

July/August 2018

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Dear Readers....

Incredibly Bradley Stoke Matters has reached its teenage years! Happy 13th Birthday to us! I personally celebrate an even bigger milestone this month and am looking forward to a special party at the Double Tree Hilton in a couple of weeks.

Every year I stand on the finish line of the BS Festival 10k run, taking photos and admiring, not just the winners, but especially those who come later in the field. Sole Sisters are always so supportive and encouraging - it never fails to give me a good feeling! I am a total non-runner, until this year when I decided to enter. I came close to withdrawing but am so pleased to have

finally done it! #ThingsToDoBefore50 Thank you to Sole Sisters for hosting this fabulous annual event.

Speaking of the Bradley Stoke Festival, what another glorious weekend that was! It was lovely to see so many of you out enjoying the entertainment on offer. As usual, our centre pages include just a few of the many photos capturing aspects of the event. We also include school team photos from the Y1s Football Festival on pages 34-35.

This month there is a new event - Proms in the Park - we hope the date is firmly in your diary from previous issues, but you can read more on page 5.

This edition is once again packed full of news from local people, local groups and local clubs and our all important supporters - our advertisers - without whom we would not be able to bring you all the news. Please do return their support and use their services whenever you have a need. Enjoy the read!

If you are a business looking to promote your services across the Stokes then please do get in touch with us and we will be happy to help. Deadline for the next issue is 12th July.

Have a great summer!

Don't forget you can keep up with each edition of Bradley Stoke & Little Stoke Gifford Matters via www.bradleystokematters.co.uk





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Saturday the 14th of July sees a new FREE community event taking place in Bradley Stoke.

Instead of the carnival that traditionally takes place on the last weekend in August the carnival committee thought it would be nice to bring something a little different to the town and so the Jubilee Green will instead be playing host to Proms in the Park.

It is a free to attend community event and will feature a family friendly line up of live music culminating with a traditional Last Night of the Proms style sing-along.

The gates open at 3pm and live music starts at 4pm with the first of two sets from Rock Pipes, Followed by Storm Force Ten who will bring a nautical theme to the evening with traditional sea shanties. Rock

Pipes then take the stage for a second set before the Worlewind concert wind band take over for the rest of the evening

The amazing 50 strong wind band will take to the stage and entertain you with their take on some modern classics as well as some unique arrangements of popular tunes that you will all know and love during their first set.

After a 20 minute interval the band then returns for the finale of the evening, the bit where you get to exercise your vocal chords with a set comprising all of your traditional proms favourites such as Land of Hope and Glory and Rule Britannia.

Union Jack flags, party blowers and bowler hats will be available on the night for a donation in the charity bucket, a licensed bar run by Bradley Stoke Football Club and on site catering will also be available.

The MS Therapy Centre will be bringing along their Tuc Tuc and for a donation to the charity you can take a selfie in it.

So bring your picnic, your family and friends and a chair or blanket and settle down to enjoy a traditional family friendly evening of free community entertainment when Proms in the Park comes to Bradley Stoke.

Please feel free to bring a gazebo if you wish and areas to the right or left of the main central viewing area are available for you to set up your prime spot, although please no BBQs. For those with blankets and

chairs only, head to the central viewing area, please speak to one of the marshals if you need any assistance. An open fronted marquee will also be available to the rear of the main viewing area for any one to use.

Please note that other than for blue badge holders there is no on site parking, the Savages Wood road area adjacent to the site will also be coned off.

The Willow Brook centre has kindly lifted its parking restrictions after 3pm on the day so please park in their car park then its only a short walk over to the Jubilee Green.

So come along and enjoy a great family friendly evening of traditional entertainment and make sure to bring along those singing voices!

For further details please see the Bradley Stoke Carnival Facebook page.







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ategi South Glos are currently looking for people of all ages and backgrounds to provide care and support in their own homes to people who need support. If you feel you could share your life with a disabled or vunerable person within your own household, we would like to hear from you.

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Friends of Meade Park Revived!

Local resident Jenny James and friends, have re-established a Friends of Meade Park Group with the aim of encouraging all those using the Park on Hatchet Lane in Stoke Gifford to enjoy its facilities and also help care for the precious green space we have there.

In liaison with Stoke Gifford Parish Council, who are responsible for the Park maintenance, and South Gloucestershire Council, who own the land, the Group will be organising regular litter picks and schemes to encourage even more diversity of plant life and family events.

Similar to the Friends of Forty Acres Group who undertake projects to enhance the wild life on the nearby nature reserve. the Friends of Meade Park hope to learn more about how to keep the Park a friendly and welcoming space for all those who want to use it. The Group have already delivered leaflets to houses in the immediate locality asking people what they

would like to see in the Park and encouraging suggestions for improvements.

Anyone who has any ideas about what the local Park could be used for, what would make it an even better place to play, walk your dog or enjoy a bit of leisure time in the fresh air can contact the Group by email: friendsofmeadepark@gmail.com

facebook: Friends of Meade Park twitter: @meade park

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If you'd like to book a free health MOT please contact the club first to pre-book - call us on **0117 9749740**

We're easy to find: via car off Junction 1 of the M32, or via the B4057, with parking available onsite off Simmonds View. We're also a short walk from Bristol Parkway train station. Our Stoke Gifford club welcomes members from across the local communities of Stoke Gifford, Bradley Stoke, Little Stoke, Winterbourne, Frampton Cotterell. Filton and more.





Stokes Singers are all set to celebrate the 25th birthday of the choir with a summer concert on Saturday 7th July. 'It's Our Party' will be at the Church of Christ the King, Bradley Stoke at 7.30pm. Special guests Steel Storm, the steel band from Castle School Thornbury, and the Red Tie Choir from Little Stoke Primary School will be contributing to a packed programme.

Back in June 1993, local musician Nick Breeze invited residents of the new town of Bradley Stoke and the surrounding area to join him and his wife Maureen for some music making. After a few informal sessions, regular rehearsals began and the group chose their name Stokes Singers to reflect the Stokes area where most of the members lived. Very soon invitations to perform were coming in and the choir gained a loyal following of family and friends.

Twenty five years later 30 singers, including some of the original members, are meeting every Thursday evening led by co-Musical Directors Sian Walters and Philip Lawrence. Preparations for the big night are going well and include some songs which are old favourites as well as some surprises.

The birthday concert will also be the final event in the Sing 25 challenge which has seen the choir performing in some new venues including Temple Meads Station, the Colston Hall and the Stoke Gifford Fete in May and visiting other singing groups including the Generation Gospel Choir and Goldies singalong session at St Michael's Church Centre.

There are photos of all 25 events on Stokes Singers website www.stokessingers.org.uk and also more information about the concert on 7th July.

Advance tickets are available from choir members or Liz on 01454 614 148 at £5 for adults, £2.50 for children aged 5-16. There will also be tickets available on the night at £6 and £3. Doors open at 7.00pm for the 7.30pm performance. We look forward to seeing you soon!







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Bradley Stoke Judo Club Young Guns Come to the Fore

Over the last month it has been the turn of the younger members to come to fore and demonstrate their Judo skills in competition. The month of June started with a young team visiting the prestigious 5 Continents competition in Grisolles South West France (photo right). The team, under the guidance of coach Gavin Whitfield, consisted of Antonio Caswell, Ashlie Whitfield, Millie Mcgeown, Gabe Wootton, Charlie Whitfield and Caleb Wootton. On the first day of competition it was the team, event which consisted of 49 from countries as far away as the USA.

The format of the competition is that you have 2 teams of 5 players and various weights fight off against each other in quick succession. After the 5 fights are completed the team with the most wins takes the contest. After 3 close fought rounds of competition against other teams, the young Bradley Stoke team aged from 8 to 11 years old ended up 7th out of 49. A fantastic effort by all the team members. The following day the two oldest members of the team. Charlie and Caleb fought in the individual competition. Charlie who is only 11 and who normally fights in the under 12s category decided to try her luck and fight up in the under 15 category. Charlie gave a very good account of herself against more experienced girls, winning a couple of fights and ended with a fantastic 7th place. Caleb also had a tough task ahead of him against older and more experienced boys but again did himself proud. These competitions are great development opportunities for our younger club members which exposes them to different styles of judo that they would not necessarily see in the UK.

The following weekend we took a team of 13 to the Western Area Closed Championships in Paignton, Devon. Though this was a smaller and younger team we took due to school exams; we still managed to return with 6 golds (Western Area Champions), 5 silvers, 1 bronze and 2 7th places. Some notable performance were from;

Axel Hailstone: Dominated the under 18 and senior categories winning gold in both at just 15 years old.

Madeleine Young: Who had 6 fights in the under 48kgs in the pre-cadets category (u15) to win gold with her superior judo



Jess Reeves: Who has recently returned to judo after injury and her 1st competition for 2 years took a fantastic silver in u52kgs in the under 18 category.

Charlie Whitfield: Dominated her group in the under 12s to take gold.

Annabelle Fowler: Her very 1st competition at this level and ended with a great silver. Would probably been gold if she hadn't come up against club mate Charlie

Scott Bedford: Dominated his group in the under 12s to win gold.

Last but not least many congratulations to **Terri Gough** (photo right with BSJC coach Pete

Douglas) who enters the Bradlev Stoke Judo Club record books as our voungest player to achieve her 1st Dan black belt at 14 years of age. This is a great achievement as Judo is one of the few martial arts where you can only attain your black belt by accumulating 100 points by winning competitive fights. Terri travels from her home in Salisbury up to 3 times a week to train at the club.





A Neuro Physio's Thoughts on Recovering from Stroke

Did you know that most stroke patients can continue to make remarkable improvements once they've left the care of the NHS?

We have all seen the advert for **FAST** about the need to act quickly if you suspect someone has had a stroke.

F - is for Face: does it drop on one side

A - is for Arms: can they lift their arms up

S - is for Speech: do they sound muffled

T - is for Telephone: getting the person to hospital



The quicker the action, the better the outcome for the patient. The immediate commencement of treatment is vital and our NHS hospitals are second to none at providing this.

Once the condition has stabilised and the person has returned home, rehabilitation doesn't stop. Neurological Physiotherapy is the keystone for effectively helping stroke patients return to the lifestyle they enjoy.

So what is a stroke?

A stroke is either a bleed into the brain or a blood clot in one of the blood vessels. Either way cells in the brain become damaged and are unable to function. The body part that is affected depends on the site and the area of the brain affected.

Over time, and with the correct exercises, new pathways can be opened allowing improved movement and function. With the guidance of a neuro physiotherapist this can be achieved for optimum ability.

"Every stroke patient is unique, facing their own challenges and their own recovery process,' says Dr Praveen Kumar, a stroke specialist who has recently joined Bradley Stoke Physio & Health to help them launch a new service to aid the recovery of stroke patients. 'The key is finding someone who can advance your rehab by progressing an effective exercise programme that's tailored just for you, and, just as importantly, provide the encouragement and motivation to help you keep to your schedule."



To find out more, or to book an appointment with Praveen, contact Bradley Stoke Physio & Health at info@bradleystokephysio.co.uk or call us on 01454 618 525.





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JustYou Holistics

I was delighted to visit Carol Massey at her home in Little Stoke for this issue, to learn more about her and the services she can offer at Just You Holistics. Carol is very easy to chat to and instantly makes you feel comfortable and at ease, whilst she offers you a range a treatments from massage and reflexology to Pranic healing®, either as single treatments or combination of two within the hour appointment.

In today's hectic society, we all too often neglect ourselves and this ultimately affects our health. The answer is not always pills and potions, but just taking some time out to treat your body respectfully and appreciate it for the amazing job it does. Complementary therapies are quite often the only thing our bodies need, to put us back on track.

Carol told me that whilst she has spent much of her life working in Financial Services, she qualified a number of years ago as a counsellor, psychologist and hypnotherapist, before realising that she was missing out on the hands-on part of Complementary Therapy. "I really enjoy providing people with an holistic approach to healing their mind, body and spirit." After training to a level 5 practitioner in Pranic Healing®, she went on to train in massage and reflexology, as well as Tibetan and Indian head massage. Pranic Healing® is a simple yet powerful and effective system of non-touch, energy healing based on the fundamental principle that the body possesses the innate ability to heal itself.

When providing massage, Carol mainly uses a couch with drapes to cover the areas she isn't massaging at the time and using either massage wax or oils. If the client prefers, then she is able to massage through drapes or whilst the client is laying on their side, particularly useful for pregnant ladies and clients with different pain issues, or anyone having difficulty laying on their front or back for periods of time. Seated massage is provided on a massage chair and again provided through clothing, this is wonderful for people who only want a short, half an hour session, usually just their back, neck, shoulders and head.

I opted for the Indian head massage, which was conducted seated and fully clothed. Prior to my treatment we took the time to discuss my lifestyle and any medical conditions, along with how I was feeling on that particular day. This helps Carol tailor the treatment specifically to each client's needs. She does her utmost to cater for every one as an individual - "There is no 'one size fits all; Everyone is unique".

The Indian head massage began with Carol spending time working on my back, shoulders and neck, before turning to my arms and hands. Even sat upright in a chair this was very relaxing. I opted to have oils used on my head, but this is a personal choice. Having your head massaged is incredibly

"I love what I can do to help people. To me it is the best feeling the world when I have just finished a treatment and my client says to me "That was wonderful. I feel so much better now."

Carol Massey

relaxing, as is the work on your face which completes this wonderful treatment. 40 minutes was over far too quickly and Carol had to rouse me with a glass of water!

Carol mainly provides a mobile therapy service, which is particularly beneficial for older members of the community, busy mums and anyone with mobility issues. Mobile treatments are viewed as a treat, especially when there is more than one person in the household who would like a treatment (husbands/wives, girls get together etc). She also has employers who book her for a regular day each month to come into the office as part of their employee welfare program (suggest that to your boss!).

So, whether you treat yourself on a regular basis, or a one off treatment, give your body that well earned bit of time out to help rejuvenate itself.

Give Carol a call and make time Just for You!







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This month we caught up with the owner of Hannah's Music and event organiser of Chepstow's fabulous Castell Roc Festival – Carol Mutlow. This is a lady passionate about all things musical!

How did Castell Roc Festival come about?

"I have been involved with organising outdoor events for a long time. I loved the idea of having a music performance in the stunning venue of Chepstow Castle. I had to work hard for it to be agreed for just one Rock concert to be put on, but thankfully it was met with such success, that we now have Castell Roc, with shows taking place over 12 nights!"

How do you select what acts will feature?

"We try to make sure there is something for everyone's musical taste, from Soul to Rock, Pop to Reggae, Blues to Funk."

Who should we look out for in 2018?

"All the acts are fantastic! Due to popular demand we are pleased to welcome back The Magic of Motown this year. We are also proud to be one of only two European venues that Dr Hook (starring Dennis Locorriere) is performing at in 2018, the other is in Scotland and has already sold out! Leo Sayer is travelling from Australia to be with us at the castle, and he too is only putting on a handful of European shows. The DUALERS, a 9 piece Jamaican band have a huge following and are not to be missed!"

What makes this festival special?

"The venue is stunning, breathtaking in fact! The castle setting has great acoustics, and only holding 13,000 people it is an intimate and friendly festival."

2018 Line-Up

THURSDAY 16th August- "Monsters of Roc"featuring "-Letz Zep". "Whitesnake UK". & "UK Guns N Roses"

FRIDAY 17th August- "Alabama 3".

SATURDAY 18th August " Dr Hook" starring Dennis Locorriere

SUNDAY 19th August- An evening of "Blues & Grooves" with the amazing - "King King"

FRIDAY 24th August- "The Magic of Motown"

SATURDAY 25th August- "The Shires"

SUNDAY 26th August- "Leo Sayer", supported by Mari Wilson & The New Wilsations" - an amazing evening awaits !!!

MONDAY 27th August - "Return of the King meets Prince" tributes to "Prince" and "Michael Jackson". a show never seen before.



Finally, is all the hard work worthwhile?

"Absolutely! It is extremely hard work but a lot of fun too and extremely rewarding. If you haven't ever attended one of the Castell Roc performances I urge you to come along, soak up the special atmosphere and enjoy a fantastic musical performance (or many of the performances!)."

READER COMPETITION:

Win 2 tickets to a show of your choice!

(a) Which Castell Roc act is only performing at one other European venue this year?

(b) Which well known celeb is flying in from Australia to perform?

email vour answers, and choice of act, to

community@mattersmagazines.co.uk before 31st July for your chance to win!!

Winner will be drawn at random from correct entries received before closing date.

THURSDAY 30TH August- "The DUALERS" with Support from the amazing "Navarones".

FRIDAY 31st August- "The Craig Charles Funk & Soul Club"

SATURDAY 1st September- "Fastlove". re live the passion, flare and the unique sensitivity of "George Michael"

SUNDAY 2nd September - Castell Roc festival is proud to be able to open up the gates of the Castle to bring you an all-day "FAMILY FUN DAY", showcasing a host of local talent, for more information visit www.castellroc.co.uk.

All shows are standing, guests are welcome to bring foldable chairs or blankets (for use in designated areas). Full details are on www.castellroc.co.uk or via the Festival box office at Hannah's Music Chepstow (01291 627122), Limited discounted tickets are currently available from both.

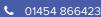
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Three months ago Stoke Gifford resident Mathew Moran, 56, set out on an incredible Trans American cycle ride covering over 4,000 miles of America's natural beauty, with only his bicycle, a tent and his sheer determination whilst raising funds for The Royal British Legion.

During the past 10 weeks, Matt has experienced extreme heat, strong winds, heavy rain and tornados. He has survived snakes, packs of dogs, cougar warnings and even a bite from a spider! He has stayed on an Indian reservation, watched eagles soaring overhead and during one particularly high climb, saw a panoramic view stretching over 70 miles! Matt said, "The Blue Ridge Mountains of Virginia are absolutely stunning."

It was tough cycling in the heat, conquering the mountains, but as ever, Matt's strength and determination pulled him through.

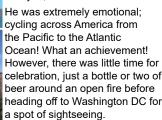
Along the journey, Matt has marvelled at the kindness, help and hospitality that he has received from many of the locals during his trip. A particular special bond was formed with a fellow cyclist named Manson K. Brown; a decorated retired U.S. Coast Guard Vice Admiral (VADM). Matt and Manson encouraged and supported each other meeting for meals, camping, whilst discussing the route they were taking amongst other things. Both have

their own reasons for achieving their specific goals and Manson was impressed by Matt's commitment to support The Royal British Legion.

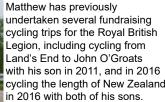


On route, Matt visited York Town which is not only a place that figured prominently in the American Revolutionary War (1781), it is the Eastern Terminus of the Trans American Trail bicycle-touring route.

And yes, Matt made it!



Matt will arrive at his final destination of New York on 26th June 2018.



Matthew's support with the Legion stems from wanting to carry on the good work of his late father-in-law, David Griffiths, and in appreciation of the support the Legion gave to David later in life.

Matthew's trip is entirely self funded and any donations made will go directly the RBL. He would greatly appreciate any support of his efforts and encourages you to look

at his JustGiving page: www.justgiving.com/ fundraising/matt-cyclethestates or www. justgiving.com/fundraising/cyclerideusa







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Dawn Clode is a warm, lovely person whose occupation as a healer both of body and mind is one that she was born to do. Luckily for us, her holistic health practice is based in Little Stoke.

So what exactly is Osteomyology?

If we start by breaking the word down, Osteo means bone, myo means muscle, ology is a suffix meaning 'the study and treatment of'.

The Association of Osteomyology's website states, "...Osteomyology puts aside the usual tunnel vision of rigidly trained philosophies and allows the practitioner to switch seamlessly from one bodywork protocol to another even combining some methods together, this way the practitioner is never defeated as his/her armoury is limitless".

Treatments available. Having so many helpful tools in her kit to call upon when treating her patients is one of the many things Dawn loves about being an Osteomyologist. A selection of the treatments she is qualified to practice include; Acupuncture, Aromatherapy, Confidence and Self Esteem Coaching, Cranial Sacral Therapy, Life Coaching, Massage, Muscle Energy Technique (MET), Neuro-Linguistic Programming (NLP) and Reflexology.

Common pain relieved or cured.



Conditions that Dawn frequently, successfully treats include; frozen shoulder, RSI, back, neck and joint pain, depression, stress and low self esteem. Having suffered severe back pain for over 20 years herself before discovering Osteomyology. Dawn has a strong sense of empathy with her patients. Using her tool kit of holistic therapies to help people have less physical or emotional pain makes Dawn's job a joy, "Witnessing my patient's relief of pain is like winning the lottery!".

If you are living with pain or know somebody that is, NOW is the time to get it sorted out.

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The type of psychotherapy (talking therapy) that I practise is designed to reduce anxiety. It is called Solution Focused Brief Therapy, and does just that, focuses on solutions for the future. We work with your own desire to change, whatever that change may be. This helps to build coping mechanisms and discover new positive solutions to live a happier more fulfillina life.

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Monday - Bradley Stoke

Christ the King Church. 3.30, 5.30 & 7.30pm Tel Kelly: 07795 951137

Tuesday - Bradley Stoke

Wheatfield Primary School, 7.30pm

Tel LJ: 07880 501200

Tuesday - Winterbourne

The Greenfield Centre 9.30, 11.30am, 5.30 & 7.30pm. Tel Frankie: 07519 347243

Wednesday - Little Stoke

Little Stoke Community Hall. 9.30am, 5pm & 7pm Tel Sharron: 07947 064711

Wednesday - Patchway

Callicroft Primary School 5.30pm & 7.30pm Tel: Amber: 07500 113000

Thursday - Little Stoke

Little Stoke Community Hall, 9.30 & 11.30am

Tel Sharron: 07947 064711

Thursday - Patchway

Callicroft Primary School 5.30 & 7.30pm

Tel Janice: 07860 444647

Thursday - Stoke Gifford

St Michael's School 5.30pm & 7.30pm

Tel: Amber: 07500 113000

Friday - Bradley Stoke

Holy Trinity Church 9.30am & 11.30am

Tel Frankie: 07519 347243

Saturday - Bradley Stoke

Wheatfield Primary School.

9am & 11am

Tel Dawn: 07905 852413

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20





Update from the St Mary's Primary News Crew

Miss Fishlock Memorial

On the 6th of May 2018, Miss Fishlock sadly passed away after being diagnosed with cancer. Miss Fishlock worked as a teacher in the reception class for thirteen years and as Deputy Head Teacher at St. Mary's before leaving to become a Head Teacher at another school. The current Year 6 class were very lucky to be Miss Fishlock's last class that she had for a full year before she left St. Mary's in 2012.

We have come up with an idea to have a memorial for Miss Fishlock within the school grounds. We will remember how she brought a smile to everyone's face and many other positive wonderful memories. We will be having a special Mass in memory of her where we will take time to pray for her family to help them through this sad time. R.I.P Miss Fishlock.

Fake Grass

This term, St Mary's Catholic Primary has acquired a new surface for the Trim Trail. It is made from rubber mulch. This has delighted many pupils as it's bouncy and fun to play on. This new addition to the school grounds was applied by a team of excellent builders. It is red and green. The students have been reminded about the consequences of picking it. It took a week to be laid. The benefits of the rubber mulch is that if children fall off the equipment, they won't get hurt. It's an excellent addition to the school.



Every year a Summer Fayre is held on our school field, this year it was on Saturday 12th May. We had many stalls including: the adult and children tombola, making a badge or bunting, a bow stall –made by one of our Teaching Assistants, food stalls and much more. We also

organised a raffle for everyone to enjoy and maybe even win. All the children and adults who came had lots of fun at the Summer Fayre, which the Friends of St. Mary's (FOSM) kindly organised in their own time

SATS

Year 6 experienced a week of torture, where the teachers of St Mary's watched over them as they completed their SATs tests. Whilst year 6 worked in silence the rest of the school had to cooperate with later break time and longer lessons.



As a treat for their hard work, every morning year 6 students gathered in the learning room for SATS breakfast. This consisted of: pancakes, waffles, crumpets, toast with a various selection of toppings, we also had access to breakfast biscuits, babybel cheeses, yoghurts and Cheerios. (Other breakfast foods are available).



After each test year six were allowed a break where they could rest their minds, discuss how they think they did and prepare for the next test.

Summer production

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Every year the year 6's and year 5's perform a summer production at the end of their primary school years.

This year we are performing The Lion King, on Tuesday 10th July, a spectacular movie and



play to perform.
Everybody in year
6 had to audition
for the part in the
cast they wanted.
We had to sing a
song in our audition
for the part in the
play we wanted.
Everyone is happy

with their role and has either a part to act, sing or dance.

The Lion King was chosen by Miss Horsley, our lovely director and Mrs George, our amazing musical director. We hope our play is a great success because we have put lots of effort into making it look outstanding.



Our Farewell

Seeing as this is our last writing piece for BSM, the St. Mary's News Crew would like to say goodbye. We have thoroughly enjoyed this year writing for BSM and wish it could have lasted longer. Some of our fondest memories of Y6 were when: Nico decided to burst out in dance and song whilst the others were enjoying some peace and quiet; when Will was trying to log on Lucie's computer but didn't know how to spell her surname; when Zoe lost a week's worth of work and had to re-write it in one break time; Lucie's favourite thing this year is looking after her buddy; finally Maisy was hiding in the corner of the IT suite with all of the lights off.

BSM Editor's note: Thank you so much to the Year 6 News Crew - we have thoroughly enjoyed receiving your updates. Good luck to each of you as you move on to Secondary School in September, I am sure you will each achieve great things!



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Get your children ready for a Splash Happy Summer!

It will soon be summer and I for one am looking forward to the longer and warmer days, and some sunshine! Families everywhere will be digging out the paddling pool from the back of the shed, packing up the car for days at the seaside, heading off to campsites, holiday parks or hopping on planes headed for villas and beaches.

We've all been on holiday and seen families wrestling their children into arm bands on the poolside, and parents trying to encourage their children to get into the pool and losing patience. If we can avoid that, it makes for happier families and happier holidays.

Children learn from experience and routine. The more familiar they are with an activity, the happier and more confident they will be. So, with that in mind, it's a good idea to prepare your little ones for paddling pools and swimming pools this summer. That's where we can help!



We've been teaching babies and little ones to swim for nearly ten years in Bristol and South Gloucestershire. We teach 1200 babies and children to swim every week and we're quite proud of that!

We're very lucky to teach swimming all day on Sundays at nearby Winterbourne International Academy. You can start swimming with your baby at this venue from six months old – all the way up to 10 years of age. If you have a new baby, you can swim on Saturdays at nearby Penny Porter pool in Henbury, just a 15 minute drive away. Our youngest ever baby was 10 days old so it's never too soon to start, or too late for that matter!

Join our classes at any time, you don't need to wait for the start of term, and when you book you'll book for eight weeks of swimming. You'll also have access to an online "My Puddle Ducks" account where, amongst other things, you can let us know if you're going to miss a class and will be given the opportunity to take that class another time.

Call the team on 0117 9717165 to find out more. Happy Summer everybody!







Stoke Lane Athletic AFC Youth Development

We currently have spaces available for our YDS Squads

➢ Reception Year under 5 Youth Development Squad Training on Thursdays 5pm-6pm



- > Year 1 Children for our new Under 6 Youth Development Squad
- Year 2 Children for our new Under 7 Youth Development Squad Training on Thursdays 6pm-7pm

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Zach 07377674217 or lan 07716816208 for further information

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News from Bailey's Court Primary School

'Adopt-a-School' Engineering Project at **Bailey's Court Primary School**

At the beginning of 2018 we met with a group of engineers representing ISG Construction who were keen to 'adopt' Bailey's Court as a partner school to work with us over the next couple of years. The purpose of the partnership is to provide our children with an insight into the world of work and help them understand the value what they are all learning at school.

Our first visit took place on Wednesday 9th May with our Y6 children being challenged to build a giant tetrahedron (nearly 5 metres high) using 50 cm lengths of dowel. The children worked in small groups to build individual tetrahedrons and then each tetrahedron unit was combined to build the giant tetrahedron (see photos right). The children were using their knowledge and understanding in maths to help with this challenge and they were certainly developing their team-building, negotiating, compromising and questioning skills too!

This was the first of a number of projects we will be running with ISG Construction over the next two years.

Year 5 Camp



On Friday 18th May, our children in Year 5 took part in our overnight camping experience on the school field. They spent the Friday of the camp making their own shelters; the main challenge was to make them as waterproof as possible in case it rained! At the end of the day the children disappeared home for a short while only to return at 6 o'clock to pitch their back up tents and to



first part of the evening

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treasure hunting and taking part in a very competitive game of 'It's a Knockout'. This was followed by a delicious barbeque and a huge camp fire, around which the children took it in turns to sing songs, tell jokes and demonstrate some of the many talents that they had.

At approximately 11pm, the children settled down in their shelters for the night, or more accurately, started their midnight feasts. Having eaten their fill, one by one the children started drifting off to sleep and by 4.30am the school field was finally quiet as the last few children drifted off. Saturday morning started guite early (at 5.00am more precisely) when the first few individuals woke up and within no time at all, everyone was up collapsing their tents and trying to find their belongings and repack them back into their bags. Soon after it was time for breakfast: bacon sandwiches and rounds of toast which were greatly appreciated by all!

Climbing Adventures for Children at Bailey's **Court Primary School**

A group of ten of our children from Year 3 and Year 4 (7-9 years old) were invited to Redpoint Climbing Centre at the end of last term to take part in a climbing session.

We took the school mini-bus across town to south Bristol and arrived there just after lunch. We were met by some very enthusiastic young staff who showed us around the centre. The children were very excited as they went through their safety procedures and then ventured towards the climbing walls.



With harnesses secured, the children tackled some very challenging climbs showing both courage and confidence. We were very proud of them!

Smoothie Challenge!

Just before the May half-term break, the children at Bailey's Court Primary School took part in the Smoothie Challenge! Using a huge range of delicious healthy fruits, the children used their cycling power to produce some fabulous smoothies. The fruits were chopped up into pieces and then fed into a food-blender. But what made these smoothies special is that the food processor was powered by children rather than electricity!



The blender was connected to the bicycle and. as the children pedalled, the blender came to life. The faster the children pedalled the guicker the fruit was blended. The smoothie drinks combined an impressive selection of fruits including bananas, strawberries, star fruits, grapes, oranges and cherries. It was great fun and the children were able to enjoy a delicious and nutritious drink.

Airbus Year 4 Visit!

written by Harry and Ruby

In our class, Harry won an Airbus drawing competition and that meant our whole class was invited to have a tour around Airbus! When we found out that we were going everyone was so excited about exploring Airbus. We were also really excited because our drama teacher was coming as well. When the day came, everyone was ready to go! We were amazed that we were going in a coach and when we arrived and saw how massive Airbus was we were in awe and super happy.



We got off of the coach and we were greeted by a funny man called Tony and he led us into the room that we watched some videos in. Harry got to sit in a special chair in the middle of the room because he won. In the room, Harry got some fantastic presents including a mini model of the A400M. Also everyone else got a lanyard with Harry's picture on it. After that, we got to do the exciting stuff like going onto the shop floor and getting to see some wings being built and some machines. Tony even did a little quiz about one machine and how much it cost. Whoever won they got a pack of minstrels and Martha in our class won. The machine cost £2.5million! We did lots of other things as well but after all the fun we unfortunately had to go. We had a wonderful time at the Airbus and we will never forget the day we went there!

When we got back to school we talked about our favourite thing that we did at Airbus. Some people said that they enjoyed seeing the wings being built and some people said that they enjoyed everything. Most people said that they found it interesting how men went inside of the wings and did stuff like that. When we went home everyone told their mums and dads about the fun day we





update from Andrew Phelps

1st Stoke Gifford Scouts Old School Rooms have been busy again since our last report we have had several leaders receive adult awards in the group for their commitment to scouting (photo bottom right) and several scouts achieving their top Gold Chief Scouts Award, all of which we are justly proud.

We've had visits from Black Dog helping to deal with Mental Illness, The Julian Trust and Filton Food Bank dealing with homelessness and poverty which inspired the scouts to sleep rough for a night in Stoke Gifford (main photo above).

We have competed in the Avon County Cooking Comp, Brunel District Quiz and International Jambowlree (a worldwide Scout 10-pin bowling competition!).

The troop has raised money for various causes with our Swimathon and Mother's Day Pamper Evening.

This term we've had a talk from a UK Exxpedition women's only crew member researching plastics in our oceans which was incredibly interesting and a hot topic in the news at the time. This has driven us to organise a beach clean and we also took part in the South Glos Big Clean initiative litter picking around Stoke Gifford (photo top right).

Visits from Great Western Air Ambulance Charity teaching the scouts about their roles, defibrillator and CPR training. Bikeability instructors came in and checked our pedal cycles prior to our 40km ride in Little Stoke Park. Plus a weekend camp in Botany Bay - a beautiful part of the country.



We've had sessions of dragon boating in Saltford, fishing at Winterbourne, orienteering at Ashton Court and a bee keeping talk in Little Stoke to name but a few.

Finally we are looking forward to our two day expedition from Berkeley to Severn Beach and the Strategy camp in Cirencester Park for our Patrol Leaders.

Sound like fun? As always we are looking for adults willing to become uniformed leaders for our very busy troop. We meet on a Wednesday evening between 7-9pm. If anyone would like to help please visit our website 1st Stoke Gifford scouts and complete an enquiry form.



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Ofsted June 2018

Overall effectiveness	Good
Effectiveness of leadership and management	Outstanding
Quality of teaching, learning and assessment	Good
Personal development, behaviour and welfare	Outstanding
Outcomes for pupils	Good
Early years provision	Good
16 to 19 study programmes	Good





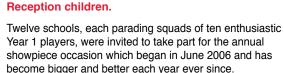






Bradley Stoke Youth FC (BSYFC) Football Festival





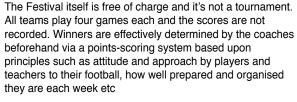
Centre and attracted 130 Year 1 children from 12

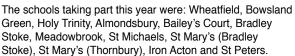
different local schools and 20 BSYFC Year 1 and

On Saturday 9th June 2018 the annual Bradley Stoke Youth FC Football Festival took place at the Jubilee

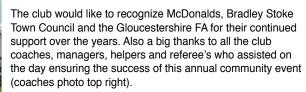


The event is connected with the club's school link program, which sends BSYFC coaches into local schools every year from February to May to encourage youngsters to become engaged and enthused by football with weekly fun football sessions involving all the Year 1 classes at their school. The school link program started way back in 2007 and has been developing and growing ever since.





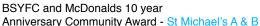
Every school participating received a cup, ball bag and size 3 footballs to continue the football coaching in their schools. The top 3 schools also received a complete football kit.



(team photos run from top left down, across and up in order of awards listed)



Bowsland Green and St Michael's were the recipients of the Football Festival Teachers Award for 2018.



BSYFC and McDonalds 10 year Anniversary Partnership Award - Wheatfield

BS Town Council School Link Community Award - Almondsbury

BS Town Council School Link Coaches Award - Bailey's Court

Bradley Stoke Community Festival Respect Award - Bowsland Green

BSYFC Festival of Football Achievement Award - St Mary's, Thornbury

BSYFC Festival of Football Club School Link Winners -Bradley Stoke Community School

BSYFC Festival of Football Performance Award - St Peters

BSYFC Festival of Football Achievement Award - Holy Trinity

BSYFC Festival of Football Club School Link Runner Up - St Mary's, Bradley Stoke

McDonalds Festival of Football Winners - Meadowbrook McDonalds Festival of Football Winners - Iron Acton

Bradley Stoke Youth is an award winning FA Charter Standard Community Club and has teams for children from Reception age and upwards. Dedicated girl squads for U10 to U16 girls. Disability football training sessions for 5 to 11 year olds and now have a new female adult team.

If anyone is interested in joining the club: please email mlee1@btopenworld.com or visit the web site www.bsyfc.co.uk



















GB selection for local fighters

Epic Martial Arts are delighted to announce that 8 of its fighters have been selected for Team GB to take part in the WAKO World Championships in Italy in September.

This is a huge achievement and honour for all the fighters and for the club, to have a record number of selections. Those selected to go to Venice from 16-23 September are: Alex Fellender-Evans. 11. Harvey Tyler, 11, George Sherlock, 12, Tyrese Redgers, 12, Ellie Doyle, 13, Harrison Doyle, 13, Katie Williams, 14 and Kameron Dovle, 17. All they need to do now is raise the funds to get themselves there! If you can help sponsor the team in any way for this fantastic opportunity please get in touch.

Head Coach, Andy Cleeves, said 'I am extremely proud of all the youngsters who have been selected, it's testament to the hard work, perseverance and dedication they put in, week in, week out. Now the real hard work starts, in preparing them to fight at their peak at the WAKO World Championships!'.

Club Captain, 5 time GB Team Member and reigning World Champion, Kam Doyle, said 'I cannot wait to represent my country at the World Championships



alongside so many of my team mates. I'm very dedicated and look forward to being pushed to my maximum potential, by our coach'.

With 1 reigning World Champion and 2 reigning European Champions amongst those selected, the future is looking very bright for the club and these very talented youngsters.

If you would like to try Kung Fu, Kickboxing or BJJ in Chepstow, Patchway, Yate, Brislington or Portishead, visit www. epicmartialarts.co.uk to book 2 free trial sessions.

Epic Martial Arts would like to thank Club Sponsor, Mark Stallard from Safety Horizon (South West) Ltd.



The senior sides are almost half way through their seasons and each of them have something to play for.

Having won promotion to the Senior Division in the final match of last season, the first team sit at the bottom of the table with one win to date. The side are fighting hard to remain in the league and will be giving everything to have a better second half of the season.

The second team have won back to back promotions and, despite a slow start in Division Four, they sit in mid-table with four wins and three losses. Who knows with a more consistent second half of the season could they push for a third promotion in a row?

The threes are currently the best placed of any of the Saturday sides. They sit at the top of Division Eleven having won six games and only lost once.

Our fourth team sit second in Division Fifteen with four wins and two defeats to date. Aided by a top bowling performance by Merajul Hoda of 5 for 27 and several players getting half centuries.

The Sunday first team are top of the Division One with six wins and just the one defeat. Tom Laver (147), Owen Onslow (118 not out) and Matt Peach (122) all chipping in with centuries and Balaji Scrini taking the top bowling performance of 6 for 18.

The Sunday second eleven are in the hunt for promotion with four wins and two losses. Captain Shital Wadkar has led the way hitting three centuries with a high score of 132 not out.

Most importantly all of the sides are enjoying their cricket and we're feeling positive about the future, this has to be a good thing. That said if there aren't a few promotions to be celebrated come week 18 a fair few people will be disappointed.

The first and second team's play at the Baileys Court Activity Centre. If you enjoy watching cricket why not come down and



watch your local team. We're a friendly and social club and our bar is open during matches. You can view our fixtures and more on our website:

www.bradleystokecc.play-cricket.com

Off the pitch the Club has many reasons to be positive:

We have a brand-new practice net facility at our Baileys Court ground. The project took over five years of hard work and planning, and we're extremely grateful to the England and Wales Cricket Board and the Gloucestershire Cricket Board for their funding and support.

The Club organised an under 11s tournament as part of the Bradley Stoke Festival. It was great to see all the participants enjoy themselves and congratulations to Stapleton Cricket Club who lifted the trophy, Bradley Stoke Cricket Club came a respectable third place.

We've launched the All Stars cricket programme which provides boys and girls from the age of 5 with a fun first experience of the sport. Over 60 children have enrolled and it's terrific to see them enjoying themselves whilst improving their skills and making friends in a safe environment.

Our youth section goes from strength to strength, producing our senior players of the future.

We currently run seven age group squads: Under 7s, 9s, 11s, 13s, 15s, 17s & 19s.

The Club is extremely grateful to all the officials, coaches and volunteers to who sacrifice their time to enable us to operate such a large youth set-up.



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The Management team and the squad of Bradley Stoke Ladies celebrated their end of season Presentation Night on Friday 22nd June at the DoubleTree Hilton, Bradley Stoke. The squad have just completed their 3rd season in the Gloucestershire County Women's Football League Division 2.

This season has been very successful with the team finishing 4th in the table and getting through to a Cup Final. The squad had over 30 players and the club have made the decision for next season to start a second team to allow more players the opportunity to play football. The Ladies squad will also now see the BSYFC U16 girls transitioning up to adult football to expand the squad further. These are exciting times for the club to be running 2 teams when they only started back in May 2015.

The Ladies Presentation Evening was an upmarket event where the squad walked the famous red carpet into the venue sipping Pimm's and lemonade while posing for photos. Then after being seated at their tables for the welcome introductions from the host for the evening Martin Lee (the Manager), they enjoyed a two course meal while being entertained throughout the evening with the Eurovision Song Contest Quiz, the "Buzzer Round" Quiz, the "Name that Song and Instrument" Quiz, the "It's a Bum Life" Quiz, the "Link the Player to the Picture" Quiz. the "Whose House is this" Quiz. the "Sing the Song Title" Quiz, Guess the Film Quiz and the TV Theme Tune Quiz. Certainly not your normal run of the mill guiz but some creative and strange rounds for the players to work through. The music was playing throughout the night with

the players favourite songs booming with prizes being won all evening before the celebrations came to an end in the late hours.

The Presentation of awards on the night were as follows:

Club Person of the Season: Natalie Lewis

Players Player of the Season: Mel Vear

Managers Player of the Season: Lauren Baker

The club were winners at the recent Gloucestershire County Women's Football League evening with Martin Lee being awarded the Club Secretary of the Year 2017-2018 trophy for his work throughout the season.

Bradley Stoke Ladies is a FA Charter Standard Community Club and is a friendly fun based club. If anyone is interested in joining either of the teams then email Martin at mlee1@ btopenworld.com or visit the web site at https:// bradleystokeladies.wixsite.com/bslfc



Contact Hilary

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Trophy winners (left to right): Melissa Vear - Players Player; Lauren Baker - Managers Plaver: Natalie Lewis - Club Person.

The club is very keen to promote more female coaches from the squad and have already funded 2 players to attain their FA Level 1 Coaching Badge in July. They already have a female Level 1 coach at the club so are on target to deliver on this goal. Manager Martin Lee and Assistant Manager Ross Lee are FA Level 2 coaches with Martin being a trained FA Mentor as well. So the future is looking bright.

The squad train throughout the summer every Tuesday at the Bradley Stoke Community School on the upper grass with start time of 6.30pm to 7.45pm.

The club welcomes all players, however you must be 16 years old to play in the League matches. With 2 teams playing more players are welcomed to help enhance the squads, so come and join the fun with your local club.

The club would also like to thank all of their sponsors for the season and hopefully they will continue to support the squad with the expansion of the teams.

Bradley Stoke Matters is pleased to be a sponsor of this growing Ladies Football team



WANTED

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As we embark on our 14th year of producing your local community magazine, an opportunity has arisen for a local, community-minded individual to work within our small, friendly team on a flexible, part-time basis.

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In addition to the Sales role, there is also the opportunity to attend community groups and events with a view to helping produce articles / editorials within the magazine. An interest in people and your local community is therefore vital.

Hours can be flexible and work around school / childcare, with less work commitments possible during the school holidays.

Please email your details in the first instance, along with experience and salary expectations to:

community@mattersmagazines.co.uk

Start date mid-Sept/Oct, or could be sooner for the right person.



Bradley Stoke Town FC

The season came to end with all teams having some success.

The 1st team under Jon Welsh ended in a disappointing 6th place in the Bristol & District Senior Division. However, it was the points they dropped prior to Christmas that cost them as since the New Year their points tally was good. A rebuild and some new players are needed to add to the talented core of players at the club. Matt Burch's Reserve side just missed out on a second consecutive promotion and ended a close 3rd in Division 2 of the B&D league.

George Haskin's and Luke Baker's A Team had a good season and finished in 5th place, which is the highest place the club's A team have ever achieved in B&D Division 5. This has been a good season for them as they reached the semi-final of the cup and narrowly missed out on the final losing 2-1 to Stokeside.

BSTFC would like to thank all Bradley Stoke residents for their support this season, it is gratefully received. We are always looking for new players so please regularly check our website and twitter feed for news, fixtures, results and club contacts (http://www.pitchero.com/ clubs/bradleystoketownfc). Training for next season will begin again from this month (July). On Saturdays during the season we run a bar in the Jubilee Centre from 4.30 pm - 6 pm where you can warm up, watch the Football results and share the afternoon's experiences!

Again support from the community has been fantastic with Bradley Stoke Matters sponsoring the First Team, Dunkleys Accountants the Reserves, The Filton Barbers the A Team and Pentagon Learning and Play sponsoring the clubs' change of away kit. if you are interested in any form of club sponsorship please use the BSTFC contacts via the club's website.



sponsor of BSTFC 1st Team





12 Cadets from 37 (Frampton Cotterell) Royal Air Force Air Cadets, have taken part in an educational trip to RAF Brize Norton.

The visit involved a careers insight into roles within the Royal Air Force, which included the chance to speak to serving officers of various roles, and an understanding of the working of an RAF base. In the morning, the group had the chance to look round the outside of the vast C 17 Globemaster aircraft, sitting on the pans.

After lunch they visited the Fire section, where cadets were given the opportunity to try on

protective clothing and breathing apparatus, explore the equipment on the fire engine and then get to sit in the cab.

Probably the highlight was the chance to sit in the cockpit of the C17, the vast cargo aircraft and have explained how the

aircraft works and what it is used for, including a medivac demonstration.

"I never thought I would be able to get inside such an aircraft," said one cadet.

The day finished by visiting the section that tests loads for air drop, and how they will be anchored within the hold of a variety of aircraft and helicopters. In all they had a very enjoyable day.



37 Squadron meets

Mondays and Thursdays 7.15 –9.30pm at their headquarters by the Royal British Legion, Ryecroft Road. There are spaces for young people between the age of 12 (must be in year 8) and 17 years.

If you would like to join or further information please contact: 01454 886823 or adj.37@aircadets.org







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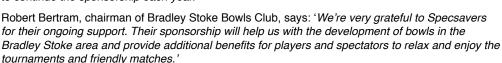
Opticians bowl over club with support

MEMBERS of a Bradley Stoke bowling club have received a boost at the start of their season thanks to a donation by three local opticians.

Bradley Stoke Bowls Club is set to benefit from the support of Specsavers stores in Bradley Stoke, Filton and Cribbs Causeway. The money will mainly help pay

for the continued development of different bowling opportunities for both new and experienced bowlers. The stores are also donating Specsavers umbrellas to help keep spectators dry during tournaments.

'We're delighted to again be supporting the Bradley Stoke Bowls Club for the season,' says store director, Ed Stanleigh. 'We've been supporting the club since it started back in 2010. Thanks to the strong relationship we've established and maintained with the club that's so important to the local community, we've been able to continue the sponsorship each year.'



For more information, please visit Specsavers Bradley Stoke at The Willow Brook Centre, Bradley Stoke, BS32 8EF call 01454 275020 or visit www.specsavers.co.uk/stores/bradleystoke

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Be Careful What You Wish For

Alison Dukes of AMD Solicitors considers the recent Court of Appeal case of Waggott v Waggott on spousal maintenance.

A wife is likely to be regretting her decision to appeal against a spousal maintenance award of £175,000 made against her former husband. He was due to have to pay her maintenance until the death of the first of them or until her remarriage.

When the wife appealed the decision and sought an extra £15,000 per year plus a share of the husband's bonuses from his employment, the husband himself put in an appeal against the decision of the first Judge. He sought a clean financial break so that he did not have to pay any further maintenance at all after a fixed period of 5 years.

The Court of Appeal dismissed the wife's appeal while the husband's appeal was allowed. In short, this means that having previously expected to receive maintenance from the husband for life (or until she remarries), the wife's maintenance will now end in 2021 after a five year period.

The Court took account of the wife's capital settlement of £9.76million. Some of those monies had been used to purchase a home in this country and a holiday home abroad but there was a substantial balance remaining.

In capital terms, the Court calculated that the shortfall in the wife's income if a five vear term was imposed equated to around £950,000. The wife had free capital of £4.6million after purchase of her properties.

The view of the Court of Appeal was that even if the wife used £950.000 of those monies to plug any gap in her income she would still have substantial free capital in addition to her two properties. She would



be able to adjust "without undue hardship" to the termination of her maintenance and the outcome would not be unfair in all the circumstances.

The wife had worked as an accountant early in the marriage but had not worked since 2003. The parties had one child who was born in 2004. The Court of Appeal made the further point that the wife would also be able to obtain employment to supplement her other income.

Applications to vary maintenance or to appeal Court orders should be considered very carefully before proceedings are issued.

For advice on all aspects of Family Law, Alison Dukes or her colleague Jo Morris can be contacted at AMD's Henleaze office at 100 Henleaze Road, by telephoning 0117 9621205 or by emailing Alison at alisondukes@amdsolicitors.com.







"HONK"

This Summer TMTG Juniors bring you "HONK", the musical adaptation of the Hans Christian Anderson story of "The Ugly Duckling". This wonderful musical, set in the countryside, is about a young duckling who is "different" from his brothers and sisters.

So come and join us down on the farm and meet Mother Duck Ida, her cute little ducklings and of course Ugly himself. However, beware the farm Cat is lurking around every corner, ready to trap a tasty snack! Ugly travels on a journey of self-discovery revealing that it really is OK to be yourself. "Honk" is a musical adventure the whole family can enjoy full of wonderful catchy tunes and clever lyrics. This is a show not to be missed.

The production will be staged at the Armstrong Hall in Thornbury, BS35 2BJ from Thursday 12th to Saturday 14th July. Performances are 7.30pm nightly, and also a matinée at 2.30pm on the Saturday. Tickets are bookable online at www.tmtg. org.uk with no booking fee. Adult tickets £12.50 and Concessions (OAPs, students and under 16s) £10.50. Box office enquiries 07305 222922.

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Bowls Club Welcomes the Public for a Trial Roll-Up

On the afternoon of Sunday 10th June, and as part of the Festival, the Bradley Stoke Bowls Club welcomed several visitors, including children, for a trial roll-up on the Green.

In such fine weather, great enjoyment was had by all. Who knows: a future world champion may have had their first taste of this fascinating game here?

The club is also pleased to welcome several new members this season bringing the membership to over a hundred for the first time.



THE FA GIRLS' FOOTBALL CENTRES

SSE Wildcats Girls' **Football Centres** from The FA will provide local South Gloucestershire girls aged 5-11 with regular opportunities to play football.



The initiative offers organised sessions in a fun and engaging environment created exclusively for girls. SSE Wildcats Girls' Football sessions take place on a weekly basis, either after school or at weekends, and provide a safe environment where girls can try football for the first time. SSE and The FA hope the initiative will inspire participants to engage with football, meet new friends, develop fundamental skills, learn new things and create the foundation for a lifelong love of football.

Sessions currently take place every Thursday 5-6pm at SGS College WISE Campus, New Road, Stoke Gifford BS34 8LP

Each SSE Wildcats Girls' Football Centre will be run in conjunction with local County FAs and utilise qualified coaches and local facilities. As well as activities for girls, there will also be opportunities for attending parents, carers and siblings to engage with the sport at the same time through 'Family Sessions' including Soccercise and Walking football.

The initiative is in line with The FA's Gameplan for Growth, with the target of doubling girls' participation in the sport by 2020. The strategy for women's and girls' football at grassroots level includes initiatives alongside SSE Wildcats, such as FA Girls' Football Week.

For more information follow us on Twitter @ SGS SSEWildcats or Facebook @SGSSSEWildcats



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Severn Vale Flower Club

Meetings held (unless stated otherwise) on the third Wednesday of each month at 2.00pm (practice classes at 1.30pm) at the Armstrong Complex, Chapel St, Thornbury, South Gloucestershire, BS35 2BJ. Tel: 01454 412060.

Membership costs just £45 per year, visitors welcome to join meetings, at an entrance fee of £6.00. Practice classes are £4 for members, £6 for visitors.

Forthcoming Programme

July 18th

MEMBERS DAY

Lunch, Entertainment & Kay Evans Competitions Doors Open 12 noon for 12.30pm

August 6th

Practice: Ballet - a Diagonal Arrangement

August 15th

Julie Pearce - "Woodn't it be Nice"

Competition - Inspired by a Piece of Wood

September 3rd

Practice: Child's Play (interpretative)

September 19th

Katie Baxter - "Autumn Falls" Competition - Clashing Reds

AREA DAY Summer Magic - 8th August 2018 Evesham WR11 4QH

FLOWER FESTIVAL - 8th - 11th June 2018 St Mary's Church, Thornbury

Bradley Stoke Library



Rhyme Time (Term time only)

Monday 2nd July 10:30 - 11:00 Monday 9th July 10:30 - 11:00 Monday 16th July 10:30 - 11:00

French Rhyme Time (Term time only)
Tuesdays 11:30

Volunteer Bureau Drop-in Session Thursday 12th July 12:00-14:00

Adult Craft Group

Saturday 14th July 10:30-12:00

Summer Reading Challenge Craft Make Some Mischief

Friday 27th July 14:00-16:00 (Suitable for children aged 4-11 years) *Adult supervision required

Henry V A Rapid Retelling by Librarian Theatre

Wednesday 11th July 20:00-21:00 Tickets £8 (£5 concessions) from bristolshakespearefestival.org.uk librariantheatre.com

Code 4 Kids Scratch

Saturdays 9:30 - 14:30 drop in sessions Please contact the organiser for further information: scratch.code4kids@gmail.com Or visit the website www.code4-kids.com

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email: bradleystoke.library@southglos.gov.uk
Website: www.southglos.gov.uk/libraries



Winterbourne
Flower Club would
love to have some
new members.



Please join us for our next demonstration 7.30pm 19th July at St Michael's Hall, High Street, Winterbourne.

For more details please ring Celia on

01454 776753

Willowbrook Townswomen's Guild

Meets at the Jubilee Centre from 7:30 – 9:30pm on the 2nd Tuesday of every month.

July 10th - Wimbledon
August 14th - Charity Night
Sept 11th The Really Expensive
Chocolate Co

For more information contact
Chairperson - Ros Gallear rosalindg@tiscali.co.uk

Health Information Week Wednesday 4 July, Bradley Stoke Library

Find out more about healthcare professions and support at the Health Fair and attend talks about diabetes and cancer research at Bradley Stoke Library on Wednesday 4 July. This free event is part of Health Information Week.

Health Fair, 15:00 - 18:30

Meet a range of representatives from UWE Bristol and health organisations.

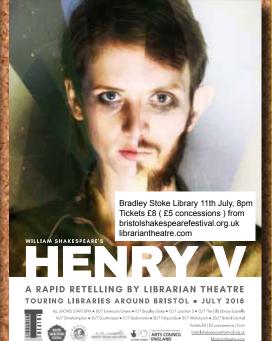
Diabetes. 15:15 - 15:45*

Professor Aniko Varadi will share the latest insights into diabetes, based on biomedical research at UWE Bristol.

Cancer fact, cancer fiction, 18:30 - 19:00*

Drawing on state-of-the art research in molecular biomedicine, Dr Ruth Morse will explore the reasons why some people are more, or less, at risk for getting cancer through their occupation and lifestyle choices.

*For free tickets to both talks please ask at the library reception





Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

BABY AND TODDLER GROUPS

Beehive Baby and Toddler Group, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

Bouncing Babies - Tuesdays 1-3pm at Jubilee Centre for babies under 1. Cheryl Godsell 01454 868570 CGdsll@aol.com

Trinity Tots - Mondays 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

First Steps Toddler Group - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

Little Hedgehogs (0-5's) - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol, 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

Pre-School Rhyme time and Story time Bradley Stoke Library Mondays 10.30-11am and Thursdays 11-11.30am 01454 868006 bradleystoke.library@southglos.gov.uk

Puddle Ducks - Mondays 10am to 12 noon during term time Brook Way Activity Centre. puddleduckstoddlers@hotmail.co.uk

North Bristol Twins Group - Fridays 10-12am Evangelical Church in Bradley Stoke, northbristoltwinsgroup@googlemail.com

Tuesday Tots 10-1130am with safe outdoor play area at Little Stoke Baptist Church. All welcome. Contact Barbi Britton 0117 9695249

LOCAL CLUBS AND ORGANISATIONS

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Holy Trinity school. Please have a look on our website for further information for both young people and adult volunteers at www.bradley-stoke-scouts.org.uk/join

1st Little Stoke Scouts - contact tony Edmonds, Group Scout Leader 01454 772005 email: tonyedmonds108@ yahoo.com

Afternoon Social Club 55+, every Wednesday from 2pm - 3.30pm at the Baileys Court Activity Centre.

Bradley Stoke Book Club 'Bookaholics' meet at Starbucks, Aztec West on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714101354 geoffrey.stobbart@ btopenworld.com

Bradley Stoke Community Singers - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

Bradley Stoke Lions meet every 2nd Wednesday at the Doubletree Hilton at 7.30 pm Ailsa Young, 07737 106836 ambyoung29@yahoo.com

Bradley Stoke Radio - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio.org.uk **Bradley Stoke Sew and So's** - Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos.weebly.com

Gifted drama group Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

Girl Guides, Brownies & Rainbows - admingirlguidingbsg. org.uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

Little Stoke Ladies Club - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

Stokes Art Group - Tuesday evening and Thursday morning at Christ the King. Everyone welcome. www. stokesartists.co.uk

Stokes Crafters - every Thursday evening between 8pm to 10pm at the Poplar Rooms, North Road, Stoke Gifford BS34 8PE with a small charge of just £3.00

Stokes Phoenix Club - meets 1st Tuesday of the month, 10am-12noon at Little Stoke Community Hall, Little Stoke Lane. Contact Rosemary Davis 01454 614474

Stokes Singers - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Liz Gazzard on 01454 614148 for further details.

Thursday Ladies Group meets 3rd Thursday of month at 2pm. Community Hall, Little Stoke Lane contact Julie 0117 931 5007

Willowbrook Townswomen's Guild - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Ros Gallear - rosalindg@tiscali.co.uk

Winterbourne Wind Band- Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Bev - 01454 625855.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30.pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 0117 9793409

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

SPORTS CLUBS

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.pitchero.com/clubs/aretiansrfc

Black and Blues Netball - Non-League Social Netball Wednesdays 7.30-9pm BSCS, http://www.theblackandblues.co.uk/ or find us on Facebook 'Black & Blues Netball'.

Bradley Stoke Bowls Club - Baileys Court Activity Centre www. bradleysstokebc.com. Val Nicholls 0117 9311203

Bradley Stoke Cricket Club - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at bradleystokecc.play-cricket.com

Bradley Stoke Jiu Jitsu Club - Chris Harris, maru.jiujitsu@ gmail.com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - The Jubilee Centre. Every Wednesday U12's 4.30pm-5.30pm, U14 and U16's 5.30pm-7.00pm. Please email bsncjuniors@yahoo.co.uk

Bradley Stoke Judo - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

Bradley Stoke Squash Club - For adults, Juniors and Children. Welcoming new players from beginners to advanced. Club night Sunday nights for all From 6pm. Children's coaching on Sat Mornings. Contact Mark Stone for details 07786 911580

Bradley Stoke Town Football Club - Adult training Tuesdays at Bradley Stoke Community School, For more info see website at bstfc.co.uk

Bradley Stoke United Football Club - Football from U7's to U16's Various contacts, dependent on age, see website bsufc.

Bradley Stoke Youth FC (BSYFC) – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@btopenworld.com

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

Bristol Extreme Allstar Cheerleaders - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

North Bristol Rugby Club, Rugby teams from 4+ www. pitchero.com/clubs/northbristoljuniorsrfc/ .

North Bristol Running Group friendly group of recreational runners, 3 evenings per week, Tuesday, Wednesday and Thursday, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. For further information please see our Face Book page or text Alan Wilcox on 0789 0182387.

Severnside Ramblers - www.severnside-ramblers.org.uk All walks meet at Aldi car park, Bradley Stoke

Sole Sisters - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrc.co.uk

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www.stokescyclingclub.org.uk stokescyclingclub@googlemail.com

On these pages we have tried to collate many of the non-profit making groups, clubs and

organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please let us know

community@mattersmagazines.co.uk and we will do my best to put it right for you!

Stoke Gifford Cricket Club — We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

Stoke Gifford Short Mat Bowls Club -Tuesday mornings and Friday afternoons. For more information please contact George Lord on 0117 3523 or email beryl.smith@talktalk.net

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website http://www.stokegiffordtennisclub.co.uk

Stoke Lane Athletic Football Club -- FA Charter Standard Community Club, u6 to u16; U18 Colts and two senior men's teams; FA accredited coaches; contact via www.stokelane. co.uk or email Club Sect 'steve' pspayne@blueyonder.co.uk or Club Mobile 07972 039413

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, https://www.facebook.com/stokesstriders

TAGB Tae Kwon Do - Thursdays and Sundays Bradley Stoke Leisure Centre, Russ Martin Russ@Tkdbristol.com 07778 421875 www.tkdbristol.com

CHURCH CONTACTS AND COFFEE MORNINGS

Bradley Stoke Evangelical Church Baileys Court Road 0117 9314716 www.bsec.org.uk

Christ the King Church Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

City Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgecommunitychurch.org

Edge Church International. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

Holy Family Catholic Church Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

Holy Trinity Church Broadcroft, Bradley Stoke 01454 620975 www.htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm. All Welcome.

St.Michaels Church, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 9.30 until 4pm, and Saturdays 10-12.

Trinity Network -www.trinitynetwork.org Amberley Road Baptist Church, Patchway, 01454 610808 Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808



Local Schools in and around the Stokes

PRIMARY SCHOOLS

Baileys Court Primary School, Head Teacher: Andrew Lynham, Breaches Gate BStoke, 01454 838320

Bradley Stoke Community School Primary Phase, Head

Bowsland Green Primary School, Head Teacher: Faye Kitchen, Ellicks Close BStoke, 01454 866766, bowslandgreen.

Holy Family R.C. Primary School, Interim Head of School:

Holy Trinity Primary School, Headteacher: Janet Dickson, Broad Croft BStoke, 01454 866735, holytrinity-pri.s-gloucs.

Little Stoke Primary School, Headteacher: Scott Howes, Little

Meadowbrook Primary School, Interim Head Teacher: Sharon Bishop, Three Brooks Lane BStoke BS32 8TA, 01454

Stoke Lodge Primary School, Headteacher: Sharon Bishop, School Close Bourton Avenue, stoke Lodge, 01454 866772

St Chad's Patchway C of E Primary School, Head Teacher Darren Brown, Cranham Drive, Stoke Lodge, 01454 866523

St. Marys R.C. Primary School, Head Teacher: Paula Marsh, Webbs Wood Lane BStoke. 01454 866390.

St Michael's Primary School, Head Teacher Mark Freeman, Ratcliffe Drive, Stoke Gifford 01454 866781. www.

Wheatfield Primary School, Head Teacher: Phil Winterburn Wheatfield Drive BStoke. 01454 868610

SECONDARY SCHOOLS

Abbeywood Community School, Head Teacher: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660,

Bradley Stoke Community School, Head Teacher: Steve Moir Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840,

Patchway Community College, Head Teacher: Karen Cornick,

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Mischief Makers begins on Saturday 14th July and runs in all South Gloucestershire Libraries until Saturday 8 September - it's FREE to take

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(Parent, Bradley Stoke)

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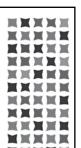
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INDEX OF LOCAL ADVERTISERS

		IA OI LOCAL		VEINIBEIN	
Accountants/Book-keeping		Employment Opportunities		Opticians	
LAC Accounting	41	Matters Magazines	39	Harbord Opticians	19
Dunkleys Accountants	4	Events -		Specsavers	40,64
Bathrooms		Bailey's Court Summer Fayre	26	Painter & Decorator	- , -
All Works Bathrooms Installations	. 57	Castell Roc Music Festival	15	Decor8	56
	58	Christmas Parties, DT Hilton	63	GJS Painting & Decorating	55
Inspired Bathroom Design Blinds	50		32-33	Keith Usher Painter & Decora	ator 57
Harmony Blinds	61	•	34-35	South Gloss Decorating	54
Butcher -	01	Proms in the Park	5		
Molesworth of Frampton	16	TMTG Juniors - Honk	40	Pest Control	
Builders / Building	10	Financial Adviser		Jeff Lamb	51
Ashford Building Contractors	60	Kate Farmer Wealth Managem	ent 3	Plasterer	
BluePrint Construction	59	Fires / Flues		B&D Plastering	55
Cox Builders	57	Felthams Fires & Flues	51	CPH Plastering	53
Fascia Lift	54	Foot Health	5	Plumber	
RJM Design & Build	53	Fostering, South Glos	16	All Works Plumbing & Heating	g 57
Vizard and Son	54	Funeral Directors		Home Care Plumbing & Heat	ing 54
Cakes -	٠.	MW Funeral Directors	6	K J Barton Plumbing & Heating	ng 60
Medway Designs	44	Garden Design/Landscaping	1	Low Cost Plumbing	58
Car Maintenance / Sales		Maintenance		R H Plumbing	52
Brookfield Garage	14	Almondsbury Landscaping	52	Stokes Plumbing Service	60
BS Auto Maintenance	9	Alpine Landscapes	56	Property Maintenance -	
Care / Elderly		Front Row Fencing	58	Brunel Doors	56
Bristol Care Homes	42	JDS Garden Services	53	Repairs	
ategi Shared Home Scheme	6	Hair & Beauty		D-CR Domestic Appliance Rep	airs 58
Carpentry		Handyman / Home Services		Roofing -	
Clive Bradford	59	Alan's Handyman Services	56	Rooftech	53
Carpets & Upholstery Cleaning	q	KP Home Improvements	56	Vizards Roofing	54
Bonne Fresh Clean Ltd	58	Health, Diet & Fitness		Rooms/Facilities for Hire	
Central Heating		Bradley Stoke Physio	12	North Bristol RFC	50
All Works Plumbing & Heating	57	Nuffield Health	8	Schools/Schooling	
Baines Heating	59	Slimmingworld	20	Bailey's Court Primary	28-29
Gregor Heating	1	Hotel/Restaurant	00	Bradley Stoke Community	31
Child Care/ Preschools		Double Tree Hilton	63	St Mary's RC Primary	22-23
Ambourne House Day Nursery	24	House / Home		Stoke Lodge Primary	23
Bright Sparks	27	Bedlam Beds	52	Security -	
Mama Bears	36	Brunel Doors	56	Technisys	57
Children's Activities		Dream Doors	7	Sewing / Alterations -	4.4
Fromeside Gym Club	27	Felthams Fires & Flues	51	Medway Designs	44
Giggle Gym	24	Harmony Blinds	61	Solicitors -	40
Holiday Activities, Clifton Coll	2	Technisys (Alarms)	57 59	AMD Solicitors	43
Holiday Activities, Filton Leisure		Thornbury Stairlifts Jewellers	59	Taxi's/Transport ACE Taxis	51
,	1,25	Kemps	18	Avanti Cars	51
Stoke Lane AFC		•	47, 50	Tiling -	31
Wildcats Girls Football	45	Locksmith 40,2	+1,50	Paul Bartley Ceramic Tiling	55
Cleaning & Domestic Services		Dale Clements Locksmiths	57	Trades & Services -	50-61
Clover Ovenclean	55	Lock Stuck & Barrells	53	Tree Surgeon	30-01
Oven Wizards	60	Medical / Therapist	55	Collins Trees Services	58
	-47	Bradley Stoke Physio	12	Front Row Fencing	58
Community Groups & Clubs 48	3-50	Dawn Clode, Osteomyologist	19	TV & Aerials	00
Electrician		Just You Holistics	13	A1 Aerials	60
Bradley Stoke Electrical	60	Laura Jane Hypnotherapy	21	Aerial Man - Dan Grace	41,59
CMG Electrical	57	Smart Hypnotherapy	19	M D Aerials	53
Gary Smart Electrical	59	Music/Music Lessons -	. 0	/	00
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		Hilary, Music Lessons	38		
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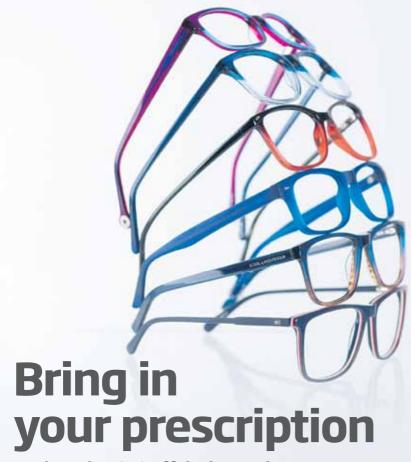
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