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Community

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## Dear Readers....

We have lots of feedback from the Bradley Stoke Festival for you in this issue. Unusually the weather was not on our side this year! However most of the planned activities still managed to carry on over the weekend. Look out for updates from the popular Football Festival involving all the local primary schools featured on p32-33; Bradley Stoke Cricket on p30; Skate park skills and 'have a go art' on p12-13; Bradley Stoke Bowls on p13; and the Bradley Stoke Festival annual 10K run organised by Sole Sisters on p35. We also ran updates and photos on our facebook page as the weekend progressed, so check these out online if you've missed them.

There is still much to look forward to over the summer, do keep an eye out for events further afield in this issue, including events at Winterbourne Barn, Frampton Festival, Chepstow Show, Usk Show. Many of the local schools are still to host their summer fun days this month, look out for Baileys Court Summer Fair, Wheatfest, Little Stoke Primary Summer Fair mentioned in this edition.

We were pleased to meet a local couple celebrating their 60th anniversary in this issue. Brian & Margaret have lived in Little Stoke & Stoke Gifford for over 50 years and their daughter now lives in Bradley Stoke! You can read more about this lovely couple on p8-9.

We have local school news and sporting updates, including Bradley Stoke Judo who has cadets competing at the European Championships in Poland as this edition comes through your door. We wish them well.

Thank you once again to all of our local advertisers and supporters who have helped make this edition what it is, we absolutely couldn't do it without you. Please remember to mention Bradley Stoke & Little Stoke Gifford Matters whenever you can and keep liking and sharing our posts on facebook. It really

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does help! Thank you to Arthur Allan for sending in this month's cover photo of the lovely flowers along Brook Way. Until next time ... **Jaci x**

*If you are a business looking to promote your services across the Stokes do get in touch with us and we will be happy to help.*

*Deadline for the next issue is 12th July.*

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## If you go down to the woods today ... Teddy Bears' Picnic in Savages Wood

**On Wednesday 12th June, pre-schoolers and their families were invited to a come on a bear hunt!**

The rain kindly stopped for long enough to hold the Teddy Bear's Picnic in Savages Wood. The picnic had a 'Going on a Bear Hunt' theme with children creating their own 'Bear Hunt' books, listening to the story (whilst learning some Makaton signs to help retell it) and exploring a bear hunt trail around the woods. Tesco kindly donated biscuits and squash so we could share a snack with the children.

The picnic was organised by the Bradley Stoke Early Years Learning Community, a group of pre-school and reception teachers from across Bradley Stoke and the surrounding areas, working in partnership with the South Gloucestershire Early Years' Team, and is part of a bigger project focusing on transition from pre-school into reception.

The project has gained sponsorship from a number of companies; Andrews Estate Agents, The Willow Brook Centre and Taylor-Wimpey; all of which have donated funds that have enabled the purchase of sets of books and production of a leaflet of nursery rhymes to share with children.

Children attending the pre-schools working on the project will be sharing the stories and rhymes over the next term (We're Going on a Bear Hunt, The Gingerbread Man, The Little Red Hen, The 3 Billy



Goats Gruff and Max the Brave) and their reception teachers will also have a pack of the same books to share with them when they join their new schools in September. The aim is to encourage language development through the learning of the rhymes and stories and support the transition for children as they will hear stories and rhymes they are familiar with when they start in their new classes.

As a group of schools and pre-schools, Bradley Stoke Early Years Learning Community group has been working together for a number of years to strengthen the links between the settings so that all can work together to ensure our children get a great start to their early education.

If your child starts school this year, look out for a '**Road to School**' sticker chart and '**The Importance of Nursery Rhymes**' leaflet both of which will be given to children in participating pre-schools and schools over the next few weeks.

**If your child starts school next year, when the summer arrives in 2020, look out for your invite to our next Bear Hunt/Teddy Bears Picnic event!**



## St. Mary's Catholic Primary School, Bradley Stoke



We have spaces available in our September 2019 Reception class. We accept children from the Catholic faith, other faiths and those with no faith background.

If you would like more information on our school or would like to come and look around, please email [admin@stmarysbs.org.uk](mailto:admin@stmarysbs.org.uk). Or Tel: 01454 866390



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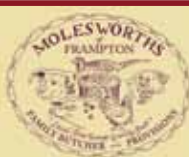
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## Popular Three Brooks Local Nature Reserve receives £25,000 grant for accessibility improvements

A project to improve access to the Three Brooks Local Nature Reserve in Bradley Stoke has been given a boost, thanks to a grant of £25,000 from Enovert Community Trust.

Three Brooks is a popular Nature Reserve covering 60 hectares of tranquil woodland and meadows and lies at the heart of the town. Some of the woodland dates back over 400 years, with a rich mix of habitats that provide valuable food and shelter to a wide range of wildlife, including great crested newts and slow worms.

The project will see more than 500m of woodland paths upgraded at the northern end of the reserve in Savages Woods to improve accessibility. An environmentally friendly, no-dig cell web system will be used for the paths to protect surrounding tree roots.

Robin Jones, Chair of The Three Brooks Nature Conservation Group which is delivering the project, said:

*"In recent years the popularity of the site has been causing issues, especially in winter when the main unsurfaced paths have become water logged and unusable."*

*"The project to resurface the woodland footpath network will greatly improve accessibility for visitors, while helping to protect ground flora and tree roots from trampling. We hope the upgraded paths will enable more people to use the area, which will lead to a greater understanding and appreciation of the natural environment."*

Angela Haymonds, Trust Secretary at Enovert Community Trust, said: *"Three Brooks Nature Reserve provides the community of Bradley Stoke with vital access to the natural environment. As a popular public open space, accessibility is key to ensuring year-round access for local residents. The Trustees are delighted to provide this grant towards the footpath improvement project, which will encourage greater use of the reserve."*

Three Brooks Local Nature Reserve is situated in Bradley Stoke, not far from Enovert's Shortwood Landfill Site in South Gloucestershire. For more information on Enovert Community Trust, please contact Angela Haymonds on 01753 582513 or [ahaymonds@enovertct.org](mailto:ahaymonds@enovertct.org) or visit [www.enovertct.org](http://www.enovertct.org)

For more information about the Three Brooks Nature Conservation Group, visit <https://www.three-brooks.info/>



*Volunteers from the Three Brooks plan the route of the new path*

## Nature Walk around the Three Brooks Nature Reserve

Sun 4th August 2019 - 10.30am -12.30pm ish

The Three Brooks Nature Conservation Group would like to invite you to join them on a walk around the Three Brooks Local Nature Reserve. We will start at 10.30am but you can finish anytime you wish, just let us know you are going.

The walk will be led by professional ecologist Rupert Higgins who will introduce you to the different habitats on the reserve and to the wildlife that depends on them. What will you see? All we can say is Expect the unexpected! You may see anything from the False Fox Sedge to a live fox enjoying a snooze in the sunshine!

This walk is FREE and open to all the community and will mainly take place on surfaced paths but footwear suitable for woodland walking should be worn.

This event is only made possible by our Service Level Agreement with Bradley Stoke Town Council and the conservation group gratefully acknowledges their support. Tickets are free but we would appreciate it if you could book them through Eventbrite.

<https://www.eventbrite.com/e/nature-walk-around-the-three-brooks-nature-reserve-tickets-63528467356> If your plans change please remember to cancel your ticket.



**"I've been a faithful follower of your magazine for many years, it is so informative and helps to keep us feeling in touch with the local community... I wondered if you would be interested in our story and would love it if a thank you for all the cards, presents, donations and good wishes could be included following our 60th wedding anniversary"**

Easily one of the best parts of my job is meeting up with local residents to share a happy story. It was an absolute pleasure therefore to share a coffee and piece of cake with local residents Margaret and Brian Silverthorn, who have recently celebrated their 60th (Diamond) wedding anniversary and had the added surprise of a card of Congratulations from her Majesty Queen Elizabeth.

Margaret and Brian have lived in the Stokes for over 50 years. They met aged 16 and 20, both attending a dance class at 344 in Fishponds Road. During a "ladies excuse me" when dance partners moved on, neither of the couple can actually remember who asked who to dance, but when Margaret later asked Brian his name he tripped over his feet and asked if he could walk her home! *"I wasn't normally much of a dancer"* Brian told me, *"this was the first time I went along. I saw Margaret and was instantly smitten"*.

Margaret picked up the tale: *"Two weeks later he told me he was going to marry me! I laughed like a drain - there was nothing further from my mind at that time, being only 16."*



Brian and Margaret were married five years later, on 30th May 1959.

The couple have lived in Stoke Gifford for nearly 40 years, and prior to that spent 10 years plus in Little Stoke.

*"When we went to buy our house in Little Stoke, we were 'two and six' or '1/2 crown' short to raise a mortgage"* Brian told me *"that's around 12 1/2 p these days! Well I went to my boss and the next month he gave me a rise and thankfully we managed to get the mortgage!"*

Their children, David and Laura, both attended Little Stoke Primary School with David going up to what was then Filton High School and Laura moving on to Colston Girls.

Both Brian and Margaret worked locally at BAC/ BAe/Airbus; Margaret as a Secretary/PA to an Executive Director on the Airbus side and Brian in Management and Cost Control. Keeping it in the family, son David also works for Airbus, having spent the last 14 years based in Toulouse. Their daughter remains local, living with her family in Bradley Stoke. The couple have 3 grandchildren. Brian and Margaret are pictured with the family at their party (left).

*"We love living in Stoke Gifford, it still has such a village feel with all amenities right on our doorstep yet*

*still has fields just a short walk across the road. It's a lovely, friendly area"*

The couple are very active in the local community, with Brian enjoying short mat bowls and skittles and Margaret a member of the local WI for over 20 years as well as the local flower arranging group. They both enjoy line dancing, active walks and also volunteer for the National Trust at Dyrham Park. *"We are very fortunate to have been blessed with good health"*.

Brian and Margaret have enjoyed lots of travel over the years including trips to India, Egypt, Jordan, a Nile cruise, Mediterranean cruise and a cruise to see the Northern Lights to name a few; but one trip raises a special memory. *"All the kids nowadays seem to have this gap year - we never had such a thing in our time, so we thought why not go now! So in our 70s we spent some time island hopping around the Greek islands, not knowing where we were heading or where we were staying the night!"* Margaret said *"Brian told me I could only take the clothes I could carry in the backpack on my back! Not the way a lady usually travels!"* It sounds like they had a great trip.

To celebrate their Diamond Wedding, the couple held a big party for family and friends in Iron Acton hall, where they were entertained by a local disco, Euphorix, and a Neil Diamond tribute act. A BBQ for neighbours is also planned.

*"We had so many presents and cards and I would really like to thank everyone who helped us celebrate. We asked for donations to charity in lieu of presents and are both astounded to have raised £300 - we never had any idea it would be that much. We have long supported the Charlton Farm Children's Hospice, so some of the money will be sent to them and some to the Air Ambulance. As a family we have been extremely blessed not to have needed either of these great charities. Even with a vivid imagination, I cannot think what anguish parents must go through who outlive their child. We are so grateful not to have*

*needed that support but their work is so important to those that do need them."*

## The key to 60 years of marriage?

*"I can't believe we've been married for 60 years. If someone asked me I'd say it felt more like 25, time has just flown"* said Margaret, *"but that's life"*.

Brian: *"and it's been a good one"*

Margaret: *"I wouldn't swap him for anybody"*



Brian: *"I think I might say the same!"*

Margaret: *"You'd better!!"*

....

*"Tolerance"* said Margaret

*"Forgiveness"* said Brian

*"I don't think I've ever done anything that you needed to forgive me for"* joked Margaret!

*"We have a tea towel that says 'Marriage is one person always being right and the other one being the husband'"* retorted Brian *"I think that says it all!"*

***Listening to the pair of them, I think a good sense of humour is key!!***

***Thank you Margaret and Brian for a warm welcome and for sharing a part of your story with us. Many congratulations to you both.***







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There expertise lie with the bespoke car adaptations that enable people with compromised mobility their driving freedom. My family have had personal experience with the Motability Scheme, my dad was severely disabled with MS. I was amazed how the technology has come on over the years, had the steering wheel controls that action not only indicators and lights from the touch of a button but also brakes and accelerator been around in my dad's time, he would have been able to continue driving for years longer than he did.

When my father moved to an electric wheelchair, we were delighted to be able to have an adapted car on the mobility scheme that enabled him to drive his chair up a ramp into the back of the vehicle. Brookfield Mobility Solutions can enable all of this to happen too – for wheelchair or mobility scooter.

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**On Sunday 28th July Stoke Gifford United FC will be inviting the local football community across the Stokes, along with Ben's friends and family, to come together to again celebrate the life of the late, great Ben Hiscox.**

For those of you who don't know, we tragically lost Ben following a freak collision with the clubhouse wall during a match on 31st March 2015. Each year since the club have arranged a match in his honour to remember, not only one of our greatest ever players, but a truly great bloke.

We will be playing a Memorial match full of players that played against and alongside Ben in his goal-laden football career. We'd like to thank Ricky, Matt and Ash for always supporting the event and raising a Little Stoke XI over the last few years. Also it'll be good to see a few of the lads that shared an unforgettable few seasons with Ben at Bristol Manor Farm.

Event kicks off at midday. There will also be a bouncy castle, BBQ and other refreshments so please bring all the family along to enjoy a day to remember.



A mention too for Ben's family, who I know are very appreciative of all the support that this Memorial Day attracts each year. It's great to have the backing of Clive, Gloria, Rachel and all the family.

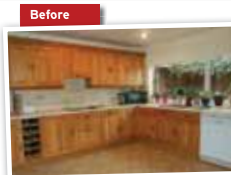


**Last but not least, we will be raising money for a fantastic local charity - Headway Bristol - that we've had the pleasure to visit and witness the brilliant work they carry out to aid victims of brain injury.**

**So please come along and support a great local charity and of course to help remember and celebrate the life of a true local legend, our mate Ben.**

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## Spectacular skatepark skills & 'have a go' art sessions

### return to festival

report from Graham Baker, BSTC Youth Development & Participation Worker

In recent years, Bradley Stoke Festival has seen our Town Council youth work team and local young people work together to organise an extremely successful two-day package of activities.

Saturday saw the return of our popular Street Art Workshops and the King Ramps Skate Halfpipe, with 'have a go sessions' and pro rider demos throughout the day. Strong winds presented an initial challenge setting up, especially building our 8ft x 16ft Art wall, however, once up, the wall offered a useful windbreak for our art workshop activities. The art workshops involved children and young people painting a 4ft x 2ft board with the support of professional artists, youth workers and volunteers and the queues soon started to build. Due to demand we continued until 6pm and sadly still had to turn people away; however, about 70 participants happily returned home clutching their original works of art.

Meanwhile, spectators gathered for regular pro rider demos on the half pipe with popular 'have a go' ride sessions for local young people. In addition, we promoted our usual Youth Work activities, but the gusty winds prevented our usual displays.

On Sunday we relocated to the Skatepark with the Skate Halfpipe being set up alongside the park to provide important extra capacity. Soon, about 60 competitors,



many accompanied by their family and friends, started to arrive and sign up for the competitions. There were more pro rider demos with the park open for use in between the competition runs. A Circus Skills workshop entertained and engaged not only the younger children, but older teenagers as well. Competitions were organised for all age categories and skatepark disciplines (BMX, Scooter and Skateboard).

We kicked off with the extremely busy Junior Scooter competition and managed to complete two rounds of runs before the rain descended. At first, we were hopeful that the rain would clear, and we could squeegee the park dry; unfortunately, though, the rain set in and eventually we had to call off the competition.

There was disappointment all round, but we are looking to organise another Skate Comp soon.

**If you are a young person living in Bradley Stoke aged 11 to 19 who would like to find out more about our various youth activities or events, please contact the Youth Development & Participation Worker on 07900 253826 or email [graham.baker@bradleystoke.gov.uk](mailto:graham.baker@bradleystoke.gov.uk)**

**If you are interested in volunteering or our soon to be advertised part time youth work jobs, please also use the above contact to discuss further.**



### Bradley Stoke Mayor Bowled Over at Festival

As part of the Bradley Stoke Festival, the Mayor, Cllr Tom Aditya supported the Bowls Club along with several other 'tasters'.

He is seen here in the photo (Right) with club members Sanjay Somaroo and Colin Bevis, before successfully trying his skill before the weather turned wet.



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## What can I do for my lower back pain?

**You may feel like resting, but activity is good. Louise, Physiotherapist at Bradley Stoke Physio & Health, shares some exercises to help your lower back pain.**

We talk about low back pain a lot – it is a very common complaint. Fortunately, lots of people can help (you'll have seen us talk about our Osteopath and Physio-led Pilates, for example), and there's much you can do to help yourself recover.

It is surprisingly difficult to damage your spine. An episode of back pain is seldom an indication that something dreadful has happened. Our spines are very strong and resilient. They're also designed to move, and all evidence suggests that the sooner you get on with doing things, the better you'll feel. Moving prevents your back seizing up and will help ease the pain.

Start with activities that don't put too much strain on your back. Try these (photos right) - see our website for my video of these exercises.

To help you keep moving, you might find it useful to use something to help control your pain. Self-help remedies include:

- 'Over the counter' pain killers, or ask your GP, Nurse Practitioner or Pharmacist for the best medication for you
- Using heat or ice on the area in which you feel pain
- Relaxation techniques

Lower back pain can take time to disappear. If you've kept moving and it doesn't settle after 3-4 weeks, it's a good idea to make an appointment with a Physiotherapist. A Physio will assess you, can use manual therapy, and will prescribe stretches and core strengthening exercises, to help treat your back. Come to us, or your GP, sooner if you are concerned.

Remember, the main message is that your pain is unlikely to be because of something serious. Keeping active, staying strong and remaining flexible is the way to tackle it.

**Find out more about treating lower back pain, and the exercises pictured here, on our website: [www.bradleystokephysio.co.uk](http://www.bradleystokephysio.co.uk).**



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## Brooks Cafe

This cafe is a lesser known gem in the heart of Patchway. When you arrive it feels like being welcomed home after a long journey. Lee and the team of volunteers pride themselves on creating an atmosphere where everyone is welcome to relax, enjoy hand-cooked food and chat over a cuppa. Bringing people together and connecting with residents is what motivates people to volunteer their time and give back to the community.

It started as an idea to enhance the community because there weren't any cafes in Patchway for people to socialise. Over the past 7 years the energy and dedication of people in the community have helped it to flourish.

Everybody volunteering helps with all the café tasks, from serving food to washing up, and gradually working up to making cappuccinos on the coffee machine.

**The team are looking for new members to volunteer their time and skills. If you fancy supporting this worthwhile project visit us, have a coffee and see what it's all about.**

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understand why you are feeling the way you do, and make a decision about how to react to the situations in your life. Using the latest advances in neuroscience, I can help you to remodel your brain and patterns of thinking, to create a stronger, more confident, calmer and in control state of mind.

I truly believe in life we can be anything we want to be, change begins with you...just imagine xx

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**"I went to Laura to help me overcome my fear of flying.** It took four sessions, which she stated it would at my initial enquiry. Laura was so clear about what we were going to do each time I felt completely at ease and relaxed during the process. When I had completed my treatment, I travelled on a 2 hour flight completely relaxed and confident. I had a fab holiday with no worries about how I would get home, I can't believe the difference she made as I was a hysterical wreck when I last flew, 15 years ago!! Thank you Laura"

**Annabelle**

**"Suddenly I have no desire to drink alcohol.** I arrived one Friday saying, 'I'm going to stop drinking altogether'. The relief was almost instant, it was like lifting a veil from my eyes, and I suddenly felt that was the most logical, sensible and achievable goal. That was 21 days ago, I haven't gone 21 days without drinking in 15 years. I haven't even done more than a week, but suddenly I have no desire to drink alcohol."

**Alison**

**"After my one visit to Laura I have not smoked since!** Having been a smoker for well over 25 years, and having tried several times to quit using various methods, I am happy to share that after my one visit to Laura I have not smoked since!"

**Nik**

**"I feel like I've achieved so much already.** I've used to help support anxiety and depression, as well as weight loss and negative mentality. Honestly I would suggest it to anyone!"

**Pippa**



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## Government confirms plans to introduce 'no-fault' divorce

Last month the Government set out its proposals for reforming our 50-year-old divorce law which has been shown to exacerbate conflict.

Justice Secretary David Gauke said: "While we will always uphold the institution of marriage, it cannot be right that our outdated law creates or increases conflict between divorcing couples."

"So I have listened to calls for reform and firmly believe now is the right time to end this unnecessary blame game for good."

### The current legal basis

In order to obtain a divorce a Petitioner has to prove that their marriage has irretrievably broken down by reference to one of five statutory factors. These are:

- Adultery (fault based).
- Unreasonable behaviour (fault based)
- Two years' desertion (fault based)
- Two years' separation with the other spouses' consent (separation based)
- Five years' separation, no consent required (separation based).

### Owens v Owens

In 2016, a judge in the Central Family Court refused to grant Mrs Owens a decree nisi of divorce, even though the judge had ruled her marriage to her husband had broken down.

Mr Owens defended the divorce (a rare occurrence in practice) and the judge found that Mrs Owens had failed to prove that her husband had behaved in such a way that she could not reasonably be expected to live with him.

Mrs Owens appealed first to the Court of Appeal, who dismissed the appeal, and then to the Supreme Court.

In 2018, the Supreme Court unanimously dismissed that appeal and the outcome left Mrs Owens trapped in her marriage. This made headline news and reinvigorated the calls for "no-fault" divorce to end the blame game.

### "No-fault" divorce – proposed reforms to help reduce family conflict

Following reform, the five 'facts' would be removed - a couple or one party will only have to state that the marriage has broken down irretrievably.

It will also remove the ability for one person to contest a divorce and introduces a minimum timeframe of six months from petition to divorce.

Among others, advocates of "no-fault" divorce include some senior members of the Judiciary, the Family Mediation Taskforce, Resolution (the national organisation of family lawyers) and the Law Society.

Parallel changes will be made to the law governing the dissolution of a civil partnership which broadly mirrors the legal process for obtaining a divorce.

### Should I wait for no-fault divorce to become law?

You may be waiting some time – the legislation is expected to be introduced "as soon as parliamentary time allows."

**For advice on divorce in this interim period contact our team of specialist family solicitors by email at [info@amdsolicitors.com](mailto:info@amdsolicitors.com) or by calling 0117 962 1205.**

*This article is provided for general information purposes only and represents our understanding of the relevant law and practice as at the date of uploading. This article should not be relied upon as legal advice pertaining to any specific factual situation. Legal decisions should be made only after proper consultation with a legal professional of your choosing.*



## Advice Making a Difference



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# Kemps Jewellers 1881

It was lovely to pop into Kemp's Jewellers once more for this issue and catch up with owner Michael Kemp (pictured right), who has been heading up the family business now for over 30 years.

Kemps first opened in Bristol in 1881 and has long earned an enviable reputation for quality and service. It is one of the few companies in the area that can boast continuous family ownership since late 19th century - Michael Kemp is the fourth generation!

The business prides itself on 'keeping it local' and remaining independent. "We are proud to be one of the very few independent jewellers still around" Michael told me, "We have a great team here, with staff who have been working with me for over 10 and 20 years. I've been in the business more than 36 years myself - you just can't make up that kind of depth of knowledge and experience!"

"I love the fact that we can still surprise people with what we can offer. You might be able to get something cheaper on the internet these days but that usually comes with no guarantees and it is easy to be misled, finding out it is not quite the bargain you had thought. If you are looking for a more unique piece then the internet isn't the place to look - but we can help! We have rings and other items of jewellery both new and old, with a great range of prices to suit every budget - from a few pounds to a few thousand pounds."

You are guaranteed personal service from Kemp's with Michael and the team doing their utmost to help you, whether you have an existing ring to resize; a watch that needs a new battery; jewellery for valuation or remodelling; or if you are looking for that perfect engagement ring or 'love token', a special anniversary or birthday present for a family member, it is always worth popping in to Kemp's.

**For this issue, Kemp's are offering a "Summer Clean" whereby they will inspect and clean your jewellery free of charge for you.** I couldn't wait to take them up on this offer, so whilst we were chatting Michael arranged for my engagement ring to be cleaned. It was amazing just what a difference it made and how sparkly it was returned to me. It is also reassuring to know

that the claws are solid and I'm in no danger of losing the stone any time soon. I also had two gifted rings that needed resizing and so was pleased to leave these in capable hands - these items will also get a free clean up too before coming back to me. To take advantage of the free summer clean offer, just take in this edition of Bradley Stoke Matters when you visit. A clean can take around an hour so you will have time to have a browse in the shop, pop next door for a coffee or do some other shopping whilst you wait.

**Tucked away in the corner of Carlton Court in Westbury on Trym, a visit to Kemp's is well worth the trip. I also clocked a lovely Tree of Life necklace that I'm contemplating buying for a friend's birthday next month...**

**or perhaps it's my birthday treat ...??!**



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*"I would just like to thank Jackie and her lovely ladies at W-O-T for the outstanding customer service I received today. Nothing was too much trouble and the help was A\* plus! Could you please pass on the compliment, it is lovely to see that there are still some shops that have that special personal touch."* Helen Skuse



## Free Summer Clean

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## Helping to help keep your Feet Healthy!

After several years in the printing industry Ian Swatton has changed his career path. Having successfully qualified for his diploma studies with a distinction, including an intensive practical examination, Ian is now a Foot Health Practitioner with his own mobile foot clinic.

Ian is able to offer foot care treatments in the comfort of your own home, including: diabetic foot care, nail trimming, fungal infections, corn / verrucae treatments, callus and hard skin removal.

*"My mobile foot clinic is ideal for people who find it difficult to travel or for those who live in residential or nursing home settings. I am committed to providing a high standard level of treatment in a very professional and friendly manner."*

Wherever treatment is needed, Ian's mobile service will come out to you to make it as easy as possible for you to get treatments done. Ian is a member of the register for Foot health practitioners, fully insured and also holds a DBS certification.

Ian has always been a keen participator in local sport, *"We often take our feet for granted and we put a lot of pressure on them, especially during our sporting activities. When your feet are the main source of moving around, having healthy feet is as beneficial as a healthy lifestyle."* He is offering to hold surgeries at local sports clubs to help members keep their feet in top condition.

To find out more, or to book an appointment, call Ian on 07981 996870 or email him on: [imsfootcare@gmail.com](mailto:imsfootcare@gmail.com). You can also find him on facebook and follow him on Twitter @Footcarelms.



## Don't let pain hold you back this Summer!

Summer is here, the warmer, longer days, make it the perfect time to get outdoors and get active! Don't let an old injury or nagging pain prevent you from taking part in an activity you love, whether this be playing cricket or tennis, running, cycling or leisurely walking the countryside. Local Osteomyologist Dawn Clode is equipped to get you moving – pain free!

Dawn explained, many of us just get used to nursing a sore knee, aching shoulder or painful lower back and as the pain increases over time we gradually restrict the activities we take part in rather than address the cause of the pain. There is however good news! As an osteomyologist Dawn is equipped to tackle the root cause of your pain and get you happily moving again.

Osteomyology is a holistic practice that allows the practitioner to switch seamlessly from one treatment to another to most effectively treat the individual patient. Dawn incorporates – Acupuncture, Aromatherapy, Cranial Sacral Therapy, Massage,

Manipulation (HVT), Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP), Reiki and Reflexology in her work.

### Editor's Note

*Hours at my laptop producing this magazine and all the stresses two active toddlers inflict on your body, does take its toll. Thankfully, periodic visits to Dawn keeps me pain-free and able to indulge in my passion of horse riding when I get the chance! You couldn't ask to be treated by a more caring, talented practitioner. - Kerry*

Dawn is happy for you to get in touch for further information. Please call: **0795 1099 491**

Visit: [www.life-and-soul-empowerment.co.uk](http://www.life-and-soul-empowerment.co.uk)  
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**Wheatfest 2019 is coming to Wheatfield Primary School in Bradley Stoke on Saturday 13th July and is the school's super-charged summer fundraising festival!**

The event is being organised by the Friends of Wheatfield Primary School PTA and will be packed full of games stalls, animal encounters, inflatables and a fairground ride and much more!

Local celebrity Briony from Great British Bake Off will be judging our baking contest - simply bring along your cupcakes (6 cakes) or showstopper (one main cake) for free entry to the festival (enter adult or children's category).

The team of busy parents have been working tirelessly to bring together an event that will not only bring school families together, but also the local community for a day of summer fun!





### BSJC Players Selected for 2019 Judo European Championships

Bradley Stoke Judo Club has long proved itself to be one of the top competitive judo clubs in the UK. It's once again highlighted this fact by having FOUR of its young warriors selected to represent GB at the European Cadet Championship in Warsaw, Poland 27th-30th June.

Commenting on their spectacular success, head club and junior coach, Pete Douglas, had this to say: "The chance to compete at the European Judo Championships or the Youth Olympics is the ultimate objective for every competitive judo player. The journey to such selection is long, relentless and injuries and disappointments are very common. Three of my players: Ethan Nairne u66kg, Ryan Salman U73kg, Tatum Keen U52kg have been training together multiple times every week for the past 6 years just to reach this point. Then last year, Leah Grosvenor u57kg who lives near Worcester, due to the quality of training and competition, decided to join us. These four competitors will all be just 17 when they compete and I couldn't be prouder of them."

Their journey started last September when they all began the process of collecting points with the aim of becoming this year GB No: 1 fighter in their weight group. It's kept these young warriors busy and training to the very maximum three and four times a week, as well as competing most weekends. It has taken them to every corner of the UK including Wales, Scotland and Northern Ireland as well as into Europe, Germany, Italy, Portugal, Holland, Belgium and Slovenia.

**Congratulations and good luck to all four! We look forward to hearing how you get on.**



## Patchway Community School

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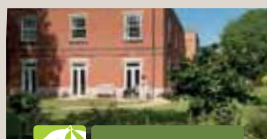
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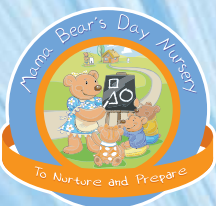
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## St. Mary's Spectacular Sports Week!

We have been very lucky to have had a whole week of sports activities rather than just a Sports Day – which was just as well as KS2 had to postpone half of their races due to rain!

We had a visit from Clifton High School who brought an amazing gym team and an inflatable gymnastics track – the length of our school hall! We did front flips, back flips, cartwheels and dive forward rolls. On the Tuesday, we had a climbing wall – which was very high. The instructors were called Archie and Abbie and they helped us with our safety equipment and to get to the top. One of our very brave teachers – Mrs Webster – made it to the top!

On the last day, Friday, we had a professional skateboarder come and show us some tricks that



he could do and taught us some as well. We learnt lots of awesome tricks!

All in all, Sports Week was a spectacular success and enjoyed by everyone.

*By Taona Mhangu & Caitlyn Willman  
(new journalists)*



## Wheatfield Primary School Starting school in September 2020?

We understand what an important decision choosing your child's first school is. At Wheatfield, we are incredibly proud of our school and invite prospective families to come and find out why.

Please join us at one of our five open events. During each session you will hear from key members of staff, have the opportunity to tour the school and meet some of our children.

We hope you can join us and look forward to meeting you very soon.

**Tuesday 8th October 11.00am to 11.45am**

**Tuesday 8th October 6.30pm to 7.30pm**

**Wednesday 16th October 11.00am to 11.45am**

**Thursday 7th November 11am to 11.45am**

**Monday 18th November 11am to 11.45am**

To book a place please call us on 01454 868610 or alternatively you can email us at [office@wheatfieldprimary.com](mailto:office@wheatfieldprimary.com)



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**Wheatfield Primary School**  
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[www.wheatfieldprimary.com](http://www.wheatfieldprimary.com)

Telephone: 01454 868610





## Bradley Stoke Cricket Club - Festival Day Sunday 9th June

After quite a few weeks in the planning, club volunteers started turning up at 9am on Sunday 9th June to prepare the ground and facilities for the days events.

The under 11 s and 13 s had all been asked at previous training sessions to bring along a friend who had not played cricket before and may be interested in coming along for a fun day. Youth players started turning up with their friends and by 10.30 we had 26 players ranging in age from 7 to 13. They also brought their parents and other family members making quite a crowd.

The youth coaches running the match, Simon Page under 11s and Graham Purnell under 13s, then picked what we thought would be two evenly matched teams to play a game of Kwik Cricket . This involves players batting in pairs for 3 overs , played with a soft ball not a cricket ball. The benefit of this type of cricket is that every player bowls, and bats for a maximum of 3 overs even if they are out.

All the new, non cricketers performed really well and some of them looked naturals. The game finished at 12.30 and the players and spectators then enjoyed a bar-b-que.

After a break Jason Grail and Matt Winward, two of the club's players, set up a bowling and batting competition for the remaining players. The kids were very excited when they were told there would be prizes and these would be presented by the Mayor of Bradley Stoke! The bowling competition was jointly won by Ben Tucker, a current under 11 player and Cavalli, a new player who turned up on the day . The batting competition was won by Will Sanderson, a current under 13 player and Ben Tucker. After the competitions had finished players and families started to make their way home. Just as well really because the afternoon was a complete wash out!

Simon Page the under 11s coach had some great feed back from parents saying what a fun day it had been and some of the non players parents said their children had enjoyed it so much they would like to come to the regular Sunday morning training which takes place every week at the club from 10.30.



## Bradley Stoke Cricket Club - Ladies Cricket

Another major milestone in BSCC's short history has been achieved with the women's team, sponsored by Bristol Fire, playing their first competitive matches in both hardball and softball formats.

The women only started training in April and have been working hard ever since to build a supportive but competitive team.

They train with a coach every Tuesday at the cricket club and all women are welcome to come along and give it a go!



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## Bradley Stoke Youth FC (BSYFC) Football Festival 2019

**On Saturday 8th June 2019, Bradley Stoke Youth FC continued the success of their Football Festival at the Jubilee Centre which attracted 130 School children (Year 1) representing 13 different local schools.**

The Festival is the culmination of the School Link Program where BSYFC FA Qualified coaches go into the 13 schools and provide football coaching to all Year 1 children over a 3 week period. The program starts in February and finishes in May ready for the Festival in June.

The Football Festival has been running since 2006 and over the years has developed into a major part of the Bradley Stoke Town Community Festival. To date, over 1,900 children have now taken part. The School Link Program started in 2007 and has grown over the years to a major community activity with over 8,000 children having received football skills coaching in their school.

The Festival and the School Link Program is free of charge to all schools, and the Festival provides an opportunity for children to play games of non-competitive football in a safe environment. Each school receives a cup which can be kept for a year, and is awarded on a points-scoring system based on things such as; attitude and approach of players and teachers, preparation and organisation, adhering to the guidelines and ensuring both boys and girls of all abilities are selected. The whole day is about participation and enjoyment to allow each child the opportunity to play football in a friendly environment.

Every child receives a medal and gift bag full of football related essentials like shin pads, football socks, water bottle, baseball cap, activity play pack and sweets. As well as the cup, each school receives a bag of size 3 footballs to continue the football coaching at their school. The winning school also receives a new kit for their team.

The Teacher Awards this year went to Baileys Court and St Peters.

*(team photos run from top left down, across and up in order of awards listed)*



**The school results from the festival were as follows:**

*BSYFC and McDonalds 10 year Anniversary Community Award - Baileys Court*

*BSYFC and McDonalds 10 year Anniversary Partnership Award - Holy Trinity*

*BS Town Council School Link Community Award - St Peters*

*BS Town Council School Link Coaches Award - Meadowbrook*

*Bradley Stoke Community Festival Respect Award - St Marys(BS)*

*BSYFC Festival of Football Achievement Award - Wheatfield*

*BSYFC Festival of Football Club School Link Winners - Iron Acton*

*BSYFC Festival of Football Performance Award - St Michael's*

*BSYFC Festival of Football Achievement Award - St Marys(Th)*

*BSYFC Festival of Football Club School Link Runner Up - Almondsbury*

*McDonalds Festival of Football Winners - Bradley Stoke CS*

*McDonalds Festival of Football Winners - Bowsland Green*

*McDonalds Festival of Football Runners up - Stoke Lodge*



The club would like to recognise all the coaches, managers and helpers who assisted on the day ensuring the success of this community event. Also a big thanks to our key long term sponsors McDonalds, Bradley Stoke Town Council and the Gloucestershire FA.

**Bradley Stoke Youth FC is an award winning FA Charter Standard Community Club. They have teams starting at Reception Class upwards and have dedicated girl teams.**

**If anyone is interested in joining the club or wants more information please visit our website at [www.bsyfc.co.uk](http://www.bsyfc.co.uk) or contact Martin Lee at [mlee1@btpopenworld.com](mailto:mlee1@btpopenworld.com)**



# CASTELL ROC FESTIVAL 2019 @ Chepstow Castle

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**MONDAY 26 AUGUST 2019  
COMMUNITY BASH - FREE ENTRY**

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## Sole Sisters' Annual Bradley Stoke 10K - Sunday 9th June

For the 13th consecutive year, Sole Sisters organised the Bradley Stoke 10K which has now become an integral part of the festival weekend. With an entry limit of 650 runners, the race sold out in record time this year.

From 6.00 am on the Sunday, members of Sole Sisters were either getting the Jubilee Centre set-up as Race HQ or were out on the course delivering the water, putting up warning signs ready and generally getting ready for 8.00 am when the runners started arriving to pick up their race numbers.

Six lead marshals gathered their own group of mile marshals, all equipped with goodie bags, who set-off to their marshal stations covering the entire 10KM (6 mile) route. Each year, we need between 80 – 100 marshals for the event and that includes two water stations. As with previous years, we've received such lovely feedback on how great and supportive our marshals were. This year we were ably assisted by 1st Bradley Stoke Guides, 1st Stoke Lodge Guides, 1st Stoke Gifford Guides & Solar Explorer Scouts.

The Bradley Stoke 10K has become a key race in the running community calendar and 545 entrants turned up for the race in near perfect conditions (although it was still quite warm if you were running!) and we had a mixture of club and non-club runners.

As with previous years, the Festival is the first official engagement for the Bradley Stoke Mayor and we were pleased that newly appointed Councillor Tom Aditya was on hand to give the runners some words of encouragement, for the prize-giving and handing out some finisher medals. Every finisher received a medal, technical t-shirt, bottle of water (Sponsored by Bradley Stoke Leisure Centre) and a banana.

***Thanks go to our 2019 Sponsors, without whom we would not be able to put on the event:***

C&M Services  
Wards Solicitors  
Dr Michael Frain  
Up & Running  
Bradley Stoke Physio  
Harbord Opticians  
Andrews Estate Agents  
Bradley Stoke Leisure Centre  
(Circadian Trust)  
Bradley Stoke Matters  
Bradley Stoke Town Council

**We are looking forward to next year's race (and spotting the finisher t-shirts out and about!) ... do you feel inspired to take part?**

Full results of this year's 10K can be found via

<http://dbmaxresults.co.uk>





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## Ladies Evening returns to Chepstow Racecourse on Friday 12th July 2019

We are thrilled to announce we will have a live performance from chart-topping, BRIT award-winning girl-group ALL SAINTS live after racing!

With multiple number one hits such as Pure Shores, Black Coffee and Never Ever, it is going to be a fantastic evening not to be missed!

We will also be holding a Best Dressed Lady competition on the night with an amazing 1st prize of £1000! There will also be fantastic prizes for the remaining top 10.

So get your biggest hat and best suit ready and head to the races for an afternoon and evening of great racing and brilliant entertainment.

Grandstand & Paddock tickets are £22 in advance for this meeting and Premier admission tickets are on sale for £27pp in advance, this includes the live music from All Saints after racing. These tickets will be £27 and £32 respectively on the day.

We also have a great Pure Shores admission package to get your night off to a great start, for just £31 in advance this includes a Premier admission ticket, two glasses of Prosecco and a racecard!

## Join us for our calendar event of the year, the hugely popular Caribbean Racenight!

Hear the sounds and feel the tropical vibes of the Caribbean at our Caribbean Racenight which, as well as the great racing on the track, boasts a great party atmosphere with the sound of steel drums in the air and the tropical Trenchtown Experience playing after racing.

Grandstand & Paddock tickets are just £20 in advance for this meeting and £25 on the day. Premier Enclosure tickets are £25, these tickets will be £30 on the day.

You can also take advantage of our Movers & Shakers package which when bought in advance includes a Grandstand & Paddock ticket, £5 food voucher, rum cocktail, racecard and free return to our race meeting on the 12th September. This package costs just £26pp but must be booked in advance.





## Extended hours for Shopmobility

The popular Shopmobility scheme in Yate Shopping Centre has increased its opening hours to help its users access the scheme. The scheme has been operational since 2006 and provides a vital service to its users, helping them access the shopping centre and for social purposes too. Thursday opening hours, from now until Christmas, have extended from 2pm, to 4pm.

This means their hours during the week are 09.30am–4pm on a Tuesday, Thursday and Friday, and until 2pm on a Saturday.

To contact the Shopmobility office for more information Tel: 01454 868718 or 07999574474 or email: shopmobilitysouthglos@yahoo.com



## Archery Taster Sessions

Cleve Archers Taster Sessions, at Up Yonder, Moorend, Hambook, BS16 1SS – on the second Tuesday of the month in June, July, August 2019 from 6-8pm (11th June, 9th July, 13th August).

Come along and try archery – booking required. For further information and to reserve a place visit <https://clevearchers.co.uk/community-sessions-2019/> (for adults and children age 7+). Cost £5 per person.

## Severn Vale Flower Club

Armstrong Complex Thornbury BS35 2BJ

July 1st Practice A Nursery Rhyme - interpretative

July 17th MEMBERS DAY Lunch, Entertainment & Kay Evans Competitions.

Doors open 12 noon for 12.30 pm

Aug 5th Practice Back to Basics -Featuring Driftwood

Aug 21st Ali Finch with Well Read 2 Competition: Summer Splendour

Sept 2nd Practice Seashells and Flowers – any way you like

Sept 18th Cath Brown with 50 Shades of Colour Competition: The Garden in a Basket

For more information contact Club Secretary Jill Morgan 01454 228408 jillmorgan36@btinternet.com



## KNITTERS WANTED!

The Stoke Gifford Branch of the Royal British Legion, (RBL) is very keen to recruit more people to knit it's famous knitted Poppies for the annual Poppy Appeal.

The knitted Poppies are very popular and raise much money for the Poppy Appeal, and the Branch can't keep up with demand!! There is no pressure to knit a certain number, any amount you can do will greatly help.

If you are interested please contact the branch at it's email address: - [rblstokegifford@gmail.com](mailto:rblstokegifford@gmail.com)

Or phone Tony Peters on - 07971242845



## BRADLEY STOKE LIBRARY

### Rhyme Time (Term Time Only)

Monday 1st July 10:45-11:15

Monday 8th July 10:45-11:15

Monday 15th July 10:45-11:15

Monday 22nd July 10:45-11:15

### Volunteer Bureau Drop-in Session

Thurs 11th July 12:00-14:00

Thurs 8th Aug 12:00-14:00

### Summer Reading Challenge Craft:

(Suitable for children aged 4-11 years)

\*Adult supervision required

**Alien Invasion** - Mon 29th July

Drop-in any time between 10:30-11:30

**Space Junk** - Mon 19th Aug

Drop-in any time between 10:30-11:30

**Space Explorers** - Tues 27th Aug

Drop-in any time between 14:00-15:00

### Fizz Pop – Science Workshop

#### Out of this World

Tues 6th Aug 14:00-15:00

(Suitable for children aged 4-11 years)

\*Adult supervision required

The numbers are limited for this event so you will need to book a ticket at [www.southglosevents.eventbrite.co.uk](http://www.southglosevents.eventbrite.co.uk) if you would like to come along. Tickets available from 1 July

### DigiLocal Coding Club

Saturdays 9:45-12:15 for 8-14 year olds.

Places must be booked via email: [digilocal@hbb.org.uk](mailto:digilocal@hbb.org.uk)

DigiLocal will introduce children to computational thinking through project based activities building computer games and animations. DigiLocal is registered with and uses project guides from Code Club.

**Did you know that you can reserve and renew books online?** You can also download eBooks, eAudiobooks and digital magazines. Find out all that's on offer at [www.librarieswest.org.uk](http://www.librarieswest.org.uk)

## Winterbourne Flower Club

Visiting demonstrators and hands on nights.  
Thursdays on various dates

New members are welcome

Please ring for details on 01454.776753

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This project has received financial support from Bradley Stoke Town Council

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## MEDIUMSHIP NIGHT

**TUESDAY 16TH JULY 2019**  
**7 PM FOR 7.30 PM START**  
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email: [jaci@mattersmagazines.co.uk](mailto:jaci@mattersmagazines.co.uk) to list your event for FREE

Check out [www.bradleystokematters.co.uk](http://www.bradleystokematters.co.uk) for MORE community events!





## Summer Events at Winterbourne's Medieval Barn

Winterbourne Medieval Barn has just released its programme of events for July to December 2019. As well as events being detailed in this publication, leaflets are available from libraries, tourist information, and some local shops, churches, as well as from the Barn itself. As restoration work progresses on the main part of the site, events continue in the Cartshed and in St Michael's church. As usual, there is something for everyone, whether you like talks, concerts, hands-on workshops, or activities for children.

### July / August Events 2019

**Thursday 11 July, Talk: The Newport Medieval Ship** – discovered in 2002, is the largest and best-preserved medieval ship ever found. It was built around 1450 in northern Spain and carried cargoes like wine, up and down the Atlantic coasts of Europe. The timbers and associated finds have given a fascinating insight into the life and times of medieval Newport and her trading partners. 7–9pm. Tickets £5.

**Saturday 13 July – Wine-tasting** (Australian wines) Ian Redfearn is back again this year to guide us through the aromas and flavours of a range of red and white wines from various regions in Australia. 7–9.30pm. Tickets £15 (over 18s only!).

**Saturday 20 July – The West Gallery Music & Singing workshop** – for singers of any age and voice who can learn songs by ear, or can read music. No experience required. Musicians are also very welcome on strings, woodwind or concertinas, and music will be provided. West Gallery is the kind of light music which village bands played up to the early 1800s when Victorian churches decided that more serious music, robed choirs and organs were required! The workshop will be run by members of Bristol Harmony West Gallery Quire. Advanced booking is essential by early July, although some later bookings may be possible. 10.30am–4pm. Tickets £16.50.

**Saturday 31 August – Bristol Male Voice Choir and The Frampton Shantymen** – At the end of August, St Michael's church will host two of Bristol's best 'boy bands' – the Bristol Male Voice Choir and

our local lads The Frampton Shantymen. Between them they offer a varied programme of light music from spirituals and folk songs to modern musicals and sea-shanties.

### Exciting activities for the summer holidays



During the school holidays there are a range of hands-on things for children to do. The **Archaeology club** is run by Jenny Hopkins of Hands-

On Archaeology. There will be different exciting and creative activities each day and children are welcome at any or all sessions. Those who came last year had a wonderful time doing cave-paintings, making pots, and hunting mammoth! **30 July – Thurs 1 August**, 10am–12.00. £10 a day.

The **Art Clubs** will be run by WMBT's Community Engagement Officer Jasmine Loveys, who also delivers hands-on heritage and art education in primary schools. She is doing three sessions on **Tuesday 6 to Thursday 8 August for children aged 10–13** where they will be exploring Land Art, making art works to go in the outdoor landscape using natural and found materials. **For children aged 6–9, Tuesday 13 to Thursday 15 August** Jasmine will be doing Animal Art, exploring the wildlife around us and creating a variety of art works inspired by our furry friends. Participants will also earn a Discover level Arts Award. There will be different activities each day and children are welcome at any or all sessions appropriate to their age group.

All these events can be booked online at [Ticketsource.co.uk](http://Ticketsource.co.uk) and more information can be found on the Barn's website or facebook page. Numbers are strictly limited.

**[www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)**

You can also follow us on Facebook and Twitter.

**Winterbourne Medieval Barn,  
Church Lane, BS36 1SE**



## Frampton Festival 2019

This year the fabulous Frampton Festival has a new, temporary venue at The Park, Crossbow Playing Fields, School Road. This has been necessary due to access problems along Mill Lane.

On Saturday 13 July, from 2pm you will be able to enjoy all the usual attractions at this free event, with a wide range of live entertainment throughout the day for the whole family to enjoy. The evening will culminate with fireworks at 10pm.

It has been quite a challenge for the organisers to find an alternative venue for this year's festival and the committee are extremely grateful to Frampton Cotterell Parish Council for their help and for permitting the use of The Park.

Unfortunately the United church service which normally takes place on the Sunday morning following the festival won't be taking place at The Park, as there is a cricket match being played.

## Chepstow Show

**Sat. August 10th 2019**



### At Chepstow Racecourse

Main Ring programme commences 9:30 am. Attractions include.

Welsh Horse Display Team and Ben Long Falconry

Pony Club Mounted Games  
Curre & Llangibby Hunt Parade of Hounds  
Grand Parade of Livestock  
Woolaston Basset Hounds  
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ADULTS £10 • CHILDREN (5-16) £4  
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**[www.chepstowshow.co.uk](http://www.chepstowshow.co.uk)**



**Saturday 14th, September 2019**  
9:00am - 6:00pm  
Usk Showground, Usk, Monmouthshire  
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- Black Mountain Falconry
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- FREE Children's Make & Take Crafts with JUNKFISH
- Curre & Llangibby Hounds
- Woolaston Bassets
- The Ferguson Club
- Pony Club Mounted Games
- Grand Parade of Livestock & Horses
- Hot Air Balloons
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# Bradley Stoke Ladies FC

Bradley Stoke Ladies FC closed their season with an enjoyable presentation and awards night at the Baileys Court Inn, who have kindly supported the team all season by supplying the food after every home match. Awards were handed to 3 people from each team and the winners can be found below. Medals were also given to the players that attended over 70% of all summer and winter training sessions throughout the season.



## First Team

Managers Player: Morgan Spill  
Players Player: Emily Holbrook  
Club Person: Abbie Pickett

## Development Team

Managers Player: Paige Davis  
Players Player: Rebecca Humphrey and Emily Razey  
Club Person: Sophie Sawyer

**Medal Winners:** Morgan Spill, Mel Vear, Abbie Pickett, Louise Edwards, Natalie Lewis, Amber Barley, Emily Razey & Sophie Robertson.

**Top Goal Scorers:** Heather Wearmouth (25 goals and 5th highest in the League), Emily Holbrook and Mel Vear (20 goals and 8th highest in the League), Hattie Gillet (17 goals and 11th highest in the League).

This year's Bradley Stoke Community Festival was another successful year for the girls in Bradley Stoke Ladies, with £200 made on the day. The funds raised from the day will go towards funding next season which includes kit, pitch hire and equipment. Although it was a very windy day, it was great fun for everyone involved and the sun was shining. The usual minion mascot also made an appearance!

Whilst the girls ran the stall on the Jubilee Green, first team manager Martin Lee and coach Ross Lee were involved in the Bradley Stoke Youth football festival up on the pitch. The minion kindly wandered up to the football festival and went in goals for a penalty shootout with the Year 1 players trying to score. The minion was harder to score against than people thought and the big queue of players who wanted to try soon found this out. I think Martin is trying to sign the minion for next season !!!!!



The Gloucestershire Women's County Football League is planning to introduce 3 divisions into the league for next season, which is a positive for all teams involved. This will ensure teams are playing more equally leveled opponents, increasing competitiveness across all divisions.

Development team manager Charlotte Hand believes this is a good decision by the league, stating that "The change in league structure is very much a positive for us going into next season."

**Both the first team and the development team are still looking for players for the new season. Training takes place on Tuesdays at Bradley Stoke Community School on the upper grass area from 6:30pm.** Training runs throughout the summer, with a focus on having fun and improving your football.

We are a friendly club that is always on the lookout for new faces to join our team! And with 2 teams, we are able to cater to all abilities and ages - so why not come along to a training session? Your first one is FREE! Then just £2 per session.

The club is also looking for sponsors for the 2019/20 season. If you are a local business owner or wish to support the club in any way, please do get in touch. We would love to hear from you.

For more information visit:

- [www.bradleystokeladies.wixsite.com/bslfc](http://www.bradleystokeladies.wixsite.com/bslfc)
- [facebook.com/bradleystokeladiesfc](https://facebook.com/bradleystokeladiesfc)
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## Bradley Stoke United Football Club



has a new home at Patchway sports centre, where all their teams will train (all year) and play their home matches.

Patchway sports centre has undergone a huge investment in upgrading its sports facilities with a new full sized, state of the art 3G pitch, improved drainage to existing grass pitches, improved Sports Hall, changing facilities and the introduction of a cafe for cold training and match days.

Bradley Stoke United football club was established in Bradley Stoke in April 1998 and is an FA chartered standard football club that provides regular football training and matches for over 150 local children from 5 to 16 years old.

Our aim as a club is always to increase the number of volunteer coaches and local children involved in playing regular football. More FA qualified coaches result in more children playing good quality, regular football.

The club is wholly run and managed by 25 local volunteers, we are extremely proud of our history, our achievements and our contribution to the local sporting community.

## BRADLEY STOKE UNITED F.C. 5 A-SIDE SUMMER TOURNAMENT 2019

U6s - u13s

PATCHWAY SPORTS CENTRE  
THE NEW HOME OF BRADLEY STOKE  
UNITED F.C.

SATURDAY 6TH & SUNDAY 7TH JULY  
2019

U6, U8, U10, U12 - SATURDAY 6TH  
U7, U9, U11, U13 - SUNDAY 7TH

AGE QUALIFICATIONS BASED ON SEASON 2018/19 SEASON  
NO ACADEMY PLAYERS OR SCHOOL OF EXCELLENCE SIDES PERMITTED

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## Little Stoke Colts : Stoke Lane AFC Tournament 2019 U16 Cup Winners !

Little Stoke Colts FC U16s played against a very strong Stoke Lane side in the final and won on penalties 3-2. Stoke Lane hosted a fantastic tournament for all age groups and was great for the local community.

Little Stoke Colts FC are entering U18s for next season in Division 1, and any players who want to join please contact Manager Mark Jury on 07746 020 200 for trials.

## ALMONDSBURY

### YOUTH U12's

ARE LOOKING FOR NEW PLAYERS TO JOIN US FOR  
2019/20 SEASON.  
REQUIREMENT  
U12'S (YEAR 7)

SCHOOL YEAR 6 ALSO WELCOME.

LOOKING FOR COMMITTED & PREFERABLY EXPERIENCED  
PLAYERS FOR ANY OUTFIELD PLAYING POSITION.

WE TRAIN SATURDAY MORNING 9:00-10:30 & PLAY  
LEAGUE GAMES SUNDAY MORNING.

AVL GROUP 3 (TOD)

## \*NEW SEASON-NEW KIT SPECIAL OFFER\*

15 x Essential Kit  
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## Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

### BABY AND TODDLER GROUPS

**Beehive Baby and Toddler Group**, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

**Bright Sparks Toddler Group** Monday afternoons 1-3pm term time only All new families welcome phone : 01454 615577

**First Steps Toddler Group** - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

**Little Hedgehogs (0-5's)** - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol , 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

**Pre-School Rhyme time** Bradley Stoke Library Mondays 10.45-11.15am 01454 868006 bradleystoke.library@southglos.gov.uk

**Puddle Ducks** - Mondays 10am to 12 noon during term time Brook Way Activity Centre. puddleducktoddler@hotmail.co.uk

**North Bristol Twins Group** - Fridays from 10-12 noon during term time (including half terms) at Bradley Stoke Evangelical Church £3 per family, northbristoltwinsgroup@googlemail.com northbristoltwinsgroup.co.uk

**Trinity Tots** - Mondays 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

### LOCAL CLUBS AND ORGANISATIONS

**1st Bradley Stoke Scouts** - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Holy Trinity school. Please have a look on our website for further information for both young people and adult volunteers at [www.bradley-stoke-scouts.org.uk/join](http://www.bradley-stoke-scouts.org.uk/join)

**1st Little Stoke Scouts** - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. To enquire about your child joining or to volunteer call Tony Edmonds (Group Scout Leader) 07957880503, or email [tonyedmonds108@yahoo.com](mailto:tonyedmonds108@yahoo.com)

**Bradley Stoke Book Club 'Bookaholics'** meet at Starbucks, Aztec West on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714101354 [geoffrey.stobbart@btopenworld.com](mailto:geoffrey.stobbart@btopenworld.com)

**Bradley Stoke Community Singers** - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all [info@bscsingers.co.uk](mailto:info@bscsingers.co.uk) or call 07743 333837 / 07599 252176

**Bradley Stoke Lions** meet every 2nd Wednesday at the Doubletree Hilton at 7.30 pm Ailsa Young, 07737 106836 [ambyoung29@yahoo.com](mailto:ambyoung29@yahoo.com)

**Bradley Stoke Radio** - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 [bradleystokeradio.org.uk](http://bradleystokeradio.org.uk)

**Bradley Stoke Rotary Club**. Breakfast club meeting 4 Fridays per month, 7.15-7.30am start, 8.30am finish, Bristol Golf Club, Blackhorse Hill, Almondsbury, Bristol. BS10 7TP. Contact the Secretary [rotarybradleystoke@gmail.com](mailto:rotarybradleystoke@gmail.com)

**Bradley Stoke Sew and So's** - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos.weebly.com

**Gifted drama group** Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

**Girl Guides, Brownies & Rainbows** - [admingirlguidingbsg.org.uk](mailto:admingirlguidingbsg.org.uk), [girlguidingbsg.org.uk](mailto:girlguidingbsg.org.uk)

**Goldies** - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

**Little Stoke Ladies Club** - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

**Sevenside Ramblers** - 'Friday Ambles' start in the Aldi car park on alternate Fridays at 10am. Weekend & evening walks -start in the Aztec West blue zone car park. Check site for details.[www.sevenside-ramblers.org.uk](http://www.sevenside-ramblers.org.uk)

**Stokes Art Group** - Tuesday evening and Thursday morning at Christ the King. Everyone welcome. [www.stokesartists.co.uk](http://www.stokesartists.co.uk)

**Stokes Crafters** - Every Thursday evening 7.30-9.30pm at Poplar Rooms, North Road, Stoke Gifford. £4 charge includes refreshments. Contact via Facebook page or Zoe Coggon - [zoecoggon@gmail.com](mailto:zoecoggon@gmail.com) or 07815 662446

**Stokes Phoenix Club** - meets 1st Tuesday of the month, 10am-12noon at Little Stoke Community Hall, Little Stoke Lane. Contact Rosemary Davis 01454 614474

**Stokes Singers** - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Liz Gazzard on 01454 614148 for further details.

**Willowbrook Townswomen's Guild** - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Ros Gallear - [rosalindg@tiscali.co.uk](mailto:rosalindg@tiscali.co.uk)

**Winterbourne Wind Band** - Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

**Women's Institute (WI)** - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Bev - 01454 625855.

**Women's Institute (WI)** - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 0117 9793409

**Woodcraft Folk** - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please let us know [community@mattersmagazines.co.uk](mailto:community@mattersmagazines.co.uk) and we will do my best to put it right for you!

### SPORTS CLUBS

**Aretians Rugby Club for Cubs, Juniors and Seniors** Station Road, Little Stoke [www.aretiansrfc.co.uk](http://www.aretiansrfc.co.uk)

**Black and Blues Netball** - Non-League Social Netball Wednesdays 7.30-9pm BSCS, <http://www.theblackandblues.co.uk/> or find us on Facebook 'Black & Blues Netball'.

**Bradley Stoke Bowls Club** - Baileys Court Activity Centre [www.bradleystokebbc.com](http://www.bradleystokebbc.com). Val Nicholls 0117 9311203

**Bradley Stoke Cricket Club** - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at [bradleystokecc.play-cricket.com](http://bradleystokecc.play-cricket.com)

**Bradley Stoke Jiu Jitsu Club** - Chris Harris, [maru.jiujitsu@gmail.com](mailto:maru.jiujitsu@gmail.com) We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

**Bradley Stoke Junior Netball Club** - The Jubilee Centre. Every Wednesday U12's 4.30pm-5.30pm, U14 and U16's 5.30pm–7.00pm. Please email [bsncjuniors@yahoo.co.uk](mailto:bsncjuniors@yahoo.co.uk)

**Bradley Stoke Judo** - Various days and times, Bradley Stoke Leisure Centre, [www.bradleystokejudoclub.com](http://www.bradleystokejudoclub.com)

**Bradley Stoke Squash Club** - For adults, Juniors and Children. Welcoming new players from beginners to advanced. Club night Sunday nights for all From 6pm. Children's coaching on Sat Mornings. Contact Mark Stone for details 07786 911580

**Bradley Stoke Town Football Club** - Adult training Tuesdays at Bradley Stoke Community School, For more info see website at [bstfc.co.uk](http://bstfc.co.uk)

**Bradley Stoke United Football Club** - Football from U7's to U16's Various contacts, dependent on age, see website [bsufc.co.uk](http://bsufc.co.uk)

**Bradley Stoke Youth FC (BSYFC)** – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site [www.bsyfc.co.uk](http://www.bsyfc.co.uk) or contact [mlee1@btopenworld.com](mailto:mlee1@btopenworld.com)

**Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors** - Trench Lane, Almondsbury website: [www.smobrugby.com](http://www.smobrugby.com), 01454 250489 email: [clubhouse@smobrugby.co.uk](mailto:clubhouse@smobrugby.co.uk)

**Bristol Extreme Allstar Cheerleaders** - Wednesdays 7-9pm Little Stoke Primary School, [bristolextreme@gmail.com](mailto:bristolextreme@gmail.com)

**North Bristol Rugby Club**, Rugby teams from 4+ [www.pitchero.com/clubs/northbristoljuniorsrfc/](http://www.pitchero.com/clubs/northbristoljuniorsrfc/)

**North Bristol Running Group** friendly group of recreational runners, 3 evenings per week, Tuesday, Wednesday and Thursday, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. For further information please see our Face Book page or text Alan Wilcox on 0789 0182387.

**Sole Sisters** - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, [www.solesistersrc.co.uk](http://www.solesistersrc.co.uk)

**South Glos Hockey Club** Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. <http://www.sghc.org.uk>, Facebook - South Gloucestershire Hockey Club

**Stokes Cycling Club** - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - [www.stokescyclingclub.org.uk](http://www.stokescyclingclub.org.uk) [stokescyclingclub@googlemail.com](mailto:stokescyclingclub@googlemail.com)

**Stoke Gifford Cricket Club** – We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

**Stoke Gifford Short Mat Bowls Club** -Tuesday mornings and Friday afternoons. For more information please contact 0117 9791807 or email [sgsmbc@outlook.com](mailto:sgsmbc@outlook.com).

**Stoke Gifford Tennis Club** - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

**Stoke Lane Athletic Football Club** -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via [www.stokelane.co.uk](http://www.stokelane.co.uk) or email Club Sect 'steve' [pspayne@blueyonder.co.uk](mailto:pspayne@blueyonder.co.uk) or Club Mobile 07972 039413

**Stoke Striders Running Club** - A free recreational running group, Mondays 6-7pm Little Stoke Park, <https://www.facebook.com/stokesstriders>

### CHURCHES / COFFEE MORNINGS

**Bradley Stoke Evangelical Church** Baileys Court Road 0117 9314716 [www.bscc.org.uk](http://www.bscc.org.uk)

**Christ the King Church** Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. [www.ctkchurch.org.uk](http://www.ctkchurch.org.uk)

**City Church** Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 [www.bridgecommunitychurch.org](http://www.bridgecommunitychurch.org)

**Edge Church International**. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. [www.edgechurch.co.uk](http://www.edgechurch.co.uk)

**Holy Family Catholic Church** Southsea Road, Patchway 0117 9081247 [www.holyfamilyrcchurchpatchway.co.uk](http://www.holyfamilyrcchurchpatchway.co.uk)

**Holy Trinity Church** Broadcroft, Bradley Stoke 01454 620975 [www.htcbradleystoke.co.uk](http://www.htcbradleystoke.co.uk)

**Little Stoke Baptist Church**, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

**St.Michaels Church**, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 9.30 until 4pm, and Saturdays 10-12.

**Trinity Network** -[www.trinitynetwork.org](http://www.trinitynetwork.org) Amberley Road Baptist Church, Patchway, 01454 610808 Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808







## PRIMARY SCHOOLS

**Baileys Court Primary School**, Head Teacher: Andrew Lynham, Breaches Gate BStoke, 01454 838320

**Bradley Stoke Community School Primary Phase**, Head Teacher Sharon Clark Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

**Bowlsland Green Primary School**, Head Teachers: Faye Kitchen/ Michelle Engley, Ellicks Close BStoke, 01454 866766, bowlslandgreen.org.uk

**Holy Family R.C. Primary School**, Head of School: Dawn Breeze, Amberley Road Patchway, 01454 866786

**Holy Trinity Primary School**, Headteacher: Janet Dickson, Broad Croft BStoke, 01454 866735, holytrinity-pri.s-gloucs.sch.uk

**Little Stoke Primary School**, Headteacher: Anne Sargent, Little Stoke, 01454 866522, <http://www.littlestokeps.co.uk>

**Meadowbrook Primary School**, Head Teacher: Nicola Bailey, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

**Stoke Lodge Primary School**, Headteacher: Sharon Bishop, School Close Bourton Avenue, stoke Lodge, 01454 866772

**St Chad's Patchway C of E Primary School**, Head Teacher Mrs Steph Jenkins, Cranham Drive, Stoke Lodge, 01454 866523

**St. Marys R.C. Primary School**, Head Teacher: Paula Marsh, Webbs Wood Lane BStoke, 01454 866390,

**St Michael's Primary School**, Head Teacher Mark Freeman, Ratcliffe Drive, Stoke Gifford 01454 866781. [www.stmichaelsg.co.uk](http://www.stmichaelsg.co.uk)

**Wheatfield Primary School**, Head Teacher: Phil Winterburn, Wheatfield Drive BStoke, 01454 868610

## SECONDARY SCHOOLS

**Abbeywood Community School**, Head Teacher: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, [abbeywoodschool.com](http://abbeywoodschool.com)

**Bradley Stoke Community School**, Head Teacher: Steve Moir, Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, [bradleystokecs.org.uk](http://bradleystokecs.org.uk)

**Patchway Community College**, Head Teacher: Karen Cornick, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, [patchwaycc.com](http://patchwaycc.com)

## South Gloucestershire Hockey Update

### Summer League

South Gloucestershire Hockey Club's men's and ladies' teams are in full summer mode now. We have two men's teams entered within the Bristol and District League and the ladies have three teams in the summer league they created in 2015. It is an exciting time for the club at the moment as our men's first team have entered the top team of their league and this is the first time we have ever had three ladies teams.

Summer league matches are played throughout the week. We love being supported and are always looking for new players, so check out our website or our Facebook page for a list of summer fixtures.

### News update: Youth Team

This year we have begun preparations to start our own Youth Team and developments are completely underway. Our coaches have begun training and the pitch schedule has been booked. September cannot come quick enough! Watch this space for more details.



### Get in contact:

Website: [www.sghc.org.uk](http://www.sghc.org.uk)  
Facebook: SouthGloucestershireHockeyClub  
Twitter: Southgloschc  
Instagram: southgloshockey

Or if you want more information, please get in contact at [info@sghc.org.uk](mailto:info@sghc.org.uk)

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## BSTFC Update

by Adam Townsend



And just like that, another season is over. All in all it's been a good season for Bradley Stoke Town FC both on and off the pitch.

SUCCESS for the first team (sponsored by Bradley Stoke Matters!) who have been promoted from 3rd into the Bristol Premier Combination 1 for next season!

Manager Jon Welsh is buzzing for the new season and is excited to see the young players in the squad continue to develop. Who knows, he may even look for more playing time himself after his cameo appearance in the last game of the season – see picture above where he was also joined in the squad by Matt Burch.

The first team have also now completed the move to their new home at Patchway Community College and will be back to 2:30 kick off times for next season. Please do feel free to come along and support.

The reserves ended a difficult season with an eighth place finish in the Bristol & District division 2. Manager Matt Burch has decided to step down from his position for the coming season and the club is currently looking for his replacement.

As a club we would like to extend our thanks and appreciation for everything Matt has done over the years and we know he's now looking forward to a less stressful life watching from the side-line.

The A team, managed by George Haskins and Luke Baker managed to achieve back to back promotions, this time finishing runners up in the Bristol & District Division 4. A 3-1 win against promotion rivals Stoke Lane Athletic sealed their promotion to Division 3 with their last game of the season.

George and Luke have a really good group of young players who have a great team spirit and will no doubt be looking challenge once again next season.

Finally, the vets have finished their season mid table in the Gloucestershire FA Vets southern league. Next season they are expecting more games as the league are due to increase the number of fixtures.

Off the pitch the club has also made some big steps forward. Having Nick Potter back as the club secretary has given the committee a new lease of



life. Plans are already in place to reintroduce a B team for the upcoming season which will help bridge the gap between the youth and senior teams.

### A couple of important things to note:

- 17th August 2019 – 6 a side summer tournament hosted by BSTFC held at the Jubilee Centre. More information will be available through our social media – everybody welcome
- If you are interested in applying for either the reserve team, or newly formed B team manager position, please contact the club via the website or twitter.
- Pre-season training has now commenced on Tuesday evenings at Patchway Community School, 6.30-8pm,. Any new players who fancy coming along for training are very welcome - do get in touch through the website or social media or call club secretary Nick Potter on 0772 7735 892

**And don't forget, Bradley Stoke Town FC always welcome new faces, be that as a player or a supporter on a Saturday afternoon. To get involved you can find us at on twitter @BSTFC, at [www.pitchero.com/clubs/bradleystoketownfc](http://www.pitchero.com/clubs/bradleystoketownfc) or at the Jubilee Centre, Savages Wood Road.**



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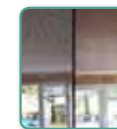
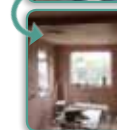
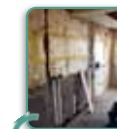


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