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July/August 2022

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Dear Readers....

Summer has arrived in style with all the glorious sunshine! Let's hope it continues.

The 2022 Community Festival took place from 3rd – 5th June to tie in with the Queen's Platinum Jubilee celebrations alongside a successful Platinum Jubilee Beacon lighting event on the evening of Thursday 2nd June. It was great to see so many members of the community enjoying these events after a two-year absence of the Festival weekend. We have a couple of reports from the festival events, including the annual Sole Sister's 10k run, the football festival and the churches together service.

We have lots more interesting articles for you in this month's edition as we bring news of the latest Mayor and Deputy to be voted in (as any of you will have seen at the festival events last month); meet the new full time vicar for Bradley Stoke at Holy Trinity and Christ the King who will be moving to Bradley Stoke over the summer. We share the story of beautiful young Bella (p19), and meet BSCS Head of PE Andy Young (p8) who is taking on an Iron Man distance triathlon in memory of former student Luke Wheaton. We also share news of a wonderful charity called "Made a Mark" (p28-29).

Whatever July has in store for you, I hope you manage to have at least a short break away from your routine.

If you are a business looking to promote your services across the Stokes in 2022 do get in touch with me and I will be happy to help. Deadline for the next edition is 20th July.

Jaci x

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Please let people know you saw them in Bradley Stoke & Little Stoke Gifford Matters!

New Mayor and Deputy Mayor of Bradley Stoke 2022-23 elected

At the Annual Town Council meeting in May, Councillor Tony Griffiths was elected to the position of Mayor and Chair of the Council for the civic year 2022-23, with Councillor Franklin Owusu-Antwi being elected as the new Vice-Chair of the Council and the Deputy Mayor of Bradley Stoke.

The new Mayor was welcomed to the role by the outgoing Mayor, Councillor Tom Aditya.

Councillor Tony Griffith has been a sitting councillor in Bradley Stoke since 2011 (currently representing the Bradley Stoke, North ward). For the Mayor's Charities for this year, Tony has chosen the Great Western Air Ambulance and St Peter's Hospice.

Cllr Tony Griffiths in his message said: "Firstly, I would like to thank the people of Bradley Stoke for re-electing me as a councillor for the third term. I have lived in Bradley Stoke for 17 years and I am delighted that the members of the Council have chosen me to be the mayor for a second term. Due to the pandemic, all events were cancelled during my first term and council didn't think it was fair that I had a non-event year!

I come from an Architectural Technician background, and had a period in the military, followed by successful roles in business and hospitality. Five days before being appointed mayor, I was delighted to receive a civic honour of the Order of St George, for my 37 years of charity work, 11 years of military service and 11 years as an unpaid councillor.



Cllr Tony Griffiths and Cllr Franklin Owusu-Antwi - awarded the Order of St George - Rochester Cathedral



I am looking forward and will continue to act for and help the people of Bradley Stoke in this role. I would particularly like to support any local initiatives and organisations and would welcome invitations to attend any functions or events you have planned.

Should you see me around the Town please stop and say 'hi', I will be pleased to offer my assistance wherever possible. I shall be listening to the wishes of the constituents and will apply their wishes wherever practical and economically possible.

We are so lucky to have such a lovely town of Bradley Stoke, however there are always room for improvement. The Conservative party administration of the council brought many good community projects and development programmes to the town, whilst keeping tax precepts low. And I am eager to continue that and progress further with the support of our councillor colleagues and staff."

All Councillors and the BSTC staff are united in the continuation of making Bradley Stoke a great place to live, providing public committees for finance, planning and environment, and leisure, youth and amenities. Public wellbeing is catered for through the Town Council grant aid scheme, remember to apply for consideration if you have a good cause needing support.

Public attendance is open at all meetings, and councillors encourage the community to come along to air any comments or concerns. Direct access to your ward Councillor can be found on the Bradley Stoke Town Council website: <https://www.bradleystoke.gov.uk/>

Also at the meeting and on behalf of the past Mayor, Councillor Michael Hill (who sadly passed away suddenly during his term of office), Councillor Tom Aditya presented the two Mayor's Charities, Dogs for Good and St Peter's Hospice, with presentation cheques, totalling £2,503 each, resulting from fund-raising activities during 2021/22.

Invite the Mayor

The Mayor frequently visits a wide variety of different events within the community, from school visits, charity programmes, coffee mornings to formal dinners and ceremonies. Please feel free to invite the Mayor to take part in your event, such as a competition, presenting prizes or certificates, drawing a raffle, making an opening or closing speech or welcome a dignitary or to attend various anniversaries and other functions.

If you are interested in inviting the Mayor to your event, you can complete and return the Invitation Form available on line <https://www.bradleystoke.gov.uk/council/the-mayor.php>. Or email, telephone or write to Bradley Stoke Town Council.



School Report Card

The Old School Rooms Coffee Shop

The Green, Stoke Gifford, BS34 8PD

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Subject	Comment	Grade
Welcome	Friendly and helpful. Whether you use a glue stick or a walking stick it's the ideal place to meet friends for a good catch-up, pop in for a quick takeaway or enjoy a break from the daily humdrum.	A+
Seating	Outdoor seating with parasols to give you shade as you look out over the village green. Indoor adaptable table arrangements in a light and airy centrally-heated Victorian schoolroom.	A
Drinks	Good selection of hot and cold drinks. Quality Fairtrade teas and coffees at competitive prices. Trained staff and volunteers will create drinks exactly to your requirements.	A+
Cakes	An ever-changing selection of delicious temptations many of which are made 'in-house'. It is rumoured, but unsubstantiated, that on a Tuesday all cakes are calorie free!	A+
Snacks	Bacon baps served 'til 11am with toasted tea cakes served all day.	A+
Lunches	Changing winter and summer menus that include children's platters, sandwiches, toasties, paninis, jacket potatoes, salads, wraps, ploughman's and daily freshly-made soups - all created on the premises and cooked to order.	A+
Opening Hours	Monday to Friday : 10am - 4pm Lunches served : 12noon - 2pm	A
Overall Assessment	Overall an excellent Coffee Shop at the heart of the local community with growing potential for the years ahead.	A+

A new vicar for Bradley Stoke

Starting in September, there's a new vicar in town! Reverend Rich Cresswell will be joining the teams at Holy Trinity (situated on Broad Croft in northern Bradley Stoke) and Christ the King (on Mautravers Close, a little further south).

Rich, together with his wife Jenny and two sons, will be settling into the area in the coming weeks, moving from their current home just outside Shrewsbury in Shropshire. A Midlander by birth, Rich says he's looking forward to discovering the joys of the southwest for himself: "At present, our knowledge of the Bristol area is quite limited, but we're excited to explore - I've heard lots of wonderful things about this part of the world".

However, it's understandable that Rich's main reason to be excited is his new role: "I'm passionate about sharing the good news of Jesus Christ with others. Not just through words, but also through action in our communities. Across the country, churches are great sources of support and encouragement for so many people and I'm delighted to be joining two congregations which are already brilliant examples of that. Plus, I've heard that it's not uncommon to find a good bacon sandwich on offer!"

In the first few months, Rich is expecting to spend a lot of time meeting and greeting members of the churches and the local community, making connections and drinking lots of tea. But he has been known to wear funny outfits from time to time, especially at Christmas events, so do keep an eye out! Rich is also hoping to create opportunities for people to find out more about the Christian faith, including the Alpha Course.

In his spare time, Rich loves to go running and to watch sport. He'll also play almost any sport "provided people don't mind being rubbish at it!"

If you'd like to make contact with Rich once he starts in post, you can leave a message for him with either of the two churches via their websites: www.htcbradleystoke.co.uk and <https://ctkchurch.org.uk> - alternatively, you'd be very welcome at Holy Trinity or Christ the King for any of their services, details of which can also be found on the websites.

Or pop in for a bacon sandwich at Christ the King's popular community coffee morning every Friday 9-11am! All welcome!

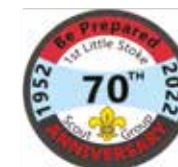


1st Little Stoke Scout Group 70th Anniversary Celebration

Have you or anyone you know ever volunteered as a section leader at 1st Little Stoke Scout Group?

We would like to invite the many wonderful people who have worked as leaders for Beavers, Cubs and Scouts at 1st Little Stoke Scout Group over the last 70 years to join us for a celebration on 15th July 2022

Please RSVP by 8th July 2022 to tonyedmonds108@yahoo.com or call 07957880503



Also if you are interested in volunteering with the scouts please contact our Group Scout Leader, Tony Edmonds (tonyedmonds108@yahoo.com or 07957880503) for more information.

www.1stlittlestokescouts.org.uk



BSCS Head of PE Enters Iron Man Triathlon in Memory of Former Pupil Luke Wheaton



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"Do you want to join me in making a difference? I'm raising money in aid of The Luke Wheaton Legacy Trust and every donation will help. Thank you in advance for your contribution to this cause that means so much to me."

Andy Young has worked as Head of the PE department since joining Bradley Stoke Community School in 2010. This month he is undertaking his first attempt at completing an ironman distance triathlon. The IRONBOURNE triathlon is in Eastbourne on Sunday 10th July and he has been training for 30 weeks in preparation for the gruelling endurance event:

2.4 mile (4km) sea swim; 112 mile (180km) bike ride; 26.2 mile (42km) run.

His motivation is to honour the memory of Luke - a much loved son, inspirational friend and passionate sportsman. Luke had recently started an apprenticeship at Wessex Water and sadly lost his life in the tragic Avonmouth accident in 2020 at the age of 16.

His legacy will live on via the Luke Wheaton Legacy Trust as it continues to support and encourage underprivileged young people on their journey through life, helping them to further their education outside of the class room, gain new skills, and stay active through exercise and local sports clubs, allowing them to achieve their full potential.

Andy taught Luke throughout his 5 years at the school, where he was a dedicated sportsman playing in the football, rugby and athletic teams, often being voted player of the match! Andy decided to dedicate this, his first ironman distance triathlon to Luke's memory as he knows Luke would have been interested to follow the journey, recognising the difficulty of such a task. Andy says *"Luke would never give up and that is what is inspiring me in this challenge"*.

Friends and family of Luke have been really supportive in helping Andy with gym membership, chiropractic treatment and bike maintenance. Andy would like to publically give thanks to Everlast Gym Filton, Willow Brook Chiropractic and Mike Lewis for bike maintenance.

Andy would love to raise funds for the Luke Wheaton Trust and you can donate to this via the link <http://ironman.lukeslegacytrust.org/>



Photos: Andy on a 13 miles coastal path training near Brixham.

You can also have a go at 'guessing Andy's time' and enter a prize draw where there will be a variety of prizes up for grabs. Free gym membership from Everlast Gym Filton; a chiropractic and physiotherapy session from Willow Brook Chiropractic; health and well-being assessment from Body Logic Bristol to name just a few!



On 20th June, 20 students from BSCS were selected to attempt the 'ironman in a school day' challenge in support of the LWLT ironman distance triathlon.

Collectively the students aimed to swim 152 lengths at Winterbourne swimming pool, cycle 112 miles at Bradley Stoke Leisure Centre and finally run 104 laps around the athletic track at school. In reality the targets were reached very quickly by the group so they carried on and smashed them all - swimming 923 lengths, along with 240 laps and a 5km run each. Well done team!!

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Jubilee Celebrations - Special service to mark the Queen's Platinum Jubilee

As the celebrations of the weekend were drawing to a close, the churches of Bradley Stoke and Little Stoke gathered together in the Willowbrook Centre for a special service to mark the Queen's Platinum Jubilee.

Rev. Dr. Rod Symmons, interim minister in the Parish of Bradley Stoke welcomed over a hundred people from the town and the local churches, as they gathered together in the atrium of the Willowbrook Centre.

Rev. Rod started the service by showing the recording watched by nearly 12 million people in the UK of the Queen having tea with Paddington and reflected on how the Queen never ceases to surprise us! Rev Rod shared part of the Queen's Christmas Speech from 2015 when Her Majesty explained that *"despite being displaced and persecuted throughout his short life, Christ's unchanging message was not one of revenge or violence but simply that we should love one another"* as she went on to encourage us *"to be thankful for the people who bring love and happiness into our own lives and to look for ways of spreading that love to others, whenever and wherever we can."*

Further footage was broadcast of the Queen speaking on her 21st birthday from Cape Town, South Africa, as Her Majesty made the following act of dedication with the whole empire listening: *"I declare before you all that my whole life whether it be long or short, shall be devoted to your service and to the service of our great imperial family, to which we all belong."*

The congregation sang the hymn 'Great is thy faithfulness', followed by a Bible reading taken from John's Gospel chapter 13 verses 3-18 read by Emma Mitchell. Rev. Tania Vaughan, minister at Little Stoke Baptist Church, talked about how the Queen has faithfully served us, as she reflected on the passage from John's Gospel in which Jesus washed the disciples' feet.

Following the hymn, Amazing Grace, Pastor Tim Sunderland, Bradley Stoke Evangelical Church, led a time of prayer. The final hymn 'Be thou my vision' was followed by an enthusiastic rendering of the National Anthem.



From left to right: Cllr Tom Aditya, Rev. Tania Vaughan, Rev. Dr. Rod Symmons, Pastor Tim Sunderland, Deputy Mayor and Cllr Franklin Owusu-Antwi

The churches of Bradley Stoke and Little Stoke would like to convey their sincere thanks to Cllr Tom Aditya, and Deputy Mayor and Cllr Franklin Owusu-Antwi who kindly attended the service. Thanks is due to the management team at the Willowbrook Centre and volunteers from Bradley Stoke Radio who ensured that an excellent sound system was in place to provide amplification.

In Rev. Tania's reflections in the service, she shared how the Queen shares her Christian faith as she speaks to the nation each Christmas. Last year she said, *"For me, the life of Jesus Christ, the prince of peace, whose birth we celebrate today, is an inspiration and an anchor in my life."* In 2012 she said: *"This is the time of year when we remember that God sent his only son 'to serve, not to be served'. He restored love and service to the centre of our lives in the person of Jesus Christ."* The previous year the Queen said: *"God sent into the world a unique person – neither a philosopher nor a general But a Saviour, with the power to forgive."* Forgiveness, she said, *"lies at the heart of the Christian faith. It can heal broken families, it can restore friendships and it can reconcile divided communities. It is in forgiveness that we feel the power of God's love."*

It was a privilege at the end of the Platinum Jubilee weekend to have a joint service in the town of Bradley Stoke, to give thanks for Her Majesty the Queen, who has been unwavering in her faith and steadfast in her service to our nation and all the nations of the Commonwealth.

Bradley Stoke 10K Sunday 5th June

Sole Sisters have been organising this 10k event, in conjunction with the Bradley Stoke festival, since 2009.

This event was delayed for two years but still 500 runners successfully crossed the finish line without incident. Regrettably 150 runners did not show up for the event, only a handful notified us in the week prior to 5th June. The race is UK affiliated and takes 8 months to organise – its no mean feat, as soon as we are advised of the date we start planning.

Congratulations to Bradley Stoke resident Adam Wilson who was first over the line, completing the course in just 34 minutes! He walked away with three trophies for 1st male, 1st in age category and 1st Bradley Stoke resident. Full results and photos of the event can be accessed via the Bradley Stoke 10k facebook page.

The 10k committee worked incredibly hard to host the event and, with fewer volunteers, we had to reach out to friends, families, neighbours and local residents to support the run. Sole Sisters would like to thank everyone who volunteered to marshal or who cheered the runners along the route. There are too many names to thank personally but if you were involved you deserve a big round of applause.

From feedback already received the runners really enjoyed the event, the jubilee tee shirts, medals and chocolate brownies. And most especially the runners appreciated the new flat path around the duck pond and the Marshals enthusiastic cheering and support.



Photo of run courtesy of Roly's Free Pic's

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Jubilee Trees Planted to Honour the Queen's 70 years of Service

The Queen's Green Canopy (QGC) is a unique tree-planting initiative which invites people and organisations across the United Kingdom to 'plant a tree for the jubilee' as a special gift for the Queen.

Two oak tree saplings were donated to Bradley Stoke Council by the Honourable Company of Gloucestershire, linked to the Queen's Green Canopy.

On Friday, 6th of May 2022, those two oak trees were planted by Councillor Tom Aditya (then Mayor) in a modest ceremony at Brook Way on the grassed area adjacent to the car park.

In addition, the Council bought seven maple trees representing the seven decades of the Queen's reign.

The Council appointed a grounds team from Brandon Trust to help planting these trees. Brandon Trust is a charity that supports people with learning disabilities and autism in order to live life in their chosen way, and the Council is glad to support their social enterprise.

A workday was arranged on Friday, the 27th of May to prepare the land between Brook Way Activity Centre and Patchway Common Greenfields, by removing weeds and deadwood, in order to plant the seven maple trees.

Cllr Tom Aditya was joined at these tree planting ceremonies by Town Clerk Sharon Petela, Activity Centres Manager Philip Francis, Mrs Liny Aditya, council staff members as well as the grounds team from Brandon Trust.

After planting the jubilee trees, Cllr Tom Aditya said: "It was an incredible experience to work alongside friends from Brandon Trust to prepare the ground and to plant the Jubilee trees to create a legacy for our future generations. I appreciate Brandon Trust supervisor Ben's patience and endurance as well as his teammates' efforts in helping me and the council. I also acknowledge Sharon's support and coordination in this project.

Trees are amazing for the environment and are home to thousands of species of nature. They take carbon out of the atmosphere and help to tackle global warming and other pollutants.

I would wish to have a newly planted tree for each and every resident of this town and to transform our neighbourhood with the highest level of tree coverage and flower beds in the region".

Cllr Tom Aditya added: "Celebrating Her Majesty's Platinum Jubilee is a once in a lifetime opportunity. By joining the Queen's Green Canopy initiative, we have a unique opportunity to uplift our neighbourhoods. The delightful new Jubilee tree saplings we planted will enhance the greenery and nature of Bradley Stoke. More trees will be planted in the near future as the Council is committed to looking after and conserving our green areas. I invite all residents, businesses, landowners, schools, churches, charities, community groups, scout groups and students to join the QGC mission to 'plant a tree for the jubilee'.

The Queen's Green canopy has actually been a campaign of Her Majesty for decades, Cllr Tom Aditya explained "What we're doing is a celebration of Queen's life and the work she's been doing. I think it's a fabulous inspiration that all councils and organisations throughout the country are taking part in it and looking forward to its next stage. We've known for some time about climate change and we've hosted the 2021 UN Climate Change World Summit in the UK, so we have to practice what we preach and this is a very demonstrable way of showing that the whole country cares.

It's also part of our objective to go net-carbon zero by 2030. These things are really important because it empowers individuals in communities to take ownership of tackling the climate emergency. The fact that our whole planet is deteriorating at a very rapid rate is a massive problem. It is a global issue.

Tackling climate change is a colossal task. What we do as individuals might seem like a pinprick but if a thousand and then a million, then a billion or trillion pinpricks are put together it starts to make a difference and that's what we're doing here with this tree planting under the auspices of the QGC project.

Call for Everyone to plant a Tree!

Get Involved! Even if you have no backyard to plant a tree you could volunteer to be part of a community group to do tree planting or help out at the local woodlands. We all need to work away to do what we can. As ancient Chinese philosopher Lao Tzu once said, a journey of a thousand miles starts with a single step", Cllr Tom Aditya concluded.

The Queen's Green Canopy initiative is in partnership with the UK Government and the Woodland Trust and is steered by Cool Earth, which is an international non-governmental organisation that protects endangered rainforests in order to combat global warming, protect ecosystems and provide employment for local people.

Whilst supporting the QGC initiative, Prime Minister Boris Johnson said: "Trees have the potential to transform our communities, connect us with nature and provide homes for precious wildlife. They also have a huge role to play in tackling climate change as we build back greener from the pandemic. As we celebrate Her Majesty's incredible 70 years of service, I encourage everyone to get behind this scheme, and go 'Plant a Tree for the Jubilee'." A network of 70 ancient woodlands and 70 ancient trees across the United Kingdom were dedicated to the Queen as part of the Queen's Green Canopy, in addition to the planting of new trees. With a focus on planting sustainably, the QGC encourages increasing and protecting the native tree cover that will thrive, enhancing our environment and landscape and creating a legacy in honour of the Queen's reign, which will benefit the environment, communities and future generations."

You can also support the Queen's Green Canopy by planting a tree in your garden. Planting a tree is easy. However, it's important to choose the right tree for the right location. Once they start growing in the ground, they need very little attention.

You can find out more advice and guidance on the Queen's Green Canopy website: <https://queensgreencanopy.org/>

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The Return of the Bradley Stoke Youth FC (BSYFC) Football Festival

Report by
Martin Lee

After 2 long years of covid restrictions the annual BSYFC Football Festival returned to the Jubilee Centre as part of the annual Bradley Stoke Festival on Saturday 4th June 2022. The football festival had a different structure this year due to the club not being able to go into all the schools to provide coaching to the Year 1 children and then inviting all the schools to the festival.

So this year's event had 3 football festivals! We had the Year 1 children's festival with 6 teams, followed by the U10 Girls' festival with 3 teams and then finally the Reception children's festival with 3 teams. All the football matches were played on 5v5 pitches with referees on each match to ensure fair play, which included doing up shoe laces, explaining how to do a throw in and which way the teams should be playing. A big thank you to all the young referees for their patience and guidance to the children. Also a big thank you to Bradley Stoke Town Council for getting all the pitches in such beautiful condition.

The Reception children also had a penalty shootout with the Minion in goal. This was great fun with the Minion doing very well to keep many of the shots from going into the goal net. Well done to anyone that did manage to score!

We had 3 presentation events with all the children receiving a trophy and a goody bag for their participation in the festivals.



For the Reception children presentation (top photo opposite) we had the pleasure of Mark Pickering from McDonalds who handed out the trophies and goody bags to all the children. The club would like to thank McDonalds for all of their support over our 18 year partnership together.

The club would also like to thank all the coaches and helpers who set up all the goals, Respect barriers, gazebos, banners, and helped throughout the day and then took it all back down again at the end of the event. Please remember without you this event would never happen.

The weather was very kind to us again this year and we look forward to running the event next year and hopefully having all the schools back involved.

If anyone is interested in Bradley Stoke Youth FC and would like to join as a player or helper then visit our web site at www.bsyfc.co.uk or email mlee1@btopenworld.com.



Martin Lee of BSYFC and Matt Wheaton of The Luke Wheaton Legacy Trust with the new Luke Wheaton Memorial Trophy

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FIND US ON FACEBOOK:

Bradley Stoke & Little Stoke Gifford Matters - Facebook/BSMatters

Starting School in September 2023?



Please book to join us for one of our open days.

Tuesday 4th October @ 11.00 am or 6.00pm

Wednesday 12th October @ 11.00am

Thursday 3rd November @ 11.00am

Monday 14th November @ 11.00am

Call 01454 868610 or email: office@wheatfieldprimary.com

From September, we also have spaces available in Reception and Year 1 – contact us to find out more.



A Right Royal Commemoration:

There was a real sense of jubilation across the school as we commemorated the Queen's Jubilee at Wheatfield Primary. Not only did all classes learn about who the queen is and what her duties are, each year group focused on a decade of her reign and learnt about significant historical events during this time period.

On top of this, we've been helping to clear up areas in the local community, raising money by touring famous London landmarks in our fun run AND enjoying a cheeky afternoon tea party to celebrate!

The 'Tour of London' Fun Run was sponsored, with the aim of donating 50% of whatever we raised to Great Ormond Street Hospital - of which the Queen is Patron... I am pleased to announce that the final total raised was £1,001.50 - so £500 to go to GOSH!! How fantastic! A special thank you to all of our wonderful parent volunteers who helped to make these events possible - your support is very much appreciated!

If you've a child starting school in September 2023, why not come along to one of our Open days (see opposite). We also currently have spaces from September 2022 for both Reception and Year 1 classes - come and join the fun!



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Portraits of Care :

Ground-breaking photo project captures life through the eyes of Bristol Care Homes residents.

Bristol Care Homes has had the great pleasure of collaborating with The Royal Photographic Society (RPS), the Arts Council England and the Quartet Community Foundation on creating a ground-breaking photography exhibition. Over the past months, Bristol Care Homes and the RPS worked on supporting the staff in capturing meaningful moments in the lives of the residents they care for.

Artist and photographer Colin Moody has trained the care teams on how to create captivating images of 'A Day in the Life of a Care Home Resident'. All of this has happened in honour of her Majesty's Platinum Jubilee. Residents have had a wonderful time sharing their recollections of the Queen, and meaningful portraits were captured.

There are 47 final portraits displayed at the Royal Photographic Society, Bristol. You can also see a selection of the photographs here: www.bristolcarehomes.co.uk/portraits-of-care-photo-gallery/

Richard Crocker, Bristol Care Homes Chief Executive said: "We are very grateful to be part of this ground-breaking project. Caring for our residents is at the heart of everything we do, and this project has been a great opportunity to show in images the beautiful, meaningful moments residents get to live in our care homes".



Evan Dawson, The Royal Photographic Society CEO said: "This project demonstrates the special power of the arts to bring people together. The resulting photographs are powerful, moving and of a very high quality. Please do come and see the exhibition at the Royal Photographic Society, Bristol."

The "Portraits of Care" project has helped the care teams to develop new skills and explore their creative abilities while taking meaningful photos of the older people in their care. It has given them the opportunity to get to know the residents and their stories from a new, unique perspective.

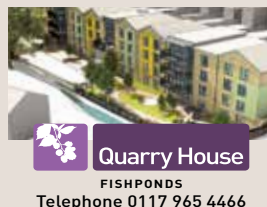
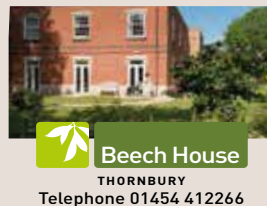
This project supported Bristol Care Homes in their mission to provide a very loving level of care where the wellbeing of the residents is a top priority. "Portraits of Care" has showed that the arts play an important role in making sure that older people living in care homes have a meaningful experience and supports with building nurturing relationships between the care teams and the residents.



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Find out more about our family of care homes at: www.bristolcarehomes.co.uk

Making Memories for Bella

Hi, I am Kelly; I am emailing to get in touch and to tell the story of a remarkable and really special seven year old little girl, Bella, who has recently been diagnosed with a very rare soft tissue sarcoma.

Both mum and dad, as well as Bella's five year old brother Charlie, have had their worlds tipped upside down! Bella has gone through two surgeries and one round of chemotherapy thus far, and there are further surgeries planned for Bella coinciding with multiple chemo and radiotherapy treatments. Doctors have estimated 4 - 6 months of treatments. Bella has had to stop going to school; she is in year 2 at St Michael's in Stoke Gifford and has already missed nearly two months of schooling, seeing her friends, and missing fun extracurriculars.

I have set up a mum's group to support the Schermuly family. We have been providing food boxes to help with those unpredictable overnight to weekly stays at the hospital. We have given Bella and Charlie a craft box to keep some family activities together. We have set up a post box in Bella's class to send her some letters, pictures or anything that would brighten up her day.

The Schermuly family, who live in Little Stoke, would never ask for any of this, they are overwhelmed by the support they have received so far. We would love to do more for them to help take the burden off them financially. Both Bella's parents are having to stop working as the appointments and hospital visits are so unpredictable. Each day changes, and so many things are thrown their way.

It would be lovely to use some funds for Bella to enjoy some days out with her family when she is not having chemo and is well enough to do this. We plan to do various activities to raise funds, from climbing Pen Y Fan (26th June 2022) to Brecon Beacons (September/

October 2022) as well as some other fundraising activities the kiddies, her year 2 class at school can get involved in.

This has really come out of nowhere, nobody ever expects such devastating news, and Bella has seriously been the most positive and superhero seven year old I will ever know!

Thank you from the bottom of our hearts on behalf of Becca and Ryan, we are eternally grateful for your help xxxx



You can help support Bella and keep in touch with her journey via the go fund me page -

<https://gofund.me/19c0d42c>



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My Name is Aasha and I am a qualified APPI Pilates Instructor.

I can teach all abilities and teach like a physio having completed a comprehensive mat work course.

Do you want to improve your Posture or your mobility?

Fed up with struggling to get around, aches and pains that need some help in movement, stretching and flexibility?

Then maybe I can help you.

I teach 1:1 clients, 1:2 clients and groups of friends in the comfort of their own home. My classes are currently running at St Michael's Centre in Stoke Gifford with a maximum number of 6-8 clients per class to provide a more personalised programme.

I am also trained in Pilates for Osteoporosis, Posture and the use of small equipment and have a particular interest in Women's Health. Courses coming up this year are Pilates for the Menopause, Pilates for Pelvic Health and Pilates for Endometriosis

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phoenixpilates02@gmail.com

WhatsApp: 07526 409 292

fb: Phoenix Pilates

Instagram: phoenixpilateswith aasha



Local Holistic Courses

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Lic MET Lic CR

Would you like to be empowered with the skills and knowledge to enable you to treat minor ailments at home, before reaching for the painkillers?

Dawn understands how many of us would prefer to try natural, holistic practices to sooth discomfort such as stomach or head aches and learn how to calm stress, anxiety and improve sleep.

Dawn is offering a wide range of Holistic Learning Courses in North Bristol during 2022, that will equip you with the knowledge to treat yourself, family and friends. Day courses start from £90. Select from the list of holistic disciplines below that you are interested in learning more about, and give Dawn a call to book in.

Dawn offers individual or small group courses in the following – Aromatherapy, Homeopathy, Massage, Mindfulness, Reflexology and all levels of Reiki.

Get in touch: Contact Dawn if you would like to book in for an appointment at her treatment room in Little Stoke or information on courses.

0795 1099 491

www.life-and-soul-empowerment.co.uk

Students Sarah & John practicing Reflexology

Dawn is a knowledgeable and enthusiastic teacher. I have studied several different topics with her including reflexology. She is able to present the information in a positive and accessible manner.

Student Sarah Cox

Dawn is an amazing Reiki teacher and practitioner! She made me feel completely at ease from the first moment; outlining all the key principles succinctly and encouraged us to ask questions before getting stuck in. By guiding us through the hands on part we developed our own intuitive feel for the techniques and gained confidence quickly. I feel extremely lucky and grateful to have been taught by such a wonderful master. Thank you!

John Seaward

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Nursery is such an important part of a child's well-being offering so many benefits, such as helping to build vital social skills, giving them a routine and coming in to see their friends and just have fun!

There is never a dull moment at our nursery! We are so proud here at Ambourne to be able to provide the best apparatus for our children to explore all areas of their learning. We are blessed to have a beautiful large garden for our children to not only burn off some energy but to extend their learning in the outdoor environment. We enjoy regular Forest School outings to local parks and woodlands utilising our own Ambourne House mini-bus, and we have recently started Beach School! This latest idea originated from one of our children's interest in mermaids so off we went to the Beach to collect drift wood, have fun balancing stones on top of each other and talking about the animals we might find there. We love getting out and about, wrapping up in all weathers, drinking our favourite hot chocolate and having fun, after all there is "No such thing as bad weather, only bad clothing"!

We also love inviting specialist people into our setting. Recently we have been visited by a Sports Coach and a Zoo Lab! The children benefit greatly from such opportunities; in these two instances practising their motor skills whilst having fun and then extending their learning regarding animals. We have also restarted our trips to the nursing homes. Seeing the smiling faces when our children walk in for a singing and dance lesson is so uplifting - it is definitely not just the children who benefit from these sessions!

We are proud to be a Montessori nursery. Montessori is a child led form of education; the materials are specifically designed to meet each of the children's developmental needs and interests and they have full access to the Montessori equipment throughout the whole day at their leisure or within a planned activity.

We truly believe we provide children with the best start in life!

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ambournehouse@3abcare.co.uk

T. 01454
615352

Events at Ambourne House

We are always looking at how we can build upon our relationships with our families. Recently we had a parents Board Game night with Fish and Chips which was great fun! We will be doing another soon.



**Our Summer BBQ is on
6th August from
12pm - 2pm.**

All of our current families are welcome, along with anyone who is thinking of joining us from September who would like to come along and meet us in an informal setting. There will be fun and games for the children and a BBQ and refreshments for all.

Come and Join in the Fun!



Please let people know you saw them in Bradley Stoke & Little Stoke Gifford Matters!



"Follow Your Dreams and Don't Let Others Bring You Down"

Inspirational Report from Glory and Dhruvi from Holy Trinity Primary School

Holy Trinity Primary School had an exciting visitor in the Spring term, who inspired us to do our very best despite any challenges along the way. The whole school took part in the challenges and raised an incredible amount of money. Our very own reporters, Glory and Dhruvi, were ready to report on the afternoons activities.

Back in February, Paralympic athlete Katrina Hart visited our school. She is a sprinter and is incredibly fit. Katrina is a gold medallist in the 100m T37 category winning her very first gold at the 2010 Commonwealth Games in Delhi.

Our school got involved in Katrina's fundraising work. In return for the opportunity to train and work out with an Olympian, we were asked to gain sponsorship which would be shared by the school and Paralympian training programmes. We all took part in five exercises alongside Katrina and she also delivered an assembly where we all learned more about what is like to train as a Paralympian.

The exercises were run like a circuit training session so we took part in groups. They had set up an exciting course consisting of: 'spotty dogs', high knees, press ups, leg drives and start jumps. Katrina and her trainer gave us lots of top tips and we took part in each of the exercises in one minute blocks with a very short rest between while we moved on. Music played and the atmosphere was exciting despite the exercises being extremely tiring. Although everyone was exhausted by their exertions, they all had huge smiles on their faces and some of the teachers even joined in too! Everyone from reception to year 6 thoroughly enjoyed the challenge and we all cheered loudly when we had completed our circuit.

During her afternoon with us, Katrina shared lots of information. She explained that her favourite medal was her first gold at the games in Delhi and told us about how hard she worked to achieve success, maintaining a healthy diet alongside all of the training.

Katrina is a great example to us all about how hard work can pay off. She reminded us that we should follow our dreams and not allow others to bring us down.

We hope that our report has inspired you to find a sport you love.

Glory and Dhruvi

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Is your child starting primary school September 2023?

Want to find out more about the process involved?

COME ALONG TO ONE OF THE FOLLOWING EVENTS

Wednesday 21 September 2022 - 3.00pm
Jubilee Centre, Bradley Stoke BS32 8HL

Wednesday 28 September 2022 - 3.30pm
Patchway Community Centre, Patchway BS34 5PF

Wednesday 5 October 2022 - 5.30pm
Filton Community Centre, Elm Park, Filton BS34 7PS

Bring along your children and join us for a cup of tea and a biscuit. All parents and carers welcome not just those intending to apply to an Olympus Trust School!

There will be an informative presentation at the start of each event so please arrive promptly, this will be followed by questions and a chance to chat with a primary Headteacher and Admissions Co-ordinator. These events will last about an hour.

Register your interest at: olympustrust.co.uk news & events

The Olympus Academy Trust, Fiddlers Wood Lane, Bradley Stoke, BS32 9BS
Tel: 01454 252013 | admin@olympustrust.co.uk | [@olympustrust](https://www.facebook.com/olympustrust)





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www.fertilitybristol.com

BCRM Bristol's longest running fertility clinic, provides expert advanced fertility assessment, treatment and advice.

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to book a consultation appointment
or to register for a free of charge open evening
at our new purpose built state-of-the-art centre at
135 Aztec West , BS32 4UB

Baby Joy for Lizzie and Emma

When Lizzi and Emma Watkins wed in February 2020 after living together for two years, they had already decided they wanted a baby and taken the first steps towards achieving their dream.

The recent arrival of their daughter Margo on 14 May, has inspired them to share their story because, according to Emma: *"there is a need to spread awareness that people of our sexuality can have a family, and with the end result we're celebrating it's honestly all so worth it: just the best thing ever."*

Emma said she had not necessarily envisaged being a parent, but Lizzi always had, and their fertility journey began in January 2020 with one of the free consultations which are routinely offered during Open Evenings at Bristol Centre for Reproductive Medicine (BCRM), where Lizzi's aunt Corinna Gibbons happens to work as manager of the embryology laboratory.

"The open evening was very informative, providing us with everything we needed to know about the investigations and treatment available, plus pricing plans and details about procedures. And everyone was so welcoming, with a really nice atmosphere – just lovely really," said Emma.

Initially the pair had hoped that Lizzi, 33, a para planner for a firm of financial advisors, would carry an embryo created using one of Emma's eggs, but investigations revealed that Emma's ovarian reserve was low, so they opted instead for Lizzi to try intrauterine insemination (IUI) - a fertility treatment that involves directly inserting sperm into a woman's womb.

"We had two unsuccessful goes with IUI – it doesn't work for everyone – and then decided to go for a two-cycle package of IVF treatment," said Emma, 37, who is a business sales and marketing manager.

"Lizzi had 10 eggs removed which resulted in six embryos being created, of which four were considered suitable for freezing and using."

"Sadly, the first cycle ended in a miscarriage at six weeks, but one month later Lizzi was pregnant with Margo, and we were thrilled."

"Our baby was delivered nearly four weeks early because Lizzi developed pre-eclampsia, which



is dangerous to both mother and baby, but she weighed in at a healthy 5lb 13oz even though she had to be born before her due date, and she is just perfect."



"We are loving being mums, and since we have two more frozen embryos, we are hoping to produce a little brother or sister for Margo in due course."

"To any other same-sex couples currently considering their options regarding starting a family, we would say: do your research and choose a fertility clinic which clearly demonstrates a commitment to helping families like ours and has a good track record."

"There are many problems in today's world, but 20 years ago what we've just done would not have been possible for a same-sex couple, so we're feeling very grateful to be living in 2022 and to be able to become a family in the way we've done."

BCRM treats heterosexual couples, same sex couples and single women, and can help with male as well as female fertility issues. The clinic has some of the best success rates in the country for IVF and the team is well-known throughout the fertility industry for the dedicated care and support they provide to patients throughout their whole fertility journey and treatment.

Further details are available by emailing Contact@BCRM.clinic, call 0117 259 1159 or see www.fertilitybristol.com



Made a Mark Charity: Making memories for bereaved children

Bradley Stoke Matters is honoured to be able to support and include details of this wonderful charity, which provides bereavement support for children as they face losing a parent. Keri is the daughter of one of our lovely advertisers who has been with us for most of the 17 years we have been producing your Bradley Stoke Matters magazine. We are pleased to include their story.

Who made a Mark?

In 2018 Mark was an apparently healthy husband to Keri, and dad to a daughter 4, and a son 2.

He was the eldest son of an Almondsbury farming family and worked in a local supermarket as a butcher, he was a people person through and through. Mark and Keri met when Keri was still at school in 2002. Keri went on to become a specialist palliative care nurse at Southmead Hospital and she is still in this role today. Mark and Keri married in 2008 and had 10 wonderful years. In Feb 2018 Mark became unwell with flu like symptoms and jaw pain and went to ED at Southmead. They were not too concerned about his symptoms, but he was admitted to Southmead Hospital for observation.

The following bitter cold February morning Keri took the children to see their dad and, while sitting at his bedside, Mark suffered a cardiac arrest caused by an aortic dissection. He was just 34.

The care at the hospital had been top class and no one could have suspected this at such a young age.

Standing in the hospital when Mark had died was like living in someone's else's nightmare, Keri was a widow at 32.

The walk down through the atrium watching Keri with one child holding each hand I was in a state of shock and disbelief.

Though the staff at the hospital were kind, there was literally no support for Keri or the children that had just witnessed this tragedy. No memory making opportunities, no advice, no one saw the children on that day, or they felt so awkward they didn't know what to say.

The first weeks passed so slowly with many questions from the children such as: *Where is daddy? But where is he really? Why is he dead?* While dealing with her own grief Keri struggled to answer the heart wrenching questions as honestly as possible.



We eventually contacted Winston's Wish and were supplied with a helpful book; we buy resources from Winston's Wish now to help others faced with this situation if it happens to them.

On Keri's return to work the support from her colleagues was exceptional and she has continued in her palliative care role with new insight. During the months that followed it became apparent that this acute lack of support was not confined to Southmead. Having spoken to other hospitals and hospice teams, only a handful of them provided any literature or other support. In an effort to make this terrible devastating experience better for others Made a Mark was born. It was registered with the charities commission in June 2018.

Made a Mark supplies memory boxes to professionals in acute health care settings to enable them to better support families at this time. Each box contains a pair of soft toys (one for the deceased person and one for the child or sibling to take home as a lasting link). These are supplied to us at cost, and we have had over 4000 to date from our supporting supplier Jellycat, a journal for the child to record how they feel by writing or pictures.

Each box has a kit to take handprints as a memory, a satin bag to take a hair lock or treasure a special small item in, a book to help the adult through the bereavement journey with the child and an honest age appropriate book about death. The boxes are in three different age ranges 0-4 5-12 and 13+, they are now in our own design and are large enough for items to be added by the children to create lasting memories. Each box costs us £40.00 to supply. There is a photo frame formed on the lid of the box for a photograph to be added.

An aspect of the boxes we had not anticipated is that they are also used during the palliative care phase

to give the children and understanding of what is happening and enable prompt explanation and discussion at this difficult time.

Demand for the boxes has grown! We have supplied 65 organisations so far, these include neonatal units, organ donation teams and undertakers all of whom apply through a form on our web site. **We have supplied 2145 to date and over 500 already this year.** Until this happened to our family, we never gave it a thought, the amount of demand sadly shows that it happens daily. Around 100 children a day in the UK are bereaved of a parent.

Can you Help? Due to the growing demand, we are having to constantly think of ways to raise funds to make more memories.

One of our biggest expenses is courier delivery to the boxes destinations. We would love to form a link with a company that would work with us on this, we are happy to pay from our funding but ideally cut it down a little and spend the savings on more boxes.

We are also looking to hold a promise auction in October 2022 if anyone has an experience or item, we could enter into our auction please get in touch.

Ways to support us are to sponsor a box at a cost of £40. We will tell you what age group your box has supported and which healthcare setting it has been sent to.

A regular donation of any amount to suit you.

Organise your own event, make a one-off donation, leave a gift in memory or following a wake, make Made a Mark your cause if you are a marathon runner, make us your charity of the year, place one of our collection boxes in your work place, come to our events or simply go on the web site and volunteer your time.

To get involved e mail: madeamarkcharity@yahoo.com or contact via Facebook.

I am Keri's mum and am contactable on

karen@madeamarkcharity.com

The death of Mark devastated his direct family who work with us as part of Made a Mark to help improve the experience of others.

Keri and her children have found happiness again with Alistair who is a trustee of the charity.

OPEN DAYS FOR COHORT 2023



www.winterbourneacademy.org.uk

**THURSDAY
15th
SEPTEMBER 2022**



www.abbeywoodschool.com

**THURSDAY
22nd
SEPTEMBER 2022**



www.patchwaycs.org.uk

**TUESDAY
27th
SEPTEMBER 2022**



www.bradleystokecs.org.uk

**THURSDAY
29th
SEPTEMBER 2022**

Further details will follow regarding timings and booking information on the Olympus Academy website and also on individual school websites



www.olympustrust.co.uk | 01454 252013
admin@olympustrust.co.uk | Follow us: [@olympustrust](https://twitter.com/olympustrust)

What's On at Bradley Stoke Library this Month

Staffed Opening Hours:

10am - 6pm
on Mondays, Tuesdays, Thursdays, Fridays
9.30am - 12.30pm on Saturdays
Closed - Wednesdays and Sundays
Open access around these hours 7 days a week.

Welcome to everyone, whether browsing and borrowing from our shelves, using a computer or enjoying bringing children to the library. As always the most current opening hours and service information is on our webpage:

www.southglos.gov.uk/librarychanges

All children's activity places need to be booked due to limited spaces. For more details pop in to the library or email:

BradleyStoke.Library@southglos.gov.uk

Rhyme Time (Term Time Only)

Mondays (4th, 11th, 18th July)

10:45-11:15am

Have fun and learn new rhymes to share with your little one. Most suitable for 0-18 months – limited spaces.

French Rhyme Time

FREE sessions from birth to preschool
No prior knowledge of French required
Bring your own musical instruments (optional!)

Tuesday 7th & 14th July 11am

Voluntarily led by Suzie de Maillard

Find us on Facebook 'French Rhyme Time at Bradley Stoke Library' to book your space

Volunteer Centre

2nd and 4th Tuesday of the Month

(Term Time Only) **Tues 12th July 1-3pm**

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www.caprigemscleaning.co.uk



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Every Saturday morning. Our great project guides help your child learn about coding, develop their problem-solving skills and build resilience. Your child must have a registered place before attending. For more details see: <https://digilocal.org.uk/digilocal-online/>

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Active
Libraries





**Little Rainbows
Pre-School Is Moving**

Little Rainbows Pre-School Patchway

After 13 years, we are pleased to announce that as from September 2022, Little Rainbows Pre-School will be relocating to:
The Pavilion, Patchway Common, Stoke Lodge, Bristol BS34 6HR

Contact us at our new address
Little Rainbows Pre-School CIC, The Pavilion, Patchway Common, Stoke Lodge, Bristol, BS34 6HR
Telephone: 07796 076 253
E-mail: little.rainbows.preschool@outlook.com



BSYFC Local Tournament Winners!

Bradley Stoke Youth FC U9's took part in a tournament at Lockleaze Sports Centre on Saturday 11th June.

Two teams from the club entered into the competition and played against 6 other teams of the same age group. The top 4 teams then went through to the semi finals, which included both of our BSYFC teams!

Both teams then went on to win against the other teams which meant Bradley Stoke played against Bradley Stoke in the finals to win the title. Well done BSYFC!

The boys played their hearts out. What an amazing achievement!

Special thanks to team coaches Simon Morgan and Julian Henson.



BSYFC team blues:

**Toby Harris / Dan Randell /
Albie Henson / Willis Palmer /
Jack Davey / Noam Chelikh /
Jamie Hartry / Jenson Williams**

BSYFC Orange team:

**Joey Morgan / Finley Svriv /
Vijay Jr Singh / Elijah
Hampsey / Jack Dent / Dan
Young / Klevis Burmish**

Stokes Singers Choir performed a selection of Jubilee themed songs at Stoke Gifford Fete

We also included 'Lazy Hazy Crazy Days of Summer' and our own rendition of 'Bring me Sunshine' in an effort to encourage the sun to stay out but to no avail. The rain had other ideas. But this didn't dampen spirits and we thoroughly enjoyed the afternoon!

Stokes Singers are a mixed community fun choir who meet every Thursday evening. Singing together boosts your mood and leaves you feeling energised and connected.

If you want to try something new come and join us. You don't need any previous experience or confidence with singing. There are no auditions and you don't need to read music.

We are a friendly mixed choir singing a wide range of music. We rehearse in Bradley Stoke on Thursdays during term time, 7.30-9.30 pm.

For further details, please email the.stokes.singers@gmail.com or call 07716 353182.

Find out more at www.facebook.com/StokesSingers. Come and give us a try!



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Nick Howell of AMD Solicitors discusses how our commercial litigation team can help



We encourage our clients to make an early offer to settle. An early offer can help you minimise the costs involved with progressing your claim. Making the offer a 'Part 36 offer' puts further pressure on your opponent to settle, as the cost consequences can be significant.

What is a Part 36 offer?

Part 36 is a provision of the Civil Procedure Rules that is aimed to encourage parties to settle their claims and to penalise parties that do not accept an offer that they do not beat at trial.

Offers can be made by both parties, and will be deemed either a claimant's offer or a defendant's offer.

Requirements of a Part 36 offer:

- The offer must be in writing;
- It must be clear that it is pursuant to Part 36;
- It must specify a period of not less than 21 days (which is known as 'the relevant period') within which the offer can be accepted;
- It must also state that the defendant will be liable for the claimant's costs if accepted;
- It must state whether it applies to whole or part of the claim;
- It must state whether it takes into account any counterclaim.

What happens if the offer is accepted?

If the offer is accepted, the claim is stayed. The defendant will have to pay the sum within the offer and the claimant's legal costs. The legal costs will be assessed (by a court) if they cannot be agreed between the parties.

What happens if the offer is rejected?

If the offer is rejected, and the matter proceeds to trial, the judge will not be aware of the offers until after the claim has been decided. Once the claim has been decided the judge will then consider the costs. If the judgment is equal to or better than the offer, the judge will penalise the person that has rejected this offer.

Example: at the hearing, the judge awards the claimant a sum of £35,000.00.

Scenario 1: the claimant made a part 36 offer of £30,000.00. As the claimant has done better than their offer, the defendant will be penalised with the following cost consequences:

- Interest on the judgment at 10% above base rate from the date on which the relevant period expired;
- Costs on the 'indemnity basis' from the date that the relevant period expired. This means that the court would only deduct any costs it considered unreasonable (whereas on the 'standard basis' would also deduct any costs it considered disproportionate);
- Interest on those costs at 10% above base rate;
- An additional sum of 10% of the amount awarded (up to a maximum of £50,000) and 5% of any amounts awarded above £500,000 (up to a maximum total of £75,000).

Scenario 2: the defendant made a part 36 offer of £40,000.00. As the defendant has done better than their offer, the claimant will be penalised with the cost consequences below:

- Costs on the 'indemnity basis';
- Interest on those costs at 10% above base rate.

If you need advice on anything in this article or any other commercial litigation enquiries then please contact Nick on 0117 9621205 or by email on info@amdsolicitors.com AMD have offices at Henleaze, Clifton and Shirehampton.

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bristol](https://events.parkinsons.org.uk/event/walk-parkinsons-bristol)
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#WalkforParkinsons



Charities are listed in the governing document of the Parkinson's
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www.parkinsons.org.uk



Taking strides to find a cure! Join Walk for Parkinson's Bristol, Ashton Court and help raise vital funds for Parkinson's UK

Taking strides to find a cure! Join Walk for Parkinson's Bristol, Ashton Court and help raise vital funds for Parkinson's UK

People in Bristol are invited to take part in Parkinson's UK's Walk for Parkinson's at Ashton Court on Sunday 18 September to help fund vital support for people affected by the condition.

Walkers had the choice of a 1 or 5 mile walking route around the beautiful country park and mansion.

Among those taking part in the day is the Shearing family who have taken part in the Walk for Parkinson's for the past few years. The Shearing's all come together and take on the challenge on behalf of their mum Lorraine, who was diagnosed with Parkinson's 19 years ago, aged 39. Last year they raised a fantastic £1,420.

Daniel Hanley-Shearing said: "Parkinson's has affected our family's lives and seeing our mum, wife and friend living with this horrendous condition has made us realise how much charities like Parkinson's UK are doing for people in the same situation. This is why we are once again walking for Parkinson's and raising funds for this massively important charity."

Melissa Rankin, Regional Fundraiser for the South West at Parkinson's UK, said: "We are really looking forward to seeing everyone this year at Ashton Court. The day is always such fun filled with so many inspirational people and beautiful autumnal weather.

Last year there was so much we couldn't do, and living in lockdown was difficult and lonely for many of us. For many people with Parkinson's, their symptoms got worse. This year, we need each other more than ever. Walk for Parkinson's was a chance to get outside, connect with the Parkinson's community and make a difference.

I hope to see lots of you there!"

Sign up here - events.parkinsons.org.uk/event/walk-parkinsons-bristol



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At a loose end on a Monday night?

West Bristol Concert Band are recruiting!

We are looking for woodwind, brass and percussion players of a Grade 7 or equivalent standard

Where? Amberley Road Baptist Church, Patchway
When? Monday evenings (except Bank Hols)
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info.wbcb@gmail.com

or visit:

www.westbristolconcertband.co.uk



The Simon and Garfunkel Story (50th Anniversary Tour)

Direct from a weeklong run in London's West End at the Vaudeville Theatre, a SOLD-OUT Worldwide tour and standing ovations at every performance, The Simon & Garfunkel Story is back!

"Authentic and Exciting" - The Vocals & harmonies of this fantastic live duo is amazing! "Fantastic" - Elaine Paige, BBC Radio 2.

This 50th Anniversary Celebration features the boys singing all the hits including 'Mrs Robinson', 'Cecilia', 'Bridge Over Troubled Water', 'Homeward Bound' and many more.

There is also projection photos and original film footage taking you back in time!

Last seen in Chepstow at Castell Roc Festival in 2016, requests to have them back have been non stop.

The Drill Hall is a superb intimate venue, with tickets restricted to just 200 so ... get your tickets fast as this is an evening not to be missed !

www.thesimonandgarfunkelstory.com

Tickets available: www.castellroc.co.uk



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Castell Roc 2022

AT LAST!!!

Not too much longer to wait until the return of the eagerly awaited CASTELL ROC FESTIVAL inside the absolutely amazing grounds of Chepstow Castle !

Running over 3 weekends in August, Castell Roc attracts its audience from all over the country, the world in fact !



Organizers have once again tried to cater for most tastes in music, with 13 amazing shows lined up for you:

THURSDAY 11th - 'Those Damn Crows', 'Mason Hill', 'Florence Black', 'Tribeless' and 'James and the Cold Gun' - five band star studded rock line up

FRIDAY 12th - 'The Craig Charles Funk & Soul Show' - the legendary actor, host & DJ is back!

SATURDAY 13th - 'The Bohemians' & 'Fleetwood Bac' - 2 of the most authentic tributes on one night!

SUNDAY 14th - 'George Hinchcliffe's - Ukulele Orchestra of Great Britain' - who is to blame for the worldwide phenomena of ukulele orchestras and ukulelemania? THESE GUYS !!!

THURSDAY 18th - 'Tankus the Henge', 'Bare Jams' & '3 Daft Monkeys' - unforgettable song writing and spectacular live performances. You are in for a treat!!

FRIDAY 19th - Rock Legends - a tribute to 3 of the best, performed by - 'U2UK', 'Cloneplay' & 'Stereosonics'.

SATURDAY 20th - 'King King', the best Blues band in the world, with support from the amazing 'Cats In Space' & 'Rainbreakers',

SUNDAY 21st - 'The Barricade Boys' - these guys are amazing, having all starred in the West End show - Les Misérables and now on their way to Chepstow Castle as part of their world tour !

THURSDAY 25th - The incredible singer songwriter- Newton Faulkner !

"Fabulous scenic venue for an open air concert. Great stewarding, ample standing room with ample specified seating areas. Served quickly at bars"

FRIDAY 26th - Monsters Of Rock - featuring the incredible 'UK Guns n Roses' (who have now disbanded but are coming together for one last show) plus 'Whitesnake UK' and 'Hells Bells'. What a night this will be!!

SATURDAY 27th - An Amazing 'Twist up Night' featuring 'Si Cranstoun Band' - King of Swing meets 'The Navarones' legends of Ska. 'FABULOUS,- a night not to be missed'!!

SUNDAY 28th - 'Whitney Queen of the Night' the ultimate West End show !!

MONDAY 29th - 'The Shires' - the brilliant country duo return to Castell Roc once again !

And there you have it guys ...

CASTELL ROC 2022 !!!!!

Tickets available: www.castellroc.co.uk

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To celebrate the return of this little gem of a festival - Bradley Stoke Matters is giving away 2 tickets to a show of your choice!

Simply find us on facebook, like our like our page and comment on our Castell Roc ticket giveaway post and then share!

****Just to confirm any tickets bought for shows in 2020 or 2021 are valid for 2022 dates.**



Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

BABY AND TODDLER GROUPS

Beehive Baby and Toddler Group, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

Busy Bees Toddler Group Bradley Stoke Evangelical Church Tuesdays from 10 till 11.30 during school term time phone 0117 931 4716

First Steps Toddler Group - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

Little Hedgehogs (0-5's) - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol, 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

Trinity Tots - Mondays 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

LOCAL CLUBS AND ORGANISATIONS

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Holy Trinity school. Please have a look on our website for further information for both young people and adult volunteers at www.bradley-stoke-scouts.org.uk/join

1st Little Stoke Scouts - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. To enquire about your child joining or to volunteer call Tony Edmonds (Group Scout Leader) 07957880503, or email tonyedmonds108@yahoo.com

Bradley Stoke Book Club 'Bookaholics' meet at Soho Coffee in Bradley Stoke Leisure Centre on the 2nd Wed of each month at 7:30pm. Geoff Stobbart 07714 101354 geoffrey.stobbart@btinternet.com.

Bradley Stoke Community Singers - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

Bradley Stoke Lions meet every 2nd Monday in the Willowbrook Centre, 1st floor conference room at 7.30 pm Ailsa Young, 07737 106836 ambyoung29@yahoo.com

Bradley Stoke Radio - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio.org.uk

Bradley Stoke Rotary Club Meets on the 1st and 3rd Wednesday of the month at the Doubletree Hilton hotel in Bradley Stoke. Contact Secretary Karen on 07540 458119

Bradley Stoke Sew and So's - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, bradleystokesewandsos.weebly.com

Gifted drama group Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

Girl Guides, Brownies & Rainbows - admingirlguidingbsg.org.uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. Not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

Little Stoke Ladies Club - meets the 1st & 3rd Tuesdays 7.30pm at Little Stoke Baptist Church, Kingsway. T: Julie 0117 931 5007

Severnside Ramblers - 'Friday Ambles' start in the Aldi car park on alternate Fridays at 10am. Weekend & evening walks -start in the Aztec West blue zone car park. Check site for details.www.severnside-ramblers.org.uk

Silverwinds Flute Choir - meet once a month on a Thursday evening 19:00 - 21:00 at Christ the King Church. For more details please visit www.silverwindsflutechoir.co.uk or email silverwinds@michellekrawiec.co.uk.

Stokes Phoenix Club - meets 1st Tuesday of the month, 10am-12noon at Little Stoke Community Hall, Little Stoke Lane. Contact Rosemary Davis 01454 614474

Stokes Singers - A friendly mixed choir singing a wide range of music. No auditions. We rehearse in Bradley Stoke on Thursdays during term time, 7.30-9.30 pm. Email the.stokes.singers@gmail.com, call 07716 353182 or find us on fb www.facebook.com/StokesSingers.

Stoke Gifford Royal British Legion Looking for members and volunteers. We meet 3rd Mon of each month 7:30pm Little Stoke Park Hall. Contact Ray: sgbinfo@gmail.com See us on Facebook . or <http://www.britishlegion.org>

Willowbrook Townswomen's Guild - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Ros Gallear - rosalindg@tiscali.co.uk

Winterbourne Wind Band- Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Janet 07845 744351.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 0117 9793409

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

Young At Heart Club meets at the Christ the King Church, Bradley Stoke every 2nd and 4th Thursday of the month from 2pm - 4pm. Set up 20 years ago and aimed at people over the age of 50 who would like to make new friends, enjoy games, speakers, outings.

SPORTS CLUBS

Almondsbury and Bradley Stoke Tennis Club - Opportunities for all levels, inc pay and play lessons for all on Saturday mornings, no booking needed. almondsburytennis.org.uk

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.aretiansrfc.co.uk

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If your details have changed, please let us know at

community@mattersmagazines.co.uk and we will update it +for you!

Black and Blues Netball - Non-League Social Netball Wednesdays 7.30-9pm BSCS, contact: blackandblues_netball@outlook.com.

Bradley Stoke Bowls Club - Baileys Court Activity Centre www.bradleystokebowls.com.

Bradley Stoke Cricket Club - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at bradleystokecc.play-cricket.com

Bradley Stoke Jiu Jitsu Club - Chris Harris, maru.jiujitsu@gmail.com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - The Jubilee Centre. Every Wednesday U12's 4.30pm-5.30pm, U14 and U16's 5.30pm–7.00pm. Please email bsncjuniors@yahoo.co.uk

Bradley Stoke Judo - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

Bradley Stoke Squash Club - For adults, Juniors and Children. Welcoming new players from beginners to advanced. Club night Sunday nights for all From 6pm. Children's coaching on Sat Mornings. Contact Mark Stone for details 07786 911580

Bradley Stoke Town Football Club - FA Charter Standard Community Club, Adult training, Tuesdays at Patchway Sports Centre. For more info visit www.bstfc.co.uk or contact bstfc2005@gmail.com

Bradley Stoke United Football Club - Football from U7's to U16's see website bsufc.co.uk

Bradley Stoke Youth FC (BSYFC) – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@btopenworld.com

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

Bristol Extreme Allstar Cheerleaders - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

North Bristol Rugby Club, Rugby teams from 4+ www.pitchero.com/clubs/northbristoljuniorsrfc/ .

North Bristol Running Group friendly group, 3 evenings per week, Tues, Weds, Thurs, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. Alan 0789 0182387. Find us on FB.

North Bristol Triathlon Club: Swim, Bike and Run sessions throughout the week around North Bristol/South Gloucestershire. Suitable for all levels. Find us on Facebook or email membership@northbristoltri.co.uk.

Sole Sisters - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrc.co.uk

South Glos Hockey Club Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. <http://www.sghc.org.uk>, Facebook - South Gloucestershire Hockey Club

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www.stokescyclingclub.org.uk stokescyclingclub@googlemail.com

Stoke Gifford Cricket Club – We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

Stoke Gifford Short Mat Bowls Club -Tuesday mornings and Friday afternoons. For more information please contact 0117 9791807 or email sgsmbc@outlook.com.

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

Stoke Lane Athletic Football Club -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via www.stokelane.co.uk or email Club Sect 'steve' pspayne@blueyonder.co.uk or Club Mobile 07972 039413

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, <https://www.facebook.com/stokesstriders>

CHURCHES / COFFEE MORNINGS

Amberley Road Baptist / Cafe Church, Patchway, 01454 610808

Bradley Stoke Evangelical Church Baileys Court Road 0117 9314716 www.bsec.org.uk

Christ the King Church Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

City Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgcommunitychurch.org

Edge Church International. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

Holy Family Catholic Church Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

Holy Trinity Church Broadcroft, Bradley Stoke 01454 620975 www.htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

St.Michaels Church, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 10am until 4pm.

Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808

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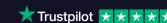
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Local Schools in and around the Stokes

PRIMARY SCHOOLS

Baileys Court Primary School, Head Teacher: Andrew Lynham, Breaches Gate BStoke, 01454 838320

Bradley Stoke Community School Primary Phase, Head Teacher: Sharon Clark Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

Bowlsland Green Primary School, Head Teachers: Michelle Engley, Ellicks Close BStoke, 01454 866766, [bowlslandgreen.org.uk](http://www.bowlslandgreen.org.uk)

Holy Family R.C. Primary School, Head of School: Dawn Breeze, Amberley Road Patchway, 01454 866786

Holy Trinity Primary School, Headteacher: Janet Dickson, Broad Croft BStoke, 01454 866735, www.holytrinitypri.com

Little Stoke Primary School, Headteacher: Dan Ross, Little Stoke, 01454 866522, <http://www.littlestokeps.co.uk>

Meadowbrook Primary School, Head Teacher: Nicola Bailey, Three Brooks Lane BStoke BS32 8TA, 01454 868630, [meadowbrookprimary.co.uk](http://www.meadowbrookprimary.co.uk)

Stoke Lodge Primary School, Headteacher: Will Ferris, School Close, Bourton Avenue, Stoke Lodge, Patchway BS34 6DW 01454 866772

St Chad's Patchway C of E Primary School, Head Teacher: Mrs Steph Jenkins, Cranham Drive, Stoke Lodge, Patchway 01454 866523

St. Mary's R.C. Primary School, Acting Head Teacher: Mrs K Burden, Webbs Wood Lane BStoke, 01454 866390,

St Michael's Primary School, Acting Head - Mrs Jo Prendergast, Ratcliffe Drive, Stoke Gifford 01454 866781. www.stmichaels.org.uk

Wheatfield Primary School, Head Teacher: Phil Winterburn Wheatfield Drive BStoke, 01454 868610

SECONDARY SCHOOLS

Abbeywood Community School, Head Teacher: Dave Howe, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

Bradley Stoke Community School, Head Teacher: Steve Moir Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

Patchway Community College, Head Teacher: Karen Cornick, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com



Chris Ridgway
Mortgage & Protection Advisor

0117 931 4423 / 07771 888 792
13 Brake Close, Bradley Stoke, BS32 8BA

chrisridgway@ccfpm.biz www.localmortgage.co.uk

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stuart.thistlewood@yahoo.co.uk

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INDEX OF LOCAL ADVERTISERS

Accountants/Book-keeping

Dunkleys Accountants 22
LAC Accounting 13

Advertising 3,39

Blinds - Harmony Blinds 49

Butcher - Gales Filton 13

Builders / Building

BluePrint Construction 44

RJM Design & Build 44

Vizard and Son 46

Cafe / Bar

Black Sheep / Lodge on Park 30

Wolfridge Alpaca 11

Car Mechanic -

LCM Automotive 3

Care / Elderly

Bristol Care Homes 18

Caring Hands 19

Carpentry - Steve Corris

Carpentry & Home Improvemt 46

Carpets & Upholstery Cleaning

Bonne Fresh Clean Ltd 47

Central Heating Engineers

AMW Plumbing & Heating 1

Baines Heating & Plumbing 44

K J Barton Plumbing & Heating 48

Mayo's Heating & Plumbing 43

Child Care/Nursery/Preschool

Ambourne House 23

Little Rainbows Preschool 30

Children's Activities

Aquatic Harmony 17

Library activities 30

Wolfridge Alpaca 11

Cleaning & Domestic Services

Caprigems Cleaning 30

Clover Ovensclean 44

Coffee Shop

OSR Coffee Shop 6

Community / Charity Articles

BSCS Iron Man Andy Young 8

BS Festival 10k & Church 10-11

BS Scarecrow Trail 5

BSYFC U9s Winners 31

Festival Football 14-15

Jubilee Trees 12-13

LS Scouts 7

Made a Mark Charity 28-29

Memories for Bella 19

New Mayor 4-5

New Vicar 7

Stokes Singers 31

Walk for Parkinsons 34-35

Community Groups/Clubs 38-39

Conveyancing

Sarah Howe, Setfords 41

Doors

DCL Doors & Windows 40

Dream Doors (Kitchen) 9

Garolla Roller Shutter Doors 47

Electrical Appliance Repairs

D-CR Domestic Appliance Repairs 48

Electrician

Bradley Stoke Electrical 48

Gary Smart Electrical 48

Fencing

Colour Fence 51

Front Row Fencing 46

Fertility Clinic - Bristol Centre

Reproduction Medicine 26-27

Funeral Directors

MW Funeral 36

Garden Design/Landscaping/

Maintenance

Almondsbury Landscaping 42

Alpine Landscapes 1

Green Thumb Lawn Care 13,48

Hair & Beauty

The Hairdresser 19

Handyman Stokes Handyman

Health & Fitness

Aztec Hotel & Spa 52

Phoenix Pilates 20

Hotel / Bar / Restaurant -

Aztec Hotel & Spa 52

Black Sheep 30

Village Hotel 2

House / Home

Bedlam Beds 45

Harmony Blinds 49

Insulation Network 41

Stokes Handyman 47

Technisys (Alarms) 45

Thornbury Stairlifts 45

House Insulation

Kitchen Refurbishment

Dream Doors 9

Locksmith

Dale Clements Locksmiths 45

Lock Stuck & Barrells 43

Medical / Complementary Therapist

Dawn Clode, Osteomyologist 21

Mobility Solutions

Thornbury Stairlifts 45

Mortgage Advisor

Crystal Clear 41

Music

Castell Roc Music Festival 37

Simon & Garfunkel Tribute 36

Village Hotel Tribute Nights 2

West Bristol Concert Band 35

Opticians - Harbord Opticians

Painter & Decorator

Decor8 44

Keith Usher Painter & Decorator 46

Plasterer - B&D Plastering

Plumbing / Heating Engineers

Baines Heating & Plumbing 44

K J Barton Plumbing & Heating 48

Low Cost Plumbing 46

Mayo's Heating & Plumbing 43

R H Plumbing 42

Roofing

Rooftech 42

Supreme Roofing 44

Vizards Roofing 46

Rubbish Clearance

BStoke Rubbish Clearance 42

Man & Van Rubbish Clearance 41

Schools/Schooling 40

Holy Trinity Primary 24

OAT Primary Events 25

OAT Secondary Open Days 29

Wheatfield Primary Open 16-17

Security - Technisys

Sewing / Alterations

Medway Designs 17

Shopping

Willow Brook Centre 20-21

Solicitors

AMD Solicitors 33

Wards 15

Swim Lessons

Aquatic Harmony 17

Tiling

Paul Bartley Ceramic Tiling 44

Trades & Services - 40-51

Tree Surgeon

Claridge Tree & Grdn Servcs 41

Collins Trees Services 47

Front Row Fencing 46

TV & Aerials

A1 Aerials 47

Aerial Man - Dan Grace 3,45

M D Aerials 46

Windows

DCL Doors & Windows 40

Window Cleaning

Majestic Window Cleaning 46



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