next 14 years...

That's when I took the conscious decision to stop focusing on the next milestone and to enjoy the right here, right now. I don't beat myself up about wishing those years away. I found the first 4 years incredibly difficult and find myself a much happier Mum now. I do look back however and wish I'd not been so milestone focused, easier said than done when you are sleep deprived for years!

Now I tell my children, don't hurry to grow up and I tell myself enjoy every single minute. Right now

I wish time would stand still. They seem to be to be the perfect age, 4 yrs and 6 yrs. Young enough to still be totally dependent on me for emotional support and cuddles, vet old enough to sleep

through the night. dress and feed themselves and play fairly independently. I asked my friend's 16 year old son what's the best thing about being a "child". His reply, "not having to pay bills".

Let's Cherish Childhood today because the reality of the real world will kick in soon enough. Let's hold onto childhood, at least for today.

Cath Hammond is Director of Gymboree Play & Music Bristol. To find out more about opportunities to play and cherish childhood with Gymboree, visit www. gymboree-uk.com/bristol





#### **Ambourne House Day Nursery** & Pre-School, Est. 1991





Take a look at our website www.ahdn.co.uk

- Small family run Nursery & Pre-School that provides outstanding childcare for Children aged 3 months to 5 years.
- Highly qualified and established staff.
- Homely and stimulating environment.
- Two large outdoor play areas.
- FREE grant places for all 3 & 4 year olds.
- FREE grant places for 2 year olds. (subject to criteria)

#### WE ARE OPEN

Mon to Fri: 8am - 5.45pm

A variety of sessions are available, although we aim to be as flexible as possible to suit the needs of all working parents.



233 Gloucester Road, Patchway, South Glos **BS34 6ND** 

Tel: 01454 615352



#### NURSERY, PRESCHOOL AND WRAP AROUND CARE

at Little Stoke, Stoke Lodge and Stanbridge Primary Schools

- NURTURING Care
- HIGH QUALITY Education
- STIMULATING Environment Inside and Out
- **EXPERIENCED**, Qualified and Caring Staff

Free grant places for 2, 3 and 4 year olds

Call 01454 615 577

www: brightsparkspreschool.me.uk or email: brightsparks1234@hotmail.co.uk





#### Update from the Children at St Mary's

Pupils at St Mary's have prepared the following for us to share with you, our readers ...

#### FORENSIC SCIENCE WEEK (see opposite)

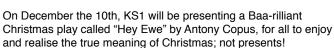
On Monday 16th of November, 8 forensic science activities were dotted around the school. We needed to solve the crime. The year sixes were with their Reception buddies so they could explain the mysteries. We had to use the evidence from the crime scenes and use the suspect sheets to identify who commited the crime. The suspects were all from some well known children's books.



On the 25th of November six children took part in a hockey tournament at St Paul's Primary School against five other Catholic schools. Each team played each other to move forwards in the league. St Mary's won all of their games except one against Christ the King. Even though they lost in the final they did come second. Each team received a certificate for their achievement. The teams that came in first and second place received a medal. Christ the King school were presented with a gold medal and St Mary's were given a silver medal; Christ the King also were given a gold trophy.







This term Miss Simpson, has organised a Drama Club to help the children improve their acting skills for the Christmas play.

The whole of KS1 have been working extremely hard and we hope the play will be a smashing success!

Have a Sheeptastic Christmas from the whole of St Mary's!

#### **Scholastic Book Fair**

On Tuesday 24th of November – Friday 27th November, the Scholastic Book Fair was held. There was a wide variety of new award - winning books from popular authors, suitable for all ages in our school!

As well as amazing books there were posters and stationery to be purchased too! Overall, the school raised £463.88 to spend on new books!



#### Science Week - Forensics

Strange events have been occurring at St Mary's this week. Posters have appeared all over the school.







A number of areas have been sealed off as crime scenes.











The children have to use the evidence at the crime scenes and suspect sheets to identify who has committed each crime.

The suspects are all wellknown children's book characters.



30



Avon Cobblestone Co LTD Est. 1990 Celebrating
25 Years In
Business



Avon Cobblestone is a local family run company that has established itself as the leading installer of high quality pattern imprinted concrete in the South West. Your installation will be carried out by our trained professional, skilled specialist team to ensure you get a durable, weed free, stunning finish to complement your home.

For a free no obligation survey
Tel: 01454 633394
Email: contact@avoncobblestone.co.uk
www.avoncobblestone.co.uk

#### **Gold Primary Science Quality Mark Awarded to Meadowbrook Primary**

Bradley Stoke Matters was pleased to hear from Ms Qureshi, Science Leader at Meadowbrook Primary School following the school being awarded its Gold Award for Primary Science.

The Primary Science Quality Mark is an award scheme to enable primary schools across the UK to evaluate, strengthen and celebrate their science provision. Schools can achieve bronze, silver and gold awards.

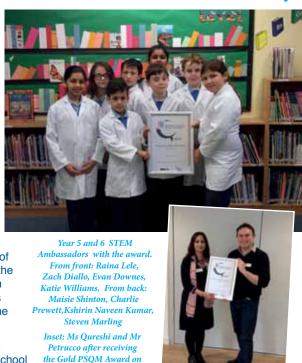
#### **The PSQM Process**

The Primary Science Quality Mark award involved following a rigorous process of self evaluation which included completing a subject leader log, CPD logs, a calendar of events, a portfolio of evidence, an audit of the existing provision in science, an action plan and a reflective submission with key pieces of evidence to demonstrate the impact of the leadership.

Last year Meadowbrook took part in a wide range of activities. They held a few whole school events for example the SAW project linking science with art and poetry and a whole school investigation on maths and developing 'Working Scientifically' skills. Children in Years 4 and 5 took part in a PE and Science activity from 'In the Zone' in which they had to investigate the effects of exercise on the heart rate. There was a 'Playground Science' event in which the pupils recorded their science learning on the playground using chalk.

Pupils also went on a variety of science trips and, during Science week, focused on Bristol as the 'Green capital' where children took part in forest schools activities and learnt about green issues.

Meadowbrook were the winners in three competitions; The 'I'm a Scientist get me out of here' competition, the Green City Design Challenge and the British Wildlife Award - primary category.



#### Why take part in PSQM?

November 14th.

Taking part in the PSQM raises the profile of science in school and helps the evaluations and development of all aspects of science teaching and learning.

Ms Qureshi told us:

"We are delighted to have won the award as it recognises all the hard work that the staff at Meadowbrook have put in to raise the profile of science.

Pupils have been enthused and engaged with engineering opportunities, cross curricular links and the opportunities to take part in real life science. This has given them aspirations for the future many now wanting to pursue a STEM career!

I look forward to continuing to promote science teaching across the Olympus Academy Trust."

#### Fantastic Win For Meadowbrook!

#### Netball Match Meadowbrook vs Charborough Road home game on 9th December 2015

On Wednesday 9th December Meadowbrook Primary School played their first league match of the season against Charborough Road Primary School. Our team demonstrated great defence and attack all the way down the court, varied passes and good movement throughout the game. Due to excellent team work and decision making we managed to win by one goal, resulting in a win for Meadowbrook.

A fantastic start to the season and enjoyed by all, the Players Player was Gracie.

Final score:- Meadowbrook 4 Charborough Road 3. Well done to both teams. The Meadowbrook team players were: Zoe, Alba, Chloe, Gracie, Bethan, Alex, Jack, Tom *Written by Zoe and Chloe* 



#### The Skoolbo World Cup!

In December, Meadowbrook took part in the annual Skoolbo World Cup.

As part of Team GB, they took on Australia, New Zealand and USA, trying to answer as many English and Maths questions as possible. Despite leading the Schools' leader board for the entire week, both Meadowbrook and Team GB were pipped to the post by Team Australia. A huge well done to all of the students who took part!



#### **EDUCATION PEOPLE LTD**

#### **SUPPLY TEACHERS - LSAs & EXAM INVIGILATORS**

URGENTLY REQUIRED FOR SHORT & LONG TERM LOCAL WORK FOR

#### **SECONDARY – PRIMARY & SEN SCHOOLS**

**FULL & PART TIME HOURS AVAILABLE** 

IF YOU ARE FREE BETWEEN 1 AND 5 DAYS PER WEEK AND CAN WORK IN BRISTOL – BANES – SOUTH GLOUCESTER – N.SOMERSET OR THE ADJOINING AUTHORITIES PLEASE SEND YOUR CV TO

#### supply@educationpeopleltd.com or Telephone 0117 311 7333

Competitive rates paid weekly –we look forward to hearing from you



# **Bristol Care Homes**

providing a unique care service

We provide excellence in all aspects of care for all our residents, offering the best in nursing care for the elderly and residential care for people with a diagnosis of dementia.

- · beautiful gardens
- purpose built homes with 24/7 air circulation
- · spacious rooms and wide corridors
- · television with DVD and telephone in each room

- wheelchair provision at no additional cost
- · high technology baths and walk-in showers
- · top quality chefs
- · programme of interesting and stimulating activities

Find out more about our family of care homes at: www.bristolcarehomes.co.uk



ALMONDSBURY Telephone 01454 616116



THORNBURY Telephone 01454 412266



HORFIELD Telephone 0117 969 0990

#### **CONCORDE LODGE** Southmead Road, Filton





# Retirement apartments, last one remaining!

We have only one apartment left at Concorde Lodge. Miss it and you'll miss out on stylish, safe, secure and enjoyable retirement living in a convenient location.

Make the first move towards Churchill Retirement Living today - you'll be surprised how easy it can be.



- Lodge Manager • Owners' Lounge
- Guest suite for friends and family Landscaped gardens
- 24-hour support CCTV security entrance system
- Parking
- · Lift to all floors

Call us to see how we can help you move -OPEN BY APPOINTMENT ONLY.

0800 458 1849

Visit churchillretirement.co.uk



Home is at the heart of your retirement

#### 1st Little Stoke Scout Group - Offering Scouting in the "Stokes" since 1952

**Update from David Hutton** 

The Group held its AGM in September and it was good to see that several of our adult members were presented with awards by Jenny Turner, our Deputy District Commissioner. They were:

- · Helen Whitfield and Samantha Ashford 5 vears' service
- Sally Alford, Brian Bird and Bob Smyth 25 vears' service
- · Coralie Thompson Chief Scout's Award for Good Service and a Wood Badge

We congratulate them and all our Leaders and Helpers for all the work they put in to give our young people super Scouting.

During the summer holidays most of the Beavers followed the Shaun in the City trail around Bristol to raise funds for The Grand Appeal to raise money for Bristol Children's Hospital. Since then the Beavers and their families have been making pompom sheep and selling them to friends and family and at school. They are still collecting money and hope to raise lots more with a Christmas decoration range.

The Beavers toured the Tesco Store in Bradley Stoke. They saw the machinery in the bakery department and experienced the temperature in the freezers and met the fishmonger who demonstrated how to dissect a fish. The tour ended with lots of food tasting before being awarded their Farm to Fork badges. Later they also had an exciting evening at Patchway Fire Station.

The Cubs have done a variety of exciting things including shooting, carrying out experiments as part of the Scientist Activity Badge and taking part in the Jamboree on the Internet (JOTI). They were able to contact Scouts in Germany, the Middle East and others closer to home. They also put in a quest appearance on JOTI Radio, an internet radio station just for Scouts!

The dark evenings enabled the Cubs to play games in the dark including Frisbee! Yes, they used a light up Frisbee and glow sticks - you can only do that at Cubs!

The Scouts trip to Germany was a great success and they came home with many memories that are being put together as part of the Group history.



The Group attended the Remembrance Parade and Service at Bradley Stoke and held its Annual Carol Service in December. All the young people had a part to play and "The 4-Tenors" (only 3, as one had gone walkabout) gave an Australian version of Jingle Bells! Group Scout Leader Tony Edmonds then presented Brian Wood and David Hutton with 25 and 40 years' service awards respectively. Their wives were also presented with flowers for all the support that they give behind the

A retiring collection at the service raised £106.50 and will be split 50/50 for the "Shaun in the City" appeal and "Ambitious about Autism". Assistant Beaver Scout Leader Vicky Lovell will be running the London Marathon in April for "Ambitious about Autism" and we wish her luck.

#### Can you help?

We are always looking for additional Leaders and Helpers to support our Group. There is no minimum amount of time required to commit and we can always work around work and other commitments. Volunteer today and join our friendly enthusiastic team. For more information or to book a place please contact Tony Edmonds, Group Scout Leader, on 01454 772005 or email him at tonvedmonds108@vahoo.com

You can also follow us on twitter @1stlittlestoke or at www.1stlittlestokescouts.org.uk

#### Hugh Vickers, D.O. **REGISTERED OSTEOPATH**

at Bradley Stoke Physio Bradley Stoke Leisure Centre Tel: (01454) 618525



# Kemps Jewellers

For A Professional, Quality and Friendly Service

- · A large range of new and second hand diamond jewellery
- · Gifts for all occasions
- Repairs & Bespoke Jewellery service



"When I need □ something special and different for a gift I go to Kemps Jewellers. The staff are very professional and give me wonderful ideas to help me make my choice. They make shopping, for me, a pleasure not a task.'

S Wilkinson



#### Visit Our Sparkling Website WWW.KEMPSJEWELLERS.COM









# Kemps Jewellers established 1881

Not your normal sleepy village jeweller ...

• Professional friendly advice • Beautiful gift ideas • Jewellery & Watch repairs • Scrap gold purchased • Free car park behind shop

9 Carlton Court, Westbury on Trym Tel 0117 950 5090

#### **Commercial Property - Entering in Haste**

**Tony Moore Specialist Commercial Property Solicitor** with AMD Solicitors examines the pros and cons of taking or giving occupation of a commercial property. before a lease is finalised.

Vacant properties are expensive for Landlords. Whilst empty they earn money for neither the Landlord nor a Tenant Business. It is not surprising therefore for one party or the other to be 'champing at the bit' to have a property occupied.

To complete the legal formalities of granting or assigning a lease will often take weeks, perhaps much longer. Understandably both the landlord and the tenant may become frustrated at the uncertain timescale. So why not just hand over the keys and let the formalities follow?

There are substantial risks for both Landlord and Tenant in allowing occupation before appropriate documents have been signed. For a landlord, there is the danger that the tenant may start on making alterations to the premises and then simply change his mind and walk away, leaving behind an unlettable and expensive mess.

For the Tenant, he may invest large sums in fitting out premises for his business, only for the Landlord to change his mind and refuse to grant the lease, leaving the tenant without premises and out of pocket.

Where a current Tenant wants to assign a lease, he must not allow a new tenant in before the Landlord has consented. Otherwise there will be a breach of the terms of the lease. This might result in the unhappy outcome of the lease being forfeited ie the Landlord taking back the lease and allowing neither the old nor new tenant to have the premises.

Without a written agreement it will not be clear who will be responsible for repairs and outgoings at the property, who is to insure both the building and its contents and how long the lease will last. A Landlord may also unwittingly allow an occupier to obtain full rights of security of tenure under the Landlord and Tenant Act 1954.

Having said this, the commercial reality is that people do wan to move in

before completion of the paperwork. So what are the options?

It is possible to enter into a written agreement which will provide certainty and a degree of protection for both Landlord and Tenant for the interim period before the final Lease is ready to be completed. This can be by either what is called a 'tenancy at will' or a short term licence to occupy. Both a tenancy at will and a licence come with a 'health warning' as neither presents a complete solution and carry their own significant risks. As a solicitor, I would usually advise both parties to wait for completion of the legal formalities, and not give possession or enter into occupation of commercial premises without proper advice.

Tony is a member of the Commercial Property Team at AMD Solicitors. The team will be pleased to advise or answer gueries. Telephone 0117 9621205 or e-mail tonymoore@amdsolicitors.com or ianineharris@amdsolicitors.com.

AMD have offices at Henleaze, Clifton and Shirehampton.

**Copyright AMD Solicitors** 



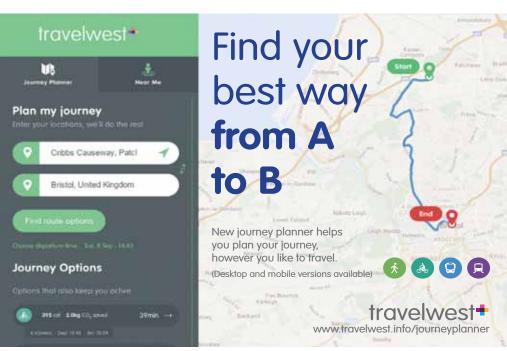
Telephone us on (0117) 962 1205 or visit our website www.amdsolicitors.com











# Plan as your garden sleeps for Winter

Now the winter is in full swing, the days are short and trees bare, it is time to make sure your garden is tidy and put to bed for the season.

Make sure all the leaves have been raked from your

lawn; if you leave them, they will not only become slippery as they rot away, but will also leave your lawn with bare patches that will need to be repaired.

All your summer beds should be cleared away and plants cut back so that their foliage doesn't rot over winter.

If you haven't already, move any less hardy plants to a more

sheltered spot out of harm's way until spring. Why not look at adding some winter colour to your empty beds by planting a Hellebore; there are lots of different varieties available, or a winter jasmine to brighten up a trellis or wall.

Once the garden is cleared and tidied, it's a good time to look at your hard landscaping. Make sure all your patios and decks are in good repair. You can then consider if you need any new additions, like a path to the washing line, any raised beds for the coming year to grow some vegetables in or a new seating area with a pergola to add a bit of shade on a really hot day.

At Secret Garden Landscaping, we try and design gardens so you can get the most out of it for each season. One way we have done this is to create and plant hedges. In the Autumn, hedges can really

stand out in the garden. With less daylight, leaves turn to beautiful fiery colours, giving a garden a colourful background. Many hedge plants produce fruits and nuts. These are good in the kitchen, as well as providing a feast for wildlife. It's great to see the different types of birds attracted to the nuts

and berries. Native hedge plants, such as hazel and hawthorn, are good, as more local wildlife use these plants. Now until late winter is the right time to plant Deciduous hedges.

This time of year is definitely a good time to start planning any changes, however large or small, so that everything is ready and done in time for the start of spring, when we will all be out enjoying our outdoor space again.

If you need any advice or would like a free quotation, please get in touch with us and we will be happy to help.

email: info@secretgardenweb.co.uk

tel: 0117 9092 088



39 Horley Road, St Werburghs, Bristol

Creative Design
Hard & Soft Landscaping
Maintenance & Clearance
Hedges & Trees

0117 9092 088 or 0777 9180 855 info@secretgardenweb.co.uk www.secretgardenweb.co.uk







# Coal mining in the Brislington Area A talk by SGMRG member David Hardwick

Wednesday 6 January 2016 at 7:30pm for 8:00pm

in the Miners Institute (aka Coalpit Heath Village Hall), 214 Badminton Road, Coalpit Heath, BS36 2QB



Part of an old map, showing the Engine Brislington Engine House House and "Coleworks" locations

Non members welcome - £2 each (Membership is £15 per year)

There is more information on the group at www.sgmrg.co.uk

# Function Room Hire at North Bristol RFC

Christenings Weddings Family Parties Birthday Parties Engagements Corporate Events

Function rooms with bars (very reasonable bar prices), 12 acres of grounds, ample parking, optional catering and competitive hire charges. 2 minutes from Bradley Stoke!

Call Debbie on 01454 612740 or 07887 763147 for details



#### INTERESTED IN VOLUNTEERING? We can help you find your ideal role!

Come and meet your local Volunteer Advisor for an informal chat on any of the following dates below:

Next drop-in sessions

Bradley Stoke Library Thursdays 2.30 - 4.30pm

> 7th Jan 3rd Feb 4th March 7th April

To arrange an alternative appointment please contact: 01454 868 986 / info@volunteercentre-pfs.org.uk

## TAEKWONDO

@ Bradley Stoke Leisure Centre

Self Defence, Fitness & FUN! Classes for Adults & Children aged 6+

Come & join the BIGGEST TaeKwon-Do Association in the UK! The TaeKwon-Do Association of Great Britain

# FREE MONTH TRYOUT NO CONTRACT

WWW.TKDBRISTOL.,COM 0117 339 0069

Bristol North & South TaeKwon-Do Est. 1989

#### Opening Times at Bradley Stoke Library

Monday: 10:30am - 18:00pm Tuesday: 10:30am - 20:00pm

Wednesday: closed

Thursday: 10:30am – 18:00pm Friday: 10:30am – 20:00pm Saturday: 09:30am – 17:00pm

Sunday: 11:00am - 15:00pm

For this month's library events see p48.

#### **Almondsbury Charity**

(Registered Charity No. 202263) www.almondsburycharity.org.uk

#### Do you live in:

- Almondsbury
- · Bradley Stoke North
- Easter Compton
- Patchway
- Pilning

#### Are you, or someone you know:

- elderly
- · suffering through illness
- · experiencing financial difficulty
- · in further or higher education
- a member of a local community group or organisation

If so we may be able to provide some financial help. For further details contact:

Peter Orford, Secretary Wayside, Shepperdine Road, Oldbury Naite, Bristol BS35 1RJ.

E.mail: peter.orford@gmail.com Tel. 01454 415346

# Imperial Purple to Denim Blue: The Colourful History of Textiles

Thursday 21st January, 7.30pm Bradley Stoke Community School

On Thursday 21st January, South Glos Decorative & Fine Arts Society start the New Year by welcoming Dr Susan Kay-Williams, with her slide illustrated lecture on the story of textiles and dyeing, ranging across time periods and continents from pre history to the mid 19th Century and from Europe to India, China and South America. Susan is Chief Executive of the Royal School of Needlework at Hampton Court and has lectured worldwide.

Meeting at Bradley Stoke Community School BS32 7BS (near Bradley Stoke Library and Leisure Centre), we are a friendly group welcoming Guests and new Members. Refreshments from 7.00 pm, lecture at 7.30 pm. Good parking & easy access.

To join us please call Sally Kitching on 01454 77440 sallykitching@googlemail.com http:// sgdfas.org.uk

No artistic ability required – just an enquiring mind and an interest in the Arts.



building MetroBus+

# Bradley Stoke Way Drop In Session

To answer any queries or questions you may have for the contractors regarding the MetroBus construction works.

Thursday 14<sup>th</sup> January

0

Oak Hall, Bradley Stoke Jubilee Centre Please call in between 10:30am-12:30pm

Everyone welcome to attend.

For more information please contact the Griffiths Community Liaison Officer on **0845 86 22 327** or metrobus@alungriffiths.co.uk

#### Are you 65 years of age or over, registered disabled, on a low income or an unpaid carer?

Have you considered the many benefits that owning your own computer can give?

South Gloucestershire Council has teamed up with an IT provider to offer a range of low cost professionally refurbished starter computers at special discounted prices to eligible residents and registered UK charities. Prices start from under £90 including Windows 7 and Microsoft Office 2010 plus a 12 month return to base warranty.

To find out if you are eligible and for more details visit: www.southglos.gov.uk/goonline

Holy Trinity Church
QUIZ EVENING

Saturday 6th February 2016 at 7pm

Tickets £2 available from the church office.

Come as a team or individually.

All welcome. Refreshments available.

# TAKE THAT SATURDAY 16TH JANUARY MICHAEL BUBLE TRIBUTE/VALENTINES BALL SATURDAY 13TH FEBRUARY MAMMA MIA FRIDAY 20TH MAY DIRTY DANCING FRIDAY 15TH JULY DOUBLE SOUL FRIDAY 23RD SEPTEMBER INCLUDE 3 COURSE DINNER WITH COFFEE, ½ BOTTLE OF WINE PER PERSON, DISCO AND ENTERTAINMENT - PLUS - HOT DOGS AT MIDNIGHT - £38.50 PER PERSON TO FIND OUT MORE CALL LAUREN MANNING, EVENT COORDINATOR ON 01454 201090 Aztec West, Almondsbury, Bristol, BS32 4TS

# A marriage made in Heaven...

#### Wedding and Events Showcases

Sunday 8th May • Sunday 3rd July • Sunday 13th November from 11am - 2pm, Free admission.

Visit our Wedding Weekend Saturday 30th - Sunday 31st January Enjoy a drinks and canapé reception • Saturday from 12noon interactive workshops • Sunday 31st lunch served by Head Chef Mike Riorden

Aziec West, Almondsbury, Bristol, BS32-4TS t: 01454-201090 - aziec evensidadurehotels.com aziechotelbrisiol.com









#### Ladies Who Lunch 2016

Wednesday 24th February — Floral Arranging Master dass with Emilie Worgan from Dasiy Lone Roral Design, Wednesday 27th April — Cocktal Malking Master dass with our Bar Team Wednesday 29th June — Summer Barbeaue with Head Ohef Mike Riordan Wednesday 29th August — Beauty Master dass with the Spa Team Wednesday 29th October — Halloween-themed lunch

Wednesday 30th November - Festive Cooking with Fleod Chef Mike

To make a booking please call Lauren Manning our Events Manager on 01454 201090

Aztec West, Almondsbury, Bristol, BS32 4T5 t: 01454 201090 aztechotelbristol.com



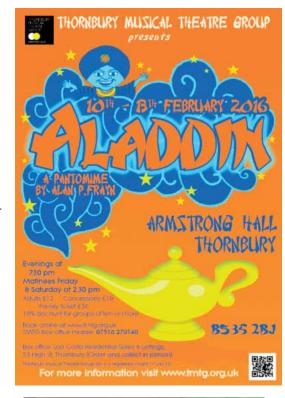
The Thornbury Musical Theatre Group will be performing 'Aladdin' at the Armstrong Hall in Thornbury from Wednesday 10th to Saturday 13th February.

This traditional pantomime of the famous Oriental rags to riches tale has jokes galore, provides ample opportunity for audience participation, slapstick and a vibrant mix of singing and dancing - a perfect pick you up for mid-February, suitable for all ages.

The refreshingly new script, written by Alan P. Frayn, is a laugh-a-minute and adds another dimension to the great panto classic. Join Aladdin as he falls in love with the beautiful Princess, seeks out his fortune and returns to claim her hand in marriage. Along the way, Aladdin will shirk from his duties in the laundry, hide from a dodgy pair of policemen, overcome the trickery of a deceitful "Uncle" and benefit from the powers of the genie of the lamp. When all seems lost, along comes the good Spirit to right all wrongs, ensuring a happy ending.

Performances start at 7.30 pm nightly and there will also be matinees at 2.30 pm on the Friday and Saturday. Tickets are bookable online at www.tmtg.org.uk. £12 Adults, £10 Concessions and a family ticket for 4 costs £36. Group discounts of 10% can be arranged via our Box Office for 10+ seats. For enquiries call Angie at the Box Office on 07516 270140. Tickets are also available at Lisa Costa Residential Sales and Lettings at 53 High Street, Thornbury from the beginning of January.

For more information about 'Aladdin' and our group generally, take a look at www.tmtg.org. uk or contact us by e-mail at membership@tmtg.org.uk. You can also follow us on Facebook.





200 Westerleigh Road Pucklechurch Bristol BS16 9PY

Tel: 0117 937 4554

www.companionshaven.co.uk info@companionshaven.co.uk

Tell people you saw them in Bradley Stoke & Little Stoke Gifford Matters





#### Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

#### **BABY AND TODDLER GROUPS**

**Bouncing Babies** - Tuesdays 1-3pm at Jubilee Centre for babies under 1. Cheryl Godsell 01454 868570 CGdsll@aol.com

**Bradley Stoke 0-5's** - Mondays 10am to 12 noon during term time. Jean Higgins on 07999 866188 or Holy Trinity Church office 01454 620975.

**First Steps Toddler Group** - Mondays and Thursdays 10-11.30am term time Christ the King Church, Bradley Stoke tel: 07590 369 935

Little Hedgehogs (0-5's) - Friday mornings 10am-12noon, Edge Church International 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990.

Pre-School Rhyme time and Story time Bradley Stoke Library Mondays 10.30-11am and Thursdays 11-11.30am 01454 868006 bradleystoke.library@southglos.gov.uk

Puddle Ducks - Mondays 10am to 12 noon during term time Brook Way Activity Centre. puddleduckstoddlers@hotmail.co.uk

**North Bristol Twins Group** - Fridays 10-12am Evangelical Church in Bradley Stoke, northbristoltwinsgroup@googlemail.com

**Tuesday Tots 10-**1130am with safe outdoor play area at Little Stoke Baptist Church. All welcome. Contact Barbi Britton 0117 9695249

#### LOCAL CLUBS AND ORGANISATIONS

Afternoon Social Club 55+, every Wednesday from 2pm – 3pm at the Jubilee Centre, Bradley Stoke.

Bradley Stoke Book Club 'Bookaholics' meet at Starbucks, Aztec West on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714101354 geoffrey.stobbart@btopenworld.com

**Bradley Stoke Community Singers** - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

**Bradley Stoke Lions** meet at the Hilton Hotel on 2nd Wed of each month at 7.30pm. Ailsa Young, 07737 106836 ambyoung29@ yahoo.com

**Bradley Stoke Radio** - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio.org.uk

**Bradley Stoke Sew and So's** - Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos.weebly.com

Bradley Stoke Small Business Forum - meets 2nd Monday of the

**Gifted drama group** Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

**Girl Guides, Brownies & Rainbows** - admingirlguidingbsg.org.uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

**Little Stoke Ladies Club** - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

Plug In - weekly 7.30-9.30 at Coniston Community Centre,

Coniston Road, Patchway. Free, live music entertainment where people can relax, chill out, drink coffee, listen to music, chat and meet other folk their own age. Building Community for 18-30's.

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts & Explorers meet at Brook Way Activity Centre. If interested please have a look at our website which has details of days and times and contact Clive Mason, Group Scout Leader. gsl@bradley-stoke-scouts.org.uk. www.bradley-stoke-scouts.org.uk

1st Little Stoke Scouts - contact tony Edmonds, Group Scout Leader 01454 772005 email: tonvedmonds108@vahoo.com

Stokes Art Group - Tuesday evening and Thursday morning at Christ the King. Everyone welcome.

www.stokesartists.co.uk

**Stokes Crafters** - every Thursday evening between 8pm to 10pm at the Poplar Rooms, North Road, Stoke Gifford BS34 8PE with a small charge of just £3.00

Stokes Singers - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Liz Gazzard on 01454 614148 for further details.

**Thursday Ladies Group** meets 3rd Thursday of month at 2pm. Community Hall, Little Stoke Lane contact Julie 0117 931 5007

 $\begin{tabular}{ll} Willowbrook Townswomen's Guild - Jubilee Centre $-7:30-9:30$ the 2nd Tuesday of every month. Janine Smith 01454-617645 \\ \end{tabular}$ 

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Barbara - 0117 9470340.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30.pm at Trust Hall, North Road, Stoke Gifford, Bristol BS34 8PF contact Sue Grimsted 01454 613016.

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

#### **SPORTS CLUBS**

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.pitchero.com/clubs/aretiansrfc

**Black and Blues Netball** - Non-League Social Netball Wednesdays 7.30-9pm BSCS, Laura Blumire – 01454 851075

**Bradley Stoke Bowls Club** - Baileys Court Activity Centre www. bradleysstokebc.com. Val Nicholls 0117 9311203

**Bradley Stoke Cricket Club** - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at http://bradleystokecc.co.uk

**Bradley Stoke Jiu Jitsu Club** - Chris Harris, maru.jiujitsu@gmail. com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - The Jubilee Centre Every Wednesday 5.30–7.00pm. Siân Briddon on 07920 745965 (after 6pm) or email bsnciuniors@vahoo.co.uk

**Bradley Stoke Judo** - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

**Bradley Stoke Town Football Club** - Adult training Tuesdays at Bradley Stoke Community School, For more info see website at bstfc.co.uk

**Bradley Stoke United Football Club** - Football from U7's to U16's Various contacts, dependent on age, see website bsufc.co.uk

Bradley Stoke Youth FC (BSYFC) – FA Charter Standard Community

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please let us know community@mattersmagazines.co.uk and we will do my best to put it right for you!

Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@btopenworld.com

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

**Bristol Extreme Allstar Cheerleaders** - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

Little Stoke Park Run - Every Saturday at 9am, a 5k run in the park, littlestokehelpers@parkrun.com

**North Bristol Rugby Club**, Rugby teams from 4+ www.pitchero.com/clubs/northbristoljuniorsrfc/ .

North Bristol Running Group friendly group of recreational runners, 3 evenings per week, Tuesday, Wednesday and Thursday, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. For further information please see our Face Book page or text Alan Wilcox on 0789 0182387.

**Severnside Ramblers -** www.severnside-ramblers.org.uk All walks meet at Aldi car park. Bradley Stoke

**Sole Sisters** - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrc.

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www. stokescyclingclub.org.uk stokescyclingclub@googlemail.com

Stoke Gifford Cricket Club — We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

Stoke Gifford Short Mat Bowls Club -Tuesday mornings and Friday afternoons. For more information please contact George Lord on 0117 3523 or email beryl.smith@talktalk.net

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website http://www.stokegiffordtennisclub.co.uk

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, https://www.facebook.com/ stokesstriders

TAGB Tae Kwon Do - Thursdays and Sundays Bradley Stoke Leisure Centre, Russ Martin Russ@Tkdbristol.com 07778 421875 www. tkdbristol.com

#### CHURCH CONTACTS AND COFFEE MORNINGS

**Bradley Stoke Evangelical Church** Baileys Court Road 0117 9314716 www.bsec.org.uk

Bridge Community Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgecommunitychurch.org

Christ the King Church Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

**Edge Church International.** 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

**Holy Family Catholic Church** Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

**Holy Trinity Church** Broadcroft, Bradley Stoke 01454 620975 www. htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

**St.Michaels Church,** The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 9.30 until 4om. and Saturdays 10-12.

Trinity Network -www.trinitynetwork.org

Amberley Road Baptist Church, Patchway, 01454 610808

Stoke Gifford Baptist Church 1. Rock Lane. 01454 610808

#### PRIMARY SCHOOLS

Baileys Court Primary School, Head Teacher: Andrew Lynham, Breaches Gate Bradley Stoke, 01454 866666

**Bradley StokCommunity School Primary Phase,** Head Teacher Sharon Clarke 01454 868840

Bowsland Green Primary School, Head Teacher: Faye Kitchen, Ellicks Close Bradley Stoke, 01454 866766, bowslandgreen. org.uk

**Holy Family R.C. Primary School,** Head Teacher: Dawn Breeze, Amberley Road Patchway. 01454 866786

Holy Trinity Primary School, Headteacher: Jane Johns, Broad Croft Bradley Stoke, 01454 866735, holytrinity-pri.s-gloucs.

Little Stoke Primary School, Headteacher: Scott Howes, Little Stoke, 01454 866522, http://www.littlestokeps.co.uk

Meadowbrook Primary School, Headteacher: Jon Barr, Three Brooks Lane Bradley Stoke BS32 8TA, 01454 868630, meadowbrookprimary co.uk

**Stoke Lodge Primary School,** Headteacher: Richard Clark, School Close Bourton Avenue, stoke Lodge, 01454 866772

St Chad's Patchway C of E Primary School, Head Teacher Darren Brown, Cranham Drive, Stoke Lodge, 01454 866523

**St. Marys R.C. Primary School,** Head Teacher: Paula Marsh, Webbs Wood Lane Bradley Stoke, 01454 866390,

**St Michael's Primary School**, Head Teacher Mark Freeman, Ratcliffe Drive, Stoke Gifford 01454 866781. www. stmichaelssg.co.uk

Wheatfield Primary School, Headteacher: Christine Dursley, Wheatfield Drive Bradley Stoke, 01454 868610

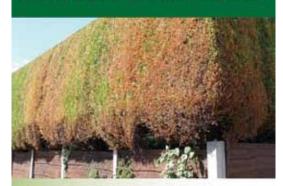
#### **SECONDARY SCHOOLS**

Abbeywood Community School, Exec Head: Dave Baker, Assoc Head: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

Bradley Stoke Community School, Exec Head: Mr Dave Baker, Assoc Head: Steve Muir Fiddlers Wood Lane Bradley Stoke BS32 9BS. 01454 868840. bradleystokecs.org.uk

**Patchway Community College**, Headteacher: Mrs J Millicent, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com

#### BARTLETT TREE EXPERTS



#### A Very Brown Hedge Indeed... We Can Help Restore It.

#### A Complete and Comprehensive Tree Care Service since 1907



For over 100 years, Bartlett Tree Experts has led both the science and services that make your landscape thrive. No matter the size or scope of your needs, our arborists

bring a rare mix of groundbreaking research, global resources and a local service approach to every task at hand.

Tree & Shrub Pruning | Planting | Tree Removal Tree Stock Surveys | Woodland Management Health & Safety Reports | Disease & Insect Control



www.bartlett.com

For your Free Consultation Please Contact: 01275 371000 E-mail: bristol@bartlettuk.com

Please call us on 01454 300 900 to advertise or email sales@mattersmagazines.co.uk

#### **January at Bradley Stoke Library**

Rhymetime: Rhymes and songs for parents and babies/toddlers to enjoy together Monday mornings term time only 10:30am -11:00am

Pre School Storytime: Thursdays 11:00am -11:30am for stories and crafts term time only

Chatterbooks group for young people in Years 5 and 6 meeting on Saturday 9th January at 14:30pm - 15:30pm. Please speak to a member of staff if you would like to join!

BIGGERbooks for young people in Years 7-9 will be meeting on 22nd January 18:00pm -19:00pm. There is still time to sign up - please speak to a member of staff if you would like to join!

Volunteer drop in session Thursday 7th January 2:30-4:30pm for any enquiries about volunteering.

Become a Reading Hack Volunteer and meet new people, learn new skills and inspire others to read. South Gloucestershire Libraries are seeking young people aged 13 to 24 to take part in their exciting new volunteer scheme. This new, year round volunteering scheme is part of Reading Hack, a programme led by young people who do reading activities and volunteering to gain skills and experience. For an application form or more information, ask a member of staff at any South Gloucestershire library, visit www.southglos.gov.uk/ libraries or email emma.fisher@southglos.gov.uk.

Our IT volunteer is here every Tuesday and Friday morning to help with all IT enquiries including getting online, setting up an email account, basic computing skills. Universal Jobmatch, as well as help to download free ebooks and e-audio books from the LibrariesWest website. Just speak to a member of staff who will be happy to book you a free one hour session.

Other facilities at Bradley Stoke library include daily papers, laminating and fax services (charges apply), free internet access and free WiFi.

Did you know that you can reserve and renew books online? You can also download e-books. e-audiobooks and e-magazines. Find out all that's on offer at www.librarieswest.org.uk

For any more information follow the contacts below:

Tel: 01454 868006

email: bradleystoke.library@southglos.gov.uk website: www.southglos.gov.uk/libraries twitter: www.twitter.com@southgloslibs

#### **Useful Trades and Services for the Home**

Emergency number: 07798 905 337 Keep it in your mobile

#### Lock Stuck and Barrels

The complete door and window service

Locked out? Need to replace or change your locks?

- Swift LOW cost emergency service to all home/commercial lock outs.
- Non destructive methods gaining entry quickly and efficiently from the initial call.
- Keys or handbag stolen? Burgled! Need your locks changed or re keying on a new home, call us.

ALSO: LOW cost Repair / replacement of UPVC / ALUMINIUM WINDOW and DOOR: LOCKS, HINGES, HANDLES AND MISTED UP / BROKEN DOWN DOUBLE GLAZED UNITS.

Full explanation and costs given before any works carried out. All work fully guaranteed. No call out fee

#### Call Dave on 07798 905 337



www.thebristollocksmith.co.uk Based in Frampton Cotterell

From fixing taps & Showers to Full Bathroom Installations **New Central Heating Systems** Boiler Replacements Plumbing Maintenance

#### J G Carpentry

Property Maintenance & General Building

- Extensions
- Staircases
- Floorina
- Skirting Boards
- Internal/External Doors

Kitchens

- Bathrooms
- Paving
- Decking/Fencing • Fascias/Guttering

For a free no obligation quote contact Jim on: 01454851032 or 07738934875

www.jgcarpentry.com



- Fuseboards
- · Mains powered smoke alarms
- Re-wires
- Extra sockets/lights
- PAT Testing
- Extensions & alterations
- Fault finding/repairs
- Appliances
- Loft conversions
- External installations
- New build/off plan
- and much more!

Plumbing & Heating

**Bathroom Specialists** 

Special Offer: Complete bathroom suite supplied & fitted + up to 9m of free tiling for £1099 + vat. T's & C's apply

Tel: 01454 852 189 or 07528 105 781

Guilds

07443 476 097

bradleystokeelectrical.co.uk

Thank you to all our Trades & Services who have been advertising with us over the last 10 years!

If you'd like to be in our next edition call 01454 300 900.

> Deadline for next issue is 10th February 2016



QUICK ACCURATE ~ AFFORDABLE SERVICE FREE CONSULTATION DESIGN & ADVICE SURVEYS AND PLANS DRAWN

PLANNING PERMISSION SOUGHT

07867 592195 • info@alexandracork.co.uk www.alexandracork.co.uk



We clean vour oven... so you don't have to!

Call today to have your oven, hob, extractor or Aga professionally cleaned

> **Clive Perrett** 01179 612 453 / 07800 529450

> > www.ovenwizards.com





# **AutumnBrooke Garage Ltd**

01454 777 510

for MOTs, Servicing & Repairs



**Now open Saturdays** 9am to 1pm for MOTs









**age**uk

Freeview - Freesat - Sky - DAB Aerials

Wall mounting LCD or Plasma televisions - setting up & tuning

> mike@mdaerials.co.uk www.mdaerials.co.uk

T: 01454 418 341 - M: 07817 304 236





Professional carpet, upholstery and leather cleaning carried out with care by an all-female team

For a free no obligation quotation call Karen on 01454 436001 or 07774 908410

www.bonnefreshclean.co.uk 44 Townsend Lane, Almondsbury, Bristol, BS32 4EQ

# RIDGE ROOFING

- Flat Roofing Tiling
- Roofing Repairs
- Lead & Chimney Work
   Drains & Soakaways
- Soffits & Guttering External Painting
- General Maintenance
  - Unblocked & Repaired

**T**: 01454 885 766 **M**: 07724 166 917

#### **Electrical Showers** and Mixer Showers

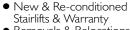
- Aquasafe can repair or replace any make of shower
- All things electrical from re-wiring to extra sockets
- · No job too small, call

0117 956 6694 ask for Sophie 07889 407888 Out of office hours ask for Neil









- Removals & Relocations • Free Surveys & Ouotes - No Obligation
- Rentals for Straight Stairs Independent, Professional & Friendly Advice

Over 24 years practical experience



Independent Stairlift Specialist 01454 413748 07833 318722

www.thornburystairlifts.co.uk

#### **Useful Trades and Services for the Home**

### Electrical Services

Need an electrician? Any size electrical job from extra sockets to complete rewires.

25 years experience • Fully qualified and insured Quality, safe service at affordable prices

Call us now for a free quote: 01454 615009 / 07718 395320

www.davebettselectrical.co.uk



# **TECHNISYS**

**Security Ltd** 

**Alarm Systems CCTV** 

www.technisys.co.uk

**Access Control Intercoms** 





#### 0117 9075709 07938 861504

info@technisys.co.uk

DOMESTIC & COMMERCIAL SECURITY SYSTEMS WIRED & WIRELESS

INSTALLATION & SERVICING **UPGRADES & REPAIRS** MONITORING

FREE OUOTATIONS BASED IN STOKE GIFFORD

#### Does my fuse box need replacing?

Modern Consumer Units provide the best protection against the dangers of both electric shock and overload (when cables carry too much electricity and overheat). They have residual current devices (RCDs) which protect against electric shock and miniature circuit breakers (MCBs) which protect against overload.

If your fuse box is from the 1980s or earlier, it probably doesn't have an RCD and is therefore not affording you the necessary protection against electric shock. If this is the case you should consider upgrading your fuse box.

When a new consumer unit is installed, all sub circuits must be thoroughly tested and a Domestic Installation Certificate issued. The certificate adds value to your property and should be kept in a safe

If you are concerned about the safety of your fuse box or would like further information please contact Dave Betts Electrical Services. 07718 395320 / 01454 615009 or email on davebettselectrical@virginmedia.com



#### Insurance one-stop shop

Age UK South Gloucestershire offers a range of tailor-made products and services including home, car and travel insurance designed with the over 50s in mind.

#### For a face-to-face

no-obligation quote, visit: Age UK South Gloucestershire

67 High Street Thornbury BS35 2AW

Monday to Friday 9.00am to 13.00pm Or call: 01454 411707





Home, car and travel insurance are provided by Ageas Insurance Limited.

Age UK Enterprises Limited is a commercial services arm of Age UK (registered charity number 1128267) and donates its net profits to Age UK. Age UK is a registered trademark of Age UK. The use of the name and logo 'Age UK' is done so under licence agreement between Age UK and Age UK Enterprises Limited. Promoter: Age UK Enterprises Limited, Tavis House, 1–6 Tavistock Square, London WC1H 9NA. MP2828V2NOV12\_SL117634\_14



#### **Andy Bartlett**

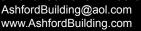
- · Interior & exterior decorating
- . Wall & floor tiling
- Plastering
- · Kitchen installation
- Tel: 07779 321228 ambservices@hotmail.co.uk



Design & Build - Extensions Renovations - Kitchens Plastering - Roofing

Call for a free no obligation quote

01454 610256 / 07974 199 680











- Central Heating
  - Gas Work
- Complete Bathroom Refurbishments



Reg No 213960

#### **RICK HARDING**

PHONE: 01454 618009 MOBILE: 07711 225095

E-MAIL: alric.harding@hotmail.co.uk www.rhplumbingandheating.co.uk



Please call us on 01454 300 900 to advertise or email sales@mattersmagazines.co.uk

#### **Useful Trades and Services for the Home**



- \* Senior Citizens Special Rates
- \* Garden Clearance Regular or One Off
- ❖ Patios ❖ Fencing ❖ Tree Work ❖ Turfing
- Hedgecutting Planting (Shrubs etc)
- Organic Manure Delivered Also applied
- Professional and Guaranteed Work
- Brick & Blocklaving

Call Joe for a Free Quote

0117 959 2143 07891 253 122 25% Off

www.alpine-landscaping.co.uk 79 Falcondale Road, Westbury-on-Trym

From a single tile to a whole roof, all build and roof works ROOF-TECH undertaken, pitched and flat.

We have over 20 years experience are fully insured and all work is guaranteed.

For a FREE, no obligation quote and roof survey, just give us a call.

Office: 01454 615354 Mobiles: Ben Peters: 07724 681620 or Steve Coles: 07724 639830 E-mail: roof-tech@hotmail.com

We are a local business that offers a fast, reliable and quality service for all your garden requirements. Our services include:

- . Lawn Cutting / Weeding
- Hedge Trimming / Pruning
- · General Garden Maintenance
- · Turfing / Seeding
- · Ponds & Water Features · Shed Bases / Erection
- Fencing / Trellis Decking
- Paving / Paths & Patios · Raised Beds
- · Complete Design & Build Service

Call John on: 01454 528105 or 07846 430212

Fully insured / Free Written Quotes / All Work Covered by our 'Workmanship Warr

## **K.J. BARTON PLUMBING & HEATING SERVICES**

24 HR EMERGENCY SERVICE

MOBILE 07831 471000 01454 616972

- BATHROOMS KITCHENS
- HEATING DRAINS
- BURSTS

FREE ESTIMATES **GUARANTEED WORK BASED IN BRADLEY STOKE** 



#### **CPH PLASTERING**

Local - Competitive - Reliable Fully insured

Internal plastering and painting work undertaken

07557 118462 / 0117 9564371







- Re-Roofing
- Chimney Repairs
- Porches Roofing Repairs
   House Maintenance
   Flat Roofer
- RELIABLE LOCAL BUILDERS

#### **Paul Bartley** Ceramic Wall & Floor Tiling

Over 30 Years Experience Based in Bradley Stoke Free Quotations

Tel: 01179 799 882 Mob: 07971 923 834

E: paul.bartley@blueyonder.co.uk



# **HOME CARE** Plumbing & Heating Ltd

Est. 2002

We are a small, family owned and run firm covering all aspects of domestic plumbing and heating services

#### - As Featured on DIY SOS -

Worcester Bosch and Vaillant accredited, Competitive Rates OFTEC and GAS SAFE Registered All general plumbing and heating work undertaken

#### 01454 414438 01275 861010 / 0117 3035179

www.homecare-plumbing.co.uk email: elizabeth.arndell987@btinternet.com



#### **Useful Trades and Services for the Home**



#### South Gloss Decorating Painters & Decorators

Interior and Exterior

Affordable, Reliable, Professional

**Dave Beauchamp** 

0117 956 9932 07739 382 524

davebeauchamp@msn.com www.facebook.com/southgloss





#### Professional Landscaping Services

Fencing | Decking | Patios | Turfing Garden Maintenance & Clearance Complete Design & Build Service Commercial Grounds Maintenance **Custom Timber Works** Free Ouotations & Advice

info@ellinghurstworks.co.uk • www.ellinghurstworks.co.uk

# GJS

Painting, Decorating, **Property Maintenance** & Refurbishment

- Full Interior & Exterior Decorating Service
- Refurbishments and Alterations
- Domestic and Commercial
- Fully Insured
- City & Guilds Qualified
- Over 25 years experience

For a free estimate please call Gary on

01454 615 379 07785 917 090



email: gjspaintinganddecorating@googlemail.com

#### RICHARD TAYLOR GAS SERVICE ENGINEER

Gas Central Heating Repairs & Maintenance

Power Flushing Comprehensive Stock of Spares . 24hr Breakdown Service (when possible) 40 Years Experience

ACS Qualified • City & Guilds • British Gas Trained

Speak Directly to the Engineer on

0117 907 7058 or 07973 863603

7 Smithcourt Drive, Little Stoke

#### **A1 AERIALS**

- Registered Digital Installer
- **Digital TV Aerials**
- Sky Digital / Freesat
- Repairs Extra TV Points
- Phone now for Free Quotation Freevier



www.A1aerialsbristol.co.uk





# Alan's Handyman Services

Professional Handyman Services for the Bristol Area

#### Have you got...

- · a to-do list that keeps growing?
- something that's broken or bodged that you're just living with rather than getting it fixed?
- jobs around the house or garden that you can't do?
- · too many tasks to do before or following a move?

If any of these are true, let me do those jobs for you, leaving you FREE to do the thinas you want!

For a professional job at a reasonable price please contact me on:

0775 262 9188 | 0117 979 8385

www.alanthehandyman.co.uk

Ratcliffe Drive, Stoke Gifford

#### (DAN GRACE) Local engineer Which? Digital Aerials • Fully Guaranteed • Repairs • Sky Work • Free Quotes • OAP Discounts 01454 660 046 07818 413 451 www.dangraceaerials.co.uk

#### P. R. COX & SONS GENERAL BUILDERS —

Brick Laying • Extensions • Conservatories • Patios etc Free Quotations

> Tel: 01454 201208 Mob: 07778 852875

The Common East, Bradley Stoke



Design & Installation

- Bathrooms
- Wetrooms
- Tiling
- General Plumbing
- Workmanship guaranteed
- Portfolio and references available on request

Call us on

01173 307 537 or 07853 069 280

www.inspiredbathrooms.net inspiredbathrooms@hotmail.co.uk

Inspired by you, designed & installed by us

# Keith Usher

Painting, Decorating & Property Maintenance Established 1991

Interior / Exterior / Insurance Work Free Quotations / Advice with no obligation

> Tel: 0117 979 0536 Mob: 07778 536 780

235 New Road, Stoke Gifford, Bristol, BS34 8TO

## Avanti Cars



- 4 & 6 seater vehicles · Airport & seaport transfers
- Evenings out
- Lady driver available
- · Friendly reliable service
- Local & long distance Weddings/special occasions Credit & Debit Cards
- Tel: 0117 931 1473 Mobile: 07973 705522

www.avanticars.org.uk Bakers Ground, Stoke Gifford

# All major credit & debit cards accepted

#### **Useful Trades and Services for the Home**



#### Solid roof conservatories

Enjoy shade in the summer and warmth

Insulated conservatory roofs, available for both new and existing installations.

- 0117 9311777
- associatedwindows.co.uk
- sales@associatedwindows.co.uk a. 32-34 Gloucester Road North, Filton,
- Bristol BS7 OSJ

Visit our showroom in Gardener Haskins Local & family run

Finance available

Make a great impression.



HomePro Checkatrade.com



279 162

säfe

For all your Plumbing & Heating needs call your local, friendly professionals

Accredited installers for Worcester Bosch and Vaillant

No callout charge

Boiler Servicing/Repair and Full Installation





#### **GARY SMART ELECTRICAL**

Domestic, Commercial and Industrial Installations
All electrical work undertaken....

Rewiring • lighting • bathroom showers • kitchens garden and garages etc.

Safety inspections, Periodic Testing, Fault finding and Repairs.

Fully qualified City & Guilds
Electrician 17th Edition Part P Registered

Mobile 07805 070 947 Home: 0117 987 1437 All backed with a 6 year Niceic insurance policy



www.blueprintbristol.co.uk
email: blueprintbristol@hotmail.co.uk

Neal: 07733 326 437 Office: 01454 612220

# Inside and Out

Painting & Decorating

Family Business

All work undertaken No job to small

Interior and Exterior work
Floor and Wall Tiling
Wood and Laminate Flooring
Kitchen and Bathroom Refurbishment

All work Guaranteed • Call for a free quotation

No VAT chargeable

#### Rick Murphy

The price we say is the price you pay
No hidden extras

Supporting - Save the Children

Tel: 01454 615 027 Mob: 07816 854978

insideoutbristol@hotmail.com



- Free local delivery
- Free assembly
- Free disposal of your old bed

Mobile Viewing Service for the Elderly and Housebound

Divans / Mattresses / Bunk Beds / Wall Beds / Pine Beds / Ottoman beds / Beds Made to Measure / Memory Shaping & Latex Mattresses

Open Mon-Fri 9am-5pm & Sat 10am-3pm

Visit our showroom:

The Old Post Office, 26a Gloucester Road, Rudgeway, Bristol, BS35 3RY

01454 617277 / 07887 853479

enquiries@bedlambeds.com

# Helping Hands The Hainer Cast Systematics 122 1125

#### Do you need a Helping Hand?

If you are looking for an **alternative to residential care** or extra support for those everyday tasks that are becoming difficult for you or a loved one – then we're here to help · **from 30 minutes per week to Live-in Care.** 

Our Chipping Sodbury care team has been providing award winning quality homecare since 1989 and can help with: personal care, housekeeping, help getting around or even to provide a break to an existing family member or care-giver.

To find out how we can help you, call: 01454 643 752 or visit: www.helpinghands.co.uk

#### **Useful Trades and Services for the Home**

# DOMESTIC AND COMMERCIAL

All aspects of electrical work undertaken Installations - Maintenance - Repair Inspection & Testing - PAT Testing Fully Insured - Reliable service guaranteed

Email: coreelectricsItd@yahoo.co.uk Web: coreelectricsItd.co.uk

Call Jon on: Mobile: 07749 855472 Tel: 01454 854673



# 

WASHING MACHINE

FRIDGE FREEZER

TUMBLE DRYER
 DISHWASHER

• COOKER
• HOB OR HOOD

Tel 01454 850522 or 07917441539

EMAIL: d-cr@live.co.uk

www.d-crdomesticappliances.co.uk

#### CLIVE BRADFORD Carpentry & Joinery



- Specialist in kitchen & worktop fitting
- General domestic carpentry
- Solid oak flooring

Tel: 0117 979 2760 Mobile: 07788 453378

10 Stean Bridge Rd, Bradley Stoke, Bristol



Ovenclean will transform your oven and put the sparkle back into your kitchen! Local, friendly, professional, reliable Eco-friendly cleaning, no fumes, no mess

Call Nigel or Suzanne on

01454 415506 or 07557 110932

www.ovenclean.com



Family Run Company Serving Your Local Community

VERTICAL • VENETIAN • ROLLER • ROMAN

WOOD • PLEATED • PERFECT FIT

CONSERVATORY BLINDS • CURTAINS • POLES

FREE FITTING AND MEASURING

**NO OBLIGATION QUOTES** 

FREE DESIGN SERVICE

CALL DAVID OR JAYNE: TEL: 0117 949 5374 OR 01454 856 606

20 Lulworth Crescent, Downend, Bristol, BS16 6SB



549988

# C R BAINES HEATING LTD

- Boiler Breakdown & Servicing
- Landlord Safety Checks
- Worcester Approved Installer
- Extended Warranty Available

Call 07825 999510 01454 279732



# BROOKFIELD **CAR SALES & GARAGE**

Prepare your vehicle for the challenging winter season – with Brookfield's FREE Winter check!\*

Get in touch with the garage and book your car in now!

\*Offer available until 31/01/16

"We recently used Brookfield Sales to source a car appropriate for our family needs. It was great to be able to discuss our specifications and trust Brookfield to research the car history and find the best possible vehicle for us. With a warranty and tax included, we were delighted with the service we received."

Kerry & James, Ashley Down residents.



#### **SALES:**

32 Filton Road Horfield, Bristol BS7 0PA

Tel: 0117 239 5018

Brookfield Garage wishes all of it's customers a very **Happy 2016!** Look out for further New Year offers!



#### **SERVICES:**

140 Ashley Down Road Horfield, Bristol BS7 9JS Tel: 0117 951 2285

www.brookfield-garages.co.uk



#### **INDEX OF LOCAL ADVERTISERS**

Accountancy/Book-keeping LAC Accounting 19 Education People 35 All Works Plumbing & Heating Architectural Services - Alexandra Cork Home Designs Bathrooms All Works Bathrooms Installations D R Bond All Works Bathroom Design 49 Flooring - Garden Design/Landscaping/ Maintenance D R Bond All Morks Bathroom Design 49 Almondsbury Landscaping Inspired Bathroom Design 56 Alpine Landscapes Bicycles - Bike Fix Builders / Building  Employment Opportunities Education People 35 All Works Plumbing & Heating Home Care Plumbing & Heating K J Barton Plumbing & Heating Home Care Plumbing & Heating Home Care Plumbing & Heating K J Barton Plumbing & Heating Home Care Plumbing & Heating Home Care Plumbing & Heating K J Barton Plumbing & Heating Home Care Plumbing & Heating Home C	49 54 54 55 51
LAC Accounting  Architectural Services - Alexandra Cork Home Designs  Bathrooms All Works Bathrooms Installations D R Bond Inspired Bathroom Design  Bicycles - Bike Fix  19 Education People 35 All Works Plumbing & Heating D R Bond Home Care Plumbing & Heating Home Care Plumbing & Heating K J Barton Plumbing & Heating Maintenance All Works Bathroom Lumbing & Heating All Works Bathroom Plumbing & Heating D R Bond Home Care Plumbing & Heating Flooring - Maintenance and Home Care Plumbing & Heating Home Care Plumbing & Heating Flooring - Maintenance and Home Care Plumbing & Heating Flooring - Maintenance and Home Care Plumbing & Heating Home Care Plumbing & Heating Flooring - Home Care Plumbing & Heating Home Care Plumbing & Heating Home Care Plumbing & Heating Flooring - Home Care Plumbing & Heating Home Care Plumbing &	49 449 544 542 55 55 51 Repairs 59
Architectural Services - Alexandra Cork Home Designs Bathrooms All Works Bathrooms Installations D R Bond D R Bond Almondsbury Landscaping Almondsbury Landscaping Bicycles - Bike Fix  Financial Planning - Flooring - Garden Design/Landscaping/ Maintenance Almondsbury Landscaping 52 Alpine Landscapes 53 Property Maintenance - Bartlett Tree Experts 48  AMB Property Maintenance	49 449 544 542 55 55 51 Repairs 59
BathroomsGarden Design/Landscaping/K J Barton Plumbing & HeatAll Works Bathrooms Installations57MaintenanceR H PlumbingD R Bond49Almondsbury Landscaping52Police -Inspired Bathroom Design56Alpine Landscapes53Property Maintenance -Bicycles - Bike Fix14Bartlett Tree Experts48AMB Property Maintenance	53 52 <b>5</b> 51 Sepairs 59
BathroomsGarden Design/Landscaping/K J Barton Plumbing & HeatAll Works Bathrooms Installations57MaintenanceR H PlumbingD R Bond49Almondsbury Landscaping52Police -Inspired Bathroom Design56Alpine Landscapes53Property Maintenance -Bicycles - Bike Fix14Bartlett Tree Experts48AMB Property Maintenance	53 52 <b>5</b> 51 Sepairs 59
All Works Bathrooms Installations DR Bond 49 Almondsbury Landscaping 52 Police - Inspired Bathroom Design 56 Alpine Landscapes 53 Property Maintenance - Bicycles - Bike Fix 14 Bartlett Tree Experts 48 AMB Property Maintenance	52 <b>5</b> 51 Repairs 59
Inspired Bathroom Design 56 Alpine Landscapes 53 Property Maintenance - Bicycles - Bike Fix 14 Bartlett Tree Experts 48 AMB Property Maintenance	51 Repairs 59
Inspired Bathroom Design 56 Alpine Landscapes 53 Property Maintenance - Bicycles - Bike Fix 14 Bartlett Tree Experts 48 AMB Property Maintenance	Repairs 59
Bicycles - Bike Fix 14 Bartlett Tree Experts 48 AMB Property Maintenance	Repairs 59
Ellifutius Feticitu & Gardening 55 Repairs	
Ashford Building Contractors 51 JDS Garden Services 53 D-CR Domestic Appliance R	
BluePrint Construction 58 Secret Garden 41 Bike Fix	
Cox Builders 56 Hair & Beauty Restaurants—see Hotel &	
Fascia Lift 54 In Good Hands -Massage & Beauty 18 Restaurants	
Vizard and Son 54 Mobile Hairdresser - Sue's Salon 14 Roofing -	
Butcher - Powells of Olveston 14 Perfected Hair & Beauty 27 Ridge Roofing	50
Cakes - Medway Designs 18 Handyman / Home Services Rooftech	53
Car Maintenance / Sales Alan's Handyman Services 56 Rooms/Facilities for Hire	00
Autumnbrooke Garage 50 Health, Diet & Fitness Abbeywood Community Sch	nool 26
Brookfield Garage 60 Aztec Spa 44 Bradley Stoke Community S	
BS Auto Maintenance 40 Cambridge Diet - Fil 13 North Bristol RFC	42
Care / Elderly House / Home Schools/schooling	42
Age UK 51 Bedlam Beds 58 Abbeywood Community Sch	nool 26
Churchill Retirement Living 36 Churchill Retirement Living Bradley Stoke Community St	
Bristol Care Homes 36 Downend Blinds 59 BSCS Primary	27
Helping Hands 58 Thornbury Stairlifts 50 Clifton High School	25
Carpentry Hotels/Restaurants/Pubs/Bars/Cafes Meadowbrook Primary	34-35
	7
	63
Carpets & Upholstery Cleaning Holiday Inn Filton 62 St Mary's Primary	31-31
Bonne Fresh Clean Ltd 50 Jewellers - Kemps 38 Security - Technisys	51
Central Heating Locksmith Sewing / Alterations -	40
All Works Plumbing & Heating 57 Dale Clements Locksmiths 52 Medway Designs	18
Baines Heating 59 Lock Stuck & Barrell 49 Shopping -	00
Gregor Heating 1 Medical / Therapist Solicitors - AMD Solicitors	39
Richard Taylor 55 Bradley Stoke Physio 18 Sports Updates -	40
Child Care/ Preschools Hugh Vickers Osteopath 37 Bradley Stoke Bowls Club	19
Ambourne House Day Nursery 29 In Good Hands - Massage 18 Bradley Stoke Cricket Club	8-9
Bright Sparks Nursery/Preschool 29 Michael Hughes Hypnotherapy 24 Bradley Stoke Judo	20-21
Children's Activities / Parties Smart Hypnotherapy 11 Bradley Stoke Leisure Centr	
Babble Street 14 Music/Music Lessons - Bradley Stoke Town FC	16
Gymboree 1,28 Hilary Music Lessons 14 St Mary's Old Boys RFC	12
Taekwondo 42 NHS - 2 Taxi's/Transport	
Cleaning & Domestic Services Opticians Avanti Cars	56
OvenClean 59 Harbord Opticians 11 South Glos. Sustainable Trar	nsport 40
Oven Wizard 49 Specsavers 64 Tiling -	
Community Noticeboard 42-43 Organic - Paul Bartley Ceramic Tiling	54
Community Groups & Clubs 46-47 Masons Fruit & Veg 3 Training/Tuition	
Computers Powells of Olveston 14 First Aid & Food Safety Train	ning 40
AJS Computer Solutions 40 Painter & Decorator Tree	
Wicked Imp 18 GJS Painting & Decorating 55 Bartlett Tree Experts	48
Days Out / Events Keith Usher Painter & Decorator 56 TV & Aerials	
Driveways / Patios - Inside & Out 58 A1 Aerials	55
Avon Cobblestone 32-33 South Gloss Decorating 55 Aerial Man - Dan Grace	56
Electrician Pets/Pet Care M D Aerials	50
Aquasafe 50 Companions Haven (Pet Cemetry) 45 <b>Weddings</b>	4, 44, 63
Bradley Stoke Eelctrical 49 Trekking Tails 28 Wills - Jane Holzgrawe Wills	s 14
Core Electrics 59 Plasterer Windows -	
Dave Betts Electrical Services 51 CPH Plastering 53 Associated Windows	57
Gary Smart Electrical 58 Jon Drake 55	

#### Whats Going on in 2016 at the Holiday Inn Bristol-Filton



Valentine's Day - 13th February Celebrate with someone special this Valentine's day in our Sampans Oriental Restaurant.



Tribute Nights 2016 Friday 22nd April - Robbie Williams Tribute Night - £32.00 pp Thursday 1st December Ultimate Boybands Tribute Night - £42.95 pp Thursday 8th December - Michael Buble Tribute Night - £42.95 pp

Price includes 3 course meal, 1/2 bottle of wine per person, tribute act and disco.



Mother's Day - 6th March We could never hope to pay our Mums back for everything they've done, but we can try.

Treat your Mum to a 3 course Carvery Lunch.

Only £19.95 per person



From £25.00 per person



Easter Sunday - 27th March Celebrate with us this Easter with a sumptuous 3 course Carvery Lunch.



Wedding Packages from £999 Wedding Ceremony Arrival Drinks Reception 3 Course Wedding Breakfast Evening Sandwich Buffet Complimentary Accommodation for Bride and Groom.



Christmas Book Early & Save Book now for one of our great Christmas Party Nights and enjoy fantastic value.

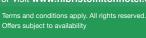
Price includes 3 course meal, disco and half bottle of wine per person

30% discount if book by end of January 2016 and 20% discount if book by end of March 2016.

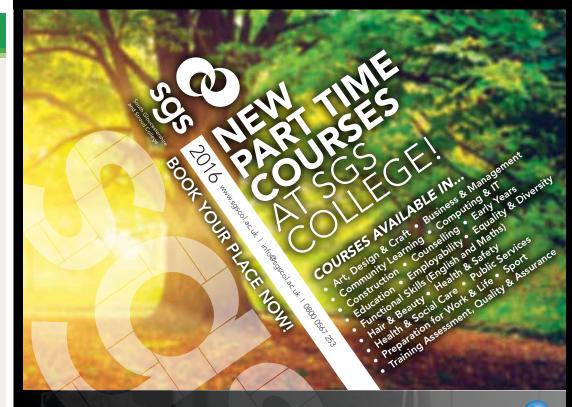
Accommodation from £49.00

Only £19.95 per person

Holiday Inn Bristol - Filton To book call 0871 942 9014 or visit www.hibristolfiltonhotel.co.uk







# **FREE Beginner Adult** Computer Courses @ Local libraries

Skills you will learn on this course:

- Use the internet to search for information and shop safely online.
- Use email to create and send messages and add attachments.
- Create documents such as letters and posters, including different types of text and pictures.
- Use ICT in daily life for booking holidays, flights, hotels and other activities.
- · Learn about ICT safety and security when working online.
- You will also have the chance to gain an up to date qualification in ICT and maths.

Courses start week commencing 1st February 2016 (18 weeks for 3 hours a week) at the following venues:

Monday - Emersons Green Library Tuesday - Downend Library Wednesday - Bradley Stoke Library Thursday - Winterbourne Library

If you are interested or have any questions please speak to a librarian in your preferred venue, 01454 868006



#### FREE EYE TEST

**Bradley Stoke** The Willow Brook Centre Tel 01454 275 020



Cannot be used with other offers. Second pair from £99-£169 ranges, to the same price range or below and to the same prescription. £99-£149 ranges: PENTAX and other 1.5 single vision lenses included in both pairs. For PENTAX 1.5 Standard varifocal or bifocal lenses you pay for the lenses in your first pair. £169 Fineform and Rimless ranges: PENTAX and other 1.6 single vision lenses included in both pairs. For PENTAX 1.6 Standard varifocal or bifocal lenses you pay for the lenses in your first pair. All lenses are scratch-resistant. Extra Options available at an additional charge on both pairs. Excludes safety eyewear. SKU 25669596. ©2015 Specsavers. All rights reserved.

