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## Dear Readers....

Well, Spring is supposedly close at hand but, as I sit and type this, it is literally freezing outside and not feeling very Springlike at all! Undeterred, the spring flowers are already raising their heads above ground and in doing so raise our spirits that warmer weather is to come!

This month sees daffodils and Mother's day. These two things have always been closely linked in my family; my mum just loved daffodils. Sadly this will be the first without my mum, who passed away quite suddenly after Christmas and I am still reeling from the shock. So ... to everyone still fortunate to have their mother - make sure you make time to spoil her this month in particular. We have advertisers within our pages who can help you with this; check out pages 2, 18 and 40.

Our front cover photo was sent in by a local resident who had been to visit the goats newly resident on land near Parkway Station. South Gloucestershire Council have embarked on an exciting project to enhance a site near Parkway Park and Ride for a population of small blue butterfly (Cupido minimus). The council have

been clearing scrub over winter with the help of volunteers and has brought the goats in to graze the area, thanks to the Street Goat project.

I hope you enjoy this latest issue. Don't forget, if you are a business looking to promote your services across the Stokes or a local group looking to share your news or raise your profile in the community, then please do get in touch with us and we will be happy to help.

Take care until next time,

JaCi x

**As ever a huge shout out to all the businesses who support us and enable us to bring you your community magazine. WE SIMPLY COULDN'T DO IT WITHOUT YOU!**

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Matters Magazines Ltd, 130 Aztec West, BS32 4UB  
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The Bradley Stoke, Little Stoke and Stoke Gifford community matters magazines are independently published and delivered FREE to homes (c 16,000 copies) in Bradley Stoke, Little Stoke, Stoke Gifford, Stoke Lodge and the edges of Patchway (to the A38 border) and Harry Stoke. The views and opinions expressed are not necessarily those of the editor (unless it is a personal review of a service that we have participated in). We cannot vouch for every advertiser personally (although since starting in August of 2005 we have used many of the services ourselves). Any feedback or experience is welcomed.

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## Rainbows Appeal For Help to Open Community Toy Library

2nd Stoke Gifford Rainbows are looking for engineers, carpenters, glaziers and cast iron welders to help them renovate a disused phone box in Stoke Gifford. Once the box is repaired, the girls plan to fill it with good quality second hand toys and books for children in the local community to borrow.

In December 2017 the Rainbows visited the North Bristol Foodbank and learned that not all children were as fortunate as themselves. During a Rainbow chat, the girls decided they wanted to do something more long term, and thought of collecting toys and books.

There is a disused red telephone box near the Rainbows' meeting place, and one of the leaders discovered they could be adopted and put to use by communities. After discussion with the Parish Council, a local engineer provided a free survey of the box, recommending repairs which would allow the box to be a safe, water tight library.

If the Rainbow group can find the right people to help, their plan is to renovate the box, and then decorate it with monthly themes – creating a talking point in the village that not only spreads the word about Girlguiding, but also provides a useful service for families in the area.

Ruth, aged 6, said: "Visiting the foodbank made me think about other children. I want to help them and everyone should have toys to play with"

Michelle, Assistant Leader, said: "We work hard with the girls to encourage them to think about their community. This is a perfect way for them to do something visible and positive in their area, and something to be proud of for years to come. We really hope people will be able to come forward and help us make the girls' ideas a reality".

Any offers of help should be sent to [2ndstokegiffordrainbows@gmail.com](mailto:2ndstokegiffordrainbows@gmail.com).



## Easter Fun



**Tuesday 27 March**  
**at Bradley Stoke**  
**Library**

**Drop in session**  
**10.30-11.30**

**Suitable for 4-11 years**



## The Friends of Forty Acres, Stoke Gifford

The Friends of Forty Acres have donated a wooden bench and dedicated it "In memory of John Toller Friend of Forty Acres".

John was the Group's first chairman when the Friends formed in 2008. He was passionate in protecting the Wildlife and Flora in the fields. John organised working groups to plant trees and wild flowers, litter picking and to pull the invasive plant Himalayan Balsam. He could be seen most days in his wellie boots and with his litter picking grabber.

On 18th November John's wife Lorna cut the ribbon (photo right) and "declared the seat well and truly open". Their two daughters Gail and Claire, Families and Friends were present. The Chairman of Friends of Forty Acres, Laurence Acteson gave a very touching speech.

Unfortunately John lost his fight with cancer on 1st November 2014 and he is greatly missed.

**A small group of volunteers are trying to keep up his good work, but we need help with more volunteers. If you'd like to get involved and help, please contact Stoke Gifford Parish Council, by calling 01454 865202 or emailing: [clerk@stokegifford.org.uk](mailto:clerk@stokegifford.org.uk)**



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## News from the Stoke Gifford Branch of the Royal British Legion

### Great Pilgrimage 90

This year, 2018, marks the Centenary of the end of World War One. The Royal British Legion, as the National Custodian of Remembrance, is planning a special event this year: the Great Pilgrimage 90, (GP 90).



People from every community in the country and from many other nations served in the First World War. On 8th August 1928, a decade after World War One, veterans and widows attended the Great Pilgrimage, visiting the battlefields of Ypres and the Somme and then marched to the Menin Gate.

This August, ninety years later, Legion Members will recreate the 1928 Great Pilgrimage. The public are welcome to attend to watch the Parade to the Menin Gate. After the service the Great Square will host an afternoon of exhibitions and musical performances.



**The Stoke Gifford Branch of the Royal British Legion, which covers Stoke Gifford, Little Stoke, Filton, Stoke Lodge and Bradley Stoke, will be attending the Great Pilgrimage 90.** Four local Councillors, Brian Allinson, Ernie Brown, Trevor Jones and Keith Cranney, have presented the Stoke Gifford Branch of the Royal British Legion with a grant from Member Awarded Funding, (MAF), to enable the local Legion Branch to attend GP 90 (photo above). The Branch is very grateful to the local Councillors for this grant, which will enable the local community to be represented at this important memorial event.



For further information on GP 90 please go to: <https://www.britishlegion.org.uk/community/calendar/remembrance-services-and-events/great-pilgrimage-90/>

### Poppy Appeal

The local RBL are having another good year with the Poppy Appeal. The Branch would like to thank the public, branch members and volunteers, businesses and other organisations for their help and generosity throughout the Appeal which runs from the 1st of October to 30th September each year. And of course thank you to the great local media who do so much to help us raise so much money and help us raise the profile of our welfare work so we can reach more people who need our help.

**The Branch is very keen to recruit more people to knit the famous knitted Poppies for the Poppy Appeal.** The knitted Poppies are very popular and raise much money for the Poppy Appeal, and the Branch can't keep up with demand!! If you are interested please contact the branch at it's email address: - [rblstokegifford@gmail.com](mailto:rblstokegifford@gmail.com)

There is no pressure to knit a certain number, any amount you can do will greatly help.

### War Memorial

Erected by the parishioners of Stoke Gifford to the everlasting memory of the brave men who fell in the great wars of 1914-1919 and 1939-1945, the Stoke Gifford War Memorial on the Green in North Road has had major works to correct subsidence. Stoke Gifford Parish Council were brilliant in

getting this work done and in good time for Remembrance Sunday on the 12th November 2017.

The Parish Council raised money for this project - a £3,110 War Memorials Trust Grant plus £1,000 from St Michaels Church, Stoke Gifford. The work was completed in the Autumn, and the War Memorial has now been fully restored.

Thank you to all at the Parish Council for this and the time and work they put in and to the funders it is all greatly appreciated.

Please follow, like and share the Stoke Gifford Branch Facebook Page, it's full of interesting and informative pieces - <https://www.facebook.com/StokeGiffordRBL>

### Volunteers

Additional volunteers are always welcomed by the local branch - during the Poppy fortnight there are 100 different shifts to cover! The Branch celebrates its volunteers, and holds an annual Thank You dinner for its volunteers.

Branch Chairman John Moloney and Branch President MBE attended the Students' Union at UWE to present Certificates of Appreciation to the University, The Students' Union and student volunteers who help the Legion with the Poppy Appeal.

Vice President of Sport and Health at The Students' Union, Erin Mills, commented:

*"It's really lovely to see our students getting involved with fundraising and volunteering for the*



*Royal British Legion this year. We thank them for coming in to show their appreciation today and hope it encourages more students to get involved in the future."*

As we went to print on this edition we heard that SG Branch, RBL volunteer Ronnie Carradine has won a South Gloucestershire Council Chair's Community award for her volunteering with the Branch. She is the fifth branch volunteer to win this award since 2011.

The money raised for the Poppy

Appeal goes to the RBL's Welfare Fund, which is used to give help and support to current and ex service personnel and their families.

**If you or someone you know needs help from the Royal British Legion please contact the RBL national helpline - 0808 802 8080. The RBL has a Pop In Centre in 60 Union Street, Bristol, where people can call in for advice and information on the charity's support and community services.**

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## Ride of Honour 8th May 2018

Little Stoke Gifford Matters was pleased to hear from local resident Alan Powell who is part of a 5-man team (plus crew with 4 living in Little Stoke) looking to cycle from Bristol to Paris this May to raise money and awareness for the Cystic Fibrosis Trust.

"We have been a group of 5 friends for a number of years now and although we have always known that Lee has Cystic Fibrosis we have never really known what that has meant." Alan told us. "Then, in May 2017 Lee's younger brother Michael died from Cystic Fibrosis and this really hit us and we wanted to get a better understanding of the disease and what Lee has/is going through."

"This prompted us to come up with something where we can raise awareness and money for the Cystic Fibrosis Trust (who have been a great support for Lee and his family throughout his life), gain some great memories as friends, and also do something in the memory of Michael. As Mike was a keen mountain biker we thought we would do a cycling challenge, which is where we came up with the Bristol to Paris challenge."

Alan Powell, Lee Honour, Rob Haddow, Dan Lunny and George Douglas will set off on their challenge on 8th May, cycling first to Salisbury and then on to Portsmouth with a Ferry crossing to Caen then onto Evreux before reaching their destination of Paris on 11th May. The guys wanted 100% of the money raised to go to the charity and are therefore funding the excursion themselves with the exception of any donations of help eg Brittany Ferries have given the team a 50% discount for the crossing to France. This means that the team is continually looking for ways in which they can get things for free or cheaper to help bring these costs down.

**Can you help?** The team are still looking for someone to be their Main Event Sponsor to ease the pressures of the costs of the excursion. They very much hope that there will be a generous company out there who will match their personal contribution of £500 which will go into the costs of travel and accommodation for the support crew who are donating their time to be with the team every pedal of the way in case there is an accident or repairs are needed.

**How to get involved?** There is a just giving page for donations at <https://www.justgiving.com/fundraising/rideofhonour>

### What is Cystic Fibrosis?

Cystic fibrosis (CF) is a life-limiting genetic condition affecting more than 10,000 people across the UK. It affects the lungs and digestive system and can cause chronic infections and reduced lung function. Currently, half of those with CF will not live past age 41.



Ride of Honour



rideofhonour2018

**Cystic Fibrosis counting on your support**



Top: team photo; below, shows team after a 5 hour Spinathon at Horfield Leisure Centre in November which raised £600

### How challenging is this ride for the team?

"Well none of us are cyclists and in fact some of us are built more like wrestlers and others more like jockeys and that is without mentioning Lee who is doing this with his lungs currently functioning at 40%."

We have all had to buy bikes to train on and Lee is still training on a Mountain Bike whilst he saves to get a road bike."



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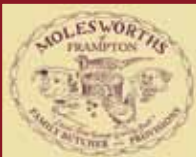
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### Opticians pledge support for children's cancer charity

Three local opticians have nominated CLIC Sargent as their charity of the year for 2018.

The teams from Specsavers in Bradley Stoke, Cribbs Causeway and Filton will be supporting the children's cancer charity by taking part in a number of challenges as well as holding events in their stores throughout the year.

To kick things off, Little Stoke Gifford Matters was pleased to be invited along to Specsavers at the Willow Brook Centre in Bradley Stoke when they held a fundraising day on Saturday 3 February ahead of World Cancer Day. The team held a bake-off competition, while customers and passers-by were greeted with a cake sale and invited to buy sweet treats in return for a donation. Members of staff wore CLIC Sargent t-shirts and the store was decorated with balloons and banners. CLIC Sargent wristbands were also on offer in return for charitable donations.

*"We have lots of fun in our lives; the children who are in hospital can't do that and it is not fair"*

*fundraiser Karolina, aged 8*

Caroline Marshall, representative from CLIC Sargent, and the Deputy Mayor of Bradley Stoke, Tom Aditya, were also both at the event. "Fundraising for cancer, whether it be for research or family support, is a cause close to my heart" Tom told me, "I have had a lot of previous involvement with CLIC Sargent and am very happy to support Specsavers' latest fundraising initiative".

Store director, Gaurav Patel told us "All three store directors will be taking part in a personal fundraising activity during the year and we will be encouraging our customers to give what they can to boost the total. I will be joining a team taking part in Tough Mudder, Ed Stanleigh has secured a place in the London Marathon and Vivek Lakhanpaul is doing a sky dive."

Also at the Bradley Stoke cake sale, we were pleased to meet local friends Anya and Karolina who are both in year 4 at Bailey's Court Primary School.

Karolina's mum works at Specsavers and Karolina heard about the fundraising plans for the children's charity. Inspired, by the recent Wallace & Gromit fundraising in school, Karolina decided she wanted to help and roped in friend Anya. "We have lots of fun in our lives" Karolina told me "the children who are in hospital can't do that and it is not fair". The two girls got busy making pom pom animals, loom band bracelets and painted rocks. Anya only had one of her large pom pom animals left when I spoke to her just half an hour after the sale started. "I'm only 8 and nobody else helped me make these, I did it all myself with no parents involved!" she told me proudly.



CLIC Sargent provides practical, financial and emotional support for children and teenagers who have been diagnosed with cancer or leukaemia. The charity believes that children with cancer have the right to the best possible treatment, care and support throughout their cancer journey and beyond. To find out more about the charity, visit <http://www.clicsargent.org.uk/>.

For more information, to make a donation or to book an appointment, you can find your nearest Specsavers store at: The Willow Brook Centre, Bradley Stoke, BS32 8EF, T: 01454 275020, W: [www.specsavers.co.uk/stores/bradleystoke](http://www.specsavers.co.uk/stores/bradleystoke)





## Volunteers wanted!

Can you spare one or two hours?

**Our busy Barnardo's Charity Shop, Radcliffe Drive, Stoke Gifford needs your help and your skills!**

The shop is open 7 days a week and we would love more help to be able to continue to offer a variety of goods the local community. We offer full training and hours and days to suit you.

Come along to our shop and meet our friendly team, Shop Manager Natasha and Associate Manager Julie. Or ring 0117 9314115 for further information and application form. It would be great to have you come along and support the national children's charity Barnardo's and our local community Charity Shop and staff.

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# Bradley Stoke 10k

**As part of the Bradley Stoke Town Festival, this year's 10K race will take part on Sunday 10th June at 9.30am.**

As with previous years, Sole Sisters will be organising the event for Bradley Stoke Town Council and are hoping that the event will again sell out! If you want to take part and we aren't sold out already, you can enter at <https://race-nation.com/bradley-stoke-10k-2018>

As well as supporting the Mayor's Charities, Sole Sisters Running Club will be donating £1 per Bradley Stoke 10k entry to raise funds for the Brain Injury Rehabilitation Unit in Frenchay, Bristol.

In September 2017 one of our dearest club members Dr Bex Mitchell and her family were involved in a horrific car accident which her partner did not survive. Her two children had extensive internal injuries; thankfully they are now fully recovered and being cared for by close family.

Bex herself has a traumatic brain injury.

Since November, Dr Bex has been treated at the BIRU in Frenchay, the unit specialises in the treatment of patients, from 16 years and upwards, who have severe physical and/or cognitive problems resulting from a brain injury. The Centre is led by a consultant neuropsychiatrist who is supported by two consultants in rehabilitation medicine and another consultant neuropsychiatrist. They work with a team of psychologists, speech and language therapists, occupational therapists, physiotherapists, nurses and support workers with decades of experience in neuro-rehabilitation.

It is impossible for us to know what the future holds for Bex, but we can only remain positive and have faith in the expert care she is receiving at such an outstanding specialist Centre and we hope that our fund raising will help to ensure that BIRU continues to be sustainable for the foreseeable future.

We would like to apologise in advance if your journey is delayed slightly due to the race. We try and keep disruption to a minimum and hope you enjoy the Festival and the BS10K.

*Penny Greenwood, Sole Sisters Chair & Sam Carpenter, BS10K Chair*



## Marshals needed for the Bradley Stoke 10k Run:

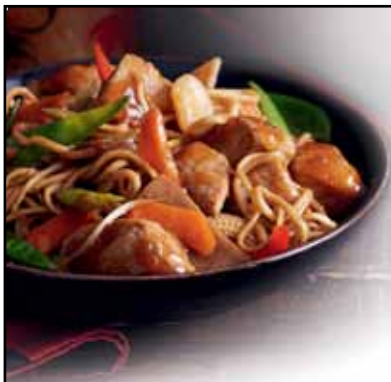
**Could YOU help?**

Volunteer marshals are required to help us deliver a memorable, enjoyable and safe running experience for the runners taking part in our annual Bradley Stoke 10K run on Sunday 10th June.

You will be required to meet at the Jubilee Centre at 8am on race day. A Sole Sister will escort all marshals to their road crossings, where we need you to cheer, clap and encourage the runners, whilst ensuring a safe crossing over the roads.

We anticipate marshals being able to stand down after the last runner, which is usually 90 minutes after the race starts.

The race starts at 9.30am, but marshals need to be available from 8am in order for them to walk to their positions. Volunteers who can help are asked to contact us via the website [www.solesistersrc.co.uk](http://www.solesistersrc.co.uk) so that we can allocate you a position.



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**Tuesday - Bradley Stoke**  
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**Wednesday - Little Stoke**  
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**Wednesday - Patchway**  
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**Thursday - Little Stoke**  
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**Thursday - Patchway**  
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Tel Janice: 07860 444647

**Thursday - Stoke Gifford**  
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**Friday - Bradley Stoke**  
Holy Trinity Church  
9.30am & 11.30am  
Tel Frankie: 07519 347243

**Saturday - Bradley Stoke**  
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I believe every parent wants their child to learn to swim. Whether it be for fun family visits to the local pool, going on holiday, or for the peace of mind that your child is safe in and around water.

It's not always easy to find a class that's local and fits in with your hectic family schedule. Especially if you have two or more children. So, we're very happy to tell you about our new Sunday swimming lessons at Winterbourne International Academy.

Starting from 10.30am until 3.30pm, we'll be teaching classes from Level 1 (complete beginners with a teacher in the water to help them achieve their first unaided swims, jump in confidently and learn to regain their feet quickly and safely in the water) up to Level 4 (for confident swimmers who are developing graceful, efficient strokes on their front and back).

Tash, our teacher, will teach small groups of up to four children, and when they have achieved good alignment, the ability to roll to breath and have their 25 metre swimming badge, they will move into the deep end where they will be taught from the poolside.

We have exclusive use of the 25 metre pool at Winterbourne International Academy and will continue to teach our parent and child classes for babies from three months of age, so if you have two or more children, they can both swim on the same day.

And once you join you'll be able to track the progress of your superstar swimmer through your online account and follow their progress every step of the way.

We're open every weekday from 9.30am to 4pm so call us on 0117 9717165 if you'd like to talk to us about teaching your child to swim. [www.puddleducks.com](http://www.puddleducks.com)



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## Jim Durlacher FAREWELL TO A BOWLS LEGEND

by Brian Newman, President of Bradley Stoke Bowls Club

Jim was a founder member of Northavon Bowls Club in 1991, where my wife and I first met him and his wife Margaret. We have been very good friends ever since, enjoying card evenings and holidays together.

In 2010, some two years after the demise of Northavon Bowls Club, Jim, with the help of Ben Walker then Mayor of Bradley Stoke, made possible the formation of Bradley Stoke Bowls Club, which was opened on the 1st May 2010, by the great David Bryant, three times World Champion.

During the eight years the Club has been going, Jim was very active in its various operations, being Chairman and Captain for the first two years, and then becoming President up to 2013. He was awarded Life Membership for all his hard work, and was recognised by South Gloucestershire Council by the Chair's Community Award in 2013.

During his bowling career, he played for City and County Bristol and the County of Gloucestershire. Jim was a past master at organization, and many of the club members enjoyed his Christmas parties over the years. He was a true blue Scotsman and his Burns Night celebrations were legendary.

Due to failing mobility, Jim did not play much bowls in the past year, but remained very active in a social capacity. He was also very generous in his several gifts, which included a lapel badge for every club member when he was president.

Jim passed away on the 4th January 2018. He will be sadly missed by the Club in general and by his close friends in particular. Our heartfelt condolences go out to his wife Margaret and all his family.

*At the going down of the Sun  
And in the morning,  
We will remember him.*



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Evening or weekend appointments also available



### Spring Meeting

The Bradley Stoke Bowls Club spring meeting will be held at the Baileys Court Activity Centre on Thursday 15th March.

The meeting, which commences at 6pm, is an opportunity for potential new members to find out more about the Club, and for existing members to receive membership cards and other information.

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### GIFTED Drama Group Celebrates 10 Years!

This is where I really start to feel how long I've been doing this community magazine!

Bradley Stoke & Little Stoke Gifford Matters included articles on the local Gifted Drama group based at Holy Trinity Church in Bradley Stoke, when it first started up ten years ago and again when it turned 5. It's hard to believe that this lovely group has now just celebrated its 10th birthday at the end of January!

The group welcomed parents, supporters and former leaders and had a great morning celebrating with games, cake and bubbly.

Roger Smale was presented with a special Gifted shirt which had 'Technical Director' on the back. Roger (shown with his wife Ruth) has been an active supporter since the very first show, aspects of which would never be able to happen without him!

The lovely birthday cake was made by Moira de Groot whose two daughters are group members. Newest and youngest member Paige was invited to blow out the candles!

Gifted's aim has always been to be a community drama group which welcome all abilities, there are no auditions and costs are kept low. The group is lead by Hayley Thomas and Gail Kirk, ably assisted by youth leader Amelia Roff.

The popular group is currently at capacity with 20 members (19 shown in the photo) with several more on the waiting list. In total 83 children have passed through the group in its 10 years to date.



Photos clockwise from top left:  
Current members of the Gifted drama group;  
10th birthday cake; leaders Gail, Amelia  
and Hayley; Ruth and Roger Smale; Roger  
pleased with his new shirt!



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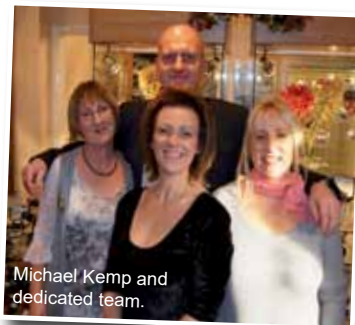
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It would be my absolute pleasure to work with you. Do get in touch. I can offer appointments at the Willow Brook Clinic Bradley Stoke, and at clinics in Westbury on Trym and Thornbury.

*I truly believe in life we can be anything we want to be, change begins with you...*

*just imagine...*

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## Local Rainbow Guides are amongst the last to enjoy Tesco's Farm to Fork Trail

22 Rainbow Guides, their mascot Olivia and a Brownie or two were excited to visit the Willow Brook centre to take part in Tesco's Farm to Fork trail which was part of their Eat Happy Project. Although the project has been hugely successful teaching 80,000 Girl Guides about the food on their plates, it was only intended to run for two years.

The girls wearing bright tabards and newly decorated hats, had a tour of six of the store's departments, including briefly, the inside of the walk in chillers and freezers, which we were told were colder than the North Pole - at least I think that's what I heard over the chattering of tiny teeth! The fish counter was the first stop where they decided that, although they were better looking than the Rainbow Trout and smoother than the crabs, they had less mussels!

We then moved onto the fruit and vegetable department to find fruit in all the colours of the rainbow which they did easily enough; but resisting the temptation to taste the merchandise in the bakery department proved just a little bit harder. We saw all the bread and croissants waiting on trays ready for the baker to put in the ovens at 3am and we learned that we couldn't see inside the ovens as they are always on as they take too long to heat up.

The girls then headed back upstairs to the staff canteen, where they were allowed to sample many of the fruits and cheeses they had looked at. Rather unsurprisingly the Chocolate Cheese proved more popular than the Stinking Bishop! But the goodie bags, complete with an event badge were a big hit all round, although one parent was not allowed to leave the store until she had bought her daughter some more sugar snap peas!

The girls had a great time and our thanks must go to Tesco for putting on these fun and informative events for free and to Staff member Dawn Richards whose warmth and enthusiasm really made the evening so enjoyable.

The girls were also given the opportunity beforehand to explore the Bradley Stoke in Bloom planters in the town square; they learnt about the different herbs in one planter and discovered what was growing in the Kitchen Garden Planter. They quickly identified the strawberries, cabbage, tomatoes and rhubarb but were mystified by one plant until they were allowed to dig down and discovered potatoes!

---

**Girl Guiding remains hugely popular and wants more volunteers, we welcome volunteers of all backgrounds, age groups and abilities, so if you or your daughter would be interested in joining us, our dedicated website is:**

[http://www.girlguiding.org.uk/get\\_involved/volunteer/register\\_your\\_interest.aspx](http://www.girlguiding.org.uk/get_involved/volunteer/register_your_interest.aspx)

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### Forest School Fun

Forest School has been a regular part of the Holy Family curriculum since 2011, when Executive Head teacher, Mrs Summer-Breeze and Head of School Mrs Carter first qualified as Forest School Leaders. Since then many other members of staff have undertaken training and Forest School has been available for every child as part of our PSHE and Outdoor Education lessons. The children take part in outdoor learning no matter the weather. With fleeces, wellies and waterproofs, they relish the chance to learn and work alongside their friends in the fresh air.

Forest School sessions cover many different aspects of the curriculum. Children will play games that develop their speaking and listening skills and help them collaborate effectively with others. Favourites include the Forest School 'Name Game' and '1, 2, 3, Where are you?'.

Other lessons will develop the children's general knowledge of nature and wild-life. We are very lucky to have a purpose built bird-watching tower, where children can gather to listen and identify a range of bird-song. Children also participate in tree identification sessions and by doing this throughout the year, they learn how to spot different trees by their buds, fruits, flowers and leaves. Fallen leaves and fruits are used to create all manner of perfumes and art projects in creative forest art sessions.

A firm Forest School favourite is always the camp-fire session. The children must first search the grounds to gather and dry enough wood to keep their camp-fire burning. Forest School Leaders will build the camp-fire, teaching the children some science along the way. This is a great opportunity to teach the children about fire safety, whilst they enjoy toasting



marshmallows (on a toasting stick they have whittled themselves) and a campfire sing-song. It's easy to see why Forest School is a long-standing favourite at Holy Family.

### Wonderful Wellbeing

We ended January with a very reflective week as our SENDCo Mrs Burn organised a special Wellbeing and Mental Health awareness week for children across the age ranges. The emotional wellbeing of our children always a priority within our school but this week highlighted that it was ok to 'Be Ourselves' and that awareness of mental health problems could help us to deal with our emotions as we grow up.

Throughout the week each class had the opportunity to think more deeply about how they could 'Be Ourselves' through class based activities and children also had the chance to apply to become part of the first Pupil Wellbeing Team at Holy Family. Once selected,

the newly formed team travelled to Mangotsfield School, to participate in a mental health information afternoon with other South Gloucestershire Schools. The children were great representatives of our school and returned very excited and full of new ideas to support their friends.

The week ended with a special non-uniform day to raise funds to support the mental health charity MIND. Our Mental Health focus has coincided with the launch of a new mental health website by South Gloucestershire. Mindyou.org.uk is a new site where children and parents can find information about mental health issues and emotional wellbeing.

### Remarkable Roald Dahl

Pupils have immersing themselves in the work of a classic children's author for Book Week this year. English co-ordinator, Miss Lloyd explained, "The work of Roald Dahl has been a favourite of children for many years. We have been sharing some well-known titles, like Matilda, but also studying some of the more unusual stories – such as The Minpins.



Every class has had a different narrative as a focus for their learning."

During Tuesday, the children enjoyed the opportunity of a visit from Antony Pedley, a renowned actor, who dazzled the whole school with his one-man show based upon Roald Dahl's The BFG. "It was such a funny performance," declared, Isabel, from Year Four, "It was amazing that just one man could perform an entire story all by himself! I really enjoyed it."

As the week progressed, pupils in Year 3 created their own recipes based upon George's Marvellous Medicine and Year 6 pupils were challenged to write formal school reports in the style of Miss Trunchbull from Matilda. The creative writing in school has been amazing as the children have been truly inspired to write.

Throughout the week, the Travelling Book Fair was open for purchases and every day featured a different event. Parents were invited in to join their children at the annual Book Cafe. This event is always hugely popular; as families settle down together with a good book and a cup of tea and a



biscuit. However, two activities remain the most popular. Pupils love returning to school for a cosy Bedtime Story. Pupils and staff share a candle-lit book, by the fireside, in their pyjamas, whilst sipping hot chocolate. More entertaining still is the eagerly anticipated grand finale of Book Week: the Holy Family staff performance. Pupils were in stunned by this year's spectacular rendition of Charlie and the Chocolate Factory and staff enjoyed the opportunity to show off their acting talent once more!

Head of School, Mrs Carter reflected, "As always, it has been a fabulous week. We are so pleased by the high level of parental support for all the activities. The children have gained such a lot from these rich experiences."



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# News from St Michael's Stoke Gifford

by Head Teacher Mark Freeman

## Some of our learning highlights last term

**Reception:** Last term our Reception children have been learning about 'People Who Help Us'. This has included visitors to talk about their jobs and a visit from the police. The children have been acting out different jobs in their role play areas; painting pictures, making models and many are now starting to write about their experiences.

**Year 1's** recent topic has been 'Toy Story'. They having been finding out about old and new toys; writing about their favourite toys; and bringing them in to talk about and share.



**Year 2** have been studying China (linking in with Chinese New Year). They have had a go at Chinese writing; made lanterns, fans and dragons; made their own information books about China and tasted Chinese food. Best of all they all had a go at performing a Chinese Dragon Dance.



**Year 3** have been learning all about France. This has included writing fact files; learning to speak some French and sing songs in French; and food tasting (very popular). The term finished with a French café in school, with the children serving their parents (and doing it all in French, of course!)

**Year 4** have been studying Bristol ('Shipspace') The topic started off with a visit to the SS Great Britain, and has involved lots of research and factual reading and writing. Next term they go on to finding out more about the Slave Trade.

**Year 5** have been studying 'Space'. They have invented aliens, written space stories; and found out about life in space. The topic ended with a visit by the space explorer dome, where children experienced the sky at night inside a huge dome in the hall.

The **Year 6** topic was robots. The children brought in a variety of robots and robotic devices; evaluated them; then built some of their own. They read the story of 'The Iron Man' by Ted Hughes, then wrote their own poems about this.



## And more...

As well as all of this there have been all sorts of additional events and activities giving even more breadth to the curriculum (and beyond). We have had plenty of sporting opportunities, including netball and football matches; we have additional gymnastics coaching for all children (paid for by the Sports Premium); we have also had American Football coaching. We have all learnt about Internet Safety, including a talk by our local community police officer. Our Year 4 children all enjoyed a visit from a local author; Year 5 had pedestrian training, whilst Year 5 children have been doing a cycle proficiency course. In music, Year 6 have been having drumming lessons, whilst we have started practising for our next whole-school production: Beauty and the Beast!



Finally, we ended the term by all dressing in red to celebrate Chinese New Year, as well as raising over £400 for the British Heart Foundation.

And that's just some of what happens in one term! To find out more about the school, please visit our website: [www.stmichaelssg.co.uk](http://www.stmichaelssg.co.uk).



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 Watleys End Road, Winterbourne, BS36 1PW



## Meadowbrook Primary School welcomes £1,000 donation

The Committee of the Bristol Retired Professional Engineers' Club has awarded Meadowbrook primary school with £1,000 to dedicate to their STEM provision with pupils. Pupils at Meadowbrook enjoy regular science weeks where visitors from local industries and the community visit to support lessons exploring science, technology, engineering and mathematics (STEM).

They will donate £200 every year for a period of 5 years so that extra resources and equipment can be brought to support teaching and learning in this area.



**Photo: John Coneybeare presenting STEM lead Asima Qureshi with the first cheque.**





## St Chad's Primary School RE Week 2018: Making Peace

**St Chad's CE VC Primary School has been running an RE week for a number of years now.**

As a Church school, RE plays a significant role in St Chad's school and underpins a lot of the work ethos and work that is done there. An RE week gives a chance for pupils to explore in depth 'big questions' that often many religions have looked to answer and also those 'big questions' that play a significant part in human lives.

This year's main theme was 'Making Peace'. This was chosen to give children the chance to reflect on what peace is defined as both internally and within society and the world, how peace is referred to in different religions and to consider how peace might be achieved.

Some of the big questions that the pupils approached in an age appropriate way during the week included:

- What is peace?
- Is world peace possible?
- What is 'inner peace'?
- Does God help people to find peace?
- Why isn't there peace in the world?
- How do I spread peace?
- Is peace possible without war / anger?
- Do people need religion for peace?
- How can I achieve personal peace?
- How can I create peace?

In addition to looking at the theme in general, each year group had their own specific sub-theme.

EYFS looked at the story of Noah and why the dove and rainbow are symbols of peace. As

an end result to this they worked with Year One to create a peace cloud, as you can see in the images top right.

Year One looked at how Jesus promoted peace. They looked at stories from Jesus' life to explore peace and learnt why Christians say "Peace be With You" to each other in church and shake hands when they do so.

Year Two explored Tu B'Shvat (the Jewish Festival of Trees) which coincided with RE week. The festival focuses on tree planting and they linked ecological ideas of peace in the Earth, as well as caring for creation – by planting a Peace Tree which they decorated with wishes and prayers for peace (above centre).

Year 3 and 4 looked at peace through the eyes of Hinduism. Year 3 discovered the work of Salma Arastu and used this to frame their artistic reflections on peace specifically focusing on symbols of peace and their meanings. Year 4 looked at some of the works of Gandhi. They discussed the concept of inner peace and reflected on what this meant to them and how this could be achieved.

Year 5 learned about Islamic teachings on Peace and how this is encouraged in the Muslim faith.



This culminated in pieces of art using Islamic scripture as a basis (above left) as well as creating a rainbow of peace (below left).

Year 6 took the idea of standing up for peace and justice and explored famous peacemakers throughout recent times. They focused on Dr John Sentamu's vigil and its meanings with art work that culminated with a multi class strong photograph showing the world's flags grouped together in peace.

All of the pupils had a chance to explore the work undertaken in each class through a tour of the mini galleries that were created in each

room. The ideas were then taken back to class and discussed further.

RE Week is a great opportunity to enhance St Chad's pupils' big question learning and spiritual development and the pupils always rise to the occasion.

All of this work had fed into the work the pupils are now doing during National Mental Health Week to look at how to respect yourself and to identify the qualities that make you unique.



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Many of us live with pain of some sort – aching lower back, stiff shoulders, sore joints, repetitive stress injuries from hours at the computer! But few of us find the time or resources to rectify these problems, which would enable us to live a happier, healthier life! Now is the time to take action and Osteomyologist Dawn Clode is here to help!

Dawn's New Year has got off to a great start, as she has not only become a Dr of Osteomyology but also once again been awarded Osteomyologist of the Year for 2018!

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For some people one session is enough to rectify their pain completely; for others a few sessions are required. Dawn told me, *"The ideal is to balance the patient, get them moving in tune with themselves, and then see them every few months for a check up to ensure that you are on track!"*.

### Make a positive change in 2018!

*Is pain holding you back from taking part in hobbies you love? Or do you suffer on a daily basis simply trying to get through your day?*

Take action now and make a positive change in 2018, book in for an appointment with Dawn and take your first steps to living pain free!

Dawn is happy for you to get in touch for further information. Please call: **0795 1099 491**

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## WHAT IS THE GDPR?

The General Data Protection Regulation (GDPR) will come into force on 25 May 2018 and will build upon the Data Protection Act 1998 (DPA 1998). It is important for UK businesses to plan for the GDPR and begin implementing the necessary changes to business practices and procedures as early as possible to ensure compliance once the GDPR becomes effective.

### WHAT WILL GDPR MEAN TO MY BUSINESS?

The GDPR will apply to most businesses. If you obtain and hold personal information relating to any living individual, including your existing and prospective customers and employees, then the GDPR will apply to your business. The GDPR imposes direct obligations on data processors as well as data controllers so it will apply whether your business processes personal data or controls how the data is processed.

### DOES MY BUSINESS HOLD INFORMATION THAT IS CLASSIFIED AS 'PERSONAL DATA'?

The definition of 'personal data' is wider than before and includes any information which either directly identifies an individual or which can be used to identify an individual. Such information includes names, dates of birth and addresses including online identifiers such as IP addresses.

Most businesses hold at least some personal data, whether it relates to their clients, employees or their contacts. It is imperative that businesses carry out an assessment of what information they hold and what changes, if any, should be made to ensure compliance with the GDPR.

### WHAT OBLIGATIONS DOES THE GDPR IMPOSE ON ME AS A BUSINESS OWNER?

The GDPR requires data controllers to include specified data protection obligations in processing contracts. It also requires businesses to be able to demonstrate compliance with the GDPR, for example by having relevant data protection policies and procedures in place:

- A company-wide data protection policy paired with staff training, data audits and regular HR policy reviews;



- A compliance programme and privacy governance structure; and
- An updated electronic system that protects data by default by e.g. encrypting data.

### WHAT IF MY BUSINESS BREACHES THE GDPR?

The ICO has the power to award compensation to individuals and impose fines up to the equivalent of €20m or 4% of the worldwide turnover of the business who has breached the GDPR, although the ICO has indicated that its first resort will normally be one of the other sanctions available to it, such as warnings, reprimands and corrective orders. A business that fails to comply with the GDPR also puts itself at risk of reputational and professional damage and it is important to take the necessary steps to ensure compliance.

**For further information or advice on GDPR compliance please get in touch with our experienced Commercial team on 0117 9733 989 or by emailing [grantmccall@amdsolicitors.com](mailto:grantmccall@amdsolicitors.com)**

## Advice Making a Difference



Telephone us on **(0117) 962 1205** or visit our website [www.amdsolicitors.com](http://www.amdsolicitors.com)



Tell people you saw them in Bradley Stoke & Little Stoke Gifford Matters





# STOKE GIFFORD

PARISH COUNCIL



## Forty Acres Wooden Bridge

The Parish Council have now replaced the soft and rotten bridge slats at this location with new timber decking (photo above).

## Stoke Gifford War Memorial

South Gloucestershire Council are currently undertaking a programme of putting QR (Quick Read) codes near war memorials in South Gloucestershire that will link to a web site detailing information regarding the names listed. The web site page for the memorial can be found at: <http://sites.southglos.gov.uk/war-memorials/war-memorials/stoke-gifford/>



A site meeting involving representatives of the Parish Council and the Stoke Gifford Royal British Legion (above photo) recently took place to agree the location for a wooden stake with a plastic QR code placed on top, size 200mm x

200mm to be placed to the left of the memorial around 2.5 – 3' high around on the grass as agreed.

It is hoped that the QR code will be in place for the Summer.

South Gloucestershire Council are now promoting South Gloucestershire in the First World War which is a public engagement project to commemorate the centenary of The Great War 1914-1918 in South Gloucestershire. This consists of free learning resources for schools, travelling exhibitions, local stories, war memorial information, battle of the Somme drama, WW1 events and WW1 research guidance. Further information can be found at [www.southglos.gov.uk/ww1](http://www.southglos.gov.uk/ww1)

A recommended Adult Fiction Reading List is also being made available at South Gloucestershire Libraries and more information can be found at [www.southglos.gov.uk/libraries](http://www.southglos.gov.uk/libraries)

## Local Government Boundary Review (New electoral arrangements for South Gloucestershire)

In January 2018 the Local Government Boundary Commission for England (LGBCE) published their final recommendations in respect of the South Gloucestershire District Boundary Review.

The LGBCE will now lay a draft order before Parliament and South Gloucestershire Council will also prepare for implementing the changes (subject to their approval). Stoke Gifford is one of the areas directly impacted by the review and it is anticipated that representatives from SGC will be meeting Stoke Gifford Parish Council to discuss the implementation process and provide an opportunity to ask questions.

The proposed electorate from May 2019 will be over 15,000 and is one of the largest electorates in South Gloucestershire and includes the proposed named Stoke Park and Cheswick Ward.



## Hatchet Road Bus Lane Scrapped by South Gloucestershire Council

Stoke Gifford residents were able to give a big sigh of relief recently after South Gloucestershire Council listened to public concern voiced in a huge campaign, against the proposal to remove the Hedgerow separating Meade Park from Hatchet Road and replacing it with a MetroBus bus lane.

The campaign to preserve Hatchet Road hedgerows had been led by local resident Paul Tanner, and the three local Conservative Councillors Brian Allinson, Ernie Brown and Keith Cranney.

*Photo top left shows Stoke Gifford Councillors Keith Cranney, Ernie Brown and Brian Allinson*

## STOKE GIFFORD

# TENNIS COACHING

If you want to try tennis for the first time or improve your game, why not give Stoke Gifford Tennis coaching a try. You will receive expert coaching from a coach with 19 years coaching experience in a fun group setting. We welcome players of all levels and abilities and develop you to the best of your potential.

### Thursday and Saturday Tennis Coaching at the Trust Hall

Mini Tennis – Age 5-9 – 6-7pm Thursday  
Junior Tennis – Age 10+ – 7-8pm Thursday  
Adult Tennis – Age 18+ – 8-9pm Thursday

Mini and Junior Pay as you go – 9:45-10:45am Saturdays – Starting 6<sup>th</sup> January 2018.

Cost £5 per session – Thursday nights pay per term, Saturday's pay as you go.

Facebook.com/stokegiffordtenniscoaching  
Tel: 07795 446078

## Parish Council Office Public Access Times

*Please contact the office if you wish to arrange an appointment outside of the public access times.*

MONDAY : 9am – 12 noon & 2pm - 4pm  
TUESDAY - FRIDAY : 9am – 12 noon

Telephone: 01454 865202, or Email: [clerk@stokegifford.org.uk](mailto:clerk@stokegifford.org.uk)  
Website: [www.stokegifford.org.uk](http://www.stokegifford.org.uk)

## FORTHCOMING PARISH COUNCIL MEETING DATES 2018

(All meetings to take place at 7pm at The Stokes Youth and Community Centre unless stated but may be subject to change so please refer to noticeboards and Parish Council Website).

### FULL COUNCIL (2nd Tues of Month unless stated)

Tuesday, 10th April 2018  
Tuesday, 8th May 2018

(Annual Parish Council Meeting 7pm-8pm and Annual Public Meeting 8pm-9pm)  
Tuesday, 10th June 2018

### FINANCE & GENERAL PURPOSE (2nd Tues of Month)

Tuesday, 13th March 2018  
Tuesday, 12th June 2018

### PLANNING AND TRANSPORTATION COMMITTEE (4th Tues of Month)

Tuesday, 27th March 2018  
Tuesday, 24th April 2018  
Tuesday, 22nd May 2018  
Tuesday, 26th June 2018  
Tuesday, 24th July 2018

### RECREATION & LEISURE (3rd Tues of Month)

Tuesday, 17th April 2018  
Tuesday 17th July 2018

### YOUTH COMMITTEE (4th Thurs of Month)

Thursday, 22nd March 2018  
(9.30am Stokes Youth and Community Centre)  
Thursday, 28th June 2018  
(9.30am Stokes Youth and Community Centre)

## Canine Partners needs more puppy parents!

Can you help their recruitment drive for more volunteer puppy parents, who take assistance dogs in training into their homes until they are 12 to 14-months-old.

These amazing volunteers will help a growing charity train even more dogs as it works to meet the rising demand. The volunteers provide early socialisation, taking the puppy into different environments and introducing it to different people, objects and animals so that it is confident and happy in any situation it may encounter when it begins working with a disabled person. They also help with basic obedience and skills training, with support from one of the charity's experienced puppy trainers.

The dogs will go on to support people like Alex Cook who was matched to canine partner Watson five years ago. The six-year-old chocolate Labrador has transformed the mum-of-two's life and he can even phone for help in an emergency using a special button in their home.

Alex has limited mobility due to spinal conditions spinal stenosis, spondylolisthesis and caudae equine syndrome but with Watson by her side she has more independence as she needs to rely less on carers. Now Alex is calling for more people to sign up to become puppy parents for the charity so even more people can benefit from a life-changing dog like Watson.

Alex said: "By becoming a puppy parent you have the opportunity to do something great for somebody else. They will change a life and there's nothing else like being a part of that. It's impossible to put into



*"We live in the Stokes and we are currently puppy parents to a 16 week old black labrador. He is our 2nd dog, the first one is now with a person in a wheelchair and helps with the shopping, getting shoes, taking out the washing from the washing machine and just a fantastic companion."*

*Bradley Stoke is a brilliant area for this as the important thing is to socialise the puppy and we have the shopping centre, lots of residential roads to walk, parks and walks as well as buses to travel on. It is fun and very worthwhile."*

**Anne Petrie**

words how much difference Watson makes – he's just amazing. He's not a pet – he's an extension of me. I don't feel like I can exist a day without him."

Canine Partners' Bristol, Somerset and Gloucestershire puppy trainer Heather Loan added: "It's important that we recruit more volunteers to this fantastic team because without them we can't train the number of dogs we need to help people like Alex. It's great training these special puppies. Every day is different, every dog is different and it's rewarding to see how much they develop into life-changing assistance dogs."

**Sign up today and become a volunteer puppy parent for Canine Partners. Puppy parents receive full ongoing support, both at their homes and at puppy training classes. Food, equipment, vet bills and temporary holiday care is provided. For more information call 01730 716017 or visit [caninepartners.org.uk](http://caninepartners.org.uk).**

**Could you help me to help others?**

Canine Partners trains pups like Tia to transform the lives of people with disabilities. But she needs a puppy parent to help her through her early months of training and socialisation. And that's where YOU could help!

## Is Core Strength Enough?

**Physiotherapist Ali Staveley at Bradley Stoke Physio & Health investigates**

We've all heard of improving the strength of your core and thereby improving your performance. Well, strength of those muscles in your torso (front, back, and sides) is just one aspect of core control.

If you watch the Olympic athletes, their technique is enhanced by their core control. This involves strength, efficiency and co-ordination, all leading to a fluidity of movement.

The Olympians are world class at making things look effortless.

Many of us can struggle with achieving this great technique. We might be hampered by the traditional view that core stability is about 'pulling something in' to prevent unwanted movement. This can mean our bodies hold tension, making movement and recovery difficult.

Core control is really about enabling movement. Improving your core strength should see you gain spontaneous natural movement. My holistic approach can also help take pressure off muscles, ligaments, tendons or joints that are overworked or overused, which makes movement easy.

We also need more than core strength to function well. Imagine the split seconds before you fall. Your arms flail and every muscle in your body reacts as you try to return your balance. Everyday, strength in muscles throughout your whole body is needed to keep you upright and mobile, give you your agile reactions, and for controlled movements.

A key to achieving your strength and movement goals is to make sure you don't set them too high at first. Check your range of movement, strength, timing and balance. Challenging yourself is great, but your body will need time to adjust and learn, to allow motor memory to kick in.

So back to our original question – is core strength enough? We certainly need some strength there, but it cannot and should not be separated from the rest of the body. Core strength does not work independently and improving it should be incorporated into a more complex series of movements that, over time, train you to be more fluent.

The good news is that although we may never be Olympians, we can all improve our performance and make our movements more efficient even if it's for a Sunday morning walk, or simply unloading the dishwasher.

**To improve your movement, call 01454 618 525 and book your physio appointment with Ali. More information can also be found on our website at [www.bradleystokephysio.co.uk](http://www.bradleystokephysio.co.uk).**



**Bradley Stoke Physio & Health - find us in Bradley Stoke Leisure Centre, BS32 9BS**

01454 618 525 | [info@bradleystokephysio.co.uk](mailto:info@bradleystokephysio.co.uk) | [www.bradleystokephysio.co.uk](http://www.bradleystokephysio.co.uk)



## Do you have a Functional Neurological Disorder?

FND FriENDs was set up in 2016 by sufferers of Functional Neurological Disorders (FND) who were left feeling frustrated and isolated by not only the disorder but by the complete lack of help and treatment by the medical world. This is despite the NHS predicting that there are around 2 million sufferers in the UK and 12,000 in the Greater Bristol area.

Functional symptoms mimic those of other diseases such as Epilepsy, Parkinson's, MS and Dystonia, with doctors and patients alike being unable to tell for instance without the help of a CT scan if someone has suffered a Stroke (facial drooping, one sided weakness, speech problems) or if it is due to FND.

With FND there is no organic disease found as it is a malfunction of the nervous system, therefore the treatment given for the organic diseases do not work for FND, despite the sufferers being debilitated and disabled, as the root cause is different.

FND FriENDs helps sufferers by befriending them, offering home visits and encouraging them to attend socials, craft days etc with other sufferers. We help them to gain confidence and reduce some of the isolation they feel. We also work with the training of medics in awareness of this common but little known disorder and participate in research to improve the understanding of FND and the outcome for sufferers.

We cover South Glos, Bristol, Gloucestershire, Wiltshire, Somerset, Baines, Devon and Cornwall and are trying to reach out to as many sufferers as possible across the South West. You can make contact with the group per the details below.

Website: [fndfriends.org](http://fndfriends.org) Email: [fnd.friends@yahoo.com](mailto:fnd.friends@yahoo.com)  
Telephone: 07834 739 370 / 07955 211 761



## Charity needs daffodil volunteers

Marie Curie is appealing for people in Bradley Stoke, Little Stoke and Stoke Gifford to 'get behind the daffodil', by volunteering to collect donations for the charity's annual Great Daffodil Appeal this Spring.

The charity needs volunteers to encourage people in the local community to give a donation and wear a daffodil pin. The money raised from the Great Daffodil Appeal will help Marie Curie Nurses provide care and support to people living with a terminal illness and their loved ones at home in South Gloucestershire.

The appeal is now in its 32nd year and has raised more than £74 million since 1986.

It's easy to sign up, whether you have taken part before or you're doing it for the first time - and families, friends and workmates can sign up to volunteer together.

Helen Isbell, Community Fundraiser for Marie Curie in Bristol said: *"The Great Daffodil Appeal is our biggest annual fundraising campaign, making it possible for Marie Curie Nurses to give care and support when people need it most. Every year millions of people across the UK show their support for our work by simply giving a donation to wear a daffodil pin."*

To volunteer to collect for Marie Curie and support the Great Daffodil Appeal call Helen on 0117 9247275 or visit [www.mariecurie.org.uk/daffodil](http://www.mariecurie.org.uk/daffodil).



## Bristol Care Homes

providing a unique care service

We provide excellence in all aspects of care for all our residents, offering the best in nursing care for the elderly and residential care for people with a diagnosis of dementia.

For more information or to arrange a visit, please contact any of our homes below or visit [www.bristolcarehomes.co.uk](http://www.bristolcarehomes.co.uk)



Glebe House

ALMONDSBURY  
01454 616116



Beech House

THORNBURY  
01454 412266



Field House

HORFIELD  
0117 969 0990



Quarry House

FISHPONDS  
0117 965 4466



brunelcare

## Do you enjoy helping people?

We continue to expand our home care teams in the South Gloucestershire area and are looking for caring individuals who share our passion for helping people!

**We pay for all the hours you work, not just for the time spent caring.** We also pay for all your travel, provide comprehensive training and regular guaranteed hours.



To apply now, call 0117 947 9909 or email [reablementrecruit@brunelcare.org.uk](mailto:reablementrecruit@brunelcare.org.uk)

We are obliged to ask all successful applicants to complete a DBS disclosure form for which we pay. Brunelcare is an equal opportunities employer. Registered Charity 201555.





**ANTIQUES  
ROADSHOW is  
coming to  
Aerospace Bristol on  
Thursday 17 May**



BBC One's Antiques Roadshow will be filming at Aerospace Bristol on Thursday 17 May. Fiona Bruce and the team of Antiques Roadshow experts will be waiting to welcome you, so dust off your family heirlooms and dig out those car boot bargains and bring them along for free advice and valuations to visitors.

The Roadshow will be filming at the home of Concorde - Aerospace Bristol. The new museum celebrates the city's historic links to the birth of aviation and the development of supersonic travel. At the centre of this new attraction is Concorde Alpha Foxtrot - the last Concorde to be made and the last Concorde to fly.

Last year, the programme celebrated four decades on the road with some truly amazing finds, as presenter Fiona Bruce explains: *"Can this year be even better than our last? We'll have to go some way to top the most valuable Faberge ever seen on the programme, a correction to Darwin's theory of evolution by the great man himself and one of the best collections of show business memorabilia ever seen by our experts."*

*"But I have every confidence we'll do it and the thousands of people that come along to see us will pull some extraordinary things out of their bags/trolleys/bits of newspaper/suitcases/boats - and one year even out of a cart led by a dog. I can't wait."*

Robert Murphy, series producer of Antiques Roadshow, said: *"It's a hometown show for many of the team and Aerospace Bristol is fast proving one of the most fascinating and entertaining new venues in the southwest. We're looking forward to a bumper turnout and can't wait see what kind of cherished objects emerge from the attic!"*

*"It's a great free, family day out and you can see how we make one of BBC One's most popular programmes. Our team of experts are on hand to help visitors discover the hidden history of their objects - you never know, it might just be your item that turns out to be something very special and potentially very valuable!"*

Doors open at 9.30am and close at 4.30pm. Entry to the show is free, everyone is welcome, and no tickets or pre-registration is required. For parking arrangements please check our website.

Visitors are welcome to just turn up on the day but they can also share their stories about the special items they are bringing along using Share Your Story on the Antiques Roadshow website.

Alternatively, email: [antiques.roadshow@bbc.co.uk](mailto:antiques.roadshow@bbc.co.uk) or write to Antiques Roadshow, BBC, Whiteladies Road, Bristol BS8 2LR.

More information, frequently asked questions, and parking information, can be found at: [www.bbc.co.uk/antiquesroadshow](http://www.bbc.co.uk/antiquesroadshow) or on the show's Facebook page



**Northavon Youth Theatre Company**

## **LES MISÉRABLES™** **SCHOOL EDITION**

This epic musical is celebrating 32 years on the West End stage and the Students of the Northavon School of Drama, performing as the Northavon Youth Theatre Company, are bringing it to Thornbury's Armstrong Hall from 27 to 31 March, 2018 at 7.30 pm nightly.

This slightly abridged version, while presenting exciting challenges to our Lighting, Scenic Design, Construction, Wardrobe, Make Up and Music personnel, also affords an amazing, unique opportunity to these young people aged 11 to 18! The cast has been working hard to master complicated vocal harmonies and rhythms, facing the immense dramatic challenges of depth of characterisation, plus strong emotional involvement. Set in the 19th Century and based on the novel by Victor Hugo, Les Misérables tells the story of an ordinary man: Jean Valjean, who has been emasculated and deprived of human emotion by the harsh treatment he has received. All this changes as a result of a chance encounter with 'a man of God' and the rest of his life is chronicled against a background of unrest and insurrection, caused by extreme poverty and hunger.

Both connoisseurs and newcomers to this melodic, stimulating score, enhanced by a 14-piece orchestra, will savour the opportunity of experiencing a riveting production brought to you by the Company with 14 theatrical awards to its name, plus 42 years' experience of staging high quality youth productions.

Concessions to all Students & Senior Citizens, plus reductions for parties of 10 or more.  
Book ONLINE @ [www.nytc.org.uk](http://www.nytc.org.uk) Tel: 07980 543 691 Email: [bookings@nytc.org.uk](mailto:bookings@nytc.org.uk)

To ♪♪ **Hear The People Sing**, don't wait until there's only  
... ♪♪ **One Day More**

**Northavon Youth Theatre Company**  
Presents  
**LES MISÉRABLES**  
**SCHOOL EDITION™**

**Armstrong Hall, Thornbury**  
**27 ~ 31 March 2018 7.30 pm**

Book online @ [www.nytc.org.uk](http://www.nytc.org.uk)  
or Tel 07980543691 or Visit: Cadman Wealth Planning Ltd, 4 The Plain, Thornbury  
[from 13 March ~ Tues, Thurs & Sat 10am - 1.00pm]

For booking enquiries e-mail [bookings@nytc.org.uk](mailto:bookings@nytc.org.uk) or check out the website

**Performed entirely by Students**  
A musical by ALAIN BOUBLIL and CLAUDE-MICHEL SCHÖNBERG  
School Edition special adaptation licensed by  
MUSIC THEATRE INTERNATIONAL and CAMERON MACKINTOSH/OVERSEAS LIMITED

[www.nytc.org.uk](http://www.nytc.org.uk)



# Show Your Love This Mother's Day Sunday Lunch



3 Course Carvery Lunch £19.95 per person, Children aged 3-12, £9.95  
Mum's Go FREE\*

Two Sittings 12.30pm & 1.30pm  
Full pre payment is required, T&C's apply



11th  
March '18

To make a booking  
please call 0117 9104285

Holiday Inn  
Holiday Inn Bristol Filton



\*Information required. By providing your details, you agree to be contacted from hotels managed by Laurus Hotel Management UK Ltd



## Castell Roc Festival all set for a spellbinding 2018

**Castell Roc Festival held inside Chepstow Castle announces another show for its incredibly varied 2018 shows.**

**19th August** is a chance to enjoy a stunning evening of "Blues & Grooves". The first act added for this show is the superb Scottish blues sensations "King King", dubbed as "The best blues/rock band in the world" by Pete Francis of the Blues/Rock review.

Further top Artistes for this show will be announced shortly.



The show takes place in what can only be described as one of the most special Concert Venues in the UK with an incredibly intimate ambience, full bar facilities, food outlets, big stage & big production.

**Shows previously announced for 2018 include:**

**Thursday 16th August** "Monsters Of Roc"; a night of rock music featuring Letz Zep, UK Whitesnake & Women In Rock.

**Friday 17th August** - "Alabama3". The band are notable for their fusion of styles, ironic lyrics, intentionally humorous personae, and outrageous live performances. Oh. and of course they wrote the intro music to the hit TV show 'The Sopranos'.

**Saturday 18th August** - the incredible "Dr Hook" starring Dennis Locorriere. All the hit singles including Sylvia's Mother, A Little Bit More, When You're in Love with a Beautiful Woman and Sexy Eyes, plus many, many more.

**Friday 24th August** sees the welcome return of a 2017 sell-out show: back by popular demand "The Magic Of Motown" bring top Motown hits, glittering costumes, dazzling dance routines and an incredible party atmosphere to the castle.

**Sunday 26th August** flying in from Australia is none other than the Grammy award winning, International chart topping, British music legend "Leo Sayer"! Also including support from "Mari Wilson & The New Wilsations" an amazing evening awaits!

**Monday 27th August** is a unique chance to see two full theatrical show's in one evening with "Return Of The King meets Prince Experience". Leading tributes to Prince & Michael Jackson, both Artist's with their full bands and backing singers in a show never seen before.

**Thursday 30th August** "The Dualers" the incredible UK stars of ska and reggae.

**Friday 31st August** "The Craig Charles Funk & Soul Club" yes, the TV legend Craig Charles is also a DJ legend!

**Saturday 1st September**, fresh from the big theatres is "Fastlove". An opportunity to re-live the passion, flare and the unique sensitivity of George Michael. Accurate, captivating and heart-warming, with all the big hits.

All shows are standing. Guests are welcome to bring foldable chairs or blankets (for use in dedicated areas).

Full details of all shows are available from the Festival website at [www.castellroc.co.uk](http://www.castellroc.co.uk) or via the Festival Box Office at Hannah's Music, Chepstow (01291 627122). Limited, discounted tickets are currently available from both.

**Matters Magazines Ltd is proud to be a media sponsor of the 2018 Castell Roc Festival.**





STOKE GIFFORD  
TRUST

# STOKE GIFFORD FETE

Bank Holiday Monday 28th May 2 pm - 5pm

at the Trust Grounds, North Road

★Swing-boats ★tea and cake ★archery ★barbecue ★brass band  
★games ★bouncy castles ★Bristol Zoo ★coconut shy  
★stalls ★art and crafts and lots more

## Fete Fun Dog Show

In association with Bristol Dog Action Welfare  
Group (DAWG) from 1.30 pm to 4.00pm  
Enter your dog for £1

[stokegiffordtrust.org.uk](http://stokegiffordtrust.org.uk)

[contact@stokegiffordtrust.org.uk](mailto:contact@stokegiffordtrust.org.uk)

Registered Charity 286472

08723 310108



## What's Going On at Winterbourne Medieval Barn



The Winterbourne & Medieval Barn trust submitted the final part of their Heritage Lottery Fund Bid details in November 2017. They now have to wait till March to hear whether or not they will be awarded the main part of the funding, they seek (£1 million) – so fingers crossed! Winterbourne Matters will keep you up to date in future issues.

At time of writing, work on converting the cartshed into an education facility is due to be completed. Most of the funding for this work came from the LEADER Fund ([www.gov.uk/guidance/rural-development-programme-for-england-leader-funding](http://www.gov.uk/guidance/rural-development-programme-for-england-leader-funding)), which is part of the Government's Rural Development Programme England which in turn is part of an EU-wide support scheme. A total of £138 million is available in England between 2015 and 2020 under the scheme. LEADER is a French acronym (Liaison Entre Actions de Développement de l'Économie Rural).

There will be some great events taking place at this local, historical venue this year, so please do try and support them.

### EVENTS AND WORKSHOPS 2018

**Sat 3 March – Apple Grafting Workshop**, 10am–4pm. Learn to graft and make three grafted apple trees to take home. Pre-booking essential.

**Fri 30 March – Passion Play**, 6.30pm–8pm\*  
An imaginative Good Friday retelling of the Easter story through the eyes of the people of Jerusalem in the early 1st century.

**Sat 26 May – Jazz in the Barn**, with UWE Big Band, 6.30–9.30pm\*. Cool relaxing swing, Latin classics, and foot-tapping grooves, with delicious locally-sourced food and drink available throughout the evening.

**Sun 10 June – Medieval Fayre**, 11am–4pm. Vivid displays of daily life in a medieval encampment with living history group The Company of Chivalry. Stalls, demonstrations, live music, children's activities, food and drink, and lots more.

**Sat 23 June – Basket Weaving Workshop**, 9.30am–4pm. Make a basket using willow of various natural colours. Support and guidance for those new to basket-weaving, and those wishing to rekindle their skills. Pre-booking essential.

**Sun 24 June – Bristol Male Voice Choir & The Frampton Shantymen**, 2.30pm\*. Two local men's choirs offering a wide variety of entertainment for a summer afternoon.

**Tues 3 July – Wine-tasting**, 7pm–9.30pm\*  
Explore Eastern European wines with Ian Redfearn who has over 25 years experience in the wine trade.

**Sun 8 July – Verdi's Falstaff**, 6pm\*. Delightfully tuneful comedy performed by Bristol's Tessitura Opera.

**Sat 21 July – West Gallery Music Workshop**, 10am–4pm. Come and recreate the distinctive music from the 18th and 19th centuries. Singing in four part harmony suitable for all voices. Instrumentalists welcome too. Pre-booking required.

**Sun 12 August – The Three Musketeers**, 2.30pm\*. Swashbuckling sword fights and subterfuge in this fast and funny adaptation of Alexandre Dumas's famous story. Produced and performed by Ian Kennedy Productions.

**Tues 28 August – Shakespeare's The Winters Tale**, 7pm\*. An intriguing mix of drama and comedy performed by the renowned Festival Players.

**Sat 8 & Sun 9 September – Heritage Open Days**, free entry 12.00–5pm. Part of England's largest festival of history and culture. Join a guided tour of the Barn and church to find out more about local medieval history.

**Sun 7 October – Orchard Harvest Day**, 11am–4pm. Celebrate 'all things apples'. Traditional cider-making, local rural crafts, ferret-racing, children's activities, delicious local food and drink, and more.

\* Tickets now at [www.ticketsource.co.uk](http://www.ticketsource.co.uk) or at Daisy's Coffee shop 2 weeks prior to the event.  
NB. These events are likely to sell out in advance. All workshops require advanced booking.

**Winterbourne Medieval Barn**,  
Church Lane, BS36 1SE  
[www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)



Tell people you saw them in Bradley Stoke & Little Stoke Gifford Matters



## Community Noticeboard

to promote your event for  
or FREE contact  
Jaci@mattersmagazines.co.uk

### Stoke Gifford Community Library at the Old School Rooms, Stoke Gifford

#### Opening Times:

Alternate Tuesdays 2-4pm

13th & 27th March ; 10th & 24th April  
8th & 22nd May ; 5th & 19th June

## Bradley Stoke Library



#### Rhymetime (Term time only)

Mondays 10:30-11:00am

5th March 12th March 19th March

#### Storytime (Term time only)

Thursdays 10:30-11:00am

1st March 8th March 15th March  
22nd March



#### Chatterbooks

Saturday 17th March 10:00-11:00am

#### Volunteer Bureau Drop-in Session

Thursday 15th March 12:00-14:00

#### Adult Craft Group

Saturday 10th March 12:00-14:00

#### Easter Holiday Craft Activity

Tuesday 27th March 10:30 - 11:30

(Suitable for children aged 4-11 years)

\*Adult supervision required

#### Code 4 Kids Scratch

Saturday 9:30 - 14:30 drop in sessions

Please contact the organiser for further

information: [scratch.code4kids@gmail.com](mailto:scratch.code4kids@gmail.com)

Or visit the website [www.code4-kids.com](http://www.code4-kids.com)

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For any more information follow the contacts  
below:

Tel: 01454 868 006

email: [bradleystoke.library@southglos.gov.uk](mailto:bradleystoke.library@southglos.gov.uk)

Website: [www.southglos.gov.uk/libraries](http://www.southglos.gov.uk/libraries)

## Calling all CLASSIC Car owners

Clevedon Lions Club Annual Charity Classic  
Vehicle Event is to be held again in support of  
the Children's Hospice on **Sunday 22 April 2018**  
starting at Wyevale Cadbury Garden Centre,  
Congresbury at 10.00, followed by a country  
drive from 12 noon to the Seafront at Clevedon  
for the public display of cars, vans & bikes in the  
afternoon.

All vehicles must over 25 years old to join in.

160 vehicles took part last year, so it's a great day  
out to see some exceptionally well renovated old  
cars – Owners must pre book their vehicles and  
should contact [clevedonlions@gmail.com](mailto:clevedonlions@gmail.com) for a  
booking form - also see the website  
[lionsbrimar.org.uk](http://lionsbrimar.org.uk) for more information.

## Willowbrook Townswomen's Guild

Meets at the Jubilee Centre from 7:30 – 9:30pm  
on the 2nd Tuesday of every month.

March 13th

**Easter Craft and Easter Bonnets**

April 10th

**Conservation of marine life**

May 8th

**Family History - Fact or Fiction**

June 12th

**A year in the life of a Mayor (Andy Ward)**

For more information contact

**Chairperson - Ros Gallear -**

[rosalindg@tiscali.co.uk](mailto:rosalindg@tiscali.co.uk)

## 1,2,3,4, SCIENCE!

SCIENCE FUN FOR VERY LITTLE ONES

Bradley Stoke  
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Join us for 'The  
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Thursday 15th  
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[www.southglos.gov.uk/scienceweek](http://www.southglos.gov.uk/scienceweek)



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Whether you are a history enthusiast, a culinary connoisseur  
or a green-fingered gardener, you will find an experience  
that is right for you.

Booking is essential, as there are a limited number of places.

#### Locations and dates available:

- Cardiff Castle, Cardiff - **24th/25th February**
- Longleat, Wiltshire - **24th/25th March**
- Ashmolean Museum, Oxford - **14th/15th April**
- Exeter Food and Drink Festival, Exeter - **5th/6th May**
- Malvern Spring Festival, Worcestershire - **12th/13th May**
- Stratford-upon-Avon/Warwick Castle - **16th/17th June**
- All Aboard! Watersports Centre, Bristol - **7th/8th July**

For further information please visit [www.sgscol.ac.uk/discover](http://www.sgscol.ac.uk/discover)  
or contact Sarah Kopera on 0117 909 2327

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South Gloucestershire Council's MOT station, at Broad Lane in Yate, does not offer deals but the pass rate is high because the authority's team of highly experienced mechanics will never fail your car for 'faults' which aren't really there.

There is a waiting area with free WiFi and a café on site and staff are on hand to go the extra mile to help.

Motorists who have been using the facility for years come back time and again because they know they are guaranteed an objective test.

*"The present facilities are a credit to the council. The staff have always, and continue to be, first class,"* said one customer.

*"Can't fault it – 10 out of 10,"* said another.

**Martin Lewis says:** *"The feedback we've received from council run MOT centres is fantastic, as people tend to find their vehicle passes with far less faults – though important safety problems are always highlighted."*

*"The fact councils don't offer repairs and therefore have no vested interest in erring on the side of fails has a lot to do with it."*

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www.southglos.gov.uk



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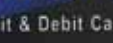
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## Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

### BABY AND TODDLER GROUPS

**Bouncing Babies** - Tuesdays 1-3pm at Jubilee Centre for babies under 1. Cheryl Godsell 01454 868570 CGdssl@aol.com

**Busy Bees baby and toddler group** Bradley Stoke Evangelical church Tuesday 10-11.30 (Term time) 07747 45212  
<https://www.facebook.com/busybeesbsec/>

**Trinity Tots** - Mondays 9:30 - 11:30 during term time.  
Contact Holy Trinity Church Office on 01454 620975

**First Steps Toddler Group** - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

**Little Hedgehogs (0-5's)** - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol, 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

**Pre-School Rhyme time and Story time** Bradley Stoke Library Mondays 10:30-11am and Thursdays 11-11.30am 01454 868006 [bradleystoke.library@southglos.gov.uk](mailto:bradleystoke.library@southglos.gov.uk)

**Puddle Ducks** - Mondays 10am to 12 noon during term time Brook Way Activity Centre. [puddleducktoddlers@hotmail.co.uk](mailto:puddleducktoddlers@hotmail.co.uk)

**North Bristol Twins Group** - Fridays 10-12am Evangelical Church in Bradley Stoke, [northbristoltwinsgroup@googlemail.com](mailto:northbristoltwinsgroup@googlemail.com)

**Tuesday Tots 10-1130am** with safe outdoor play area at Little Stoke Baptist Church. All welcome. Contact Barbi Britton 0117 9695249

### LOCAL CLUBS AND ORGANISATIONS

**1st Bradley Stoke Scouts** - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Holy Trinity school. Please have a look on our website for further information for both young people and adult volunteers at [www.bradley-stoke-scouts.org.uk/join](http://www.bradley-stoke-scouts.org.uk/join)

**1st Little Stoke Scouts** - contact tony Edmonds, Group Scout Leader 01454 772005 email: [tonyedmonds108@yahoo.com](mailto:tonyedmonds108@yahoo.com)

**Afternoon Social Club 55+**, every Wednesday from 2pm – 3.30pm at the Baileys Court Activity Centre.

**Bradley Stoke Book Club 'Bookaholics'** meet at Starbucks, Aztec West on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714101354 [geoffrey.stobbart@btpopenworld.com](mailto:geoffrey.stobbart@btpopenworld.com)

**Bradley Stoke Community Singers** - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all [info@bscsingers.co.uk](mailto:info@bscsingers.co.uk) or call 07743 333837 / 07599 252176

**Bradley Stoke Lions** meet at the Hilton Hotel on 2nd Wed of each month at 7.30pm. Ailsa Young, 07737 106836 [ambyoung29@yahoo.com](mailto:ambyoung29@yahoo.com)

**Bradley Stoke Radio** - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 [bradleystokeradio.org.uk](http://bradleystokeradio.org.uk)

**Bradley Stoke Sew and So's** - Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, [bradleystokesewandsos.weebly.com](http://bradleystokesewandsos.weebly.com)

**Gifted drama group** Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

**Girl Guides, Brownies & Rainbows** - [admingirlguidingbsg.org.uk](http://admingirlguidingbsg.org.uk), [girlguidingbsg.org.uk](http://girlguidingbsg.org.uk)

**Goldies** - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

**Little Stoke Ladies Club** - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

**Stokes Art Group** - Tuesday evening and Thursday morning at Christ the King. Everyone welcome. [www.stokesartists.co.uk](http://www.stokesartists.co.uk)

**Stokes Crafters** - every Thursday evening between 8pm to 10pm at the Poplar Rooms, North Road, Stoke Gifford BS34 8PE with a small charge of just £3.00

**Stokes Phoenix Club** - meets 1st Tuesday of the month, 10am-12noon at Little Stoke Community Hall, Little Stoke Lane. Contact Rosemary Davis 01454 614474

**Stokes Singers** - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Liz Gazzard on 01454 614148 for further details.

**Thursday Ladies Group** meets 3rd Thursday of month at 2pm. Community Hall, Little Stoke Lane contact Julie 0117 931 5007

**Willowbrook Townswomen's Guild** - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Ros Galleary - [rosalindg@tiscali.co.uk](mailto:rosalindg@tiscali.co.uk)

**Winterbourne Wind Band** - Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

**Women's Institute (WI)** - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Bev - 01454 625855.

**Women's Institute (WI)** - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 0117 9793409

**Woodcraft Folk** - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please let us know [community@mattersmagazines.co.uk](mailto:community@mattersmagazines.co.uk) and we will do my best to put it right for you!

### SPORTS CLUBS

**Aretians Rugby Club for Cubs, Juniors and Seniors** Station Road, Little Stoke [www.pitchero.com/clubs/aretiansrfc](http://www.pitchero.com/clubs/aretiansrfc)

**Black and Blues Netball** - Non-League Social Netball Wednesdays 7.30-9pm BSCS, <http://www.theblackandblues.co.uk/> or find us on Facebook 'Black & Blues Netball'.

**Bradley Stoke Bowls Club** - Baileys Court Activity Centre [www.bradleysstokebcc.com](http://www.bradleysstokebcc.com). Val Nicholls 0117 9311203

**Bradley Stoke Cricket Club** - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at [bradleystokecc.play-cricket.com](http://bradleystokecc.play-cricket.com)

**Bradley Stoke Jiu Jitsu Club** - Chris Harris, [maru.jiujitsu@gmail.com](mailto:maru.jiujitsu@gmail.com) We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

**Bradley Stoke Junior Netball Club** - The Jubilee Centre. Every Wednesday U12's 4.30pm-5.30pm, U14 and U16's 5.30pm–7.00pm. Please email [bsncjuniors@yahoo.co.uk](mailto:bsncjuniors@yahoo.co.uk)

**Bradley Stoke Judo** - Various days and times, Bradley Stoke Leisure Centre, [www.bradleystokejudoclub.com](http://www.bradleystokejudoclub.com)

**Bradley Stoke Squash Club** - For adults, Juniors and Children. Welcoming new players from beginners to advanced. Club night Sunday nights for all From 6pm. Children's coaching on Sat Mornings. Contact Mark Stone for details 07786 911580

**Bradley Stoke Town Football Club** - Adult training Tuesdays at Bradley Stoke Community School, For more info see website at [bstfc.co.uk](http://bstfc.co.uk)

**Bradley Stoke United Football Club** - Football from U7's to U16's Various contacts, dependent on age, see website [bsufc.co.uk](http://bsufc.co.uk)

**Bradley Stoke Youth FC (BSYFC)** – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site [www.bsyfc.co.uk](http://www.bsyfc.co.uk) or contact [mlee1@btpopenworld.com](mailto:mlee1@btpopenworld.com)

**Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors** - Trench Lane, Almondsbury website: [www.smobrugby.com](http://www.smobrugby.com), 01454 250489 email: [clubhouse@smobrugby.co.uk](mailto:clubhouse@smobrugby.co.uk)

**Bristol Extreme Allstar Cheerleaders** - Wednesdays 7-9pm Little Stoke Primary School, [bristolextreme@gmail.com](mailto:bristolextreme@gmail.com)

**North Bristol Rugby Club**, Rugby teams from 4+ [www.pitchero.com/clubs/northbristoljuniorsrhc/](http://www.pitchero.com/clubs/northbristoljuniorsrhc/)

**North Bristol Running Group** friendly group of recreational runners, 3 evenings per week, Tuesday, Wednesday and Thursday, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. For further information please see our Face Book page or text Alan Wilcox on 0789 0182387.

**Severnside Ramblers** - [www.severnside-ramblers.org.uk](http://www.severnside-ramblers.org.uk) All walks meet at Aldi car park, Bradley Stoke

**Sole Sisters** - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, [www.solesistersrc.co.uk](http://www.solesistersrc.co.uk)

**Stokes Cycling Club** - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - [www.stokescyclingclub.org.uk](http://www.stokescyclingclub.org.uk) [stokescyclingclub@googlemail.com](mailto:stokescyclingclub@googlemail.com)

**Stoke Gifford Cricket Club** – We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

**Stoke Gifford Short Mat Bowls Club** -Tuesday mornings and Friday afternoons. For more information please contact George Lord on 0117 3523 or email [beryl.smith@talktalk.net](mailto:beryl.smith@talktalk.net)

**Stoke Gifford Tennis Club** - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

**Stoke Lane Athletic Football Club** – FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via [www.stokelane.co.uk](http://www.stokelane.co.uk) or email Club Sect 'steve' [pspayne@blueyonder.co.uk](mailto:pspayne@blueyonder.co.uk) or Club Mobile 07972 039413

**Stoke Striders Running Club** - A free recreational running group, Mondays 6-7pm Little Stoke Park, <https://www.facebook.com/stokesstriders>

**TAGB Tae Kwon Do** - Thursdays and Sundays Bradley Stoke Leisure Centre, Russ Martin [Russ@Tkdbristol.com](mailto:Russ@Tkdbristol.com) 07778 421875 [www.tkdbristol.com](http://www.tkdbristol.com)

### CHURCH CONTACTS AND COFFEE MORNINGS

**Bradley Stoke Evangelical Church** Baileys Court Road 0117 9314716 [www.bsec.org.uk](http://www.bsec.org.uk)

**Christ the King Church** Mautraviers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. [www.ctkchurch.org.uk](http://www.ctkchurch.org.uk)

**City Church** Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 [www.bridgecommunitychurch.org](http://www.bridgecommunitychurch.org)

**Edge Church International**. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. [www.edgechurch.co.uk](http://www.edgechurch.co.uk)

**Holy Family Catholic Church** Southsea Road, Patchway 0117 9081247 [www.holyfamilyrcchurchpatchway.co.uk](http://www.holyfamilyrcchurchpatchway.co.uk)

**Holy Trinity Church** Broadcroft, Bradley Stoke 01454 620975 [www.htcbradleystoke.co.uk](http://www.htcbradleystoke.co.uk)

**Little Stoke Baptist Church**, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

**St.Michaels Church**, The Green, Stoke Gifford 0117 9692486 [welcome@stmichaelsbristol.org](mailto:welcome@stmichaelsbristol.org). Coffee shop open Mon to Fri 9.30 until 4pm, and Saturdays 10-12.

**Trinity Network** -[www.trinitynetwork.org](http://www.trinitynetwork.org)  
Amberley Road Baptist Church, Patchway, 01454 610808  
Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808



## Local Schools in and around the Stokes

### PRIMARY SCHOOLS

**Baileys Court Primary School**, Head Teacher: Andrew Lynham, Breaches Gate BStoke, 01454 838320

**Bradley Stoke Community School Primary Phase**, Head Teacher Sharon Clark Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

**Bowland Green Primary School**, Head Teacher: Faye Kitchen, Ellicks Close BStoke, 01454 866766, bowlandgreen.org.uk

**Holy Family R.C. Primary School**, Head Teacher: Dawn Breeze, Amberley Road Patchway, 01454 866786

**Holy Trinity Primary School**, Headteacher: Jane Johns, Broad Croft BStoke, 01454 866735, holytrinity-pri.s-gloucs.sch.uk

**Little Stoke Primary School**, Headteacher: Scott Howes, Little Stoke, 01454 866522, <http://www.littlestokeps.co.uk>

**Meadowbrook Primary School**, Headteacher: Jon Barr, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

**Stoke Lodge Primary School**, Headteacher: Sharon Bishop, School Close Bourton Avenue, Stoke Lodge, 01454 866772

**St Chad's Patchway C of E Primary School**, Head Teacher Darren Brown, Cranham Drive, Stoke Lodge, 01454 866523

**St. Marys R.C. Primary School**, Head Teacher: Paula Marsh, Webbs Wood Lane BStoke, 01454 866390,

**St Michael's Primary School**, Head Teacher Mark Freeman, Ratcliffe Drive, Stoke Gifford 01454 866781. [www.stmichaelsg.co.uk](http://www.stmichaelsg.co.uk)

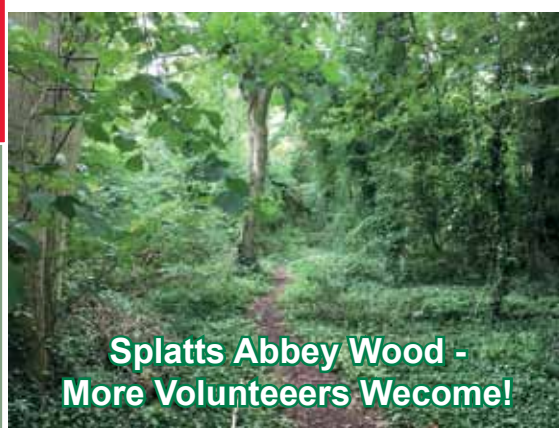
**Wheatfield Primary School**, Acting Head: Lois Haydon, Wheatfield Drive BStoke, 01454 868610

### SECONDARY SCHOOLS

**Abbeywood Community School**, Head Teacher: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

**Bradley Stoke Community School**, Head Teacher: Steve Moir Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

**Patchway Community College**, Head Teacher: Karen Cornick, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com



## Splatts Abbey Wood - More Volunteers Welcome!

The Forest of Avon Trust are teaming up again with Splatts Abbey Wood Conservation Group to deliver another project at the local woodland. It's a new practical project for people with learning disabilities. They will be doing valuable woodland maintenance at the woodland. The historic Splatts Abbey Wood is near the MoD and Cheswick Village.

David Bell, Chairman of the Splatts Abbey Wood Conservation Group said *"This is brilliant news. It is a treasured local resource, and we are delighted that the woodland is being used by the community."*

Nicola Ramsden of the Forest of Avon Trust said *"There is substantial evidence of the health benefits of being outdoors and getting closer to nature so we are very excited to be running another project for people with learning disabilities at Splatts Abbey Wood. Participants will gain new practical skills, learn about the wood and its wildlife and have a great time, whilst making a vital contribution to the conservation management of this lovely site."*

The UWE GreenSpace team of UWE student volunteers also do workdays at the woodland. And the woodland is increasingly being used and enjoyed by the local community.

The group wants to recruit more volunteers from the community, and is currently very keen to recruit more committee members to help strengthen the group.

**If you are interested in volunteering with the Group please email the group at - [splattsabw@gmail.com](mailto:splattsabw@gmail.com)**

Two of the group's committee members Andy Ward and Fred Hillberg have won prestigious Council awards for their volunteering with the Splatts Abbey Wood Conservation Group.

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