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**December 2019**

*Community*

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A huge thank you to our many advertisers and supporters who have interacted with us throughout 2019. **We absolutely couldn't do it without you.** Amazingly, 2020 sees us entering our 15th year of supporting local businesses, community groups and providing local news and information across the five Stokes area directly into your homes.

This December issue brings you news of all the Christmas Services and Events taking place locally that we have been made aware of, from Carols by Candlelight, community singing, the ever-popular Carols on the Green to Christmas film nights, Christmas fairs and more. Do have a good look through to ensure you don't miss out!

If you're unsure who to vote for in the forthcoming election there is a debate being held on 5th December which may be useful - see p7. If you're looking for a new part-time role check out the RAC advert on p38.

Amongst many reports in this issue, we bring you news from the local brownies who have been busy raising funds for the local Air Ambulance, and news from the OSR Scouts who experienced a trip of a lifetime this summer. Little Stoke Primary school hosted a real-life Rocket Scientist for a very exciting day recently and we also hear what's been happening at the local Toy Box in Stoke Gifford. Enjoy the Read!

**Wishing you all a Very Merry Christmas  
& a Happy & Healthy 2020!**



Jaci x

PS: Please remember to mention Bradley Stoke & Little Stoke Gifford Matters whenever you can and keep liking and sharing our posts on facebook.

It really does help!

## Contact Us :

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## Celebrating the Toy Box's First Birthday

The 2nd Stoke Gifford Rainbows and 1st Stoke Gifford Brownies did a fantastic job raising money and awareness of the Great Western Air Ambulance at the Stoke Gifford Toy Library's 1st Birthday Party.

The units who are part of Frome Valley Girlguiding chose to raise money for the GWAAC at this event as part of the challenge badge they are doing next term. The crew from the GWAAC got the afternoon off to a fantastic start with a fly past from the chopper and then a visit from Charlie Bear made the afternoon complete.

Charlie Bear is the GWAAC's mascot who enjoyed meeting the girls and borrowing a toy, he found out first hand that there isn't much room in the toy library once the toys are in there.

Donations from the cake sale and sales of GWAAC merchandise came to around £120 which will go to directly support the vital work the GWAAC do in the community. Thank you to everyone who supported us on the day.



## You may have noticed the Toy Box covered in poppies for Remembrance

The 2nd Stoke Gifford Rainbows made them - over 300 pom poms in total! The Rainbows also made the clay poppies after visiting the cenotaph earlier in the year. Each one bears the name of a local man who died in the war. How fabulous, we think the display looks stunning, well done girls!



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## 2nd Stoke Lodge Brownies: GWAAC Challenge!

It was lovely to be invited along to 2nd Stoke Lodge Brownies at the end of Term 1 to hear about all the different activities they had been up to this term in order to gain their Great Western Ambulance Challenge Badge and also raise some much needed funds for the GWAAC as well.

The brownies couldn't wait to tell me some of the things they had been busy doing all term and how this fitted in with their Challenge Badge:

**Section 1: Aviation** - "We made some helicopters and also a helicopter badge"; "We made aeroplanes out of lollipop sticks and flew them outside"

**Section 2: Medical** - "We learned how to put people in the recovery position"; "We learned about first aid, what DR-ABC means and also how to call 999"; "We learned about looking for dangers"

**Section 3: Charity** - "We sewed felt hats for Charlie" - One of the given ideas was to buy a Charlie bear and then make different hats for him to wear! Another idea was to contact your local community magazine and get them to include an article to raise awareness - (hmmm I guess I see where I fit in now!!)

**Section 4: The Five Counties** - learn about your area - "We learned about some famous people who have lived near us - J K Rowling, Banksy, Nick Park, Isomard Kingdom Brunel"

**Section 5: Our Crew** - Taking critical care of Charlie. Brownies took it in turns to take home mini "Charlie Bear" (inset left shows Molly with



Above and inset - Brownies made helicopter treats as part of their challenge badge

CB - full sized adult version can be seen on previous page!) and write up their adventures in a group diary (whilst making sure he made use of his assortment of hats of course).

**Section 6: Fundraising** - Collectively the brownies managed to raise a fantastic £185 for GWAAC! As can be seen in the photo, each brownie covered a picture of the rescue helicopter with 20p coins, with individual brownies going above and beyond with some of their efforts. Megan held a cake sale at Bradley Stoke Community School, raising nearly £50 with help from mum who baked the cakes and dad who helped her with selling them - they did really well "even in the rain" Megan told me! Ellie (pictured right with Molly) raised £15 by making and selling loom band



bracelets on a stall outside her house, helped by her friend Ollie and younger sister Pippa.

**At the final tally, the brownies collectively raised a whopping £185!!**

As this is a cause close to our hearts, Little Stoke Gifford Matters was pleased to add to this amount by rounding up the total fundraising to £250!

A cheque was handed over to the GWAAC at the Brownies meeting on 20th November, when representative from GWAAC came along to speak to the brownies..

*'We're so amazingly grateful to the 2nd Stoke Lodge Brownies who've done such a good job on our GWAAC Girlguiding Challenge Badge. They've been busy making edible helicopters, learning first aid, researching what it takes to become one of our critical care crew, and, crucially, they've fundraised an extraordinary amount of money for their local air ambulance! A massive thank you to this amazing group of life-savers'* Joe Hughes, Community fundraising coordinator

**Well done everyone, I think you definitely earned your Challenge badge!**

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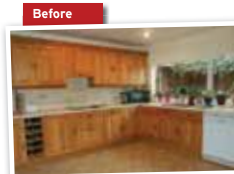
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Hi, I'm Anne and I run the Bristol branch of Scamps and Champs dog walking and pet care services. I am delighted to be able to offer you high quality pet care to suit your needs.

I have always been around animals since childhood. Our pets have included dogs, cats, gerbils, hamsters, guinea pigs, a parrot and even two pet lambs. I have fond memories of all the good times spent with each of them and understand how important it is to be able to trust others to care for them. For the last few years I have been very lucky to have found someone who has home boarded my border terrier so that the rest of the family can go away on holiday. Knowing that Oscar is so well looked after when I am unable to be with him is essential. I absolutely love animals and know how important it is to provide the best care that they deserve, by the best possible individuals.

I have a background working in the NHS, but have taken the opportunity to be part of the Scamps and Champs family providing top quality pet care services to pets and their families in Bristol.

I have a fantastic team of pet carers able to provide all the undivided love, care and attention your pet deserves. Please get in touch to discuss how we could help with your pet care needs.

We are pleased to **offer readers a 10% discount as new clients** and **10% NHS discount applies to your first 3 service bookings**. So do get in touch soon!

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## Old School Rooms Scouts in Stoke Gifford get help with the Scientist Badge from UWE

The OSR scouts have been busy again since returning from the summer break. A new Scientist Activity Badge being introduced into the system of 69 activity badges has given the troop something to get their teeth into and the University of the West of England has been more than happy to help out.

The troop attended the science department where Paul and Heather took them through four experiments with research, changes and overall results being recorded.

The OSR scout troop have also registered the fingerprinting experiment towards a Bronze CREST Award, an educational science, technology and mathematics qualification.

The 30 scouts had a fabulous time at the University and couldn't thank the lecturers enough for giving up their time to get them through this new badge. One of the scouts even quoted that she had had a science lesson at school but tonight's activity had really been fun and made her enjoy science!

It's great when scouting joins forces with other community organisations to provide the young people with such a great experience and the OSR troop do this often.

The Stoke Gifford Scouts want to say a massive thank you to UWE and especially Paul and Heather.



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## Renewed Partnership at local Woodlands

Two local woodlands, Sims Hill Woodland and Splatts Abbey Wood, have renewed their partnership and are looking forward to working together again.

The Splatts Abbey Wood Conservation Group has been going for many years and is responsible for the historic woodland sited between the MoD and the UWE. It can trace the wood's roots back centuries. It's committee currently has members of the public and representatives from other bodies on it. The Splatts Abbey Wood group can be contacted at its email: splattsabw@gmail.com

The Sims' Hill Community Woodland Committee manages Sims' Hill Community Woodland and seeks to provide environmental and social benefits to local residents, businesses and visitors. The Sims Hill Woodland runs around the edge of the Bristol Business Park, (which sits opposite the UWE) and extends into the Winterbourne Parish Council Area. The Sims Hill Woodland Community Woodland can be contacted at: simshillcw@gmail.com

Splatts Abbey wood and Sims Hill wood also work with others, including South Gloucestershire Council and with UWE Student volunteers, who help to maintain the woodlands.

David Bell, Chairman of the Splatts Abbey Wood Conservation Group said: - *"The two woodlands and other partners have worked very well together to help maintain them, and to increase access for the public. We are delighted with our partnership working which benefits everybody."*

Dr Frank Ashwood, Chair of Sims Hill Community Woodland Management Committee. *"The Sims Hill Community Woodland Management Committee are delighted to be back in touch with Splatts Abbey Wood Conservation Group. We look forward to working closely together and with other partners, to manage the woodlands for all visitors to enjoy"*.

Several Splatts Committee members have won the prestigious South Gloucestershire Council Chair's Awards for their volunteering; - Fred Hillberg, Andy Ward, UWE Greenspace (student volunteers), David Bell.



**Representatives of Splatts Abbey Wood and Sims Hill Wood after a recent meeting at UWE. From left to right Jenny James; Fred Hillberg; Andy Ward; David Bell; Frank Ashwood**

## Shopmobility South Glos based in Yate Shopping Centre would like to remind people of the scheme when planning their Christmas Shopping.

The service provides mobility scooter and wheelchair hire on a daily and longer term basis to help people who have limited mobility to retain their independence and to use the facilities of the centre and to access other services.

The scheme has been operational since 2006 and provides a vital service to its users helping to access the Shopping Centre and other services, and for social purposes too. The scheme's popular Project Manager Sheridan Crew is on hand to provide the necessary help and support.

The opening hours between Easter and Christmas will extend the hours from 2pm to 4pm on a Thursday. This will mean opening hours during the week will be 09.30 to 4pm on a Tuesday Thursday and Friday and until 2pm on a Saturday.

Shopmobility is also looking for more volunteers to help operate and promote the service. Please contact the scheme at 01454 868718 or 07999574474 or email shopmobilitysouthglos@yahoo.com and detail what you might be interested in doing, or request further information on the scheme.



**Shopmobility South Glos Trustees and Users, AGM Oct 2019**





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## BRADLEY STOKE LIONS: Update from Lion Ailsa Young

The Bradley Stoke Lions have now moved their meeting place from the Doubletree at Hilton Hotel to the Willowbrook Centre where we have the use of a Conference Room on the first floor. Our meeting night has also changed to a Monday evening starting at 7.30pm. We are hoping that this change of venue and timing may suit more people looking for a club to join to help give something back to the Community in which we live. Willowbrook is on a direct bus route for those without cars and of course you can do your shopping in Tescos on the way home as the store is open 24 hours a day! How useful is that?

Our club has recently purchased 11 children's books from teacher and author Ellie Jackson which talk about the problems of plastic floating about in our oceans. The books are beautifully illustrated and are aimed at primary school children to inspire and engage this new generation across the UK to become involved and tackle the issue in their own community. The books offer solutions to the problems to give hope and empower children to realise they can make a difference. These books have been placed in 11 local Primary Schools and seem to have been well received. We hope the children enjoy reading and learning about this important subject.

**It's the time of year when we all start to think about Christmas again and the Lion's Santa Claus is looking to have his elves polish up his sleigh and make sure it is in good working order for the Christmas season.**

The BS Lions intend to cover as much of the Stokes as we can, weather permitting and of course dependent on the availability of collectors to run with the sleigh. For further information please look at BS Lions Facebook page which we will endeavour to keep updated with our schedule of collections.



**If you would like to know more about the Lions, or are interested in joining us, please get in touch with the Bradley Stoke Lions on 0845 8336745 or use the number given below. We would love to hear from you.**

*Christmas Concert with  
Bradley Stoke Community Singers  
featuring*

*Meadowbrook Primary School Choir*

*Tuesday 10<sup>th</sup> December 2019 at 7pm*

*At Holy Trinity Church, Bradley Stoke*

*Adults £5 & Children £3*

*For tickets contact us on 07725 890120*

*This project has received funding from Bradley Stoke Town Council*

# Christmas at St Michael's

## Thursday 5 December

Cheswick Community Carols 6.30pm Wallscourt Farm Academy, Cheswick

## Friday 6 December

Christmas Gospel Extravaganza 7.30pm  
with Geraldine Latty and Gospel Generation Community Choir

## Saturday 7 December

Carols on the Green - 6.15pm The Green, Stoke Gifford  
Sunday 8 December Children's Nativity - 10.30am - St Michael's Centre

## Sunday 22 December

9am Holy Communion - St Michael's Church  
10.30am Family Celebration - St Michael's Centre  
Carol Services 4pm & 6.30pm - St Michael's Church

## Christmas Eve

3pm Crib Service - St Michael's Centre  
11.15pm Midnight Communion - St Michael's Church

## Christmas Day

10am Family Communion - St Michael's Centre

Sunday 29 December - Services as usual

New Year's Eve 8pm Big New Year's Party - St Michael's Centre



[www.stmichaelsbristol.org](http://www.stmichaelsbristol.org)



## Christmas Services



### Bradley Stoke Evangelical Church

Sunday 19th December

All Age Christmas Celebration 10.30am

Wednesday 19th December

Community Carol Service from 6pm in the Willow Brook Centre

Sunday 23rd December

All Age Christmas Celebration 10.30am

Monday 24th December

Carols by Candlelight 6pm

Christmas Day Service

10.30am Christ the King

### Christ the King Church

Sunday 15th December

10am Christmas Family Worship

Sunday 22nd December

6.30pm Carols & Candles

Christmas Eve

3.00pm Crib service

11.15pm Midnight Communion

Christmas Day

10.00am All Age Christmas Communion

### Edge Church

1160 Park Avenue, Aztec West

Saturday 14th &

Sunday 15th December

6pm Carols Celebration with  
Food & fun for the family afterwards

Christmas Day Gathering

9am Christmas Day

### Holy Family Catholic Church

Christmas Eve

6.00pm Christmas Family Mass

11.15pm Hymns and Readings to welcome  
Christmas

Christmas Day

12.00am Christmas Mass at Midnight

9.30am Christmas Mass

11.00am Christmas Mass

[www.holyfamilyrcchurchpatchway.co.uk](http://www.holyfamilyrcchurchpatchway.co.uk)



### Holy Trinity Church

Sunday 15th December

6.30pm Carols and Candles

Sunday 22nd December

10am Christmas Family Worship

Christmas Eve

4.30pm Christingle Service

Christmas Day

10am All Age Christmas Celebration with  
communion

## Film Nights

**You're Invited!**

**SAT 7th DECEMBER**  
See our Facebook Page for more details

**SAT 14th DECEMBER**  
See our Facebook Page for more details

Experience Christmas at the cinema, without cinema prices! Our café will be selling hot dogs, soup, popcorn and drinks. Doors open at 3:30 pm, film starts promptly at 4:00 pm.

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## Sundays

WE DO CHURCH - BUT NOT AS YOU KNOW IT!

**SUNDAY 8th NATIVITY PETTING ZOO**  
From 10 am - 12 pm. Follow the Christmas story trail and meet the animals.

**SUNDAY 22nd FAMILY CAROLS**  
Starting at 5:30 pm. Join us for some quality, Christmassy family time. Mulled wine, mince pies and maybe some snow...

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## Winterbourne's Medieval Barn – News & Events

### Redevelopment Project

The Trust is now two-thirds of the way through its major refurbishment project in conjunction with the Heritage Lottery Fund. Despite delays caused by the weather and nesting birds, the project is still running on time and Winterbourne Medieval Barn Trust (WMBT) is beginning to think about re-opening the Barn for events in the late spring of 2020.

In the Medieval Barn the walls have been lime-washed to lighten and brighten the space, and under-floor heating has been installed to take the chill off your feet if you are sat still. This will allow the barn to be used in comfort for more months in the year. Full-blown modern heating systems cannot be installed as they would damage the historic wooden roof timbers.

The West Barn has been transformed from a dilapidated old ruin, into a useful and flexible space. An upstairs floor has now gone in, and partition walls are dividing the barn into seminar rooms, a kitchen, and new toilets. Work has also begun on an interpretation gallery which will link the Medieval Barn to the West Barn, proving direct access between the two without going outdoors.

Across the yard, the cow byres have been extended and re-roofed, and internal work will soon be complete, making them into modern artisan workshop spaces. Potential workshop tenants will be able to view the new units shortly.

### WMBT is now recruiting for a part-time Business and Development Manager

to start in 2020. This exciting new post is for 22.5 hours to be worked flexibly over 4 days a week, with some additional hours and weekends at times. The person will manage a small team of staff and volunteers, and will work with the Trustees to develop and deliver the business plan and longer-term objectives of the Trust, and actively seek out new revenue opportunities. Anyone interested in this post should visit the Barn website for full details. The closing date for applications is 9 December.

### Events and activities

Until the main barn re-opens in 2020, talks and hands-on workshops will continue in the Cartshed (heated!) through the winter months. Tickets are still available for the following below.



**Fabric Christmas Wreath-making Workshop – Sat 7 Dec, 10am–12.30pm** – Get crafty with Amy from Bath Artist Studios. Create a fabulous fabric Christmas wreath using festive textiles and embellishments. Cost £30. Pre-booking essential.

**Talk: The Twelve Plants of Christmas – Sat 14 December, 2–4pm.** A fun, informative talk with Julie Henderson looking at some of the folklore, history, botany, horticulture and interesting facts behind the plants which make up our Christmas festivities. £5.



**Apple Grafting Workshop – Sat 22 February 2020, 10am–4pm** – Learn why and how to graft apple trees under the expert tuition of Ben Raskin of the Soil Association. Make

three newly-grafted apple trees to take home. Cost £45 includes full tuition, three rootstocks and wood to graft, plus tea, coffee and biscuits during the day. This could make a great Christmas present for a keen gardener.

Bookings can be made online at [Ticketsource.co.uk](http://Ticketsource.co.uk) – just search for 'Winterbourne'. There may be some tickets available on the door for talks, although this cannot be guaranteed.

**[www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)**


You can also follow us on Facebook and Twitter.

**Winterbourne Medieval Barn,  
Church Lane, BS36 1SE**

**CHRISTMAS WITH THE SALVATION ARMY**


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**Emma Joy Owen**



Emma Joy has sung in many different locations across the world from The Royal Albert Hall, to New Zealand

**Saturday 14th December 7pm**  
St Michael's Centre—Stoke Gifford, BS34 8PD  
Tickets £10 available from  
Colston hall box office [www.colstonhall.org/venue-st-michaels-church/](http://www.colstonhall.org/venue-st-michaels-church/)  
Salvation Army 0117 955 1600

Reg charity no 214779

St Michael's Church  
Stoke Gifford

**Carols on the Green**

**Saturday 7 December 2019**  
6.15pm

**The Green, Stoke Gifford**  
Brass Band Mulled Wine  
Hot Dogs Festive Fun

[stmichaelsbristol.org](http://stmichaelsbristol.org)

A collection will be taken for  
Caring at Christmas and Bristol Churches Winter Night Shelter  
Registered Charities 1151645 & 298526



## CHSW needs your donations (Mannequins are chilly!)

Local residents are urged to bring their unwanted items to the local Children's Hospice South West shop based in the Willow Brook Centre, Bradley Stoke.

Since opening in August, the shop has been well supported but is now in need of more donations. Shop Manager, Simon George, said: "We offer some fantastic pre-loved and brand new items but are asking for an increase in the amount of womenswear, shoes and fashion accessories we receive."

Stock donations can be dropped off at the shop anytime Monday-Saturday between 9am and 6pm, and Sunday 10am-4pm. Dropping off donations is easy; simply park in the drop off-zone at the rear of the shop and ring the door bell. Look for the CHSW sign on the door along from the cash machines.

All CHSW shops rely on donations of good quality items. Every bag of stock given to the charity helps make a real difference to the children and families it supports.

For more information about CHSW shops, visit [www.chsw.org.uk/shops](http://www.chsw.org.uk/shops)



## Over £800 raised for #StandUpToCancer Report by Phil Ashton

The 'Steve Guest' Bradley Stoke Veterans V Old/New 501's charity match held on Sunday 17th November raised over £800 for #StandUpToCancer.

The much anticipated event finally arrived and it was a good natured game with both sides giving their all. First half was very even and some tasty challenges going in! Kevin Pearce and Mark Esteban Pedro Caswell-Brown especially!

We took the lead when a 501's player who will stay nameless finished coolly into his own net! Never mind Alexander Rehm.

501's equalised when the ball hit Mark Brown and beat Mike Tait from close range.

First half 1-1

The second half saw lots of changes and the game was a bit scrappy, 501's took the lead following a break away but Bradley Stoke hit back quickly with Jake Drew equalising. Two further goals were scored by Aaron Bundy to leave the result at 4-2 to Bradley Stoke.

Then it was back to the Jubilee centre for some refreshments, food and a raffle. There was a really good turnout and I know Steve Guest really appreciated it.

Many thanks to all who came and helped.



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## 2740 emergency food parcels given to local people in last six months by North Bristol Foodbank

North Bristol Foodbank is calling for candidates on all sides to pledge to protect people from hunger, as it reveals 2740 emergency food parcels were given to people in North Bristol between 1st April and 30th September this year. Of this number, 1059 went to children.

The figures are a 54% increase on the same period last year.

Recently North Bristol Foodbank, which is part of the Trussell Trust has merged with Yate and Chipping Sodbury Foodbank. Yate and Chipping Sodbury Foodbank gave 1597 emergency food parcels, of which 708 were to children, in the same period. These figures are a 48% increase on the same period last year.

As the election approaches, North Bristol Foodbank is backing the Trussell Trust's call for candidates on all sides to work towards a

future where no one needs a food bank and pledge to protect people from hunger by ensuring everyone has enough money for the basics. The Trussell Trust is asking our next government to end the five week wait for Universal Credit; ensure benefit payments cover the cost of living; and invest in local emergency support for people in crisis.

North Bristol Food bank is particularly in need of fruit juice, biscuits, rice pudding and instant mash. There is also a special Christmas Appeal with more information found on [www.northbristol.foodbank.org.uk/christmas](http://www.northbristol.foodbank.org.uk/christmas). North Bristol Food bank has asked for festive donations to be donated by the end of November at the latest, to ensure volunteers have enough time to process and distribute these donations to people before Christmas.





It may seem a long way off, but there is no rest for organizers of 'Castell Roc', Chepstow's much anticipated friendly music festival.

This event, set in the absolutely stunning grounds of Chepstow Castle, goes from strength to strength, attracting people from all over the world.

As soon as 2019 event was over, the public were asking "who are we going to have next year"? With just 10 months now to wait, organisers are almost ready to announce headliners for the 12 nights of Fantastic shows.

In the meantime, the Castell Roc team will be putting on monthly events at the "Drill Hall" in Chepstow to fund the 'Castell Roc Community Bash' which is a 'free day' held on the very last day of Castell Roc to showcase local talent.

The first Drill Hall event takes place on Saturday January 25th, 'FLASH - A TRIBUTE TO QUEEN' - limited tickets on sale now, from: [www.castellroc.co.uk](http://www.castellroc.co.uk) or from Hannah's Music, Chepstow, Tel: 01291 627122.



## Little Stoke Primary Welcomes Real-Life Rocket Scientist!

On Friday 15th of November the children of Little Stoke Primary school had an 'out of this world' STEM visitor.

This report is written by Year 2:

Steve Bennett from Starchaser Limited brought a real Rocket 'Nova 2' for a flying visit.

While he was with us he held an assembly where he talked to us about rocket launches in the past and showed us some successful and not-so successful launches. He also talked to us about why he decided to become a rocket scientist. Steve showed us a video of himself when he was 7 years old and first started to make rockets in his own back garden. It was really amazing to learn that he wanted to build rockets when he was so young and that with lots of hard work he has been able to! It made us believe that we could do the same.

Steve also showed us a video of Starchasers first real rocket 'Skybolt 2' which launched from Northumberland on September 11th 2017. He told us that before his company began launching its rockets, the last British spaceflight was back in 1971. How amazing is that!

After assembly every class was bursting with questions about 'Nova 2' so we all visited the rocket to find the answers. We found out that 'Nova 2' is 12 metres tall and is made out of plastic and a special kind of light metal called aluminium. Steve told us that the rocket was going to really go into space with a passenger and that it would cost each passenger around £250,000 for a 30 minute ride. During the afternoon we all worked together to build Children in Need themed rockets from recycled materials.

It was a fantastic day.



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## ISI Inspection Report 2019

- 'Pupils are highly motivated and embrace new challenges and opportunities.'
- 'Pupils are highly articulate, eloquent and confident communicators orally and in writing.'
- 'The wide and well-planned curriculum supports the achievement of all learners.'



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## News from St Michael's Primary School

We are back in full flow at St Michael's, with a whole range of trips and activities taking place to help ensure our curriculum is exciting and enjoyable.

Taking centre stage in recent weeks have been our Y5 and Y6 Camps. Year 6 visit a PGL Centre near Swindon, and spend the week carrying out a variety of activities that include: archery; abseiling; climbing challenges; orienteering; and not forgetting the infamous 'giant swing'. The children have a fantastic time, and are well looked after, with plenty of food and enthusiastic instructors. Night-time activities include 'ambush' in the woods; a disco; and a challenge event.

**Here's what the children had to say about it, writing their own leaflets about their week away:**

*'Do you like an adventure? Then PGL is the place for you! It is an outdoor activity centre just off the M4 in Liddington, near Swindon. Push yourself to the limits with appealing attractions: the jaw-dropping Jacob's ladder; terrific trampolines; the patience-testing sensory trail; and plenty more exhilarating activities.'*  
Abi

*'Ever wanted to walk down a wall like James Bond? Then almighty abseiling is the activity for you! Put on your harness and climb up the tower where you get clipped on to the safety line. Enjoy the view, and when you are ready, step over the edge. Bounce or walk your way to the bottom, and take time to enjoy the view. For this activity you will need courage, a harness and a bit of bravery.'* Saphie

Year 5 also have a camp, this time in the Forest of Dean. They stay in an Outdoor Activity Centre run by Bristol Council. They are away for 2 nights,



and their trip is mainly water-based, with activities that include canoeing on one of the nearby lakes; a stream study, and a water walk in the forest. This involves plenty of opportunities to get wet and muddy, as well as exploring the fabulous forest at a really beautiful time of year.

Both of these camps give children the opportunity to stay away from home, try out new activities, and discover new things about themselves (including how resilient they are when facing heights or lots of rain!).

There are many other opportunities for children to take part in trips and activities. Year 4 visit the Roman museums at Caerleon, and have a fantastic time finding out about the Romans' way of life. Year 6 will be visiting the Aerospace museum as part of our STEM programme (Science, Technology, Engineering and Maths). Year 3 have recently enjoyed a 'Stone Age Day' in school, where they had a taste of stone age life in the school grounds (no mammoths, fortunately).



For more information about the curriculum at St Michael's School please visit our website: [www.stmichaels.co.uk](http://www.stmichaels.co.uk).

If you would like to visit the school, please get in touch with us.





**Shopmobility South Glos  
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Please contact the scheme at -  
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## Holy Trinity Primary School Ofsted Inspection

Holy Trinity (Church of England / Methodist) Primary School in Broad Lane, Bradley Stoke are celebrating after receiving a 'Good' grading from Ofsted in an inspection which took place on 24th and 25th October. They were the first primary school in South Gloucestershire to have a short section 8 inspection under Ofsted's new framework, which came into force at the beginning of September 2019.

Under the new Ofsted framework, the focus is much more on providing a broad and balanced education, with the introduction of the new 'Quality of Education' judgement. The other areas being judged under the new framework are 'Behaviour and Attitudes', 'Personal Development' and 'Leadership and Management.'

Headteacher, Janet Dickson who became the new Headteacher at the school in September 2017 said:

*"I am really pleased with the comments that the inspector made about the quality of the education that we offer to our children as it has always been our aim to ensure that our children receive a wide range of experiences in order to enable them to become happy and successful adults. Our broad, exciting curriculum and wide range of extra- curricular learning opportunities give children a fantastic opportunity. I also feel very privileged to work with such a talented, committed staff team and board of governors who always go the extra mile to make sure that we do the very best for all of the children at our school."*

The Ofsted lead inspector, Susan Aykin said in her report that the school is, "a friendly and welcoming school," where pupils "are kind and supportive of each other," and have "positive attitudes to learning and want to do well." She also said that a strength of the school is that "pupils are well prepared for life in modern Britain." She also said that "Parents appreciate the high standards and pastoral support at the school."

When examining the quality of teaching, she said that "Teachers plan exciting lessons that ignite pupils' curiosity" and that "the teaching of reading in all year groups is well planned" and that they "learn to read well because the teaching of phonics is effective." On the teaching of mathematics, she said that "Pupils use a wide range of resources to help them understand complex concepts in mathematics." She also said that "Pupils with special educational needs and/or disabilities (SEND) receive tailored support" The breadth of opportunities available for children was also noted as the report states that "Pupils have many opportunities to enrich their learning."

In a letter to parents, Chair of governors, Leah Head, said that the report was testament to the strong leadership in the school and thanked all the people who make our school such a positive environment for the children. She noted that the areas for development; further developing children's vocabulary and providing more consistent scaffolding of learning in maths, are areas which have already been identified by the school and actions have already been put in place through the school's development plan.

**A day of celebration is now being planned at the start of December, when special activities will be organised for the children, parents, governors and staff.**



photo of Head Teacher Janet Dickson  
from Dec 2018

**"A friendly and welcoming  
school,"**

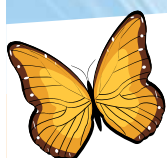
**"Teachers plan exciting  
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curiosity"**

**"Pupils with special  
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## OPEN EVENING Meet Mr Ferris

Stoke Lodge Primary School will be holding an Open Evening on **Wednesday 11th December** 5.30 to 6.30pm for parents looking for entry in Sept 2020.

---

Meet Head Teacher Mr Will Ferris, tour the school and chat to staff over tea and coffee.

---

**No booking needed, just pop in!**  
For more information call 01454 866772

---

 Stoke Lodge Primary School  @Stoke\_Lodge




# Mission

To support and enable all learners to believe in themselves, achieve beyond their expectations and develop the skills needed to succeed and enjoy life.



Winterbourne Academy



## Ambourne House Day Nursery & Preschool now offering the Montessori approach to child-care



Ambourne House Day Nursery is a long-standing nursery within our local community, having been caring and educating children in the 'Blue House' on the A38 since 1991.

Following the Early Year Curriculum to teach and plan activities for the children in our care, in April 2019 we also introduced the Montessori approach to teaching.

Montessori is a child-led form of education, focusing on the individual child; the materials are specifically designed to meet each child's developmental needs and interests. The Montessori curriculum is separated into areas of learning such as Practical Life, Maths, Culture, Language and Sensorial. We know that children develop at different rates, and within our practice we present the children to a piece of Montessori apparatus and demonstrate how to use the equipment on a one-to-one basis or within a small group. Once the children have been shown this, they are then free to explore the environment and have full access to the Montessori equipment throughout the whole day at their leisure or within a planned activity.

As with all improvements within our setting we are truly led by the children, reflecting constantly and changing the environment to meet their needs and interests. Reviewing the first 6 months of Montessori, we believe the impact measured has been immense. For example; one parent has noticed the improvement in her child's core stability that has led on to her development in writing skills and hand and eye coordination.

### Why not come in and see for yourself what we are offering?

Up until Christmas we will be holding 'Welcome Wednesdays' when families can come in and look around our setting without prior appointments.

**Are you looking to work in a nursery/pre-school environment?** We are currently recruiting for a Level 3 qualified person as well as a trainee. Ambourne House is a supportive learning environment and will help with training costs for the right individual. Please email [ambournehouse@3abcare.co.uk](mailto:ambournehouse@3abcare.co.uk) if you are interested in applying.



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"I can't recommend these sessions highly enough, I always sleep so well on a Monday now!" Clare

Laura Jane Hypnotherapy #justimagine

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HYPNOTHERAPY  
*Just Imagine*

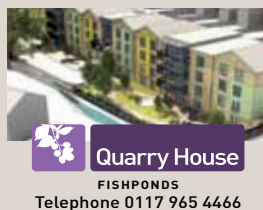
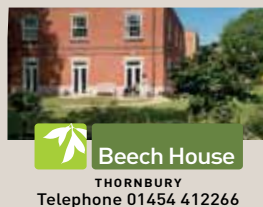


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**Even Keel Foundation**

Unmasking mental health in men

*Let me introduce myself. My name is Sam and I live in Gloucestershire with my two teenage daughters.*

Just over five months ago i was living what I considered to be quite an ordinary-ish, happy-ish life. I'd been through a few ups and downs, but nothing really that abnormal. No real 'it couldn't happen to me' moments and I remember feeling really excited - proper butterflies in the tummy excited - about my future having just got engaged to the most amazing man; I felt truly blessed that I'd been lucky enough to have met my true love, my solid-as-a-rock, my all-seasons, my very happy future. I'd take that and thank you very much too.

But then, suddenly, on Wednesday 6th June this year everything unexpectedly changed forever.

My world came crashing down like a thunderbolt. My heart shattered into a thousand tiny pieces. Happiness, ordinary-ness, gone. Wiped out; in a heartbeat. Literally. My sense of self altered forever. And never to be found.

**That was the revolting, ugly, life changing day that my amazing fiancé Michael tragically ended his own life.**

Michael showed no signs of depression, be it privately or publicly; the Michael that the world saw was the very same Michael that I lived with each day and went to bed with each night. The mask was firmly on - we have no idea for how long - but not a hint of darkness ever shadowed the beauty of his face, the wonder of his smile or the lightness of his laugh.

The devastating loss has been heartbreaking and the disbelief life changing. And here lies the very reason why we've established a foundation in his memory; to try to unmask mental health issues in other men and try to stop something so devastating happening to yet another family. I've been shocked to learn since Michael died that suicide is in fact the biggest killer of men under 45 and that three quarters of all suicides are male. It's these shocking statistic that we want to see changed: **We need men to feel that it's okay to be vulnerable; that it's really okay not to be okay; and that it's really, really good to talk.**



**We need men to feel that it's okay to be vulnerable; that it's really okay not to be okay; and that it's really, really good to talk.**

It's early days for our Even Keel Foundation but we'd love you to be part of our journey and follow us on social media where we will keep you updated with all the latest news, personal stories and events and how you can get involved. The more people who join us on this unmasking mission the bigger the reach we will have in starting the conversation and hopefully making a difference. Our whole ethos being, if it helps just one..

Take care and keep talking - Sam

The support for me personally and the Even Keel Foundation has been truly incredible since I survived the worst day of my life.

A huge thank you must go to **Laura Jane Hypnotherapy** for her unfaltering support and wisdom. She is of course wonderful at what at what she does but most importantly for me, she's also a wonderful friend.

**Samantha Hillier**  
**Even Keel Foundation**  
unmasking mental health in men  
[www.facebook.com/evenkeelfoundation](http://www.facebook.com/evenkeelfoundation)  
[www.theevenkeelfoundation.com](http://www.theevenkeelfoundation.com)

## Help your loved one start the New Year pain free

Treat them to some Osteomyology vouchers with expert **Dawn Clode** Ostm, Lic MET, Lic CR, FAO

Many of us live with pain of some sort – aching lower back, stiff shoulders, sore joints, repetitive stress injuries from hours at the computer! But few of us find the time or resources to rectify these problems, which would enable us to live a happier, healthier life! Now is the time to take action and Osteomyologist Dawn Clode is here to help!

From her Holistic Health Practice in Little Stoke, Dawn treats people of all ages, suffering with numerous different types of physical or emotional pain.

Dawn practices a wide range of treatment modalities to effectively address each individual's pain. These include; Acupuncture, Aromatherapy, Confidence and Self Esteem Coaching, Cranial Sacral Therapy, Manipulation (HVT), Massage, Muscle Energy Technique (MET), NeuroLinguistic Programming (NLP), Reflexology and Reiki.

For some people one session is enough to rectify their pain completely; for others a few sessions are required. Dawn told me, *"The ideal is to balance the patient, get them moving in tune with themselves, and then see them every few months for a check up to ensure that you are on track!"*.



*"I am privileged to meet and treat an array of fantastic people everyday. The thrill of having somebody walk in to my Holistic Health Practice with pain and leave with significantly less or none is something I will never tire of."*

### Help somebody you love

**Why not treat somebody you love that you know is suffering in silence – or has been complaining for months but not doing anything about it!**

**What better gift this Christmas than starting the New Year pain free. Gift vouchers are available.**

Dawn is happy for you to get in touch for further information. Please call: **0795 1099 491**  
Visit: **life-and-soul-empowerment.co.uk**



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## Touch is a healing power

**Patients recover better when they are treated with hands-on therapies. Louise Dodds, Physiotherapist at Bradley Stoke Physio & Health, explains...**

Remember your Mum or Dad rubbing your knee after you fell over when you were little? Or how you intuitively held a painful injury? Didn't your injuries hurt less as a result?

These natural reactions to pain are hard-wired into us as humans. We react in this way because of how we were personally treated when in pain and also because we are human. People in pain instinctively show a desire for, and actively seek out, touch-based interventions.

In addition, the sense of touch is emotional, and to be human is to feel. Touch is crucial for our understanding of the world around us: nursing her baby, a Mum tells the baby she is loved; a reassuring touch on the arm can show us we are safe; shaking hands shows someone they are welcome.

Interestingly, the phenomenon of touch has been largely ignored by the medical research world. Touch is considered a non-evidence based treatment. However, much of modern medicine's understanding of pain stems from the generally held belief that sensory signals stimulated by touch and pressure get preferential treatment over pain signals in the brain.

At Bradley Stoke Physio & Health, we believe that the mix of human instinct, a person's



emotional response to pain, and the brain's positive response to touch, play a significant part in the speed at which someone can recover from pain and injury.

To show that our approach works, we collect data to see how our use of hands-on therapies - mobilising a joint, stretching muscles or tendons, and massage, for example - help our patients. Benchmarked against the national data, we see that our patients get better more quickly when we use therapeutic touch as part of the treatment plan.

**Want to see how hands-on therapies can help you get better?**

**Get in touch and book an appointment with us at Bradley Stoke Physio & Health: 01454 618 525 or info@bradleystokephysio.co.uk.**



## Making you feel better



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# Unit 70 Avonation at World Scout Jamboree - An Experience of a Lifetime !!!

There are scouts in every country on this planet we call earth, bar 6. When Lord Baden-Powell formed scouting in 1907 and held the first camp on Brownsea Island he had a vision of a brotherhood of like minded individuals that would be proficient in basic skills such as pioneering, map reading and basic survival to name but a few.

**Every 4 years scouts from all around the globe travel to meet up with each other and share their cultures and become friends. Since the start of scouting there have been 24 of these world scout Jamboree's held in 16 different countries. The last of which was in July 2019 at Summit Bechtel Reserve, West Virginia, USA. Hosted by USA, Canada and Mexico.**

The UK Contingent sent 100 units to America, and Avon Scouts, which consists of North Somerset, BaNES, Bristol and South Gloucestershire, were lucky to have 2 units allocated. Each unit consisted of 4 adults and 36 Explorer Scouts (male and female).

In July 2017 the leaders attended a selection day where they were tested on various team building and scouting skills with some problem solving and leadership tasks. They were interviewed and later that same day informed of the decision to include them in the units. Similarly in October that year any scouts wishing to attend were similarly tested by each of the 9 districts in the County. The cost of this trip for each participant was £3,495 which everyone had to fundraise for themselves. Some of this money going into an international fund for less well off countries so that they could attend.

**"Avonation" Unit 70** was formed (consisting of Avon which was traditional and a sense of magnitude as this would be the largest WSJ ever in its history). Unit colours were chosen (Royal Blue and Gold which are the WV state colours) and a Unit neckerchief which is worn around your neck (the unit members wanted pink and orange). Even a Unit Badge was designed to represent our identity. The UK Contingents "Tea Bear" was turned into a balloon flying over the Blue Ridge Mountains of Virginia (depicting the ballooning famous in our region of the UK).

Avonation met every month and undertook hikes, orienteering, camps, sleepovers, cooking, fundraising, bowling, first aid training and meals out. Gradually the

young people formed friendships and strong bonds with one another. Patrols were formed Llamas, Stags, Buffalos and Panthers. Each had a patrol leader and an assistant and 7 patrol members.

**The hard work of all this preparation would hold us in good stead during the 21 days the unit would be away!**

Final fair wells were done at Keynsham scout HQ on Friday 19th July and the unit headed off to Heathrow early the next morning, flying to New York for 22 hours of sightseeing. Avonation had pre booked an open top bus tour which was a great way to see all the main attractions and get a feel for just how big Manhattan is. Hopping on and off to walk across the Brooklyn bridge, visit the 911 memorial, see Time Square, The Empire State Building to name a few. A ferry ride to see the Statue of Liberty before a long coach journey to West Virginia and onto the Summit Bechtel Reserve site where 45,000 people attended.



Each of the 6 sub camps had different coloured tents all provided for by the organisers. That evening was the opening ceremony and every scout in their national uniform was in the arena. What a sight it was (aerial photo below right), opened by the Mexicans with



guest speaker Bear Grylls abseiling from the ceiling. The atmosphere was electric and then came the entertainment to finish off the evening and a drone show.

The next 8 days comprised of every activity you could possibly think of all manned by volunteers (international service team members) who had paid to attend and work on site to provide the best possible experience for the younger explorer scouts. There were food houses from countries all around the world, shops, information and technology tents, water sports, aerial activities, you name it, it was there and to help with queuing there was an app on every ones phone giving times etc.

Food was provided in large shopping markets and brought back to camp by the duty patrol that entertained visitors and cooked so that the others had more time to fit everything in. On culture day we taught foreign scouts how to morris dance to John Smith and cloaked them in our tatter jackets bashing sticks we had brought with us. Of course we had cups of Tea and cheese and biscuits.

During the middle of the jamboree was another gathering, this time for the Canadians to introduce themselves and again entertainment to finish off the night.

The last evening was the closing ceremony held by the USA and finished with a massive fireworks display and band. This was the end of the camp, but not the end of the experience for Unit 70. The next day it was decamp, get into a coach and travel back to Washington DC.

The unit spent 3 days in the Capital travelling on the Metro and seeing all the sights. The leaders went to Arlington Cemetery and paid their respects as well as seeing the White House and other monuments. The



final day in Washington saw all 4000 UK scouts attend the Baltimore Orioles stadium where the blue jays from Toronto were visiting the home team (middle photo above). In front of the Contingent was an outfielder called Anthony Santander. He became the focus of the massive UK following and everything he did the stands would erupt into applause so much so it was shown on ESPN and written about in the Washington Post. Anthony Santander said it was the best day of his life and he would never forget it!

The next day was the longest so far which saw the Avonation unit travel to Canada, Ottawa in particular and a small town west of Toronto called Woodstock. There they joined 9 other units and some Canadian scouts to camp for 3 more days (photo top right). An opening ceremony with native first people and lots of Maple Syrup. We took part in lots of games and activities and on the third day travelled into Niagara Falls to experience a boat trip and magnificent scenes. A unit meal in the Hard Rock Cafe was a treat. On our return we had a closing ceremony and then the drive back to NY for the flight back to Heathrow and home.

**What a fabulous 3 weeks and so so many memories but the most important thing was the unit had become like a family all looking out for one another and when we finally said good bye at Keynsham Scout HQ there were tears and a sense of finality. The unit had come so far, done and seen so much. The bond of brother and sisterhood so strong, lifetime friendships forged and this was exactly what Lord Baden-Powell had wanted all the years before. Of course the unit members will be meeting up again soon!**

**The unit would like to say a big Thank You to all the companies and individuals that helped us on the run up to the WSJ, Kingston's by design, Downend Roundtable, Tesco's, Aviva, Ballyhoo, Winterbourne Down morris dancers, Patchway Judo Club, Peaks, all the scout groups that offered meeting places plus many individuals - you know who you are!**

**If you would like to go on a world scout jamboree then join your local scout group the next one in 2023 is in South Korea. Maybe some of Avonation Unit 70 will see you there!**



## Report Exercise Blue Ham

Over the weekend of 12th-13th of October, Cdt. Salt and Cdt. Porter from 37 Sqn. Frampton Cotterell took part in Exercise Blue Ham. This was a national military style radio exercise organised by The Royal Air Force Air Cadet organisation. Squadrons from around the country competed to log as many radio contacts as possible over the two days. Using HF radios on the 5MHz band, cadets contacted other squadrons and radio amateurs around the country and even overseas. For a contact to count, they had to exchange 6 pieces of information including callsigns, signal report, grid location, transmitter power, antenna type & direction.

Both cadets received radio communications training at 37 Sqn. Frampton Cotterell and are qualified to blue badge standard. They operated from their recently refurbished radio station at the squadron HQ in Frampton Cotterell. They displayed excellent communications discipline and adhered to the proper military protocols. Radio conditions were challenging at times but both coped well and became smooth operators by the end of the day.

Over the weekend they logged 88 contacts, 12 of which were with other Air Cadet Squadrons and the remaining contacts with radio amateurs. The furthest contact to the south was St. Helier on the island of Jersey. The furthest north was an operator in the Scottish highlands some 769kms away - he used military grade wire for his antenna to withstand the force 12 they sometime get. Cadets also logged a contact with someone operating from a mountainside in the Lake District using a 40 year old ex-military radio with a wire antenna hung from a tree!

On the following parade night, the cadets were presented with a certificate of operation issued by Squadron Leader Boland RAFAC Radio Officer and presented by Flying Officer Sambrook Officer Commanding 37 Sqn (photo top right). Both cadets agreed that it was great fun and had gained a lot of valuable communication experience in a short time. They are looking forward to the next exercise!

**If you want to know more about our Squadron and the activities get involved with, please contact Officer Commanding (Sambrook, Paul Fg Off): [oc.37@aircadets.org](mailto:oc.37@aircadets.org)**

**We are pleased to say that we are having an Open Evening on the 9th December 7pm- 9.30 pm at the Royal British Legion ,Ryecroft Road, Frampton Cotterell. Please come along to see what our cadets do.**



## Bradley Stoke Bowls Club Annual General Meeting held on 24th October 2019

Just under 50 members attended the Annual General Meeting. Before the official proceedings began, Joe Hughes, Community Fund Raising Coordinator for the Great Western Air Ambulance was presented with cheque for £1,288.00. The photo shows Brian Newman (President), Mike Bryant (Vice Chair) and Joe Hughes, who thanked everyone for raising the money and explained how it would pay for the services of various personnel at the charity.

Before starting the meeting, the Chair, Robert Bertram asked for a minute's silence to remember two deceased members, John Jarvis and Ron Maggs. He then welcomed the members and said that it had been an exceptional year for the club with both men's league teams winning their respective leagues and gaining promotion, with the ladies just missing out on second place in their league. He proceeded to thank all the Club's officers and other officials who had helped to make 2019 such a successful and enjoyable season. He congratulated Brian Newman and his helpers for making the 10th Anniversary Charity day such a success. Phil Ashford, Sponsorship Representative was also thanked along with all the local businesses that kindly donated prizes for the Charity Day and Grand Draw.

The meeting confirmed the appointment of 34 office bearers, these included President: Bob Wilkins, Chair: Robert Bertram, Vice-Chair: Mike Bryant, Club Captain: Roger Sutton, Vice Club Captain: Ken Williams, Treasurer: Steve Burdock, Secretary: Colin Bevis, Membership Secretary: Sue Arnold and Fixtures Secretary: Mark Griffiths.

After a lively and constructive meeting, the Chair thanked the Committee members for their help and support during the year and closed the meeting by announcing that the next AGM would be held on Thursday 22nd October 2020 and the Spring Meeting on Thursday 12th March 2020 starting at 6.00pm.

**For more information see the club website [www.bsbc.webs.com](http://www.bsbc.webs.com)**



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## Dunkley's are named as 'Independent Firm of the Year: South-West, England' at the British Accountancy Awards 2019

On Wednesday 25th September, the nation's top accountants gathered and celebrated in style at the British Accountancy Awards in London. Organised by leading publication Accountancy Age, the awards recognise the best firms in the UK each year and celebrate excellence in the profession.

This year Bradley Stoke-based accountancy firm, Dunkley's Chartered Accountants were nominated for 3 awards; 'Independent Firm of the Year: South-West, England', 'Outstanding Advisory' and 'Best Employer'.

As evident by their wide range of clients, extensive suite of services and professionalism, Dunkley's continue to strive for excellence and being recognised for these awards is testament to that and the continued success of the firm.

With 3 nominations, hopes were high. Directors Lisa White and Matthew Dobbins alongside Client Partner, Natasha Miller attended the ceremony held at the Grosvenor in London.

## Dunkley's were delighted when they were declared the winners of the 'Independent Firm of the Year: South-West, England' award!

Lisa White explains what winning this award means for the business. 'Winning such a prestigious award is a perfect time to thank every one of our employees for the commitment and hard work they give to the firm every day, without which none of this would be possible. We as a firm are continually striving to improve processes and aim to always provide excellent client service. For this to be acknowledged at a National level is quite something and a

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*reinforcement that the team are doing all the right things. We should all be very proud of what has been achieved.'*

Matthew Dobbins also commented: 'This award is a real testament to the team's constant hard work and dedication to our clients. The calibre of the other entries was high so for us to be recognised in this way is incredible. Achievements such as this help us demonstrate to current and prospective clients that we deliver an excellent, professional and reliable service.'

**This achievement proves that Dunkley's are truly the 'best in the South West'.**

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## Property fraud – are you protected?

*Josephine Tasker of AMD Solicitors considers how you can protect your property against fraud.*

Millions of pounds are lost each year to Property Fraud in the UK, which unfortunately is a serious ongoing issue with fraudsters continuing to target property owners regardless of whether owners are individuals or companies, and leaving you to deal with the consequences.

The most common types of frauds are typically where criminals steal a property owner's identity and then attempt to sell or mortgage their property by pretending to be them.

In particular, fraudsters are more likely to target properties where:

- the property is rented out
- the property is empty
- the property is not mortgaged
- the property is not registered with HM Land Registry
- you live overseas

### To protect your property place a restriction on it!

You can instruct our Conveyancing Team to put a 'Restriction' on your title.

If you have a property which you rent out, a second home or live somewhere else for all or part of the year, you should consider registering a Restriction against the property. The benefit of taking this additional step means it will prevent the Land Registry registering any sale or mortgage on your property unless a conveyancer or solicitor certifies that the application was made by you.

### The Land Registry's Free Property Alert Service

The Land Registry offers a free 'Property Alert Service' for properties registered in England and Wales. This is an essential tool that should be considered by anyone wishing to take steps to protect a registered property from risk of fraud.

To sign up, all you need to provide is a valid email address and the postcode or title number of the property(ies) you want HM Land Registry to monitor (can be up to ten properties). Once you have signed up to the service, you will

receive email alerts from the Land Registry when certain activity occurs on your monitored properties, allowing you to take swift action if these activities are suspicious. The alert will signpost you to who to contact in this event.

### Keep your contact details up to date!

Please remember to update the Land Registry in writing if your contact details change while you own the property to ensure you receive any such correspondence. For added peace of mind, the Land Registry can hold up to three contact addresses for you, including an email address and an address abroad.

### What if my property is unregistered?

If your property is not registered at the Land Registry, you should consider making an application for voluntary first registration because it helps protect against fraud, gives you proof of ownership and makes it easier to buy and sell.

If you are unsure whether your property is unregistered or would like to discuss making a voluntary application, our experienced Conveyancing Team will be able to assist you.

**If you would like any advice or assistance in connection with the above, please get in touch by emailing [info@amdsolicitors.com](mailto:info@amdsolicitors.com), calling our Conveyancing Team on 0117 973 5647 or pop in to one of our four Bristol offices.**



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## Who We Are

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## Estate Administration

When a friend or family member dies, it can be a very distressing time. We have years of experience in applying for Probate and administering estates. Let us guide you through this difficult time. We can handle every aspect of the estate administration process on your behalf, including completing the Inheritance Tax return, obtaining the Grant of Probate and ultimately distributing the estate to the Beneficiaries:

- **No obligation** initial consultation
- **A direct line** with a specialist member of our team
- **Regular updates** on the progress of your case

## Wills and Inheritance Tax

Without a valid Will, you risk your property being distributed according to the Rules of Intestacy, which may be completely at odds with your wishes. We offer practical legal advice, ensuring your final wishes are accurately recorded, your assets safeguarded, and your interests protected.

We can also assist you with Inheritance Tax planning, ensuring you understand and take advantage of the available Inheritance Tax allowances to preserve as much of your wealth as possible so it can be passed down to the next generation.

Pricing: standard Wills start from **£180 +VAT** or **£300 +VAT** for a mirror Will (for a couple).

## Lasting Powers of Attorney

It can be difficult to imagine not having full mental capacity to make decisions for yourself, but many people do lose the ability to run their day to day lives and have to rely on others to manage their affairs. A Lasting Power of Attorney allows you to choose a trusted person to help you manage your finances and/or health and welfare if you become unable to do so in the future. We are highly experienced in supporting individuals and their loved ones with the issues surrounding mental capacity and can assist with drawing up a Lasting Power of Attorney and registering the same with the Court.

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- 1 LPA: **£450 +VAT**
- 2 LPAs: **£650 + VAT**
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## Disputed Wills

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**Don't miss out on a very special Coral Welsh Grand National this year at Chepstow Racecourse!**



One of the biggest dates in the Welsh sporting calendar, this Christmas tradition on 27th December attracts people from across Wales and the South West.

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This year we'll welcome famous faces including Welsh opera superstars Sir Bryn Terfel and Rebecca Evans, who will be singing the Welsh National Anthem ahead of the main race. We'll also welcome back the band of the Regimental Band of the Royal Welsh and Bridgend Male Voice Choir as well as a host of live entertainment.

Tickets start at just £27, with fantastic deals available including a ticket, a drink, a pie and a racecard for just £36 in our popular Pie and a Pint package. Premier ticket holders will have access to all Grandstand areas, as well as our newly refurbished 1926 bar.

Book any ticket in advance, and we'll even throw in a complimentary ticket to our fixture on Monday 2nd March 2020 (Ts&Cs apply, excludes hospitality).

Visit [chepstow-racecourse.co.uk](http://chepstow-racecourse.co.uk) to find out more about our fantastic shuttle bus, and to book your tickets. We can't wait to see you!



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*If you can't wait for the end of December, we're delighted to invite you in for our Christmas Party Raceday on Saturday 7th December!* Get your Christmas 2019 festivities off to a brilliant start at Chepstow Racecourse with a fantastic full day of Welsh horseracing, as well live music in the afternoon from scrumpy-swigging superstars the Wurzels!

Gates open on 7th at 10.20am and the first race is at 12.20pm, so gather your friends and family together for the first big event of the festive season!





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Tuesdays 3rd, 10th, 17th December 11:30-12:00

### Children's Holiday Activity

Christmas Themed Crafts Tuesday 17th December 4-5pm  
Drop-in anytime between 16:00-17:00 for a 20 minute craft  
(Suitable for children aged 4-11 years)  
\*Adult supervision required



### Volunteer Centre

Information Drop-in 12:00-14:00

Thursday 12th December

### DigiLocal Coding Club

Saturdays 9:45-12:15 for 8-14 year olds.

Places must be booked via email: digilocal@hbb.org.uk  
DigiLocal will introduce children to computational thinking through project based activities building computer games and animations. DigiLocal is registered with and uses project guides from Code Club.

**Did you know that you can reserve and renew books online?** You can also download eBooks, eAudiobooks and digital magazines. Find out all that's on offer at [www.librarieswest.org.uk](http://www.librarieswest.org.uk)

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## Light up a Life

Join St Peter's Hospice and celebrate the lives of loved ones at their Light up a Life remembrance services. Enjoy carols, readings and live music and honour the lives of those no longer with us. The services are open to everyone of all faiths and none, whether you have been supported by the Hospice or not.

You can also choose to enter a loved ones name in their beautiful hand bound Book of Remembrance to commemorate their life. A skilled calligrapher will inscribe each name into the Book, creating a permanent record of your loved one. To find out more and submit a name visit [www.stpetershospice.org](http://www.stpetershospice.org) donate or call 01275 391 400. Entries need to be received by the 24 November.

### Services:

**Tuesday 3rd December at 5.45pm**

**Bristol Cathedral, College Green BS1 5TJ**

Our traditional remembrance service. No need to book, just turn up on the day.

**Sunday 8th December at 5pm**

**The Salvation Army Citadel, Staple Hill, BS16 5NL**

A service featuring the music of the Staple Hill Salvation Army band. No need to book, just turn up on the day.

**Saturday 14th December 2019 at 3pm**

**St Peter's Hospice, Brentry, BS10 6NL**

A special service at the Hospice, alongside our new In Patient Unit  
Spaces are very limited at this service: booking is essential. Please call 01275 391 400.

Gifted drama group presents:

## Sleeping Beauty

on **Saturday 14th December** at  
10.30am Holy Trinity Church,  
Bradley Stoke

Tea and cake available in aid of the  
church pastoral fund.

Free Entry.



Free entry – everyone welcome!

## SHEILING SCHOOL CHRISTMAS MARKET

**Saturday 7th December 12-4**

Shelling School • Park Road • next to Thornbury Castle

Winter café wood-fired pizzas • homemade cakes • soup & rolls

Stalls handmade Christmas gifts • arts & crafts

Attractions raffle • auction • tombola • children's activities

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**Christmas FAIR**

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Santa in his  
Grotto

free entry

email: [jaci@mattersmagazines.co.uk](mailto:jaci@mattersmagazines.co.uk) to list your event for FREE

Check out [www.bradleystokematters.co.uk](http://www.bradleystokematters.co.uk) for MORE community events!



## Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

### BABY AND TODDLER GROUPS

**Beehive Baby and Toddler Group**, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

**Bright Sparks Toddler Group** Monday afternoons 1-3pm term time only All new families welcome phone : 01454 615577

**First Steps Toddler Group** - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

**Little Hedgehogs (0-5's)** - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol , 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

**Pre-School Rhyme time** Bradley Stoke Library Mondays 10.45-11.15am 01454 868006 bradleystoke.library@southglos.gov.uk

**Puddle Ducks** - Mondays 10am to 12 noon during term time Brook Way Activity Centre. puddleducktoddler@hotmail.co.uk

**North Bristol Twins Group** - Fridays from 10-12 noon during term time (including half terms) at Bradley Stoke Evangelical Church £3 per family, northbristoltwinsgroup@googlemail.com northbristoltwinsgroup.co.uk

**Trinity Tots** - Mondays 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

### LOCAL CLUBS AND ORGANISATIONS

**1st Bradley Stoke Scouts** - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Holy Trinity school. Please have a look on our website for further information for both young people and adult volunteers at [www.bradley-stoke-scouts.org.uk/join](http://www.bradley-stoke-scouts.org.uk/join)

**1st Little Stoke Scouts** - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. To enquire about your child joining or to volunteer call Tony Edmonds (Group Scout Leader) 07957880503, or email [tonyedmonds108@yahoo.com](mailto:tonyedmonds108@yahoo.com)

**Bradley Stoke Book Club 'Bookaholics'** meet at Soho Coffee in Bradley Stoke Leisure Centre on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714101354 [geoffrey.stobbart@btinternet.com](mailto:geoffrey.stobbart@btinternet.com)

**Bradley Stoke Community Singers** - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all [info@bscsingers.co.uk](mailto:info@bscsingers.co.uk) or call 07743 333837 / 07599 252176

**Bradley Stoke Lions** meet every 2nd Wednesday at the Doubletree Hilton at 7.30 pm Ailsa Young, 07737 106836 [ambyoung29@yahoo.com](mailto:ambyoung29@yahoo.com)

**Bradley Stoke Radio** - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 [bradleystokeradio.org.uk](http://bradleystokeradio.org.uk)

**Bradley Stoke Rotary Club**. Breakfast club meeting 4 Fridays per month, 7.15-7.30am start, 8.30am finish, Bristol Golf Club, Blackhorse Hill, Almondsbury, Bristol. BS10 7TP. Contact the Secretary [rotarybradleystoke@gmail.com](mailto:rotarybradleystoke@gmail.com)

**Bradley Stoke Sew and So's** - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandso.weebly.com

**Gifted drama group** Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

**Girl Guides, Brownies & Rainbows** - [admingirlguidingbsg.org.uk](mailto:admingirlguidingbsg.org.uk), [girlguidingbsg.org.uk](mailto:girlguidingbsg.org.uk)

**Goldies** - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

**Little Stoke Ladies Club** - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

**Severnside Ramblers** - 'Friday Ambles' start in the Aldi car park on alternate Fridays at 10am. Weekend & evening walks -start in the Aztec West blue zone car park. Check site for details.[www.severnside-ramblers.org.uk](http://www.severnside-ramblers.org.uk)

**Stokes Art Group** - All ability Painting Sessions held at Christ The King Church, Bradley Stoke on Tuesday evenings & Thursday mornings. E: [stokesart2@gmail.com](mailto:stokesart2@gmail.com) W:[stokesart0.wix.com](http://stokesart0.wix.com)

**Stokes Crafters** - Every Thursday evening 7.30-9.30pm at Poplar Rooms, North Road, Stoke Gifford. £4 charge includes refreshments. Contact via Facebook page or Zoe Coggon - [zoecoggon@gmail.com](mailto:zoecoggon@gmail.com) or 07815 662446

**Stokes Phoenix Club** - meets 1st Tuesday of the month, 10am-12noon at Little Stoke Community Hall, Little Stoke Lane. Contact Rosemary Davis 01454 614474

**Stokes Singers** - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Liz Gazzard on 01454 614148 for further details.

**Willowbrook Townswomen's Guild** - Jubilee Centre - 7:30 - 9:30pm the 2nd Tuesday of every month. Ros Gallear - [rosalindg@tiscali.co.uk](mailto:rosalindg@tiscali.co.uk)

**Winterbourne Wind Band**- Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

**Women's Institute (WI)** - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Bev - 01454 625855.

**Women's Institute (WI)** - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 0117 9793409

**Woodcraft Folk** - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, or missed out your club completely, please let us know [community@mattersmagazines.co.uk](mailto:community@mattersmagazines.co.uk) and we will do my best to put it right for you!

### SPORTS CLUBS

**Aretians Rugby Club for Cubs, Juniors and Seniors** Station Road, Little Stoke [www.aretiansrfc.co.uk](http://www.aretiansrfc.co.uk)

**Black and Blues Netball** - Non-League Social Netball Wednesdays 7.30-9pm BSCS, <http://www.theblackandblues.co.uk/> or find us on Facebook 'Black & Blues Netball'.

**Bradley Stoke Bowls Club** - Baileys Court Activity Centre [www.bsbc.webs.com](http://www.bsbc.webs.com).

**Bradley Stoke Cricket Club** - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at [bradleystokecc.play-cricket.com](http://bradleystokecc.play-cricket.com)

**Bradley Stoke Jiu Jitsu Club** - Chris Harris, [maru.jiujitsu@gmail.com](mailto:maru.jiujitsu@gmail.com) We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

**Bradley Stoke Junior Netball Club** - The Jubilee Centre. Every Wednesday U12's 4.30pm-5.30pm, U14 and U16's 5.30pm-7.00pm. Please email [bsncjuniors@yahoo.co.uk](mailto:bsncjuniors@yahoo.co.uk)

**Bradley Stoke Judo** - Various days and times, Bradley Stoke Leisure Centre, [www.bradleystokejudoclub.com](http://www.bradleystokejudoclub.com)

**Bradley Stoke Squash Club** - For adults, Juniors and Children. Welcoming new players from beginners to advanced. Club night Sunday nights for all From 6pm. Children's coaching on Sat Mornings. Contact Mark Stone for details 07786 911580

**Bradley Stoke Town Football Club** - Adult training Tuesdays at Bradley Stoke Community School, For more info see website at [bstfc.co.uk](http://bstfc.co.uk)

**Bradley Stoke United Football Club** - Football from U7's to U16's Various contacts, dependent on age, see website [bsufc.co.uk](http://bsufc.co.uk)

**Bradley Stoke Youth FC (BSYFC)** - FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site [www.bsyfc.co.uk](http://www.bsyfc.co.uk) or contact [mlee1@btopenworld.com](mailto:mlee1@btopenworld.com)

**Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors** - Trench Lane, Almondsbury website: [www.smobrugby.com](http://www.smobrugby.com), 01454 250489 email: [clubhouse@smobrugby.co.uk](mailto:clubhouse@smobrugby.co.uk)

**Bristol Extreme Allstar Cheerleaders** - Wednesdays 7-9pm Little Stoke Primary School, [bristolextreme@gmail.com](mailto:bristolextreme@gmail.com)

**North Bristol Rugby Club**, Rugby teams from 4+ [www.pitchero.com/clubs/northbristoljuniorsrfc/](http://www.pitchero.com/clubs/northbristoljuniorsrfc/)

**North Bristol Running Group** friendly group of recreational runners, 3 evenings per week, Tuesday, Wednesday and Thursday, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. For further information please see our Face Book page or text Alan Wilcox on 0789 0182387.

**Sole Sisters** - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, [www.solesistersrfc.co.uk](http://www.solesistersrfc.co.uk)

**South Glos Hockey Club** Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. <http://www.sghc.org.uk>, Facebook - South Gloucestershire Hockey Club

**Stokes Cycling Club** - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - [www.stokescyclingclub.org.uk](http://www.stokescyclingclub.org.uk) [stokescyclingclub@googlemail.com](mailto:stokescyclingclub@googlemail.com)

**Stoke Gifford Cricket Club** - We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

**Stoke Gifford Short Mat Bowls Club** -Tuesday mornings and Friday afternoons. For more information please contact 0117 9791807 or email [sgsmbc@outlook.com](mailto:sgsmbc@outlook.com).

**Stoke Gifford Tennis Club** - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

**Stoke Lane Athletic Football Club** - FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via [www.stokelane.co.uk](http://www.stokelane.co.uk) or email Club Sect 'steve' [pspayne@blueyonder.co.uk](mailto:pspayne@blueyonder.co.uk) or Club Mobile 07972 039413

**Stoke Striders Running Club** - A free recreational running group, Mondays 6-7pm Little Stoke Park, <https://www.facebook.com/stokesstriders>

### CHURCHES / COFFEE MORNINGS

**Bradley Stoke Evangelical Church** Baileys Court Road 0117 9314716 [www.bsec.org.uk](http://www.bsec.org.uk)

**Christ the King Church** Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. [www.ctkchurch.org.uk](http://www.ctkchurch.org.uk)

**City Church** Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 [www.bridgecommunitychurch.org](http://www.bridgecommunitychurch.org)

**Edge Church International**. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. [www.edgechurch.co.uk](http://www.edgechurch.co.uk)

**Holy Family Catholic Church** Southsea Road, Patchway 0117 9081247 [www.holyfamilyrcchurchpatchway.co.uk](http://www.holyfamilyrcchurchpatchway.co.uk)

**Holy Trinity Church** Broadcroft, Bradley Stoke 01454 620975 [www.htcbradleystoke.co.uk](http://www.htcbradleystoke.co.uk)

**Little Stoke Baptist Church**, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

**St.Michaels Church**, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 9.30 until 4pm, and Saturdays 10-12.

**Trinity Network** -[www.trinitynetwork.org](http://www.trinitynetwork.org) Amberley Road Baptist Church, Patchway, 01454 610808 Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808







## PRIMARY SCHOOLS

**Baileys Court Primary School**, Head Teacher: Andrew Lynham, Breaches Gate BStoke, 01454 838320

**Bradley Stoke Community School Primary Phase**, Head Teacher Sharon Clark Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

**Bowsland Green Primary School**, Head Teachers: Faye Kitchen/ Michelle Engley, Ellicks Close BStoke, 01454 866766, bowslandgreen.org.uk

**Holy Family R.C. Primary School**, Head of School: Dawn Breeze, Amberley Road Patchway, 01454 866786

**Holy Trinity Primary School**, Headteacher: Janet Dickson, Broad Croft BStoke, 01454 866735, holytrinity-pri.s-gloucs.sch.uk

**Little Stoke Primary School**, Headteacher: Anne Sargent, Little Stoke, 01454 866522, <http://www.littlestokeps.co.uk>

**Meadowbrook Primary School**, Head Teacher: Nicola Bailey, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

**Stoke Lodge Primary School**, Headteacher: Sharon Bishop, School Close Bourton Avenue, stoke Lodge, 01454 866772

**St Chad's Patchway C of E Primary School**, Head Teacher Mrs Steph Jenkins, Cranham Drive, Stoke Lodge, 01454 866523

**St. Marys R.C. Primary School**, Head Teacher: Paula Marsh, Webbs Wood Lane BStoke, 01454 866390,

**St Michael's Primary School**, Head Teacher Mark Freeman, Ratcliffe Drive, Stoke Gifford 01454 866781. [www.stmichaelsg.co.uk](http://www.stmichaelsg.co.uk)

**Wheatfield Primary School**, Head Teacher: Phil Winterburn, Wheatfield Drive BStoke, 01454 868610

## SECONDARY SCHOOLS

**Abbeywood Community School**, Head Teacher: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, [abbeywoodschool.com](http://abbeywoodschool.com)

**Bradley Stoke Community School**, Head Teacher: Steve Moir, Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, [bradleystokecs.org.uk](http://bradleystokecs.org.uk)

**Patchway Community College**, Head Teacher: Karen Cornick, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, [patchwaycc.com](http://patchwaycc.com)

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2019/20

# UPCOMING EVENTS



Call 0117 974 9740 or come and see us to get your tickets!

## Xmas Quiz Night

Come and test your knowledge with our Christmas themed quiz night. Tickets come with a complimentary meal. Open to members and non-members.

Thu | 19<sup>th</sup> Dec

7pm – 9pm  
£8.95 per person

## Kids Xmas Party

Disco, face painting, treasure hunt, party games, Santa's Grotto and sleigh loads of fun for all.

Fri | 20<sup>th</sup> Dec

5pm – 8pm  
£5 Per Child  
£7.50 Per Non-Member Child

## Stand Up Comedy

Due to popular demand we're running our 3<sup>rd</sup> Stand-up comedy evening. We have 5 fantastic comedians booked to have you laughing from start to finish.

Sat | 25<sup>th</sup> Jan

7.30pm – 10.30pm  
£10 Per Person  
Adults Only

## One for the Road

Country rock band 'One for the road' will be entertaining you live from our café/bar from 8pm with hits from Eagles, Jonny Cash, Eric Clapton and many more.

Sat | 22<sup>nd</sup> Feb

7.30pm until Late  
£5 Per Person  
Adults Only

All events are open to members and non-members. Call or visit us to buy your tickets.





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## New Football Players and Coaches Wanted

Bradley Stoke United, an FA chartered status football club are looking to recruit new Hanham Minor League teams for the 2020/2021 season. We plan to launch new teams at U8s through to U11s, current school years 3, 4, 5 and 6.

If you have a son or daughter who would like to get into football and play regularly, please do get in touch. We plan to hold weekly training sessions to start these new players off, with the aim of entering new teams into local leagues for the 2020/2021 season. Part of this training will include friendly matches prior to next season starting.

A key element of the player recruitment will also be attracting new coaches. For any grassroots football club we are reliant on volunteers stepping forward and getting involved in coaching of young players. This is a hugely rewarding role to undertake, not only providing local children an opportunity to play football but also helping to develop other skills, such as teamwork, health, fitness and social development.

All new helpers will be introduced gradually to the teams and coaching aspects of the club, with ongoing support from existing qualified coaches. Bradley Stoke United encourage all of its helpers to enrol on the FA Coaching Courses, which are fully funded.

If you have a child interested in trying out for the club or if you fancy getting into coaching please contact [playfooty@bsufc.co.uk](mailto:playfooty@bsufc.co.uk) to find out more.



Community Fun Commitment

[www.bsufc.co.uk](http://www.bsufc.co.uk)

**North Bristol RFC**  
6.30pm - 8.00pm

**Cheltenham Tigers RFC**  
6.30pm - 8.00pm

25th October	01st November
22nd November	22nd November
20th December	20th December
31st January	31st January
28th February	28th February
27th March	27th March
24th April	24th April

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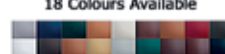
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