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Dear Readers...

Welcome to our summer issue! The front cover shows Little Stoke Scouting Group cutting the cake celebrating their 70th anniversary - you can read more about their celebrations on page 15. Severnvale Flower Club are also celebrating an anniversary this summer - 65 years (see page 9)!

We were very saddened to hear of the recent passing of long term Stoke Gifford resident Brian Hewitt. Our condolences to his family and friends. We share our tribute to Brian on pages 5 and 6.

If you have children starting primary school or moving up to secondary school next September, the Olympus Academy Trust are running several Events and Open Days to help. We also hear from Abbeywood Community School, as well as Stoke Lodge Primary and a group of runners from St Michael's Primary raising funds for the Ukraine.

If you looking to entertain the children over the summer, the Bradley Stoke Scarecrow Trail starts mid-month (page 12). You could also take a short trip to see the lovely Alpacas (page 25). Hedgehog Rescue, Chipping Sodbury is asking for your help, and the care of these much-loved, prickly creatures is also the topic of one of the summer talks taking place at the Winterbourne Medieval Barn, along with many other fun activities.

If you are a business looking to promote your services across the Stokes in 2022 do get in touch with me and I will be happy to help. Deadline for the next edition is 12th September. Have a great summer! Jaci ×

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Brian Hewitt MBE

I was very sorry to hear of the passing of popular, long term resident, Brian Hewitt MBE this month.

I had occasion to meet Brian several times since starting our community magazine some 17 years ago. Brian was a true gent, with so much enthusiasm and

energy to get things done. He was very active in the local community. He was elected onto South Gloucestershire Council for the Stoke Gifford ward in 2000 and served until 2003. He then served as a Stoke Gifford Parish Councillor, and became the Parish Council chairman. He was also involved in the community in many other ways, and was involved

in a number of organisations. He was perhaps mostly famously involved in the Royal British Legion where, having first joined at the age of 19, he was a member for over 70 years! President of the Stoke Gifford Branch, Brian was a regular fixture at Parkway Station collecting for the Poppy Appeal, and he also did door to door collections too. He was also involved in the RBL at Gloucestershire County level, serving on the County Committee for many years, and he also served as the County Vice Chairman and County Chairman.

He regularly went into schools and scouting groups with his big book of information on WW1 and WW2. He spoke about animals in the war and why we wear a poppy on Remembrance Day.

Brian and John Moloney visited the local OSR scout troop every autumn term to help with the Poppy badge, in fact Brian had a large part in it becoming a badge with Gloucestershire Scout County, and helping OSR troop to be the first group to gain the badge.

The community celebrated Brian's 90th birthday lunch held at Little Stoke Community Centre with members of the RBL, friends, family and Jack Lopresti.

As a tribute to Brian we share overleaf the article prepared over 10 years ago for the June 2012 edition of Little Stoke Gifford Matters.

God Bless you Sir. Thank you for your service. You will be missed.





GLOUCESTERSHIRE





Brian Hewitt MBE

It was a complete and utter privilege to meet with Brian Hewitt MBE, not only a wellrespected and highly regarded member of the community but also a true gentleman with a wonderful story to tell.

Born in the West Riding of Yorkshire, he moved his family to Stoke Gifford in 1986 to take up the position of general Manager of National Deposit in Clifton. However he very soon became involved in the new Financial Compliance regulations, when in 1997 he became Chief Executive of the

Compliance Institute. He and his wife have brought up their family in their home in Stoke Gifford. where they have now lived for 26 vears. Now retired with 5 grandchildren you would think he might choose to take life a little easier. but not Brian - his philosophy and words put simply "one should never retire."

Currently chairman of the Stoke Gifford British Legion, he also sits on the County Executive and is the County Training Officer. plus he is a case worker for the Legion. He proudly shares stories

of the work they do and the 2011 award gained for being "The Most Efficient Small Branch in the County!" He sees this not as a club but a job. but perhaps it is even more than this - it certainly comes across as an integral part of his life. From the smallest gesture of providing a wheelchair to an ex-service man in need within 24 hours of asking, to the huge efforts of banking the Legion's Welfare Fund in the region of £40,000 for 2012. the branch is certainly managed efficiently and with passion. What an achievement for a branch with fewer than 60 members. Brian proudly tells me that The Duke of Kent recently opened a brand new care home in Weston-Super-Mare funded by the British Legion, describing it as "better than a 5* hotel and so it should be."

Awarded with an MBE in 1982, with 39 years' service in the Army and Territorial Army, Brian jests he is now looking towards his knighthood. He shares the proud memories of the day he took

his wife and two daughters to meet the Queen and collect his award, His son, although unable to attend in person. was happy to provide their transport for the day... a

Ford Escort Mexico with full Raleigh specification which he had recently re-built. A wonderful photographic memento of the day Brian shares with me, the car parked between a Rolls Royce and a Mercedes in the inner court at Buckingham

> Brian's colourful life has seen him work for three years in Kenya. where after being promoted to Inspector he was seconded to the Kenya Police during the Mau Mau campaign of the late fifties. He also served as an instructor to the Military Police in Austria for 12 months. where he was able to enjoy all four seasons. On leaving the army, he began a successful career in insurance, until finally retiring five vears ago from the Institute.

Until recently, Brian was also a Parish Councillor and he tells me of

his pleasure at some of the achievements which he has contributed towards within the community. He had an all-weather path built to assist children in walking safely to school, the headmistress was so delighted with 'Brian's path' as it is now affectionately called, "she kissed me!" he laughs.

He jokes he owns what is now a listed building. The still working and newly painted red telephone box in Stoke Gifford will hopefully remain for future generations to enjoy, thanks to Brian.

As we part company on a rainy Friday morning Brian pops open his poppy umbrella, a reminder of his commitment to the British Legion.



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Portraits of Care:

Ground-breaking photo project captures life through the eyes of Bristol Care Homes residents.

Bristol Care Homes has had the great pleasure of collaborating with The Royal Photographic Society (RPS), the Arts Council England and the Quartet Community Foundation on creating a ground-breaking photography exhibition. Over the past months, Bristol Care Homes and the RPS worked on supporting the staff in capturing meaningful moments in the lives of the residents they care for.

Artist and photographer Colin Moody has trained the care teams on how to create captivating images of 'A Day in the Life of a Care Home Resident'. All of this has happened in honour of her Majesty's Platinum Jubilee. Residents have had a wonderful time sharing their recollections of the Queen, and meaningful portraits were captured.

There are 47 final portraits displayed at the Royal Photographic Society, Bristol. You can also see a selection of the photographs here: www. bristolcarehomes.co.uk/portraits-of-care-photo-gallery/

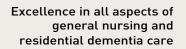
Richard Crocker, Bristol Care Homes Chief Executive said: "We are very grateful to be part of this ground-breaking project. Caring for our residents is at the heart of everything we do, and this project has been a great opportunity to show in images the beautiful, meaningful moments residents get to live in our care homes".



Evan Dawson, The Royal Photographic Society CEO said: "This project demonstrates the special power of the arts to bring people together. The resulting photographs are powerful, moving and of a very high quality. Please do come and see the exhibition at the Royal Photographic Society, Bristol."

The "Portraits of Care" project has helped the care teams to develop new skills and explore their creative abilities while taking meaningful photos of the older people in their care. It has given them the opportunity to get to know the residents and their stories from a new, unique perspective.

This project supported Bristol Care Homes in their mission to provide a very loving level of care where the wellbeing of the residents is a top priority. "Portraits of Care" has showed that the arts play an important role in making sure that older people living in care homes have a meaningful experience and supports with building nurturing relationships between the care teams and the residents.





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What an achievement for Severn Vale Flower Club to celebrate our Sapphire (65th) Anniversary. Made more notable for coinciding with the Queens Platinum Jubilee year.

Our Members Day with competitions was on Monday 12th June at St Mary's Church Hall Thornbury. This was our first Members Day held here since the closure of the Armstrong Hall.

We were not sure how it would all work out, considering it was a smaller hall and we were not sure many entries we would have for each competition. However, we had seventy entries including photographs. Members judged the photos by putting a few coins against the ones they liked best with the money going to our chosen charity. Kathleen Taylor judged the competitions which she found challenging as there were so many entries to choose from.

Margaret Orchard won the Kay Evans trophy. Sue Williams won the Carmen Pitts award. Susie Rees won the Nancy Robbins award and the Kathleen Hawkins award. Christine Mullins won the award for a flower in a vase, which was a lovely crimson clematis

Members had a chance to look at the entries before enjoying nibbles and a cake, kindly made by June Lyons.

On Monday afternoon 11th July, one of the hottest days of the year, approximately seventy members and friends enjoyed an afternoon tea with a demonstration at Eastwood Park. Sally, our chairman and demonstrator took us down memory lane saying she began flower arranging at an early age and started entering competitions when she belonged to the Young Farmer Club.

Sally's first presentation was an unconventional arrangement in the style which Constance Spry

would have used in the 20th century. Fresh foliage, Jasmine, Pink



Dahlias purple Cala Lilies together with Roses, were displayed in a large metal container. To compliment this display, a smaller arrangement, which was arranged in a Paella dish, was placed alongside. Sally explained that in those days any container would have been used, such as a Frys Benson pie tin. Her next arrangement was a small triangle containing pink Antirrhinums, Roses and yellow Gerberas. The arrangement was placed on top of a stand with a smaller arrangement with the same flowers placed underneath. Between both arrangements attached was the number sixty-five made from covered wire (photo above). Very appropriate for our anniversary.

Whilst working on her subsequent arrangements Sally told us that the club's first venues were The Royal George, The White Lion, The Cossham Hall, and finally The Armstrong Hall before it closed.

The club is very lucky to have such a busy and talented chairman. With Kathleen's help at the afternoon practice classes and the support of our members we hope to continue for many more years. It has been confirmed that our Open Meeting is on 4th November with Angela Turner. This demonstration is to be held at the Olveston Parish Hall

If you are interested in coming to any of our afternoon demonstrations, the next one is on Monday afternoon August 8th, when Margaret Heal will be our demonstrator. On Monday September 12th Liz Gordon will be the demonstrator. For more information on any of the above, call **01453 811089** or **01454 885213**.



News from Abbeywood Community School

On Thursday 19th May, the Year 7 Core Skills groups went on a trip to Cotswold Wildlife Park. This was a place that most of us hadn't been before and was used as an inspiration for our writing when returning to school.

All the students took part in a hands-on reptile workshop. They saw a leopard tortoise, green lizard and a royal python which the students could hold. Later we caught a steam train around the site, had a well-deserved ice cream break, and enjoyed glorious weather.

We thought we'd share more of the day in the students own words:

Harvey: On Thursday 19th May 2022, we got on the minibus to go to Cotswold Wildlife Park. I was very excited because I hadn't been on a trip since Year Four. I sat next to Shay and we listened to a couple of songs. When we arrived at about quarter past ten, after an hour and a quarter journey, we took a group photo and off we went on our adventure.

Shay: We then walked around and saw birds, tamarins, frogs and a sloth. Next, we saw the penguins which were my favourite as it was the first time I've seen them in real life. At 11 o'clock, we walked over to our reptile workshop. We stroked a

leopard tortoise, touched a green lizard and held a royal python. I felt calm and relaxed. It wasn't that scary!

Thank you to Amazon Fulfilment's sustainability team (photo right) who recently supplied us with a large range of mechanical and electrical maintenance equipment free of charge.

The equipment will support delivery of Unit 2: Engineering Processes Safely as a Team and Unit 24 Mechanical Maintenance for Level 3 Engineering students and allow students to carry-out operations as similar to industry as possible.



Evan: Next, we had our lunch. After, we saw some vultures and different species of owl. It was then time for us to get on the train around the park and in the carriage with me was Lucas, Josh and Harvey.

Connor: Not long after, I had an ice cream. It was a really warm day. Finally, we went to the gift shop. I bought a rhino plushy

toy. We then got on the minibus home. I had the best day ever!

Josh: "It was an amazing day. We all had fun. My favourite animal was the penguins because we saw them being fed. They were sliding around everywhere."

Charlie: "I had a terrific time. My favourite animal was the siamangs as they were shouting, and it sounded like they were saying no."





16 Year 12 Engineering students recently participated in a visit to GKN's Global Technical Centre at Patchway, undertaking a day of a tour of the state-of-the-art workshop and robotic coding.

The students were able to visit the workshop floor of the centre and see some of the most advanced research into manufacturing that exists anywhere in the world; as well as see the ongoing construction of the latest prototype for an electric air-taxi shuttle that GKN are a partner in developing.

The students then undertook a coding in activity to control an autonomous vehicle, as well as see the latest technology in autonomous robotics.

The students were a credit to BTE/ACS and to themselves. Their rapid coding capabilities reflects their engineering problem solving skills. Many thanks to GKN for hosting the students and making it a memorable day.





Envision 'Community Apprentice' Winners!





On this round of "Community Apprentice", Abbeywood Year 10's entered two teams under the guidance of our Careers Lead, Mr Norris. Over a twelve week period, each team brainstormed some initial fundraising ideas for their chosen locally based charity, then with the help from volunteer business mentors from Direct Line Group and Great Western Railway (brought together by Envision) the students then perfected their final pitching challenge which they presented in front of a hundred people from Bristol schools, charity representatives and businesses held at the University of Bristol Wills Hall.

Team 'SARIWOOD' (STAND AGAINST RACISM & INEQUALITY) recreated a school history lesson raising issues such as George Floyd and the BLM movement, Lillian as the class teacher, was brilliant, and raised a lot of laughs from the audience!

Team 'ABC's' (Penny Brohn UK) performed a University Challenge style quiz show raising





awareness for their chosen cancer charity which included a bonus round where the actual judges of the competition were put on the spot to answer some questions themselves. Dan and Cruz were the most energetic and enthusiastic quiz masters, and managed to get the whole room in roars of laughter!

Out of the five schools that entered this round, Team 'SARIWOOD' came in at second place, and Team 'ABC's' were voted overall winners of the



competition!! How amazing for Abbeywood.

An added bonus for Team ABC's, is that Penny Brohn UK have kindly invited Mr Norris and the students to visit their offices for a look around to see how the funds are used, as a thank you for all the hard work and money raised for the charity.









2000 Laps of the School Field for Ukraine

By Rebekah Pantlin (Year 6)

On the 1st of July 2022, at St Michael's CEVC Primary School, Stoke Gifford, five determined year 5 pupils finished jogging 2000 laps of the school field to raise money for a country that is unfortunately struggling, Ukraine.

Rhys Gilpin, Jamie Williams, Theo Corrick, Ollie Harris and George Stephens have done a fantastic job of completing the challenge which was started in April. After achieving 2000 laps, all five boys felt very pleased. It all started when they thought they all needed to do a bit of extra exercise so they thought they would do some jogging together. The boys then realised that they could get fit and raise money for Ukraine as this was an important cause for them.

The headmaster, Mr Pete Barnard, stated that he has been incredibly proud of all the boys as they had persevered to run 2000 laps during wind, rain, scorching heat and boiling sun to achieve something so special to help people less fortunate than us. Like all children at St Michael's, the boys understand the importance of charity and serving others. They have all worked so hard and have taken it rather seriously. Furthermore, they even have been training and practising in their gardens just for this important run.

Whilst the boys were running, the reporter (me) even ran a few laps with them and asked some questions at the same time; I have to say that running, writing and talking all at the same time is very difficult! The boys replied to the question, 'What do you do if someone starts to slow down and they become quite far behind?' with an answer of, "We also start to slow down to catch up with them so we

can encourage them to keep going on but we never stop. No stopping until we cross the finish line."

After these fantastic boys completed their 2000 laps. they all jumped on the floor in happiness and started rolling on their backs in joy, though I'm not sure their parents were happy with that for their washing!

As it was a very much a group project, Rhys, Ollie, Theo, Jamie and George all waited for each other at the finish line to run through the whole of Year 5 as a group. Once they had run another EXTRA lap with everyone, along with the headteacher and a few others, the boys reported that it felt brilliant and really good to achieve their goal. They managed to run 2000 laps of St Michaels' Stoke Gifford Primary School's vast field out of the kindness of their hearts to raise money for Ukraine. What is just astonishing as well is the fact that once they achieved this great charity cause, they were not exhausted and had loads of energy left!





12



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It's a time of celebration at 1st Little Stoke Scout, Cub and Beaver Groups

Summer saw an exciting term of celebrations at 1st Little Stoke Scout. Cub and Beavers.

As a Group 1st Little Stoke Celebrated 70 years at the start of February. To celebrate this exciting event 2 celebratory gatherings happened in July. To mark this milestone the group ran an exciting competition to design a special 70 years badge, and at the celebratory evening the winning entrants were presented with their prizes.

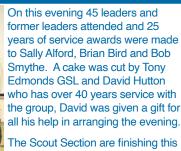
During the afternoon tea celebrations which was attended by a number of ex-leaders, 1st Little Stoke Scout members and Leaders. 3 investitures were made. welcoming new members into the body of Scouting. Presentations were made to ex-cub leader Martina. who retired from scouting just before covid after 15 years of service to the group. She made an emotional speech stressing the impact scouting had on her life, and explaining how much she missed the group and still enjoyed bumping into old

cubs who reminisced with their favourite memories.

A presentation of Award for Merit was also made to John, who had come along over 20 years ago to support the Scouts when his son joined and has never left. He regularly attends Scout meetings, goes on camps and enjoys being the choir master at Christmas teaching all the groups the songs required.

The cake was then cut by Clive Mason. Brunel District Commissioner, and the newly invested, youngest member to join the group, Mohammad (above centre).

A second evening was held later in July celebrating past and present leaders of 1st Little Stoke (main photo).



term with two nights under canvas in Bath. This will be in place of the normal week long summer camp, which will be running again next summer. The leaders are looking forward to giving the 17 Scouts

attending a taste of a true Scout camp, with the patrols being responsible for their own cooking, cleaning and tent organisation. This will be the perfect way for the Scouting section to end the summer term, testing out all the skills they have learnt throughout the year.

All three sections are currently desperate for leaders and parent helpers, as the popularity of the group has increased significantly since the Covid restrictions have lifted. Assisting at any of the groups is an extremely exciting and rewarding experience, and full training is available.

We are also looking for Volunteers to join the Exec committee.

1st Little Stoke now have an exciting website: http://1stlittlestokescouts.org.uk

If you would like any more information on getting involved with 1st Little Stoke Scout **Group, please contact Group Scout Leader** Tony Edmonds on 07957 880 503 or email: tonyedmonds108@yahoo.com



OSR Scouts try their best at athletics in the Wise Centre, Stoke Gifford

June saw two sessions for the OSR scouts to complete the athletics activity badge requirements. To start with was a warm up to get all our muscles stretched ready for the 100, 200, 400 and 800 meters running events on the superb running track.

Big well done to the scouts, the badge being age banded saw some younger member achieve the points needed to pass the Athletics plus with one event to go.

The following week we were back again, the evening having dried out nicely after a wet day, just in time for OSR scouts to complete their second session. It was field events with discus, shot putt and cricket ball and most, if not all, the scouts had never been shown how to throw the discus or shot! So first things first a warm up run by Rebecca and Martin. Then a tutorial on the shot putt and Ali recording the best of 2 throws for each of the 30 scouts.

Some great throws from the shot and then a tutorial for the discus plus one to one tweaking of keeping their hands above not below. There is definitely some natural talent amongst the OSR troop and the local junior athletics club watching on are interested in any scout that wants to join them. Finally the cricket ball which seemed incredibly light after the shot and some long throws. Then it was the warm down and time to go home.

The scores were registered and the troop ended up with 17 athletics plus and 7 athletics badges achieved. The scouts missing out were unfortunately only able to do one session due to their school awards evening and/or a clash with school camp. They can complete next time. Good job all that achieved the age banded activity badge.

Finally a Huge Thank You to the Wise Centre for letting us use their wonderful facilities and equipment. We have a flyer from the SGS junior athletics club who are always on the look out for new members.



16





St Michael's Church in Stoke Gifford recently put on a fun-filled activity day in St Michael's Centre, which they called "Holiday at Home".

They have a thriving ministry for the older

generation, under the banner of "Over

65's" which includes regular Sunday

lunches and afternoon teas.

and afternoon tea.

More than 70 people attended Holiday at Home, and they took part in various activities throughout the day, including crafts, storytelling, indoor bowls and more. There was also a sumptuous lunch

Licensed Lay Minister Julie Hobbs, one

of the team from St Michael's who put on the event said "What I loved was just seeing so many happy faces, and seeing people have such enjoyment, it's great!"



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Another fab weekend for OSR scouts on their 2 day expedition

On Saturday 9th July 2022 at 11:45am the OSR scouts met up at Berkeley power station for the start of the 2-day expedition.

After team photos and logging mobile phone numbers (just in case) all scouts were issued fluorescent vests and rucksack covers, team maps/ compass/ emergency bags/ first aid kits and of course half the tent each, it was time to make a search of rucksacks to make sure all the kit list. was present! Then off they went into the Severn Walkway.

Regular check points with more drinks and snacks to keep them going, each team was followed at a safe distance by 2 first aid trained adult leaders and of course health checks as it was really warm even with the strong coastal breeze.

Both teams eventually made it to the campsite and put up their tents before the real roughing it started...... off to

A few quick wide games and then to bed.

Sunday 10th started at 7am with everyone being loudly awoken by the leaders. Tents down, kitbags filled and then breakfast. Packed lunches, a guick group photo and off they went again. It was cooler in the morning so both teams made good progress. Cut inland after check point 1 to Elberton, Olveston and Tockington before finishing ahead of time at Woodhouse Park scout activity centre and campsite.

A fabulous effort by all, not too much pain and discomfort but we're all still healthy and then dekit and home for a much deserved freshen up.

Well done to all the scouts but it wouldn't be possible without all the leaders who so freely give up their time for the scouts to learn these skills for life.

Big Thank You to Martin, Lee, Dan, George, Ali, Paul and Me (Phelpsie). Here's to next year!







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Making Memories for Bella

Hi, I am Kelly; I am emailing to get in touch and to tell the story of a remarkable and really special seven year old little girl, Bella, who has recently been diagnosed with a very rare soft tissue sarcoma.

Both mum and dad, as well as Bella's five year old brother Charlie, have had their worlds tipped upside down! Bella has gone through two surgeries and one round of chemotherapy thus far, and there are further surgeries planned for Bella coinciding with multiple chemos and radiotherapy treatments. Doctors have estimated 4 - 6 months of treatments. Bella has had to stop going to school; she is in year 2 at St Michael's in Stoke Gifford and has already missed nearly two months of schooling, seeing her friends, and missing fun extracurriculars.

I have set up a mum's group to support the Schermuly family. We have been providing food boxes to help with those unpredictable overnight to weekly stays at the hospital. We have given Bella and Charlie a craft box to keep some family activities together. We have set up a post box in Bella's class to send her some letters, pictures or anything that would brighten up her day.

The Schermuly family, who live in Little Stoke, would never ask for any of this, they are overwhelmed by the support they have received so far. We would love to do more for them to help take the burden off them financially. Both Bella's parents are having to stop working as the appointments and hospital visits are so unpredictable. Each day changes, and so many things are thrown their way.

It would be lovely to use some funds for Bella to enjoy some days out with her family when she is not having chemo and is well enough to do this. We plan to do various activities to raise funds, from climbing Pen Y Fan (26th June 2022) to Brecon Beacons (September/

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October 2022) as well as some other fundraising activities the kiddies, her year 2 class at school can get involved in.

This has really come out of nowhere, nobody ever expects such devastating news, and Bella has seriously been the most positive and superhero seven year old I will ever know!



Thank you from the bottom of our hearts on behalf of Becca and Ryan, we are eternally grateful for your

You can help support Bella and keep in touch with her journey via the go fund me page https://gofund.me/19c0d42c





The Village Players present

ROBINSON CRUSOE AND THE PIRATES a pantomime by Alan P. Frayn 30 November to 3 December 2022

Action-packed, original and funny, this exciting, colourful version of Robinson Crusoe and the Pirates offers a lively, vibrant and fun-filled production for, our 2022 pantomime.

Buckle your swash, raise the anchor and set sail with Robinson, Captain Seasalt and Nutty Nick into a world of adventure and hilarity. You'll meet a host of colourful characters along the way, including maneating cannibals, magical beings and a band of marauding pirates, led by Cut-Throat, Cross-Bones and Skull-Duggery.

Staging the opening scene in Brazil (unlike Hull, York or Plymouth in most other pantos) has the advantage of introducing tropical scenery, glitzy costumes and Latin music, not to mention a delicious Dame - Señorita Margarita Juicilita! It also offers the bonus of an exciting Mardi Gras Finale!

We'll have you dancing in the aisles! WHY NOT BOOK YOUR TICKETS NOW?

01454 633786 villageplayerspilning@gmail.com

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Enjoy Holistic courses in Little Stoke & En France!

Local Osteomyologist Dawn Clode is delighted to be extending her healing to France! From Spring 2023 you will have the option of combining a holiday with taking a course in a holistic treatment.

From her treatment room in Little Stoke, Dawn currently teaches people who are interested in expanding their knowledge on holistic practices, that can sooth discomfort such as - stomach or head aches, stress, anxiety and how to improve sleep. These are for people to use their skills on themselves or family members. In France, the courses will also be open to practitioners who would like to expand the treatments they offer. You can take courses close to home or in Charente, France, in the following treatments - Acupuncture, Aromatherapy, Homeopathy, Massage, Mindfulness, Reflexology and all levels of Reiki.

Day courses in North Bristol start at £90. In France, based on a week's stay, full board and two people sharing, holidays incorporating three days of tuition, start at £330 per person. You also have three days of free time to explore the beautiful village of Suris, in the East Charente, a ten minute drive from stunning lakes, beaches and the Vienne river. If you like water sports, fishing, walking, cycling, historic towns and chateaux everything is on your doorstep.

Dawn is just back from overseeing renovations of the large, rustic 200 year old stone building and is excited to be welcoming people from March 2023.

If you would like to book in for an appointment at her treatment room in Little Stoke or information on courses home or away, call: 0795 1099 491 or visit: www.life-and-soul-empowerment.co.uk









COME ALONG TO ONE OF THE FOLLOWING EVENTS

Wednesday 21 September 2022 - 3.00pm Jubilee Centre, Bradley Stoke BS32 8HL

Wednesday 28 September 2022 - 3.30pm Patchway Community Centre, Patchway BS34 5PF

Wednesday 5 October 2022 - 5.30pm Filton Community Centre, Elm Park, Filton BS34 7PS

Bring along your children and join us for a cup of tea and a biscuit. All parents and carers welcome not just those intending to apply to an Olympus Trust School!

There will be an informative presentation at the start of each event so please arrive promptly, this will be followed by questions and a chance to chat with a primary Headteacher and Admissions Co-ordinator, These events will last about an hour.

Register your interest at: olympustrust.co.uk news & events











Nursery is such an important part of a child's well-being offering so many benefits, such as helping to build vital social skills, giving them a routine and coming in to see their friends and just have

There is never a dull moment at our nursery! We are so proud here at Ambourne to be able to provide the best apparatus for our children to explore all areas of their learning. We are blessed to have a beautiful large garden for our children to not only burn off some energy but to extend their learning in the outdoor environment. We enjoy regular Forest School outings to local parks and woodlands utilising our own Ambourne House mini-bus, and we have recently started Beach School! This latest idea originated from one of our children's interest in mermaids so off we went to the Beach to collect drift wood, have fun balancing stones on top of each other and talking about the animals we might find there. We love getting out and about, wrapping up in all weathers, drinking our favourite hot chocolate and having fun, after all there is "No such thing as bad weather, only bad clothing"!

We also love inviting specialist people into our setting. Recently we have been visited by a Sports Coach and a Zoo Lab! The children benefit greatly from such opportunities; in these two instances practising their motor skills whilst having fun and then extending their learning regarding animals. We have also restarted our trips to the nursing homes. Seeing the smiling faces when our children walk in for a singing and dance lesson is so uplifting - it is definitely not just the children who benefit from these sessions!

We are proud to be a Montessori nursery. Montessori is a child led form of education; the materials are specifically designed to meet each of the children's developmental needs and interests and they have full access to the Montessori equipment throughout the whole day at their leisure or within a planned activity.

We truly believe we provide children with the best start in life!



Events at Ambourne House

We are always looking at how we can build upon our relationships with our families.

Recently we had a parents Board Game night with Fish and Chips which was great fun! We will be doing another soon.



Our Summer BBQ is on 6th August from 12pm - 2pm.

All of our current families are welcome, along with anyone who is thinking of joining us from September who would like to come along and meet us in an informal setting. There will be fun and games for the children and a BBQ and refreshments for all.

Come and Join in the Fun!

Ambourne House WE ARE OPEN Monday to Friday **DAY NURSERY & PRE-SCHOOL**

7.30am to 6.00pm

- Private Day Nursery & Pre-School Offering Excellent Care & Education
 - Only Local Nursery Offering the Montessori Approach
 - Grant Places for 2, 3 And 4 Year Olds
- Homely & Stimulating Environment Amazing Outdoor Play Areas

Take a look at our website ambournehouse.co.uk and follow us on Facebook











Stoke Lodge Primary School Year 5/6 Production - Joseph

With a new Headteacher in post at Stoke Lodge Primary School since September 2019, our school has been on a rapid journey of school improvement, despite challenges thrown up by the pandemic in 2020.

It was so rewarding to see the hard work and determination from our school community acknowledged in the summer of 2021 by Ofsted. In the reports following the two monitoring inspections, inspectors commented on strengths such as the '...harmonious learning atmosphere throughout the school...' and reported that 'Pupils are attentive and eager learners'. Another area the team has worked incredibly hard on is developing our **Curious Curriculum**. Inspectors commented: 'Leaders have designed a curriculum to ignite pupils' curiosity about the world they live in'.

At Stoke Lodge we believe it is important to nurture and celebrate the whole child. We strive to offer an enhanced 'cultivated curriculum', offering our children more opportunities to develop skills across and beyond the national curriculum. Our Pledge outlines the enhanced curriculum offer for our children, including opportunities to perform – an area close to Headteacher, Will Ferris's heart!



In term 6, 120 year 5 and year 6 pupils from the school worked under the direction of Will Ferris (Headteacher), Ellie Fraser (Music Lead) and year 5/6 teaching and support staff along with industry professionals such as Chris Horseman and the team at Spirolux, who provided lighting design and sound, to put on their production of Andrew Lloyd-Webber's 'Joseph'. The hour long production gave pupils insight into careers in the theatre industry and the opportunity to develop skills, picking up chorgeography and singing through the full hour-long musical. One of our Core Values is collaboration, and pupils demonstrated this to the max! It was incredible to see ALL pupils participating their role, proving that music and theatre really do enable us to provide inclusive enriching opportunities.

This production was a huge success, selling out to packed halls for every performance; it would not have been possible without the support of our whole community.

1st Stoke Gifford School Troop

The 1st Stoke Gifford School Scouts have had a busy term, making the use of the lighter evenings and better weather to undertake a number of outdoor activities. These included a walk across the Severn Bridge on one of the longest days of the year. The weather was sunny and the scenery stunning and the scouts were able to appreciate the beauty of the Severn Estuary as they walked across the bridges spanning the River Wye and the Seven. The walk was just over 8k and we were able to take a break at the Severn View Services half way and enjoy some well-earned tuck! This also counted towards a "Hikes"

Away" badge as well as being able to say we had done our scouting in two different countries on the same night!

The scouts also spent an evening learning the ancient skill of archery, as the Group has its own equipment and two qualified instructors in our GSL Paul and Marcus, who runs the School Scouts. These two have over 60 years' service to Scouting between them and over 40 years' experience of teaching archery, so the scouts were in good hands. Paul and Marcus also attended the St Michaels' Primary School Fayre and were able to give pupils and parents and even teachers a go!

Marcus is also tower captain of the bells at Almondsbury Church and the scouts spent an evening in the ringing chamber and the belfry, learning all about bell-ringing and even having a go themselves. They negotiated the steep ladder to see the bells themselves and were impressed at the size and loudness of these medieval artefacts. Hopefully this will inspire a new generation of ringers!







Visit us at the **Wolfridge Alpaca Barn** just off the A38 in Alveston, BS35 3QU. We offer free parking and free entry to our lovely café. We serve barista coffee, delicious homemade cakes, a range of breakfast and lunch options and try and cater for all dietary requirements.

We also offer Alpaca Experiences and fun Craft Workshops for all ages! These are bookable in advance on our website and can be combined to create unique parties and group bookings. Follow us at facebook.com/WolfridgeAlpaca.

We are open Tuesdays - Saturdays 9.30am to 5pm and Sundays from 10am to 4pm. We are closed on Mondays.

W: www.wolfridgealpaca.co.uk E: info@wolfridgealpaca.co.uk T: 07443 894859





www.fertilitybristol.com

BCRM Bristol's longest running fertility clinic, provides expert advanced fertility assessment, treatment and advice.

Email: Contact@BCRM.clinic or Phone: 0117 259 1159 to book a consultation appointment or to register for a free of charge open evening at our new purpose built state-of-the-art centre at 135 Aztec West , BS32 4UB



Baby Joy for Lizzie and Emma

When Lizzi and Emma Watkins wed in February 2020 after living together for two years, they had already decided they wanted a baby and taken the first steps towards achieving their dream.

The recent arrival of their daughter Margo on 14 May, has inspired them to share their story because, according to Emma: "there is a need to spread awareness that people of our sexuality can have a family, and with the end result we're celebrating it's honestly all so worth it: just the best thing ever."

Emma said she had not necessarily envisaged being a parent, but Lizzi always had, and their fertility journey began in January 2020 with one of the free consultations which are routinely offered during Open Evenings at Bristol Centre for Reproductive Medicine (BCRM), where Lizzi's aunt Corinna Gibbons happens to work as manager of the embryology laboratory.

"The open evening was very informative, providing us with everything we needed to know about the investigations and treatment available, plus pricing plans and details about procedures. And everyone was so welcoming, with a really nice atmosphere – just lovely really," said Emma.

Initially the pair had hoped that Lizzi, 33, a para planner for a firm of financial advisors, would carry an embryo created using one of Emma's eggs, but investigations revealed that Emma's ovarian reserve was low, so they opted instead for Lizzi to try intrauterine insemination (IUI) - a fertility treatment that involves directly inserting sperm into a woman's womb

"We had two unsuccessful goes with IUI – it doesn't work for everyone – and then decided to go for a two-cycle package of IVF treatment," said Emma, 37, who is a business sales and marketing manager.

"Lizzi had 10 eggs removed which resulted in six embryos being created, of which four were considered suitable for freezing and using.

"Sadly, the first cycle ended in a miscarriage at six weeks, but one month later Lizzi was pregnant with Margo, and we were thrilled.

"Our baby was delivered nearly four weeks early because Lizzi developed pre-eclampsia, which



"We are loving being mums, and since we

have two more frozen embryos, we are hoping to produce a little brother or sister for Margo in due course.

"To any other same-sex couples currently considering their options regarding starting a family, we would say: do your research and choose a fertility clinic which clearly demonstrates a commitment to helping families like ours and has a good track record.

"There are many problems in today's world, but 20 years ago what we've just done would not have been possible for a same-sex couple, so we're feeling very grateful to be living in 2022 and to be able to become a family in the way we've done."

BCRM treats heterosexual couples, same sex couples and single women, and can help with male as well as female fertility issues. The clinic has some of the best success rates in the country for IVF and the team is well-known throughout the fertility industry for the dedicated care and support they provide to patients throughout their whole fertility journey and treatment.

Further details are available by emailing Contact@ BCRM.clinic , call 0117 259 1159 or see www. fertilitybristol.com





Summer Reading Challenge 2022



Presented by The Reading Agency.

Delivered in partnership with libraries.





Calling young scientists! Fizz Pop needs Gadgeteers!

Discover the science around you and create your own crazy gadgets

Monday 15th August

10:30 - 11:30am

Makes Roll up, roll up!

Summer Fair

Make your side show games

Thursday 18th August

10:30 - 11:30am

Junk Box Challenge

Get creative and let your imagination run wild!

What will you make?

Friday 26th August

10:30 - 11:30am

Space Gadgeteers

Be a space explorer

Make a rocket and see what you can discover

Tuesday 2nd August

10:30 - 11:30am

Places are limited for all activities, book your free tickets at sglibraries.eventbrite.com to come along

Available from 1 July, for primary school aged children

email sales@mattersmagazines.co.uk or call 01454 300900 to advertise your business with us



summerreadingchallenge.org.uk www.southglos.gov.uk/summerreadingchallenge



Visit the library and become a Gadgeteer with the Summer Reading Challenge 2022 it's FUN and FREE!

All children aged 4 – 11 are invited to take part! Children read books over the summer holiday and collect stickers (including some stinky ones!) to complete their special Gadgeteers poster and get a medal and certificate.

Join Gadgeteers, Summer Reading Challenge 2022 at a South Gloucestershire library now and finish by Saturday 10 September and pick up your FREE bag of Gadgeteer Goodies* and see the difference the Summer Reading Challenge makes to your child's reading!

Children love taking part and there are lots of awesome FREE activities: Fizz Pop Science workshops and Gadgeteer themed crafts and Lego clubs (see opposite).

Find out more at www.southglos.gov.uk/ summerreadingchallenge or like us on Facebook www.facebook.com/sgloslibraries for the latest updates. * Available whilst stocks last.



Welcome to Mike Harbord Opticians - a family practice in Winterbourne Village.

Friendly, personal service and advice.

Full Eye Examinations and Retinal photography.

Qualified Optometrists and Dispensing Opticians.

A wide range of spectacles from NHS to handmade and bespoke frames.

Call today for an appointment

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OPEN DAYS

FOR COHORT 2023



THURSDAY 15th SEPTEMBER 2022

www.winterbourneacademy.org.uk



THURSDAY 22nd SEPTEMBER 2022

www.abbeywoodschool.com



TUESDAY 27th SEPTEMBER 2022

www.patchwaycs.org.uk



THURSDAY 29th SEPTEMBER 2022

www.bradleystokecs.org.uk

Further details will follow regarding timings and booking information on the Olympus Academy website and also on individual school websites



www.olympustrust.co.uk | 01454 252013 admin_olympustrust.co.uk | Follow us: 🗸 polympustrust



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Are you keen and motivated to help in the welfare of hedgehogs in care?

Are you over 18 and able to get yourself to the rescue in Chipping Sodbury?

Can you spare a couple of hours or more a week for a morning shift between 9-12?

Are you a hard worker and able to clean cages at a high standard (this is the main responsibility)?

an you help support the rescue in all weather conditions?

We currently have around 10 volunteers but..... We need more hands at the rescue to grow our lovely team.

We provide an excellent opportunity to spend time with wild hedgehogs, getting

to know them and their quirks.... the happy one, the grumpy one, the one who will sit and watch you! In turn, this can really help your mental health and wellbeing as you aid in the welfare of hedgehog care!

Please contact us through our website email to express interest. We will then contact as appropriate. www.hedgehogrescuechippingsodbury.co.uk

Stokes Singers Choir performed a selection of Jubilee themed songs at Stoke Gifford Fete

We also included 'Lazy Hazy Crazy Days of Summer' and our own rendition of 'Bring me Sunshine' in an effort to encourage the sun to stay out but to no avail. The rain had other ideas. But this didn't dampen spirits and we thoroughly enjoyed the afternoon!

Stokes Singers are a mixed community fun choir who meet every Thursday evening. Singing together boosts your mood and leaves you feeling energised and connected.



If you want to try something new come and join us. You don't need any previous experience or confidence with singing. There are no auditions and you don't need to read music.

We are a friendly mixed choir singing a wide range of music. We rehearse in Bradley Stoke on Thursdays during term time, 7.30-9.30 pm.

For further details, please email the.stokes.singers@gmail.com or call 07716 353182.

Find out more at www.facebook.com/StokesSingers. Come and give us a try!



Can you spare a couple of hours a week to help us?

We are looking for two new volunteers!



Events at Winterbourne Medieval Barn

The Natural World

Evening Bat Walk – Wednesday 24th August, 7.30pm-9.30pm

Join naturalist Ed Drewitt for a bat walk around the nature reserve (1.5 hours) followed by a drink and nibbles at the Barn. Booking essential. Suitable for adults and children aged 12+.

Hedgehogs in our environment – Tuesday 30th August, 5.30pm–7pm



Yvonne Cox from Yate Hedgehog Rescue explains how we can make our outdoor spaces hedgehog friendly, and

what to do if you find a hedgehog in distress. She will use many hedgehog props, and may be able to bring a live hedgehog, if any rescued animals are well enough. Suitable for adults and children aged 12+

Heritage Open Days – Saturday / Sunday 10th–11th September, 11am–4pm

These national Open Days celebrate England's fantastic architecture and culture by offering FREE access to properties that are usually closed to the public or charge for admission. This year's theme is Astounding Inventions. St Michael's Church will also be open.

Talk: Local inventor Harry Grindell Matthews – Tuesday 20th September, 7pm

Born in Winterbourne, did Harry Grindell Matthews really invent the world's first mobile phone, a way of projecting



images and messages into the sky, the fuel which propelled Buzz Aldrin to the moon, the forerunner of the microwave oven, and a "death ray"? Or were the claims he made false? Why is our local scientist not a household name? Carole Darling will tell us more about this extraordinary local inventor. The talk will also be livestreamed – book online.

Fused Glass Workshops – Friday 23rd September, 10am or 1pm

Rachael Durkan from The Glass Cabin runs 2 hour workshops where you can make a Bristol balloon, a beach huts panel, or your own freestyle fused glass hanging. Booking essential.

Leonie Evans & Friends – Wednesday 28th September, 7.30pm

Blues/jazz, singer/songwriter Leonie Evans hosts an evening of intimate music in the unique setting of the Medieval Barn. Tickets £10. Bar open from 7pm. Free parking on site.

Tai Chi every Wednesday morning, 10.30am or 11.45am

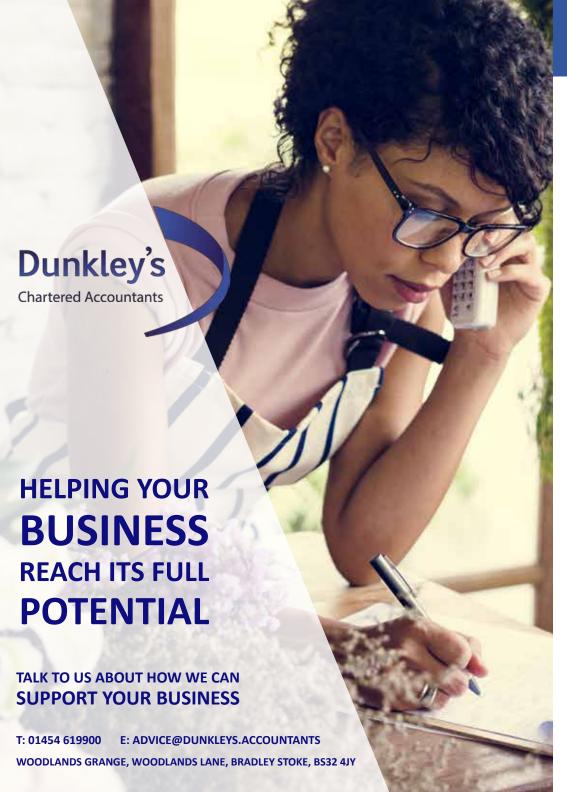
Half an hour's gentle exercise with a qualified instructor, plus time to socialise and chat over a cuppa afterwards. Suitable for all ages – and also men! The exercises can be done sitting down if you prefer. The Barn has no steps and is fully accessible. Full information and booking details are on the website or ring 0117 403 1536.

Volunteering at the Barn — Volunteers help out at events, or can be involved on a more regular basis with maintenance, gardening, admin or technical jobs. You can give as much or as little time as you would like, share you skills and experience, meet new friends, and perhaps learn new skills. For more information contact the Trust by email contact@winterbournebarn.org.uk or phone 0117 403 1536 (office manned part time).

www.winterbournebarn.org.uk Facebook @winterbournemedievalbarn

Winterbourne Medieval Barn Church Lane, Winterbourne, BS36 1SE





Nick Howell of AMD Solicitors discusses how our commercial litigation team can help

We encourage our clients to make an early offer to settle. An early offer can help you minimise the costs involved with progressing your claim. Making the offer a 'Part 36 offer' puts further pressure on your opponent to settle, as the cost consequences can be significant.

What is a Part 36 offer?

Part 36 is a provision of the Civil Procedure Rules that is aimed to encourage parties to settle their claims and to penalise parties that do not accept an offer that they do not beat at trial.

Offers can be made by both parties, and will be deemed either a claimant's offer or a defendant's offer.

Requirements of a Part 36 offer:

- The offer must be in writing;
- It must be clear that it is pursuant to Part 36;
- It must specify a period of not less than 21 days (which is known as 'the relevant period') within which the offer can be accepted;
- It must also state that the defendant will be liable for the claimant's costs if accepted;
- It must state whether it applies to whole or part of the claim;
- It must state whether it takes into account any counterclaim.

What happens if the offer is accepted?

If the offer is accepted, the claim is stayed. The defendant will have to pay the sum within the offer and the claimant's legal costs. The legal costs will be assessed (by a court) if they cannot be agreed between the parties.

What happens if the offer is rejected?

If the offer is rejected, and the matter proceeds to trial, the judge will not be aware of the offers until after the claim has been decided. Once the claim has been decided the judge will then consider the costs. If the judgment is equal to or better than the offer, the judge will penalise the person that has rejected this offer.

Example: at the hearing, the judge awards the claimant a sum of £35,000.00.

Scenario 1: the claimant made a part 36 offer of £30,000.00. As the

claimant has done better than their offer, the defendant will be penalised with the following cost consequences:

- Interest on the judgment at 10% above base rate from the date on which the relevant period expired:
- Costs on the 'indemnity basis' from the date that the relevant period expired. This means that the court would only deduct any costs it considered unreasonable (whereas on the 'standard basis' would also deduct any costs it considered disproportionate);
- Interest on those costs at 10% above base rate:
- An additional sum of 10% of the amount awarded (up to a maximum of £50,000) and 5% of any amounts awarded above £500,000 (up to a maximum total of £75,000).

Scenario 2: the defendant made a part 36 offer of £40,000.00. As the defendant has done better than their offer, the claimant will be penalised with the cost consequences below:

- Costs on the 'indemnity basis;
- Interest on those costs at 10% above base rate.

If you need advice on anything in this article or any other commercial litigation enquiries then please contact Nick on 0117 9621205 or by email on info@amdsolicitors.com AMD have offices at Henleaze, Clifton and Shirehampton.



Telephone us on (0117) 962 1205 or visit our website www.amdsolicitors.com



PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

WALK FOR PARKINSON'S



Taking strides to find a cure! Join Walk for Parkinson's Bristol, Ashton Court and help raise vital funds for Parkinson's UK

Taking strides to find a cure! Join Walk for Parkinson's Bristol, Ashton Court and help raise vital funds for Parkinson's UK

People in Bristol are invited to take part in Parkinson's UK's Walk for Parkinson's at Ashton Court on Sunday 18 September to help fund vital support for people affected by the condition.

Walkers had the choice of a 1 or 5mile walking route around the beautiful country park and mansion.

Among those taking part in the day is the Shearing family who have taken part in the Walk for Parkinson's for the past few years. The Shearing's all come together and take on the challenge on behalf of their mum Lorraine, who was diagnosed with Parkinson's 19 years ago, aged 39. Last year they raised a fantastic £1,420.

Daniel Hanley-Shearing said: "Parkinson's has affected our family's lives and seeing our mum, wife and friend living with this horrendous condition has made us realise how much charities like Parkinson's UK are doing for people in the same situation. This is why we are once again walking for Parkinson's and raising funds for this massively important charity."

Melissa Rankin, Regional Fundraiser for the South West at Parkinson's UK, said: "We are really looking forward to seeing everyone this year at Ashton Court. The day is always such fun filled with so many inspirational people and beautiful autumnal weather.



Last year there was

so much we couldn't do, and living in lockdown was difficult and lonely for many of us. For many people with Parkinson's, their symptoms got worse. This year, we need each other more than ever. Walk for Parkinson's was a chance to get outside, connect with the Parkinson's community and make a difference.

I hope to see lots of you there!"

Sign up here - events.parkinsons.org.uk/event/walk-parkinsons-bristol





Tributes for Volunteers

Shopmobility South Gloucestershire paid tribute to two of its long term volunteers. Former Trustee and Chairman of Shopmobility SG Martin Monk retired from the organisaion earlier this year, having served for almost twenty years. The organisation made a presentation to Martin to mark his retirement and to say thank you for his great service, presenting him with a special "Thank You" rose at a presentation at the Shopmobility offices based in Yate Library.

Janet Biggin, the current Chair of Shopmobility South Gloucestershire, recognising the extensive work Martin has done in the community remarked - "I know Martin was a great member for Shopmobility and did so much in and for the community, and he received a civic award from the Council a few years ago for his great service to the community as a whole and in particular Shopmobility."

Martin Monk said - "I would like to thank all the team at Shopmobility, who over the years, have made it so enjoyable, in my many roles, to work at this charity. I am glad to leave it the capable hands of the Chair and trustees, knowing they will keep up the good work."

Founding Trustee David Bell, who worked with Martin throughout his time at Shopmobility added "Martin was an excellent Trustee and helped to ensure Shopmobility South Gloucestershire's future."

Shopmobility were very sorry to hear that former volunteer James Wilshire, who worked in the Shopmobility office for nearly 10 years, recently passed away. James's volunteering greatly helped Shopmobility South Glos., and for this he too won the South Glos Council Chair's award for volunteering.

Paying tribute to James the Shopmobility Project Manager Sheridan Crew said: -

"It was with great sadness to hear of James" sudden passing away. James was very sociable and well liked, and his sudden death has came as a complete surprise to those who knew him. James was a valued member of the Shopmobility team until he retired last year, having supported us for nearly 10 years. He would often be seen on his mobility scooter within the shopping centre."

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Shopmobility South Glos is based within Yate Library in Yate Shopping centre. t provides mobility scooter and wheelchair hire on a daily and longer term basis to help people retain independence and to use the facilities of the centre and to access other services too. The service helps users from all over South Gloucestershire and beyond!! It was set up after the efforts of the late Keith Holloway from Thornbury.

It's opening hours are Tuesdays and Fridays -9.30 am to 4.00pm and Thursdays 9.30-2.00pm.

There is free daily hire with the South Gloucestershire Concessionary Bus pass. If you want to pre book a scooter or wheelchair please ring or email the scheme on 01454 868718 or 07999 574474, or email shopmobilitysouthglos@yahoo.com Or simply call into our office at the Yate Library complex.

Shopmobility is also looking for more volunteers to help operate and promote the service. Please contact the scheme on the email or phone number above if you are interested.



News from the Royal British Legion, Stoke Gifford Branch

The Stoke Gifford Branch of the Royal British Legion is celebrating a great Poppy Appeal having raised around £44,000.

The Branch is very grateful to the very generous members of the public, local venues and other organizations who support the Poppy Appeal, and of course the local media

who help raise awareness of the Poppy Appeal and the work of the Royal British Legion.

All money raised by the Poppy Appeal goes to the RBL Welfare Fund, which provides help, support and guidance for current and ex members of the armed forces and their dependents.

If you or someone you know needs help from the Royal British Legion please contact the National helpline - 0808 802 8080.

The Stoke Gifford Branch, which covers Bradley Stoke, Filton, Little Stoke and Stoke Gifford is now preparing for the new Poppy Appeal year starting in October. The poppy fortnight will be the two weeks up to Remembrance Sunday.

On Sunday 10th July, David Bell received his 20 year service badge and certificate at a Poppy

meeting held at Aston Gate. David has been a regular contributo our local Matters magazines both for the RBL and for the local community woodlands where he also volulnteers. congratulations to David on this latest acknowledge of his voluntary service.



The Stoke Gifford branch urgently needs volunteers to help with the Poppy Appeal, including people to help with collecting at various venues in the Branch area.

If you are interested in volunteering or joining our Branch please contact the branch at -

rblstokegifford@gmail.com OR ring Tony Peters on 01179 470 775

Please follow and share the branch Facebook page Royal British Legion: **Stoke Gifford Branch**









Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

organisations that regularly meet across the Five Stokes area, along with Church and School information. If your details have changed, please let us know at

community@mattersmagazines.co.uk and we will update it +for you!

On these pages we have tried to collate many of the non-profit making groups, clubs and

BABY AND TODDLER GROUPS

Beehive Baby and Toddler Group, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

Busy Bees Toddler Group Bradley Stoke Evangelical Church Tuesdays from 10 till 11.30 during school term time phone 0117 931 4716

First Steps Toddler Group - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

Little Hedgehogs (0-5's) - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol, 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

Trinity Tots - Mondays 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

LOCAL CLUBS AND ORGANISATIONS

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Whetafield Primary School. Please have a look on our website for further information for both young people and adult volunteers at www.bradley-stoke-scouts.org.uk/join

1st Little Stoke Scouts - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. To enquire about your child joining or to volunteer call Tony Edmonds (Group Scout Leader) 07957880503, or email tonyedmonds108@yahoo.com

Bradley Stoke Community Singers - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

Bradley Stoke Lions meet every 2nd Monday in the Willowbrook Centre, 1st floor conference room at 7.30 pm Ailsa Young, 07737 106836 ambyoung29@yahoo.com

Bradley Stoke Radio - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio. org.uk

Bradley Stoke Rotary Club Meets on the 1st and 3rd Wednesday of the month at the Doubletree Hilton hotel in Bradley Stoke. Contact Secretary Karen on 07540 458119

Bradley Stoke Sew and So's - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos. weebly.com

Gifted drama group Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

Girl Guides, Brownies & Rainbows - admingirlguidingbsg.org. uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. Not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

Little Stoke Ladies Club - meets the 1st & 3rd Tuesdays 7.30pm at Little Stoke Baptist Church, Kingsway. T: Julie 0117 931 5007

Severnside Ramblers - 'Friday Ambles' start in the Aldi car park on alternate Fridays at 10am. Weekend & evening walks -start in the Aztec West blue zone car park. Check site for details.www.severnside-ramblers.org.uk

Silverwinds Flute Choir - meet once a month on a Thursday evening 19:00 - 21:00 at Christ the King Church. For more details please visit www.silverwindsflutechoir.co.uk or email silverwinds@michellekrawiec.co.uk.

Stokes Phoenix Club - meets 1st Tuesday of the month, 10am-12noon at Little Stoke Community Hall, Little Stoke Lane. Contact Rosemary Davis 01454 614474

Stokes Singers - A friendly mixed choir singing a wide range of music. No auditions. We rehearse in Bradley Stoke on Thursdays during term time, 7.30-9.30 pm. Email the.stokes. singers@gmail.com, call 07716 353182 or find us on fb www.facebook.com/StokesSingers.

Stoke Gifford Royal British Legion Looking for members and volunteers. We meet 3rd Mon of each month 7:30pm Little Stoke Park Hall. Contact Ray: sgbinfo@gmail.com See us on Facebook . or htp://www.britishlegion.org

Willowbrook Townswomen's Guild - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Ros Gallear - rosalindg@tiscali.co.uk

Winterbourne Wind Band- Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Janet 07845 744351.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30.pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 0117 9793409

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

Young At Heart Club meets at the Christ the King Church, Bradley Stoke every 2nd and 4th Thursday of the month from 2pm - 4pm. Set up 20 years ago and aimed at people over the age of 50 who would like to make new friends, enjoy games, speakers, outings.

SPORTS CLUBS

Almondsbury and Bradley Stoke Tennis Club - Opportunities for all levels, inc pay and play lessons for all on Saturday mornings, no booking needed. almondsburytennis.org.uk

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.aretiansrfc.co.uk

Black and Blues Netball - Non-League Social Netball Wednesdays 7.30-9pm BSCS, contact: blackandblues_netball@outlook.com.

Bradley Stoke Bowls Club - Baileys Court Activity Centre www.bradleystokebowls.com.

Bradley Stoke Cricket Club - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at bradleystokecc.play-cricket.com

Bradley Stoke Jiu Jitsu Club - Chris Harris, maru.jiujitsu@ gmail.com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - The Jubilee Centre. Every Wednesday U12's 4.30pm-5.30pm, U14 and U16's 5.30pm-7.00pm. Please email bsncjuniors@yahoo.co.uk

Bradley Stoke Judo - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

Bradley Stoke Squash Club - For adults, Juniors and Children Welcoming new players from beginners to advanced. Club night Sunday nights for all From 6pm. Children's coaching on Sat Mornings. Contact Mark Stone for details 07786 911580

Bradley Stoke Town Football Club - FA Charter Standard Community Club, Adult training, Tuesdays at Patchway Sports Centre. For more info visit www.bstfc.co.uk or contact bstfc2005@gmail.com

Bradley Stoke United Football Club - Football from U7's to U16's see website bsufc.co.uk

Bradley Stoke Youth FC (BSYFC) – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@btopenworld.com

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

Bristol Extreme Allstar Cheerleaders - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

North Bristol Rugby Club, Rugby teams from 4+ www. pitchero.com/clubs/northbristoljuniorsrfc/ .

North Bristol Running Group friendly group, 3 evenings per week, Tues, Weds, Thurs, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. Alan 0789 0182387. Find us on FB.

North Bristol Triathlon Club: Swim, Bike and Run sessions throughout the week around North Bristol/South Gloucestershire. Suitable for all levels. Find us on Facebook or email membership@northbristoltri.co.uk.

Sole Sisters - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrc.co.uk

South Glos Hockey Club Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. http://www.sghc.org.uk, Facebook - South Gloucestershire Hockey Club

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www. stokescyclingclub.org.uk stokescyclingclub@googlemail.com

Stoke Gifford Cricket Club – We 2 Saturday league teams, occasional Sunday friendlies and club days. All ages and

abilities welcome at a real community club. Winter nets start spring 2016. Contact Mark Stephens on 07816962503.

Stoke Gifford Short Mat Bowls Club -Tuesday mornings and Friday afternoons. For more information please contact 0117 9791807 or email sgsmbc@outlook.com.

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website http://www.stokegiffordtennisclub.co.uk

Stoke Lane Athletic Football Club -- FA Charter Standard Community Club, u6 to u16; U18 Colts and two senior men's teams; FA accredited coaches; contact via www.stokelane. co.uk or email Club Sect 'steve' pspayne@blueyonder.co.uk or Club Mobile 07972 039413

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, https://www.facebook.com/stokesstriders

CHURCHES / COFFEE MORNINGS

Amberley Road Baptist / Cafe Church, Patchway, 01454 610808

Bradley Stoke Evangelical Church Baileys Court Road 0117 9314716 www.bsec.org.uk

Christ the King Church Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

City Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgecommunitychurch.org

Edge Church International. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

Holy Family Catholic Church Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

Holy Trinity Church Broadcroft, Bradley Stoke 01454 620975 www.htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 10-12pm All Welcome.

St.Michaels Church, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 10am until 4pm.

Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808

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Baileys Court Primary School, Breaches Gate BStoke, 01454

Bradley Stoke Community School Primary Phase, Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

Bowsland Green Primary School, Ellicks Close BStoke, 01454 866766, bowslandgreen.org.uk

Holy Family R.C. Primary School, Amberley Road Patchway,

Holy Trinity Primary School, Broad Croft BStoke, 01454 866735, www.holytrinitypri.com

Little Stoke Primary School, Little Stoke, 01454 866522, http://www.littlestokeps.co.uk

Meadowbrook Primary School, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

Stoke Lodge Primary School, School Close, Bourton Avenue, Stoke Lodge, Patchway BS34 6DW 01454 866772

St Chad's Patchway C of E Primary School, Cranham Drive, Stoke Lodge, Patchway 01454 866523

St. Mary's R.C. Primary School, Acting Webbs Wood Lane BStoke, 01454 866390,

St Michael's Primary School, Ratcliffe Drive, Stoke Gifford 01454 866781. www.stmichaelssg.co.uk

Wheatfield Primary School, Wheatfield Drive BStoke, 01454

SECONDARY SCHOOLS

Abbeywood Community School, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

Bradley Stoke Community School, Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

Patchway Community College, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com

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Primary School OPEN DAYS 2022 - 2023

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Wednesday 9th November at 9.30am Wednesday 9th November at 10.30am Wednesday 9th November at 1.30pm Wednesday 9th November at 2.30pm Wednesday 16th November at 9.30am 6th December at 2.00pm Tuesday

www.bradleystokecs.org.uk/primary-phase

FILTON HILL

Tuesday 11th October at 9:30am 18th October Tuesday at 2:00pm Tuesday 15th November at 9:30am 15th November at 2:00pm Tuesday Tuesday 15th November at 6:00pm Tuesday 10th January 23 at 9:30am Tuesday 10th January'23 at 2:00pm

www.filtonhillprimary.co.uk

CALLICROFT

Monday	19th	September	at	10.00am
Friday	30th	September	at	10.00am
Tuesday	4th	October	at	2.00pm
Thursday	6th	October	at	6.30pm
Tuesday	8th	November	at	10.00am
Thursday	10th	November	at	2.00pm
Thursday	10th	November	at	6.30pm

www.callicroftprimary.org.uk

MEADOWBROOK

Wednesday	12th	October	at	9.30am
Thursday	3rd	November	at	2.00pm
Saturday	12th	November	at	10.00am
Tuesday	8th	November	at	9.30am
Monday	21st	November	at	2.00pm
Wednesday	30th	November	at	9.30am
		January '23	at	9.30am

www.meadowbrookprimary.co.uk

CHARBOROUGH ROAD

Wednesday	12th	October	at	9.30am
Wednesday	19th	October	at	2.00pm
Tuesday	15th	November	at	09.30am
Wednesday	16th	November	at	6.00pm
Thursday	17th	November	at	2.00pm
Thursday	5th	January '23	at	09.30am

www.charboroughroadprimary.org.uk

STOKE LODGE

Wednesday	12th	October	at	9.30am
Wednesday	12th	October	at	2.00pm
Tuesday	8th	November	at	5.30pm
Wednesday	7th	December	at	9.30am
Wednesday	11th	January '23	at	9.30am
Wednesday	11th	January '23	at	2.00pm

www.stokelodgeschool.co.uk

Further details will follow regarding booking information on the Olympus Academy website and also on individual school websites

















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