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August/Sept 2016

Community Bradley Stoke Matters

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Please park in Willow Brook Car Park and walk to the fireworks

Fire Works Display

2016

By Kimbolton Fireworks

Bradley Stoke Jubilee Centre
Sunday 6 November 2016

- **Gates open at 4.30pm**
- **Hot food will be served from 4.45pm**
- **Fireworks display starts at 6.00pm**

NO ENTRY FEE, there will be various collection points in aid of the Mayor's Charities – Heartful Dodgers and Transplant Sport UK



No Alcohol
No Sparklers



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Dear Residents....

Autumn is upon us, cooler days, kicking the leaves, scrummy food and open fires ... at least that's my romantic view of the season! We have halloween and fireworks to look forward to, if you are not in favour of the former, the local police team are offering advice and posters to keep trick 'n' treaters at bay - see their news overleaf.

It has been lovely catching up with many of our local sports Clubs for this issue, and we bring you updates from Bradley Stoke's Bowls Club, Cricket Club, Judo Club, BS United football team as well as BS Town football team and the BS Youth football team (who've recently been up to Wembley!); there is also news from St Mary's Old Boys Rugby Club and Aretians RFC too. We love supporting all the local clubs and are also proud to be continuing our sponsorship of Bradley Stoke Town FC and St Mary's Old Boys RFC in the coming seasons.

We also bring you news from the local schools, Bailey's Court celebrated 20 years in September, the new journalist team at St Mary's as well as news on the Olympus Trust which is now caring for 7 local schools!

New advertiser Bradley Stoke Aesthetics is offering readers a 25% discount on bookings made before 1st January, so worth taking a look at what they are offering! WBS barbers are also offering a £5 reduction if you take a family member or friend with you; whilst Old Down Country Park are offering 2 for 1 entry until 2017 - see all the individual adverts for more information.

If you would like to appear in our next issue, do get in touch - our next deadline will be 11th November for our Christmas edition. Until next time Enjoy the Read!!

Jaci x

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Bradley Stoke Police Team

Update by PCSO Alicia Harvey

Wow I can't believe a year has passed already since I wrote my first update for the Bradley Stoke Matters magazine - although I'm aware you've been including updates from the local team for another 10 years prior to this!

Since the last update the beat team have been really busy on the beat over the summer. We enjoyed being present at the Super Hero day at the Willow Brook Centre, as well as meeting many local residents at our Beat surgeries and through the local Neighbourhood watch scheme.

On 26th October between 10am and 12 noon at the Willow Brook centre, both PC Claire Fletcher and myself will be promoting different things from crime prevention advice to staying safe on Halloween. For those of you who do not like participating, there will be 'No Trick or Treating' posters available to pick up from the stand. Do pop along and talk to us if you have any concerns.

On the 2nd November, Bradley Stoke is holding a Safer Stronger Community Meeting at Patchway Common Pavilion. 16:00 – 21:00

We would like to remind residents that all the Neighbourhood Watch areas have been split



up into groups and have one of the PCSOs assigned to them so we can keep an eye on what's going on and they can report their concerns. Also each member of our team has been assigned schools as a first point of contact to help plan school talks, tackle parking and ASB issues.

If you need to contact any of the beat team please go onto the Avon and Somerset website and go onto your area and type in Bradley Stoke. Or call 101 and ask for one of the beat team.



We want everyone to ensure they have an enjoyable and safe Halloween, so please follow our Halloween code:

- Don't knock on doors where you see the 'No Trick or Treat' sign
- Always go trick or treating with an adult
- Plan your route beforehand - only to go houses where you or your friends know the residents
- Be visible - stay in areas that we well lit with streetlights and take a torch with you just in case
- Don't talk to strangers on the street
- Don't enter any house - stay on the doorstep
- Look carefully before crossing the road, even if you're part of a group
- Although Halloween is supposed to be spooky, be careful not to frighten elderly people

Move Home or Remodel?

Steven Moyse from Bradley Stoke based Home Planning SW Ltd considers the expense of moving house, versus the cost of remodelling your existing home ...

If you are feeling dissatisfied with your current home, you might be considering moving house or perhaps wondering how you might be able to improve upon the one you already own. The choices involved are both financial and emotional - it can be a hard decision to make and one that could potentially be worth thousands of pounds to you and your family.

There are other things to take into consideration too - if you love the area you live in, your neighbours, your outdoor space, your commute or the location of your children's school, then taking a fresh look at your current home and the untapped potential it offers might be a better option. Why go through the pain and expense of moving home (one of the most stressful life experiences, according to a recent survey) when you might be able to realise the same benefits from remodelling your present living space? Not only is the result more space that works better for your needs, but the value it adds to your property is an investment for when the time does come to sell.

Before starting out on your remodelling project - whether this be an extension, a loft/garage conversion or the putting up/taking down of internal walls, a suggestion of things to consider might be (a) how much money you have to invest, (b) how much the work is likely to cost, and (c) the final value that could be added to the property. Unless you really don't mind whether or not you make any profit from your remodelled home, then you also need to think about the maximum value of any house in your area and whether your investment will be realised when you finally come to sell up.

It is also important to consider which elements and features would add the most value to your property. The best way to do this is to ensure that your new plans overcome a negative aspect of the original house, for example a small kitchen or ground floor bathroom. Adding a double storey extension could give you a much needed



extra bedroom, a larger bathroom or perhaps an en suite - all of which would potentially add value to the property.

Other considerations would be to respect the key relationships between different spaces, such as the kitchen and dining area and make sure all of the principal rooms can be accessed directly from a centrally located hallway and landing, allowing you to freely move around your home with ease.

If you need help with any of the above, Steve and his team would be delighted to hear from you and to help you transform your ideas into your dream home.



Home Planning SW is an architectural design firm specialising in design and planning consultancy for all stages of property development, from house extensions to complete new builds.

0117 2446 384

info@homeplanningsw.co.uk
Unit 11 Apex Court, Woodlands,
Bradley Stoke, Bristol, BS32 4JT



Beat surgery dates

Wednesday 5th of October 10am–12noon at the Willow Brook Centre

Wednesday 26th of October 10am–12noon at the Willow Brook Centre (Including Halloween advice, No trick or treat posters, crime reduction advice)

Saturday 5th of November 10am–12noon at the Willow Brook Centre

Friday 18th of November 4pm-6pm at the Willow Brook Centre



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Scouts Camp and Hike in Botany Bay, Wales

At the start of the new term, 32 Scouts from 1st Bradley Stoke Scouts took part in an expedition camp to Botany Bay in Wales with their leaders. This included members of the newly opened Friday night Troop with three troops now operating from Brook Way Activity Centre.

The Scouts arrived on the Friday evening and had to put their tents up before wide games under a full moon and then supper. They also explored the nearby forest and learnt that water that comes out of a stand pipe doesn't quite taste the same as that from home; most of them thought it tasted like grass! As always, sleep is difficult on the first night. The excitement of being in a new place and in a tent meant that lights out at 11PM just means they are all in their tents. It's the early hours before they are all truly asleep.

They woke early to breakfast, tent inspections, an opening ceremony, preparation of packed lunch and then a briefing for their hike to Tintern Abbey. They split into four groups with some being driven some way away to different start points so that they didn't meet each other. Whilst they had leaders with them, they were responsible for navigating and finding the best route using footpaths and bridle ways. This meant that some may have gone the pretty route! They then hiked back using a different route again. Back at camp and after dinner, there was a campfire with singing, toasted marshmallows, smores and chocolate bananas. Unsurprisingly sleep was much easier and none stirred before 7:30.

The final day saw them pioneering camp gadgets and learning how to use axes safely to chop wood, strip branches and make kindling. Following a final lunch, the tents were dropped and a litter pick ensured that nothing but memories was left. After the closing ceremony, the Scouts were returned to parents and leaders made for home, all looking forward to a warm bath and soft beds!

Want to get involved? The Group is always looking for more leaders and volunteers to support and challenge our young people. At the moment they particularly need a new quartermaster(s) to ensure that there is an accurate inventory of equipment and to undertake minor repairs of camping equipment. If you are interested, please contact chair@bradley-stoke-scouts.org.uk

For more information on other opportunities, have a look at the Group's website at <http://bradley-stoke-scouts.org.uk/join/>



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Update from The Bradley Stoke Lions

At our August meeting at the Hilton Hotel, Heather Lamb, an Interstitial Lung Nurse from Southmead Hospital gave us a talk.

Heather and her colleagues not only look after patients with lung problems on a daily basis, they also give of their own time to run a Support Group every three months in a church hall in Southmead. This is done on a voluntary basis with no financial support from NHS and the money required to fund the hall and provide tea and biscuits for their members is raised from raffles each meeting. Some of the nurses even cycled to Amsterdam and back to raise sponsorship money to cover these costs.

Bradley Stoke Lions President Robin therefore decided to make this Lung Support Group one of his two annual charities this year and has promised Heather and her colleagues £300 to (hopefully) cover their expenses for the year.

Our club is also supporting Noah, a young boy from Patchway who suffered a bleed on his

brain whilst still in the womb and who now has multiple problems which inhibit him from supporting himself. His mother is trying to raise money to purchase an "Innowalk" machine to provide essential physical support and aid in physiotherapy.

Further information is at <https://www.gofundme.com/qpvhpn>. The family have already raised some of the funding required to buy this expensive piece of equipment and BS Lions have pledged £200 towards it.

We support the Julian Trust Homeless Shelter in Little Bishop Street throughout the year and have promised to give Caring at Christmas (C@C), which takes over from the Julian Trust over the Christmas period, £200 to buy fresh food for their "guests". Some of the Lions volunteered to help at C@C last year over the festive period and will volunteer again this year. Once you get involved, you find you want to continue because there is such a great atmosphere as all the guests are so pleased to be there. Ed Reed who runs C@C gave a talk to our Parent Club, Bristol Brunel at the September meeting, hoping to recruit more volunteers.

I don't want to give away too much information so ... shh, but I hear Santa will be coming to Bradley Stoke again this Christmas, so - watch this space!

Remember, if you are interested in finding out more about the Lions, come to a meeting at the Hilton Hotel, Woodlands Lane, on 2nd Wednesday of the month, 7.30pm start. Or, contact President Robin on 07712 046644.



Craft Exhibition

**Thursday 13th to Saturday 15th
October 10am-4.30pm**

Bath & West Showground,
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Bat walks Report from Sara Messenger

The conservation group has this year put on three bat walks around the nature reserve in Bradley Stoke. After a welcome from the Three Brooks Nature Conservation Group and a brief talk from Bekki Farrar or Avon Bat Group Public Education Officer Stewart, (they alternate walks) everyone is then given a bat species guide and 'bat detector', which we tune in to 45kHz since most British bat calls sweep through this frequency. The group walked around the reserve, although because of the rustic state of some of our paths our two wheelchair users weren't able to access the entire walk but, while waiting for the main group to return from the meadow, we were treated to a heady display by a noctule bat that seemed keen that we shouldn't miss out!

Everyone discovered the bat boxes we have in Savages wood but, as bats are a protected species, the boxes are not opened. We then headed up to the lake which is the best place to see and hear our many bats as they swoop over the lake catching insects. While we were admiring their aerial display our swans, thinking we were going to supply a midnight feast, joined us for a while before giving up and gliding back into the darkness.

We have three species of bat on the reserve, namely Noctule, Pipistrelle & Daubenton bats, although we think this year we may have a fourth. You can tell what species of bat you have found by the sound that the detector picks up, (there are 17 UK species). Pipistrelle calls are described as smacks or slaps whilst the call of the Daubenton's bat would be described as a tick. Although crickets and car keys can also be picked up by the detectors it is easy to tell the difference.

Pipistrelle's are the smallest bat with a wingspan of just 18cm – 25cm and they emerge 20-30 minutes after sunset and are the bats you will see twisting and turning around buildings.

The Daubenton emerge after 40–50 mins, they are larger with a wingspan of 24cm – 27.5cm and can be found skimming the surface of the lake, catching insects with their feet.

With a wingspan of 33cm – 45cm the Noctule is the reserve's largest bat, which emerges 5–10



minutes
after
sunset
and tends
to fly high
overhead
in straight
lines.

If you missed our walks but would like to do your own bat detecting, we have at the library 10 bat detector packs, which can be borrowed for free with a library card. The leaflet was written by Gill Smith (Three Brooks Committee Secretary) and John Morris (SGC) and contains information on bats and a map showing the best places on the reserve to find them.

Monthly Workdays and weekly Green Gyms take place on the Reserve by a small number of volunteers - if you wanted to join in you would be warmly welcomed!

For more information on the Three Brooks Nature Reserve and how to get involved, check out their website on <http://www.three-brooks.info> or email them: info@three-brooks.info

Unfortunately there have been acts of vandalism around the Reserve, ruining the efforts of our hard-working volunteers. If you spot anything, please let us know on: report-it@three-brooks.info

*For all your sightings / photos of any interesting flora and fauna:
Email: sightings@three-brooks.info*



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Welcome
to
Stoke Gifford
Medical Centre

Stoke Gifford
&
Conygre Road
Medical Centre

0117 97 99 430



Advice for the winter from Dr James Bragg:

As you know, during the winter there is a big increase in coughs and colds and therefore an increase in people contacting the Health Centre. Why don't you have a look at some of the NHS minor illness advice <http://www.nhs.uk/livewell/coldsandflu> so that you know when you need to worry and when you don't? This should help us provide a prompt and more effective service throughout the winter. A lot of minor illnesses get better just as fast on their own and if you can avoid contacting us for those it will help us help you when an appointment is really important.

We are running open Flu vaccination clinics on the following days for our patients:

SGMC (1.30-6.30pm) A-J (6 Oct), K-Z (13 Oct)
CMC (1.30-5.00pm) A-J (5 Oct), K-Z (12 Oct)

Catch up flu clinics will be at SGMC (on 20 Oct between 1.30-6.30pm) and CMC (on 19 Oct between 1.30-5.00pm).

Children's Super Hero themed flu clinics will be at SGMC (on Sat 5 Nov between 0900-1400hrs) and CMC (on Fri 4th Nov between 13.30-1700hrs)

The seasonal flu vaccine is available free of charge for those categorized as being at greatest risk of developing more serious complications as a result of flu (e.g. bronchitis and pneumonia). These patients include: over 65s; all pregnant women (at any stage of pregnancy); under 65s with a chronic illness (e.g. diabetes, heart disease or any other long term condition); residential / nursing home residents, and those who are in receipt of a carer's allowance or are the main carer of an elderly or disabled person whose welfare may be at risk if the carer falls ill.

The viruses that cause flu change every year, so people in at risk groups should get vaccinated annually. There is no live virus in the vaccine so it cannot give you the flu. Please don't underestimate seasonal flu. Be prepared and get your flu jab before there is a flu outbreak.

Staying Green! We want to minimise our carbon footprint and have recently installed solar panels at Stoke Gifford Medical Centre. They have generated over 4000kWh of electricity since installation in August and are producing an average of about 95kWh per day. This is over 80% of the surgery's typical daily energy consumption - we are looking for ways to close this gap further.

Flower Gardens have recently been created in the two courtyards at Stoke Gifford. These have been designed to help bring a more relaxing and fragrant ambience to the waiting room. Plants have been chosen to add colour and scent while attracting pollinating insects. We look forward to seeing them mature and bloom.

Do you have any other ideas for how we can improve your experience at the surgery?
Please contact me at Debbie.Grant@gp-L81118.nhs.uk.

To support the wider NHS we are involved in training Doctors, Nurses, HCAs and Admin Staff and are currently training: a year 4 GP trainee, a qualified doctor in training to become a GP; a student nurse and 2 apprentices (one working with the nursing team as a Health Care Assistant and one working in the prescribing team).

We are incredibly proud of two of our younger staff members who are heading off to university. Matt Barrett has been working as a phlebotomist while studying at UWE and is now embarking on a degree in Medicine. Floe Hillson has been working on her Health Care Assistant Apprenticeship and leaves shortly to commence a Nursing degree. We see training and developing such staff as making a vital contribution to our patients in the short term and the wider NHS in the future and wish them both the best of luck.

We would welcome your feedback on what you would like to see included in future editions of this newsletter. Please contact Debbie.grant@gp-L81118.nhs.uk with your comments and ideas.





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Focus On

Our Local Osteomyologist Dawn Clode Lic MET, Lic CR, MAO

Dawn Clode is a warm, lovely person whose occupation as a healer, both of body and mind is one that she was born to do. Luckily for us her holistic health practice, launched in 2009, is now based in Little Stoke, where she also lives.

So what exactly is Osteomyology?

If we start by breaking the word down, Osteo means bone, myo means muscle, ology is a suffix meaning 'the study and treatment of'.

The Association of Osteomyology's website states, "...Osteomyology puts aside the usual tunnel vision of rigidly trained philosophies and allows the practitioner to switch seamlessly from one bodywork protocol to another even combining some methods together, this way the practitioner is never defeated as his/her armoury is limitless".

Treatments available. Having so many helpful tools in her kit to call upon when treating her patients is one of the many things Dawn loves about being an Osteomyologist. A selection of the treatments she is qualified to practice include; Acupuncture, Aromatherapy, Confidence and Self Esteem Coaching, Cranial Sacral Therapy,

Joint manipulation (HVT), Life Coaching, Massage, Muscle Energy Technique (MET), Neuro Linguistic Programming (NLP), Reflexology and Reiki (Dawn is a Reiki Master).

Common pain relieved or cured.

Conditions that Dawn frequently, successfully treats include; Frozen shoulder, RSI, back, neck and joint pain, depression, stress and low self esteem.

Having suffered severe back pain for over 20 years herself before discovering Osteomology, Dawn has

a strong sense of empathy with her patients. Using her tool kit of holistic therapies to help people have less physical or emotional pain makes Dawn's job a joy, "Witnessing my patient's relief of pain is like winning the lottery!".

If you are living with pain or know somebody that is, NOW is the time to get it sorted out.

Reader Offer: £10 off your first appointment!

Visit www.life-and-soul-empowerment.co.uk for full details or call Dawn on **0795 1099 491**.



Dawn performing Cranial Sacral Therapy.

"I am privileged to meet and treat an array of fantastic people everyday. The thrill of having somebody walk in with pain and leave with significantly less or none is something I will never tire of."

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Talking to your Reception Child about school

After enjoying so much of our children's time in their first few years of life it can be difficult to adjust to the amount of time they spend in school from Reception onwards. It is natural to be curious and interested in how they spend their time during the day, and equally frustrating when they are not forthcoming to discuss it!

Bradley Stoke Matters was pleased to speak to Lauren Burt, Reception teacher at Meadowbrook Primary, who was happy to share her top tips on how to make the most of your conversations with your child about their school day.

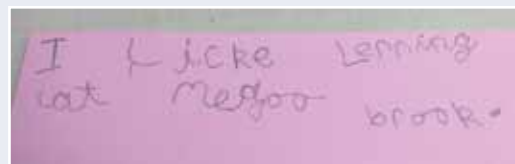
Mrs. Burt's Top Tips!

Think about the time of day and the kind of questions you ask. Avoid bombarding them with questions as soon as they come out to the playground which can be noisy and confusing.

Let them know you're happy to see them and maybe leave it until you get home. Bath time or bedtime are nice quiet times to have a quality conversation. They are usually tired or preoccupied when they first come home, or they may want some quiet time.

Young children often respond better to more direct and specific questions. Start with a factual question then you can expand from there.

Try not to judge what your child says; just ask what might happen next or what they learned. This encourages them to share things with you and work out solutions themselves. Don't hesitate to follow up with their teacher if there is



Above reception child's writing:
'I like learning at Meadowbrook'

Teacher's comment: "We deliberately try to correct children as little as possible in Reception as at this stage it's about building confidence and encouraging them to make 'meaningful marks'." Mrs Burt, Reception Teacher at Meadowbrook Primary



Note: photos are not necessarily of current Meadowbrook reception children

anything that concerns you.

Don't worry if they're not forthcoming - there is a lot for them to process and children often take a while to be able to talk confidently about their home life in school and vice versa. For the vast majority 'no news is good news' - the class teacher will contact you directly with any concerns. Just add "I love hearing all about what you do at school I bet you'll think of some really interesting things to tell me soon."



Question Ideas

What does your classroom look like?

Who did you enjoy talking with the most today? Why?

Tell me two children you played with today. What did you play?

What was your favourite part of your lunch?

Where is the coolest/most fun place at school?

What was the best/most interesting thing you did at school today?

What are your class rules? Which ones do you find hardest/easiest?

How did someone help you today? How did you help someone?





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of all
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grades
A* - C



74%
of all
GCSE
grades
A* - C



INSPIRE.

BELIEVE.

SUCCEED.



The Olympus Academy Trust has grown from 4 schools to 7 schools as of 1st September 2016. Callicroft, Filton Hill and Stoke Lodge Primary Schools have all joined Abbeywood Community School, Charborough Road Primary and Meadowbrook Primary School as members of The Trust which is now responsible for over 550 staff and 4000 learners!

The new school year started with two days of staff training, including a session for (almost) all 550 staff within the Trust on 1st September.

All of the joining schools joining have been presented with an Olympus Plaque during their first assembly of term (photos right).

Trust Structure:

Given the growth of the Trust to 7 schools, 2 new part-time Executive Headteachers have been appointed (2 days a week each) for 2016-17. Richard Clark, previously CEO and Executive Headteacher of Cosmos Academy Trust, will combine overall leadership of Stoke Lodge Primary with an Executive Headteacher role for the Trust, and Claire Banks will combine her overall leadership of St Werburghs Primary in Bristol with an Executive Headteacher role for the Trust, having supported the Trust's primary schools as an external consultant for the last year or so.

Previous Executive Headteacher Dave Baker will now assume the role of CEO working with both Richard and Claire to give support to all the schools and to provide overall leadership for the Trust.

All individual schools will still have a Headteacher or Associate Headteacher who is responsible for the day-to-day running of the school, but with additional support from the Trust.



Dave Baker, CEO



Richard Clark,
Executive Head



Claire Banks
Executive Head



As all schools are in close proximity (within 3 miles of one another), The Trust will start to provide support services for the primaries in north and south geographical groups ie Callicroft, Meadowbrook and Stoke Lodge together and Charborough Road and Filton Hill together. This will ensure that all the primary schools have access to specialist finance and business support as well as HR and premises expertise. Richard Clark will lead support for Bradley Stoke, Callicroft, Charborough Road and Filton Hill and Claire Banks will lead support for Abbeywood, Meadowbrook and Stoke Lodge, working closely with each school's Headteacher to provide additional leadership capacity, but all will still work together on many aspects to share best practice and support one another.

Governance:

A new Board of Directors has also been announced which is made up of 13 people – a mixture of parents, community members and experts who are appointed based on their skills, insight and knowledge. They work on a voluntary basis and bring a wealth of experience in areas such as HR, Finance, School Improvement, IT and Education.

You can read more about the latest news from the Olympus Trust at their website:
www.olympustrust.co.uk

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10% DISCOUNT
In conjunction with Bradley Stoke Matters, The Smokehouse Saloon is offering a 10% discount on your food bill during October & November 2016 with this advert!

SMOKEHOUSE SALOON

Bradley Stoke Matters was delighted to be invited along to visit the new and very exciting Smokehouse Saloon at the Swan in Winterbourne.

The venue has undergone a complete transformation since local resident Robyn Maggs and his partner Sandra took over the lease two years ago. As a long time local living right on the pub's doorstep, Robyn was determined not to see the place closed for good, or taken over by a chain offering the same as so many others across the area.

Robyn and Sandra's goal was to maintain the feel of a local pub, as well as offering a brand new themed restaurant with food to match, offering something completely different that would appeal to a wide audience.

With the support of the brewery and extensive self help, the restaurant has been completely refurbished using re-cycled timber wherever possible. The 'rickety' tables and the new bar are made from old scaffold planks while the picture frames and window pelmets are from pallet timber. A range of children's games and play items are available in the 'reservation' area to entertain the 'young guns'.

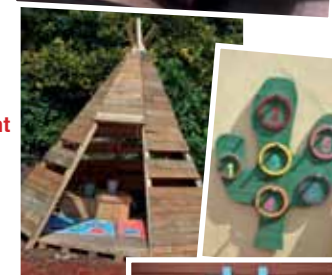
Growing up enthralled with tales of cowboys and indians, and after much research across both the UK and the US, Robyn and Sandra have chosen a 'Wild West' theme for the restaurant.

Inspired by Cowboys gathered around the chuck wagon, open fires out on the range and the smokey ranch houses at night, The Smokehouse Saloon will be serving good quality meats smoked low 'n' slow in their own smoker and served in a fun atmosphere in the brand new themed restaurant. Made popular through TV programmes like 'Man v Food' and 'Drive Ins/Diners and Dives', the ethos is very simple; produce good helpings of good quality food in a fun atmosphere and people will visit time after time.

Being the only wild west themed saloon east of the Pecos! (definitely the only one in the county!) The Smokehouse Saloon brings something very different to the local area. Menu options include "Saloon Chowders", Rootin' Tootin' Cuts (also Cattleman's Cuts and Homestead Cuts), Pancho's Nachos, Bill's Buffalo Wings, Ribs, Surf & Turf and Build Your Own Meat Plate, Trail Blazing Burgers and Vegetarian options for non-meat-loving diners. Sides include Sweet potato fries (my favourite!) and Blazin saddle beans! You can also order off the menu for takeaway. **There is a 'Young Guns' menu too priced at just £4.95 or one child can eat free with two adult main meals. The Smokehouse Saloon is offering a 10% discount off of your food bill with this October/November edition of Bradley Stoke Matters - be sure to make the most of it and pay a visit!**

Not wanting to lose what is already popular at The Swan, it will still be offering its more traditional lunch menu through the week, and a traditional Carvery on Sunday. There are also plans for live music nights on the last Saturday of the month, and occasional mid-month Country nights too - so watch out for details of these in future issues of your favourite community mag!

NEXT EVENT There are two live music events in October as listed on the adjacent advert. Come along and join in the fun!



Little Stoke Toddler Group Fridays 10am-12noon

Little Stoke Toddler Group runs from 10am-12noon on Friday mornings at Little Stoke Community Hall for ages 0-5s. This not-for-profit group 'run for mums by mums' offers a space where young children can come and play, make friends and have fun with their carer's supervision.

Entry is £3 per adult with up to two children (additional children are £1). This includes free tea, coffee, squash and snack bowl for the children. Additional snacks like homemade cake, bacon sandwiches and toast are available to purchase at a small extra cost.

The group offers free play but at 11am there is story time and the session is finished with group action songs and rhymes. There are several sections offered - role play, social play, a sectioned off baby corner and a sensory corner which features an autism and special needs sensory pod.

Local businesses and franchises are also regularly invited in to run a stall during the session, so there is something for the adults to look at too!



Popular Local Day Nursery Celebrates 25 Years!

Ambourne House Day Nursery and Pre-School, based on Gloucester Road near Aztec West is currently celebrating its 25th Anniversary.

Having first experienced Ambourne House myself more than 10 years ago when I chose this nursery for my own children, I was really pleased to catch up with Nursery Manager Liz Burrows, and congratulate the team on achieving such a fantastic milestone.

When Ambourne House first opened 25 years ago, the two-up two-down building was a far cry to the superb setting it is today. Extensive investment over the years has completely transformed both the interior and exterior of the nursery, whilst still retaining the homely feel it started with. It now boasts several spacious and stimulating playrooms and two large amazing outdoor spaces.

Liz and her Deputies, Nicky and Catherine all agree how extremely proud they are to have been a consistent part of developing this fabulous nursery from day one, and the whole team are delighted to be celebrating the 25 years of quality childcare consistently provided for so many families within the local community. *"We have always been committed to providing high quality care and education"* explains Liz *"and ensuring that all of our children receive the greatest possible start to life is extremely rewarding. It's also delightful to reconnect with some of our early children who are now bringing their children to Ambourne House too!"*

Liz believes that her greatest resource is her team! Their hard work, dedication and shared vision is key to the nursery's success and explains *"My loyal management team and committed Team Leaders have all been part of Ambourne House for 10-25 years now, providing continuity and familiarity for all the families with whom we work"*. The nursery has also benefitted for several years from the employment of a full time teacher, Josie, who described her role as *"providing a high quality curriculum to ensure that all children develop the early skills needed to become successful individuals in later life"*.

The nursery has been celebrating this special achievement throughout the year, starting with a Birthday Party earlier in the year and more recently a very successful Summer Fete. A time capsule has been buried to mark the occasion and Catherine told me how much the children in particular loved filling it with current memorabilia.

Ambourne House continues to offer flexible sessions for children of all ages to meet the needs of working parents, in addition to free places for 2, 3 and 4 year olds. There are still some places currently available so, if you would like to see this impressive setting for yourself, you can call Liz on 01454 615352 or email her at ambournehouse@3abcare.co.uk



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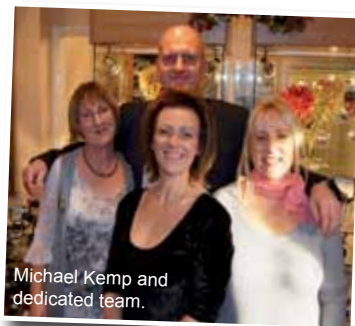
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Local Salon is 'Made-Over' with All New Stylists to Offer Even More

It's hard to believe that a year has passed since we first visited this lovely local salon!

Having celebrated its first anniversary in the summer, the team at **Perfected Hair and Beauty** are excited to unveil their mini-makeover and upgraded premises! Owner Ange emphasised how excited she still is about Perfected and with all the great feedback is feeling extremely positive about the future and all they have to offer. "We are an extremely friendly team and very professional, we want all of our clients to have a fantastic experience when visiting Perfected. Just when you thought the salon couldn't possibly be any more glam... think again! We have replaced Back washes and styling chairs, updated our Specialist Pedicure Spa chair, and much more. We pride ourselves on our extremely high standards and immaculately clean salon and all of the special touches we include to enhance our clients' experience!"

The Salon boasts ALL NEW STYLISTS at the top of their game, Ange says she has been very specific in finding the right Stylist moving forward, including Mitch who used to work at Excellence Spa, before leaving to work on Cruise ships, and Kitti who is proving to be a massive hit with the clients with her skill, professionalism and efficiency. Perm specialist Deb is also joining the team this month, a very highly skilled stylist and a rare find to have a stylist who enjoys perming! Danielle is also starting part-time at the salon, she joins following 12 years' experience with Reflections.

Perfected are currently the only spa or salon in Bristol and the outskirts to have the revolutionary ELEMIS BIOTEC. Perfected also use the Fantastic L'Oreal Professional colour brand and stock their amazing products to take home. There are lots of gift ideas in the salon, which stocks Elemis and just in are (dare I say it!) Christmas Gifts and Candles. Gift Vouchers are also available for a loved one who deserves the ultimate pamper.

Perfected offer an Over 60s special on a Tuesday, which is a wash cut and blow-dry for just £20.50 - a saving of £15! They also run a loyalty card with which you can earn yourself either a free 30 min massage, a free 30 min facial or a free blow-dry.

There is Free Parking outside the salon, or there is a long stay Free carpark situated just along from Maniks the Indian Restaurant.

You can find the latest offers and updates on:

- Facebook - Perfected hair and beauty
- Twitter - Perfecteduk
- Instagram - perfectedhairandbeauty



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Perfected

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30 Gloucester Road North, Filton BS7 0SJ
www.perfectedhairandbeauty.com



FIND US ON FACEBOOK:

Bradley Stoke & Little Stoke Gifford Matters - Facebook/BSMatters



Bradley Stoke's local and very friendly running group (North Bristol Running Group) is offering an 8 week Couch to 5K running course. This is aimed at complete beginners who wish to bring running into their lives.

The course will start on Friday 14 October and will run for for 8 weeks, you will graduate by completing a 5K parkrun on Sat 3 December (Chipping Sodbury). Each session will start at 18:30 and will be held at BSCS (to be confirmed). The course costs £1 per session to cover the cost of the venue. We also offer an optional 'homework' night every Wednesday evening during the course.

If you wish to sign up to this course please contact sheilawilcox1@outlook.com.



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Congratulations to Bradley Stoke Youth FC who are once again finalists in the Bristol Post Sports Awards 2016 in the category of Community Club of the Year.

The ceremony will take place on **Thursday 13th October** at Bristol City's Ashton Gate Stadium when the BBC's John Inverdale will be the guest speaker.

The club were beaten finalists last year in the same category so fingers crossed they can go one better this year! The club have already won the GFA Charter Standard Community Club of the Year 2016 so they are going for a deserved double now.

Back in August Bradley Stoke Youth FC (BSYFC) was again selected from all the FA Charter Standard Clubs in the UK and Ireland to walk around the Wembley pitch before the Community Shield match of Man Utd v Leicester City. This is the third time in 3 years that BSYFC have been selected and Manager Martin Lee told us he felt proud to be only 1 of 7 clubs to be selected for this great experience. We were pleased to receive the following report of the day:

BSYFC was represented by squad players from the U14 girls and U9s. The day started at 8.45am with the coach rolling out of Bradley Stoke for arrival at Wembley for 11.45am. The journey was fine but just how many "are we nearly there yet" questions did we have to answer ?

On arrival we were based in the Press Room for the majority of the day where at 12.30pm we had our first walk around the Wembley pitch as we performed the rehearsal for the main event. We had our photo taken by the main photographer out on the pitch with our BSYFC placard and the squad. Then back to the Press Room for lunch. After lunch we had a football quiz. This highlighted just how little the managers of Scott Brown, Martin Lee and Ross Lee actually knew about general football stuff. We will need to do more revising if we get selected again next year!



We had our final briefing and it was time for the real thing.

We walked past the Man Utd and Leicester City changing rooms and into position in the tunnel area next to the Leicester City team who were completing their warm up. Then we got the thumbs up to start the walk. We came out to 90,000 supporters applauding as we walked around the pitch. We got to the corner flag of the pitch then had to turn onto the pitch just behind the goal where we stood between the goal and the corner flag waving our flags. The TV camera was coming up and down filming us and we could be seen on the TV screens. At last we are famous !!! The teams then came out of the tunnel with us forming a guard of honour with the flags. We then all sang the National Anthem and when the players split to come towards the goal we moved off waving our flags while walking proudly behind the massive BSYFC placard as we went. We were out on the Wembley pitch for about 20mins. What a great experience for the players of BSYFC.

We then rushed back to the Press Room, picked up our stuff and rushed to our seats to watch the match and to meet up with the parents.

The match was great with Man Utd winning 2-1. Then with the game finished we boarded the coach back to Bradley Stoke. Some did have a little snooze on the way back. We arrived back at home for 9.30pm tired but still excited after another great day out.

Many thanks to McDonalds for selecting BSYFC for 3 years on the trot now. Well done to all the BSYFC squad for being great ambassadors for the club.



Whilst celebrating its 25th anniversary this year, Bradley Stoke Cricket Club has had somewhat of a mixed season on the field.

In the Saturday B & D league the bare details are that the 2nd X1 finished in second place and should gain promotion, whilst the 1st X1 ended up in third place, thus just missing out.

The 3rd and 4th X1s didn't fare so well, occupying final positions of 7th and 11th resulting in the 4th X1 being relegated.

In the Sunday league the 1st X1 struggled to compete against some excellent opposition and unfortunately ended up at the bottom of the league, whilst the Sunday 2nd X1 equipped themselves with credit finishing in third place.

The youth section echoed the senior teams with each section finishing mid table. However, once again several youth players graduated to the senior teams with many showing good aptitude and talent and holding their own in the senior teams.

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Update from Bradley Stoke Bowls Club - Competitions 2016

In fine weather, Sunday 11th September saw the last of the Bradley Stoke Bowls Club Competitions, which ran smoothly again, thanks to the Competition Secretary, Dennis Overton, seen below with the Novice Cup finalists and club president Bill Plank. Most matches were keenly fought, but none more so that the Mens Pairs, which ran out 23 -22 in an extra end.



above photo shows Dennis Overton, Colin Bevis, Michael Cove and Bill Plank

For the Novices Cup, we were pleased to welcome our sponsor, Louise Dodds of Bradley Stoke Physio, here seen below (in yellow) enjoying the company of several of the competitors



Full Tally of Results

Ladies Four Woods Singles

Winner Pauline Dent: Runner-up Daphne Allan

Novices Cup

Winner Michael Cove : Runner up Colin Bevis

Ladies Two Woods

Winner Denise Eland : Runner-up Pauline Dent

Mens Four Woods Singles

Winner Robert Bertram : Runner-up Tony Carter

Mens Nominated Pairs

Winners John Pope & Alan Dent: Runners-up John Maggs & Chris Robinson

Mens Triples

Winners Steve Burdock, Brian Newman & Dennis Overton:
Runners-up Terry Wilkins, Cyril Bristow & Robert Bertram

Ladies Triples

Winners Doreen Pope, Jean Overton & Pauline Dent
Runners-up Denise Eland, Maggie Cooper & Linda Woodruff

Mens Drawn Pairs

Winners Colin Bevis & John Slade: Runners-up Pete Sparling & Cyril Bristow

Ladies Nominated Pairs

Winners Doreen Pope & Pauline Dent: Runners-up Val Maggs & Daphne Allan

Mens Two Woods

Winner Steve Burdock Runner-up Mervin White

Mixed Pairs

Winners Alan & Pauline Dent: Runners-up Linda Burge & Robert Bertram

Although the season continues to October, for many it will end with the club Tour to Torquay which started on the 12th September. All members wish to thank the competition secretary and all markers and to congratulate the green maintenance team for their excellent work during the season.

The AGM is to be held on the 27th October at 6.00 pm at the Baileys Court Activity Centre.



Bradley Stoke Town FC Win first Silverware of the Season

Bradley Stoke Town 1st team came 5th in their first season (2015/16) in the Bristol and District Senior Division. Initially they were in contention for promotion but a poor spell of form in January and February resulted in them missing out by the summer. Manager Jon Welsh, although disappointed, believes that this season the team is better equipped to be promotion contenders.

New faces, supported by an experienced management team of Steve Kirton and Ben Osborne have seen a settled side produce a good set of pre-season results, culminating in them winning the Glos FA summer super league tournament.

The tournament contained eight teams. Bradley Stoke won 2 and drew 1 in the league section, with a goals tally of +7. A good win in the semi-final saw them playing Real Thornbury in the final.

After a tense but exciting game the scores even on the final whistle. A penalty shootout was the way to find a clear winner and it was Bradley Stoke who came out top 5 - 4!

Chairman Ian Drew would like to congratulate all those BSTFC players who took part and to the BSTFC 1st team management of Jon Welsh, Ben Osbourne, Steve Kerton.

After four years to date of sponsoring the BSTFC Reserves team, Bradley Stoke Matters is proud and pleased to have committed to a further two years sponsorship of the club for the 2016/17 and 2017/18 seasons, this time of the 1st team.

The 1sts have started the season well by winning their first three games and hope to make their new home at the GFA at Almondsbury a difficult place to come to for their opponents. With home Kick offs now at 5.30pm, and a stand for seating already attracting a vocal local crowd, their hopes for a good season bode well. Manager Jon Welsh told us that he "hopes that the 1st's performances this season will bring success and repay the valued support that the BSM sponsorship has given to the club over the last 4 years."

It was great to pop down to the club mid-September and take photos of all the teams in their new kit. Bradley Stoke Matters look forward to hearing how the teams progress through this new season. Thank you to Matt Burch for sharing his action shots of the game against Iron Acton.









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 Bradley Stoke, Bristol BS36 1RY

St Mary's Old Boys RFC have been busy over the summer months with a number of initiatives encouraging more of the community into sport.

The local rugby club are proud to have recently become a provider of SportsPound - a sporting initiative for South Gloucestershire with funding from Sport England - inviting the local community to get active, have fun and be social.

Any individual who currently does less than 30 minutes exercise a week, is aged between 14 and 100 and lives in South Gloucestershire can apply for a SportsPound voucher booklet either online or in the local library which offers eight free sessions of fitness, exercise or sport.

Another link to have been established is with The Children's University; St Mary's Old Boys RFC is now a learning destination for the international charity that "aims to promote social mobility by providing high quality, exciting and innovative learning activities and experiences outside normal school hours to children aged 7 to 14 (and 5 and 6 year olds with their families) and engaging the wider communities as learning partners in the realisation of this".

St Mary's is excited to be a part of the ambition "to raise aspirations, boost achievement and foster a love of learning, so that young people can make the most of their abilities and interests, regardless of the background into which they were born".

The club has passed the CU's own quality assurance process offering "High quality learning opportunities and activities" enabling children to access the club and try out rugby, gaining a stamp in their passports for sessions attended.

New players are always welcome to the club in Trench Lane as well as those returning to rugby or transferring from other clubs with 3 senior sides, a successful ladies team, U13's & U15's girls teams, Colts (16/17yrs) U15's and a youth section of players from school years reception to year 9.

The recently formed O2 Touch centre offers social fitness to mixed ages, gender and abilities and has proved popular with both members of the club as well as those who live in the local community and further afield. One player told us "for me it's the most enjoyable form of exercise I've taken up over the last few years. It's so much fun! It keeps me fit and I've also met a great bunch of people who've embraced me into St Mary's Old Boys RFC. I love the way that all ages are welcome, included and play well together".

As the nights draw in, the club have moved their weekly pitch up & play O2 Touch sessions to Mondays at the centrally located Bradley Stoke Community School on the astro turf pitch from 1800hrs. The first 6 week Touch league commences Monday 3rd October. **For more details or to register a team email contact@smobrugby.co.uk or look us up on Facebook: @smobrugby @smobtouch @bradleystokeyouthrugby**

www.southglos.gov.uk/sportspound
www.childrensuniversity.co.uk





Update from Bradley Stoke Judo Club

Firstly we would like to congratulate the Thornbury judoka and friend of the club Sally Conway on her fantastic bronze at the Rio Olympics. Sally produced some fantastic judo and was very unlucky not to find herself in the gold medal fight. Sally is a true inspiration to our members.

Unlike most sports clubs the judo club operates all the way through the summer with a full schedule of events in the calendar. We have had a great turn out at our training sessions with record numbers in attendance especially on a Thursday evening. On the competition front it has been full on with members of the club travelling to Spain, Poland, Berlin, Croatia and many parts of the UK for the domestic events.

In Europe we had several players take part in the top level Junior European Cup fixtures in Spain and Poland with great success. Steph Walker travelled to Spain and brought home a bronze medal and this was followed up by Lele Nairne bringing home a bronze from the Junior Cup in Poland. This was a great achievement as this was Lele's first competition back after 16 months out injured with a leg injury. Pete Miles also attended the cup in Poland and came back with a 7th Place. Roy Walker travelled to Croatia to take part in the European Veteran's Cup and also came back with a 7th place in a very tough tournament.

On the domestic front Bradley Stoke continued to deliver fantastic results at the West of England

Open Championships in July bringing home numerous medals in the under 12, 15, 18 and Senior categories. The club were also proud to have 3 of our judoka selected for the 2016 UK School Games that took place at the end of August in Loughborough. Tatum Keen and Eleanor Young were selected for England and Sam Ashton was selected for Wales. Tatum Keen produced the judo of the weekend winning gold for England in the under 48kg category. Tatum was the youngest in the group at 14 but defeated opponents that compete in the under 18 and 21 age groups. One of the opponents Tatum defeated recently won a silver medal at the Commonwealth Judo Championships in South Africa in the under 21 category. Tatum then won a bronze medal in the team event. Eleanor Young battled to a well-deserved bronze in the under 63kg despite having to contend with illness on the day. Sam Ashton came away with 5th place for Wales in a very tough group.

It is not all about competition and at the start of September we sent a group of under 12s down to Plymouth for weekend of training and fun (photo). The group had two training sessions with the Drake and Hoshi Judo Clubs from Plymouth. These sessions were a mixture of technical work and fun which helped them all to get to know together. After the sessions the kids and their families had fun exploring the sights on offer in the town.

Bradley Stoke United FC

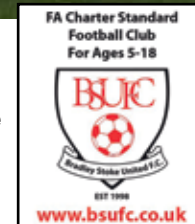
Bradley Stoke United Football Club is a FA Charter Standard Club established in 1998. Last season saw around 150 local children from 5 to 18 years old represent Bradley Stoke United FC on a weekly basis having fun and playing a sport they love.

The 2015/16 season was good for all the teams, but particularly for the U14's who were Plate Winners, beating Dearswood Abbotonians Blues 2-1 in the final (picture top) and the U16's being Div 4 Champions this year, topping the table 9 points clear.

The Club's annual football tournament held at Bradley Stoke Community School in the summer attracted around 100 teams from around South Glos, Bristol and even South Wales.

For the 2016-2017 season, Bradley Stoke United FC has a new chairman, Jon Jones (pictured right) who was unanimously appointed as Bradley Stoke United Football Club chairman at the Club's AGM. Jon has been associated with BSUFC for over 3 years, he became a U8's coach in 2014/15 and soon took on the coaching of other age groups to get them up and running.

Jon outlined his vision for the club to have well over 200 kids playing football week in, week out with smiles on their faces. He said *"We are really looking forward to this coming season, we have teams in every age group from Under 6's to under 18's with weekly training and lots of games to play, so if you want to play football regularly, be part of a friendly club that is committed to the tradition of football for all and making it fun, then get in contact with us via our new website www.bsufc.co.uk"*



Are You Football Crazy?

Are you looking for a fun and friendly club to play football?

Bradley Stoke United FC are looking for Boys & Girls aged 6 to 12 years old.

Everyone is welcome. Come along and make new friends. Be part of a TEAM, PLAY football and have FUN

Contact: e: phil.townsend@wmas.co.uk m: 07870 251691 www.bsufc.co.uk




News from the Year 6 Journalist Team at St Mary's RC Primary

Welcome back!

Back to school for a new school year! Mathilde, Emily, Finn, Nathan and Eva are your writers for this amazing year! We hope to inform you about all the latest information of our fantastic school. This year we welcome Mr Thomas (Y5), and welcome back to Mrs Sullivan (rec.) and Mrs Turnbull (rec.) who have returned from maternity leave. We hope they will have an amazing year with their new classes. This is what we are up to this year...

Our Buddies!

In Year 6, we receive buddies from Reception to look after throughout the year. At the end of Year 5, we met them and showed them around the school facilities. We ate lunch with them, read books with them, and showed them their new classroom. They particularly enjoyed the tree-house, castle, and our new school platform when playing outside!

They will start having half days and full days, to get used to the school. Then, near the end of September, the new Reception children will come to school every day. Also, we will take them on an outdoor class trip – their first ever! We are going to Prinknash Bird & Deer Park for the trip. We are all really excited about taking them, because 7 years ago, our buddies were taking us on our first trip, and it's now our chance!

It doesn't seem that long ago when WE were in Reception, and we were starting school. I remember my buddy taking me around the school and I loved the playground. Once we also went on a trip with our buddies; we went to Westonbirt Arboretum and I remember crying on the coach all the way there! I had many happy memories during the year though!

We hope that Reception class have a good year and enjoy the next seven years of primary school!



We give a warm welcome to the new Reception class!

New Equipment

To start off, we have a new platform; made out of recycled plastic taking place of the old boggy puddles (so our teachers don't tell us off for the muddy shoes on the clean carpet!) Some people already have ideas on what to use it for. Is it a gym? Is it a catwalk? Is it a stage?

Another new addition is a gazebo behind the school which is an open class room, for example it could be used for reflections. There is also a brand new race track/road mainly for the reception's tricycles, but some people have used it for racing.

We now have a new friendship bench which you sit on if you have no one to play with someone will come up to you and play with you and we have a new tables and benches behind the school in the garden.

Not to mention we have some very large fruit and vegetables grown freshly in our school garden!

Looking forward to Y6 Camp

Now that are in Year 6 we can look forward to the year 6 camp. We are going to Mill on the Brue in Somerset. We're really excited because we have heard amazing things about camp, like how we will have to put our teamwork to the test and help each other out throughout the experience. We will also

have to face some of our fears from staying away from our parents for two nights, to facing a phobia of heights. Personally I am looking forward to the disco on Saturday. We will stay in two separate dormitories. Girls and boys. I have also heard about the food. In Mill on the Brue they grow their own vegetables such as carrots, lots of different salad leaves and lots more. They also grow fruit like berries, apples and many more. On the menu it will say how far away the food has come from

and if it's from where we're staying, it will say zero miles. Leaving on Friday the 7th of October, we will return on the 9th feeling like proper year 6's.

Challenges Ahead of Us

This year is going to bring many tough challenges for example Mill on the Brue will be challenging however it will help us develop many useful skills. We can safely say we are ready to accept these challenges with open arms. All the class hope that by the end of the school year we will be ready to move on to our next challenge, secondary school, and we will continue to grow as young people. With God's help we will be brave as saying goodbye to this school, which we've had so many memories with, will be our greatest challenge yet.

Our many activities will be very fun and will hopefully help us grow and learn through our faith and our learning. By taking on these challenges we will become more responsible and we will become ready for our next school. Having buddies will make us very responsible and it will help us with our task of being the role models of the school.

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Bailey's Court Primary kicked off their celebrations for the 20th anniversary of the opening of the school with an after-school picnic, and Bradley Stoke Matters was very pleased to be invited to join in the fun!

During the day pupils had all made celebratory badges to commemorate the special day and these were being proudly worn. In imitation of the 10th anniversary celebrations, pupils and staff gathered around the school building to link arms and give the whole school a 'hug'; with a few arms stretched and wide strides this was successfully accomplished! A special meal was prepared by the regular school kitchen staff - an all day breakfast won the vote of the children!

We popped down at the end of the school day on Tuesday 20th September to find the school buzzing with excitement. The birthday picnic commenced straight after school pick up at 3.30 pm; whilst the rain held off parents unfolded the picnic blankets, opened plastic boxes and unwrapped sandwiches whilst relaxing and listening to the brass band play. The Bristol Veteran Players were pleased to attend; they normally play at school fetes, Christmas functions, charity events and care homes during the day. Their eldest player is now in his 92nd year!

In readiness for the special day pupils (and their families) had been tasked with baking a cake that celebrated the 20th birthday of the school. It could be sponge or fruit but must be a joint entry between child and adult. Well, the cakes were outstanding as you will see from just the few photos we have included here! During the picnic, winners of the cake competition were announced before some were sliced to be shared amongst those attending. The standard of entries was incredibly high and there no way we could've chosen a winner out of the fifty magnificent entries! The Bailey Bird featured in almost all of the cakes. Hugo, Layla, Harry & Daniel all picked up a winners certificate.

photos show: The Bristol Veteran Players entertaining the crowd; BSCS students reminiscing on their time at Bailey's Court; Julie Barnett, Martin Teller (Deputy Headteacher), Mr Davey (Governor), Andrew Lynham (Headteacher); viewing of the magnificent cake entries; competition winners!; the plaque on the friendship bench; siblings testing out the bench; Julie Barnett cutting the ribbon with Headteacher Andrew Lynham. Opposite page, just a few of the cake design entries.



Julie Barnett is the school's longest serving member of staff, having started working at the school when it first opened! Also heading up the celebrations working party, Julie cut the ribbon on the new friendship bench to mark the 20th anniversary of the school. She recalled how the school originally started as a portacabin on the site of Bowsland Green School. At this time children were put on the minibus each morning and ferried to the north of Bradley Stoke before returning at the end of the day. The school has since grown quite considerably since those days and has added extra classrooms over the years to accommodate the extra demand.

We have enjoyed visiting the school on many occasions during the 11 years of producing this community magazine (we especially like the year 6 cafes!). It was great to have the chance to visit again and we really enjoyed talking to current staff, ex pupils and previous staff members who all have one thing in common and that's the personal element of the school and how the core values are held so dear.

There's another 19 events planned throughout the year - it was deemed fitting to hold 20 events to celebrate 20 years and a working party has been formed to manage such an exciting project!

We look forward to sharing more events with you over the coming months and wish the pupils, their families and staff well in the 21st year of Baileys Court Primary.



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Year 5 & 6 Open Evenings



The Ridings' Federation
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Thursday 6 October
4pm - 8pm

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The Ridings' Federation
Yate International Academy

Wednesday 5 October
6pm - 8pm

www.trfyia.org.uk



Boing is a weekly Children's club held in term-time at the Bradley Stoke Evangelical Church. All children in years 3-6 are welcome to join in with games, crafts, quizzes stories and generally have loads of fun.

The club runs from 6.15-7.30pm. There is no charge for coming along, but children may like to bring some money for the tuck shop.

Parents and carers need to go along with the child/ren the first time you bring them to ensure that they are registered with the club. On collection parents are welcome to come and have coffee while you wait from 7.15 onwards.

If you have any questions, call Tim on 07515 930363



Refresh Cafe

Also running at the Bradley Stoke Evangelical Church on a Monday morning from 9.00-11.30 is the Refresh Cafe. Come along on Monday mornings to meet with friends, enjoy coffee or tea, freshly made bacon rolls and home baked cakes.

Please note that Refresh does not run during the school holidays and has switched from Wednesday to Monday.



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New Season's programme of South Glos Decorative & Fine Arts Society

Members come from all over South Glos and Bristol to Bradley Stoke, usually on the third Thursday evening of the month to pursue their interest in decorative and fine arts.

The new season of illustrated lectures begins on **Thursday, 20th October** with a talk on William Morris and the Arts and Craft Movement followed by Theatre Design and Architecture on **17th November**.

The varied programme of nine lectures include The Forbidden City, First World War Artists and The Hands of Leonardo. The speakers are all professionals in their respective fields and come from across Britain.

The group meets at Bradley Stoke Community School, Fiddlers Wood Lane, BS32 7BS (near the library and leisure centre), with plenty of parking. Refreshments are available from 7.00pm and the illustrated lectures begin at 7.30.

New members of all ages are welcome.

For further details please contact the Chairman, Sally Kitching by phone: 01454 774401 or by email: sallykitching@googlemail.com

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COLLABORATION ON DIVORCE- A different way forward

Alison Dukes, Specialist Family Solicitor with AMD Solicitors and a trained Collaborative Lawyer explains how the Collaborative approach to relationship breakdown may be right for you.



In my practice I find that most new clients have heard of mediation as a form of dispute resolution but very few clients have heard of the collaborative approach.

Collaborative Law is a way of resolving disputes on divorce or relationship breakdown that does not involve going to court. It involves former partners sitting down together and, with the help of their solicitors, working out for example how to share financial assets or responsibilities for any children, as they each go their separate ways.

At the start of the collaborative process each party and their adviser (a trained Collaborative Lawyer) signs a formal agreement confirming that they will reach a solution without going to court. The lawyers involved in the collaborative process are not allowed to represent their clients in any subsequent court proceedings, so that it is in everyone's interests for a solution to be found by agreement.

The process requires a genuine desire on both sides to make it work and a willingness to disclose fully and honestly information about all assets. Negotiations take place at meetings at which each client is present together with their lawyer and it is the clients who set the agenda and the pace of the process. They share their hopes and expectations for the future as they work with their solicitors to try to find a solution which each will find acceptable. Where appropriate, the assistance of other specialists such as accountants and counsellors can be called upon to help resolve outstanding issues or to assist in finding solutions in a particular area of dispute.

Where an agreement can be reached through collaboration there may be significant benefits to the family as a whole. The costs and stress of court proceedings will have been avoided and the assets available to be divided will not have been pointlessly reduced by each side funding heavy litigation costs.

Perhaps most importantly, the relationship between the couple may not have deteriorated to the extent that is sadly common amongst those

who have faced a court battle. This is of course vital where there are children involved, so that the parents will need to communicate and cooperate for many years to come.

Agreements reached during the collaborative process can be recorded in a Deed of Separation or, if there are divorce proceedings, in an order that the court makes "by consent" which means that the couple will not have to attend court in person.

Collaborative practice will not be appropriate for every couple experiencing family breakdown. Couples who are "warring" are unlikely to choose to adopt a collaborative approach, nor is it appropriate if one party has already decided the specifics of the outcome they are looking for. There will be cases where the more traditional and adversarial route of determining the division of family assets will be inevitable, although many of those cases will be still capable of resolution without the need for any court hearing. However, for those who know they want a negotiated jointly "owned" settlement which minimises the emotional cost of divorce or family breakdown, collaborative law will be an attractive and constructive approach.

Alison can be contacted on 0117 9621460 or by e-mail alisondukes@amdsolicitors.com. AMD have offices at Clifton, Henleaze and Shirehampton

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After another successful fundraising year the Stoke Gifford branch of the Royal British Legion is getting ready for the 2016/17 Poppy Appeal.

The Branch is very grateful to the Branch members and volunteers, the public and local businesses and other organisations including local media who have supported it and have helped make it's fundraising such a success.

The Stoke Gifford Branch covers Little Stoke, Stoke Lodge, Stoke Gifford, Bradley Stoke, and Filton. It is holding it's **Poppy Appeal Launch on Friday 28th of October at Bristol Parkway Station at 2pm.**

It's guests at the launch are Chelsea Pensioner Brian A. Cumming, MBE, GCStG. from the Royal Hospital, Chelsea and Martyn Tighe a national RBL Trustee. University of the West of England, UWE, student Zak Ajane will be playing the Last Post and Reveille. Alf Sollars from Patchway Branch and the RBL Riders Branch, and Andrew Phelps, the Stoke Gifford Senior Scout Leader, will also be at the launch at Parkway. Others will also be represented at the launch.

Branch Chairman and Poppy Appeal Organiser John Moloney has led the branch to another successful fundraising year with the 2015/16 branch total standing at £49,000 in mid September, (the Appeal year ends on the 30th September). The money raised for the Poppy Appeal goes to the RBL's Welfare Fund, which is used to give help and support to current and ex service personnel and their families.

John told us how important these fundraising is "We must continue in our endeavour to make sure the Welfare of our Armed Forces continues after they left and also whilst serving. To improve on this year's Poppy Appeal with all the assistance we can get.

Can you spare two hours of your time between Saturday 29 October and Sunday 13 November between the hours of 0900 and 1700 hours in Asda Filton. Sainsbury's East Filton. Parkway Station. and the Willow



Brook Centre/Tescos in Bradley Stoke?. Be part of an award winning team in raising funds for the Royal British Legion's Poppy Appeal. I look forward to hearing from you"

If you are interested in volunteering please contact John on 07802 535591 or ja_moloney@live.co.uk.

The Branch also recruits student volunteers from the University of the West of England, UWE.

If you or someone you know needs help from the Royal British Legion please contact the RBL national helpline - 0808 802 8080.

The RBL has opened a new Pop In Centre in 60 Union Street, Bristol, where people can call in for advice and information on the charity's support and community services.

The Stoke Gifford Branch of the Royal British Legion has it's own Facebook Page, so please take a look and follow and like it, it's - <https://www.facebook.com/StokeGiffordRBL>

REMEMBRANCE SUNDAY / ARMISTICE DAY SERVICES HELD BY STOKE GIFFORD BRANCH OF THE ROYAL BRITISH LEGION: -

Remembrance Sunday service is held at the Memorial on the Green in North Road Stoke Gifford at 10.15am on **Sunday, the 13th November 2016**, this is a short service, and the act of Remembrance takes place with the laying of wreaths and the 2 minutes silence.



Following this out door service, St Michael's Church Stoke Gifford has their normal Remembrance service inside the Church.

The Baptist church in Rock Lane of North Road also has a 11am service to which members of the RBL attend.

Armistice Day - The Stoke Gifford Branch holds Services at 11am Bristol Parkway Station; Willowbrook Shopping Centre, Bradley Stoke; Sainsbury's, East Filton.

Patchway Branch of the RBL will be holding it's Remembrance Day Parade on **Sunday, 20th November 2016.**

Alf Sollars, Chairman of Patchway RBL Branch, said: "Muster point for the start of the march will be at Patchway Parade next to Coniston Medical Practice BS34 5TF this will leave at 10.30 sharp, and pressed down Coniston Road to Scott Park BS34 5JR, early attendance is recommended at the muster point. Refreshments will be available at the end of the ceremony, and all are welcome. Patchway Royal British Legion always look forward to the people of Patchway attending this parade **WE WILL REMEMBER THEM**"

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TMTG Presents 'The Wizard Of Oz'

Here's a great recipe for a half term outing. Take one pinch of Dorothy and Toto, add a drizzle of Scarecrow, whip up a Tinman, fold in a Lion then glaze with a good and bad Witch, add a dusting of Wizard and bake to perfection ... and there you have it! An all round family entertainment show in the form of "The Wizard of Oz". This colourful fantasy musical is a timeless classic with a moral twist and will be performed by the Thornbury Musical Theatre Group at the Armstrong Hall in Thornbury from Wednesday 26 to Saturday 29 October at 7.30 pm including matinées on the Friday and Saturday at 2.30 pm.

Dorothy lives on a farm in Kansas until a cyclone arrives, and picks her, her house, and her dog up and deposits them in the land of Oz. Things in Oz are strange and beautiful, but Dorothy just wants to get back home. She begins to travel to the Emerald City where a great wizard lives and on her way she meets a Scarecrow who needs a brain, a Tinman who wants a heart, and a cowardly Lion who desperately needs courage. They all hope the Wizard of Oz will help them. Dorothy is helped by the good Witch of the North, but she's also sought by the Wicked Witch of the West, who seeks revenge for the death of her sister, the Wicked Witch of the East, for which she blames Dorothy. With many twists and turns, will Dorothy return to Kansas and learn that "there's no place like home"?

Adult tickets £12.50, concessions £10.50, and a family ticket for 4 is £38. On opening night all tickets will be on a 3 for 2 basis. Group discounts of 10% can also be arranged via our Box Office for 10+ seats. For ticket enquiries, please call Angie at the Box Office on 07516 270140. Tickets are bookable online at www.tmtg.org. uk and are also be available at Lisa Costa Residential Sales and Lettings at 53 High Street, Thornbury.

For a chance to WIN TWO FREE TICKETS to see the show, a cuddly lion and have your photo with Dorothy and the Trio after the show, why not enter our competition to let us know where you see figurines of Dorothy, Scarecrow, Tinman and Lion as well as photos of ruby slippers, rainbows and more, in and around Thornbury as from 8 October. Go to wiz.tmtg.org.uk to see what you need to find and submit your answers and ensure that your entry reaches us by 22 October. Two runners up will win a cuddly lion and a photo with Dorothy and the Trio after the show.

For more information about 'The Wizard of Oz' and our group generally, go to www.tmtg.org.uk or follow us on Facebook.



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Horfield Theatre Company present's

Fool's Paradise

by Peter Coke

26th – 29th October 2016

Jane and Catherine Hayling were both married to Basil (not at the same time!!). Now deceased, he leaves them both his enormous house, filled with beautiful antiques. With no money to run the house and no option to sell, they are a the doors of the debtors. Their only option is a spray of emeralds which they hope will save them.

Will they succeed? Come along to this comedy farce to find out!

Doors open 7pm: performance starts 7.30pm

Horfield Parish Hall, Wellington Hill, Horfield, Bristol BS7 8ST

Tickets: 0117 9695716
or www.horfieldtheatre.co.uk

This amateur production of 'Fool's Paradise' is presented by special arrangement with SAMUEL FRENCH, LTD

Fool's Paradise
by Peter Coke
26th - 29th October 2016

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Tickets: £9
Phone: 0117 9695716
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Bradley Stoke & Little Stoke Gifford Matters - Facebook/BSMatters

Community Noticeboard

to promote your event for
FREE contact
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QUIZ NIGHT

Holy Trinity Church
15th October, 7pm

Raising funds for Uganda 2017
Refreshments available.
£2 per person payable by advance ticket
from church office.

Come as a team of six
or join with others on the night.
All welcome.

Saturday November 5th

fireworks

At St Michael's School



Tickets:

£3.50 £4.00
in advance* on the night

Preschool children are Free

Gates will open at 5.40pm

Fireworks will start approximately
6.40pm

*advance tickets are available from
the School office & the post office
(old JHoots pharmacy)



Candyfloss

Sweets



Refreshments

Light toys

Please note that due to the nature of fireworks and health and safety we
cannot guarantee a time for them to be lit as this is weather dependent.

STRICTLY NO SPARKLERS

Severn Vale Flower Club Open Meeting

Armstrong Hall Thornbury
Monday 7th November

"Christmas in the Country" is the title of a floral
demonstration to be given by Emily Broomhead, a
young and talented National Demonstrator.

If you would like some new ideas for Christmas
then you are welcome to come along. There will
be Refreshments, Raffle and Sales Tables. Doors
open 6.30pm for 7.30pm. For advance tickets and
more information the numbers to ring are 01454
885213 or 01453 811089 alternatively you can and
pay on the door.

A Charity Coffee Morning will be held on
Wednesday 30th November in the Excell Room,
Armstrong Complex. Doors open at 10.30am
Friends and visitors are welcome to join us.

"Monster Mayhem"

children's activity at Patchway Library,
Tuesday 25 October 10.00-11.30.

Free drop in. Suitable for ages 4-11. Children
must be accompanied by an adult.

For more information, please contact Patchway
Library on 01454 868006 or email patchway.
library@southglos.gov.uk

BRADLEY STOKE LIBRARY October



Monday: 10:30 – 18:00

Tuesday: 10:30 – 20:00

Wednesday: closed

Thursday: 10:30 – 18:00

Friday: 10:30 – 20:00

Saturday: 09:30 – 17:00

Sunday: 11:00 – 15:00

Rhyme Time (Term time only)

Monday 10th October 10:30 – 11:00

Monday 17th October 10:30 – 11:00

Monday 31st October 10:30 – 11:00

Storytime (Term time only)

Thursday 13th October 11:00 – 11:30

Thursday 20th October 11:00 – 11:30

Volunteer Drop in Session

Thursday 6th October 14:00 – 16:00

Chatterbooks

Saturday 8th October 14:30 – 15:30

Biggerbooks

Saturday 22nd October 14:30 – 15:30

Spook-tacular! – Seasonal crafts

Tuesday 25th October 10:30 – 12:00

Macbeth – performed by Spaniel in The Works

Thursday 27th October 10:30 – 11:00
(performance is open to all ages)

Shakespeare Workshop

Thursday 27th October 11:00 – 12:00
(Spaces are limited to 30 children aged
8-11, please book your place for the
workshop on Eventbrite.)

MacMillan Information Session

Friday 28th October 13:30 – 15:30



The annual Santas
on the Run 2k
fun run is back in
Bristol on Sunday
11 December 2016.

Grab your family,
friends and
colleagues (and
dog!) and take part

in this extraordinary dash across the city dressed as
Santa and raise vital funds for local charity, Children's
Hospice South West (CHSW).

Last year over 2,000 people descended upon Bristol's
Harbourside dressed in their complimentary Santa
suits to dance/walk/jog/skip their way round the city.
The event was a huge success and raised over
£53,000 in sponsorship for CHSW's Charlton Farm
hospice, which supports approximately 200 families
who have children with life-limiting or life-threatening
conditions as well as over 55 bereaved families.
Registration for Santas on the Run is £15.00 per
adult, £7.50 per child or £37.50 for a family ticket
and £135 for a team of 10 adults. Entry includes your
Santa suit, medal and festive treats!

Sign up at www.chsw.org.uk/santasbristol



Wanted!



Fun-lovin' folks to attend the
Rotary Club of Bradley Stoke

Barn Dance

With Jig Mad Wolf Ceilidh Band

Bein' held at St Mary's RFC, Trench Lane

Friday, 14th October from 7.30

Vittles Bar Raffle

Tickets (including supper) £10 available from

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Coffee and Lunches

Saturday 5th November

Zion United Church



Frampton Cotterell

10.00 a.m - 3.00 p.m

Light lunches of soup or jacket potato available
12 noon – 1.30pm in the Hall

email: jaci@mattersmagazines.co.uk to list your event for FREE

check out www.bradleystokematters.co.uk for MORE community events!



Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

BABY AND TODDLER GROUPS

Bouncing Babies - Tuesdays 1-3pm at Jubilee Centre for babies under 1. Cheryl Godsell 01454 868570 CGdsl@aol.com

Trinity Tots - Monday's 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

First Steps Toddler Group - Mondays and Thursdays 10-11.30am term time Christ the King Church, Bradley Stoke tel : 07590 369 935

Little Hedgehogs (0-5's) - Friday mornings 10am-12noon, Edge Church International 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990.

Pre-School Rhyme time and Story time Bradley Stoke Library Mondays 10.30-11am and Thursdays 11-11.30am 01454 868006 bradleystoke.library@southglos.gov.uk

Puddle Ducks - Mondays 10am to 12 noon during term time Brook Way Activity Centre. puddleduckstoddlers@hotmail.co.uk

North Bristol Twins Group - Fridays 10-12am Evangelical Church in Bradley Stoke, northbristoltwinsgroup@googlemail.com

Tuesday Tots 10-1130am with safe outdoor play area at Little Stoke Baptist Church. All welcome. Contact Barbi Britton 0117 9695249

LOCAL CLUBS AND ORGANISATIONS

Afternoon Social Club 55+, every Wednesday from 2pm – 3.30pm at the Baileys Court Activity Centre.

Bradley Stoke Book Club 'Bookaholics' meet at Starbucks, Aztec West on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714101354 geoffrey.stobbart@bopenworld.com

Bradley Stoke Community Singers - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

Bradley Stoke Lions meet at the Hilton Hotel on 2nd Wed of each month at 7.30pm. Ailsa Young, 07737 106836 ambyoung29@yahoo.com

Bradley Stoke Radio - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio.org.uk

Bradley Stoke Sew and So's - Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos.weebly.com

Bradley Stoke Small Business Forum - meets 2nd Monday of the **Gifted drama group** Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

Girl Guides, Brownies & Rainbows - admingirlguidingbsg.org.uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

Little Stoke Ladies Club - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

Plug In - weekly 7.30-9.30 at Coniston Community Centre, Coniston Road, Patchway. Free, live music entertainment where people can relax, chill out, drink coffee, listen to music, chat and meet other folk their own age. Building Community for 18-30's.

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts & Explorers meet at Brook Way Activity Centre. If interested please have a look at our website which has details of days and times and contact Clive Mason, Group Scout Leader. gsl@bradley-stoke-scouts.org.uk. www.bradley-stoke-scouts.org.uk

1st Little Stoke Scouts - contact tony Edmonds, Group Scout Leader 01454 772005 email: tonyedmonds108@yahoo.com

Stokes Art Group - Tuesday evening and Thursday morning at Christ the King. Everyone welcome. www.stokesartists.co.uk

Stokes Crafters - every Thursday evening between 8pm to 10pm at the Poplar Rooms, North Road, Stoke Gifford BS34 8PE with a small charge of just £3.00

Stokes Singers - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Liz Gazzard on 01454 614148 for further details.

Thursday Ladies Group meets 3rd Thursday of month at 2pm. Community Hall, Little Stoke Lane contact Julie 0117 931 5007

Willowbrook Townswomen's Guild - Jubilee Centre – 7:30 – 9:30 the 2nd Tuesday of every month. Janine Smith 01454-617645

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Bev - 01454 625855.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford, Bristol BS34 8PF contact Sue Grimsted 01454 613016.

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

SPORTS CLUBS

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.pitchero.com/clubs/aretiansrfc

Black and Blues Netball - Non-League Social Netball Wednesdays 7.30-9pm BSCS, Rachel Pheasant 07837 968060 rachelpheasant@live.co.uk

Bradley Stoke Bowls Club - Baileys Court Activity Centre www.bradleysstokebc.com. Val Nicholls 0117 9311203

Bradley Stoke Cricket Club - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at http://bradleystokecc.co.uk

Bradley Stoke Jiu Jitsu Club - Chris Harris, maru.jiujitsu@gmail.com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - The Jubilee Centre Every Wednesday 5.30–7.00pm. Siân Briddon on 07920 745965 (after 6pm) or email bsncjuniors@yahoo.co.uk

Bradley Stoke Judo - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

Bradley Stoke Town Football Club - Adult training Tuesdays at Bradley Stoke Community School, For more info see website at bstfc.co.uk

Bradley Stoke United Football Club - Football from U7's to U16's Various contacts, dependent on age, see website bsufc.co.uk

Bradley Stoke Youth FC (BSYFC) – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@bopenworld.com

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please let us know **community@mattersmagazines.co.uk** and we will do my best to put it right for you!

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

Bristol Extreme Allstar Cheerleaders - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

Little Stoke Park Run - Every Saturday at 9am, a 5k run in the park, littlestokehelpers@parkrun.com

North Bristol Rugby Club, Rugby teams from 4+ www.pitchero.com/clubs/northbristoljuniorsrfc/ .

North Bristol Running Group friendly group of recreational runners, 3 evenings per week, Tuesday, Wednesday and Thursday, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. For further information please see our Face Book page or text Alan Wilcox on 0789 0182387.

Sevenside Ramblers - www.sevenside-ramblers.org.uk All walks meet at Aldi car park, Bradley Stoke

Sole Sisters - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrfc.co.uk

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www.stokescyclingclub.org.uk stokescyclingclub@googlemail.com

Stoke Gifford Cricket Club – We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

Stoke Gifford Short Mat Bowls Club - Tuesday mornings and Friday afternoons. For more information please contact George Lord on 0117 3523 or email beryl.smith@talktalk.net

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website http://www.stokegiffordtennisclub.co.uk

Stoke Lane Athletic Football Club -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via www.stokelane.co.uk or email Club Sect 'steve' pspayne@blueyonder.co.uk or Club Mobile 07972 039413

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, https://www.facebook.com/stokesstriders

TAGB Tae Kwon Do - Thursdays and Sundays Bradley Stoke Leisure Centre, Russ Martin Russ@Tkdbristol.com 07778 421875 www.tkdbristol.com

CHURCH CONTACTS AND COFFEE MORNINGS

Bradley Stoke Evangelical Church Baileys Court Road 0117 9314716 www.bscc.org.uk

Bridge Community Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgecommunitychurch.org

Christ the King Church Mautravores Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

Edge Church International. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

Holy Family Catholic Church Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

Holy Trinity Church Broadcroft, Bradley Stoke 01454 620975 www.htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

St.Michaels Church, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 9.30 until 4pm, and Saturdays 10-12.

Trinity Network -www.trinitynetwork.org
Amberley Road Baptist Church, Patchway, 01454 610808
Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808

PRIMARY SCHOOLS

Baileys Court Primary School, Head Teacher: Andrew Lynham, Breaches Gate BStoke, 01454 866666

Bradley Stoke Community School Primary Phase, Head Teacher Sharon Clarke Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

Bowlsland Green Primary School, Head Teacher: Faye Kitchen, Ellicks Close BStoke, 01454 866766, bowlslandgreen.org.uk

Holy Family R.C. Primary School, Head Teacher: Dawn Breeze, Amberley Road Patchway, 01454 866786

Holy Trinity Primary School, Headteacher: Jane Johns, Broad Croft BStoke, 01454 866735, holytrinity-pri-s.gloucs.sch.uk

Little Stoke Primary School, Headteacher: Scott Howes, Little Stoke, 01454 866522, http://www.littlestokeps.co.uk

Meadowbrook Primary School, Headteacher: Jon Barr, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

Stoke Lodge Primary School, Headteacher: Richard Clark, School Close Bourton Avenue, stoke lodge, 01454 866772

St Chad's Patchway C of E Primary School, Head Teacher Darren Brown, Cranham Drive, Stoke Lodge, 01454 866523

St. Marys R.C. Primary School, Head Teacher: Paula Marsh, Webbs Wood Lane BStoke, 01454 866390,

St Michael's Primary School, Head Teacher Mark Freeman, Ratcliffe Drive, Stoke Gifford 01454 866781. www.stmichaelssg.co.uk

Wheatfield Primary School, Headteacher: Christine Dursley, Wheatfield Drive BStoke, 01454 868610

SECONDARY SCHOOLS

Abbeywood Community School, Exec Head: Dave Baker, Assoc Head: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

Bradley Stoke Community School, Exec Head: Mr Dave Baker, Assoc Head: Steve Muir Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

Patchway Community College, Headteacher: Mr Roger Gilbert, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com

Update from Bradley Stoke Primary by Headteacher Sharon Clark

It has been a real pleasure to finally say a proper 'welcome' to our new Acorn class these last few weeks. We are all enjoying getting to know our new children and families and hope that they have all enjoyed their first few weeks with us. Monday will be the first day of full time school for Acorn class and we know it won't be long before we can't imagine our primary phase without them! They have already shown us what busy learners they are...

We also have a number of staff to welcome to our Primary Phase. Miss Beech and Mrs Reed were introduced at the end of the summer term and are now officially members of our team. We are pleased to be also welcoming Miss Amy Roberts, as an apprentice TA supporting Catkin class. Some parents will recognise Miss Roberts from Irish dance club as she ran the club for us last year and we are hoping, once she has settled into her new TA role, she will be able to offer this enrichment opportunity to our children again this year.

Louise Jewell has also joined the Year 1 team; Mrs Jewell is a PGCE student, training with our Schools Direct programme. She will be with us for most of the year, with a break during Term 3 and 4 when she will be working at Meadowbrook Primary, one of our neighbouring trust schools.

If you are interested in a place at BSCS Primary for your child starting school in September 2017, we are running several open events for you to come and visit the school, as set out below.



Aretians membership doubles in size!

Aretians Rugby Club is a family orientated club based in Little Stoke.

The Club now boasts 3 senior men's teams with the first and second teams being well placed to push for promotion this coming season, being led by a new RFU Level 3 coach. There have been several new players joining in recent months, including many of the U17s team who are now transitioning into senior rugby. New players receive free annual membership and discounted gym membership to one of the Club's sponsors Riverside Leisure. Preseason training is currently taking place every Tuesday 7-9pm.

Aretians Ladies have gone from strength to strength with over 30 players now on board. They welcome new players to join this very social group, from absolute beginners to high level. This will be the ladies 1st season in the league and training takes place every Monday and Wednesday 7-8.30.

The junior section of Aretians Rfc offers training for all ages of children from 2 years old to 12 years old. Training is on Sunday mornings from 10.30am followed by free sausage and chips!

The Club is looking for more children for their brand new under 13 boys team which is the oldest age group and the flag bearers of the junior section. Aretians can guarantee top quality coaching from their RFU qualified coaches and importantly lots of game time. The focus is to have fun in the junior section and all children receive equal game time.

Girls Rugby: Aretians are looking for girls aged 11-17 to join the expanding sport of girls rugby. Training is on Sundays at 10.30am and Wednesdays at 6.30pm.

All new members to any group get their 1st whole season free!!! Just rock up, have fun, and become part of the south west of England's fastest growing, family friendly rugby club. For more information call Chairman Steve Hayward 07967 023043 or search Aretians on Facebook or Twitter.



Bradley Stoke Community School Open Events at BSCS Primary Phase

Thursday 6th October	9:00am - 10:00am
Friday 11th November	9:00am - 10:00am
Thursday 17th November	4:30pm - 5:30pm
Tuesday 29th November	2:00pm - 3:00pm
Friday 6th January	9:00am - 10:00am

Please call to make an appointment: **01454 868840**

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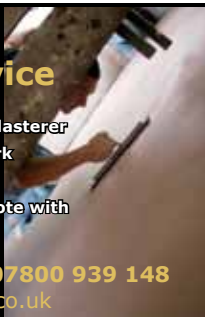
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