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Dear Readers....

As I write this on officially the first day of spring, I can hear the birds tweeting and there is much to look forward to with the clocks springing forward as you receive this month's edition through your door. There is plenty going on locally to celebrate Easter, so have a good browse through this issue for ideas.

We have lots of local people who are looking for your support with their fundraising quests this month, including one 8 year old who has pledged to wear shorts at all times throughout the year! All these individuals are supporting great charities so do look out for these and give them your support where you can. We have sporting updates from the Ladies Football team, Bradley Stoke Town Football Club, the local Cricket Club and the South Glos Hockey teams as well as school news from local primary schools. If you like model car racing, then the local Patchway Club would love you to join them - see page 20. If you or someone you know has mobility issues then the local Bocca Club might be of interest to you - see what this sport is all about on pages 13-14.

The annual Bradley Stoke Festival is coming up in June and we share the latest news of this year's plans on page 45. If you like horse racing, there are some great days coming up at the Chepstow Racecourse this month, including the Grand National with pop tribute NOasis and a family Easter Fun Day - see pages 46-47.

As usual, we couldn't bring you all the community news and events without the support of our fantastic advertisers, so a big shout out of thanks to them. Please do return their support by utilising their services where you can - and don't forget to mention Bradley Stoke & Little Stoke Gifford Matters too so they know where you saw them.

Jaci x

If you are a business looking to promote your services across the Stokes do get in touch with us and we will be happy to help. Deadline for the next issue is 12th May.

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New Stokes Choir raises £1,000 for St. Peter's Hospice

The new branch of the chart topping Melody Makers Choir, based at the Little Stoke Community Hall, joined forces with over 60 of their singers to perform to a packed out church in Henleaze on 2 March. *'It was so exciting to get all three choirs singing together for the first time at our fundraising gig. We were absolutely thrilled to have raised so much money for the hospice who are our chosen charity for 2019.'* said Natalie Veal, Choir Leader.



'We couldn't believe it when we saw our chart position to be higher than Take That on Amazon during its first week of release in December!'

Natalie Veal, Choir Leader



The choir performed a selection of their favourite pop and rock songs along with their band of professional musicians. *'We were thrilled to have been invited to perform at Trinity Henleaze UR Church and support St. Peter's Hospice and our new choir members loved performing with everyone for the first time. The choir members donated raffle prizes and lots of delicious cakes for a get together afterwards and along with ticket sales, we raised a whopping £1,000.'*

Melody Makers, now in its fourth year, opened a new choir in the Stokes running on Monday mornings. They currently have 20 men and women who sing together at Little Stoke Community Hall and claim it's a great way to start the week. *'We love to welcome new members and recommend anyone to come and give us a try for a free taster rehearsal. The face of choirs has totally changed over the last 5 years. We now recognise the huge health benefits that come with singing in a choir and it's an amazing way of making new friends. We sing exciting arrangements of uplifting pop and rock music and we always perform with live musicians.'*

Melody Makers Choir have gone from strength to strength after the success of their charity single for Southmead Hospital Charity. Their song 'We Are The Same Inside', written by Natalie, reached Number 6 on the Amazon download charts. *'We couldn't believe it when we saw our chart position to be higher than Take That on Amazon during its first week of release in December!'*

The choir are looking forward to a varied programme of performances throughout the year in support of the hospice and are always on the look out for new and exciting performance opportunities. To book a free taster rehearsal or enquire about future performances, visit www.melodymakerschoir.co.uk

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Palm Sunday All Age Celebration

Sunday 14th 10.30-11.30 and 4.00-5.15

Activities, songs, crafts, stories.

Good Friday Communion

Friday 19th 10.00-11.00am

Time to remember Jesus' death for us.

Easter Sunday Celebration

Sunday 21st 10.30-11.45am

Easter Praise

Sunday 21st 4.00-5.15pm.

Like an Easter carol service

All events taking place at Bradley Stoke Evangelical Church, Baileys Court Rd

For more information, details & more ways to contact:

Call/Text Tim on 07515930363.

See our website www.bsec.org.uk or Facebook page <https://www.facebook.com/bradleystokeEC/>



This is love: not that we loved God, but that he loved us & sent his Son as an atoning sacrifice for our sins.

(1 John ch 4 vs 10)



Every year in Bradley Stoke, a simple cross made of two rough wooden beams is placed on the Pear Tree roundabout. For many people it has become an important annual experience. The red cloth of Good Friday exchanged for a white cloth on Easter morning as a reminder of the events of the first Easter weekend.

For some; Easter is simply a reason to eat chocolate bunnies and eggs, give and receive presents, decorate our homes with springtime flowers. For those whose life is built around the meaning behind the empty cross, Easter makes a powerful statement of hope.

Christians mark Easter as a celebration of new life and fresh starts; a celebration of hope against all odds. The Bible presents the historic Easter events as a part of a cosmic plan, inviting every living person to know that we are each invited to a life of fresh start and an eternal hope.

Because of this, our church services reflect our experiences of the free and undeserved gift from the God who created the world and who made himself known as Jesus of Nazareth. This Jesus lived, was put to death but lives again and forever. His gift is a once and for all statement that we are free from our past record of wrongdoings and set free to live with hope in this world and the next.

Christian faith is built on the belief that these events point us to the gift of love and life from the God we can know because of the empty cross of Jesus of Nazareth and all that it means. Easter is our reminder that Jesus is alive, he is with us, will never leave us and longs to fill our lives with goodness and joy.

As you walk or drive past the Easter cross on Pear Tree roundabout, please see it as an invitation from the churches of our town to explore the meaning of the Easter events. Each service in our churches [see websites below for details] will offer a unique expression of the joyful message of Easter: Jesus is alive! You are very welcome to join us to find out more.

Christ the King [Mautravers Close] and Holy Trinity [Broad Croft]. www.bradleystokeparish.org.uk

Bradley Stoke Evangelical Church [Baileys Court Road] <http://bsec.org.uk>

City Church [at Bradley Stoke Community School] <https://www.citychurch.org.uk/visit/bradley-stoke-site/>

Paul Hickley, Vicar of the Parish of Bradley Stoke

Services at Holy Trinity & Christ the King

Maundy Thursday

Communion service / Last supper:
Holy Trinity Church at 8pm

Good Friday

All Ages around the cross;
Holy Trinity Church at 10am
An Hour at the Cross Meditation :
Christ the King Church at 2pm

Easter Sunday

Easter Celebration, Cafe style,
Christ the King Church at 10am

Get Yer Leg Over and Bid Online for your Local Charity!

The West of England MS Therapy Centre is running a fantastic online Auction to raise vital funds for the centre over the weekend of 26th-28th April.

Bidding is open to everyone so just follow the centre on facebook @MSTCBristol to keep up to date in the build up to the event.

The Centre is also seeking kind donations for the auction from local businesses and tourist attractions. Please email fundraising@mstherapybristol.org.uk if you are able to help. Any donation gratefully received.

If however you fancy more of a thrill, then why not sign up to the centres "Get Yer Leg Over" motorcycle ride out which is taking place on Sunday 12th May. Bikers are meeting at Weston Super Mare and are travelling to the centre via the suspension bridge. On arrival at the centre there will be a BBQ and live music by "Trouble No More", Bristol's favourite Blues Trio.

To register your interest in the event or for further information please email fundraising@mstherapybristol.org.uk or follow the centre on facebook @MSTCBristol.

The West of England MS Therapy Centre based in Bradley Stoke has been caring for people with Multiple Sclerosis and other neurological conditions, their families and carers since 1985 and all proceeds from these events goes directly to the MS Centre to benefit the users.



Community Adult Learning : Introduction to Radio Production

Through January and February Bradley Stoke Radio hosted a WEA Adult learning course in 'Introduction to Radio Production'. The course took participants through thinking about what is community and the role of community radio stations, all the way through to practical skills of researching, interviewing, using microphones and editing using computer software!

The participants celebrated their 'graduation' of this free 6 week course, with a radio programme where participants were able to showcase their learning and experience presenting live from the studios of Bradley Stoke Radio!



Bradley Stoke Radio is at the heart of the community, broadcasting from studios in North Bradley Stoke and at many community events across the area, all run by volunteers from the community, for the community.

The WEA offers adult learning courses on a whole variety of subjects, so if you have ever thought about having a go, learning a new skill, socialising, upskilling and more, please look at all the courses the WEA provide at WEA.org.uk.

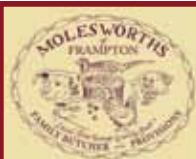
Don't forget, you can listen live to Bradley Stoke Radio 103.4fm or online at BradleyStokeRadio.com at any time and there are many opportunities to get involved.

If you would like to join a radio course in the future, you would be made very welcome – no experience required. www.WEA.org.uk for more information.

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Hair Cut for Dementia UK

We were pleased to hear from Bradley Stoke resident Tasha Yapp whose husband is raising money for Dementia UK. Darren is cutting his locks for a cause close to his heart as his Nan, Margaret, lives with dementia. They have first hand experience of the devastating effect this disease has on a family, and are grateful for the amazing job the nurses do both for the patients and the families involved.

Darren has been growing his hair for 3 years now, in a throwback to his college days. Tasha and their two daughters - who both go to Holy Family Primary School -, along with other family members and close friends, have been trying to get him to cut it for probably the last 2 years. They much prefer it short! Darren finally agreed to have it cut but only for the charity and only if at least £500 could be raised.



Tasha got onto it straight away and signed up on the just giving page. Darren did not expect this amount of generosity from friends, family and work colleges but the target was hit in a very short amount of time. However, Darren would love even more support raising funds for this great charity.

Darren's chop took place as we went to print on this edition - Saturday 23rd March at In Trim at the Bradley Stoke Leisure Centre. You can see his before and after looks above and right!

Darren's nan has had dementia for the best part of 3 years. Darren's auntie used to care for her at home but it just became too much for both of them and Margaret is now being cared for by professionals at a local care home.

You can help Darren and Tasha raise money for this great cause by donating directly to their fundraising page - <https://www.justgiving.com/Natasha-yapp>

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I recently visited the friendly team at their new Brookfield Mobility Solutions showroom, on Filton Road. I was impressed by the diverse range of mobility equipment and aids on offer. As well as an extensive range of car adaptations available, they can also organise for a stairlift to be installed in to your home, talk you through the latest range of mobility scooters on offer, and a wide range of domestic aids – from a simple yet effective gadget to assist with putting on your socks, to bath seats are available from the showroom too.

There expertise lie with the bespoke car adaptations that enable people with compromised mobility their driving freedom. My family have had personal experience with the Motability Scheme, my dad was severely disabled with MS. I was amazed how the technology has come on over the years, had the steering wheel controls that action not only indicators and lights from the touch of a button but also brakes and accelerator been around in my dad's time, he would have been able to continue driving for years longer than he did.

When my father moved to an electric wheelchair, we were delighted to be able to have an adapted car on the mobility scheme that enabled him to drive his chair up a ramp into the back of the vehicle. Brookfield Mobility Solutions can enable all of this to happen too – for wheelchair or mobility scooter.

The great thing about having a spacious showroom is that if you wish, you can come in, have a drink and talk through your individual needs with a member of the BMS team. It is their aim to provide a bespoke solution to all their customers in conjunction with their high-class suppliers of adaptations.

The team offer a mobile fitting and repair service at



the supplying dealer or customer's home address.

They can also arrange for fitments and repairs at their fully equipped workshops, they collect the vehicle and transport it to their workshops.

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GEM Boccia Club - friendly, fun and welcoming to all

Who am I?

My name is Georgina (Elizabeth) Moore (GEM: Hence the Club's name). I'm 34 years old and have a neuromuscular condition. It means I'm a permanent wheelchair user and cannot weight bare. I live independently with 24-hour care in my own flat in Chipping Sodbury, South Glos.

My background is I have a degree in Marketing and then I went on to be a Primary School Teacher for a short time, but sadly could not physically continue with it. I'm not the type of person who likes to sit around not doing anything but knew I couldn't commit to working regularly. I like to try and stay as fit and healthy as I can but could only find swimming as a form of exercise.

What is Boccia?

It is not uncommon for people to say to me "What is Boccia?" when I tell them I run a Boccia Club. This highlights the lack of publicity the sport gets, which is a real shame seeing as it's a Paralympic event!

Boccia is very similar to bowls: With the fundamental aim of the game being 'get your balls closest to the jack'. The main difference being that you have to be seated when playing Boccia. This makes the sport inclusive for all. The sport can be played individually or as a team. It is played as red balls VS blue balls, with the jack being white. There is also increasingly new technology that means visually impaired people can also take part in the sport.

After watching Boccia being played at the 2016 Paralympics I decided to try and find a local Boccia Club. Much to my disappointment there wasn't a Club in the South Glos area. The nearest Club was in Henbury and was run by Access Sport. I decided to go along and give it



a try. Immediately I loved playing because it was competitive and I felt that throwing the balls was actually great exercise for me, it meant I was moving in my chair!

I continued to attend the Henbury Club weekly for a few months but the 30-minute journey there and back was tiring and expensive. I kept saying to people maybe I should just set up my own Club. After much encouragement by others and fundamental support from Access Sport, that's exactly what I did. GEM Boccia Club's first session took place in September 2017. I managed to liaise with Yate Leisure Centre to use the badminton courts, which have since been marked out as Boccia courts too. I produced my own leaflets and flyers, set up social media pages and tried to promote the Club as much as I could. My main carer, Tom, completed a Boccia Coaching Course, so he could use the knowledge and skills from that to help me deliver meaningful sessions, where members can progress over time. We were lucky to be loaned sets of Boccia balls initially as each set of 12 balls costs over £200.

The first session saw 11 people turn up and I was overwhelmed. They were a range of ages and abilities and that's the main ethos behind our Club: **Inclusive to all**. This means you don't have to have a disability to play with us. We have siblings, carers and parents all join in, although to compete in official competitions you must have a disability. The other important part of our Club is we have fun! We split the sessions into playing proper Boccia matches and also playing fun, skills games. We believe this is what keeps people coming back. To this day we are still going strong and numbers are increasing.

...cont/14



... cont

Future Goals

We started with no money towards the Club and that's why we charge £2 per person each week, to cover the cost of the courts. Other costs include equipment / resources, admin and training. Fundraising activities and a generous personal donation has allowed us to purchase our own balls, equipment and get t-shirts printed for our regular members. As member numbers grow we will need to purchase more balls etc, so continuous donations are always appreciated.

GEM Boccia Club recently took part in their first competition. Members who want to play competitively can choose whether to be part of the team. So 7 of us went along to Bath Leisure Centre with 4 other teams from the West of England. We all had a really enjoyable day and it was great experience for us. We are looking forward to competing more in the future.

We were also nominated for Club of the Year award as part of Boccia England's National awards. Apparently 4 different individuals nominated us, and Tom also got nominated for Coach of the Year. We were all so touched and overwhelmed by this. I personally feel honoured to be appreciated and know I'm having a positive impact on my local community.

We always encourage new members and anyone is welcome along. We are currently also looking for volunteers who could help run the Club because at the moment it is just run by my carer and myself. My family help out most weeks but we want to be able to give some responsibility to people outside the family. If you, or anyone you know, would like to join the Club as a player or volunteer then please do contact us on the details below.

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Volunteers needed (please contact above)

There needs to be more opportunities for everyone to be able to take part in a sport as well as enjoying the social side of it. I thoroughly enjoy seeing everyone on a Tuesday and playing Boccia, no matter how tired or in pain I am. It always makes me smile!

GEM Boccia Club meets every Tuesday 4pm-6pm at Yate Leisure Centre Sports Hall. Cost: £2 per session.

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The secret to a healthy garden – a healthy gardener!

Louise Dodds, Physiotherapist at Bradley Stoke Physio & Health shares some tips to help you enjoy the fruits of your labour

If like me you are looking forward to the lighter nights in order that you can get outside and do your gardening, you may benefit from a few tips on getting and staying fit and flexible enough to continue to garden all through the summer.

As all gardeners are aware, the months of March and April are two of the busiest with lifting, carrying, bending, weeding and digging. The knees, lower back, shoulders and arms may all feel the strain. In particular, this sudden increase in activity comes after a relatively sedate period for most people.

Even if you have a relatively active job, a gradual return to gardening is best, building up intensity and duration with time. Recent research suggested the beneficial effect of work-related exercise is often lost because they are of too low intensity or duration.

Gardening is an active pursuit, and we know that heavy lifting and sustained static postures associated with gardening increase blood pressure. The physical stress increases inflammation in the body – our sore muscles! This is actually necessary for the body to then adapt and become stronger and fitter. It is the recovery that allows the inflammation to reduce and this process to complete.



We can help our body prepare for our gardening activity, to prevent as many aches and pains. Walking is really beneficial as a way of building up our aerobic capacity. Before gardening, stretching our arms above our heads and twisting the trunk in a sitting position is helpful too, as are the exercises shown in the photos here.

These exercises performed 10-15 times, 2-3 times daily, can help keep the hips and the knees strong. These joints can appreciate a little more looking after when you're a keen gardener! As with all exercises, they should be built up gradually.

For further information about these and other strengthening exercises for the knees please see our website: www.bradleystokephysio.co.uk.

Get in touch if you'd like any more tailored advice and do let us know how you get on with your gardening!

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Local children's charity nurse takes on 24 hour run to raise money for terminally ill children

This July a nurse at children's hospice at home charity Jessie May is taking on a 24 hour running challenge to boost funds and raise awareness of the charity.

Local Bradley Stoke resident Steve Wiltshire, 30 (right), is one of the Jessie May Nurses who provides vital respite support to families caring for a terminally ill child in their own homes. He has worked in the Jessie May Care Team for over 2½ years and is now combining his passion for his job, and for running, and tackling a gruelling 24 hour run to raise money for and awareness of the local charity.



Steve has created his own fundraiser 'The Difference a Day Makes' to inspire donations online here (<https://uk.virginmoneygiving.com/thedifferenceadaymakes>) as he takes on the 24 Hour Conti Thunder Run on 19th July, in Walton-on-Trent. He aims to raise £3,000 – the cost of running the charity for one day – and has so-called his fundraiser 'The Difference a Day Makes' to reflect the importance of at-home support for families caring for a terminally ill child.

Steve said: "As a Jessie May Nurse, I understand the enormous difference Jessie May's support makes to families with a terminally ill child. Many rely on our respite visits and emotional support and have said they'd now be completely lost without us. This is why I want to help raise money for Jessie May - I have seen the impact we have on families firsthand. The challenge that I have decided to undertake is to run as many 10km laps as I can in 24 hours through the 24 Hour Conti Thunder Run. It's pretty extreme!

"Caring for a terminally ill child is an exhausting, 24 hour task; both physically and emotionally. This 24 hour run is quite symbolic of the 24 hour care the children require and I hope by completing the 24 Hour Thunder Run, it inspires people to talk about Jessie May, and why our support is vital to families, and make a donation through my fundraising page if they can."

One of the Jessie May children Steve supports is 2 year old Alba, who has a life limiting condition which means she cannot walk or talk, and needs 24/7 care and attention. She suffers from seizures on a daily basis, and has to take 14 types of medication each day. She has poor vision, very limited body movement, and is fed directly into her stomach through a syringe.



Alba's mum Roz said: "Jessie May is so important to us because we totally trust the nurses. They know Alba so well; they understand how she can communicate, and her needs. They can be trusted to feed her, put her to bed, and give her medication when it's required. Not many people can do all this without someone else there to support them! Knowing Alba is in safe hands means the world to us. I am amazed at what Steve's doing with the 24 hour run. We wish him luck for the day and can't wait to hear all about it."

Steve is now encouraging donations to his online fundraising page here as he trains ahead of the big day, in his purple Jessie May running vest.

He added: "It's truly an honour to run and raise money for families like Alba's. It's an honour in itself being invited into their home every month! Now I'm actually really excited for the day to come! I hope to raise as much money as possible so Jessie May can continue to support families, and also welcome additional children with life limiting conditions to our caseload.

"I will also be blogging about my training ahead of the day and sharing updates on my progress, so keep an eye on the Jessie May blog page and my fundraising page too."

To make a donation on Steve's fundraising page, visit: <https://uk.virginmoneygiving.com/thedifferenceadaymakes>.

To find out more about Jessie May, visit www.jessiemay.org.uk.

Bradley Stoke 10K

As part of the Bradley Stoke Town Festival, this year's 10K race will take part on Sunday 9th June at 9.30am.

This brilliant annual event is so popular that this year it COMPLETELY SOLD OUT within 48 hours of entries opening!

They still need your help though - could you help Marshal?

Volunteer marshals are required to help deliver a memorable, enjoyable and safe running experience for the runners taking part in our annual Bradley Stoke 10K run on Sunday 10th June.

You will be required to meet at the Jubilee Centre at 8am on race day. A Sole Sister will escort all marshals to their road crossings, where you need to cheer, clap and encourage the runners, whilst ensuring a safe crossing over the roads.

Marshals should be able to stand down after the last runner, which is usually 90 minutes after the race starts.

The race starts at 9.30am, but marshals need to be available from 8am in order for them to walk to their positions. Volunteers who can help are asked to contact us via the website www.solesistersrc.co.uk so that you can be allocated a position.



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*Valid until 31st May 2019. 1 visit per person.

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Coping with exam anxiety

Nobody likes them, many people hate them and they are the cause of major stress among young people. Unfortunately, as the testing culture becomes more entrenched in schools, so the pressure of EXAMS becomes even greater.

And yes, it's that time of year again! Exams are looming, and sadly for so many, that means exam stress rearing its ugly head.

Even the most diligent and hardworking of students can be affected.

Whether it's GCSE's, A Levels, university exams or even SATS, exam stress is real and it is hard. Not only for the kids struggling with it, but also for parents trying to support them.

Pressure can come from school, parents and peers; however all too often the biggest pressure comes from the students themselves. Concerns over the fear of failure can lead to a feeling of being out of control, causing amongst other things irritability, insomnia, anxiety and sheer panic.

There is good news! It is possible to learn to overcome fears and anxiety, to build confidence, to feel comfortable in exam conditions and to succeed.

I use a combination of Solution Focused Psychotherapy (talking therapy) and relaxing hypnosis to work with a wide variety of performance anxieties.

Hypnotherapy is the perfect way to release stress and create new positive study habits. Whilst there is no magic wand, I can help to break the negative thought patterns, to allow an individual to relax and take control of their emotional state, to remain focused, grow in confidence and perform at their very best.

Do remember that whilst exams are of course helpful to test our memory and ability to cope under pressure, they simply cannot measure a person's common sense, their wonderful creativity or innate kindness!

For more information on how hypnotherapy can help with anxiety and other issues, please call Laura Jane on 07807 936080 or visit www.laurajanehypnotherapy.com

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Bristol Model Car Club races radio control cars indoors at Patchway Labour Club, Bristol on Thursday evenings.

We currently have members ranging from 8 - 70. Whilst not the cheapest of hobbies it is fantastic fun and a good way of understanding and learning engineering.

The cars are very much like scale racing cars. To get up and running from scratch at an estimate would entail a minimum cost of around £100 for a car, however we do have club cars we can lend to beginners who want to give it a try.

We would love to see more members join us - so whether you are already a car enthusiast, or whether you'd just like to see what it's about, we'd be pleased to see you. We set up from 6pm with racing starting around 7pm - why not come along and give it a try!



BRISTOL MODEL CAR CLUB

FANCY TAKING PART IN SOME SCALED DOWN CAR RACING?

We are a group of RC car enthusiasts who enjoy racing them, with the emphasis firmly on having fun! We race all year round on Thursdays from 6pm at Patchway Labour Club (near Cribbs Causeway). The cars we race are electric and run on a special high grip racing carpet, with a full timing system, laps are counted just like real motor racing!

THE CLASSES WE RACE ARE

- Touring Cars** - 1:10 scale, 4WD type chassis
- LMP** - 1:12 scale, 2WD 'Pan Car' type chassis
- GT12** - 1:12 scale, 2WD 'Pan Car' type chassis
- M-Chassis** - 1:10 scale, Tamiya 2WD (M03/M05/M07)

We also run other classes depending on numbers and may allow other types of car to race if suitable or for beginners only.

Please visit our Facebook page for latest updates and information.
[WWW.BRISTOLMCC.WORDPRESS.COM](http://www.bristolmcc.wordpress.com)

Patchway Labour Club, The Parade, Coniston Rd, Bristol, Patchway BS34 5LJ. Set-up around 6.00 pm with racing starting around 7.00 pm.

Jacob Davis : Bambino Karting

Jacob is a year 3 pupil at Wheatfield Primary School and he competes in Bambino Karting for ages 6-8 year olds.

In 2018 Jacob had very good success, competing at club level at both Camberley and Rissington Kart Club. Jacob won the Rissington Championship and was Vice Champion at Camberley. Things seems to click half way through the 2018 season, he had 4 podiums out of 5 meetings at Camberley, winning 3 of them.... this form helped him finish 2nd overall in the Championship!

Over the winter period Jacob has put in a lot of practice in preparation for the new season, this is where he'll be competing in the 2019 Motorsport UK Bambino Championship. Jacob will spend his weekends be competing against other drivers from all over the UK. He has been selected for the championship after he has shown exceptional ability in kart racing at club level in the UK.

The Motorsport UK Bambino Championship is run by Zip kart who are based at Silverstone. Former Karting Champions include: Lewis Hamilton, David Coulthard, Jenson Button, Jason Plato and Bristol-born Lando Norris who saw his F1 debut last month. The first race is at PFI International circuit on the 27th & 28th April.

Additional preparation for the MSA National Championship was also provided earlier in the year, a round called the Winter Cup, held at Bayford Meadow kart Track in Sittingbourne, Kent. This was a new track to us, a track where a lot of experienced drivers race. Saturday was the Club Championship, we used this as a test day for the Sunday 'Race Day,' the day actually turned out to be Jacobs best yet,



picking up the track layout very quickly and managing to finish 2nd place overall out of 14 drivers! Sunday Raceday was just as positive, that was until he had kart failure in the Pre-final from being hit from behind, unfortunately a DNF means he had to start at the back in the final. Jacob drove a great race climbing all the way to 6th place, exceeding expectations and overtaking lots of experienced drivers in the process.

The 2019 club season has also just commenced, Jacob recently finishing 2nd place at the first round at Sherington Kart Track, in quite awful conditions, and the first round at Camberley comin gup as we went to print. Looking forward, Jacob hopes to have a strong year in both National and Club events, he will also be making the move up to cadets towards the end of the year, this is where he'll be competing against children up to 12 years old and the speed of the karts increase from 40mph to around 60mph!

Good luck Jacob - how exciting - we look forward to following your progress this season!



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Struggling to make sense of Making Tax Digital?



Turn to Dunkley's for expert guidance and advice on how to become compliant

From the 1st April 2019, any business which has or has had a **taxable turnover above the VAT threshold** (currently £85,000) will have to **keep their records digitally** and send their VAT returns to HMRC through Making Tax Digital (MTD) compliant software.

This can be a hard thing for any business or self-employed person to get their head around, so **Dunkley's are here to make it easier.** We will work with you to understand how MTD will affect your business and recommend ways of **making the switch simpler** for you.

So, if you are struggling to make sense of MTD **call us on 01454 619900 to book an initial consultation.**

Dunkley's

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& Statutory Auditors

Grant of Probate-First hurdle but not the finishing line

Recent changes at the Probate Registry designed to make it easier to obtain a Grant of Probate may encourage executors to try to deal with the administration of an estate themselves without professional assistance. However, obtaining the Grant is only the first hurdle and not the finishing line and after issue of the Grant there are still traps for the unwary.

The executors will have completed an Inheritance Tax form on applying for the Grant. However, any changes to the estate may still have to be reported to HMRC. There may also be further tax reliefs which can be claimed during the administration period to reduce the amount of any tax paid.

Any gains made on the sale of assets in the administration period may result in a Capital Gains Tax liability. There are ways to mitigate potential CGT liability and these should be carefully considered before the sales are effected.

The executors will need to account to HMRC for tax on gross income received in the administration period and may need to submit tax returns.

Failure by the executors to deal correctly with tax liabilities could result in penalties and additional tax and could leave them personally liable for unpaid tax and open to claims against them by beneficiaries.

Sometimes executors acting without professional help do not understand the terms of the Will, especially where there is a trust in the Will. In the past, it was common to include Nil Rate Band Discretionary Trusts in Wills for tax planning purposes. These trusts may no longer be required, but nevertheless steps need to be taken to either set them up or wind them up. Where this is not done and the omission does not come to light until years later, it is more difficult and costly to resolve the problem and there may be adverse tax consequences.

Executors may make mistakes when distributing the estate. Situations where this may occur include where the beneficiaries are minors, where they have already died, where they are bankrupt, where they are mentally incapable or where they cannot be traced. There are also extra factors to consider when administering the estate where some of the beneficiaries are charities.

Executors will also wish to consider protecting themselves from personal liability in case any debts or liabilities come to light after the estate has been distributed and may wish to delay distributing the estate where there is any likelihood of a claim being made on the estate by a dependant who claims inadequate provision has been made for them in the Will.

For advice on the administration of estates and trusts and other private client matters, please contact Brenda Smyth or any other member of our team on 0117 962 1205, email info@amdsolicitors.com or call into one of our four Bristol offices.



Advice Making a Difference



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Suffer with headaches? Help is here!

With local Osteomyologist expert – **Dawn Clode** Ostm, Lic MET Lic CR FAO

When I visited Dawn for one of my regular treatments recently (to keep my back and neck in good shape), we starting talking about the increase in people suffering with headaches.

We discussed the pressures of modern-day life, the stress of work or emotional life events people encounter all being contributing factors. From personal experience, I also know although the pain may be manifesting in your head, it could in fact be your jaw, or a bone in your neck or back that is out of place and causing the pain.

When a van drove in to the back of my stationary car, as well as whip-lash, I suffered with a strong headache that was thankfully alleviated when Dawn subtly re-positioned by jaw back into alignment.

Whatever the cause of your headache, they can be at best miserable and worst completely debilitating.

As an Osteomyologist, Dawn has a tool box of holistic treatments to relieve your pain. She explained to me Cranial Sacral is particularly effective in relieving headaches.

So don't suffer anymore, make an appointment with the caring, talented Dawn at her Holistic Health Practice in Little Stoke.

Other treatment modalities effectively used by Dawn include; Acupuncture, Aromatherapy, Confidence and Self Esteem Coaching, Cranial Sacral Therapy, Manipulation (HVT), Massage, Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP), Reflexology and Reiki.

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Please call: **0795 1099 491**

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As well as alleviating headaches in adults, Cranial Sacral Therapy can be of great comfort to babies.

Being born is a stressful thing for a little one, with all kind of pressures being placed on their tiny bodies. If your baby is only wanting to feed from one side or appears uncomfortable (after seeking medical advice), Cranial Sacral can be a gentle way to relieve this discomfort.

Above Dawn is pictured giving a Cranial Sacral session to my little boy Henry.

Fundraising in shorts -

Could you wear shorts for a whole year?

Throughout 2019 8-year old Zane Donaghy, who lives in Stoke Gifford, is doing just that! He hopes to raise £500 for Brunelcare's Dehurst care home, where his Grandad lives.

Isn't this an amazing thing to do!

Zane says about his challenge: *"My name is Zane and I have decided to wear shorts for the whole of 2019, to bed, school, football, ice skating, and anything else I go to this year. In every weather that this year brings I will be in shorts."*

I am raising money for my Grandad and the other people who live at Dehurst Care Home in Bristol. My Grandad has dementia and falls over a lot! I would love to raise enough money to send them all on a day trip to the seaside."

Lesley Hobbs, Manager of Dehurst care home says: *"All of us at Dehurst think this is absolutely amazing. We are very grateful for every penny raised! It will make a huge difference to helping us arrange things like day trips and other home entertainments we regularly organise for everyone living here."*

Zane is pictured here with his Grandad and, to prove that even the icy temperatures don't put him off, here is a photo of Zane taken in the snow earlier this year!

To donate to 'The One Year Short Trouser Challenge', please see:

<https://www.justgiving.com/fundraising/zanewearshorts2019>

For more about the charity see www.brunelcare.org.uk



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Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

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Ofsted, October 2017



Puddle Ducks Spring News

Pool Focus: Winterbourne International Academy



Spring is here, and it's the perfect time to get your children ready for summer swimming!

Every Sunday at Winterbourne International Academy, off Flaxpits Lane, we have exclusive use to run classes for babies, toddlers and children up to age 10. There's a great family vibe as brothers and sisters of all ages can learn to swim in the same pool!

Baby and pre-school

For babies aged over three months, toddlers and pre-schoolers, our gentle, fun classes give parents and their little one confidence in the water and a chance for some precious bonding time together as they learn the fundamentals of brilliant swimming.

Swim Academy

Our school age children in Levels 1 and 2 benefit from the teacher being in the water with them as they work towards achieving their first unaided swims. Small class sizes (four children to one teacher) mean progress can be quickly made.

As children develop the skills to move up to Levels 3 and 4, they start to swim in the deep end where they will be taught from poolside, focusing on graceful, efficient strokes on their front and back.

We are swimming throughout half term until the Easter holidays, which start on 7 April.

For more information, call our friendly team on 0117 971 7165, or check class times and book at <https://www.puddleducks.com/local-teams/bristol-bath>



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School Improvement Advisor Nov 2017

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The 3 Peaks Challenge for Friends of Bowsland Green

It's been just over a year since the 24 hour football marathon at Bowsland Green Primary School and teachers Mr Young, Mr Thomas and Mr Stephenson are back for another 24 hour challenge! This time they've brought back-up as joining them are Mrs Fielding, the familiar face of Mr Dunn as well as Mr Stephenson's younger sister, Alice.

This year, the team will be taking on the daunting Three Peaks Challenge. This unique challenge consists of climbing Ben Nevis, Scafell Pike and Snowdon - the three highest peaks in Scotland, England and Wales respectively. The aim of the challenge is to conquer all three mountains and the drives between them within a 24 hour window. Mr Young, Mr Thomas, Mr Stephenson, Mr Dunn and Miss Stephenson will be climbing the mountains whilst Mrs Fielding has kindly offered to drive them between.

The team will be undertaking this exciting expedition with the view to raising money for the Friends of Bowsland Green who are working tirelessly to raise money to renovate the playground and replace an old wooden boat play area with something that is accessible to all. Their current target is £30k, so literally every penny helps!

Please support the team and the school in any way you can.

<https://wonderful.org/fundraiser/the3peakschallenge-ebb2946b>



Team members Ben Stephenson, Samuel Young, Seve Fielding and Ant Thomas



Sunday 7th April. 4pm-5.30pm, Holy Trinity Church

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Happy 20th Birthday Wheatfield Primary!

On Saturday 16th March, Wheatfield Primary School opened its doors to past and present pupils, families, governors and members of staff for an open day to celebrate the school's 20th Anniversary.

Over 200 people attended the event, taking the opportunity to explore the school and catch up with old friends and colleagues.

There were representatives from all stages of Wheatfield life with pupils from the early days right through to ones that left last year, returning to look around.

On display in the hall were pictures from throughout the school's history, and videos from key events were played in classrooms. Past and present headteachers Christine Dursley, Lois Hayden and Phil Winterburn cut a cake and said a few words to mark the occasion.

Judging by some of the feedback received (see right) the celebration was a great success!

The day was organised by a team of people including teaching assistants Hazel Boyes - who started work at the school in 1999 - and Diane Webb who is the only current member of staff to have been at the school when it opened in 1998. It forms part of a series of events throughout the school year to mark the 20th Anniversary. The culmination of these events will be 'Wheatfest' on Saturday 13th July 2019 which will be a day of activities, rides and performances to celebrate this important time for the school - more information to follow soon!



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It was great to catch up with everyone and so lovely to see some past pupils and hear some of what they've been up to.

—Denise Almond (Kemp)
(ex-teacher)



Wonderful trip down memory lane! Happy 20th Wheatfield! Thank you for a lovely afternoon x
Jeanette Walker
(ex-pupil)



Thank you so much for inviting me to the 20th Anniversary Celebration on Saturday. I really appreciated all the effort put into the afternoon, just putting up all those photos must have been a MAMMOTH task let alone everything else! The school looked fantastic - in many ways the same but also very different! It was wonderful to meet up with 'old' colleagues again and hear how well all the ex-pupils were doing.

Wishing you all the best for the next 20 years!
Barbara Moore
(Office Manager opening - 2006)

Fantastic afternoon! Was lovely to walk back through the doors and remember the few wonderful years I had at Wheatfield. It was so lovely to see my 'old' teachers there too. Thank you.

Kirstie Fielding
(ex-pupil)



Bees at Meadowbrook Primary School

As part of our Curious Curriculum, Year 3 pupils have been studying the life of bees. This has included a visit from a Beekeeper, where the children learnt lots about bees, and how to look after them. They even got to taste some honey!

As you can see, not everyone liked it!

If you want to be a beekeeper, you need several different hives of different sizes...

Exploring the equipment needed to keep honeybees... Wow! It takes a lot of work!

Did you know that it takes 12 bees all of their lifetime to make a spoonful of honey? ...and they will have flown the equivalent of 18 times around the world...



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A message from the Headmaster of Tockington Manor School

We welcome children into the Tockington family from 2 years old in our refurbished onsite nursery. Here our children learn through play, tending to their own “cottage style” vegetable garden and exploring our 28 acres during “welly walks”.

Throughout the school and nursery we put the child at the centre of learning. We're proud of our traditional family values and small class sizes. Our pupils know that small class sizes mean they get better feedback from teachers and that helps them to improve.

Together we deliver a curriculum to form a foundation that will equip them with the right attitude and aptitude to tackle the challenge of senior school and future life. Our school parents agree that we encourage confidence, independence, teamwork and social skills (100% stated agree/strongly agree in our recent parent survey).

In our recent inspection, the ISI Inspectors commented that “*pupils enjoy a healthy lifestyle and make full use of the outdoor opportunities*”

afforded to them” including forest skills, cross country trails and national standard sports pitches. Plus our children begin weekly swimming lessons from nursery in our onsite 25m indoor swimming pool. We're very proud of our sporting success and most recently our U11 and U13 boys cross country teams have become National Champions!

If you're in the process of choosing a school or nursery for your child then do come and visit us. Children can join us from any age group, including Year 7/8 where we have an enviable success rate in delivering entry into first choice senior schools, many earning scholarships in Academia, Sport, Music or Drama.

Please arrange a private tour or join us on our Open Day in May to find out more about what Tockington Manor School and Nursery could offer your child over the bridge.

We look forward to meeting you.

Stephen Symonds, Headmaster





Abbeywood Community School

“Senior leaders continually seek improvements in teaching and learning. Pupils feel safe and well cared for in school, they welcome and accept each other regardless of their background and so the school is a friendly, orderly environment.” **Ofsted 2018**



Good rating

[@AbbeywoodSchool](#)




Open Day

Friday 10th May

2:30pm to 5pm

Welcome to Tockington Manor School and Nursery for boys and girls aged 2 to 13 years

Sited in 28 acres of beautiful countryside with cross country trails, national standard all-weather pitch, 25m heated indoor pool and a brand new Music and Performing Arts Suite.

Visit us to find out more about our small friendly classes, family approach to education and enviable success rate in delivering entry into first choice senior schools, many of which have challenging entry requirements.

We offer extended hours, wrap-around care including breakfast/supper and a variety of extra curricular activities including drama, judo and cricket.

Contact us to arrange a visit: asymonds@tockingtonmanorschool.com 01454 613229
 Washingpool Hill Road, Tockington, BS32 4NY www.tockingtonmanorschool.com




Our 'Adopt-a-school' Engineering Link at Bailey's Court Primary

Both of our Y5 classes had their eyes opened recently to both the present and the future of construction as we had another visit from our partner, ISG, who we have linked with to explore the world of work.

Harriet, Dorian and Angelica from ISG spent the afternoon in both Y5 classes to talk about health and safety on construction sites (including dressing up in full construction site attire) and then to explore the world of 3D modelling as a tool for designing new buildings.

The children asked some brilliant questions like: "how do you build a house underground?", "when I go upstairs in my house, how does the building stay up?" and "have you ever made a building and it all went wrong?". Our three visitors were able to answer all our questions and they really enjoyed meeting the children.

The highlight of the afternoon was probably wearing a virtual reality headset and 'walking' around the newly built Bristol Business School at the University of the West of England. Using 3D modelling, the children explored the designs for the building which is now completed. We even discussed the possibility that buildings could be computer-designed creating 3D models which could then be printed using 3D printers and then constructed with bespoke parts. We were told about one building that had been constructed like this and it took three weeks to print!

It was a fascinating afternoon! Below is an image of the Bristol Business School that the children explored in their 3D headset.



Year 4 Synagogue Visit

We are always keen to visit different places of worship at Bailey's Court Primary as part of our RE curriculum and recently our children visited a synagogue. We travelled into Bristol on our mini-buses and were welcomed by Iris and Derek. It was a fascinating visit and we were really proud of the children who asked some fantastic questions and behaved beautifully. Here is a report written by some of the children followed by a letter received from one of our hosts:

Year 4 went on a trip to the Synagogue in Bristol earlier this year. When we arrived there, class 15 was welcomed by a lady called Iris and class 16 was welcomed by a man called Derek. The first thing we did was to try on the Kippah and the shawl which are the traditional garments that the Jewish people wear.

We also saw the Ark which was hidden behind the curtain. Another thing we saw was a scroll called the Torah which had survived the second world war. Derek and Iris read a section of the Jewish prayer book to us and said that the book was read from right to left.

Finally, towards the end of our trip we got to try some really tasty bread called Challah. We enjoyed our visit to the Synagogue.

Ella, Daisy, Joe, Jacob

Dear Children & Teachers

It was a pleasure seeing you all and hosting the morning group at the synagogue today. The children were so keen to participate and had such excellent questions. It was nice to see how they were able to correlate teaching, personal experience and new information. Derek tells me that the afternoon group was 'fizzing'



with questions and keen to learn as well. We hope that all involved in the visits, children and staff alike, found the experience informative and enjoyable.

Best wishes, Iris.

Radio BCPS Visits Bradley Stoke Radio!

BCPS have been running our own radio station since September 2018. Every class produces a radio broadcast during the school year and for the last few months a group of Y6 children have been presenting a daily lunchtime radio show. We were visited recently by one of Bradley Stoke Radio's presenters to give the children a master-class on presenting skills and we were also invited to visit Bradley Stoke Radio.

Here is an account of the afternoon, by Jess and Harri: On Thursday 7th of February, a group of Year 6 children (the radio presenters) went to visit Andy Ward (the former mayor of Bradley Stoke and a governor at Bailey's Court Primary) at Bradley Stoke Radio Station.

We all went in the minibus with Mr Lynham and Mr Telfer. When we arrived, we went around to the back of the Bradley Stoke Surgery and met Andy and Becky Ward, who greeted us at the door. The first studio that we entered was a smaller room called Studio 2 with two microphones, which meant that only two people could record at the same time. After that, we walked down another hallway to the main recording room called Studio 1. In this room, there was four microphones and six pairs of headphones. The girls stayed in Studio 1 and the boys went into Studio 2. In Studio 1, Becky taught Taylor how to work the main board. In addition, Andy taught Jack M how to work a smaller board in Studio 2. After everyone had a go in



their first recording studio, the boys and girls swapped over. Becky taught Josh to work the bigger board and Andy taught Jess how to work the smaller board. All of the twelve radio presenters had so much fun: Jess and Lois; Harri and Jack; Taylor and Megan Hartley; Samuel and Jack; Georgia and Ailsa and Josh Miles and Haris.

A 'Real-Life' Author comes to Bailey's Court Primary!

In February, we were lucky enough to welcome P G Bell

into our school (photo below centre). He shared with us all some of his stories and also gave out some tips about how to enjoy writing stories! He began his writing career by making up stories to tell his son at bed-time. These stories grew and grew becoming 'The Train to Impossible Places' which is his first published novel for children.

His advice included:

- Start by imagining the type of book that you would like to read.
- Write about something excites you.
- Don't give up!

Peter explained that as a 10-year-old boy he really didn't enjoy writing. He didn't think he was very good at it. He used to create stories through drawing pictures and then saying his stories out loud to anybody who would listen! As he grew a little older, he began trying to write short stories

and poems and plays. He read avidly and, without realising, he began growing in confidence and suddenly writing became fun!

It was inspiring listening to P G Bell speak and the children really enjoyed hearing excerpts from his book.



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Bradley Stoke opticians sees red for Comic Relief

Staff at the local Bradley Stoke opticians got into the comedy spirit for Red Nose Day on Friday 15th March by wearing and selling funny frames to help raise money for this year's Comic Relief. The total raised this year from branches of the store across the country was a whopping £255,893! Store director, Gaurav Patel, says: 'Having partnered with Comic Relief for three years now, this year Specsavers have reached the £1million fundraising goal, which is incredible!'



This year's jester-themed funny frames were in keeping with the charity's comic ethos. Customers who would like to recycle the glasses are able to return them to their local store and they will be sent on to a specialist recycling company. For more information visit www.specsavers.co.uk or www.comicrelief.com

One thousand high visibility vests

Specsavers is championing road safety in the local community by donating more than 1,000 high visibility vests to local children. Julie Rafferty, PR coordinator based in the Willow Brook Centre, mostly recently handed out vests to local rainbows and brownies groups to help ensure the youngsters will be seen when out and about.

'We are committed to helping local children stay safer on the streets,' says Julie (pictured right with the brownies). 'It's great that we've been able to support the rainbows and brownies as they often take part in outdoor activities, so we hope the vests will provide some peace of mind for parents and those who look after them.'



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The Gert Lush – Bristol and The South West's First Annual Vintage Bike Festival

The Gert Lush is the one bike ride Tour De France winner Geraint Thomas can't enter – his carbon bike is too modern! On **Sunday 19th May** The Gert Lush celebrates all things vintage in terms of bicycling, through a day of rides and a festival, and does it in true 'Bristol Fashion'. The event encourages everyone to dust off their old bikes – be they commuters, vintage aficionados, shoppers or weekend warriors, and take part – the only rule is to leave any full carbon bikes at home. Entries and further information are via the website www.thegertlush.com.

Co-founded by Emmy and Bafta award-winning film-maker Patrick Collerton with Americana musician Steve Page, the cycle-mad duo will bring their experiences to bear to make the day filled with music, surprises, old fashioned refreshments and a warm, friendly atmosphere. Bristolians already know that Gert Lush means 'really good', which is how the festival got its name.

There's a free accompanied kids' ride, plus a 30-mile and 65-mile ride to cater for all. If you don't fancy riding then meet up in the afternoon with everyone else for The Gert Lush Vintage Fete – a post ride shindig at Long Ashton Community Centre, Long Ashton where you can eat, drink, and be merry, in true vintage style. www.thegertlush.com



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Bradley Stoke Ladies

Bradley Stoke Ladies play in Division 2 of the Gloucestershire Women's League and are a FA Charter Standard Community Club.

The First Team are currently top of the league, winning 14 out of 17 matches, with one draw and two losses. The rest of the season will be a tough battle for promotion but the ladies are ready to go out and give it their all.

The First Team will also be facing Cheltenham Town Ladies in the semi-finals of the Women's Challenge Cup so we are keeping our fingers crossed for a Cup Final after just missing out last year!

The Development Team have nearly completed their first season together after the expansion at the start of the season. Whilst at times it has been challenging braving the field with just 11 players on a few occasions, their results overall have improved during the latter half of the season. The ladies have continued to grow as a team and currently have a 100% record of improving the score when playing a team for the second time, which is a great achievement. Words from the Development Team Manager, Charlotte Hand, are very positive.

Bradley Stoke Ladies are always on the look out for new players to join their club. Experience is not a necessity, as long as you are 16+ years of age and you have a desire for a new challenge then why not give it a go? If you are interested, please email or contact us via the website for more information.

There is a strong link between Bradley Stoke Youth FC and Bradley Stoke Ladies FC. This is shown through some of our players coaching the under 5 and under 6 squads on a Wednesday night. These players also used to play for BSYFC girls teams.

We also have players and coaches that help with the BSYFC School Link Programme and the BSYFC School Enrichment Programme. These players and coaches will be assisting at BSYFC's Football Festival as part of the annual Bradley Stoke Festival on Saturday 8th June 2019. The mascot will be on show again and involved in the penalty shoot out on the top field.

Look out for our stall at Bradley Stoke Festival, where there will be a variety of activities for both adults and children to enjoy! Your continued support is greatly appreciated.

For more information visit:

- www.bradleystokeladies.wixsite.com/bslfc
 - facebook.com/bradleystokeladiesfc
 - instagram.com/bradleystokeladiesfc
 - twitter.com/BradleyStokeLFC
- Or email: bradleystokeladiesfc@hotmail.com



Bradley Stoke Cricket Club: Spring Update

2018 was an encouraging season at Bradley Stoke Cricket Club, and hopes are high that 2019 builds on this.

Adult section

The Saturday 1st XI maintained their Bristol and District Senior Division status following promotion in 2017 to their highest level so far. After a challenging start a predominantly young side finished strongly to finish seventh from ten.

The Saturday 2nd XI finished fourth in Division 4 to consolidate after promotions in the last few years.

The Saturday 3rd XI finished fourth in Division 11, with not much to separate the top four teams. Their performance was rewarded with a move into Division 10 for 2019, due to a realignment following the withdrawal of some teams placed higher in the league.

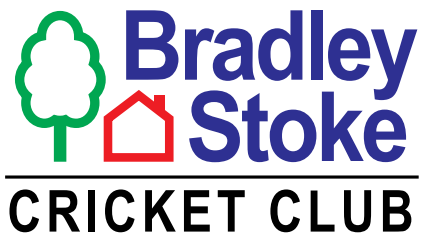
The Saturday 4th XI also finished fourth, in Division 15A, and find themselves in Division 15 for 2019.

The Sunday 1st XI were placed third in the top division of the North Somerset Cricket League, one win shy of being crowned champions.

The Sunday 2nd XI finished sixth from eight in the third tier of the NSCL. However after struggling to raise a full side towards the end of the season, this team will operate on a friendly basis in 2019.

Women's section

Following some initial training sessions in August last summer, an encouraging attendance of around 30 players means the club will be running



a women's section for the first time in 2019. The team is currently competing in a winter indoor softball competition at Winterbourne International Academy on Sunday afternoons. In the summer they will for the first time have a team each competing in both the GCB Women's Hardball league and the GCB Women's Soft Ball league.

Youth section

A record 146 different players were seen in 2018, thanks in part to All Stars Cricket being launched at the club, a national initiative aimed at 5-8 year olds. 62 signed up to this.

Squads were also run at Under 9s, 11s, 13s, 15s

and 17s age groups, all overseen by a coaching team including 3 ECB level 2 and 4 level 1 equivalent qualified coaches.

There was success on the field, notably the Under 11s reaching the semi-finals of their Bristol Youth Cricket League (BYCL) cup, and the Under 17s finishing runners up in their BYCL league play-offs.

The new net facility built at the ground during the previous winter has enhanced training sessions and thus match performances.

Three players played representative age group cricket during the 2018 summer, two for Stroud and South Gloucestershire district boys, with the club proud to have nurtured the captain of Gloucestershire Under 11 girls.

A further three players are currently taking part in the representative winter indoor training programmes following trials in late summer, making six of the club's players currently recognised in this way, three at county and three at district level.



Under 17s

In 2019, in addition to the above teams, a second Under 11s team will be run to cater for the increasing numbers in this age group.

Winter training for 2019 is at the Winterbourne International Academy sports hall. For adults this is on Sundays from 7pm to 8pm from 3rd February to 7th April inclusive. For youth it is Tuesdays 7pm to 8pm from 12th to 26th March and 7pm to 9pm on 2nd and 9th April.

Outdoor training from around mid April is at the club ground. For adults it is Wednesdays from 6.30pm, youth is Sunday mornings from 10.30am and women's is on Tuesday evenings, but not when clashing with scheduled home women's matches.

New players of all abilities and experience are welcome to come along, as are social members - the bar is open during most games and after adult training.

Further information and contacts can be found at www.bradleystokecc.play-cricket.com

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South Gloucestershire Hockey Club

With the season drawing to an end, we at South Gloucestershire Hockey Club look back to some of the highlights from this season.

To date, we have scored a collective 286 goals across our five teams in 85 winter league games (with hopefully more to come over the next thirteen fixtures) which is 111 goals more than we scored during the 2017/18 season!

With two games still to play, the men's second team have already secured promotion and will move into West Central 1 in September 2019; and the ladies first team have also won themselves promotion with four games left to play, meaning they will move into Berkeley 1 for the 2019/20 season. Our men's first team and ladies second team are looking to finish within the top three places of their league with the potential of promotion not miles away. Our men's third team will finish the season with the most points they've ever collected in one season – a truly successful season had by all!

Things we have to look forward to over the summer months:

Award Nights

With the winter league over at the end of March, we like to celebrate the successes of the club and reward players who have gone the extra mile. It's always an excellent night and fun is had by all.

Summer League

Summer league for both the men's teams and ladies' teams begin in May after a month off in April. Both of our men's teams will primarily play on Tuesdays and our ladies' teams will play on Tuesdays, Wednesdays and Thursdays with home games remaining at Bradley Stoke. Come and enjoy to sunshine (hopefully) and support.

Newbury Hockey Tour

Each year, we travel to Newbury to participate in a Hockey Tour which is both competitive and extremely social. The tour see many teams across the South West come together and play mixed hockey.

Thinking about starting hockey?

Get in contact! Summer is the best time to try out hockey and see if it is for you with the games having a less competitive and more social aspect to them.

Find out about our fixtures, results, match reports and Member Mondays at:

Website: www.sghc.org.uk



Men's 2s



Ladies' 2s



Men's 3s

Facebook: **SouthGloucestershireHockeyClub**
Twitter: **SouthglosHC**
Instagram: **southgloshockey**

Or if you want more information, please get in contact at info@sghc.org.uk

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Bradley Stoke Community Festival 7th-9th June 2019

- Arts & Craft Exhibition stalls • Children's Games & Activities • Climbing Wall • Community zone with Inflatables • Displays and demonstrations • Football Tournament • King Ramps Skate Pipe Demonstration • Local Bands & Dance Groups
- ELO Beatles Beyond tribute band
- Rides & Inflatables • 10k Race • Skate Park competition

Friday 8th June

The Picnic in the Park for Mother's and Toddlers starts at 10.30am until 2pm at the Jubilee Centre. New for this year Van Buren presents a magic show followed by juggling and entertainment alongside a bouncy castle and hosted by BS Radio providing music and entertainment. Refreshments will be served during the morning with Face Painting also available.

Saturday 9th June 11.30-18.00

Bradley Stoke Town Council's Youth Work team will once again be offering the popular combination of 'have a go' graffiti workshops (with professional artists) and a large portable skatepark half-pipe; provided by King Ramps. There will be regular pro rider demos (hopefully including the return of a Team GB BMXer) interspersed with 'have a go' sessions + music and Youth Work project info. Bradley Stoke Leisure Centre will be providing fitness session displays.

Music is provided by the excellent local bands; Snow Blind, Vamp, Liquor & Poker, tribute band ELO Beatles Beyond, Ragged Union, Bad wolf and a solo performance by Georgia Hinton of BS Community School.

Local dance groups will perform in between the bands and include; BS Gym Club, Yasmins, Red X Dance, Chinese Dance, Razzamataz and Stoke Gifford School of Dance along with other local clubs and associations. Fun rides for the children include trampolines, giant slides, football games, giant inflatables, Wipe Out, Bungee Run and Surf simulator, a Helter Skelter and again this year young children's Go-Karts.

A Vertical Xtreme Climbing Wall will be alongside the local BS Scouts stalls which features longbow archery and other fun activities.

An Arts & Crafts exhibition will feature a range of different arts & crafts alongside sideshows and community stalls offering a wide range of local products and novelties. The Bradley Stoke Youth Football Club Tournament for Year 1 Boys and Girls, with 14 schools and 150 children taking part at the Jubilee Centre, starts at 12.00 noon on the top field soccer pitches.

Sunday 10th June

A 10K multi terrain race organised by the Sole Sisters starts at 09.30 am and finishes at the Jubilee Centre. 600+ Competitors are expected. The "Church in the Park" outdoor service from the BS Churches will again be held after the 10k race, starting at 11.45.

At Baileys Court the Cricket Club will be celebrating the cricket World Cup with a youth's Pairs Tournament plus a 10/10 match during the afternoon along with a lunchtime BBQ, a batting & bowling competition and skills workshop with evening entertainment in the clubhouse. The BS Bowls club will provide roll up demo's throughout the afternoon.

Bradley Stoke Town Council's Skatepark and Youth Workers will be hosting their annual Festival Skate Comp along with the addition of Kings Ramps half-pipe, regular pro rider demos and a circus skills workshop. Action takes place between 12 noon and 5.00pm.

Taking part: If you would like to enter a team or participate in the Football Tournament, the School Sports Competition, the Skate Board competition or book a stall, please go to the web site www.bradleystoke.gov.uk or BSTC on 01454 205020.

Information correct at time of printing, but could be subject to change



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Advance family tickets are now on sale at just £25 (2 x adults and kids aged 17 & under go free!), this ticket will be £30 on the day

Single adult entry tickets are available at £17 in advance, these will be £20 on the day.

Please visit Chepstow-racecourse.co.uk or call 01291 622 260 to book!

Remember, children aged 17 & under go free, parking is free, all entertainment on site is free and you can bring a picnic (no alcohol)

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Marlene and Raynor are hosting a Cuckoo Dinner, but will things go to plan with **Def. Rodney** and **Chuck Albert** (during the war) on the point list?

Will Rodney put in an appearance and sing? Surely not after the last show??

An evening of classic and sing-alongs with an extra large portion of comedy is the order of the night. Expect a **BIG FUN NIGHT OUT** in a friendly party atmosphere with some of the finest comedy acts in the land, professionally produced, to the highest standards with your enjoyment at the top of the menu.

CUSHTY.

DoubleTree by Hilton Hotel Bristol North
Friday 24th May 2019 @ 7.00pm
Tickets £35pp Includes Arrival Drink, 3 Course Meal & Disco
Booking Essential Phone: 01454 893436 or
Email: meetings@doubletreebristolnorth.com
Bristol, BS32 4PT www.cornelly-dining.co.uk



Tell people you saw them in Bradley Stoke & Little Stoke Gifford Matters

Calling all Classic Car owners



Clevedon Lions Club annual Charity Classic Car event is to be held again in 2019 on Sunday 28 April with proceeds going to the Children's Hospice. 170 cars/vans/bikes took part last year with the event again starting in Congresbury at 10.00 before a 30 mile lunch time drive to Clevedon for the afternoon public display. Alex Lovell from BBC Points West will again be waving the cars away at 12 noon.

Vehicles must be prebooked – application forms are available from clevedonlions@gmail.com or see lionsbrimar.org.uk. The event is a great family day out to see exceptionally well restored vehicles with food and trade stalls on the Salhouse Fields, Clevedon from 12.30.

Severn Vale Flower Club Open Meeting "Forging Ahead"

Floral demonstration to be given by Pam Lewis
Monday 8th April Doors Open 6.30pm
at the Armstrong Hall Thornbury

Pam is an excellent demonstrator. She has done many workshops and taught herself blacksmithing. A lot of her wrought iron work is used for her designs and exhibitions.

Refreshments, Raffle, Plants and Sales tables.

Doors open 6.30 for 7.30.

For more information the numbers to ring are
01453 811089 or 01454 885213.

SOUTH WEST SHIP SHOW

SATURDAY 27 APRIL 2019

10.00 - 15.30

BAWA Social Club

589 Southmead Road, Filton, BRISTOL BS34 7RG

Admission £3, Concessions £2, Under 12s free

Exhibitors and traders will be displaying and selling model boats of various scales; books, postcards, photos, artwork, shipping memorabilia and ephemera. There will be a range of clubs and associations present.

Catering and ample free parking will be available.

Telephone: 01275 846178

Cotswold Spring Classic sportive

Easter Monday (22nd April)

Offering riders a choice of three routes through the stunning Cotswold countryside, the ride includes full chip timing, timed climbs, medical and mechanical support, fully stocked feed stations and hot food at the end – not to mention an epic medal and the all-important Easter Egg in your goodie bag! All for just £29.50.

For more info visit
www.cotswoldspringclassic.co.uk

Claim a FREE entry to the ride by registering with Against Breast Cancer and pledging to raise £100 towards their research. Just simply register for your place by visiting: www.againstbreastcancer.org.uk/events/cotswold-spring-classic-sportive



Cafe Church

10am third Sunday of every month.



Mautravers Close, Bradley Stoke, BS32 8EE.

Bring the family for games, live music and encouraging talks.

With free cake, coffee and sausage baps.

Easter Fun Crafts



Tuesday 9th April
2-4pm at
Bradley Stoke Library

Wednesday 10th April
10.30-11.30am at
Patchway Library

Drop in session
Suitable for 4-11 years
All children must be accompanied by a grown up.



Active Libraries

South Gloucestershire Council

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Pilning Village Hall
BS35 4JB

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£6.00/£4.00

Wednesday 15th to Saturday 18th
May 2019

1 seat in 10 free

Tickets also available at the door

email: jaci@mattersmagazines.co.uk to list your event for FREE

Check out www.bradleystokematters.co.uk for MORE community events!



Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

BABY AND TODDLER GROUPS

Beehive Baby and Toddler Group, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

Bright Sparks Toddler Group Monday afternoons 1-3pm term time only All new families welcome phone : 01454 615577

Bouncing Babies - Tuesdays 1-3pm at Jubilee Centre for babies under 1. Cheryl Godsell 01454 868570 CGdsII@aol.com

First Steps Toddler Group - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

Little Hedgehogs (0-5's) - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol , 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

Messy Me (0-5s) - Christ the King Church, Monday and Tuesday mornings 10-11.30am

Pre-School Rhyme time and Story time Bradley Stoke Library Mondays 10.30-11am and Thursdays 11-11.30am 01454 868006 bradleystoke.library@southglos.gov.uk

Puddle Ducks - Mondays 10am to 12 noon during term time Brook Way Activity Centre. puddleduckstoddlers@hotmail.co.uk

North Bristol Twins Group - Fridays from 10-12 noon during term time (including half terms) at Bradley Stoke Evangelical Church £3 per family, northbristoltwinsgroup@googlemail.com northbristoltwinsgroup.co.uk

Trinity Tots - Mondays 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

LOCAL CLUBS AND ORGANISATIONS

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Holy Trinity school. Please have a look on our website for further information for both young people and adult volunteers at www.bradley-stoke-scouts.org.uk/join

1st Little Stoke Scouts - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. To enquire about your child joining or to volunteer call Tony Edmonds (Group Scout Leader) 07957880503, or email tonyedmonds108@yahoo.com

Bradley Stoke Book Club 'Bookaholics' meet at Starbucks, Aztec West on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714101354 geoffrey.stobbart@btopenworld.com

Bradley Stoke Community Singers - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

Bradley Stoke Lions meet every 2nd Wednesday at the Doubletree Hilton at 7.30 pm Ailsa Young, 07737 106836 ambyoung29@yahoo.com

Bradley Stoke Radio - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio.org.uk

Bradley Stoke Sew and So's - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos.weebly.com

Gifted drama group Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

Girl Guides, Brownies & Rainbows - admingirlguidingbsg.org.uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

Little Stoke Ladies Club - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

Severnside Ramblers - 'Friday Ambles' start in the Aldi car park on alternate Fridays at 10am. Weekend & evening walks -start in the Aztec West blue zone car park. Check site for details.www.severnside-ramblers.org.uk

Stokes Art Group - Tuesday evening and Thursday morning at Christ the King. Everyone welcome. www.stokesartists.co.uk

Stokes Crafters - Every Thursday evening 7.30-9.30pm at Poplar Rooms, North Road, Stoke Gifford. £4 charge includes refreshments. Contact via Facebook page or Zoe Coggon - zoecoggon@gmail.com or 07815 662446

Stokes Phoenix Club - meets 1st Tuesday of the month, 10am-12noon at Little Stoke Community Hall, Little Stoke Lane. Contact Rosemary Davis 01454 614474

Stokes Singers - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Liz Gazzard on 01454 614148 for further details.

Willowbrook Townswomen's Guild - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Ros Gallear - rosalindg@tiscali.co.uk

Winterbourne Wind Band- Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Bev - 01454 625855.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 0117 9793409

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please let us know community@mattersmagazines.co.uk and we will do my best to put it right for you!

SPORTS CLUBS

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.aretiansrfc.co.uk

Black and Blues Netball - Non-League Social Netball Wednesdays 7.30-9pm BSCS, <http://www.theblackandblues.co.uk/> or find us on Facebook 'Black & Blues Netball'.

Bradley Stoke Bowls Club - Baileys Court Activity Centre www.bradleysstokebbc.com. Val Nicholls 0117 9311203

Bradley Stoke Cricket Club - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at bradleystokecc.play-cricket.com

Bradley Stoke Jiu Jitsu Club - Chris Harris, maru.jiujitsu@gmail.com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - The Jubilee Centre. Every Wednesday U12's 4.30pm-5.30pm, U14 and U16's 5.30pm–7.00pm. Please email bsncjuniors@yahoo.co.uk

Bradley Stoke Judo - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

Bradley Stoke Squash Club - For adults, Juniors and Children. Welcoming new players from beginners to advanced. Club night Sunday nights for all From 6pm. Children's coaching on Sat Mornings. Contact Mark Stone for details 07786 911580

Bradley Stoke Town Football Club - Adult training Tuesdays at Bradley Stoke Community School, For more info see website at bstfc.co.uk

Bradley Stoke United Football Club - Football from U7's to U16's Various contacts, dependent on age, see website bsufc.co.uk

Bradley Stoke Youth FC (BSYFC) – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@btopenworld.com

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

Bristol Extreme Allstar Cheerleaders - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

North Bristol Rugby Club, Rugby teams from 4+ www.pitchero.com/clubs/northbristoljuniorsrfc/ .

North Bristol Running Group friendly group of recreational runners, 3 evenings per week, Tuesday, Wednesday and Thursday, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. For further information please see our Face Book page or text Alan Wilcox on 0789 0182387.

Sole Sisters - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrc.co.uk

South Glos Hockey Club Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. <http://www.sghc.org.uk>, Facebook - South Gloucestershire Hockey Club

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www.stokescyclingclub.org.uk stokescyclingclub@googlemail.com

Stoke Gifford Cricket Club – We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

Stoke Gifford Short Mat Bowls Club -Tuesday mornings and Friday afternoons. For more information please contact 0117 9791807 or email sgsmbc@outlook.com.

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

Stoke Lane Athletic Football Club -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via www.stokelane.co.uk or email Club Sect 'steve' pspayne@blueyonder.co.uk or Club Mobile 07972 039413

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, <https://www.facebook.com/stokesstriders>

CHURCH CONTACTS AND COFFEE MORNINGS

Bradley Stoke Evangelical Church Baileys Court Road 0117 9314716 www.bscec.org.uk

Christ the King Church Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

City Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgecommunitychurch.org

Edge Church International. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

Holy Family Catholic Church Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

Holy Trinity Church Broadcroft, Bradley Stoke 01454 620975 www.htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

St.Michaels Church, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 9.30 until 4pm, and Saturdays 10-12.

Trinity Network -www.trinitynetwork.org
Amberley Road Baptist Church, Patchway, 01454 610808
Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808



PRIMARY SCHOOLS

Baileys Court Primary School, Head Teacher: Andrew Lynham, Breaches Gate BStoke, 01454 838320

Bradley Stoke Community School Primary Phase, Head Teacher Sharon Clark Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

Bowlsland Green Primary School, Head Teachers: Faye Kitchen/ Michelle Engley, Ellicks Close BStoke, 01454 866766, bowlslandgreen.org.uk

Holy Family R.C. Primary School, Interim Head of School: Caroline Carter, Amberley Road Patchway, 01454 866786

Holy Trinity Primary School, Headteacher: Janet Dickson, Broad Croft BStoke, 01454 866735, holytrinity-pri.s-gloucs.sch.uk

Little Stoke Primary School, Headteacher: Anne Sargent, Little Stoke, 01454 866522, <http://www.littlestokeps.co.uk>

Meadowbrook Primary School, Head Teacher: Nicola Bailey, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

Stoke Lodge Primary School, Headteacher: Sharon Bishop, School Close Bourton Avenue, Stoke Lodge, 01454 866772

St Chad's Patchway C of E Primary School, Head Teacher Darren Brown, Cranham Drive, Stoke Lodge, 01454 866523

St. Marys R.C. Primary School, Head Teacher: Paula Marsh, Webbs Wood Lane BStoke, 01454 866390,

St Michael's Primary School, Head Teacher Mark Freeman, Ratcliffe Drive, Stoke Gifford 01454 866781. www.stmichaelsg.co.uk

Wheatfield Primary School, Head Teacher: Phil Winterburn, Wheatfield Drive BStoke, 01454 868610

SECONDARY SCHOOLS

Abbeywood Community School, Head Teacher: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

Bradley Stoke Community School, Head Teacher: Steve Moir, Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

Patchway Community College, Head Teacher: Karen Cornick, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com

Bradley Stoke Town FC : Two Teams Pushing for Promotion

Report by Adam Townsend



The First team (photo right) currently sit second in the Bristol & District Senior league with only five games left to play – two of which are against teams capable of beating them to the second place finish.

Since the last update the first team have won four of their eight games, including good wins against Wick Reserves, Bristol Barcelona and Mendip Broadwalk. The unbeaten Nicholas Wanderers were the only team getting the better of them in the league. The other team to beat Bradley Stoke was Stoke Gifford Reserves – this time in a cup Semi Final on a very disappointing day for the first team.

Manager John Welsh has had to deal with a number of injuries being picked up over the winter period but has also been delighted to have Chris Evans back in the squad.

Remaining fixtures include promotion-deciding games against Hillfields Old Boys and Made For Ever as well as an away trip to Patchway Town Reserves.

The first team are due to move to their pitch at Patchway Community College and will be playing at 2:30pm going forward – please see free to come and support and also check out our new warm up tops, kindly provided by team sponsors Bradley Stoke Matters (*editor's note: we think they look great!*).

The Reserve team have enjoyed an unbeaten 2019 which has helped them move up the table and are now surely safe from relegation. The Bristol and District division 2 has been a very competitive league this year and the Reserves have endured a very mixed season.

Manager Matt Burch who has decided to step down at the end of this season, has four remaining games left in the season including difficult trips to Highridge United Reserves and Chipping Sodbury A Team. One of the remaining games will be played at Patchway Community College at a 2:30 kick off.

The A team currently sitting in fourth place are also



in contention for promotion and that may well be decided by two of their remaining four fixtures – home games against second placed Shaftesbury Crusade Reserves and third placed Stoke Lane Athletic.

Managers George Haskins and Luke Baker are enjoying the second successful season in a row and are hopeful their team will get the reward for all their hard work and commitment. Both Owen McCarthy and Dan Rodwell have been consistently outstanding and are already being looked at for progression next season.

The Vets team have played a number of matches since the last update including some very high scoring games – a 4-4 draw with Stoke Gifford Vets and a 4-3 win at home to Avon Plate vets.

Only one remaining game for the vets team who play away at AFC Brislington vets.

Bradley Stoke Town FC always welcomes new faces, be that as a player or a supporter on a Saturday afternoon.

To get involved you can find us on twitter @BSTFC, at www.pitchero.com/clubs/bradleystoketownfc or at the Jubilee Centre, Savages Wood Road.

All Fixtures and Results can be found on the FA Full Time website – www.fulltime.thefa.com

As always, we would like to extend our thanks to all our sponsors, including Bradley Stoke Matters, Pentagon Play and Harris Sports.

We look forward to updating you again at the end of the season where hopefully we can share news of two promotions.



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or contact Kallie Walnwright (Junior Chair): aretiansjuniors@hotmail.com

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www.aretiansrfc.co.uk

ARETIAN'S LADIES

Looking to get into rugby?

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or contact Sally Kierstead (Ladies Captain): 07807734154

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by Evarooft, The Solid Tile Roof System

With so many options to take your fancy in today's conservatory roof replacement industry, we can completely understand how homeowners in the South West can get confused and frustrated attempting to decide on which conservatory roof is best for their home and their lifestyle. But don't despair! We're here to clearly explain which type of conservatory roof is best for you, your budget and your property.

There are 4 main types of conservatory roof currently available on the British renovation market; polycarbonate, glass, slate tiles and solid tile roofing. Which one is best for you? Let's explain!

Polycarbonate Conservatory Roof: Suits: Homeowners on a budget, who want a naturally lit conservatory. **Not suitable for:** Homeowners looking for decent insulation and soundproofing qualities.

Glass Conservatory Roof: Suits: Homeowners who want a crystal clear, naturally lit conservatory. Effective insulating & soundproofing qualities can be achieved by installing certain types of glass, eg double glazing. **Not suitable for:** Homeowners with limited access, *as the roof can become difficult to clean, and homeowners who wish to avoid the glare & heat of the sun**. *self-cleaning glass can be utilized here. **tinted glass can help here.

Slate Conservatory Roof: Suits: Homeowners looking for hard-wearing, impressive insulating qualities that will provide year-round protection. **Not suitable for:** Homeowners on a budget, unstable/flimsy conservatory structures (due to the weight of the tiles) and those who want a naturally lit conservatory.

Solid Tile Conservatory Roof: Suits: Most budgets and all types of property. Solid tiles also provide the best of both worlds, as you can opt to incorporate both glazed and tiled panels side by side and/or skylights.

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For more information give us a call on 01291 630063.

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FaceBook: Evarooft.co.uk

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Should I replace my boiler?

Have you had one cold shower too many? Are you concerned that your boiler is not going to last another year? Then it may be time for a new boiler!

Over the past 30 years, the energy efficiency of the best new boilers has improved dramatically. Even class-leading designs from the 1990s are now left in the shade by today's A-rated condensing boilers when it comes to efficiency.

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