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Dear Residents....

Well it is another bumper issue we bring you this month - with so much additional news and photos to share that we have added in an extra 8 pages, and still not had enough room to include everything! Do check out the website and facebook pages too where even more community stories are covered.

My family and I thoroughly enjoyed another fabulous weekend at the Bradley Stoke Festival at the start of June. Another year graced with good weather, especially on the Sunday afternoon for the cricket. Fortunately the sun wasn't too strong in the morning for the annual 10k run. This is one of my favourite events of the year, there is always such a fantastic community feel to the run with everyone really supporting each other - especially notable this year from all the runners from the North Bristol Running Group (pic below), some of whom were undertaking their first 10k. Congratulations to everyone who took part, from those first through the finish line, to those who took a little more time but particularly to the lady who came in last, persevering to the end and collecting her medal - and applause. You did better than me.



Photographs: There are photographs of most of the runners crossing the finishing line available on our **Bradley Stoke & Little Stoke Gifford Matters Facebook page**, so be sure to have a look! Inside we have included photos from the main festival day on the Saturday, including the school groups from the Football Festival, but there are plenty more on our Facebook so do take a look and see if you can spot yourself!

There is plenty more sporting and other news inside - have a fantastic summer and enjoy the bumper read!!

Jaci x

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Presidential Handover and Special Awards at Bradley Stoke Rotary Club

report by outgoing President, Robert Warne

Bradley Stoke Rotary Club held their Presidential Handover evening on 17th June at The Globe, Frampton Cotterell where all enjoyed a delicious meal, in the company of District Governor Tony Horn and other friends of Rotary.

Bob Warne completed his Presidential term of office by reminding us of club highlights over the past year, which also saw us donate in excess of £7,000 to local community and international projects. Beneficiaries included:- Provision of a disaster shelter box, MacMillan, Southern Brooks, Cumbria flood relief fund, St Peters Hospice, Rotary Foundation (Rotary's own charity that has the now almost completed its aim of removing Polio from the planet), Brandon Trust, Pangani early years, Jessie May and a couple of international charities with close associations within our club in the Rainbow Dreams Trust in Cape Town and Thalassaemia Society in Nepal.

A donation is also being made to the Wallace and Gromit home from home appeal at Bristol Children's hospital.

These funds were raised by activities such as the Bradley Stoke Fire Works where we helped to keep out the cold by cooking and selling Hot Dogs and Beef Burgers. A well attended Barn Dance was held at St Mary's Rugby club in October where everyone had fun dancing to Jig Mad Wolfe *(Please make a note in your diaries for 14th October 2016, when we shall once again be staging this fabulous event)*. At Christmas the team supported Southern Brooks community Centre by contributing funds towards producing Christmas Hampers for the local community, and then providing hands on assistance in packing and delivering them.

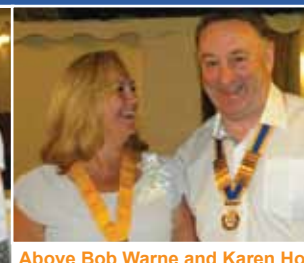
The Rotary Club team were also present at events such as the Bradley Stoke Carnival, and Festival. We held a local level competition for 'Young Chef'. We were in attendance at 'Our Green Future' held at the Science park in Emerson Green and we supported other Rotary Clubs in various events as well.

On the social side we enjoyed several evenings together and even reached the semi final of the District skittles competition before falling to Cirencester. We are very much keeping our twinning links alive with our friends in Marne-la-vallee in Paris and look forward to welcoming them as our guests at the clubs 20th anniversary in June 2017.

A few surprise awards were then made!

Peter Vernon received a Presidential citation for his outstanding efforts in organising our participation at the Bradley Stoke Community events.

The highest accolade a Rotarian can receive is



Above Bob Warne and Karen Holley, right new President Karen Holley, with Vice President Stephen Bateman

recognition by their fellow Rotarians. We were delighted to surprise Rotarians **Roger Worth** and **Paul Holley** and present them with Paul Harris fellowship awards for outstanding contributions to the ethos of Rotary.

Rotary is a world wide organisation and every year it recognises and honours a very limited number of Rotarian partners across the globe for particular noteworthy achievements. This is a very prestigious award and it was with great delight we were able to surprise **Julia Worth** with a presentation made by the District Governor, Tony Horn, on behalf of Rotary International for her incredible efforts with fundraising with the Knutty Knitters, recognising the wonderful efforts made by these wonderful ladies within our local community.

All too soon the evening was drawing to a close and it was time for Bob to hand the Presidential regalia and role to Karen Holley, Karen in turn passed on her President Elect chain to Stephen Bateman and Stephen handed down the line the role of Junior Vice to Allan Ashby.

Karen has already set out her vision for the coming year which promises to be a fun filled and interesting year. Why not take a moment to find out a little bit more about Rotary and consider coming along to join us?

Check out our facebook page at **Bradley Stoke Rotary Club** for details.

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Bowls Club Charity Day

To celebrate the Queens 90th birthday, the Bradley Stoke Bowls Club held their customary Captains' Charity day on Sunday 12th June.

After a wet start, the weather put on a friendly sunny face to the delight of all, including the new Mayor, Cllr Elaine Hardwick, who added her pleasant personality to the gathering.

Fun apart, the club members were most keen to support the Bradley Stoke MS Therapy Centre, whose marvellous work was explained at a meeting earlier in the year, which was attended by local resident Ruth Smale, a long-time MS sufferer, well known for her work with children at Holy Trinity Church, supported by her husband Roger.

The dress code for the day was predictably, Red, White and Blue. As usual the members exhibited no little ingenuity in devising some unusual attire! To date a sum of £668 has been raised. We hope this sum will probably increase before the end of the season.

Many club members worked very hard to ensure that all sporting, gastronomic and social activities ran smoothly. For more information see the MS Centre Website (mstherapybristol.org.uk)



Above: Mayor Elaine Hardwick starting the fun

Inset: The lovely Ruth Smale and her husband Roger, with Robert Bertram and Janet Wilkins



New Mayor at Bradley Stoke Town Council

At Bradley Stoke Town Council's Annual General Meeting held mid-May, Councillor Elaine Hardwick was elected to the position of Mayor of Bradley Stoke.

The outgoing Mayor, Councillor Roger Avenin, welcomed everyone to the meeting and explained that it was his pleasure, as his last action in the role of Mayor of the Town, to present cheques to the two recipients of the Mayor's Charity.

A total of £7,275.30 had been raised over the past year to be split between the Age UK South Gloucestershire Branch and RSPCA Bristol & District Branch, both receiving 50% of the total, amounting to £3,637.65 each. Representatives from both groups accepted the cheques.

Upon Councillor Elaine Hardwick's election to the position of Mayor, she thanked all councillors for her nomination and then took the Chair of the Meeting, after signing her Declaration of Acceptance of Office as Chair. She thanked Councillor Roger Avenin for his marvellous work as Mayor during the past year. She then announced that her two Mayor's Charities for 2016/17 will be Heartful Dodgers and Transplant Sport UK.



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Care Home Nursing – a much needed and highly valued vocation

As we all know, the number of elderly people in our communities requiring care is growing. Meanwhile, there's a real shortage of high quality care homes in and around Bristol to provide this care. That's why Bristol Care Homes has just opened its new home, Quarry House in Fishponds. It provides 65 spacious beautifully decorated rooms, all with en-suite showers, comfortable lounges with wonderful views, and landscaped gardens. The site includes 17 extra care homes offering independence with care on hand, a gym, pool, restaurant and hairdressing salon.

At the same time there is a national shortage of nurses, including in care of the elderly. Care home nursing offers a challenging, rewarding, and fulfilling career. Nurses have often thought of care home nursing as less interesting than hospital work in the NHS. It is different, but it's no less interesting. Hospitals are for short term clinical intervention. Care homes provide long term holistic care in a community setting. Many care home providers like Bristol Care Homes are very innovative, leading the way by

computerising care planning and medication, and deploying advanced bathing and mobility technology.

Creative activities are crucial to care of the whole person. Planning and sourcing these requires inspiration. A whole range of artists from Bristol's Jamaica Street Studios, and musicians from Live Music Now regularly come to Bristol Care Homes' homes. Nurses, rather than doctors, lead the life of the home. They develop care strategies, specify equipment and technology, oversee the work of the care team, and monitor care plans.

Bristol Care Homes is always keen to hear from nurses who have a vocation to care for the elderly. We'd love you to visit our homes to see how we work, and consider how care home nursing could fulfil your professional nursing career plans.

Have a look at:
www.bristolcarehomes.co.uk/careers.php

E-mail us at
careers@bristolcarehomes.co.uk.

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St Mary's Old Boys RFC has recently become an official O2 Touch Centre with the backing of the RFU

O2 Touch at St Mary's Old Boys will run a minimum of 30 sessions throughout the year – ensuring it's not just a summer only activity. Once players are registered they can access training sessions and games advertised on the O2 Touch website and app.

Touch is a great way to improve fitness and have fun, whether you're 16 or 80, a beginner or seasoned player. Sessions are inclusive giving the perfect opportunity to get together with mates or meet new people. We now have 60 registered players with a regular 30+ attending training. Some parents of our Bradley Stoke Youth players now play Touch and two mums, who have never picked up a rugby ball previously, have just qualified as referees!

Sessions take place every Tuesday 1830hrs - 2000hrs at St Mary's Old Boys RFC. During the Winter season, we will be utilising local astro turf pitches and indoor sports halls.

The O2 Touch Centre is an RFU initiative with St Mary's Old Boys RFC receiving funding for the first three years of the programme, ensuring that in years 4 onwards the club still continues to run O2 Touch but by that stage should be self-sufficient. The first session is therefore offered for free and then just £1 for any subsequent sessions which is payable on the day. There are no upfront costs or obligations to attend every session!

We are currently in the process of putting together a league structure for those who would like to compete. There is no requirement to enter a league, so whether you're looking for a fun way

to get fit and meet new people or to compete against other teams, we cater for all.

The centre is run by volunteers: 3 Operators, who will run the sessions, book facilities, organise fixtures etc and 2 Ambassadors, who will work in a more promotional role driving social media, organising socials, and promoting O2 Touch in the local community. Training for volunteers will be provided by the RFU throughout the year and their partner, the England Touch Association, who provide Touch specific refereeing and coaching courses for free to O2 Touch centres.

In fact, the local Touch volunteers have in mid-May attended the Touch Takeover at Twickenham with on pitch training sessions and interactive workshops to increase the numbers playing Touch in Bradley Stoke. Kit has been provided for the 5 volunteers as well as equipment including balls, bibs and cones with branded flags and banners to help advertise the centre.

New players welcome - even those who have never thrown an oval shaped ball before!

For more info, look up Facebook.com/SMOBTouch, follow us on Twitter @SMOB_TouchRugby or email for queries or if you'd like to enter a team into a league.
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FUN SEEKERS Welcome



Wedding Fayre Sunday 18th September 2016

This is a wonderful opportunity to meet local suppliers and view the facilities our hotel has to offer.

FREE ENTRY



MacMillan Autumn Fete and Craft Fayre Sunday 25th September 12noon-4.30pm

Bring along the family to this free event and support MacMillan Cancer Support. Enjoy community displays, commentary and fun & games by Bradley Stoke Radio including: tombola, raffle, coconut shy and ample craft stalls.



Murder Mystery Dinner Saturday 26th November

Step in to a world of intrigue and mystery and join us to solve the murder! We have designed a full evening package with you in mind, including: 3 course meal, half bottle of wine per person, murder mystery act and DJ & disco.

£42.95 per person



Christmas Tribute Nights Ultimate Boybands Thursday 1st December

Our popular tribute nights are always a sell-out. Join us this year for our Ultimate Boybands act including hits from Take That, Backstreet Boys, Sive, Westlife and Blue plus many more. Enjoy 3 course meal, half bottle of wine, tribute act and disco.

£42.95 per person



Christmas Tribute Nights Michael Bublé Thursday 8th December

He may not have met you yet but enjoy being serenaded by the one and only Michael Bublé tribute. We have designed a full evening package with your enjoyment in mind: 3 course meal, half bottle of wine per person, tribute act and DJ & disco.

£42.95 per person

As we enjoy the Summer a local woodland is celebrating another successful year. The Group has completed it's transition to a fully independent group, (originally it had very close ties to the council). One of it's Bradley Stoke volunteers has won a prestigious award, and over the last couple of years the woodland has been transformed by regular workdays involving UWE GreenSpace Student Volunteers.

Splatts Abbey Wood Conservation Group currently has two Bradley Stoke residents on its committee as well as Susie Weaver, Head teacher of Wallscourt Academy, and is keen to expand its group of volunteers to help it develop the woodland still further.

Splatts Abbey Wood Conservation Group has been working with it's sister woodland Sims Hill Community Woodland and they have forged a great link with UWE GreenSpace, a Student Volunteering group, who carry out workdays at both the Woodlands, the results of which have been transformational.

David Bell, Chairman of the Splatts Abbey Wood Conservation Group said:- "The Splatts Abbey Wood Group is very excited with the progress that it has made in recent times including becoming a more independent group and it looks forward to the future with great optimism. The UWE GreenSpace project has been quite inspirational, with dedicated, hardworking students helping to contribute to their local environment and community. When I first raised doing this with the UWE Volunteering Department last year I had no idea it would blossom into such a great project."

Both woodlands are keen to get greater involvement with the local community, including recruiting more volunteers.

Bradley Stoke Resident Fred Hillberg, the Treasurer and Vice Chairman of Splatts Abbey Wood Conservation Group, recently won the South Glos. Council Chair's Award 2016 for his volunteering with the group. Extracts from his citation for the award read: - "He is the Treasurer



and Vice Chairman of Splatts Abbey Wood Conservation Group, since we became more independent of the Council last year. He has volunteered for the Group since 2003, both as a committee member and as an activist (going out on workdays).

"Fred has made a major contribution in terms of his extensive long term commitment and contribution to the Group - by being a hardworking volunteer on workdays, and as a committee member, making valuable contributions. He started in 2003, 13 years ago and is the second longest committee member / volunteer in the group. His contributions are invaluable."

Splatts Abbey Wood Chairman Conservation Group Spokesman, David Bell told us "Fred thoroughly deserves this award. I joined the group in 2002 and as a result have known Fred as a valued colleague during his 13 years on the committee. The survival and subsequent thriving of the group owes a lot to Fred."

Fred said "This award has come as a complete surprise and I am delighted to accept on behalf of all the Splatts Abbey Conservation Group, past and present. I have thoroughly enjoyed my time with the group and hope it has made a contribution to the community and the environment."

Congratulations to Fred!

If you'd like to get involved in the community woodlands, the Splatts group can be contacted via : - splattsabw@gmail.com

and the Sims Hill Woodland Committee can be contacted at: - simshillcw@gmail.com

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WHERE WE LIVE ... ALL LOCAL ARTISTS INVITED !

The very first Art Competition staged as a competition by Susan Hartry, Founder of the South Gloucestershire Stokes Art Group, back in the autumn of 2011, was to sketch or paint a scene from our local area.

Bradley Stoke Matters was pleased to be invited to select a Winner and a small token prize awarded. The collective Gallery now has pride of place on the Home Page of their website! To mark the Group's 5th Anniversary, the subject for this year's Autumn Project will carry exactly the same Brief, with the difference that this time the Project is ...
OPEN TO ALL LOCAL ARTISTS TO TAKE PART !!

In November, during the five years the SAG has been painting together, members will have enjoyed Studio Sessions, chatted at Evening Events, taken part in Project Competitions, and won Awards from a staggering array of Artworks... and your artwork could be showcased with them !!

To enter the SAG 'Where We Live' Art Competition, all you have to do is draw or paint a local scene, shop, pub, landmark, building or landscape within or near the six South Gloucestershire Stokes – even your own house. Any medium can be used as long as it is a 2D artwork (excluding photographs), overall paper size no larger than standard A3, and should not be mounted or framed; a maximum of 2 artworks can be entered per person.

Entries should be initially submitted as clear digital images emailed to Susan, who will add a random selection to the SAG 'Where We Live' online Gallery. Depending on numbers, a Display of the Originals will be on show at the Stokes Art Group Awards Evening Event on Tuesday 22 November at Christ The King Church in Bradley Stoke.

A Winning Entry will be chosen and a small prize awarded both from the Members' Entries, and from the Public Entries, as well as Certificates to Entries Placed 2nd and 3rd. As we are a self-funding Art Group, relying solely upon members' subscriptions, our Prizes are small but well received on the basis that - it is not

the winning that matters, it is the taking part that counts!!

It's all a bit of fun really!!

How to Enter:

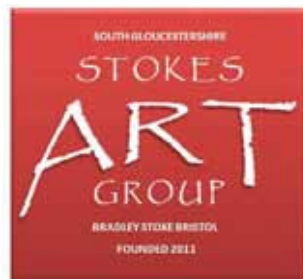
- Register your entry to the SAG 'Where We Live' Art Project Competition, by sending a short paragraph about your Art, by email to Susan as soon as possible (see below).
- Please include your name, age if under 18yrs, the area where you live, & a contact number so that we can get in touch if we need to.
- Clear digital .jpg images of your entries should be emailed by 30th September 2016.
- Title your .jpg files as per the location of your Entry eg. Aztec Duck Pond, RAC Tower, Stoke Lane, Patchway Station, The Three Brooks Pub, Parkway Station, My House in Elm Close, St Michael's Church Stoke Gifford, etc.

Notes:

- Copyright of all artworks should rightfully belong to, and is the sole responsibility of, the Artist.
- Open to all Artists resident of the six Stokes and surrounding areas, all ages, and all abilities.
- Open to non-members of the Stokes Art Group
- A small levy of £2 per Entry is applied to non-Members.
- Please SAVE THE DATE: by Invitation, you and your original Artworks should be available for display at the SAG Awards Evening Event on 22 November. You will be notified by the end of October if your Entry has been selected for the display.
- Email address – stokesart@fsmail.net
- SAG Website – <http://stokesart0.wix.com/stokes-art-group>

It's hard to believe that it is 5 years since, with the help of the Bradley Stoke & Little Stoke Gifford Matters, Susan gathered a small group of local Artists who were keen on the idea of an Art Group in the area, a place to meet and paint alongside like-minded people away from the distractions of home.

It is brilliant to see the Group now an established part of the Community. Membership is ever changing, and although the Thursday morning group is currently full with a Waiting List, there are Places available on Tuesday evenings, and from just £2 per Studio Session it is definitely affordable art. To find out more please visit their website at stokesart0.wix.com/stokes-art-group.



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Invitation to a Summer Forest Party, Friday 8th July 2016 3.30-7pm

Scott Howes, Head Teacher,
Little Stoke Primary School



This year Little Stoke Primary will be holding their summer community event in the grounds at the front of the school from 3.30pm. Admission is free and as well as pupils and families, the local community are very welcome to enjoy a relaxing few hours in our extensive school grounds.

The theme of the event is a Forest Summer Party, as at Little Stoke we have been able to establish the high quality of our Forest School sessions due, in part to a grant from the Earnest Cook Trust. In celebration of all the benefits that Forest School brings to Little Stoke Primary we are inviting you all to join us on the 8th July for a party!

The Summer Forest Party is organised and supported by Little Stoke Primary School, the Friends of Little Stoke, Bright Sparks Pre-School, the Little Stoke Governing Body and the Earnest Cook Trust. We will have a range of activities available including;

- A programme of events every half hour including a presentation by the school choir, display by school Cheerleaders and the school Dance Troop as well as the Filton Dance Troop.
- A programme of Forest School taster sessions run by our trained Forest School Leaders – these will run every 30 minutes and you can book your child's place as you arrive at the Summer Forest Party.
- Bouncy Castles/table top sales/activity stalls/face painting
- Full DJ music support throughout the party!
- Sports taster activities throughout the event for all children to take part
- Friends of Little Stoke raffle with great prizes!
- A wide range of food including burgers/veggie burgers, hot dogs, veggie curry, salad, cakes as well as hot and cold drinks and ice pops for the children.
- Space and time to relax with your children, family and friends for a few hours

We look forward to seeing you on the 8th July!



Themed Party Nights 2016



Great Gatsby Friday 2nd and Saturday 3rd December

Live the American Dream and look the Bee's Knees. Break out your bowler hats and flapper dresses and step back into the roaring twenties.

During this glamorous night you will enjoy a 3 Course Delicious Dinner then hit the dancefloor to do the Charleston to our resident DJ and Disco.

Forget prohibition, our Redcliffe bar will be open from 7.00pm until 12.30am serving all of your favourite drinks and cocktails.

Santa's Workshop Friday 9th and Saturday 10th December

Twos two weeks before Christmas and all through the hotel, A 3 course dinner was cooking, what a wonderful smell. Santa and his elves were busy working away, And stacking up presents into his sleigh. Now, Dasher, Now Dancer, Now Prancer and Vixen, On Comet on Cupid, on Donner and Blitzen. Now on his way to his new workshop in Bristol, Where the elves will be helping him put up the tinsel. Welcome now to one and welcome to all, To enjoy the disco and have a Christmas ball. Our Redcliffe bar will be open from 7pm until half past midnight, Happy Christmas to all and to all a good night!



Narnia / Winter Wonderland

Friday 16th and Saturday 17th December

Step through the magical wardrobe and be transported into our fantasy wonderland, cursed into an eternal winter by the white witch, Jadis. Let your imagination take you away to a land of talking beasts, dwarfs, fauns, centaurs and giants before tucking into a 3 Course Dinner fit for Aslan. Break the icy spell by warming up the dancefloor with our resident DJ and Disco.



£42.00 per person – includes 3 course dinner, DJ and Disco

To book please call our Christmas Co-ordinator on 01454 893438 or email meetings@hiltonbristol.com

Olympus Academy Trust visits Buckingham Palace

On 16th May 2016, Olympus Academy Trust leaders were invited to attend a once in a life time Duke of Edinburgh's Award (DofE) Gold Award Presentation at Buckingham Palace, London. At the event the Trust was presented with a special plaque from the DofE Charity, acknowledging their commitment to running the DofE and thanking the organisation for giving young people the opportunity to transform their lives.

The DofE Award is the world's leading youth achievement award that develops over 300,000 young people for life and work every year in the UK alone. It is celebrating its Diamond Anniversary throughout 2016, having supported millions of young people in the UK and across the globe to achieve the awards since it was founded by HRH The Duke of Edinburgh in 1956. The DofE develops tenacity, commitment and determination - admirable attributes that have a lasting impact, broadening each young person's life and work prospects.



Photos show Tom Hill, Director of BSCS Post 16, Dave Baker Executive Head OAT, Angus Urquhart DofE Lead at BSCS outside Buckingham Palace and inset, Dave Baker and Angus Urquhart with TV presenter Julie Bradbury with the Trust's award and plaque.



Members of the Royal Family; HRH The Duke of Edinburgh, HRH The Earl of Wessex and HRH The Countess of Wessex, joined those that were present including school leaders, charities, corporate sponsors, and of course most importantly many young people who have completed their Gold awards over the last 60 years!

Led by the Olympus Academy Trust, Bradley Stoke Community School has been delivering the DofE for four years. In that time more than 60 of its young people have achieved a DofE Award after volunteering in their community, learning a skill, getting fit, and going on an expedition. Participation continues to grow, with another group of 55 students currently working towards their Awards from across the Trust. The award is widely acknowledged as the world's leading achievement award for young people.

Angus Urquhart, DofE Lead at BSCS attended the presentation. Speaking proudly about their involvement with the DofE, Angus said: "Led by the Olympus Academy Trust, BSCS has held a licence to deliver the DofE for three years and I feel honoured to have been invited to Buckingham Palace to receive a commemorative plaque to acknowledge and say thank you for our work with the Charity during its Diamond Anniversary year. Our young people are encouraged to push themselves outside of their comfort zones when doing their DofE and the skills that they develop can be life-changing, so for us to be involved is something very special."

In the last 60 years, over 5.6 million young people have started their DofE in the UK and almost 2.5 million have achieved Awards. At 60 years young, the DofE has never been more relevant for young people, providing a tried and tested framework of activities through which young people gain vital life and work skills.

1st Bradley Stoke Scouts at Avon Jamboree

by Nick Nelson, Group Chair

The late May bank holiday saw 1st Bradley Stoke Scouts take part in the Avon county jamboree. Held every four or five years, this is a gathering of 4,200 young people from Beavers (aged 6 – 8), Cubs (8 – 10.5), Scouts (10.5 to 14), Explorers (14 – 18) plus some of the Guiding community and all their supporting adult volunteers to take part in activities across four themes – skill, adventure, world and outdoor. They climbed, caved, kayaked, pioneered, made things, played games, followed trails, fished, cooked food and completed a colour run amongst many, many activities. Most importantly, they had fun and challenged themselves.

Across 1st Bradley Stoke, we had 105 young people attend, a mixture of those camping throughout and some coming just for the day. This included a number of our Beavers, some of whom were camping for the very first time. Being under canvas away from home in a strange field is a big thing when you are six but they all did brilliantly. At the other end of the scale, our more senior Scouts showed the younger ones how to organise their tents and helped guide them around as old hands.

On the Friday evening it absolutely poured and everyone got very wet. So after tea (cooked by the Royal Marines) everyone went back to their tents and chilled. This was BAD NEWS for the adults as boundless untapped energy and no more rain overnight meant that they were up at 4AM and outside playing. Which meant the leaders were up as well (you really can't sleep in at camp)!

Saturday saw our Beavers arrive in the squishy mud and start a day of all four activity zones in one day (they really did get tired out that way). The Cubs and Scouts did the same over a more relaxed two days and slowly the camp dried out.

Sunday's surprise was a flying visit from the Chief Scout, Bear Grylls! He may not have stayed with us long but it really did lift the spirits of the young people. It's not often you get to see a real explorer and a celebrity one at that!

Monday was the colour run, a run around the fields with volunteers throwing paint at you. They were very multi-coloured by the end of it and thankfully tired. All we then had to do was drop the tents, pack away, ensure that the campsite was the same as when we started and then link the relevant child with the correct parent ... And then maybe a bit of sleep for the adults.

Inspired?

The Group is always looking for more leaders to support and challenge our young people. For more information, have a look at the Groups website at <http://bradley-stoke-scouts.org.uk/join/>



New Principal at Wingfield School of Ballet and Dance

Wingfield School is a well established school in Bristol. It was founded in 1979 by Pamela Wingfield and is now run by new principal Stephanie Germanis RAD RTS.

The school offers classes in RAD Ballet, ISTD Tap and Modern. We also run Musical Theatre classes on a Tuesday evening.

Classes are held in Bradley Stoke (Monday & Saturday), Little Stoke (Tuesday, Thursday & Saturday), and Almondsbury (Wednesday)

Classes start from 2.5 years!

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FACEBOOK- Wingfield School of Ballet and Dance

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UWE BoxED at Bailey's Court Primary School

During late April and May children in year 5 at Bailey's Court Primary School have been involved in a science project with the BoxED team from the University of the West of England, Bristol (UWE), Drs Jon Winfield and Debbie Lewis on Microbial Fuel cells – an alternative way to produce 'green' energy from bacteria.

Pupils were tasked with finding bacteria in the playground capable of producing electricity and they did just that!

To begin with they had to build the bacteria a home, called a microbial fuel cell. Within the fuel cell, bacteria were well nourished by the children over the course of the project and rewards for their effort they began to see electricity being produced. Electricity is the waste product of the bacteria as they metabolise, or eat, the food the pupils gave them.

During the course of the project the pupils also had the opportunity to find how well (or not!) they wash their hands by using a special glow cream (which is invisible until a UV light is shown on it), do an experiment to see how easily 'bacteria' aka glow cream could spread from person to person and even grow their own bacteria from hands on special jelly called agar. They began to appreciate that bacteria are all around us, some good, some bad but washing your hands well prevents bacteria spreading.

Bradley Stoke & Little Stoke Gifford Matters was delighted to be invited along to the final session at Bailey's Court where the pupils became engineers, being challenged with building a wind turbine out of waste materials to produce as much energy as possible when powered by wind. The pupils had to consider what was required to make the most effective fan – 2 blades or 4, plastic or cupboard, angled blades or flat. Pupils learned that engineers need to build, test and then modify their designs to produce the best results. The session closed with an opportunity to link all the teams' microbial fuel cells together and show the pupils that combined they could power small electrical appliances, such as an LED and electronic thermometer!



Following on from this in June, the year 5 pupils and staff from Bailey's Court visited the UWE's Frenchay Campus where they had an opportunity to visit the Bristol Robotics Laboratory (BRL) and the Bristol BioEnergy Centre (BBiC) and learn how microbial fuel cells help provide robots with energy. They also got introduced to lots of other robots in the lab, including being serenaded by Thespian (photo top right next page), and seeing the large flying area for the drones being worked on at the BRL.



As the pupils made their way across campus to the science department in the education building, UWE student ambassadors showed the pupils many aspects of university life including the student accommodation, sports facilities, library and a large lecture room to name but a few things. On arrival at the education department the pupils were greeted by science staff, including a number of professors, where they had the opportunity to present their posters of their work and discuss the project – UWE staff were amazed at the enthusiasm and knowledge the children had for the project and for science at such a young age!

The afternoon provided the opportunity to extend their hands-on laboratory work and learn about how we determine how much energy food provides us by setting it alight and seeing the amount of heat given off (photo over inset). Finally how much exercise is required to light up a bulb or even power a kettle by pedalling a specially adapted bike (photo over top left).



They soon learnt a lot of energy is required for many electrical items!

The pupils left UWE and the science project having had a brilliant time and exposure to a positive STEM (science, technology, engineering and maths) experience and one that the staff and students of UWE thoroughly enjoy being involved in. Hopefully the seed has been sown to aspire the next generation of scientists and university students, whatever they choose to study.

This project was supported by UWE BoxED and BBiC. Please contact BoxED@uwe.ac.uk to discuss other opportunities for outreach activities with schools.



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Bradley Stoke Matters was pleased to pop down to Meadowbrook Primary School in June to hear about the renovation for the outside area taking place over the summer and to look at some of the ideas that the Reception children have planned!

Lauren Burt, the EYFS Lead at Meadowbrook told us *"We are really looking forward to improving and enhancing our outdoor space at Meadowbrook. With the help of the children, we are planning to provide a creative learning environment to support enjoyment, engagement and progress. So keep your eyes peeled and watch this space for more updates!"*

We look forward to visiting the finished area in September!



Meadowbrook Athletes' Village

It was a privilege to be invited along to Meadowbrook Primary School this week following the launch of **Meadowbrook Athletes' Village** - a whole school learning arc for term 6.

As a final celebration of a year focusing on physical education and personal and social education, Miss Benjamin, sports coach at the school, focused on the **Road to Rio** with an opening ceremony and torches.

With each year group representing a different country, students will be learning about the various cultures as well as following the upcoming Olympics and Paralympics this summer in Rio de Janeiro.

Miss Benjamin has a number of exciting sporting initiatives planned - the first being a visit to the school from Doug McLaughlin-Williams, basketball player from Bristol Flyers.

It was great to see the children inspired in their PE lesson, practising their ball skills including drives and slam dunks in small teams. They soon followed Doug to the playground where they utilised the basketball net to shoot the hoop - **additional photos can be found in an album on our Facebook page @BSMatters.**





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News from St Mary's RC Primary School

Y6 Summer Production

In July, the Y5's and Y6's of St Mary's Catholic Primary School - as every year before - will perform a phenomenal musical play. They will perform a version of *The Pied Piper* called *Rats* by Nigel Hess. The starring role of the Pied Piper will be played by Ben; Alderman Greedy the Mayor will be played by Laura; The Rat King will be played by Jacob; and the child that gets left behind will be played by Isabella.

As you know this play is about the mayor of Hamelin, who promises to pay the Pied Piper if he carries out a task for him (to drive away the rats that have infested Hamelin). When the Pied Piper drives away every rat, the mayor does not keep his promise and so the Piper blows his pipe and all the children follow him in to a cave. What we all can learn from this is that when you promise someone something you must keep your promise.

This is Y6's last play in primary school and they will put on a show that you will never be forgotten. They will put their all into this play!

Summer Fayre

Last month St Mary's Catholic Primary School held a fun and exciting Summer Fayre, where lots of stalls were run by enthusiastic parents, teachers or friends. 20 to 30 brilliant prizes were won in the thrilling raffle! Also, in the stalls you could win many prizes such as delicious chocolates, fizzy drinks and a wide range of stationery! There were a wide range of fun activities to do including: sponge a friend; whack a rat; penalty shoot-out; the bouncy castle and much more! The fayre helped to raise nearly £2000 for the school funds.

The Bloodhound Project

St. Mary's Catholic Primary School have joined the Bloodhound Education Programme and a lucky boy, named Luke in Y6 was chosen to visit the Bloodhound and attend 5 workshop sessions linked with the Bloodhound. As you may know, the Bloodhound is based in Avonmouth. When Luke visited the Bloodhound base, he designed and built a vehicle that could travel at a velocity of 37 mph - which is nothing compared to the Bloodhound's staggering speed of 1000+ mph! In the past, Luke had experience creating model cars as he had

made one with his friend Ashley last year which they entered the Primary Engineer competition - and they won! If your school has not entered the Bloodhound Education Programme yet then you will miss out on a thrilling, learning experience.

Race for Life

This year on Friday the 21st of June all classes (and some teachers!) will participate in the Race for Life.

The Race for Life is where we are going to run (or walk!) 5km which is 17 laps of our school playground and field. This race is helping raise money for the charity 'Race for Life', which helps raise funds for people who suffer from cancer. This will also help to motivate the pupils stay fit and keep active; some children were so happy last year because they'd never done such an amazing thing before! As well as making themselves feel extremely proud, they will also put a smile to someone's face!

We hope our school can beat cancer together raising as much money as possible!

Sponsored Bounce

This year the Friends of St. Mary's have once again organised another sponsored bounce for all the children in the school. This fun-filled event will take place on Friday 17th June 2016.

Every year children from each class will be sponsored by their families and friends, a certain amount of money to give to the school depending on how many times they bounce in 2 minutes. This money will help raise funds for the school to use to buy new resources and equipment for the children to have in classrooms and around the school.

After the children have finished bouncing and giggling away, they will be able to cool down with some tasty biscuits and chilled juice - YUMMY!



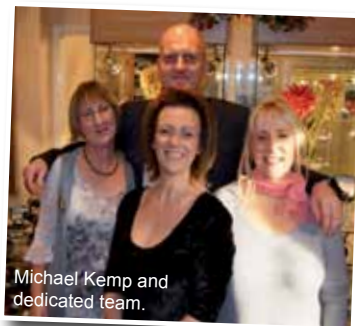
Farewell from 2015-16 St Mary's BSM writers Eden, Luke, Ben, Kara and Charmaine!

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TJ's Netball Club End of Season

report by Karen Biddel

The end of season presentation event at Little Stoke Social Club marked the official end to the season for the juniors of TJ's Netball Club.

After a game of rounders which ended when one of the dads hit the ball out of the grounds, the coaches looked back over the season. Head coach Charlotte Jones felt it had been a great season with lots of positive progress to build on. The U16 team finished fourth in Division 2 and played well throughout the season. She was particularly impressed at how the small squad often put netball above other activities so that the team would not be short of players.

The U14 team had also steadily improved as the season had gone on and was boosted by the arrival of several young players who could have played in the age group below, but who played up in the U14 squad and made a significant contribution to the strength of the team. These included Millie Bombroff, Isabel Clothier and Skyy.

Looking back at the U12 team, Charlotte went on to say that in August last year it wasn't looking like there were going to be enough players to make a team, but with the arrival of Jolie Phelps, Izzy Lloyd and Ruby Walton, who then brought their friends, numbers soon quadrupled! The U12 team did exceptionally well during the season winning the first round robin group of matches and being placed in Division 1. At the end of the season they finished fourth in that division which was the club's best position for many years.

The evening went on to present individual players with awards and special mention should be given to Lucy Taylor-Hunt, Roweda Azad and Izzy Lloyd who all won awards from the Avon Netball League for winning the most nominations by opposing teams and had been recognised as the division's best players. This is the first time TJ's had won three awards, one in each age group! The players were presented with their awards at the recent Avon League Presentation Evening held in May at Abbeywood School.

There were other positive aspects to the season too. With so many new players keen to join, the club has had to start a waiting list for Junior Players. Several players in all three age groups

also attended recent trials for the Avon County Team and Development squad.

All three coaches recognised the commitment of parents who brought their girls to training and games at a host of venues and at differing days and times. They were thanked by the coaches and the players.

The season starts again in September with the club starting back to Junior Training on Tuesday, 16th August but will nevertheless still be busy in the summer months. Many of the Junior players will be playing with some of the senior team in the Avon Summer League held at Bradley Stoke School.

TJ's Netball Club continues to run senior teams in the Avon League and would welcome new senior players. Please contact Charlotte Jones if you are interested in playing League Netball.

If you are looking for something more light hearted, the club are starting a Back to Netball section of the club. If you have not played netball since school or perhaps have never played but fancy giving it a go with people from the Bradley Stoke and local area, why not come along? You can just turn up and play with training and coaching from qualified coaches led by Charlotte Jones and Sue Miles. Sessions will be run every Tuesday at the Jubilee Centre from 7.30 pm to 8.30 pm starting on Tuesday, 21st July. Please contact Karen Biddel on 07890056287 if you want more details or just turn up on the night. We are playing just for fun and it's a great way to meet local people who enjoy playing too!



U16s



U14s



FIND US ON FACEBOOK:

Bradley Stoke & Little Stoke Gifford Matters - Facebook/BSMatters

Severn Counties at the Bath & West Show by Alan Goldsmith

Local cage bird society Severn Counties Foreign & British Bird Society had a busy two days at the Royal Bath & West Show this year. Arriving to set up on the Thursday evening, the Friday and Saturday were spent talking to the public, answering questions about the birds shown and bird keeping in general, as well as catching up with old friends visiting the show. The club has been a regular exhibitor in the small animal section for many years, and has exhibited members' birds to the public, answering questions and providing advice to novice and experienced bird keepers,

As well as the Bath & West, the club has a stand at many other shows, including Portishead and Hawkesbury Upton. Members also give talks to schools and show birds at school fetes, which always draws much interest. Club meetings usually feature a talk or slide show, on everything from trips to the Arctic to racing pigeons, and the club has a lively social event calendar and also raises funds for various charities. In addition, there are two shows open to the public each year – the next will be on 15th October 2016.

The club is for keepers in all types of birds, and meets on the 3rd Thursday of the month at 8pm at Winterbourne Methodist Church Hall, Down Rd, Winterbourne. We are always looking to make new friends, so anyone who would like to join us at a meeting to see what we are about will be sure of a warm welcome.

For more on the club our website and contacts can be found at <http://www.foreign-britishbirds.info/index.html>



BTEA Students are Fast Learners at Bloodhound Project

Pupils at Bristol Technology and Engineering Academy in Stoke Gifford spent an afternoon with the British team which is attempting to break the world land speed record.

The Bloodhound Super-Sonic Car aims to raise the current mark of 763mph (1,228km/h) to over 800mph in the South African desert.

At 13m in length and weighing more than 7 tonnes, Bloodhound features a rocket system which will fire in tandem with a Eurofighter jet engine to push the vehicle through the sound barrier. The ultimate goal is to go above 1,000mph (1,610km/h). The science behind Bloodhound is now being used in STEM activities in schools, and Year 10 pupils at BTE Academy paid a recent visit to the car's home in Avonmouth.

The programme has installed a BBC Micro:Bit codable computer, which enables students to investigate the behaviour of mini rocket cars. Working with a group of British Army engineering instructors, the group used the technology to test the concept that acceleration is the rate of change in velocity over a period of time.

Jon Furber, the member of staff supporting the students, said: *"The Bloodhound Project is a global engineering adventure, using a 1,000mph world land speed record attempt to inspire the next generation to enjoy, explore and get involved in science, technology, engineering and mathematics."*



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Kayaking trip to fundraise for the Royal British Legion Poppy Appeal

A Father and Daughter team - Jason Philips and his daughter Georgia - are teaming up for a special event in the summer, to fundraise for the Royal British Legion Poppy Appeal. The fundraising kayaking trip start on 31st July, and will finish on 6th August.

Jason told us: *"I am a member of Stoke Gifford Branch of the Royal British Legion and all the money raised from my canal kayak is for the Poppy Appeal fund to provide welfare support to the extended Armed Forces family."*

Jason will kayak / row the length of the Kennet and Avon canal for the Poppy Appeal, covering around 85 miles with 96 lock gates, two aqueducts and one long tunnel. Georgia will be cycling on her mountain bike alongside on the canal towpath. Georgia's role is to be in support, carry equipment and for safety, she will also be the person providing updates via social media and photo's.

The trip will take 7 days and Jason and Georgia will be camping for the six nights at or near pre-set public houses along the way. All equipment will be carried by the kayak and the bike. We look forward to seeing the photos taken along the way as they travel through the Wiltshire countryside, planning to finish at 1pm on the 6th August at The Cottage Public House, Hotwells, Bristol City Docks.

Jason would like to thank Clare from the North Avon Canoe Club for all the help and support in preparation for the event and sponsors Beverley Barron Personal Travel Advisors, www.facebook.com/Bristolsbestholidaydeals.

If anybody would like to support Jason and Georgia by sponsoring their adventure, donations are very welcome via their JustGiving Page at - <https://www.justgiving.com/Jason-Philips>

Or donations can be sent care of Brian Hewitt, 255 North Road, Stoke Gifford, Bristol.

All money raised for the Poppy Appeal goes to the RBL's Welfare Fund, which is used to give help and support to current and ex service personnel and their families. If you or someone you know needs help from the Royal British Legion please contact the RBL national helpline - 0808 802 8080.

The RBL also has a Pop In Centre at 60 Union Street, Bristol, where people can call in for advice and information on the charity's support and community services. The Stoke Gifford Branch of the Royal British Legion has it's own Facebook Page, so please take a look and follow and like it, <https://www.facebook.com/StokeGiffordRBL>



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Local Resident Making Moves to raise money for a Stoke Gifford Defibrillator

Many local people across the Stokes will recognise Andrew Phelps (Phelpsie), who is raising funds to provide a defibrillator in Stoke Gifford.

Phelpsie tells us *"The other day the local Scout troop was doing first aid and, having spent several weeks trying to think of how I could help the community of Stoke Gifford, I hatched the plan to raise the money for a defibrillator boxed on the wall of the Old School Rooms. I've spoken with Simon Jones, who told me that this is something the committee were thinking of working towards and he has agreed to it being housed at the OSR and connected to the electricity supply. So, now I'm trying to fundraise for the defibrillator. I have opened a justgiving page and am looking for local support!"*

Previously working for the police, Phelpsie had to retire from service in 1998 due to injuries sustained in the riots at Knowle West. In October 2014 he underwent spinal surgery to replace and fuse his lumber spine. As part of his recovery and to encourage regular activity, Phelpsie has been prescribed an exercise regime resulting in him joining the Bradley Stoke Leisure Centre. He tells us: *"It is a challenge for me going to the gym regularly but once there I always try my best and can complete about 1,000 Moves (don't ask me what a Move is but it's tough and takes me 66 minutes on 6 different pieces of equipment!). For this challenge I am asking people to sponsor me to help me achieve 100,000 moves, which should take me about 34 weeks."*

If you are able to sponsor Phelpsie and help reach his goal to be able to provide the community with a local defibrillator, he would be delighted to hear from you! You can donate from as little as £2 on his justgiving page:

https://crowdfunding.justgiving.com/StokeGifforddefibrillator?utm_id=2&utm_term=nVnkPnKxX



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Bradley Stoke Cricket Club Celebrates 25 Years

On Sunday 5th June
Bradley Stoke Cricket
Club held a fun day as
part of its celebrations
to mark its 25th
anniversary.

Formed in 1991 the club has grown from its original five members to one of the largest clubs in the Bristol area. In its first season it operated just one team but now has six adult teams playing each weekend and a large youth section including five teams from under 9's to under 18's playing in local league cricket.

The day included many attractions, the main one being a visit from Jack Russell MBE the former England & Gloucestershire wicketkeeper. Jack is a very talented artist and there was an exhibition of some of his paintings, sketches and books on display. He also made himself available to sign autographs and pose for photographs and always had time to talk to everyone who came on the day.

The Club held a prize draw which included six fantastic prizes including three of Jack's works of art, a signed cricket bat by the Australian cricket team that toured in England in 2015. There was also another cricket bat and a family ticket to a Gloucestershire 20/20 match. The winning tickets were pulled out of the hat by Jack himself.

Other attractions on the day included a demonstration of Kwik cricket from some of the youngsters in the club and a T20 match involving Bradley Stoke CC vs a Celebrity Eleven that included former footballers Scott Murray, Alex Russell, Lewis Carey, David Meyhew and from rugby, Sean Marsden, all of whom helped the celebrity X1 win the match.

There was also the opportunity to have a photograph taken with a



photo right: Jack Russell MBE with Mike Mundy, Club President and founding member of BSCC, below lucky winners of the raffle for Jack's art. Thank you to Andy Burrows for sharing his photos of the day with us.



replica of the original football European Cup and a chance to have a try at bowling at a set of stumps. There was outside catering, bouncy castles, an ice cream van and other stalls on site. The club bar was open and coffee, tea and cakes were available.

The weather was absolutely fantastic and it is estimated that over 300 people were present on the day, many of whom stayed until the celebrity match had finished. An auction of sporting memorabilia was held in aid of 'Kicking out for Kids' and several items were purchased for charity.

Bradley Stoke Radio was present throughout the whole day with commentary on the match being provided. There were also visits from Radio Bristol and BBC Points West.

The event was over a year in the planning and BSCC wish to thank all advertisers who placed an entry in the souvenir programme, and everyone who purchased a programme to help the Club raise some money towards a target of £30,000 which is to pay for new outside nets which are desperately needed to ensure that its members, particularly the youth section, become better players by being able to practice using proper approved facilities.



The top pitch area at the Jubilee Centre on Saturday 4th June was host to the annual BSYFC Football Festival. This was the 10 year anniversary of the BSYFC Football Festival and is the final stage of the Club School Link Program, where the club coaches have been going into 14 local Primary Schools providing in-school football coaching to all Year 1 classes. In 2016 the club has coached 720 Year 1 children over the period from Feb to May. All these schools then enter a team into the Football Festival resulting in 140 Year 1 children taking part on the day.

Over the 10 year history, BSYFC coaches have coached over 5,100 Year 1 children in their schools and the Football Festival has seen over 1,400 Year 1 children take part. All of this is provided free of charge to the schools and the children. This successful event has been supported every year by McDonalds, Bradley Stoke Town Council, Bradley Stoke Youth FC and the Gloucestershire FA.

The Football Festival is a fun event and each school is awarded points for various categories when the coaches go into the schools. This year every child participating in the Festival received a goody bag, a medal, swim bag, GFA baseball cap, shin pads, football socks, sports bottle, drawing/painting set, and of course sweets. Also every school received a McDonalds coaching set with footballs, a cup of varying sizes and a team photograph of their squad. The cups for the Teachers Awards this year went to Iron Action and Almondsbury. The top 3 schools also won football bibs and training cones and the top team won a full McDonalds football kit for their school.

- 1 BSYFC and McDonalds 10 year Anniversary Community Award
St Michaels
- 2 BSYFC and McDonalds 10 year Anniversary Partnership Award
Wheatfield
- 3 BS Town Council School Link Community Award
Iron Acton
- 4 BS Town Council School Link Coaches Award
Holy Trinity
- 5 Bradley Stoke Community Festival Respect Award
Meadowbrook
- 6 BSYFC Festival of Football Achievement Award
Almondsbury
- 7 BSYFC Festival of Football Club School Link Winners
Stoke Lodge



- 8 BSYFC Festival of Football Performance Award
St Marys (Bradley Stoke)
- 9 BSYFC Festival of Football Club School Link Runner Up
St Peters
- 10 McDonalds Festival of Football Winners
St Mary's (Thornbury)
- 11 McDonalds Festival of Football Winners
Bowsland Green
- 12 McDonalds Festival of Football Runner Up - BSYFC



Bradley Stoke Youth FC are finalists in the FA Community Awards 2016 in the category for Charter Standard Community Club of the Year. Also club coach Matt Smith is a finalist in the category for Young Coach of the Year. The winners will be announced at the Awards Ceremony on 22nd June at the GFA (just after we went to print on this edition). So fingers crossed for a double success on the night. Having 2 finalists in the same year highlights the great work the club performs in the community and the successful young coach mentoring program the club operates.

If anyone is interested in supporting next year's event, please contact Martin Lee at mlee1@btopenworld.com

If there are any girls, boys or ladies interested in joining any of the teams at BSYFC, please contact Martin Lee or visit the club website at www.bsyfc.co.uk

BSYFC also offers football coaching sessions for children with disabilities (5 to 11 year olds), again please contact Martin Lee for more information or visit the club website at www.bsyfc.co.uk





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Advice for the summer from Dr James Bragg: Dehydration is one of the most common reasons for people seeking GP help in the summer. In warm weather you lose a lot of water by sweating. This puts you at risk of urine infections, fainting, headaches and other unpleasant symptoms if you are not drinking enough. For some people, such as the elderly and very young, dehydration can be serious. Remember at this time of year, it is important to drink a lot more! Try and stick to water rather than alcohol, fizzy drinks or drinks containing caffeine.

New Minor Injury Service: Since April this year, we have been offering a new Minor Injury Service to our registered patients. The purpose of this is to provide a local and responsive service for minor injuries that replaces the need to attend A&E. Minor ailments, such as: suspected fractures; cuts and lacerations; minor burns; animal/bug bites; slips; trips and falls; sunburn, and minor head injuries can all now be treated at the surgery. You do not need to make an appointment – one of our nurses will assess you as quickly as possible and you will be seen in one of our treatment rooms.

Community based social prescribing: We are also about to start work with Curo and Age Concern that are aimed at improving community based social prescribing. We hope these initiatives will really help our local community and we look forward to starting to work with them.

Devlopment and Refurbishment: A successful bid to the Primary Care Infrastructure Fund allowed us to develop Conygre Road Surgery by refurbishing all the clinical rooms, creating a new room and adding a lift. Work was concluded in April and we now have 6 clinical rooms that will allow us to increase the range of services offered in our Filton Branch.

Teamwork: We are very proud of our evolving clinical team which sees the 6 Partners (Dr Bragg; Dr Aitken; Dr Warnock; Dr Young; Dr Wood and Dr Bodey) supported by 3 Associate GPs (Dr Haque; Dr Herring and Dr Blenkarn (currently on maternity leave)); Our Nurse Practitioner (Annie McGuinness) and Nurse Prescriber (Indira Timothy), and a great nursing team consisting of Treatment Room nurses, Chronic Disease Nurses, a Sexual Health Specialist Nurse, Health Care Assistants and Phlebotomists along with excellent back up and front line support from our Management, Reception, Admin, Secretarial & IT staff.

Training: To support the wider NHS we are also involved in training Doctors, Nurses, HCAs and Admin Staff. We are keen to develop our patient care and will shortly be supporting medical research.

Patient Education: We also want to help YOU to better manage your health and are running a range of patient education sessions. Please visit www.stokegiffordmedical.co.uk for more details.

We are delighted to have been invited to write for this publication and would love your feedback on what you would like to see included in future editions.

Please contact Debbie.grant@gp-L81118.nhs.uk with your comments and ideas.

30 Years and Growing ...

As Bristol-based Gregor Heating, Electrical and Renewable Energy embarks on their 30th year in business, they have recruited a Commercial Director to help facilitate the company's ambitious growth plans.

Shaun Williams from Wiltshire will be joining the board of Warmley based Gregor Heating, Electrical and Renewable Energy, as the new Commercial Director for the company that provides heating services to customers of Bristol, Bath, North Somerset, South Glos and Wiltshire.

Previously Sales Director at Happy Energy in Cornwall, Shaun, who started his career as a gas service engineer, brings to the table solid sales experience with a strong track record in the energy industry including three years as Head of Sales at Scottish Power.

The new role symbolises a significant milestone in the company's development and Shaun will be tasked with proactively leading the sales, marketing and customer service functions of the business. He will also oversee development of customer communications for the company's 5000 private customers as well as larger commercial contracts to fulfil its strategic vision to become the first choice provider of heating solutions to the local community.

Shaun said, *"This is a very exciting time to be joining a local company that has such an outstanding reputation. The business has grown significantly in the last three years and is at a very exciting stage of growth. The energy industry is also moving at a pace and with the introduction of more heating solutions to make*



people's homes run more cost efficiently and Gregor is very well placed to make the most of that."

Founder and Managing Director Steve Gregor, said, *"We are celebrating 30 years in business this year and are proud of our reputation for delivering innovative, cost effective heating solutions to the heart of the community through technical expertise and exceeding customer expectations."*

"In the last two years we've developed a strong management structure to set us up for the future. It's been a real challenge getting the right team in place and finally appointing someone into the role of Commercial Director is the last piece of that puzzle."

The company has grown by exponentially in the last three years and now employs over 100 people from its head office in Warmley. It has also been approved as a Which Trusted Trader and is a previous award finalist of the Bristol Post Customer Service and Small Business of the Year Awards.

Pictured: Shaun Williams (left) with Steve Gregor (right).

Local resident takes over at Ovensclean

Our favourite local oven cleaner has decided to sell his business after a fruitful and happy 5 years as part of the Ovensclean franchise. But not to worry - local resident Myles Cutler will be taking over from Nigel Welch to keep your ovens sparkling!

Bradley Stoke Matters was pleased to catch up with both Nigel and Myles, who is due to take over the Ovensclean franchise for North Bristol towards the end of June.

Nigel has been an Ovensclean franchisee since 2011 and has become very established in the North Bristol area, acquiring a large customer base through an excellent service. However, he has now decided to pursue his dreams of travelling by going on a 2-year trip around Southern Europe! When we met, Nigel was in the process of handing over his business to Myles, who is very excited to start his journey and looking forward to getting out and meeting Nigel's existing customers.

Before joining the Ovensclean franchise, Myles spent 20 years in the IT industry but, as the years went on, he began to crave more control and flexibility in his life.

Realising that the possibility of redundancy was on the horizon gave Myles the push he needed to look for a job in another industry. Noticing Nigel's advert in the local magazine for an Ovensclean franchise therefore appeared to be an ideal opportunity, coming along at just the right time.

Myles claims that joining Ovensclean was an easy decision, and after attending an open day at the Head Office he was sold on joining the Franchise. He has spent lots of time with Nigel over the last few weeks, learning the ropes of the business and receiving bespoke support and training.

Your local Ovensclean specialist can restore a range of appliances and delivers a first class service and high quality cleaning. The smartly uniformed technicians are courteous, knowledgeable and carry out professional oven cleans. Knowing they have received comprehensive training provides you with confidence in the Ovensclean service across a range of kitchen appliances, including: Oven



Cleaning, Hob Cleaning, Extractor Hood Cleaning, Grill Cleaning, Microwave Cleaning, Aga cooker Cleaning, Range & Stove Cleaning and Barbeque Cleaning.

Myles is looking forward to having a career that he can feel passionate about and is determined to build upon the success already achieved by Nigel. He told us *"I am excited to finally be running my own business and to have the opportunity of continuing such a great service across the local area. I very much look forward to meeting all our Ovensclean clients - both old and new"*.

Bradley Stoke Matters would like to welcome Myles and also say goodbye to Nigel Welch who has been an advertiser with us for the last five years. We hope that you have a fabulous trip around Southern Europe!

If you would like more information on oven cleaning in the North Bristol area, please contact Myles for more information on 07557 110932 or visit the Ovensclean website www.ovenclean.com.



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Bradley Stoke Lions

by President Ailsa Young



Bradley Stoke (BS) Lions are very sorry that, due to unforeseen circumstances, we were unable to bring our popular Frog Game to the Bradley Stoke Fair this year. We hated to disappoint our faithful customers, and fully intend to ensure that we are back next year.

Our Handover Ceremony at which I passed over the ceremonial gong to the incoming President, Robin Young, was held in the Aztec Hotel on 21 June. We shared the evening with our parent club Bristol Brunel Lions, who also changed Presidents, enjoyed a wonderful meal and a most convivial evening.

Our next social is a croquet competition between Bristol Brunel and BS Lions on 19 July on the Green at Kellaway Avenue. Bristol Brunel hold the advantage with more experienced players, so if anyone can bring BS Lions some support, we would appreciate it. Just come along on the night.

For more information on the Lions, please contact Robin on 07712 046644. Our next meeting is on Wednesday 13 July 2016 at the Hilton Hotel. (Always the 2nd Wednesday of each month).



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New Inheritance Tax Rules

Andrew Jack of AMD Solicitors considers the new Inheritance Tax rules – very good news for some

Under the new inheritance tax rules, far more estates will pass free of inheritance tax post 5th April 2017. By 5th April 2020, some estates worth £1 million will pass free of inheritance tax.

The residence nil rate band

For deaths from 6 April 2017, an additional inheritance tax free "residence nil rate band" will be available. This will begin at £100,000 in the tax year 2017/18 and will increase by £25,000 each tax year, reaching £175,000 by 2021. This "residence nil rate band" is available where the deceased leaves a property (or the proceeds of sale of a property), in which they have lived at some point, to their direct descendants (children and their issue).

The residence nil rate band is available on top of the existing inheritance tax nil rate band of £325,000, so that in 2020/21 an individual will potentially be able to leave £500,000 free of inheritance tax. As is now the case with the standard nil rate band, where the first of a married couple to die leaves their estate to their spouse, the inheritance nil rate band can effectively be "passed on" to the surviving spouse. The estate of the spouse who is second to die will therefore potentially have two nil rate bands (£325,000 x 2 = £650,000), plus two "residence nil rate bands" (£175,000 x 2 = £350,000).

For those with a conventional family, and a modest home and savings (and subject to the rate of house price increases in the coming years) it is therefore likely that no inheritance tax will be payable on their estate. However it is crucial to establish that the wording of your will is compliant with the new rules, to avoid the risk of the additional tax free band being wasted. The detail of the new rules is awaited at the time of writing this note.

For advice on inheritance tax, administration of estates, wills, lasting powers of attorney and all private client issues contact Andrew, Brenda Smyth or another member of the team on 0117 9621205, email probate@amdsolicitors.com, or call into one of our four Bristol Offices.

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Bradley Stoke Town FC, end of season report for 2015 / 2016

Report by Ian Drew, Chairman

At our end of season presentation night in May there seemed to be a few glum faces due to our teams not registering any promotions or cup successes this season.

Well it was a season of 'consolidation' as all three of our Saturday Adult teams were playing in higher divisions against supposed superior opposition. With all the teams ending the season at mid table or better there is plenty to build on, especially as our third team finished higher in their respective division than in previous seasons. Our Veterans Sunday team also ended at mid table, pulling some good results together after a difficult start.

Well done to all those players who participated for BSTFC!

The end of season awards were as follows –

1st team –

Players player Craig Potter
Managers player James Holbrook

Reserves –

Players player Duncan Reade
Managers player Charles Moore

A Team –

Players player Ben Hawkes
Managers player Declan Ord

Other awards –

Most improved Charles Moore
Young player Andy Nelson

Other awards (cont)–

Golden boot – Sam Peplow

Well done to all the above.

We would like to thank the continued support of our sponsors, Bradley Stoke Matters / Bradley Stoke Town Council / Lifestyle. If You are a Company or Individual who would consider sponsoring one of our teams, please feel free to contact the Chair via our website at

www.bradleystoke-townfc.co.uk

Pre season training for the 2016 / 2017 season commences on Tuesday 5th July, again check out our website for further details, we look forward to seeing you there.

Bradley Stoke Matters is proud to be sponsoring Bradley Stoke Town Football club once again for the 2016/17 and 2017/18 seasons.



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BSYFC Under 10's

Well what a fantastic season it was for the BSYFC Under 10s. Throughout the season they played seventeen matches and managed to achieve sixteen wins! This included twelve cup matches and three finals (all won!). The team has managed to achieve some really impressive results against some quite formidable opponents. The coaches put this amazing run down to the hard work, focus and dedication of all the players.

To celebrate the success, the team invited down two well-known Bristol Rovers players to present the medals and end of season trophies.

On the last astro training session of the season Stuart Sinclair and Rory Gaffney turned up to watch training and were very impressed with what they saw. At the end of the session they were great with the players presenting the medals and posing for photographs with children and parents alike. This really gave the kids something to tell their mates about at school the next day.

We would like to thank Stuart and Rory for giving up their valuable time and giving the players something to remember at the end of a fantastic season. Here's looking forward to what the new season brings!



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Bradley Stoke Youth FC Under 13s on tour!



On a typical bank holiday weekend, wet and windy, BSYFC u13s set off to Woolacombe, in Devon, to compete in the Woolacombe Bay Championships 2016.

On arrival at Golden Coast Holiday Park everyone was delighted to be allocated lodges within easy reach of each other (no hunting around looking for a missing member of the party!). After a bite to eat and, having watched the somewhat dubious entertainment on the evening, it was time to retire to bed ready for the first day of the competition on Saturday.

Saturday arrived and brought with it sunny, cold and windy weather but no rain, thank goodness! After a 20 minute journey to the venue we arrived ready to play the first of 3 games scheduled for that day. Success followed as the boys won their first 2 games but lost the third. Teams from all over England competed and it was amusing how seriously some teams took the competition and how relaxed others were. Saturday night saw everyone taking part in Bowling (I am not sure who was more competitive the children or the parents) but enormous fun was had by all. On to the evening's entertainment and the parents certainly enjoyed themselves whilst the children were a little more restrained!

On Sunday morning, in the pouring rain, we headed back to the football pitches to play our last 2 games. Whilst we were unlucky not to make the final we did finish an impressive 4th in our league. The U13s conducted themselves in a very positive manner and their coaches were immensely proud of them, as were the parents.

Sunday evening was presentation night and every child was given a medal for participating, with trophies for the winning team from each age group. Every child met and had their photograph taken with John Hartson, ex Arsenal and West Ham player, who



also gave a motivational speech. Another night's entertainment followed and a great time was had.

Monday morning dawned and it was still raining. Spirits failed to be dampened as, with the cars loaded, we headed to our last activity of the tour, Wave Surfer. This is an indoor Surfing Simulator and all the children participated along with several adults. They had a fantastic time learning the art of surfing with several participants being able to kneel up on their boards by the end of the session (not easy when 60 000 gallons of water shoot by every minute). It really was a fabulous activity and the beaming smiles from everyone at the end were great to see.

This was the end of our 2016 tour and we returned to our cars, to start the journey home, tired but very happy.

Special thanks must go to Dawn at Tesco Extra, Bradley Stoke for letting the boys bag pack on a Saturday to raise much needed funds. Thanks also to Bristol Rovers FC and Bradley Stoke Leisure Centre, who very kindly donated raffle prizes for a fundraising event held earlier in the year. Your support is very much appreciated.

Bring on our 2017 Tour!

Success for BSYFC Girls' Teams

On Sunday June 14th the Bradley Stoke Youth FC Girl Teams of U11's, U13's and U14's rolled into the Brislington Juniors Tournament. The rain had stopped and the sun was shining so great conditions for football. The gazebo's were all built and put in a location near to the relevant pitches and we were all ready for a 1.30pm start.

BSYFC U14's played 5 matches of 6 a-side format in their group. The score in 3 of the matches was 0-0. The other 2 matches ended in wins of 2-0 and 1-0. So the team were unbeaten in the group and with no goals conceded. Goal scorers were Emily Holbrook with 1 and Molly Bose with 2. This was good enough to see the team into the final where they played Bristol Ravens.

Now in the 2015 tournament BSYFC had 2 teams through to the semi-finals and they both played Bristol Ravens with Bristol Ravens winning both semi-finals to go through into the final. So BSYFC were looking for some closure on those results and started the final very strong. We had several chances in first half but could not make the breakthrough. Then midway in the second half Katie Jones had a power shot from just inside the opposition half which the goal keeper saved but Molly Bose was following up to tap the ball into the net for 1-0. BSYFC then stayed secure until the final whistle to come out with a well deserved victory and to win the Brislington Tournament 2016 without actually letting a single goal in ... that's good defending for you. Congratulations to the squad of: Emily Holbrook, Sophie Robertson, Rebecca Humphrey, Emily Razey, Charlotte Mason, Katie Jones, Molly Bose and Aimee Hancock.

BSYFC U13's played in 5 matches of 9 a-side format in their group. The score in 2 matches was 0-0. The other 3 matches ended in wins of 1-0. So the team was unbeaten in the group and with no goals conceded again. Goal scorers were Chloe Davies, Katie Rawlings and Lydia Tang. This was good enough to see the team into the final where they played AEK Boco. The final was a tight affair with AEK Boco taking the lead only to see BSYFC storm back to level the score at 1-1 with a goal from Karam Nirwan. The match then went to extra time where no further scoring took place and the match finished 1-1. The game now had to be decided on penalties. Each team had to take 3 penalties and the score was still level at 3



penalties each converted. It then went to sudden death penalties with AEK Boco finally winning 4-3. So BSYFC were runners up but what a good show they put on for the day. Congratulations to the squad of: Becky Douglas, Paige Fowler, Chloe Davies, Hannah Lewis, Maddie Hilbert, Olivia Hood, Lydia Tang, Katie Rawlings, Karam Nirwan, Millie Hooper and Erin Welsh.

BSYFC U11's played 5 matches of 6 a-side format in their group. Their results were : Won 2, Drew 2 and Lost 1. This was just not quite good enough to qualify out of the group and they finished in 3rd place but the team played really well against some tough opposition and they all enjoyed the day.

Season 2015 – 2016 summary:

The **U14 Girls** squad finished 4th in the Bristol Girls League and were finalists in the GFA County Cup.

The **U13 Girls** finished 5th in the Bristol Girls League.

The **U12 Girls** finished 4th in the Bristol Girls League.

The **U8 and U10 squads** continue to grow and played lots of friendly matches in the season.

If any girls are interested in joining BSYFC please contact Martin Lee at mlee1@btopenworld.com or go to the club web site at www.bsyfc.co.uk



Christmas at
Holiday Inn Bristol City Centre
Packages from £14.95 pp

Contact our Academy Team to book your Party
0117 9245000 or email academy@hibristolcity.co.uk





COMPANIONS HAVEN

PET CREMATORIUM



**For when the time comes
to say goodbye.....**

Companions Haven is a family run pet crematorium specialising in individual cremation. Our premises are adjacent to our family home in beautiful grounds. We are in the village of Pucklechurch between Bristol and Bath. We have been taking care of pets and their pet owners at this most difficult of times for almost 25 years. As an APPCC member, compliant with the required code of practice, you can expect your pet to be handled with care and dignity. We are here to support you through the process in every way. We will also help you to decide on what you would like to do with your pet's ashes. Whether that be scattering, burial, or something for the home, we can provide the right solution for you and your pet. We can always offer you an appointment the same day and you are welcome to choose whether you bring your pet to us personally or we collect him or her from the vet or your home.

There is no charge for local collection.

It is important to give yourself time to grieve. Take time to talk to your friends and family, you should never feel self conscious about your grief. Many people experience feelings of guilt "Did I do the right thing, what could I have done to prevent it?" This is normal and will subside with time. Remember the word euthanasia comes from the Greek for 'a gentle death'. It is a great gift to be able to prevent unnecessary pain and suffering.



**www.companionshaven.co.uk
info@companionshaven.co.uk**

**200 Westerleigh Road Pucklechurch Bristol BS16 9PY
Tel: 0117 937 4554**



Bradley Stoke Ladies FC - What a first season!

by Martin Lee

The newly formed Bradley Stoke Ladies FC have completed their first season in the Gloucestershire County Women's Football League Division 2, finishing in 4th place. This is an outstanding achievement for a team that started training on 6th May 2015 and who have a squad with a range of abilities, a range of fitness levels and a range of ages from 16 to over 40 years old.

The team was formed to enable the Bradley Stoke Youth FC (BSYFC) U16 girls from last season the opportunity to continue in football. The Town of Bradley Stoke have never had an adult female football team so this is the first, and with the links to the BSYFC girl squads the future for the Ladies team looks great.

The team performed well over the season and produced a run of great results, which saw them unbeaten in March and April. The League results were 18 games played with 9 wins, 3 draws and 6 losses. Goals scored 60 and goals against 38. The team in all the matches were competitive and the commitment and energy was there for all to see. The management team of Martin and Ross Lee were very pleased with their first season and the performances passed all expectations. What is more pleasing is the development of each player throughout the season ensuring a bright future for the club.

The management team would like to thank Colin Garraway (GK coach) Matt Smith (coach) and Roger Hartill (coach) for their assistance and support over the season.

The squad will unfortunately lose some players now due to work and University commitments but the nucleus of the team will still be there. The management team are always looking for new players to come and join the squad, so if any female players are interested in joining a developing and growing club, please contact Martin Lee at mlee1@btopenworld.com or 07785 384 618.

All coaches are FA Level 2 qualified and members of the FA Licensed Coaching Club. Bradley Stoke Ladies FC are a FA Chartered Standard Community Club with strong links to Bradley Stoke Youth FC (BSYFC). BSYFC run girl specific teams that play in the Bristol Girls League so any young girls wanting to play football please view the web site at www.bsafc.co.uk for contact information.

**Bradley Stoke Ladies start grass training
on Tuesday 28th June at the Bradley
Stoke Community School, 6-7.30pm.**



**They have just completed their first season in
the Gloucestershire County Womens Football
League Division 2 finishing in 4th position
and are now looking for new players to
continue the development of the squad.**

**Any interested players need to be 16 years
old and above to be able to play in the
League.**

**All coaches are FA Level 2 qualified and
members of the FA Licensed Coaches Club.**

**If interested email Martin at
mlee1@btopenworld.com
or call 07785 384 618**



FIND US ON FACEBOOK:

Bradley Stoke & Little Stoke Gifford Matters - Facebook/BSMatters

Community Noticeboard

to promote your event for
FREE contact
Jaci@mattersmagazines.co.uk

BRADLEYSTOKE'S GOTMUSIC

27th August, The Willowbrook Centre
Are you a local talented singer or musician?
Or in a local band and struggling to get noticed?

We're looking for performers to take part in our competition - where you'll get the chance to perform in front of our shoppers and a panel of judges to win a live performance on the BSR FM103.4 Friday Drive Time Show plus two additional live performances! You must live in postcodes BS32, BS33 or BS34 and be over the age of 14 to enter.

Email enter@bradleystokesgotmusic.co.uk if you'd like to take part.

Events at Winterbourne Medieval Barn

Church Lane, Winterbourne BS36 1SE • www.winterbournebarn.org.uk

The History of Cider with guest speaker Dr Richard Stone, Tuesday 5 July at 7.30 pm – This free talk follows the AGM of Winterbourne Medieval Barn Trust which is at 7 pm, and is open to everybody (all welcome to sit in on the AGM beforehand too). No event at the Barn would be complete without a taste of the produce from the 200 year old wooden cider press! Refreshments will be available to purchase after the talk.

Opera in the Barn La Cenerentola, Sunday 10 July, 6 pm – 8 pm

Cinderella...but not as you know it! Tessitura Opera presents a fresh take on one of Rossini's most loved operas. Set in modern day England, this sparkling comedy follows the story of Angelina, a harassed PA stuck at the bottom rung of her step-father's business, a Prince in the most royal of reality shows, with a litany of other colourful characters, can true love still triumph in the 21st Century? Tickets cost £13.50 adults, £10 under 16s, and are available from Tessitura on 07967 991902 or online from tickets@tessitura.co.uk (booking fee) or from Daisy's Coffee shop from 27 June. Refreshments will be available to purchase during the interval. You are welcome to bring a picnic to eat in the grounds beforehand (from 4 pm).

West Gallery Singing Workshop, Saturday 16 July, 10.30 am – 4 pm – West Gallery music is the type of folk music sung in churches in the 1700-1800s, led by the village choir and the village band. Sadly it was such fun that the Victorians strongly disapproved and threw out the choirs and bands in favour of organs and robed choirs! The music is accessible to all and you can learn by ear or read the music. It is sung in four parts, so whatever your voice range, there is a part for you. String or woodwind instrumentalists are also welcome at this workshop. The day costs £15, payable on booking (cheques to WMBT please), which includes tea, coffee and biscuits. Please bring a packed lunch. There is a small additional charge for printed music, payable on the day. Booking forms can be downloaded from the website www.WinterbourneBarn.org.uk or are available from Linda Hall at lindajhall61@gmail.com, Tel. 01633 889019 or 07891 688581.



Summer Reading Challenge 2016

Come and join The Big Friendly Read this summer - it wouldn't be the same without you!



The Big Friendly Read, Summer Reading Challenge 2016 begins in all South Gloucestershire Libraries on 16 July and runs until 10 September. It's fun, it's friendly and best of all, it's totally FREE.

All children have to do is read six library books over the summer, collecting special Big Friendly Read collector cards from some of Roald Dahl's best-loved stories along the way, to get their medal and certificate.

Libraries are also holding free activities throughout the holiday to help children complete the challenge. Visit your local library or log on to www.southglos.gov.uk/libraries to find out more.



Bradley Stoke Community

Singers Presents

'Our True Colours'

With special guests

Meadowbrook & Wheatfield Choirs

Tuesday 12th July 2016

Doors at 6:45pm, Start at 7:00pm

At Bradley Stoke Community School

Tickets: £5 adult, £3 child

This project has received financial assistance from Bradley Stoke Town Council

Baileys Court Primary School Summer Fair

Saturday 9th July from 11am-2pm.

Every year the fair raises valuable funds to enrich the pupils' time at school, and is a hugely enjoyable day for all local families.

If your child has been accepted to start their Reception year in September 2016, then come along to meet other families and have a chance to get involved in the vibrant community we share.

This year the fair will include a display programme including Taekwon Do, SW Winterguard Academy and Lula Gardland's Dance School with Bradley Stoke FM supporting the event. Bouncy castles, pony rides, sports try-outs, a wide variety of hot and cold food available in our food court and a host of local businesses showcasing their wares – a great Saturday for your diaries!

For more information on future events please check the 'Friends' link on www.baileyscourt.com

BRADLEY STOKE LIBRARY

July & August 2016

Rhyme Time (Term time only)

Monday 4th July 10:30 am - 11 am
Monday 11th July 10:30 am - 11 am
Monday 18th July 10:30 am - 11 am

Storytime (Term time only)

Thursday 7th July 11:00 am - 11:30 am
Thursday 14th July 11:00am - 11:30 am
Thursday 21st July 11:00am - 11:30 am

Chatterbooks

Saturday 16th July 2.30 pm - 3.30 pm

Biggerbooks

Friday 8th July 6pm - 7pm

Launch of Summer Reading Challenge

Saturday 16th July

Fizz Pop Science

will be delivering 1hr of fun science. From foaming potions to hydrogen balloon explosions, this event will be scientifically fantastic! Suitable for 5 – 12 year olds, spaces are limited so booking is essential.
Weds 27th July 10:30-11:30am (Bradley Stoke Library)
Tues 2nd August 2-3pm (Winterbourne Library)

Volunteer drop in session

Thursday 14th July 2:30 pm - 4:30 pm for any enquiries about volunteering.

Explore Learning Big Friendly Giant workshop

Monday 1st August 4pm – 5pm
(spaces are limited, so please book with the library)

Crocodile and Other Friendly Animals Activity

Thursday 4th August 10:30am - 12pm

Fun and Craft Group

Saturday 13th August 10am – 12pm

Dahl's Delicious Delights

Thursday 18th August 10:30am – 12pm

email: jaci@mattersmagazines.co.uk to list your event for FREE

Check out www.bradleystokematters.co.uk for MORE community events!

Ofsted Celebration Day

We feel that we have lots to celebrate at HTPS this term. Following a very successful Ofsted inspection in January, which resulted in a 'good' judgement, we had a SIAMS in April. This is an inspection carried out under the remit of the National Society and looks at the Christian distinctness of the school and the quality of leadership. We're proud to have achieved an 'outstanding' judgement in this very important area for a Christian school.

We asked the children on the School council how they would like to mark these achievements and they voted for a day of sporting events and time to enjoy the outside space. This took place on Friday 17th June and we had a super day!

Year 6 were given the challenge to set up and run games for the rest of the school. The brief included instructions for them to make the games accessible to all but with the option for them to be made more challenging for the older pupils. They took this on with gusto and planned activities which really engaged the other pupils well. We clearly have leaders in the making and the rest of the staff were so proud of the involvement of the year 6 in the events.

After a packed lunch, which had to be eaten inside as there was a shower of rain at lunchtime, the sun came out and so the activities on the field went ahead. Three games of cricket were set up, there was an ongoing netball game, the year 6 enjoyed playing with the parachute, the pond area was open for spotting frogs and dragonflies and a selection of other sports equipment were available for the children to enjoy using. As I surveyed the field I could see 200 happy children having a great time with their friends and thoroughly enjoying being out in the sunshine. It really was the best way to celebrate being together as a school!

At 3pm we arranged for an ice cream van to arrive and we had the task of serving the children with either a cone, a '99' or a lolly! This was probably the highlight of the day! As one pupil said as he left school – "This is the best day EVER!"



Sports Week

As I write this, we are planning a sports week from 20th-24th June on the theme of 'Breaking the Limits' and is linked to the Paralympic Games. We want to give the pupils an insight into the world of disabled athletes and how they overcome their disability to achieve excellence in sport.

As well as doing some sports which have been adapted for a disability we have some visitors coming in to share their experiences with the children. Our visitors are as follows:

Monday 20th June: Mark Hodge will be in school. Mark is the coach for the GB throwing team who won Gold at the Invictus games earlier this year. After the assembly he will lead a workshop for the year 6 in wheelchair racing. Another visitor on Monday morning is Kris Tavender from the Bristol Sport Foundation who will be teaching the children about sensory sport—i.e. where one or more senses are impaired how do athletes compensate and compete?

Tuesday 21st June: Karen Butler, who has been confirmed as part of the Disability Shooting team for the Rio Olympics, will lead an assembly and explain how she competes as a wheelchair user. Karen works at the Guiding HQ. After the assembly she will lead workshops on curling, a sport in which disabled athletes often excel.

Our visitor on Wednesday 22nd June will be Bart Gee. Bart was born with a significant disability but his determination and strong Christian faith have enabled him to become a talented musician and a sportsman. He will play the keyboard for our worship at 1.30pm on Wednesday and then show the children how he plays table tennis. For the record, and despite having only one arm which is useful, he is currently swimming the equivalent distance of London to Rio for charity.

See Bart's incredible story at www.breakinglimits.co.uk.



On Thursday 23rd June we are hoping that Paul Vice MC will be well enough to share an assembly with us at 3.00pm. Paul is an ex-marine who was involved in an explosion in Afghanistan whilst on a tour of duty in 2011. His injuries were significant. He is dubbed 'The Commando who refused to die' as his injuries were so extensive that he 'died' twice during the airlift to the hospital in Camp Bastion. As the result of complications he took the decision to have his leg amputated so that he can play with his four children.

After surgery his determined spirit saw him win gold medals in archery and the cycling road race at the Invictus Games (see Paul on the right in top picture). Paul is currently unwell, so has recorded a video for us which we can share with the children if he cannot make it into school.

We do hope that these inspirational people will enthuse our children and encourage them in the future to persevere, even when things are hard to achieve.



Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

BABY AND TODDLER GROUPS

Bouncing Babies - Tuesdays 1-3pm at Jubilee Centre for babies under 1. Cheryl Godsell 01454 868570 CGdsl@aol.com

Trinity Tots - Monday's 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

First Steps Toddler Group - Mondays and Thursdays 10-11.30am term time Christ the King Church, Bradley Stoke tel : 07590 369 935

Little Hedgehogs (0-5's) - Friday mornings 10am-12noon, Edge Church International 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990.

Pre-School Rhyme time and Story time Bradley Stoke Library Mondays 10.30-11am and Thursdays 11-11.30am 01454 868006 bradleystoke.library@southglos.gov.uk

Puddle Ducks - Mondays 10am to 12 noon during term time Brook Way Activity Centre. puddleduckstoddlers@hotmail.co.uk

North Bristol Twins Group - Fridays 10-12am Evangelical Church in Bradley Stoke, northbristoltwinsgroup@googlemail.com

Tuesday Tots 10-1130am with safe outdoor play area at Little Stoke Baptist Church. All welcome. Contact Barbi Britton 0117 9695249

LOCAL CLUBS AND ORGANISATIONS

Afternoon Social Club 55+, every Wednesday from 2pm – 3pm at the Jubilee Centre, Bradley Stoke.

Bradley Stoke Book Club 'Bookaholics' meet at Starbucks, Aztec West on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714101354 geoffrey.stobbart@bopenworld.com

Bradley Stoke Community Singers - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

Bradley Stoke Lions meet at the Hilton Hotel on 2nd Wed of each month at 7.30pm. Ailsa Young, 07737 106836 ambyoung29@yahoo.com

Bradley Stoke Radio - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio.org.uk

Bradley Stoke Sew and So's - Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos.weebly.com

Bradley Stoke Small Business Forum - meets 2nd Monday of the **Gifted drama group** Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

Girl Guides, Brownies & Rainbows - admingirlguidingbsg.org.uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

Little Stoke Ladies Club - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

Plug In - weekly 7.30-9.30 at Coniston Community Centre, Coniston Road, Patchway. Free, live music entertainment where people can relax, chill out, drink coffee, listen to music, chat and meet other folk their own age. Building Community for 18-30's.

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts & Explorers meet at Brook Way Activity Centre. If interested please have a look at our website which has details of days and times and contact Clive Mason, Group Scout Leader. gsl@bradley-stoke-scouts.org.uk. www.bradley-stoke-scouts.org.uk

1st Little Stoke Scouts - contact tony Edmonds, Group Scout Leader 01454 772005 email: tonedmonds108@yahoo.com

Stokes Art Group - Tuesday evening and Thursday morning at Christ the King. Everyone welcome. www.stokesartists.co.uk

Stokes Crafters - every Thursday evening between 8pm to 10pm at the Poplar Rooms, North Road, Stoke Gifford BS34 8PE with a small charge of just £3.00

Stokes Singers - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Liz Gazzard on 01454 614148 for further details.

Thursday Ladies Group meets 3rd Thursday of month at 2pm. Community Hall, Little Stoke Lane contact Julie 0117 931 5007

Willowbrook Townswomen's Guild - Jubilee Centre – 7:30 – 9:30 the 2nd Tuesday of every month. Janine Smith 01454-617645

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Bev - 01454 625855.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford, Bristol BS34 8PF contact Sue Grimsted 01454 613016.

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

SPORTS CLUBS

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.pitchero.com/clubs/aretiansrhc

Black and Blues Netball - Non-League Social Netball Wednesdays 7.30-9pm BSCS, Laura Blumire – 01454 851075

Bradley Stoke Bowls Club - Baileys Court Activity Centre www.bradleystokebc.com. Val Nicholls 0117 9311203

Bradley Stoke Cricket Club - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at <http://bradleystokecc.co.uk>

Bradley Stoke Jiu Jitsu Club - Chris Harris, maru.jiujitsu@gmail.com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - The Jubilee Centre Every Wednesday 5.30–7.00pm. Siân Briddon on 07920 745965 (after 6pm) or email bsncjuniors@yahoo.co.uk

Bradley Stoke Judo - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

Bradley Stoke Town Football Club - Adult training Tuesdays at Bradley Stoke Community School, For more info see website at bstfc.co.uk

Bradley Stoke United Football Club - Football from U7's to U16's Various contacts, dependent on age, see website bsufc.co.uk

Bradley Stoke Youth FC (BSYFC) – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@bopenworld.com

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please let us know **community@mattersmagazines.co.uk** and we will do my best to put it right for you!

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

Bristol Extreme Allstar Cheerleaders - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

Little Stoke Park Run - Every Saturday at 9am, a 5k run in the park, littlestokehelpers@parkrun.com

North Bristol Rugby Club, Rugby teams from 4+ www.pitchero.com/clubs/northbristoljuniorsrhc/ .

North Bristol Running Group friendly group of recreational runners, 3 evenings per week, Tuesday, Wednesday and Thursday, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. For further information please see our Face Book page or text Alan Wilcox on 0789 0182387.

Sevenside Ramblers - www.sevenside-ramblers.org.uk All walks meet at Aldi car park, Bradley Stoke

Sole Sisters - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrhc.co.uk

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www.stokescyclingclub.org.uk stokescyclingclub@googlemail.com

Stoke Gifford Cricket Club – We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

Stoke Gifford Short Mat Bowls Club -Tuesday mornings and Friday afternoons. For more information please contact George Lord on 0117 3523 or email beryl.smith@talktalk.net

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

Stoke Lane Athletic Football Club -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via www.stokelane.co.uk or email Club Sect 'steve' pspayne@blueyonder.co.uk or Club Mobile 07972 039413

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, <https://www.facebook.com/stokesstriders>

TAGB Tae Kwon Do - Thursdays and Sundays Bradley Stoke Leisure Centre, Russ Martin Russ@Tkdbristol.com 07778 421875 www.tkdbristol.com

CHURCH CONTACTS AND COFFEE MORNINGS

Bradley Stoke Evangelical Church Baileys Court Road 0117 9314716 www.bscc.org.uk

Bridge Community Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgecommunitychurch.org

Christ the King Church Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

Edge Church International. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

Holy Family Catholic Church Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

Holy Trinity Church Broadcroft, Bradley Stoke 01454 620975 www.htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

St.Michaels Church, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 9.30 until 4pm, and Saturdays 10-12.

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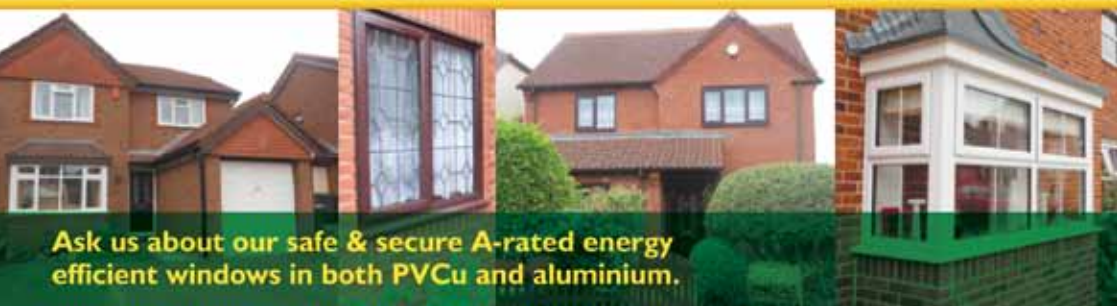


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A strong team at BROOKFIELD

Friends Pete Coles and Steve Hale launched Brookfield Garage in 1999, on Brookfield Avenue Bishopston. They worked hard to build a strong business and great reputation, based on their values of being friendly, honest and reliable.

In 2008 they moved to their current location – 140 Ashley Down Road, a larger space that enabled them to respond to demand and grow their business. The venue has recently had a re-paint, and new equipment installed. I think you will also agree, the happy team look great in their new overalls! The business continues to expand and as part of this growth, they are now a quality adaptation specialists for all your driving controls and aids.

Owners Pete and Steve told me it is important for the business to always be moving forward, whilst still holding onto their core values. They are also pleased to employ a large team, giving jobs to hard-working individuals and opportunities to young people is a big part of what they enjoy about running their own business.

In 2014, in response to so many customers asking them to recommend or look over potential cars for them to buy, Brookfield launched their car show room at 32 Filton Road. Pete told me it was a natural progression for the business, they apply their same excellent customer service and honest advice to car sales. I was pleased to use Brookfield Sales when purchasing our last car, we handed over a list of requirements with our budget and

let them do all the hard work in sourcing our vehicle. All cars purchased from the garage will have had a full service history and warranty.

Brookfield is firmly rooted in the community, working with local businesses and schools both in Bishopston and in Bradley Stoke (where Pete lives).

Brookfield take pride in the fact most of their business is from repeat customers, who recommend friends and family to experience the great and reliable service the team provides. This support has helped them become the largest independent garage within North Bristol.

Why not pop in and speak to the team regarding your servicing and repair needs and any adaptation requirements, they will be more than happy to help and also advise you on any special promotions available now or in the future.

Pete, Steve and the team would like to thank their customers for all their support over the years, they look forward to welcoming you back as well as new customers in the future.



SALES:
32 Filton Road
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Tel: 0117 239 5018

SERVICES:
140 Ashley Down Road
Horfield, Bristol BS7 9JS
Tel: 0117 951 2285

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