

# Little Stoke Gifford *Matters*



December 2021 Telephone 01454 300 900



## Solution Focused Hypnotherapy

### What Hypnotherapy Can Help You with ...

- Anxiety • Stress • Low Mood • Weight Management
  - IBS • Postnatal Depression • Insomnia
  - Bereavement • Giving up Smoking • Panic Attacks
  - OCD • PTSD • Fears & Phobias
  - Pain Management
  - Confidence & Motivation
  - Sports Performance & Rehab
  - Support during Chemotherapy
- ... AND MUCH MORE!



**07807 936080**

[www.laurajanehypnotherapy.com](http://www.laurajanehypnotherapy.com)

## Alpine Landscaping

Established Family Firm with over 30 years' experience

### Senior Citizens Special Rates

- Garden Clearance - Regular or One Off • Patios • Fencing • Tree Work • Turfing
- Hedgecutting • Planting (Shrubs etc) • Organic Manure Delivered - Also applied
- Professional and Guarantee Work • Brick and Blocklaying

**Call Joe for a Free Quote 0117 959 2143 / 07891 253 122**

[www.alpine-landscaping.co.uk](http://www.alpine-landscaping.co.uk)

**25% Off**  
with this advert!

**Bradley Stoke Matters & Little Stoke Gifford Matters is delivered to  
15,000 DIFFERENT homes per quarter across the whole Five Stokes Area**

Proud member of  
**MAG WORLD**  
ASSOCIATION

# Dunkley's

Chartered Accountants

30 YEAR ANNIVERSARY

## HAVE YOU SUBMITTED YOUR SELF-ASSESSMENT TAX RETURN?

OUR TAX SPECIALISTS ARE HERE TO HELP YOU!  
ALL RETURNS MUST BE WITH HMRC BY 31 JANUARY 2022

T: 01454 619900 E: [ADVICE@DUNKLEYS.ACCOUNTANTS](mailto:ADVICE@DUNKLEYS.ACCOUNTANTS)

WOODLANDS GRANGE, WOODLANDS LANE, BRADLEY STOKE, BS32 4JY

## Dear Readers....



The pandemic has been a dark and stormy rain cloud hanging over us all year, giving us some real low points. But, as the end of 2021 approaches, as always I've chosen to focus on the good things. As I write this over 50 million people in the UK have had a Covid vaccine, that's 88% of the population aged 12 and above. When you consider that this time last year not even one dose had been administered yet, that's a pretty impressive statistic!

The majority of our customers have kept their businesses going, with many quickly learning to adapt and some even going on to thrive, which is wonderful news.

More good news is that Christmas is back this year and we have plenty of local Services, celebrations and events detailed inside for you to enjoy.

2022 sees the 70th anniversary of Little Stoke Scouts - something definitely worth celebrating! If you were a scout back in the early years they would love to hear from you, especially if you have some old photos.

The Brightwell Centre needs your help this month: see their article on the Big Give Christmas Challenge taking place the first week of December - a great opportunity to enjoy a cuppa with friends.

However you celebrate the festive season, it just remains for me to wish you joy and peace. Long may the "good news" stories continue - we love hearing them...



Wishing you all a Very Merry  
Christmas & a Happy &  
Healthy 2022!

JaCi x

*If you are a business looking to promote your services across the Stokes in 2022 do get in touch with me and I will be happy to help. Deadline for the January edition is 10th December.*

**DON'T FORGET YOU CAN KEEP UP WITH  
EACH EDITION OF YOUR FAVOURITE  
COMMUNITY MAGAZINE VIA**

**[www.bradleystokematters.co.uk](http://www.bradleystokematters.co.uk)**



Follow us on Twitter  
@BS\_Matters



Find us on:  
facebook /BSMatters

## Contact Us :

**01454 300 900**

[sales@mattersmagazines.co.uk](mailto:sales@mattersmagazines.co.uk)

[community@mattersmagazines.co.uk](mailto:community@mattersmagazines.co.uk)

[www.bradleystokematters.co.uk](http://www.bradleystokematters.co.uk)

Matters Magazines Ltd, 130 Aztec West, BS32 4UB  
Co Regn No: 8490434



The Bradley Stoke, Little Stoke and Stoke Gifford community matters magazines are independently published and delivered FREE to homes (c 16,000 copies) in Bradley Stoke, Little Stoke, Stoke Gifford, Stoke Lodge and the edges of Patchway (to the A38 border) and Harry Stoke. The views and opinions expressed are not necessarily those of the editor (unless it is a personal review of a service that we have participated in). We cannot vouch for every advertiser personally (although since starting in August of 2005 we have used many of the services ourselves). Any feedback or experience is welcomed.

We would like to thank all the advertisers who support this publication and therefore make it possible. Please return their support by utilising their services when and where you can. It is the advertiser's responsibility to ensure conformity with the Trade Descriptions Act 1975, Business Advertisements Disclosure Order 1977, Sex Discriminations Act 1975 and the Consumer Credit Act 1974. We cannot be held responsible for misrepresentations in the adverts included.

All artwork created by us must not be published in any other media without our permission. © Matters Magazines Ltd 2005...2021

## DON'T FORGET THE POWER OF PRINT ADVERTISING

Social media is great but it's a bit  
like sticking a post-it note onto the  
windscreen of a car on a windy day.

Print cuts through the digital noise  
Print is more trusted  
Print lasts longer

## THE AERIAL MAN

TV Aerial and Satellite Specialist

- Poor Reception Problems Solved • Fully Guaranteed
- Digital Aerials • Satellites • Additional TV Points
- Repairs • Sky Work • OAP Discounts • Free Quotes
- TV Sales • Humax Recorders



**01454 660 046**  
**07818 413 451**



[www.theaerialman.co.uk](http://www.theaerialman.co.uk) | [info@theaerialman.co.uk](mailto:info@theaerialman.co.uk)



Tell people you saw them in Bradley Stoke & Little Stoke Gifford Matters



## TOGETHER, WE'RE BUILDING A NATION OF LAWN LOVERS

FROM JUST  
**£15\***  
PER TREATMENT

\* Based on a lawn  
size up to  
40m²

### REVOLUTIONISING LAWN CARE

With our passion for innovative solutions and most importantly, our love for lawns, we'll ensure your lawn takes pride of place as your garden's crowning glory, all year long.

Our ground-breaking Lawn Treatment Programmes feature four fantastic NutraGreen Treatments, plus an application of our newly improved Oasis Water Conservator. Our unique Standard and Ultimate Programmes include even more benefits to ensure your lawn remains weed-free, luscious, and of course, beautifully green!

*Let's create the lawn we both love*

Start your Lawn Care journey today: Call: 0117 9109182

Email: [bristolouth@greenthumb.co.uk](mailto:bristolouth@greenthumb.co.uk)

Visit: [greenthumb.co.uk](http://greenthumb.co.uk)

**GreenThumb**  
LAWN TREATMENT SERVICE



- Accounting / Tax
- Xero Gold Partner
- Payroll / VAT / CIS
- Fixed Rates
- First Meeting Free

**t: 01179 113 328 m: 07977 599 670**

[info@lacaccounting.co.uk](mailto:info@lacaccounting.co.uk) [www.lacaccounting.co.uk](http://www.lacaccounting.co.uk)

**Free 1 hour accounts health check**

**Chris Ridgway**  
Mortgage & Protection Advisor

**0117 931 4423 / 07771 888 792**

13 Brake Close, Bradley Stoke, BS32 8BA

[chrisridgway@ccfpm.biz](mailto:chrisridgway@ccfpm.biz) [www.localmortgage.co.uk](http://www.localmortgage.co.uk)

Crystal Clear Financial Planning & Mortgages is a trading style of Martin Jones Financial Planning Consultants LLP which is an appointed representative of The Openwork Partnership, a trading style of Openwork Limited which is authorised and regulated by the Financial Conduct Authority.

## NEED MORE SPACE?

The Avonmouth Space Program provides secure, affordable, ground-level storage to local homes and businesses. **Perfect if you've been decluttering.**



To find out more, email Dave at: [avonmouth@thespaceprogram.co.uk](mailto:avonmouth@thespaceprogram.co.uk) or call him today on **01172 900237** [www.thespaceprogram.co.uk/avonmouth](http://www.thespaceprogram.co.uk/avonmouth)

## "A Long and Winding Beat"

Brian Allinson

Bradley Stoke & Little Stoke Gifford Matters was really pleased to hear from local resident and Councillor, Brian Allinson this month, who shared with us a copy of his new published book "The Long and Winding Beat".

The book charts Brian's unusual life from a young age experiencing life "below stairs" in a large country House near Wincanton in Somerset, through his early education by the Nanny of the household, and later at Wincanton Primary School.

His first job in the early 1960's was with a Jaguar Car dealership which led to a love of performance cars. A career change in the late 60's saw him joining the Police Force in Somerset, and experiencing the strict regime that existed in rural forces in those days. He even required the permission of his Chief Constable to get married!

Early and regular promotion saw him rising through the ranks, between 1975 and 1979 he returned to Wincanton as the Section Sergeant before later promotion to Bath as an Inspector. He retired as a Superintendent in 1998.

The book describes a number of unusual postings and experiences and in particular his first ever flight in an aeroplane in 1976. The flight was in a two seat Hawker Hunter Jet! An incredibly experience that brought about a new direction in his life style, and became the cause of yet another turn in his career.

The development of Police Air support became a passion, eventually leading to a second career as an International Police Air support advisor which saw Brian lecturing on the subject in China, South Australia, New Zealand and throughout Europe.



Finally an interest in local politics saw him elected as a local Councillor in South Gloucestershire in 2001. A role he is still very much active in. He had the honour of Chairing South Gloucestershire Council in 2019 and will soon celebrate a total of 50 years in Public Service. What an achievement.

*"Brian Allinson has had a remarkable life. He has been, and remains a dedicated public servant following an outstanding career in the police service."*

*He began his career at a time when a beat officer needed all his wits to cope with the challenges they found on the street. Brian shares with us the humour and the camaraderie with fellow officers that helped him through adversity.*

*In his memoir he reminds us of how policing has been transformed in his lifetime. His vision of how policing and flight could combine to remarkable effect, has been realised.*

*Retiring for a second time allowed Brian to expand his commitment to public service through his activities as a Councillor culminating in his appointment as Chair of South Gloucestershire Council. Throughout his life he has been a devoted parent and now a grandparent. His memoir will be a treasure for his family and friends and also a wonderful window on policing history for future generations."*

**extracted from forward by Roger Deeks  
Gloucestershire Deputy Lieutenant**

**A Long and Winding Beat is an enjoyable read and a great insight into a life well lead. Thank you for your long and continued service Sir.**

**A Long and Winding Beat has an RRP £11.99**

**If you would like a copy you can order direct from Brian by emailing  
[brian1002allinson@icloud.com](mailto:brian1002allinson@icloud.com)**



Cotswold Troop c1985

## 1st Little Stoke celebrate 70 years of Scouting

In 2022 1st Little Stoke Scout group will be 70 years old and will be holding events to celebrate this huge milestone.

On 6th February 1952, a meeting was called to see if there was interest in forming a Scout Troop in Little Stoke and the surrounding area. There was sufficient interest and the Scout Group was registered with the Boy Scouts Association on 19th May 1952.

The Cubs and Scouts met at Little Stoke School before an ex Civil Defence Hut was erected at the back of what is now 100 Bush Avenue and close to the Parish Council allotments. The Hut was then moved to the present site, near the children's park in Little Stoke prior to a larger building being erected.

It was clear that the old Civil Defence hut needed to be replaced and the search for a suitable building started in 1962 and on 15th May 1963 a wooden Drawing Office building from the Berkeley Nuclear Power Station site was purchased. It was opened on 30 January 1965

By 1983 the condition of the wooden building was causing some concern and plans were drawn up to replace it with a permanent structure. After all the effort of fund raising, it was difficult to see how we would ever be able to build the new Headquarters. Then we had a stroke of luck, Chris Bradley the father of one of the Beavers worked for Ridecolt,

a firm of Civil Engineers who were involved with the installation of the infrastructure of the Bradley Stoke development. He looked over the plans and asked how much we had – about £20,000. "I'll do it for £18,932.18" was the reply!

**As we have little information about the years 1952-1976, if anyone has any photographs that we can copy it would be wonderful.**

1st Little Stoke has three sections for children from 5.9 years to 14.5 years and currently has over 70 young people enjoying scouting. The sections are Beavers 5.9 to 8 years, Cubs 8 to 10 years and Scouts 10 to 14.5 years. We will in the near future have a new section for children 4 and 5 years provided we can recruit leaders from the parents of children who wish to join.

The programme we offer young people has a backbone of outdoor activities, camping and earning badges from subjects from Animal Carer to Swimmer.

We currently at Little Stoke have a waiting list of over 50 young people who wish to join. If your child wants to join and you are willing to help us with the running of the sections your child will not have to join the waiting list and can start immediately.

## Will you be our next Scouting volunteer?

Volunteering's not just about giving back – the benefits go both ways. All of our activities are run by amazing volunteers. Volunteering lets you try new things, meet new people, and make a difference. We know that volunteering is #GoodForYou because when you volunteer, you'll:

- Do something good for your community and yourself
- Gain skills for the future
- Spend time with your children or gain experience with young people
- Make friends
- Make memories
- Volunteering will keep your body and brain active as you make a huge difference to young people's lives – helping them develop skills for life and learn a whole lot about themselves along the way.

Our Chief Scout Bear Grylls says about scouting, *"Two things matter in life: following your dreams and looking after your friends. This is what I love about Scouting. It's about doing great things, loving and enjoying the great adventures and helping others to do the same."* Scouting provides a second family



Enjoying hotdogs c1976

*to lots of young people. It's a safe place where they can aspire and grow.'*

*'The reason why Scouting remains the largest youth movement in the world is that it's got great core values: it's faith, it's about friendship, it's about fun – it's all part of what we wanted when we grew up.'*

We look forward to welcoming more young people and adults into 1st Little Stoke and making the next 70 years as great as the last 70.

**If you wish to enquire about opportunities for both young people and adults contact Group Scout Leader Tony Edmonds at [tonyedmonds108@yahoo.com](mailto:tonyedmonds108@yahoo.com)**

- Trusted reputation
- Huge choice of doors, worktops appliances, sinks & taps
- Free planning & design service
- Door swaps to full kitchens – tailored to your needs



11/12 The Promenade,  
Gloucester Rd,  
Bristol BS7 8AL

Call for a free estimate on:

**0117 944 3223**



**Checkatrade.com**  
Where experienced tradesmen meet  
AVERAGE SCORE 9.8/10

[www.dreamdoors.co.uk](http://www.dreamdoors.co.uk)

## DREAMING OF A NEW KITCHEN?

CALL FOR LATEST UPDATES ON  
SURVEYS AND APPOINTMENTS



**DREAM DOORS®**  
NEW LIFE FOR OLD KITCHENS

THE UK'S #1 KITCHEN  
MAKEOVER EXPERTS



# Legal advice that gets you moving

Whatever your next move,  
we will be with you every step  
of the way.



- ✓ Premium contact-less service via email and phone
- ✓ In-person appointments available
- ✓ Clear, upfront and competitive fees
- ✓ Close links with local estate agents

## Let's talk.

Contact our team in Bristol  
and let's get started.

[www.gl.law](http://www.gl.law) 0117 906 9400



## Holiday Inn Bristol Filton Hotel Unveils £1million Open Lobby Refurbishment

**The Holiday Inn Bristol Filton has unveiled a £1million refurbishment to transform its public spaces and showcase a brand new Open Lobby concept on the ground floor.**

The stylish Open Lobby, designed to provide guests with one multi-faceted public space to eat, meet, relax, socialise and work as they choose, will revolutionise the way guests live and interact at the hotel.

The traditionally separate zones of a reception, lobby, bar, lounge, restaurant and business centre have been merged into one cohesive 'Open Lobby' space where guests can operate in a more instinctive, flexible and homely way.

The multi-functioning zones will encourage guests to better utilise all areas and facilities in a way which works around their lifestyles and preferences, allowing them to blend work and leisure seamlessly, which has become a greater demand in recent times. The Open Lobby will also improve interaction between staff and guests as the Front of House reception teams can be more adaptable and accommodating while guests use the space, as well as the multi-skilled team serving the Open Lobby who can meet a wider range of needs.

Key features of the new Open Lobby include free high-speed Wi-Fi, a 'To Go' Café where food and drinks are available 24/7, a versatile dining space with a range of seating from booths to high and low tables, a living-room style Media Lounge with

comfy seating, games, magazines and TV and an E-Bar where guests can plug-in with lots of power points, a wireless printer and more.

Margaret Coffey, General Manager for the Holiday Inn Bristol Filton, commented:

*"I'm delighted to welcome guests to our new and innovative Open Lobby space, the design really feels like an extension of home with a logical and comfortable flow. There are so many options and areas to plug in or switch off that I know our business and leisure guests will love what we've done. I'm also confident the Open Lobby will become a new hotspot for local Bristol residents and networking groups to meet up, or just drop in for a Starbucks coffee at our new round-the-clock café. Customer satisfaction is so important to me and my team, and this refurbishment will allow us to deliver a better service than ever before with no barriers between us and the guests".*

**The Holiday Inn Bristol Filton Hotel** is set in scenic landscaped grounds featuring a range of comfortable rooms including Executive Rooms with pillow menus. The hotel's Academy Conference Centre has 18 meeting spaces with capacity for up to 280 delegates with high-end AV equipment. Amenities also include free parking for overnight guests and on-site fitness facilities.

The open lobby concept is unique to the Holiday Inn brand and has been extended to properties across Europe to become a brand-defining feature.

For more information visit [lghm.com](http://lghm.com)





# theBigGive

## CHRISTMAS CHALLENGE

### Help The Brightwell raise £10,000 towards the refurbishment of its community café

In the run up to Christmas the Brightwell in Bradley Stoke is going **BIG!**

The charity who provides therapy and support to those living with neurological conditions is taking part in this year's **Big Give Christmas Challenge**.

The aim is to raise £10,000 towards the refurbishment of their café area. The 300 people who use the Centre have been very isolated during the pandemic and need a safe and welcoming place to help them have the confidence to get back out into the world.

The Big Give is a nationwide match funding initiative. During the week of 30th November to 7th December The Brightwell aims to raise £5,000 to unlock £5,000 of match funding kindly pledged by: The Rotary Club of Bristol Breakfast, Dr Hardie and Mr Weston and The Medlock Charitable Trust.

Throughout the Challenge week The Brightwell will be inviting everyone to "drink one, donate one" - enjoy a hot drink and donate the cost of a hot drink to our #Cuppa4Christmas Big Give Christmas Challenge. There will be fun events every day at the Centre in Wheatfield Drive, Bradley Stoke all involving hot drinks (and cake!): delicious coffee will be provided by the fabulous local coffee company The Artisan Coffee Company [www.artisancoffeeco.com](http://www.artisancoffeeco.com)

Full details of the events being held at the centre can be found opposite, everyone is very welcome.

If you are unable to attend any of the events and would like to donate the cost of a coffee to this worthy cause please scan the QR code (right), or go to [www.thebrightwell.org.uk/the-big-give](http://www.thebrightwell.org.uk/the-big-give) and help them to provide a fully accessible safe space for the enjoyment of the whole local community.

**Plus every £5 donation automatically gives you a raffle ticket to win a fabulous Christmas hamper!**



**#CUPPA4CHRISTMAS**

Supporting



MS Therapy Centre

a partnership of  
The Brightwell



**theBigGive**  
CHRISTMAS CHALLENGE 2021  
one donation, twice the impact





## theBigGive

CHRISTMAS CHALLENGE 2021

# #CUPPA4CHRISTMAS

### CUPPA @ THE BRIGHTWELL

**EVERY MORNING 11 AM - 1PM**  
**FROM 30TH NOV - 7TH DEC**

<b>TUES 30TH NOV</b>	<b>#CUPPA4CHRISTMAS LAUNCH</b>
<b>WED 1ST DEC</b>	<b>CUPPA AND CAKE HOSTED BY ASDA</b>
<b>THURS 2ND DEC</b>	<b>CUPPA AND CRAFTS</b>
<b>FRI 3RD DEC</b>	<b>CUPPA AND CAROLS</b>
<b>MON 6TH DEC</b>	<b>CUPPA AND QUIZ</b>
<b>TUES 7TH DEC</b>	<b>CUPPA AND CELEBRATION</b>

## CUPPA TEA, NUMBER 3

**JOIN US FOR SOME BINGO FUN**

<b>WED 1ST DEC</b>	<b>EYES DOWN AT 6:30 PM WITH COLETTE AND FREDDO</b>
--------------------	---



## AMD Solicitors Welcome New Family Law Expert

AMD Solicitors are delighted to announce that Zoë Sproull has joined their Family Team, and is based in the Henleaze office, working alongside Jo Morris, Alison Dukes and John Todd.

Zoë qualified as a solicitor specialising all aspects of family law in 1999 at a firm in Bath. Since qualification she has practiced exclusively in family law and has developed her knowledge and expertise working for several well-known local firms of solicitors.

Zoë advises married and unmarried couples in matters involving finances and / or children. She has been instructed in children matters involving international re-location, parental alienation and parental mental health issues. Her work in financial matters has involved clients with complex financial assets including those with assets held abroad, trusts, companies and multiple pension investments. Zoë also helps couples who want to regulate their financial affairs during the course of their relationship either through pre or post nuptial agreements or co-habitation agreements.

Throughout her career Zoë has been a member of Resolution, a national organisation which promotes a non-confrontational and constructive approach to family disputes.

All Resolution members adhere to a code of practice which aims to consider the needs of the family as a whole and particularly the best interests of the children. Resolution campaigned for the introduction of "no fault" divorce for many years. The Government announced that the law will be changed in April 2022 to allow couples to divorce without the need to blame one party.

Zoë said about the proposed reforms, "the exact details of the new procedure are yet to be announced but the process should be quicker and reduce conflict for all parties, which can only be a good thing. Reform has been a long time coming and I am looking forward to



*being able to help clients to divorce with as little acrimony as possible".*

Jo Morris, Head of Department, comments that "Zoë brings with her a wealth of experience in Family Law, and I am very pleased to have her join AMD Solicitors. Our aim is to provide our clients with specialist legal advice in a sensitive and constructive manner, and Zoë is an excellent addition to the team."

**Zoë is able to offer free initial half hour meetings to new clients. These appointments can be arranged on the telephone or by video call. Where appropriate, we are also able to offer in person appointments.**

Zoë can be contacted by email on [zoesproull@amdsolicitors.com](mailto:zoesproull@amdsolicitors.com), or by telephone on **0117 9621205**.

### Advice Making a Difference



Telephone us on **(0117) 962 1205** or visit our website [www.amdsolicitors.com](http://www.amdsolicitors.com)

## New Members Welcome at the Bristol Cabot Probus Club



Bristol Cabot Probus Club is an established club and will celebrate its 25th anniversary in 2022. The Club is pleased to announce that there are now vacancies for new members.

### Are you looking to widen your social life?

The Cabot Probus Club offers good fellowship with regular social gatherings and outside excursions for members and their wives and partners. Why not sample this unique experience as a guest at one of our monthly lunch meetings?

Meetings are held regularly on the third Wednesday of every month at the BAWA club on Southmead Road, Filton. The meetings consist of a three course lunch followed by a local speaker. Wives and partners are invited throughout the year to a series of Sunday lunches as well as to two of the regular monthly lunches, Summer and Christmas.

Bristol Cabot Probus Club is friendly, very welcoming, and offers comradeship in a convivial atmosphere. Please come and join us! For further information contact George Eland on **0117 9790260**.

## Believe in children Barnardo's



**Can you spare a few hours to help us by volunteering at Barnardo's Charity Shop, Stoke Gifford, next to Tesco Express?**

We would love your help. We are a friendly team running the local busy charity shop which is a hub for all the local community.

We desperately need help on the till selling goods to our customers. Full training would be provided. PPE is in place for volunteers and customers in the shop.

Please contact Natasha or Julie  
**01179314115**

or call into the shop for more information.

Or apply online  
<https://www.barnardos.org.uk/get-involved/volunteer>

## A little reminder!

**The self-assessment tax return filing deadline is 31 January 2022**

As a local practice of CIMA Chartered Management Accountants and Tax Advisors, we can assist you to minimise your tax liabilities, however simple or complex your affairs may be. Contact us today to arrange a free no obligation consultation.



## EvansEntwistle

CHARTERED MANAGEMENT ACCOUNTANTS & TAX ADVISORS

432 Gloucester Road, Horfield, BS7 8TX

[www.evansentwistle.co.uk](http://www.evansentwistle.co.uk)

t: 0117 924 7767

e: [mail@evansentwistle.co.uk](mailto:mail@evansentwistle.co.uk)



**Accountancy | Corporate Finance | Taxation | Business Advisory | Private Clients**



# we're hiring!

We are looking for confident and compassionate full time, part time and waking night support workers to join our new locations in Bristol (BS7 and BS10), supporting young adults with learning disabilities and autism to live independently!

**No experience required.**

£9.50 an hour & great benefits

**Interested?**

[affinitytrust.org/jobs](https://affinitytrust.org/jobs)

Call Jess 07471 952865

Email [jesscarter@affinitytrust.org](mailto:jesscarter@affinitytrust.org)



Although being a driver is not essential you must be able to get to the location for shift start times.

## The Wildlife On Our Doorsteps

Ben Mitchell, Bradley Stoke

For many of us, increased home-working or 'hybrid' working has resulted in us spending much more time in our local area. We are so fortunate to have The Three Brooks Nature Reserve on our doorstep, and we are so grateful for all the time and care that the Three Brooks Nature Conservation Group put into looking after our local areas.

I love starting the day walking beneath trees, listening to the great array of birdsong all around. It's really rewarding and therapeutic to try and pick out individual songs and then find their composer. Wrens have a very distinctive song when you listen out for trills of repeated notes in the middle of fast and varied phrases. Song thrushes are another to listen out for, clear and loud, with each phrase repeated two or three times. Great spotted woodpeckers too can often be heard in the nature reserve, drumming away in treetops.

We've only recently noticed the amount of local birds of prey. Alongside buzzards, which can be heard calling from the tops of trees, we've seen sparrowhawks diving in-between and around the houses on our street. Kestrels are my personal favourite and are unmistakable when you see them hovering in mid-air.

The brooks and duck ponds are teeming with life. We enjoy seeing kingfishers regularly now, darting along the brook, even if they are only momentary glances of blue and orange. Little egrets often accompany the resident heron, and we have even seen a water rail enjoying the reedbeds.

Even in your own garden you can enjoy watching wildlife come to you. Our garden is as small as they come. But with a little encouragement from a couple of bird feeders, we love watching long tailed tits, coal tits, great tits, dunnocks and robins to name a few. Earlier in the year we took to eating lunch in our garden each day, and were often joined by a friendly and very cute field mouse who'd made his home amongst the plant pots!

You really don't have to travel far to see a great variety of wildlife, and you can get even closer by making your back garden a haven for nature. Whether it's hanging bird feeders, building insect hotels, leaving holes in your fences for hedgehogs, letting grass and wildflowers grow or even creating a small pond – we would encourage everyone to take simple steps to entice wildlife into your back garden. It really can be so rewarding!

I greatly enjoy spending time painting the wildlife I see and producing greetings cards, calendars and even mugs out of my paintings. Last year Jaci very kindly published an article of mine in Bradley Stoke & Little Stoke Gifford Matters about the benefits of getting creative in lockdown. I made readers aware of the wildlife calendars I had produced. It was so lovely to receive local orders as a result of the article, and my wife and I took great pleasure in delivering cards and calendars locally to people in our community.

Please take a look online at my range of art inspired by our local wildlife, including calendars and mugs:  
[mitchellwildlifeart.etsy.com](https://mitchellwildlifeart.etsy.com)







## Bradley Stoke WI

Bradley Stoke WI is back enjoying our group meetings and clubs and we have been really delighted to welcome several new members in the last couple of months. A really popular activity is our Table Tennis club that meets every Monday at the Bradley Stoke Leisure Centre; this is a great opportunity to get some exercise and enjoy a coffee beforehand!

We held our AGM in October and as well as the formal WI business our President, Sue Bandcroft, hosted an entertaining table quiz which caused a lot of laughter. In November we got into the Christmas spirit rather early as we were entertained with some Christmas tales by Mark Rutterford.

Our WI will continue to celebrate Christmas at our December meeting on Wednesday 8th December at 2pm in Oak Hall in the Jubilee Centre, Savages Wood Road, Bradley Stoke.

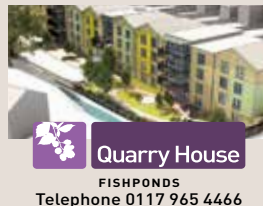
Our doors are always open to anyone who would like to become a member of the WI so if you would like to join us then please come along. Please contact Janet Hunt on 07845 744351 if you would like more information.

Excellence in all aspects  
of general nursing and  
residential dementia care

## Bristol Care Homes

providing a unique care service

- beautiful gardens
- purpose built homes with 24/7 air circulation
- spacious rooms and wide corridors
- television with DVD and telephone in each room
- wheelchair provision at no additional cost
- high technology baths and walk-in showers
- top quality chefs
- programme of interesting and stimulating activities



Find out more about our family of care homes at: [www.bristolcarehomes.co.uk](http://www.bristolcarehomes.co.uk)



## Holistic Courses in Bristol

With local Osteomyologist expert – Dawn Clode

Ostm, Lic MET Lic CR FAO

It's a busy time for Dawn, November saw her take part in the Bristol Holistic Festival where she gave a talk entitled – 'Bones and Structures – How Your Pelvis can Affect Your Whole Body', which was well received.

Prior to that, she took a trip to the stunning Charente, France to visit the 200 year stone cottage that will be hosting her Holistic Learning Holidays, later in 2022. The rustic holiday home is set in the beautiful village of Suris, in the East Charente, a ten minute drive from stunning lakes, beaches and the Vienne river. As well as being an idyllic spot in which to learn a holistic practice, if you like water sports, fishing, walking and cycling, this historic town is the perfect retreat. Do get in touch with Dawn if you are interested in finding out more about these Holistic Learning Holidays.

Would you like to be empowered with the skills and knowledge to enable you to treat minor ailments at home, before reaching for the painkillers? Dawn understands how many of us would prefer to try natural, holistic practices to sooth discomfort such as stomach or head aches and learn how to calm stress,

anxiety and improve sleep. Dawn is offering a wide range of Holistic Learning Courses in North Bristol during 2022, that will equip you with the knowledge to treat family and friends. Day courses start from £90. View the list below to select which holistic disciplines you are interested in learning, and give Dawn a call to book in.

And of course, if you are experiencing pain, Dawn is available for treatment bookings at her practice in Stoke Gifford.

Vouchers make a great Christmas gift to someone you love who is looking to seek help with pain.

### 2022 Courses in Bristol

- 4.12.21 – Reiki 1 & 2 • 11.12.21 – Aromatherapy (pt 1)  
8.1.22 – Aromatherapy (pt 2) • 23.1.22 – Reiki Master  
12.2.22 – Reflexology • 19.2.22 – Massage  
5.3.22 – Reiki 1 & 2 • 19.3.22 – Aromatherapy 1  
2.4.22 – Aromatherapy 2 • 16.4.22 – Reiki Master  
30.4.22 – Reflexology

Call: 0795 1099 491

Visit: [www.life-and-soul-empowerment.co.uk](http://www.life-and-soul-empowerment.co.uk)

## HARBORD OPTICIANS

Welcome to Mike Harbord Opticians - a family practice in Winterbourne Village.

Friendly, personal service and advice.

Full Eye Examinations and Retinal photography.

Qualified Optometrists and Dispensing Opticians.

A wide range of spectacles from NHS to handmade and bespoke frames.

Call today for an appointment

**01454 775530**

3 WHITEGATES, FLAXPITS LANE, WINTERBOURNE BS36 1JX

## Clinical Hypnotherapist

Catherine Smart DHP MNCH CHBP

Hypnotherapy can help you:



- Stop smoking
- Stop panic attacks
- Lose weight
- Relieve lockdown anxiety
- Improve your self-esteem
- Combat Fears and Phobias
- Easibirthing practitioner for labour and fertility
- Stress and anxiety

Based in Winterbourne

Hypnotherapy is widely used for all psychosomatic disorders (mental and emotional states which actually produce physical symptoms). In a nutshell, hypnotherapy can generally help with any problem you're finding hard to handle on your own - thoughts and actions you'd like to banish or acquire, or emotional suffering that is too overwhelming or has gone on too long.

Call me on: 07964 991689

E: [Catherine@smarthypnotherapist.co.uk](mailto:Catherine@smarthypnotherapist.co.uk)  
[www.smarthypnotherapist.co.uk](http://www.smarthypnotherapist.co.uk)

# News from St Michael's Primary School

Mrs J Prendergast



It has been a busy Autumn term at St Michael's so far however it has been wonderful for so many aspects of pre-Covid school life to be returning. The children and staff have loved being able to have assemblies again in the school halls and to sing together after so long of not being able to. Our fabulous variety of after-school clubs are now up and running again too and our sports teams have loved being able to play matches and tournaments with other schools once more. Our girls football team had recent success at the South Glos School Football Tournament and ended up winning the tournament and becoming the South Glos Girls School Champions! The girls will now play in the next round of the tournament in November against the winners from other counties.

Over the summer holidays we further improved our playground facilities and the children have loved being able to play on the new equipment during their break and lunch times. We are now starting to prepare for the various Christmas events that we hope will be able to take place during December! We are planning a whole school iSing Pop Christmas concert at the church and are keeping everything crossed that the Covid-19 situation will allow it to go ahead as planned.

In January our new headteacher, Mr Barnard, will join us at St Michael's. Mr Barnard is currently Headteacher at Frampton Cotterell Primary School and has been working at St Michael's for one day a week during the autumn term. Since Mr Freeman's retirement in July, I have been Acting Headteacher and will be Deputy Headteacher again once Mr Barnard has started. Whilst I am enjoying the new challenges of being a headteacher, I am looking forward to working with Mr Barnard and the next chapter at the school!



New Road  
Stoke Gifford  
Bristol  
BS34 8SF  
[bteacademy.co.uk](http://bteacademy.co.uk)

## Calling all Year 9 & Year 11 students!

*Would you like a career in Engineering or Technology?*

BTEA offers a range of technical and academic courses for students joining us in Year 10 or Year 12 including:

**Engineering Manufacturing, Engineering Design and Engineering Control Systems**

**Construction, English, Maths, Physics, Biology & Chemistry, Computing and Sport**

We work closely with a range of local employers to ensure our students learn the skills needed for a successful career in Science, Technology and Engineering



**Please email [admin@bteacademy.co.uk](mailto:admin@bteacademy.co.uk) for details**

## Come and Join the Fun at St Michael's Church Pre-School & Nursery

**At St Michael's Church Preschool & Nursery, we understand that choosing a Nursery for your child is one of the most important decisions you will ever make.**

We provide high quality learning environments where children receive the highest standard of care, based on effective practice. We are committed to continuous improvement through reflection and evaluation, ensuring that our setting is a safe, stimulating learning environment where children can express themselves. We value every child as an individual, who is unique and special. At St Michael's all children have equal access to opportunity regardless of age, sex, culture, religion, ability, disability or background.



At St Michael's Church Pre-School & Nursery, we understand that young children require space, indoors and outdoors, where they can be active or quiet, and where they can run, jump, cosy up, think, dream and watch others. Throughout the day children free-flow between rooms indoors and outdoors and enjoy a range of experiences.



The learning environment is organised offering a child-centred environment in which the children's needs and views are reflected in the layout, allowing them to access a range of resources and equipment. Allowing the children access to all resources empowers them to be independent and limits adult intervention so they can choose what they like to do and extend their play in a natural way.

St Michael's Church Pre-School & Nursery is an expression of the vision of St Michael's Church of 'Living to make a difference' by being 'a Christian heart at the centre of our communities'. We aim to serve our community with quality childcare that supports and encourages each child's development within a Christian environment. In line with the charitable aims of the church, the setting is 'not for profit', with any surplus reinvested back into the setting.

For further information, please contact the Manager at [preschoolnursery@stmichaelsbristol.org](mailto:preschoolnursery@stmichaelsbristol.org) or take a look at our website [www.stmichaelsbristol.org/psn/](http://www.stmichaelsbristol.org/psn/)

## St Michael's Church Pre-School & Nursery

**Places available for all children aged 0-3**

**Monday to Friday 8:00am to 6:00pm**

**0117 923 6395**

**e-mail: [preschoolnursery@stmichaelsbristol.org](mailto:preschoolnursery@stmichaelsbristol.org)**

**rated "Good" by Ofsted**

*"We are extremely impressed with the love and care our children have received at St Michael's Church Nursery"*

*"Plenty of fun activities to keep them occupied – the large garden is a tremendous asset – thank you!"*

**The Old Vicarage, 24 North Road, Stoke Gifford, South Glos, BS34 8PB  
(located at the entrance to Bristol Parkway Station)**





willowbrookshopping.co.uk

# Value

**WILLOW BROOK**  
BRADLEY STOKE SHOPPING

TESCO Extra the food WAREHOUSE savers MAX The Works pound stretcher

willowbrookshopping.co.uk

# Essentials

**WILLOW BROOK**  
BRADLEY STOKE SHOPPING

TESCO Extra Boots Card Factory the food WAREHOUSE pets at home

## Naturally Inspiring



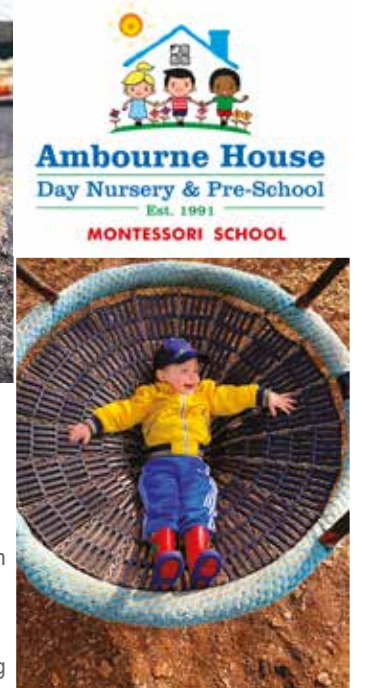
Nursery is an important part of a child's well-being offering so many benefits, such as helping to build vital social skills, giving them a routine and restoring a sense of normality by being able to come in and see their friends and just have fun!

There is never a dull moment at our nursery. We are so proud here at Ambourne to be able to provide the best apparatus for our children to explore all areas of their learning. We are so blessed to have a beautiful large garden for our children to not only burn off some energy but to extend their learning in the outdoor environment. With the arrival of Autumn the toddler group is looking forward to wrapping up warm and enjoying our regular Forest School outings to local parks and woodlands such as Blaise Castle, utilising our own Ambourne House mini-bus!

We are proud to be a Montessori nursery. Montessori is a child led form of education; the materials are specifically designed to meet each of the children's developmental needs and interests and they have full access to the Montessori equipment throughout the whole day at their leisure or within a planned activity.

Since Covid it has been difficult to allow parents/carers inside our setting. We are looking to remedy that by hosting special days over the coming term where we can welcome family members inside the building to access the nursery staff and see their child/grandchild at play to give a feel for what we do here at Ambourne. The first of these will be inviting Grandparents in for a non alcoholic brunch!

*We truly believe we provide children with the best start in life!*



### **Ambourne House** WE ARE OPEN Monday to Friday **DAY NURSERY & PRE-SCHOOL** 7.30am to 6.00pm

- Private Day Nursery & Pre-School Offering Excellent Care & Education
- Only Local Nursery Offering the Montessori Approach
  - Grant Places for 2, 3 And 4 Year Olds
- Homely & Stimulating Environment • Amazing Outdoor Play Areas

Take a look at our website [ambournehouse.co.uk](http://ambournehouse.co.uk)  
and follow us on Facebook



233 Gloucester Road, Patchway, South Glos, BS34 6ND ambournehouse@3abcare.co.uk T. 01454 615352





**DO YOU HAVE A CHILD DUE TO START SCHOOL IN SEPTEMBER?**  
*If so, please let us show you around our wonderful school.*  
 Open afternoons every Tuesday, Wednesday and Thursday.  
**Contact the school office on: 01454866750**  
**or email [elparkprimary@gmail.org.uk](mailto:elparkprimary@gmail.org.uk)**  
*to book an appointment.*

## Reception Open Events

**Is your child due to start school next September?**

**We would love to welcome you to Elm Park Primary School.**

Come along and enjoy a guided tour led by our  
Head Teacher and Reception Class Teacher.

See our wonderful school  
and let us show off the amazing learning opportunities we provide.

**We offer personalised tours every  
Tuesday, Wednesday and Thursday from 4pm - 5pm.**

*'Elm Park is a happy and friendly school.*

*Pupils love learning because teachers make it fun.*

*The Early Years is a welcoming and interesting place for children to learn.*

*Staff care deeply about their pupils and are sensitive to their needs.*

*Leaders and teachers share a passion for igniting pupils' enthusiasm and nurturing talents.'*

**OfSTED November 2019**

Please contact us by phone **01454 866750**  
or email [elparkprimary@gmail.org.uk](mailto:elparkprimary@gmail.org.uk)  
to book a place for one of our open afternoons.

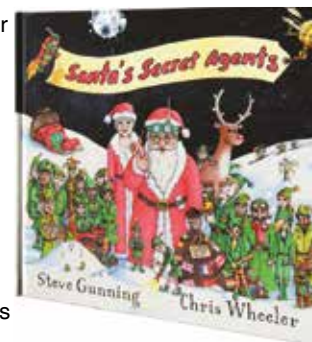
If you are unable to make the days/times above, please contact us and we will find an alternative time to show you around.



## Authors visit Meadowbrook Primary with a message from Santa

Further to the article in our October/November edition of Bradley Stoke Matters, we were pleased to help arrange a local author visit to Meadowbrook Primary School at the start of November.

Steve Gunning and Chris Wheeler captivated and delighted children in Reception, Year 1 and Year 2 with a reading of their new Christmas book, *Santa's Secret Agents*. The two local authors took turns reading their rhyming story and showing off the beautifully detailed illustrations to three very curious classes.



The sessions provided the authors with an opportunity to answer the children's questions about the story (including why one of Santa's elves was disguised as a tea-pot) as well as talking them through the process of writing and producing a book. The authors even brought along one of Santa's top secret gadgets—TEDcam—but got more than they bargained for when their readings were interrupted by a surprise message via SANTAlite from Jolly Saint Nick (Double Ho 7) himself!

Prior to the event, the children had been given illustrations from the book to colour. The best were judged by the authors on the day with the winners being presented with a signed copy of the book. Many congratulations to Srinithi from Reception class (pictured), Alex (year 1) and Mihai (year 2).

Headteacher Nicola Bailey commented, "Our children were so excited about meeting Steve and Chris! They loved the reading of the story, and couldn't wait to point out where the cheeky little elves were hiding. It made us feel very Christmassy – albeit early!"

You can purchase *Santa's Secret Agents* on-line from Waterstones or Amazon or locally in-store from independent bookshops such as Max Minerva's Marvellous Books. **Take a look inside Santa's Secret Agents ...**

[www.santassecretagents.co.uk](http://www.santassecretagents.co.uk)





## OSR Scouts Litterpick

After a well deserved summer break following a year and a half of continuous scouting on zoom and face to face, OSR scout leaders started back in September with batteries fully recharged!

The group spent mindfulness week with fu and games, stem week making bath bombs and entering the findings into crest award. Then on 19th September the troop took a trip to Sand Bay beach in Kewstoke near Weston-super-mare for some litter picking!

With the help of leaders and a few parents the scouts grabbed their pickers and rubbish bags and made their way from the car park over the road and dunes onto the sand. The beach is lovely and flat and stretches for miles. There were a group of Surfers against Sewage doing a test litter pick over a 100 feet by 100 feet area so the scouts went beyond this area and paid



particular attention to the high tide line where everyone found large amounts of plastic from rope strands, tiny beads, lolly sticks and even straws. It was very warm when the clouds were gone but very nice when they returned with a refreshing sea breeze.

We all stopped at lunchtime and enjoyed the beautiful scenery. Massive thank you to all the volunteers for coming out today. We had some fabulous comments from other beach goers thanking us for our hard work and questions regarding where we were from and why this particular beach etc. This was our little bit of giving back enjoying a weekend scout session.

## Parliamentary Week

On 3rd November the OSR Scouts took part in Parliament Week with a zoom session with our local Member of Parliament Jack Lopresti. As this was a sitting week Jack couldn't attend in person as he was at Westminster in London.

During the evening he spoke of how he became involved in politics and his previous working life in the family business and the military. He spoke of chairing a committee on apprenticeships. He said if he had gone to university he probably would have studied history. Jack is passionate about representing his constituents and helping people and loves his job. He answered all questions put to him and on concluding the zoom call invited to either come into the OSR for a visit or to facilitate a visit to Westminster for the scouts.

The rest of the evening the scouts were divided into cat lovers and dog lovers and with the help of a speaker of the house, Kathryn, and leader of each party, Megan and Rayne, we debated which was the best pet and there were some great arguments put forward, with factual views and opinions. There were few scouts that voted against their party and so we were in deadlock. This showed the scouts just how difficult living in a democracy is and following party lines or not being swayed by the opposition makes getting items through the processes very difficult unless, as we currently have in this Country, the leading party has a majority vote.

The scouts had fun and really got stuck into the debate. Well done to all and big thank you to Jack for making the troops' Parliament week special.



**WARDS**  
SOLICITORS

**solving your legal problems ...locally**

### For You:

Accident and Injury | Cohabitation | Conveyancing | Court of Protection | Crime | Disputes  
Employee Relocation | Employment | Family Law and Divorce | Medical Negligence  
New Homes | Notary Public | Probate | Probate Disputes | Wills and Mental Capacity

### For Your Business:

Business Disputes | Business Employment | Business Relocation | Commercial Property  
Commercial Services | Crime | Debt Recovery | New Homes Developers | Notary Public

**Get in touch: 01454 204880**

**6-8 Fountain Court, New Leaze, Woodlands Lane, Bradley Stoke, Bristol BS32 4LA**

**wards.uk.com**



**1st Stop Accountancy & Tax Services Bristol Ltd**  
BASED IN NORTH BRISTOL

Reliable & Affordable Bookkeeping,  
Accountancy and Taxation Services

FREE quotes and initial consultations

**0117 298 0054 | 0779 2133 175**

info@1st-stopaccounts.co.uk www.1st-stopaccounts.com



## MEDWAY DESIGNS Sewing & Alterations

- Bridal Wear • Alterations
- Evening Wear • Day Wear
- Soft Furnishings & re-upholstery

Ask about sewing lessons

*Delivery & Collection Service Available*

**Lois Coulson**

**0117 969 1798 /**

**07950 396064**

loiscoulson@ymail.com

**14 Watch Elm Close  
Bradley Stoke**

**Call now for a friendly personal service**

# Christmas Party Nights THE ROARING 20S

Our Roaring 20's will make the Great Gatsby proud.  
All the glamour and style of the jazz age is packed into  
one evening full of cocktails, classy food and feather boas.

Greeted by our hosts as you arrive then make your way through to your beautifully  
dressed dinner table where a Chicago fizz cocktail is served. A delicious three course  
dinner will follow, music will play and your table will have a dedicated area for dancing,  
or just sit, chat and order drinks. Late night snacks will be served before heading home  
or staying with us overnight.

26 <sup>th</sup> , 27 <sup>th</sup> , 28 <sup>th</sup> November	£56.95
3 <sup>rd</sup> , 10 <sup>th</sup> , 12 <sup>th</sup> , 17 <sup>th</sup> and 19 <sup>th</sup> December	£56.95
4 <sup>th</sup> , 11 <sup>th</sup> and 18 <sup>th</sup> December	£61.95

To book or for more information call the Events Team  
on 01454 201090 or email [events@aztechotelbristol.co.uk](mailto:events@aztechotelbristol.co.uk)



## Christmas Services



### Bradley Stoke Evangelical Church

**Sunday 19th December**  
10.30am & 4pm All Age Carol Service

**Christmas Eve**  
6pm Carols By Candlelight  
(Traditional Carol Service)  
(booking necessary)

**Christmas Day**  
10:30-11:15am Christmas Morning Celebration

**Sunday 26th December**  
10.30am Christmas Sunday Service (All Age)

For more information about our Christmas events  
please see our website [www.bsec.org.uk](http://www.bsec.org.uk)  
or contact Tim ([tim.sunderland@bsec.org.uk](mailto:tim.sunderland@bsec.org.uk))

*(We will be taking sensible precautions at all our  
Christmas events to limit Covid transmission)*

### Christ the King Church

**Sunday 19th December**  
6.30pm Carol Service

**Christmas Eve**  
4pm Crib Service

**Christmas Day**  
10am Christmas Morning Celebration

**Sunday 26th December**  
No Service

### Holy Trinity Church

**Sunday 19th December**  
6.30pm Candlelit Carol Service

**Christmas Eve**  
4pm Christingle  
11.15pm Midnight Communion

**Sunday 26th December**  
No Service



### Holy Family Catholic Church

**Christmas Eve**  
6pm Christmas Family Mass  
11.15pm Hymns and Readings to welcome  
Christmas

**Christmas Day**  
12.00am Christmas Midnight Mass  
9.30am and 11am Christmas Day Masses

**Sunday 26th December**  
9.30am and 11am  
Holy Family Masses

Most Services will be live streamed via the parish  
website. More details are available  
[www.holyfamilyrcchurchpatchway.co.uk](http://www.holyfamilyrcchurchpatchway.co.uk)

### Little Stoke Baptist Church

**Sunday 5th December**  
2pm donation based Christmas Market (see  
advert)

**Sunday 19th December**  
4pm Christmas Carols & Afternoon Tea  
(prior booking essential)

**Christmas Eve**  
5pm Crazy Crafty Christmas Eve (see advert)

**Christmas Day**  
10.30am Christmas Day Service

Call 0117 969 1011 for more information.

## Carols on the Green

Saturday 11 December 6.15pm  
The Green, Stoke Gifford

Brass Band Hot Dogs Mulled Wine Festive Fun

[stmichaelsbristol.org](http://stmichaelsbristol.org)

Supporting Caring Churches and  
Rural Churches in the South Glos  
Registered Charities (5131468 & 1000000)



# MOVIE NIGHTS

Doors Open @5.30pm,  
film starts at 6pm

Friday 3rd December -  
Arthur Christmas

Friday 10th December -  
The Christmas Chronicles

FREE ENTRY  
Refreshments on Sale

Email:  
laura@cafechurchbristol.co.uk

4a Amberley Road, Stoke Lodge  
BS34 6BU





# CHRISTMAS Craft Fair

Saturday 4th December  
10-3pm

The Old School Hall  
Almondsbury, BS32 4ED  
(Half way between the Community Shop  
and the Church)

and whilst you're there, pop along to our  
**CHRISTMAS TREE FESTIVAL**

From Friday 3rd December at 12pm  
until Wednesday 8th December  
St. Mary's Church, Almondsbury



## At the heart of Christmas

*We all love a good story right? I was given a birthday gift of a poster that contained a 'bucket list' of a hundred films that simply must be seen before departing this life!*

*With the easing of restrictions at this stage in the pandemic, many of us have ventured out to the cinema once more. From James Bond to the Marvel universe, movies convey stories of hope, rescue, love and redemption.*

*And right at the heart of a good story is the hero. Batman, Spiderman, Ironman, Captain Marvel and Black widow. All captivate us with their flawed natures and flowing capes.*

*At the heart of Christmas is another hero. A hero unlike any other. A hero with no flaws or failings. A hero who gave His name to the festival. A hero who would lay down His life for his friends. A hero who could not be defeated by death.*

*This Christmas I am praying this prayer: "Lord Jesus, may I find space in the middle of this busy, chaotic, celebratory Christmas season to make You my hero once more."*

*We'd love to welcome you face-to-face to our Christmas services at St Michael's this year.*

*Have a lovely Christmas and a restful new year,*

*God bless, Revd Canon Simon Jones*



# Christmas Market

Sunday 5th December 2pm

Pay what you can market stalls of donated goods  
books, games, toys, puzzles & gifts

drinks & mince pies

money raised will be used for local community projects  
Little Stoke Baptist Church, Kingsway









## Christmas at St Michael's Church, Stoke Gifford

**Saturday 11 December**

Carols on the Green 18.15 (in person only)

**Sunday 12 December**

All-age Nativity 10.30 - St Michael's Centre

**Wednesday 15 December**

Christmas Concert - 19.00 Stoke Gifford Retirement Village

**Sunday 19 December**

Carol Services 16.00 (and repeated at 18.30) - St Michael's Centre

**Christmas Eve**

15:00 Christingle Service - St Michael's Centre

23:15 Midnight Communion - St Michael's Church

(advance booking required)

**Christmas Day**

10:00 Family Worship - St Michael's Centre

[www.stmichaelsbristol.org/Christmas2021](http://www.stmichaelsbristol.org/Christmas2021)





You are warmly invited to

**Afternoon tea  
&  
Christmas carols**

Sunday 19th December 4pm

Little Stoke Baptist Church  
Kingsway

Please book on 07878 255901

*Crazy Crafty Christmas Eve*

Christmas eve 5-7pm

A family Christmas Eve  
with carols, stories & craft  
hot chocolate & mince pies  
free gift for all

Little Stoke Baptist Church, Kingsway

Booking Essential  
07878 255901

lsbcmminister@gmail.com

Find us on Facebook  
www.littlestokebaptist.org



## Winter at Winterbourne Medieval Barn

### Leonie Evans – Wednesday 1st

**December, 7.30pm** – This event had to be postponed from 29th October due to illness. Singer-songwriter and multi-instrumentalist Leonie Evans will be joined by musician Kai Carter, and by storyteller Corrine Harragin. The gig will be seated, cabaret style. Bar open from 7pm, music starts at 7.30pm. Free parking on-site. Tickets £10 online via the Barn website.

### Christmas Fabric Wreath Workshop

**– Saturday 4 December, 10am** – Explore festive textiles, colours, and embellishments to make a unique and lasting decoration for your home. All materials are provided and no sewing experience is needed! Mulled wine and mince pies will also be served to really get you in the festive mood. This workshop will be held in our warm downstairs seminar room! Cost £30. Book online.

### Tea and Tour – Thursday 2nd

**December, 2pm** – Tickets are £5. Enjoy a short talk about the history of the Medieval Barn, with a cup of tea, and then explore the recently renovated West Barn and the rest of the site.

### West Gallery Festive Music Performance

**– Saturday 4 December, 3pm** – Come and hear the kind of festive songs that were sung 200 years ago and join in with well-known carols. Tickets £5.

### Talk: A Medieval Christmas – Tuesday

**7th December, 7pm** – Hear how the middle English poem Sir Gawain and the Green Knight tells us about Christmas back in medieval times. Talk available in person and online. Tickets £5.

### Family Christmas Crafts – Sat 11th

**December, 10am and 1pm** – Family festive crafts suitable for children under 12. Cost is £5 per family. Book in advance.



### Sunday 12 December – Carols in the Barn – 3pm or 6pm

– Get in the festive spirit! Enjoy Christmas sketches, poems and readings from members of St Michael's Church,

and join in all the well-known carols. Suitable for all ages. The medieval barn makes a very atmospheric setting for celebrating the old Christmas story.

Performances at 3pm and 6pm. Gates open at 2.15pm and 5.15pm so you can enjoy mulled wine and mince pies before the Carols, and listen to live music from the Bristol Waites. Tickets £5 (child £1) include a cup of mulled wine (or juice) and mince pie. Additional refreshments available to buy if you wish. No parking at the Barn or in Church Lane (except Blue Badge). Please walk or cycle down Church Lane. Ride & Stride Parking available at Winterbourne Academy for £1.

**Tai Chi Wednesdays, 10.30am** – Join Jenny for around 30 minutes of gentle SHIBASHI Tai Chi, followed by a drink and chat. £5 per session.

### Apple grafting – Saturday 19th February

**2022** – A one-day course held in the Cart Shed, explaining why and how we graft fruit trees. You will make at least 3 newly-grafted apple trees to take home. Cost for the day is £45, to include full tuition, three rootstocks and wood to graft, tea, coffee and biscuits during the day. Please book by January.

Winterbourne Medieval Barn, Church Lane,  
Winterbourne, BS36 1SE

[www.winterbournemedievalbarn.org.uk](http://www.winterbournemedievalbarn.org.uk)

Facebook @winterbournemedievalbarn



## Fruit & Nut Bark – a great gift to make for Christmas

### Ingredients

75g cup walnuts  
450g good white chocolate,  
finely chopped  
75g dried cranberries  
75g medium-diced dried apricot

### Directions

- Preheat the oven to 180 degrees C.
- Using a pencil, draw an 8-by-10-inch rectangle on a piece of parchment paper. Turn the parchment paper over so the pencil mark doesn't get onto the chocolate and place it on a sheet pan.
- Place the walnuts in one layer on another sheet pan and bake for 8 minutes. Set aside to cool.
- Place three quarters of the white chocolate in a heat-proof glass bowl and put it in the microwave on high for 30 seconds.
- Stir the chocolate with a rubber spatula, return it to the microwave for
- another 30 seconds, then stir again. Continue to heat and stir in 30-second intervals until the chocolate is just melted.

- Immediately stir in the remaining chocolate and allow it to sit at room temperature, stirring often, until it's completely smooth. (If you need to heat it a little more, place it in the microwave for another 15 seconds.)
- Pour the melted chocolate onto the parchment paper and spread it lightly to fill the drawn rectangle.
- Sprinkle the top evenly with the cooled walnuts, the cranberries, and apricots. Press the nuts and fruit lightly so they will set in the chocolate.
- Set aside for at least 2 hours until firm or refrigerate for 20 minutes.
- Cut or break the bark in 16 pieces and serve at room temperature.

Great as Christmas presents – present in a small box or cellophane bag tied with a pretty ribbon.

Enjoy!

**PS If you need me to clean your cooker before Christmas, please call me Liz Martin, OvenGleamers, on 01454 300050**



## BRISTOL MALE VOICE CHOIR

If you are keen to sing a wide repertoire of songs, and want to join in a friendly and sociable choir, we invite you to come along to a rehearsal evening and see if you like what you hear.

There is no audition required but if you can hold a tune and want to learn more about male choir singing you'll have a voice test to see which section of the choir is best for you.

We meet every Thursday at St Andrew's Methodist Church, Elm Park, Filton, BS34 7PS from 7pm-9.15pm

For further information ring John (PRO) on **07587 143 220** or go to our website [bristolmvc.org.uk](http://bristolmvc.org.uk) and find "Let's chat"

**We look forward to seeing you !**



## THE HAIRDRESSER

Mobile Hairdressing Services

City & Guilds Qualified Hairdresser  
with over 30 years experience

Friendly, Professional, Insured  
& Following Covid Protocols

Call Heidi - 07802 478 473



Bradley Avenue: Winterbourne  
**Open 9.00am to 5.30pm Mon-Tues-Thurs-Fri**  
**Saturday 8.00am to 1.00pm**

\*closed Wednesdays\*  
NO APPOINTMENT NECESSARY

**Liz Martin**  
Your LOCAL  
OvenGleamer

\*\*\* Are you a Pre- or a Post-Christmas Gleamer? Book now for Dec or Jan! \*\*\*

## Need your Dirty Oven, AGA Or Range Gleaming Again?

A Professional Deep Cleaning Service Which Will Have Your Cooker Looking 'Like New'

**We Don't Just Clean Ovens...We GLEAM Them!**

BOOK NOW FOR THE MOST HYGIENIC OVEN CLEANING SYSTEM  
Covid-19 Safe Cleaning Processes: Social Distancing Rules Apply At All Times

**Christmas Offer\***  
**FREE OVEN LINER (save £12)**  
\*Book this December Quote BSMDec21

"Liz did a really good job today cleaning my oven. It looks like new. She was friendly and efficient. I would thoroughly recommend her service." Yvonne Allen

**Call and Book Today On 01454 300050**

Check out our 3300+ reviews at [www.ovengleamers.com](http://www.ovengleamers.com)  
Ovens | Ranges | AGAs | Hobs | Extractors | Microwaves | BBQs

## MW Funeral Directors

18 High Street  
Westbury on Trym

0117 950 4100

## Funerals from £1,995

Cremation costs included

[www.mwfuneraldirectors.com](http://www.mwfuneraldirectors.com)





# SERVING DELICIOUS FRESH FOOD, COFFEE & DRINKS

MONDAY – SUNDAY  
7AM – 10PM

Aztec Hotel & Spa  
Aztec West, Almondsbury,  
Bristol, BS32 4TS

[blacksheepbristol.co.uk](http://blacksheepbristol.co.uk)  
[houseofdanielthwaites.co.uk](http://houseofdanielthwaites.co.uk)



## Local Woodland looks forward to returning to normal

Splatts Abbey Wood Conservation Group is looking forward to returning to normal in its work looking after the historic Splatts Abbey Wood, situated near the MoD and UWE. The Group is also back working with its sister woodland Sims Hill Community Woodland, sited around the Bristol Business Park near UWE.

The Splatts Abbey Wood Conservation Group is resuming its relationship with student volunteers from UWE and the Students' Union at UWE. This marvellous relationship started in 2014 when the Group approached the UWE Volunteering Department who set up the Greenspace group, which over the last seven years has done much work with both Sims Hill woodland and the Splatts Abbey Wood.

The UWE Student volunteers / Students Union at UWE are resuming their workdays at Splatts Abbey Wood in November and continuing their work throughout the academic year.



Faith Terry-Doyle of the Students' Union at UWE told us: 'At The Students' Union at UWE, we are really excited to be getting the conservation volunteer sessions going again soon at Splatts Abbey Wood. Pre-covid, students made a transformational impact on the woodland, and won an award for their outstanding contribution to the community.'

Getting the sessions going again will be a fantastic opportunity for students to enjoy the wellbeing benefits of being outside, make a real contribution to their local community, and get some hands on experience of conservation.'

David Bell, Chairman of the Splatts Abbey Wood Conservation Group stated: - "The two woodlands and other partners have worked very well together to help maintain them, and to increase access for the public. We are delighted with our partnership working which benefits everybody."

The Splatts Abbey Wood Conservation Group has been going for many years and is responsible for the historic woodland sited between the MoD and the UWE. It can trace the wood's roots back centuries. It's committee currently has members of the public and representatives from other bodies on it.

The Splatts Abbey Wood group can be contacted at its email: - [splattsabw@gmail.com](mailto:splattsabw@gmail.com)

The Sims Hill Woodland Community Woodland can be contacted at: - [simshillcw@gmail.com](mailto:simshillcw@gmail.com)

Several Splatts Abbey Wood Committee members have won the prestigious South Gloucestershire Council Chair's Awards for their volunteering including Fred Hillberg, Andy Ward, UWE Greenspace (student volunteers), David Bell.







## Barton Hill Boxing Club Helping the Youth of Tomorrow

Barton Hill ABC was founded in 2007 by ex-world super-middleweight champion and Bristol born Glen Catley.

We are a community-driven boxing club which aims to create a safe space for young people to train and learn. We currently have approximately 500 members from varied backgrounds and age groups. Our goal is to help local youngsters stay safe, encourage them to participate in sports and to teach them discipline and respect for others. We host a myriad of classes such as boxing training, keep fit classes, women's self-defence classes and boxing tournaments for members.

We want to provide a safe space for everyone to come together as a community.

We welcome all skill levels, whether you want to train competitively, or just have a good time.

There are also opportunities for youngsters who don't want to box, and we can also help connect them with other sports they might enjoy.



Barton Hill Amateur Boxing Club, The Dug Out, Barton Hill Road, Barton Hill, Bristol BS5 0AP  
Contact Tom on mobile 07834 498518 or Mark Thomas (Digi) 07722 085870

## Bristol's biggest bike ride is returning in 2022

St Peter's Hospice is asking supporters to get back on their bikes to pedal for patient care.



St Peter's Hospice

Taking place on Saturday 9th April, Tour de Bristol will be returning to the roads of Bristol and the surrounding areas with the choice of 40k, 65k, or 100k routes. The routes are fully signposted with feeding stations, chip timing, mechanical support and a medal for those that cross the finishing line.

The ride will start at UWE Frenchay Campus with staggered start times to help keep everyone safe.

St Peter's Hospice Events Fundraiser, Hayley Ali, said: "We're so excited to be returning for Tour de Bristol 2022 and hope to make it our biggest event to date. It's with the help of our supporters, riding and raising funds for the Hospice, that we're able to continue being there for patients and local families."

"Every pound you raise helps us to provide a nurse on the doorstep, a listening ear on the phone and the best possible care at the most difficult of times."

Tour de Bristol will also be welcoming back sponsors Total Produce for the seventh year. Regional Director, Nick Matthews, said: "Our colleagues absolutely love being involved on the day, whether they are participating in the rides themselves or manning the feed stations."

"We feel that it's always important to give something back to your local community and with St Peter's Hospice having cared for two of our colleagues previously and my wife's uncle in late 2014, it's a charity with which we have very strong links."

Tour de Bristol first took place in 2015 with 350 riders but has since grown in popularity each year with over 1,000 people expected to take part in the next event.

There's also the option to take part in Tour de Bristol: Your Ride, allowing supporters to customise their route and pedal the kilometres at a time that suits them.

Registration is now open, visit [tourdebristol.com](https://www.tourdebristol.com) or call 01275 391400 to find out more and sign up.



## Gales Farm Meats

4 CHURCH VIEW, FILTON BS34 7BT (OPP FILTON CHURCH)  
Open 6 days per week from 7.30am (Closes 1.30pm Mon & Weds)

Stews, Casseroles, Game,  
Homemade Pies and Dry Cured Bacon

Family butchers established over 4 generations

Selling Top Quality Beef, Pork, Lamb and Chicken Steaks  
Speciality Sausages and Cooked Meats

Tel: 0117 969 1232  
Follow Us on FB: [galesfarmmeats](https://www.facebook.com/galesfarmmeats)

All Christmas  
Orders at  
Shop

Craig Thayer

## Majestic Window Cleaning

0773 44 616 71

[majesticwindowcleaning19@gmail.com](mailto:majesticwindowcleaning19@gmail.com)

• Windows • Conservatory Roofs  
• Gutters cleaned and cleared • Solar panels



**Roll Right Limited**  
Electric Roller Shutter Garage Doors  
01430 871161

**Electric roller garage doors FROM £745!**

Call now to book your free survey!

- \* No deposit
- \* Manufactured and installed by us
- \* Insulated
- \* Compact and secure
- \* Over 20 colours
- \* Components from UK's most trusted suppliers

**LAST CHANCE AT THIS PRICE!**

**£745! FULLY FITTED INC VAT**

\*PRICES START FROM £795 AT THE BEGINNING OF 2022



INFO@ROLLRIGHTLTD.CO.UK  
**01430 871161**



## Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

### BABY AND TODDLER GROUPS

**Beehive Baby and Toddler Group**, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

**Bright Sparks Toddler Group** Monday afternoons 1-3pm term time only All new families welcome phone : 01454 615577

**First Steps Toddler Group** - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

**Little Hedgehogs (0-5's)** - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol , 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

**Pre-School Rhyme time** Bradley Stoke Library Mondays 10.45-11.15am 01454 868006 bradleystoke.library@southglos.gov.uk

**North Bristol Twins Group** - Fridays from 10-12 noon during term time (including half terms) at Bradley Stoke Evangelical Church £3 per family, northbristoltwinsgroup@googlemail.com northbristoltwinsgroup.co.uk

**Trinity Tots** - Mondays 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

### LOCAL CLUBS AND ORGANISATIONS

**1st Bradley Stoke Scouts** - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Holy Trinity school. Please have a look on our website for further information for both young people and adult volunteers at [www.bradley-stoke-scouts.org.uk/join](http://www.bradley-stoke-scouts.org.uk/join)

**1st Little Stoke Scouts** - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. To enquire about your child joining or to volunteer call Tony Edmonds (Group Scout Leader) 07957880503, or email [tonyedmonds108@yahoo.com](mailto:tonyedmonds108@yahoo.com)

**Bradley Stoke Book Club 'Bookaholics'** meet at Soho Coffee in Bradley Stoke Leisure Centre on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714 101354 [geoffrey.stobbart@btinternet.com](mailto:geoffrey.stobbart@btinternet.com).

**Bradley Stoke Community Singers** - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all [info@bscsingers.co.uk](mailto:info@bscsingers.co.uk) or call 07743 333837 / 07599 252176

**Bradley Stoke Lions** meet every 2nd Monday in the Willowbrook Centre, 1st floor conference room at 7.30 pm Ailsa Young, 07737 106836 [ambyoung29@yahoo.com](mailto:ambyoung29@yahoo.com)

**Bradley Stoke Radio** - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 [bradleystokeradio.org.uk](http://bradleystokeradio.org.uk)

**Bradley Stoke Rotary Club** Meets on the 1st and 3rd Wednesday of the month at the Doubletree Hilton hotel in Bradley Stoke. Contact Secretary Karen on 07540 458119

**Bradley Stoke Sew and So's** - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, [bradleystokesewandsos.weebly.com](http://bradleystokesewandsos.weebly.com)

**Gifted drama group** Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

**Girl Guides, Brownies & Rainbows** - [admingirlguidingbsg.org.uk](mailto:admingirlguidingbsg.org.uk), [girlguidingbsg.org.uk](http://girlguidingbsg.org.uk)

**Goldies** - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. We're not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

**Little Stoke Ladies Club** - meets the 1st & 3rd Tuesdays 7.30pm at the Community Hall, Little Stoke Lane. Julie 0117 931 5007

**Sevenside Ramblers** - 'Friday Ambles' start in the Aldi car park on alternate Fridays at 10am. Weekend & evening walks -start in the Aztec West blue zone car park. Check site for details.[www.sevenside-ramblers.org.uk](http://www.sevenside-ramblers.org.uk)

**Silverwinds Flute Choir** - meet once a month on a Thursday evening 19:00 - 21:00 at Christ the King Church. For more details please visit [www.silverwindsflutechoir.co.uk](http://www.silverwindsflutechoir.co.uk) or email [silverwinds@michellekrawiec.co.uk](mailto:silverwinds@michellekrawiec.co.uk).

**Stokes Art Group** - All ability Painting Sessions held at Christ The King Church, Bradley Stoke Thursday mornings. E: [stokesart2@gmail.com](mailto:stokesart2@gmail.com) W: [stokesart0.wix.com](http://stokesart0.wix.com) facebook.com/stokesartgroup .

**Stokes Crafters** - Every Thursday evening 7.30-9.30pm at Poplar Rooms, North Road, Stoke Gifford. £4 charge includes refreshments. Contact via Facebook page or Zoe Coggon - [zoecoggon@gmail.com](mailto:zoecoggon@gmail.com) or 07815 662446

**Stokes Phoenix Club** - meets 1st Tuesday of the month, 10am-12noon at Little Stoke Community Hall, Little Stoke Lane. Contact Rosemary Davis 01454 614474

**Stokes Singers** - Thursdays in term time at Coniston Community Centre, Coniston Road, Patchway 7.30-9.30pm. We are a mixed choir and do not hold auditions. Contact Gillian on 0779 0909 726 for further details.

**Willowbrook Townswomen's Guild** - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Ros Gallear - [rosalindg@tiscali.co.uk](mailto:rosalindg@tiscali.co.uk)

**Winterbourne Wind Band**- Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

**Women's Institute (WI)** - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Janet 07845 744351.

**Women's Institute (WI)** - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 0117 9793409

**Woodcraft Folk** - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If we have got your details wrong, please let us know at [community@mattersmagazines.co.uk](mailto:community@mattersmagazines.co.uk) and we will do our best to put it right for you!

### SPORTS CLUBS

**Almondsbury and Bradley Stoke Tennis Club** - Opportunities for all levels, inc pay and play lessons for all on Saturday mornings, no booking needed. [almondsburytennis.org.uk](http://almondsburytennis.org.uk)

**Aretians Rugby Club for Cubs, Juniors and Seniors** Station Road, Little Stoke [www.aretiansrfc.co.uk](http://www.aretiansrfc.co.uk)

**Black and Blues Netball** - Non-League Social Netball Wednesdays 7.30-9pm BSCS, contact: [blackandblues\\_netball@outlook.com](mailto:blackandblues_netball@outlook.com).

**Bradley Stoke Bowls Club** - Baileys Court Activity Centre [www.bradleystokebowls.com](http://www.bradleystokebowls.com).

**Bradley Stoke Cricket Club** - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at [bradleystokecc.play-cricket.com](http://bradleystokecc.play-cricket.com)

**Bradley Stoke Jiu Jitsu Club** - Chris Harris, [maru.jiujitsu@gmail.com](mailto:maru.jiujitsu@gmail.com) We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

**Bradley Stoke Junior Netball Club** - The Jubilee Centre. Every Wednesday U12's 4.30pm-5.30pm, U14 and U16's 5.30pm-7.00pm. Please email [bsncjuniors@yahoo.co.uk](mailto:bsncjuniors@yahoo.co.uk)

**Bradley Stoke Judo** - Various days and times, Bradley Stoke Leisure Centre, [www.bradleystokejudoclub.com](http://www.bradleystokejudoclub.com)

**Bradley Stoke Squash Club** - For adults, Juniors and Children. Welcoming new players from beginners to advanced. Club night Sunday nights for all From 6pm. Children's coaching on Sat Mornings. Contact Mark Stone for details 07786 911580

**Bradley Stoke Town Football Club** - FA Charter Standard Community Club, Adult training, Tuesdays at Patchway Sports Centre. For more info visit [www.bstfc.co.uk](http://www.bstfc.co.uk) or contact [bstfc2005@gmail.com](mailto:bstfc2005@gmail.com)

**Bradley Stoke United Football Club** - Football from U7's to U16's see website [bsufc.co.uk](http://bsufc.co.uk)

**Bradley Stoke Youth FC (BSYFC)** – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site [www.bsyfc.co.uk](http://www.bsyfc.co.uk) or contact [mlee1@btpenworld.com](mailto:mlee1@btpenworld.com)

**Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors** - Trench Lane, Almondsbury website: [www.smobrugby.com](http://www.smobrugby.com), 01454 250489 email: [clubhouse@smobrugby.co.uk](mailto:clubhouse@smobrugby.co.uk)

**Bristol Extreme Allstar Cheerleaders** - Wednesdays 7-9pm Little Stoke Primary School, [bristolextreme@gmail.com](mailto:bristolextreme@gmail.com)

**North Bristol Rugby Club**, Rugby teams from 4+ [www.pitchero.com/clubs/northbristoljuniorsrfc/](http://www.pitchero.com/clubs/northbristoljuniorsrfc/) .

**North Bristol Running Group** friendly group, 3 evenings per week, Tues, Weds, Thurs, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. Alan 0789 0182387. Find us on FB.

**Sole Sisters** - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, [www.solesistersrc.co.uk](http://www.solesistersrc.co.uk)

**South Glos Hockey Club** Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. <http://www.sghc.org.uk>, **Facebook** - **South Gloucestershire Hockey Club**

**Stokes Cycling Club** - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - [www.stokescyclingclub.org.uk](http://www.stokescyclingclub.org.uk) [stokescyclingclub@googlemail.com](mailto:stokescyclingclub@googlemail.com)

**Stoke Gifford Cricket Club** – We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

**Stoke Gifford Short Mat Bowls Club** -Tuesday mornings and Friday afternoons. For more information please contact 0117 9791807 or email [sgsmbc@outlook.com](mailto:sgsmbc@outlook.com).

**Stoke Gifford Tennis Club** - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

**Stoke Lane Athletic Football Club** -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via [www.stokelane.co.uk](http://www.stokelane.co.uk) or email Club Sect 'steve' [pspayne@blueyonder.co.uk](mailto:pspayne@blueyonder.co.uk) or Club Mobile 07972 039413

**Stoke Striders Running Club** - A free recreational running group, Mondays 6-7pm Little Stoke Park, <https://www.facebook.com/stokesstriders>

### CHURCHES / COFFEE MORNINGS

**Amberley Road Baptist / Cafe Church**, Patchway, 01454 610808

**Bradley Stoke Evangelical Church** Baileys Court Road 0117 9314716 [www.bsec.org.uk](http://www.bsec.org.uk)

**Christ the King Church** Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. [www.ctkchurch.org.uk](http://www.ctkchurch.org.uk)

**City Church** Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 [www.bridgecommunitychurch.org](http://www.bridgecommunitychurch.org)

**Edge Church International**. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. [www.edgechurch.co.uk](http://www.edgechurch.co.uk)

**Holy Family Catholic Church** Southsea Road, Patchway 0117 9081247 [www.holyfamilyrcchurchpatchway.co.uk](http://www.holyfamilyrcchurchpatchway.co.uk)

**Holy Trinity Church** Broadcroft, Bradley Stoke 01454 620975 [www.htcbradleystoke.co.uk](http://www.htcbradleystoke.co.uk)

**Little Stoke Baptist Church**, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

**St.Michaels Church**, The Green, Stoke Gifford 0117 9692486 [welcome@stmichaelsbristol.org](mailto:welcome@stmichaelsbristol.org). Coffee shop open Mon to Fri 10am until 4pm.

**Stoke Gifford Baptist Church** 1, Rock Lane, 01454 610808





DOORS & WINDOWS

### Doors

- Composite Entrance • Bifolds
- French/Sliding

### Windows

- U-PVC • Aluminium • Sash • Cladding
- Glass Replacement • Fascias & Guttering

07960 097 170

Enquiries@dcldoorsandwindows.co.uk

Instagram Facebook @dcldoorsandwindows



# HARMONY

Your satisfaction is Our future

- ✓ We measure, make and fit ALL types of blinds
- ✓ NEW! Eco blinds - a better choice for us and our planet
- ✓ 5 Year no quibble guarantee

30 | 1992 - 2022  
Years Of Excellent Service



## Local Schools in and around the Stokes

### PRIMARY SCHOOLS

**Baileys Court Primary School**, Head Teacher: Andrew Lynham, Breaches Gate BStoke, 01454 838320

**Bradley Stoke Community School Primary Phase**, Head Teacher: Sharon Clark Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

**Bowland Green Primary School**, Head Teachers: Michelle Engley, Ellicks Close BStoke, 01454 866766, bowlandgreen.org.uk

**Holy Family R.C. Primary School**, Head of School: Dawn Breeze, Amberley Road Patchway, 01454 866786

**Holy Trinity Primary School**, Headteacher: Janet Dickson, Broad Croft BStoke, 01454 866735, holytrinity-pri.s-gloucs.sch.uk

**Little Stoke Primary School**, Headteacher: Dan Ross, Little Stoke, 01454 866522, http://www.littlestokeps.co.uk

**Meadowbrook Primary School**, Head Teacher: Nicola Bailey, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

**Stoke Lodge Primary School**, Headteacher: Will Ferris, School Close, Bourton Avenue, Stoke Lodge, Patchway BS34 6DW 01454 866772

**St Chad's Patchway C of E Primary School**, Head Teacher: Mrs Steph Jenkins, Cranham Drive, Stoke Lodge, Patchway 01454 866523

**St. Mary's R.C. Primary School**, Acting Head Teacher: Mrs K Burden, Webbs Wood Lane BStoke, 01454 866390,

**St Michael's Primary School**, Acting Head - Mrs Jo Prendergast, Ratcliffe Drive, Stoke Gifford 01454 866781. www.stmichaelssg.co.uk

**Wheatfield Primary School**, Head Teacher: Phil Winterburn Wheatfield Drive BStoke, 01454 868610

### SECONDARY SCHOOLS

**Abbeywood Community School**, Head Teacher: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

**Bradley Stoke Community School**, Head Teacher: Steve Moir Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

**Patchway Community College**, Head Teacher: Karen Cornick, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com

01454 616848  
0117 9314141  
07970 803137

www.harmonyblindsofbristol.co.uk

THANK YOU  
to all our customers  
and for  
recommending  
us to others

**Ashford**  
BUILDING CONTRACTORS

Design & Build - Extensions  
Renovations - Kitchens  
Plastering - Roofing

Call for a free no obligation quote  
**01454 610256 / 07974 199 680**  
AshfordBuilding@aol.com  
www.AshfordBuilding.com



From a single tile  
to a whole roof, all  
build and roof works  
undertaken, pitched and flat.

**ROOF-TECH**  
Bristol

We have over 20 years experience  
are fully insured and all work is guaranteed.  
For a FREE, no obligation quote and roof survey,  
just give us a call.  
Office: **01275 540952** Mobiles: **Ben Peters:**  
**07724 681620** or **Steve Coles: 07724 639830**  
E-mail: **roof-tech@hotmail.com**



**Almondsbury**  
**Landscaping**

Creative Professional Service

Patios • Paths • Block Paving Driveways • Tarmac Driveways  
Ponds & Water Features • Fencing • Turfing • Decking • Pergolas • Planting  
Brick and Stone Walls • Shed Bases • Complete Design & Build Service

Call Nick for a free quote  
**0117 9870959**  
**07545 867348**  
**Nick@almondsburylandscaping.com**  
**almondsburylandscaping.co.uk**



**R H PLUMBING & HEATING**  
**HEATING & BATHROOM SPECIALIST**

- Central Heating
- Gas Work
- Complete Bathroom Refurbishments

 Reg No 213960

**RICK HARDING**  
PHONE: 01454 618009  
MOBILE: 07711 225095  
E-MAIL: **alric.harding@hotmail.co.uk**

**Mayo's Heating & Plumbing**


**Boiler fitting, repairs and full system upgrades including radiators!**

Full Bathroom upgrades, including wetrooms.  
Landlord certificates and general plumbing.

Call James:  
**0117 904 3172** or  
**07952 272 851**  
**m6yos@hotmail.com**



Operating under CO-VID19  
Recommended Practices



**B&D Plastering** is based locally and can help with all aspects of your plastering, damp proofing and rendering needs. Photos and a portfolio is available to show the high standard of work - see our website [www.bdplaster.com](http://www.bdplaster.com). You can also read reviews and see photos of B&D Plastering on Facebook - just search for "b&d plastering".

For more information or to arrange a free quotation, give Dave a call on **07754 246 461** and he will be pleased to help.

Emergency number: **07798 905 337**  
Keep it in your mobile

**Lock Stuck and Barrels**  
*The complete door and window service*

Locked out?  
Need to replace or change your locks?

- Swift LOW cost emergency service to all home/commercial lock outs.
- Non destructive methods gaining entry quickly and efficiently from the initial call.
- Keys or handbag stolen? Burgled! Need your locks changed or re keying on a new home, call us.

ALSO: LOW cost Repair / replacement of UPVC / ALUMINIUM WINDOW and DOOR: LOCKS, HINGES, HANDLES AND MISTED UP / BROKEN DOWN DOUBLE GLAZED UNITS.

Full explanation and costs given before any works carried out. All work fully guaranteed. No call out fee

**Call Dave on 07798 905 337**  
**www.thebristollocksmith.co.uk**  
Based in Frampton Cotterell





**KEEP CALM AND B&D PLASTERING**

- Damp Proofing Specialist
- Reliable, Efficient & Tidy

T: **07754 246461**  
E: **BDplaster@hotmail.com**  
**www.bdplaster.com**

Find us on  **B&D Plastering**





## Useful Trades and Services for the Home



**CR Baines**  
Plumbing and Heating Ltd

- Gas Boiler Breakdown & Servicing
- Oil Boiler Service & Installation
- Landlord Safety Checks
- Worcester Bosch Approved Installer
- Up to 12 Year Guarantee
- Oftec Registered 137746
- Gas Safe Registered 549988

**07825 999510**  
**01454 279732**  
[www.crbainesheating.co.uk](http://www.crbainesheating.co.uk)




**RJM Design and Build**  
Carpentry Ltd

- Extensions • Conversions • Kitchens
- Refurbishments • New Builds
- Plans to Completion

Contact Rich Manning  
0796 629 5055  
[www.rjmdesignandbuild.co.uk](http://www.rjmdesignandbuild.co.uk)



**DECOR8**  
PROFESSIONAL DECORATING SERVICES

FOR ALL YOUR DECORATING NEEDS  
CALL ANDY TODAY FOR A FREE QUOTE

**07779 321 228**  
[www.decor8-bristol.co.uk](http://www.decor8-bristol.co.uk) | [decor8-bristol@hotmail.com](mailto:decor8-bristol@hotmail.com)

**clover**  
ovenclean


Clover Ovensclean will clean your oven, range, hob, extractor or Aga using a non-caustic, fume free, eco-friendly system

Call Heath on 07943 870400  
[www.cloverovenclean.co.uk](http://www.cloverovenclean.co.uk)


**Professional Oven Cleaning Services**

**Garage Doors**  
Installation | Maintenance | Repairs  
Your local independent garage door specialists

Up & Over Doors | Sectional Doors | Roller Doors



VARIETY OF STYLES TO SUIT YOUR REQUIREMENTS



**Paul Bartley**  
Ceramic Wall & Floor Tiling

Over 30 Years Experience  
Based in Bradley Stoke  
Free Quotations

Tel: 01179 799 882  
Mob: 07971 923 834  
E: [paulbartleytiler@gmail.com](mailto:paulbartleytiler@gmail.com)



**BRUNEL DOORS**

Call Brunel doors for your free no obligation quotation  
**01454 882212**

Visit our website: [www.bruneldoors.co.uk](http://www.bruneldoors.co.uk)



## Useful Trades and Services for the Home

**DOUBLE GLAZING REPAIRS & LOCKSMITH**

**Dale Clements**

24-hour Locksmith Service (all types of doors)  
Locks, Handles and Hinges Repaired  
Misted and Broken Glass Replaced  
Realign Dropped Doors and Windows

**01454 740446 / 07970 019830**

**NO CALL OUT FEE FIXED PRICES**

**www.daleclements.co.uk**



**TS Technisys SECURITY**

**HOME ALARM & CCTV SYSTEMS**

- Installation of wireless & wired alarms
- Repairs & Servicing
- New bell boxes, detectors and door contacts
- HD CCTV and Intercoms

Call us **0117 9075709**  
Email - [info@technisys.co.uk](mailto:info@technisys.co.uk)  
Technisys.co.uk - Based in Stoke Gifford



**BEDLAM**  
[www.bedlambeds.com](http://www.bedlambeds.com)

- Free local delivery
- Free assembly
- Free disposal of your old bed

**Mobile Viewing Service for the Elderly and Housebound**  
Divans / Mattresses / Bunk Beds / Wall Beds / Pine Beds / Ottoman beds / Beds Made to Measure / Memory Shaping & Latex Mattresses

**Open Mon-Fri 9am-5pm & Sat 10am-3pm**

**Visit our showroom:**  
The Old Post Office, 26a Gloucester Road, Rudgeway, Bristol, BS35 3RY

**01454 617277 / 07887 853479**  
[enquiries@bedlambeds.com](mailto:enquiries@bedlambeds.com)

**LOOKING FOR AN ELECTRICIAN?**

**CMG ELECTRICAL**

Local Stoke Lodge based family-run domestic and commercial electrical business.  
NAPIT registered with 30 years experience  
All types and sizes of electrical work undertaken from complete rewires to additional sockets, electric vehicle charging points and PAT Testing.

Free advice and quotations.  
**Call Carl on 07986 736951**  
Email: [cmg.electrical@virginmedia.com](mailto:cmg.electrical@virginmedia.com)



**BLUEPRINT**  
Building & Maintenance

For all your General Building, Property Maintenance and Landscaping requirements

[www.blueprintbristol.co.uk](http://www.blueprintbristol.co.uk)  
email: [blueprintbristol@hotmail.co.uk](mailto:blueprintbristol@hotmail.co.uk)

Neal: 07733 326 437 Office: 0117 910 9453

**Bradley Stoke Rubbish Clearance**  
Licensed waste carrier

- We load and clear • Same day service
- Single item jobs • Cheaper than a skip • No VAT
- Household, Garden, Garage and Shed cleared

Contact Stuart or Sue on  
**0800 0234 995**  
(Freephone) or  
**07770 944727**  
[stuart.thistlewood@yahoo.co.uk](mailto:stuart.thistlewood@yahoo.co.uk)



## Useful Trades and Services for the Home

### Keith Usher

Painting, Decorating & Property Maintenance  
Established 1991

Interior / Exterior / Insurance Work  
Free Quotations / Advice  
with no obligation

**Tel: 0117 979 0536**  
**Mob: 07778 536 780**

235 New Road, Stoke Gifford, Bristol, BS34 8TQ




**D.R. VIZARD and SON**  
Tel. 01454 416948  
Registered with Age UK

### ROOFING SERVICES

- UPVC Soffit • Fascia & Guttering
- Stonework • Re-Roofing • Roofing Repairs
- Chimney Repairs • House Maintenance

**RELIABLE LOCAL BUILDERS**

## Useful Trades and Services for the Home



**BonneFreshClean**  
Carpet & Upholstery Cleaning Specialists



Professional carpet, upholstery  
and leather cleaning carried out  
with care by an all-female team

For a free no obligation quotation call Karen on  
**01454 436001 or 07774 908410**

[www.bonnefreshclean.co.uk](http://www.bonnefreshclean.co.uk)

44 Townsend Lane, Almondsbury, Bristol, BS32 4EQ

### THE AERIAL MAN

TV Aerial and Satellite Specialist

- Poor Reception Problems Solved • Fully Guaranteed
- Digital Aerials • Satellites • Additional TV Points
- Repairs • Sky Work • OAP Discounts • Free Quotes
- TV Sales • Humax Recorders

**01454 660 046**

**07818 413 451**

[www.theaerialman.co.uk](http://www.theaerialman.co.uk) | [info@theaerialman.co.uk](mailto:info@theaerialman.co.uk)




**MD Aerials**  
Call Michael Dagger

**T: 01454 418 341 M: 07817 304 236**  
[mike@mdaerials.co.uk](mailto:mike@mdaerials.co.uk) [www.mdaerials.co.uk](http://www.mdaerials.co.uk)

All types of aerial and satellite work undertaken including:

- Aerial Installations
- Reception problems
- Additional room feeds
- TV wall mounting
- Setting up and tuning
- CCTV
- WI-FI access points
- Free Quotations

Over 30 years experience

### JDS GARDEN SERVICES

'FOR ALL YOUR GARDEN NEEDS'

We are a local business that offers a fast, reliable and quality service for all your garden requirements. Our services include:

- Hedge Trimming/Pruning
- Turfing/Seeding
- Ponds & Water Features
- Shed Bases / Erection
- Fencing / Trellis
- Decking
- Paving / Paths & Patios
- Raised Beds
- Complete Design & Build Service

Call John on: **0117 9143810 or 07846 430 212**

Fully Insured / Free Written Quote / All Work Covered by our "Workmanship Warranty"

### The Stokes' Handyman

Here to help with those niggly jobs



- Decking & Patios
- Fencing & Gate Work
- Internal & External Painting
- Lighting & Electrical Work
- Gutter Repairs & Cleaning



All jobs undertaken - 'No Job Too Small'

For a free quote contact Aaron on 0771 530 8211 or 07860157262

### GARY SMART ELECTRICAL

Domestic, Commercial and Industrial Installations

All electrical work undertaken ...

- Rewiring • lighting • bathroom showers • kitchens
- garden and garages etc

Safety inspections, Periodic Testing,  
Fault finding and Repairs

Fully qualified City & Guilds

Electrician 17th Edition Part P Registered

**07805 070 947 • 0117 987 1437 • [garysmart@sky.com](mailto:garysmart@sky.com)**

All backed with a 6 year Niceic insurance policy



### Steve Corris

Carpentry & Home Improvements  
Local, Friendly, Reliable, Professional

- Door Hanging • Wardrobes • Laminate Flooring
- Kitchen and Worktops Installation
- Under Stairs Storage • Staircase Balustrade
- Decking and Pergolas • Loft Ladder Installation
- And All General Carpentry Jobs

Call Steve for a free quote: 07523 961869  
[corriscarpentry@gmail.com](mailto:corriscarpentry@gmail.com)

FB: SteveCorrisCarpentryandHomeImprovements

### LOW COST PLUMBING



- Taps, Washers ✓
- Toilets, Cisterns ✓
- Leaks, Blockages ✓
- Tanks, Overflows ✓
- Lead Pipes, Stopcocks...etc... ✓

OAP DISCOUNTS and NO VAT

**0117 957 5092**



**LITTLE BATHROOM AND BOILER COMPANY**

32 Gloucester Road North  
Bristol  
BS7 0SJ

**www.littlebbc.co.uk** 0117 979 2860



**Only £895 for a fully fitted electric door.**  
Gotta get a Garolla.

**NOW ONLY £895** WAS £1,354 INC VAT

WHAT'S INCLUDED WITH EVERY DOOR:

- FREE EXPERT MEASURING & FITTING
- TWO REMOTE CONTROLS
- ACOUSTIC & THERMAL INSULATION
- AVAILABLE IN 21 COLOURS
- FREE DISPOSAL OF YOUR OLD DOOR

Offer valid for openings up to 2.6m wide & inc: 2 remote controls, 55mm white slats, internal manual override.

Garolla garage doors are strong and solidly built. They're made to measure in our own UK factories. The electric Garolla door rolls up vertically taking up only 8 inches inside your garage. Our expert installers will fit your new door and take away the old one so there's no mess.

Give us a call today and we'll come and measure up completely Free.

**GAROLLA ROLLER SHUTTER DOORS**  
GOTTA GET A GAROLLA

CALL US TODAY ON  
**01454 740 086**  
MOBILE  
**07537 149 128**  
[www.garolla.co.uk](http://www.garolla.co.uk)





## Useful Trades and Services for the Home

**BS**  
Bradley Stoke Electrical LTD

Your trusted electrical contractor serving Bristol & the surrounding area.  
Providing a comprehensive range of Domestic & Commercial Electrical services.

**CALL TODAY**  
For Your **FREE** estimate

*Don't be shocked when we turn up on time!*

- Domestic
- Commercial
- EV Charging



[www.bradleystokeelectrical.co.uk](http://www.bradleystokeelectrical.co.uk)  
T 01173327200 M 07443476097  
E [info@bradleystokeelectrical.co.uk](mailto:info@bradleystokeelectrical.co.uk)

**FRONT ROW FENCING**

All aspects of garden and landscaping work undertaken:

- Fencing and gates • Patios • Decking
- Tree Surgery (Qualified) • Block Paving
- Garden Maintenance • Garden Design
- Garden Makeovers and Clearing
- Hedge and Grass Cutting
- Turfing and Artificial Lawns
- Timber Structures eg raised planters, pergolas, summerhouses, sheds

**No job too big or too small, all our work is insured and guaranteed**

**07506 475 402 / 01454 416 695**  
or email [f.r.fencing@outlook.com](mailto:f.r.fencing@outlook.com)

find us on [facebook](#) **FrontRowFencingLandscapings**

Qualifications held in Garden Design, Horticulture, Sports Turf Maintenance (Natural and Artificial), PA1 and PA6 Pesticides tickets and also a qualified Arborist.

## Useful Trades and Services for the Home

SERVISING & MOT OFFERS

**MOT £20**

WHEN BOOKED WITH A SERVICE

**We also offer the following services**

- Engine diagnostics
- Repairs
- Tracking
- Air Conditioning
- Exhausts
- Diagnostics
- Brakes
- Clutches



**Tel: 0117 239 9683**

Unit 4 Fairway Industrial Centre, Golf Course Lane, Filton, Bristol BS34 7QS

[www.LCMservice.co.uk](http://www.LCMservice.co.uk)

**Sarah Howe and Charlee Purnell**

Your local residential conveyancing specialists

If you are looking for friendly, expert advice from a lawyer who is available online/ phone, six days a week, and wish to obtain a no-obligation, competitive quote then please do not hesitate to contact me.

- + Freehold sales and purchases
- + Leasehold sales and purchase
- + Re-Mortgages
- + Transfers of Equity
- + New Builds
- + Shared Ownership

Call Sarah on **01454 809775**

Or drop her an email at [sjhowe@seffords.co.uk](mailto:sjhowe@seffords.co.uk)



**www.seffords.co.uk**  
Your Trusted Network of Legal Advisors

**K.J. BARTON**  
**PLUMBING & HEATING SERVICES**

**24 HR EMERGENCY SERVICE**

**MOBILE 07831 471000**  
**01454 616972**

- BATHROOMS • KITCHENS
- HEATING • DRAINS
- BURSTS

**NO VAT**

**FREE ESTIMATES**  
**GUARANTEED WORK**  
**BASED IN BRADLEY STOKE**

**Plumbing & Heating Solutions**  
**For Your Home**



- Local • Professional • Reliable
- Competitive Rates
- 30 Years' Experience
- call 07812 350377
- [tonyfuller.0325@gmail.com](mailto:tonyfuller.0325@gmail.com)



**A.1. AERIALS**

- Digital TV Aerials
- Sky Digital / Freesat / FreeviewPlay
- Repairs
- Extra TV Points
- Phone now for Free Quotation



**07956 491495 / 01454 318873**  
[www.a1aerialsbristol.co.uk](http://www.a1aerialsbristol.co.uk)

**COLLINS TREE SERVICES**

Free quotes Fully insured

Pruning Hedge Trimming  
Felling Stump Grinding Planting

All work considered All waste recycled  
Friendly and professional service

**0752 591 6882 0117 965 8399**  
[info@collinstreeservices.co.uk](mailto:info@collinstreeservices.co.uk)

**Thornbury Stairlifts**

**SALES SERVICING & REPAIRS**



- New & Re-conditioned Stairlifts & Warranty
- Removals & Relocations
- Free Surveys & Quotes – No Obligation
- Rentals for Straight Stairs
- Independent, Professional & Friendly Advice
- Over 24 years practical experience



*Independent Stairlift Specialist*

**01454 413 748 • 07833 318 722**

[www.thornburystairlifts.co.uk](http://www.thornburystairlifts.co.uk)



## INDEX OF LOCAL ADVERTISERS

### Accountants/Book-keeping

1st Stop Accountancy	25
Dunkleys Accountants	2
Entwistle-Evans Accountants	13
LAC Accounting	4

### Advertising

### Bathrooms

Little Bathroom & Boiler Co	46
-----------------------------	----

### Blinds - Harmony Blinds

### Butcher - Gales Filton

### Builders / Building

Ashford Building Contractors	42
BluePrint Construction	45
RJM Design & Build	44
Vizard and Son	46

### Car Mechanic

LCM Automotive	49
----------------	----

### Care / Elderly

Bristol Care Homes	16
--------------------	----

### Carpentry - Steve Corris

Carpentry & Home Improvemt	46
----------------------------	----

### Carpets & Upholstery Cleaning

Bonne Fresh Clean Ltd	47
-----------------------	----

### Central Heating

Baines Heating	44
----------------	----

### Child Care/Nursery/Preschool

Ambourne House	21
St Michael's Preschool & Nursery	19

### Cleaning & Domestic Services

Clover Ovensclean	44
Oven Gleamers	32

### Community Articles

Barton Hill Boxing Club	36
Big Give Xmas Challenge	10-11
Brian Allinson Local Author	5
Bristol Bike Ride	37
Bristol Male Voice Choir	33
Carols on the Green	27
Christmas Party Nights @Aztec	26
Church Services	27,29
Christmas Events	27-32
Little Stoke Scouts 70th Anni	6-7
OSR Scouts	24-25
Bristol Cabot Probus Club	13
St Michael's Church Message	29
WI	16
Wildlife on our Doorstep	15
Winterbourne Barn Events	31
Woodlands update	35

### Community Groups/Clubs 38-39

### Conveyancing

Sarah Howe, Setfords	49
----------------------	----

### Doors

Brunel Doors	44
DCL Doors & Windows	40
Dream Doors (Kitchen)	7
Garolla Roller Shutter Doors	47
Roll Right Shutter Doors	36

### Electrical Appliance Repairs

D-CR Domestic Appliance Repairs	49
---------------------------------	----

### Electrician

Bradley Stoke Electrical	48
CMG Electrical	45
Gary Smart Electrical	47

### Employment Opportunity

Affinity Trust	14
----------------	----

### Fencing

Colour Fence	51
Front Row Fencing	48

### Funeral Directors

MW Funeral	33
------------	----

### Garden Design/Landscaping/ Maintenance

Almondsbury Landscaping	42
Alpine Landscapes	1
Green Thumb Lawn Care	4
JDS Garden Services	46

### Hair & Beauty

The Hairdresser	33
Woody's Barbers	33

### Handyman

Stokes Handyman	47
-----------------	----

### Health & Fitness

Aztec Hotel & Spa	26
-------------------	----

### House / Home

Bedlam Beds	45
Harmony Blinds	41
Little Bathroom & Boiler Co	46
Technisys (Alarms)	45
Thornbury Stairlifts	49

### Locksmith

Dale Clements Locksmiths	45
Lock Stuck & Barrells	43

### Medical / Therapist

Dawn Clode, Osteomyologist	17
Laura Jane Hypnotherapy	1
Smart Hypnotherapy	17

### Mobility Solutions

Thornbury Stairlifts	49
----------------------	----

### Mortgage Advisor

Crystal Clear	4
---------------	---

### Opticians

Harbord Opticians	17
Lynne Fernandes Optometrists	52

### Painter & Decorator

Decor8	44
Keith Usher Painter & Decorator	46
Plasterer - B&D Plastering	43

### Plumber

K J Barton Plumbing & Heating	48
Low Cost Plumbing	46
Mayo's Heating & Plumbing	43
R H Plumbing	42
Stokes Plumbing Service	48

### Restaurant/Hotel

Aztec Hotel & Spa	26
Black Sheep	34
Holiday Inn Filton	9

### Roofing

Rooftech	42
Vizards Roofing	46

### Rubbish Clearance

BStoke Rubbish Clearance	45
--------------------------	----

### Schools/Schooling

BTEA College	18
Elm Park Primary	22
Meadowbrook Primary School	23
St Michael's Primary	18
Security - Technisys	45

### Sewing / Alterations

Medway Designs	25
----------------	----

### Shopping

Willow Brook Centre	20
---------------------	----

### Solicitors

AMD Solicitors	12
G L Law	8
Wards	24

### Storage

Avonmouth Space Program	4
-------------------------	---

### Tiling

Paul Bartley Ceramic Tiling	44
-----------------------------	----

### Trades & Services - 40-51

### Tree Surgeon

Collins Trees Services	49
Front Row Fencing	48

### TV & Aerials

A1 Aerials	48
Aerial Man - Dan Grace	3,47
M D Aerials	46

### Windows

DCL Doors & Windows	40
---------------------	----

### Window Cleaning

Majestic Window Cleaning	35
--------------------------	----



## Forget fence worries for good

Choose 25 years maintenance free metal fencing\*. Choose ColourFence.

### Unique ColourFence GUARANTEE

- ♦ Virtually maintenance FREE for 25 years\*
- ♦ No warp, crack, shrink, rot or peel
- ♦ Withstands gusts up to 130mph

### Why choose anything else?

- ♦ A choice of styles and colours
- ♦ Professional installation
- ♦ Established in the UK for 15 years

## 25 YEAR GUARANTEE



Brown Cream Blue Green

"We chose ColourFence 15 years ago and it looks as good as new."

Mr & Mrs P. Stringer

For a free, no-obligation quote, find out more via:

**0117 259 1789 | colourfencebristol.co.uk**

\*T&C's apply - see website for details







**“One day  
I’ll explore  
the Amazon”**

Slow their short-sightedness  
not their ambition



## Is your child **short sighted?**

**Did you know you can do things to help?**

At Lynne Fernandes Optometrists, we offer a programme which is clinically proven to slow down short-sightedness progression in children by 59% on average.<sup>1†</sup> This reduces your child's dependency on glasses, can provide thinner lenses, and decreases the likelihood of certain eye health conditions later in life.

We are passionate about this opportunity to protect children's future eye health. Our myopia management clinics are backed with evidence and research, so you can be reassured that you and your child will have the best care.

To find out more, call the practice to book an assessment or visit our website  
**[www.lynnfernandes.co.uk/questions-about-myopia](http://www.lynnfernandes.co.uk/questions-about-myopia)**

**LynneFernandes**  
*Optometrists*

182a Wells Rd, Knowle, Bristol BS4 2AL  
**[bristol@lynnfernandes.co.uk](mailto:bristol@lynnfernandes.co.uk)**  
**0117 977 6330**

75 Gloucester Road, Bristol BS7 8AS  
**[bristolgr@lynnfernandes.co.uk](mailto:bristolgr@lynnfernandes.co.uk)**  
**0117 942 6843**

124a High Street, Nailsea BS48 1AH  
**[nailsea@lynnfernandes.co.uk](mailto:nailsea@lynnfernandes.co.uk)**  
**01275 854946**

† Over 3 years, compared to a single vision 1 day lens. 1. Chamberlain P, et al. Optom Vis Sci. 2019;96:556–567