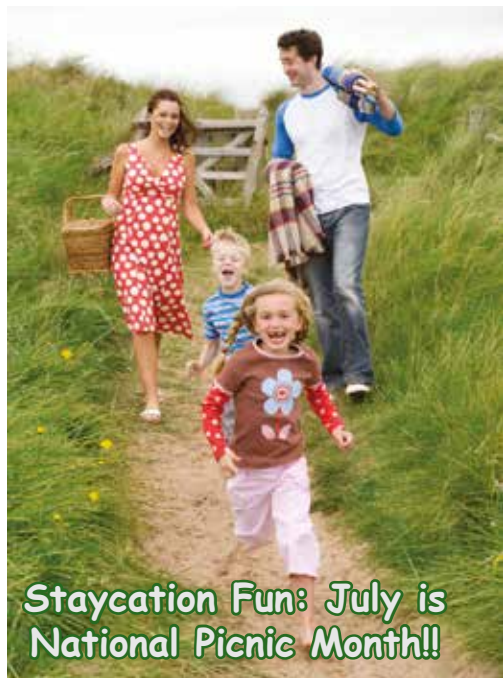


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Dear Readers....

There's a word that has entered the national vernacular: "staycation". As a way to describe a holiday spent in one's home country rather than abroad, or one spent at home and involving day trips to local attractions, it's nothing new. According to Wikipedia the phrase originated in Canada in 2005! But with international travel still a cause for concern for many, and domestic holidays seeing a sharp rise in popularity, the staycation trend has finally caught mainstream media attention.

Personally I'm delighted that holidays in the UK are becoming so popular. Our economy needs all the help it can get, and we have a rich cultural heritage to explore. We have some stunning scenery, historic castles, and stately homes in our region and around the UK, not to mention indoor and outdoor attractions such as theme parks, museums and our beautiful coastline and seaside resorts.

You might also be interested to know that July is National Picnic Month, 2nd to 11th July is National BBQ Week and 7th July is World Chocolate Day! So even if you manage to take only a short break from work and routine, we hope July brings you some joy and a chance to enjoy our lovely outdoor spaces, both close to home and a car ride away.

We have another great issue for you this month, so why not just pull up a chair in the garden with a nice glass of something cool and enjoy the read!

Until next time,

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Local Rugby Volunteers congratulated by HRH The Princess Royal

HRH The Princess Royal, Patron of Gloucestershire Rugby Football Union (GRFU), congratulated rugby winners at this year's Awards in Adversity event, created to recognise those who have gone over and above to support their rugby and wider community during the pandemic.

Eleven volunteers from eight GRFU member clubs attended an intimate event at Lockleaze Sports Centre, home of Bristol & District Rugby Football Combination, complying to current covid restrictions, to celebrate their achievements and to receive their awards.

During these extraordinary times experienced over the past year, many volunteers have risen to numerous challenges and overcome adversity. GRFU was delighted to receive so many nominations and the Awards Panel had its work cut out to whittle down the final shortlist to those who gathered at the event.

Keith Gee, GRFU President said: "All the volunteers expressed complete amazement when they were told they had been selected as an award winner. Why? Simply because they just get on and do it, without expecting any praise or thanks. They have a passion for the game of rugby and are prepared to put themselves out for their club, school, or society if it helps their community".



Among the award winners was **Kevin Mulvaney (above) from St Mary's Old Boys RFC** who was delighted to be part of such a memorable event, saying: "It was a fabulous day and meeting HRH The Princess Royal was an honour. The award reflects the team at St Mary's". Kevin was nominated for 'navigating the club through the covid crisis successfully to emerge stronger, more resilient, and sustainable than before with the means to bring in new members from the local communities and expand the use of club facilities



to other activities to engage more closely with other charities and organisations.'

Another local award winner was **Declan Dunphy (above) from North Bristol RFC** who coordinated the planning and implementation of the various strategies to ensure that the club was Covid Secure in addition to leading on the club's commercial activities, ensuring the club remains financially secure for the future.

The GRFU has a sound foundation on which to build, with over 70 clubs and 120 playing schools in membership. None of these would be in existence if it were not for the dedicated volunteers throughout all echelons of the game.



The Cleeve Singers of Downend are looking ahead to September and require more singers in all voice departments to join us.

Rehearsals, subject to possible alteration, will hopefully begin on Wednesday, 1st September at Lincombe Barn, Overndale Road, Downend at 7.30 pm.

We are a happy friendly choir who cannot wait to return after the lockdowns.

If you like musicals, popular items and would like to give us a try, please contact our Secretary by email:
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Bradley Stoke WI

Bradley Stoke WI is still going strong and keeping in touch with our members with meetings on Zoom and regular newsletters.

In March we enjoyed a fun 'Multiple Guess' quiz, in April we tested our general knowledge and played a Zoom friendly game called Tongue Tied and will have another light hearted quiz in May.

Although we have taken advantage of Zoom we are all looking forward to meeting in person again at our regular meeting place, the Jubilee Centre in Savages Wood Road, Bradley Stoke.

Our meetings are on the second Wednesday of each month at 2pm and we hope to resume meetings in July subject to Government Guidelines.

Our WI is a great place to make new friends and to participate in all sorts of different activities including a book club, a craft club and a table tennis club. We also intend to resume our regular coffee mornings at local cafes, go bowling, go to the cinema and arrange trips into Bristol and the local area to visit places of interest.

If you are interested in joining us or want to find out more about what we do then please contact our Secretary, Janet Hunt, on 07845 744351, who will be very happy to talk to you. You can also find out more about our WI on our Bradley Stoke WI Facebook page or our website <https://bradleystokewi.org>.



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How the Pandemic changed the way we look at the world around us...

by local artist Holly Dunham

For many of us Covid – 19 changed how we live and work, how we might think; perhaps even what we want to include in our lives but also what we may have taken for granted. I know I found myself turning to nature and the outdoors for solace, reconnecting with my love of countryside fields and woodland paths. As we entered the first Covid-19 lockdown I had already been spending a lot of time and energy to rebuild my world after a spell of poor health, I was reflecting on what I was filling my days with and where life had taken me so far.

After being away from the canvas for many years teaching I was now painting every single day and every single part of it was igniting a passion inside me that I hadn't been honouring for so long. The canvas listened, the paint flowed, and I was able to let go of things in my life that didn't serve me anymore. I was reconnecting with the true me again, through taking walks, meditating on ideas and painting my imagination. I decided to honour my need to create and devote myself to my own art once more.

The world can get very noisy at times and for many of us we were forced to stop and sit with ourselves – to reflect.

It took courage and patience to leap back into my artist shoes and it still does require bravery – but I am so grateful I took the leap. I am constantly learning and growing as an artist and as a person. After rediscovering my artist voice, it was time to truly listen to what my heart was telling me and return to what I truly believe is what I am meant to do – create.

*What if I fall?
Oh, but my darling...
What if you fly?
Erin Hanson*

Life can go so fast; it is so precious. I did not want any more years to pass without honouring what my heart wanted to do and not giving my artist side the time, it needed to grow and by sharing my artwork I now know that my art would bring so much joy to others too.



Artist journey ...

My childhood was spent paddling in the local streams and exploring the meadow fields surrounding my family home in Gloucestershire. I attended Stroud college to study Art Foundation - here my hunger to paint only grew. I graduated Fine Art at the University of The West of England, enjoying many years of exhibiting and exploring my art practice. Here I was overjoyed to win the John Hulla Award by the School of Creative Arts, graduating with a First-Class Honours Degree. Soon after I qualified as an Art Teacher.

These memories and love of the outdoors has clearly left its mark on me – I love to paint the surrounding countryside around my home here in wonderful Frampton, where I walk and explore, and the memories I or my clients hold. The Frome Valley

Walkway is a firm favourite of mine – the light glowing through the trees onto the river first thing in the morning is just magical and Huckford Viaduct towards Winterbourne is just astonishing. My paintings capture moments, memories, and celebrations of nature, encouraging the senses to come alight and form a deep connection with earth's gifts. I enter a meditative state when I paint, my mind settles, and the chatter of the day disperses. My palette is generated by mood, embracing what is in my head and also what is in reality, often a dance between both. Canvases filled with colour, vibrant flowers and atmospheric skies. Although many of my paintings are highly detailed, I move freely with



the paint allowing it to create the initial layers and textures organically.

I hope to build and grow as an artist, capturing the world and joys around me that bring so much happiness to many. For people to continue to connect with my paintings and fall in love with them so much that they take them home to bring joy to their lives every day. To continue to build relationships with galleries and likeminded organisations to represent my artwork so it can be loved and enjoyed by many for years to come. And most importantly to always paint from my heart to yours.

I really enjoy exhibiting locally and am looking forward to exhibiting at my solo show in September at Winterbourne Medieval Barn open as part of Heritage Opening Days. Free tickets can be booked on the link below. There will be plenty on offer as well as the exhibition for families across the weekend. Drop into the Cart shed Cookery School to find out all about medieval cooking, explore the medieval barn and find out about its history to name just a few. A pop-up café will also be open to enjoy a slice of cake or two!

Winterbourne Medieval Barn
Date: 18th - 19th September, Time: 10am – 5pm

Book a place: www.winterbournebarn.org.uk/event/heritage-open-days/

I am excited to see where this world full of colour takes me and when the time comes – support others in their own creativity too by offering workshops.

How much it means to live here and depict the area...

I feel truly blessed to be surrounded by magical woodlands, rivers and Cotswold countryside – my work is inspired by the sketches I make on walks through the local landscapes and of our rugged coastlines. I am still finding new views, walks and nature that I have never seen before. The local community are just incredible and are constantly inspiring me and sharing new local treasures to



explore - I am so thankful for such a wonderful community to share this journey with.

I will always be eternally grateful that I took the leap, listened to my heart, stepped into that fear and did it anyway. I am happier,

healthier and feel so much more enriched. I have recently finished a series of woodland paintings inspired by Chill Woods (just off the Frome Valley Walkway), covered in bluebells and warming sunshine streaming through the trees – pop over to my Facebook and Instagram page to see how they came to life and my website to make one yours.

If you would like me to create you or a loved one a bespoke luxury painting – turning your ideas and memories into reality, please don't hesitate to contact me as I love to hear from you. Alternatively have a look at my website to see my available paintings or order a pack of greetings cards.

All enquiries to:

**www.hollydunhamartist.co.uk
info@hollydunhamartist.co.uk
FB & Insta: [hollydunham.artist](https://www.facebook.com/hollydunham.artist)**

*Paintings opposite page:
Summers Glow,
Centenary Field &
Hand in Hand with
Grandad (commission)*

*Paintings Above:
Stillness by the River
- Nightingale Bridge;
Where Hope Blooms,
Huckford Viaduct II &
Bluebells I*





It's SILVER for Toby at 1st Bradley Stoke Scouts

Given the last year has constrained much of our delivery to virtual Zoom sessions, it's fantastic to see our young people achieving their Chief Scouts Award. Across all of the sections, they are ticking off badge requirements, which has gained pace as we return to face-to-face delivery of Scouting.

This month we would like to say well done to Toby who has achieved his SILVER Chief Scouts Award, the highest award that a Cub can achieve and represents over two years of hard work to achieve his seven challenge badges – Adventure, Outdoors, Personal, Skills, Team Leader, Teamwork and World, as well as completing at least six activity badges and three nights camping on top. He has recently moved up to Scouts – joining Friday 'Snow Leopard' Troop – and is shown above popping back to Cubs to get his award from Cub Leader Rick. Well done Toby!

Delivering a programme to support young people like Toby to achieve their potential requires committed leaders like Rick. If you are looking for a new challenge, want to join the adventure and give opportunities to more young people (and adult volunteers!) please visit our website <http://1st.bradley-stoke-scouts.org/> and click on the "Join 1st BSS" tab.



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Do something amazing for The Brightwell this September and help provide life-changing therapies and support for people living with neurological conditions.



Take the Plunge

Could you be brave enough to "take the plunge" into the chilly waters of the Portishead Marina to be rewarded with the unique experience of being rescued by an incredible lifesaving superdog?

Back for the tenth year, this popular event, creates a big splash for both the participants and dogs alike.

Take the Plunge is an all-inclusive event for children (8 years plus) and adults. Non-swimmers are also welcome as life jackets are a must and each participant is supported in the water by a member of the Newfound Team.

Places are limited to 30 participants. There is a £20 registration fee to secure your place with an ask to raise a minimum of £150.

Register online at: www.thebrightwell.org.uk/take-the-plunge

Editor's note: I can thoroughly recommend 'Taking the Plunge' having taken part in 2019, it was great fun! Photo right of me and my gorgeous superhero Thor. The next challenge below is also on my bucket list ...!

Sky Dive

Join us on our special charity skydive day on 11th September 2021 where The Brightwell will take to the skies above Devon and jump to help provide therapies to people living with neurological conditions.

Do you have a milestone birthday or anniversary you want to mark with doing something memorable?

Is a skydive on your bucket list?

Imagine the adrenaline and thrill of jumping out of a plane at up to 15,000 feet high and free-falling at 120 mph. Take this one step further and imagine the feeling of gliding, taking in the Devon, Dorset and Cornish coastline.

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Our charity places request a minimum sponsorship of £395 - this includes the cost of your skydive.

To find out more, please visit: www.thebrightwell.org.uk/skydive

The Brightwell Centre is based in Bradley Stoke. For further information on either event, please contact: claire.wingate@thebrightwell.org.uk





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Local Osteomyologist expert Dawn Clode is excited to share the news she is extending her healing to France! From the spring of 2022 you will be able to take part in Holistic Learning Holidays in the lovely Charente in France.

You will have the opportunity to learn about different holistic therapies and how to use them safely at home on yourself, your family and friends, as well as enjoying a holiday in this wonderful area of France. Staying for a week, Saturday to Saturday, based on two people sharing an en-suite room, full board with 3 days of lessons (10am to 5pm), prices start from £710.00 per room. Travel is not included but Limoges Airport is close by and a pickup can be arranged if you don't want to hire a car. You can easily travel by car from the UK too.

Courses will run in March, April, May, October and November 2022. Therapies taught include – Reflexology, Massage, Reiki 1&2 and Master, Aromatherapy, Applied Kinesiology, Mindfulness, Homeopathy and Acupuncture.

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Tell people you saw them in Bradley Stoke & Little Stoke Gifford Matters

Local Townswomen's Guild Zooms through lockdown

Due to COVID-19 restrictions over the last year, Willow Brook Townswomen's Guild has been unable to hold its regular monthly meetings and associated activities. However, the Guild has risen to the challenges of the last 15 months and has continued regular contact by innovative means, including via Zoom.

A Guild spokesperson said "although we've not been able to get together in our usual way, members have been enthusiastic about staying in touch by other means.

This includes meeting outside in small groups of six when permissible and also using Zoom. This was a new way of communicating for many members, but we've gone from strength to strength. In addition to holding monthly online catchups we also hold Book Club meetings via Zoom which is very successful and enjoyable. We intend to continue these virtual meetings until meetings in person can resume, hopefully in the not-too-distant future".

Willow Brook Townswomen's Guild is keenly anticipating resuming monthly meetings from July and warmly encourages anyone with an interest in the Guild to 'like' their Facebook page, where updates as to when activities can begin again will be posted.

Willow Brook Townswomen's Guild usually meets on the second Tuesday of each month, 7.30 to 9.30 pm at the Jubilee Centre, Bradley Stoke. New members are always welcome.

For further information please contact Jannice on 01454 615040 or visit the Guild's Facebook page at www.facebook.com/WillowBrookTG.



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"In this Together"



Stepping Up & Helping Out at Stoke Gifford Retirement Village

We were delighted to hear from Volunteer Co-ordinator, Laura Jones, at the Stoke Gifford Village last month and to pop in and meet some of the extra-ordinary residents who have gone 'above and beyond' over the last 15 months of the pandemic.

With 206 of the possible 261 apartments now being occupied, the country going into strict lockdown at the end of March last year made life tricky for the many residents who had to stay behind locked doors. All usual activities such as Tai Chi, Pilates, the in-house S Glos Library, intergenerational playgroups, restaurant, coffee shop, gym, the Village shop etc all had to close. All external visitors including family, carers, volunteers and usual to-your-door deliveries had to stop as the building was shut to all external visitors.

Whilst the residents are always encouraged to volunteer to support their community, it soon became vital for any willing and able-bodied resident to help out as the limited staff soon became overwhelmed. So many residents needed to shield and, with no family or carers allowed to visit, they were at a loss for food shopping, postal deliveries, collecting medication etc. Those residents that were able to step up as volunteers were deemed as key workers and they formed teams to support those who couldn't leave their apartments.

We spoke to one such resident, Barbara, who took on the co-ordination of the team members and matched against requests for help. Barbara told me she used to be a co-ordinator in a University college in her working life, so relished the opportunity to get involved, even during her own 14 weeks of isolation, as it was something

she could organise via computer links from behind the door of her apartment. "To be honest it gave me something to do during the isolation and it was incredible to be able to volunteer my help in this way, that I could give something of value back".

The Food Delivery team would collect shopping from the external doors and deliver it to people's apartments; The Medication team made trips to local pharmacies to collect and deliver medication and the Recycling team of 5 (Harford, Graham, Neil, Stuart and Colin) worked exceptionally hard collecting and sorting recycling for the whole village. They each had an area of the building and would collect from outside every apartment door, take it outside and sort and then return to each door - basically one trolley load per apartment each week which meant lots and lots of going up and down in the lifts and along corridors, taking up many hours each week!

Resident Harford (pictured above on his recycling round) was very much motivated to help. He moved to the Village with his wife after living for over 30 years in neighbouring Bradley Stoke. "I am probably one of the more able and active residents here and I'm only too pleased to step up and help. I don't want to see my (cont/..)



/cont...

neighbours suffer. Although it's been like working a 40 hour week again, it has kept me busy and active at a time when all the other activities that I would usually participate in have not been able to operate. At the worst of the lockdown if you weren't a volunteer you were only allowed out of the apartment for an hour a week! I have been active on the recycling team which has kept me fit and also looking after the garden, which I enjoy."

The recycling team continue to operate in the village, even after all the lockdowns, those who struggle due to their physical or mental health needs. It is a huge help to both the community and the environment as otherwise the recycling of those who remain unable to do it for themselves just goes down the bin shoots.

When we visited mid-May, things were slowly returning to normal at The Village, with the shop, gym, restaurant and library newly opening. In the 'Winter Garden', which is an indoor outdoor space, several residents were playing boules. We spoke to David who, even with some mobility limitations, still volunteers in the gym four

morning a week keeping an eye out on safety issues and cleaning down the equipment after each use.

Laura really wanted to highlight the work done in the Village by the resident volunteers and say Thank You. Your efforts are very much appreciated and it is hoped that others will step up and help out too.

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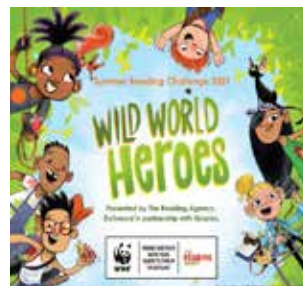


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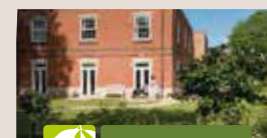
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Dunkley's Chartered Accountants holds "Virtual Pet Show" in aid of St Peter's Hospice

The Pet-A-Palooza competition was a big hit with animals big and small raising over £200 for local charity who offer end-of-life care.

Local firm of accountants, Dunkley's, held a 'Virtual Pet Show' in May in aid of St Peter's Hospice to raise vital funds for end-of-life care. The pet show welcomed animals big and small from cats and dogs to horses, alpacas, and even a tortoise.

Within three weeks of entries being open, the Pet-A-Palooza competition received over 100 entries into the 8 categories. The most popular of which was 'Perfect Poser' receiving over a fifth of the entries making it the most highly contested category.

Entries closed on Friday 28th May and all photos were passed onto the external judges for shortlisting. On Tuesday 1st June, all the judges came together at Dunkley's offices to share their top 3 and collectively decide on the 8 category winners.

It took some debating, but they finally came to decision. The winners of each category were as follows:

Big and Beautiful: Vinnie G

Cutest Puppy: Vinnie Q

Golden Oldie: Tommy

Perfect Poser: Ted

Look-a-Likes: Bungle (a.k.a. Del Boy!)

Purrfect Cat: Cosmo

Small and Cute: Albie

To the Rescue: Nelly

Photo top right - From top left to bottom right: Cosmo, Nellie, Bungle, Tommy, Albie, Vinnie G, Vinnie Q and Ted.

With the category winners determined, it was now down to the staff at Dunkley's to pick their favourite and crown 'Best in Show'.

It was a closely run race, with a matter of votes between first and third but Vinnie G took the crown to become the Pet-A-Palooza champion.

Pet-A-Palooza winner: Vinnie G.

Well done Vinnie G and all the category winners.

Aside from the winners, a massive thank you needs to go to the judges and sponsors as the event would not have been possible without their generosity.



Judges:

- Kelly from Woofers Dog Groomers
- Liz from Poochie Palace Mobile Dog Groomers
- Lisa from Vets4Pets Bristol Imperial

Sponsors:

- Hannah from Hannah's Pet Portraits
- Karen from Alfie and Bella
- Vets4Pets Bristol Imperial

The 'Virtual Pet Show' was a big success, a lot of fun and raised over £200 for a wonderful cause! Thank you to everyone who got involved.



Craig Thayer

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It was really wonderful to hear from the children at Holy Trinity Primary School this month, who were keen to share the success of their recent fund raising initiative to help those living in India and struggling in the current Covid situation.

"We wanted to share with some great success we had recently with some fund raising at school.

As a school we were all horrified by events happening in India and the struggles being faced. These issues were magnified as we knew many of our friends and families had relations in India who were suffering. We felt strongly we had to do something.

As a result the children in Years 5 & 6 planned an assembly for the whole school. The assembly informed everyone of what India was like before Covid and the ways in which it is suffering now. We included poems, reflections and prayers which we wrote ourselves.

We also designed fund raising posters and put these up around the school. On the following day we also made prayer bunting and then had a time of reflection in which we prayed for India and hung the bunting up in the school courtyard." (see main photo above).

Mrs Silvester, Year 5 teacher and RE/SMSC Lead at Holy Trinity School told us:

"As you can imagine this was a very moving and meaningful time for the children, and especially helpful to those with family in India as they knew they were doing something to help them. Other children felt empowered and were keen to do more.

As a result of the children's hard work we raised an amazing £748.21. We know this would not have been possible without the kind donations from both



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**Covid Crisis -
Diya Hem Megan Freya Olivia**

Prayer by Kore Year 5:

*Dear Lord
Please bless the families with hope that their friends and families will get better. Give the patients hope for their lives. Let them have a half full cup instead of half empty. Give them the supplies they need and bless them.
Amen*



**While I sit at home,
My mind can't help but roam,
To people far away,
Who are dying every day,
People in India live in fear,
How can we help, when we are not even near?
Donations make their lives go longer,
PPE makes them feel stronger,
The smallest pound helps the poor,
So covid can hurt them no more.**

Poem by Ahana, Year 6


parents/children and Holy Trinity Church. Some children even gave up their pocket money! We are all very proud of this achievement and it would be great to see this in Bradley Stoke Matters."

Top photo shows two of the children holding up a Thank you letter and certificate received from Oxfam showing that the money raised provided 28 boxes of help to families in India.

Prayer by Joshua Foxley Year 5:

*Dear God
Please help India with Coronavirus and please keep them all safe. Please can you put the thought in people's minds to donate money to Oxfam Aid so they can provide clean oxygen, hospital beds and medical equipment for India.
Please return the normal happy lives to the world. God please help us in this hard time. Fill us up with hope. Help people who have lost their relatives. Please let us be happy. Please let us be half full not half empty.
In Jesus name, Amen*




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Abbeywood Community School is totally committed to inclusiveness and providing the highest quality of education in the broadest sense. We aim to develop each individual through excellent teaching and a wide range of extra-curricular opportunities, to ensure each student can become a confident, well-rounded citizen, ready to take their place in society.

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Bradley Stoke Judo Club:

“Starting to See the Light at the End of Tunnel”

The club has been back on the mat for over a month now and things are starting to get back to normal as parents’ and kids’ confidence returns as restrictions ease.

We are seeing good numbers on the mat and welcoming many new members who want to learn Judo. Unfortunately though only the under 18 club members have benefited from the restart as over 18s are still not permitted to do contact training until mid-July. This is particularly frustrating for the club as we have been contacted by many adults who wish to join the club and whose ability ranges from complete novice to competitive judo players.

On the positive side we are starting to see the benefits of all the work that was done behind the scenes during lockdown. The club members now have a brand new minibus, high quality training apparel and for those who took part in almost 200 lockdown outdoor and indoor zoom sessions have gained fantastic fitness levels.



In May the club were able to send a team of 12 members who ranged from age 13 to 23 to Portugal and Spain to train at their national training centres. The 12 members who travelled are the club’s most competitive judoka who are participating at high levels in the UK, Europe and around the world.

The training at the national centres were part of Portugal and Spain’s preparations for the recent world Judo championships in Hungary and the forthcoming Tokyo Olympic Games. The opportunity for the club to go was a chance not to miss as high level training is not readily available in the UK, especially to over 18s. All 12 members followed the strictest protocols in line with government guidance and whilst abroad were tested for Covid every other day to ensure that all athletes were kept safe. The club has created many new friends and fans and this has opened up many training and competition opportunities abroad once normality starts to return.

There are still exciting initiatives for the club to roll out but they will not be realised until the lifting of all restrictions in July so watch this space for further details!

We are always open to new members from age 5 upwards so if you are interested please contact us at bradleystokejudo@gmail.com or visit our website at www.bradleystokejudo.com and use the contact form.



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OSR Scouts from Stoke Gifford take on the Blue Peter Climate Heroes pledge challenge

Blue Peter have set up a challenge to reduce plastic use, save energy and plant pollinating plants.

15 OSR scouts signed up for the challenge and decided during a zoom session (prior to easing of virus restrictions) to make a giant globe from papier-mâché and cover it in green and blue crisp packets which need specialist recycling and not by SUEZ who do weekly collections of waste and other recycling in South Gloucestershire. There are specialist drop off points run by <https://help.terracycle.com/hc/en-us/categories/360002626232-Public-Drop-Off->



Location for recycling of crisp packets etc; the nearest for Stoke Gifford is at the Wise Centre.

A few weeks later and the team had been split into 2 sub teams to build the super pledge! Team 1 covered the 40" natural rubber balloon in papier-mâché and a week later Team 2 covered the globe in green crisp bags for the land masses and blue crisp bags for the seas and oceans.



The whole team had 2 weeks to fulfil the pledges and once the globe was completed we sent in our entry to Blue Peter. If successful the 15 scouts will receive a green Blue Peter badge and special Climate Hero's certificate.

Added to this, the team wanted a picture of them all holding the globe with a recycling truck in the background so they contacted SUEZ in Yate and Andy the Contract Compliance Officer jumped at the chance to be involved as the company are trying to get the message out to South Gloucestershire residents that crisp packets and other thin plastics are not as yet recyclable with the weekly collections. It was great news that they were more than happy to help support the scouts.

During half term the team held a litter pick around Stoke Gifford collecting 3 bin bags full of rubbish from the parks. This counted towards the Supersized Pledge also.

So the scouts have reduced their time on games and computers, switching off consoles instead of putting them in standby mode. The return to

face to face scouting helped with this as it meant they didn't need to do their 80 minute weekly zoom sessions. They also had to try meals with no red meat, dairy or fish, use multi use water bottles instead of throw away plastic and plant hanging baskets or planters full of pollinating flowers to attract bees and butterflies.

This whole experience has been great for the scouts and 1st Stoke Gifford OSR Troop haven't ever tried to earn a Blue Peter badge of any colour before. Even the badges are made from recycled yoghurt pots!

So our Artwork is in, we've had promotional photos taken to remind residents not to put crisp bags in their plastic recycling but instead put them in the black bins with the general rubbish or at the designated recycling point at the Wise Centre. We are waiting to hear if our pledges have been successful and will publish an update!



Things are Starting to Look More Normal at Bradley Stoke Bowls Club

In May Bradley Stoke Bowls Club's fixtures were fully underway with both friendly and league matches being played.



At 5.30pm on 17th May the Monday Night Club restarted with team matches and roll-ups for other members.

The President, Bob Wilkins said that it was good to see the Monday Night Club restarting as it was a golden opportunity for would-be members to come along and to meet other members of the club as well as having an opportunity to learn more about the Club and to try out bowls.

Anyone wishing to find out more about the club and bowls should contact Steve Lee on **01173 306417** to arrange a visit to the Monday Night Club or, if that is not convenient, agree another time to visit the green at Bailey's Court www.bradleystokebowls.com.



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Bradley Stoke Ladies FC - Your Local Ladies Football Club

At Bradley Stoke Ladies we are really looking forward to playing in the Gloucestershire County Womens Football League for our 7th season, since the club was first established in 2015. Training has continued since the last league match was finished and we plan to continue running training for the rest of summer.

The girls are looking forward to a fresh start come September when the league starts again, after two very strange covid-affected seasons.

Sponsorships & New Kit

We can finally reveal that Bradley Stoke Ladies has secured sponsorship for new kit and new jackets for the 2021/22 season. The kit is being sponsored by local office installation company LSI Workplace, based at Horizon 38 business park in Patchway. The jackets will be sponsored by local digital marketing agency Digital NRG, who are based not far from where the team play, at Apex Court in Bradley Stoke.

We are extremely grateful to both businesses for their support in sponsorship of the club and everyone is excited to see the kit and jackets return to the club's original colours, black and orange! Keep an eye on our social media for the official reveal once the kit arrives.

Recruiting for Players

As part of the planned rebuild season in 2021/22, BSLFC are looking for experienced players to join the squad. If you played football as a kid and are looking to get back into it or are simply looking for a new team to join, we would love to welcome you to our club. We offer a friendly environment for all players to enjoy their football.

Training is on Tuesdays at Bradley Stoke Community School. Matches are on Sundays when the league starts back up again in September. We have various friendlies lined up for July and August to get the squad back to full fitness ready for the new season. Please get in touch if you would like to get involved! We'd love to hear from you.

Martin Lee (manager) - mlee1@bopenworld.com

Bradley Stoke Ladies - <https://www.bradleystokeladiesfc.co.uk/>





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BSTFC: Back to Playing Football

Since the return of outdoor sports, all five Bradley Stoke Town FC teams have been busy.

Across all teams, 30 games have been played seeing mixed results. Bradley Stoke first team have played the likes of Thornbury Town, Little Stoke & Broadwell Armatures which were all exciting games in which we saw two draws and a win.

Behind the scenes Bradley Stoke have appointed a new B team manager. The club welcomes ex player Andy Turner to drive the B team forward for the 2021/22 season. Andy brings in a wealth of experience on the pitch after spells at Frome Town FC.

In the Appointment of Andy Turner, we see Ratib Ahmed leave the football club. Ratib who was appointed as the B team manager in the 2019/20 season has moved to Longwell Green's first team, joining alongside their coaching staff. Ratib had made a big impact in the B team making massive improvements during his short 2 season spell. We wish Ratib all the best at Longwell Green.

Bradley Stoke Town FC are now in the process of arranging friendlies for August in preparation for the new season, with training starting back at the end of June.

We welcome anybody new to the area and anybody wanting to play for Bradley Stoke Town FC. Please see details on our website.

We are also looking for a new manager to run the BSTFC A team in Bristol & District division 2

Bradley Stoke Town would like to thank all the residents of Bradley Stoke who come down and support the football teams at the Jubilee Centre. Its pleasing to see members of the public stopping to watch when passing by.

As a club we would like to thank our existing Sponsors, **Bradley Stoke Matters** for their continued support.

Next season, Bradley Stoke town will be again competing in the below leagues:

- Bristol Combination
- Bristol & District
- Bristol & Suburban

All details will be available on our website: www.bstfc.co.uk and out social media outlets: Facebook & Twitter **@BSTFC**

Bradley Stoke Town FC is a charter standard football club and part of the 'kick racism out of football' campaign.



View from Trench Lane - Rugby is BACK!!

BRISTOL BEARS COMMUNITY FOUNDATION SUMMER HOLIDAY CAMPS AT ST MARY'S OB 13-16TH AUGUST

We are pleased to be hosting both a Player Development Camp and a Skills Masterclass at our ground in Trench Lane in August.

These camps are open to everyone – you don't have to be a St Mary's player to attend - the development camp is for 8-13 yrs old and is Mixed; the Skills Masterclass is for 13-16 Yrs and is also Mixed. You can book a place here: <https://www.rugbycamps.co.uk> Both will run 9:30-1pm over the 3 days and are £60 for 3 days with the promise of some Bears stash!

- The camps consist of a games-based combination of technical input and fun and incorporate a level of contact progress through touch, grab and full contact.
- Away from the playing field, the camps also offer rugby lifestyle workshops, including nutritional and fitness advice.
- Each and every camp is evaluated and fully endorsed by coaches at the very top of the sport.

Pre-Season training starts for our Club members on the 1st July –we have Senior Training for Men and Women every Tuesday and Thursday 7-8:30

Mini and Juniors on Wednesday evenings 6:30 and Sundays 10:00 – just rock up in July and we will look after you.

Our quality coaching has seen Mini and Junior players go on to represent Bristol Bears for both Men and Women – with Joe Joyce, Jo Smith, Kyara Martin and Hollie Cunningham playing for the Bears teams.

We also have Italy Internationals Jake Polledri and Callum Braley as alumni.



Photo below shows some of the next generation of our Bristol Bears Women players enjoying their Sunday session at Trench Lane.

We have just started an U15 Girls team and have training every Sunday at 10:30 – here are our girls (below left) after their first session led by Bristol Bears coach Rich Hynes who also coaches our Senior Ladies. We are still looking for more girls to join so if you are interested come along on Sundays and ask for Rich or give him a text on 07387967667. Or even a call!

Our Clubhouse Manager Billy is now taking bookings for parties – we especially welcome bookings for Birthday Parties, Weddings, Celebrations on Friday and Saturday nights through the summer.

We have an external Marquee which comfortably holds 60 seated people with facilities to run Music and TV/Films as well as our inside Clubhouse space which is fully COVID compliant and holds 100 seated and up to 200 for parties when restrictions allow. To make an enquiry simply message us on Facebook or give Billy, our Clubhouse Manager, a call on 0800 669 6359 but hurry dates are being booked up quickly!

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We are also home to both of Bristol's Gaelic Football teams, St Nicks and Western Gaels, and their season is just getting underway. They have both been away to St Pirans in Cornwall as well as jointly hosting a Super Saturday at St Mary's, with teams coming from Cardiff, Newport and Cornwall. Follow them on Instagram to keep up to date with their activities:

Western Gaels: [@bristolgaa](#)
St Nicks [@stnicksagaabristol](#)

On Saturday 19th June we hosted Gloucestershire County GAA who progressed to the All-Britain semi finals by defeating Hertfordshire. Well done to the 11 St Nicks men who all played a big part and congratulations to Matthew Mannion who was awarded Player of the Match.



Gloucestershire Representative Gaelic Football Team featuring 11 from St Nicks

Finally we are delighted to be working with South Gloucestershire Drone Club and will be providing details of their activities at St Mary's in my next column.

In the meantime, if you are a drone enthusiast interested in joining your local club, contact Sean Boulton sboulton9584@gmail.com or type this in your browser:

<https://www.youtube.com/watch?v=itUvOemmOvo>

Steve Cooke, Chairman, St Mary's RFC
stevemarkcooke@googlemail.com




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AMD Solicitors welcome Kate Walsgrove to its growing private client team

Kate qualified as a solicitor specialising in Wills, Trusts, Estate Administration and Lasting Powers of Attorney in 2016 at Legal 500 firm in Surrey. After qualification as a solicitor, Kate went on to complete a Society of Trusts and Estates Practitioners ("STEP") diploma in Estate Administration. STEP is an internationally recognised qualification, and its practitioners are known to demonstrate the highest standards of knowledge and best practice when advising families across generations. Kate completed the diploma in 2019, achieving a distinction.

In 2020 Kate was awarded a STEP Excellence Award. This award recognises the highest achievers across all STEP qualifications globally.

Whilst working in Surrey, Kate was appointed as Secretary of Young Surrey Lawyers, a division of the Law Society, and ran a number of events and talks for junior lawyers in Surrey. Kate also served as legal counsel to the trustees of a Surrey-based care home, helping them navigate a range of legal issues where required.

Kate has previously been interviewed on BBC Radio Kent, and the topics of discussion included: Why to make a Will, Leaving Legacies for Care of an Animal and Claims Against an Estate.

Kate is also a member of Solicitors for the Elderly, a specialist group of lawyers to support and advise older and vulnerable people.

Following her relocation to Bristol, in 2021 Kate was appointed as secretary of the Bristol branch of STEP.

Kate now lives and works in Henleaze and is passionate about making high quality, affordable legal advice accessible to everyone in her local community. In the past, she has been involved in a number of events and talks which provide advice to the local community on issues such as Lifetime Tax Planning, Will Making and Lasting Powers of Attorney.



Kate's particular area of interest is administration of complex estates and trusts.

Grant McCall, Director welcomed Kate to AMD by saying: *"We are delighted to welcome Kate. The addition of Kate's expertise to our team continues our commitment to strengthen our highly experienced private client services for AMD clients"*.

Kate will be based at our offices at 100 Henleaze Road but will be able to meet clients throughout our 4 offices.

For advice on the administration of estates and trusts and other private client matters, please contact Kate or any other member of our team on 0117 962 1205, email info@amdsolicitors.com

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Tell people you saw them in Bradley Stoke & Little Stoke Gifford Matters

Summer Events at Winterbourne Barn

Indoor events resumed at the Winterbourne Barn in June, still with social distancing and masks.

We had an interesting talk about The People's Mosquito Project to make and fly a WWII plane in the UK again, lots of families doing craft activities on the theme of Myths and Monsters, a historical talk and tour, and our first live music concert for nearly two years with the amazing vocals of singer-songwriter Leonie Evans.

There is lots more coming up at the Barn in July and August. The first Barn Dance to be held in the medieval barn since the site was totally refurbished in 2019 will be a thoroughly rousing event! But if you prefer sitting down, you can be entertained by King Henry 8th, or explore the scents and smells of medieval times, hear about the history of our Police, or watch the tense drama of Henry V. There are plenty of learning opportunities with Fused Glass or Distaff Spinning workshops, or exploring Birdsong in the nature reserve. All activities should be booked via the Barn website and will abide by whatever covid restrictions are in place at the time.

Music and Drama in the Barn

Divorced, Beheaded, Died : An Audience with Henry VIII - Weds 30th June, 7pm

Come back to 1544, when Winterbourne Barn was a mere 200 years old, and meet the Henry VIII as he halts his Royal Progress around the country to afford his subjects the opportunity of an audience with their sovereign Lord and King! A very entertaining evening for ages 12+. Tickets must be pre-booked online via the Barn website.

Shakespeare in the Barn : Henry V - Tues 3rd August, 7pm

A Game of Crowns. The Festival Players present Shakespeare's exhilarating historic tale of leadership, bravery, humour and love as Henry takes his army into battle against the French at Agincourt. Bar and gates will be open from 5.30pm - feel free to bring a picnic to eat before the show. Tickets £15 (£10 under 16s or registered disabled) must be booked online. Please note, car parking (free) will be at Winterbourne Academy which is a



10-15 minute walk along Church Lane. No parking allowed on Church Lane. On-site parking can be reserved in advance for people with mobility problems.

Talks in the Barn

Medieval Scentscapes - Tuesday 6th July, 7pm

Smelling the Divine and the Diabolical in the Middle Ages! In our modern deodorised age we may not realise that for medieval people the sense of smell was central to interpreting the world around them. Bad smells were associated with disease. Spices and scented goods spoke of new lands and cultures. Smells were important in negotiating good and evil, and in finding one's place in the hierarchy of the spirit. This talk will be accompanied by scents for each ticket holder, and the audience is encouraged to smell along, if they wish. Tickets £7.50 must be pre-booked online.

180 Years of the Gloucestershire Constabulary - Tuesday 27th July, 7pm

Find out about the history of policing in Gloucestershire (which included South Glos) with Sue Webb, force archivist with at police HQ and Glos Heritage Hub. Tickets £5 online.

Craft and Skills Workshops

Fused Glass Workshops - Sat 10th July and Tues 27th July, 10am or 1.30pm

Sarah Aumayer of Mydsomer Studio leads a fused glass jewellery workshop in the morning and a fused glass curve workshop in the afternoon. Each session lasts 2 hours.

Make jewellery with the stunning colours of dichroic glass. The Jewellery workshop costs £20 to includes one pendant or brooch. You can make more at £9 per item (pay on the day). Or design your own unique glass 'Curve' on a 23 x 8cm piece of glass. Sarah will show you techniques and give you tips and ideas. The Curve workshop costs £35. Free parking.



Historic Distaff Spinning Workshop - Sat 7th Aug, 10am - 4pm

This one-day workshop will introduce you to the historic European method of spinning wool with a distaff and spindle. You will be taught several ways to dress a distaff and the two principal ways of spinning from it (in-hand and short-suspension). The day costs £69 per person including all materials, tuition and lunch. Please let us know any dietary requirements when you book. Book online via the Barn website.

Explore the Natural World

Early Birdsong Walk and Breakfast - Saturday 10 July, 8am

A birdsong guided walk (around 1.5 hrs) with naturalist Ed Drewitt followed by breakfast at the Barn. £15 per person, including breakfast. Let us know your dietary requirements when you book. Free parking on site. Recommended for ages 12+ Book online via the website.

Tea and Tours

First Thursdays

The popular monthly tea and tours are on the first Thursday afternoon of each month at 2pm (1st July, 5th Aug etc). Numbers are limited and booking is required. Tickets are £5. Enjoy a short talk about the history of the Medieval Barn, with a cup of tea, and then explore the recently renovated West Barn and the rest of the site.



For Children

Holiday Tuesdays - family craft activities each Tuesday during August. Different themes each week - Olympics, Time Travel, Carnival, and Mystical Magic. £5 per family.

Summer Diary dates

- 1st July - Tea and Tour, 2pm
- 6th July - Medieval Scentscapes talk, 7pm
- 17th July - Barn Dance, 7pm
- 27th July - 180 Years of the Glos Constabulary, 7pm
- 3 August - Shakespeare in the Barn : Henry V, 7pm
- 5 August - Tea and Tour, 2pm
- 7 August - Historic Distaff Spinning Workshop, 10am
- 2nd Sept - Tea and Tour, 2pm
- 18/19 Sep - Heritage Open Days
- 21st Sept - A Brief History of Music, 7pm

Winterbourne Medieval Barn, Church Lane, Winterbourne BS36 1SE

Website: www.winterbournebarn.org.uk

Facebook: Winterbourne Medieval Barn

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Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

BABY AND TODDLER GROUPS

Beehive Baby and Toddler Group, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

Bright Sparks Toddler Group Monday afternoons 1-3pm term time only All new families welcome phone : 01454 615577

First Steps Toddler Group - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

Little Hedgehogs (0-5's) - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol , 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

Pre-School Rhyme time Bradley Stoke Library Mondays 10.45-11.15am 01454 868006 bradleystoke.library@southglos.gov.uk

Puddle Ducks - Mondays 10am to 12 noon during term time Brook Way Activity Centre. puddleducktoddler@hotmail.co.uk

North Bristol Twins Group - Fridays from 10-12 noon during term time (including half terms) at Bradley Stoke Evangelical Church £3 per family, northbristoltwinsgroup@googlemail.com northbristoltwinsgroup.co.uk

Trinity Tots - Mondays 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

LOCAL CLUBS AND ORGANISATIONS

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Holy Trinity school. Please have a look on our website for further information for both young people and adult volunteers at www.bradley-stoke-scouts.org.uk/join

1st Little Stoke Scouts - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. To enquire about your child joining or to volunteer call Tony Edmonds (Group Scout Leader) 07957880503, or email tonyedmonds108@yahoo.com

Bradley Stoke Book Club 'Bookaholics' meet at Soho Coffee in Bradley Stoke Leisure Centre on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714 101354 geoffrey.stobbart@btinternet.com.

Bradley Stoke Community Singers - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

Bradley Stoke Lions meet every 2nd Monday in the Willowbrook Centre, 1st floor conference room at 7.30 pm Ailsa Young, 07737 106836 ambyoung29@yahoo.com

Bradley Stoke Radio - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio.org.uk

Bradley Stoke Rotary Club. Breakfast club meeting 4 Fridays per month, 7.15-7.30am start, 8.30am finish, Bristol Golf Club, Blackhorse Hill, Almondsbury, Bristol. BS10 7TP. Contact the Secretary rotarybradleystoke@gmail.com

Bradley Stoke Sew and So's - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month

1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos.weebly.com

Gifted drama group Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

Girl Guides, Brownies & Rainbows - admingirlguidingbsg.org.uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

Little Stoke Ladies Club - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

Severnside Ramblers - 'Friday Ambles' start in the Aldi car park on alternate Fridays at 10am. Weekend & evening walks -start in the Aztec West blue zone car park. Check site for details.www.severnside-ramblers.org.uk

Silverwinds Flute Choir - meet once a month on a Thursday evening 19:00 - 21:00 at Christ the King Church. For more details please visit www.silverwindsflutechoir.co.uk or email silverwinds@michellekrawiec.co.uk.

Stokes Art Group - All ability Painting Sessions held at Christ The King Church, Bradley Stoke Thursday mornings. E: stokesart2@gmail.com W: stokesart0.wix.com f facebook.com/stokesartgroup .

Stokes Crafters - Every Thursday evening 7.30-9.30pm at Poplar Rooms, North Road, Stoke Gifford. £4 charge includes refreshments. Contact via Facebook page or Zoe Coggon - zoecoggon@gmail.com or 07815 662446

Stokes Phoenix Club - meets 1st Tuesday of the month, 10am-12noon at Little Stoke Community Hall, Little Stoke Lane. Contact Rosemary Davis 01454 614474

Stokes Singers - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Gillian on 0779 0909 726 for further details.

Willowbrook Townswomen's Guild - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Ros Gallear - rosalindg@tiscali.co.uk

Winterbourne Wind Band- Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Janet 07845 744351.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 0117 9793409

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, please let us know at community@mattersmagazines.co.uk and we will do our best to put it right for you!

SPORTS CLUBS

Almondsbury and Bradley Stoke Tennis Club - Opportunities for all levels, inc pay and play lessons for all on Saturday mornings, no booking needed. almondsburytennis.org.uk

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.aretiansrfc.co.uk

Black and Blues Netball - Non-League Social Netball Wednesdays 7.30-9pm BSCS, <http://www.theblackandblues.co.uk/> or find us on Facebook 'Black & Blues Netball'.

Bradley Stoke Bowls Club - Baileys Court Activity Centre www.bsbc.webs.com.

Bradley Stoke Cricket Club - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at bradleystokecc.play-cricket.com

Bradley Stoke Jiu Jitsu Club - Chris Harris, maru.jiujitsu@gmail.com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - The Jubilee Centre. Every Wednesday U12's 4.30pm-5.30pm, U14 and U16's 5.30pm-7.00pm. Please email bsncjuniors@yahoo.co.uk

Bradley Stoke Judo - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

Bradley Stoke Squash Club - For adults, Juniors and Children. Welcoming new players from beginners to advanced. Club night Sunday nights for all From 6pm. Children's coaching on Sat Mornings. Contact Mark Stone for details 07786 911580

Bradley Stoke Town Football Club - FA Charter Standard Community Club, Adult training, Tuesdays at Patchway Sports Centre. For more info visit www.bstfc.co.uk or contact bstfc2005@gmail.com

Bradley Stoke United Football Club - Football from U7's to U16's see website bsufc.co.uk

Bradley Stoke Youth FC (BSYFC) – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@btpenworld.com

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

Bristol Extreme Allstar Cheerleaders - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

North Bristol Rugby Club, Rugby teams from 4+ www.pitchero.com/clubs/northbristoljuniorsrfc/ .

North Bristol Running Group friendly group, 3 evenings per week, Tues, Weds, Thurs, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. Alan 0789 0182387. Find us on FB.

Sole Sisters - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrc.co.uk

South Glos Hockey Club Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. <http://www.sghc.org.uk>, **Facebook** - **South Gloucestershire Hockey Club**

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www.stokescyclingclub.org.uk stokescyclingclub@googlemail.com

Stoke Gifford Cricket Club – We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

Stoke Gifford Short Mat Bowls Club -Tuesday mornings and Friday afternoons. For more information please contact 0117 9791807 or email sgsmbc@outlook.com.

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

Stoke Lane Athletic Football Club -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via www.stokelane.co.uk or email Club Sect 'steve' pspayne@blueyonder.co.uk or Club Mobile 07972 039413

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, <https://www.facebook.com/stokesstriders>

CHURCHES / COFFEE MORNINGS

Amberley Road Baptist / Cafe Church, Patchway, 01454 610808

Bradley Stoke Evangelical Church Baileys Court Road 0117 9314716 www.bscc.org.uk

Christ the King Church Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

City Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgecommunitychurch.org

Edge Church International. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

Holy Family Catholic Church Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

Holy Trinity Church Broadcroft, Bradley Stoke 01454 620975 www.htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

St.Michaels Church, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 10am until 4pm.

Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808

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Local Schools in and around the Stokes

PRIMARY SCHOOLS

Baileys Court Primary School, Head Teacher: Andrew Lynham, Breaches Gate BStoke, 01454 838320

Bradley Stoke Community School Primary Phase, Head Teacher: Sharon Clark Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

Bowlsland Green Primary School, Head Teachers: Michelle Engley, Ellicks Close BStoke, 01454 866766, bowlslandgreen.org.uk

Holy Family R.C. Primary School, Head of School: Dawn Breeze, Amberley Road Patchway, 01454 866786

Holy Trinity Primary School, Headteacher: Janet Dickson, Broad Croft BStoke, 01454 866735, holyltrinity-pri.s-gloucs.sch.uk

Little Stoke Primary School, Headteacher: Dan Ross, Little Stoke, 01454 866522, <http://www.littlestokeps.co.uk>

Meadowbrook Primary School, Head Teacher: Nicola Bailey, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

Stoke Lodge Primary School, Headteacher: Will Ferris, School Close, Bourton Avenue, Stoke Lodge, Patchway BS34 6DW 01454 866772

St Chad's Patchway C of E Primary School, Head Teacher: Mrs Steph Jenkins, Cranham Drive, Stoke Lodge, Patchway 01454 866523

St. Mary's R.C. Primary School, Acting Head Teacher: Mrs K Burden, Webbs Wood Lane BStoke, 01454 866390,

St Michael's Primary School, Head Teacher: Mark Freeman, Ratcliffe Drive, Stoke Gifford 01454 866781. www.stmichaelsg.co.uk

Wheatfield Primary School, Head Teacher: Phil Winterburn Wheatfield Drive BStoke, 01454 868610

SECONDARY SCHOOLS

Abbeywood Community School, Head Teacher: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

Bradley Stoke Community School, Head Teacher: Steve Moir Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

Patchway Community College, Head Teacher: Karen Cornick, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com

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