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Dear Readers....

Welcome to 2023, the year Bradley Stoke Matters officially reaches adulthood!! 18 years of being 'in the community for the community' - where did that time go?!

January is often a time of reflection for the year just past and what the next has in store. Some aspects of life we have no control over but there is a good deal we can make happen for ourselves. Small, positive changes can make a big difference. We encourage you to look no further than your local community to assist you with this. Whether you are new to the area or have lived here a lifetime, why not take the opportunity this year, to join or visit one of the many local groups for company, to share skills or to make friends. Volunteering is also a fantastic way to both support a cause and to improve your wellbeing, there are many local organisations that would welcome you, see p16-17 and p23 for starters. If you are a carer there is a new (and free) initiative starting up locally in January - Walks & Talks, see p15. Little Stoke Baptist is offering a 3 week course on 'Hope Explored', see overleaf for more information.

With temperatures not going above freezing as I write this, several of our churches and community centres across the Stokes are opening their doors as Warm Space this winter (p6-8). Please don't stay at home alone and cold, do use them and enjoy warmth and company. We also have many other articles inside our pages - something for everyone. Enjoy the read!

JaCi x

If you are a business looking to promote your services across the Stokes in 2023 do get in touch - deadline for the next edition is 10th February.

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A big Thank You from Stoke Gifford Royal British Legion

Stoke Gifford RBL are proud to announce that the 2022 poppy appeal for our region has collected the amazing amount of £62,898.97.

Despite the current hardship, people have been incredibly generous this year, and will be noticed by all those whom the RBL help. This amazing amount of money will enable the RBL to support veterans, serving personnel and their families all across the country!

We really appreciate the hard working efforts of all the volunteers who manned our Poppy stalls across the local area, giving up some of their free time. Thank you also to all the retail outlets and Parkway Railway Station who supported the appeal once again, allowing us to set up our stalls.

Our Poppy Appeal Organisers need a mention for all their exceptional hard work. Organising and liaising with retail outlets across our area, as well as delivering collecting pots to shops, pubs and clubs. And after the appeal, our team spent numerous days counting all those kindly donated pennies!

As we begin another year, the branch is organising social events for members and we would like to invite anyone who would like to get involved with this great cause and meet new people to contact Billy Wilde, Branch VC on 07874 895 993.

More information on what we do nationally can be found by searching Royal British Legion in your browser or search:- <https://www.britishlegion.org.uk/about-us/who-we-are>

Once again to everyone involved and to everyone who was so generous -

THANK YOU!!!



New Year New Hope

The theme for Christmas at Little Stoke Baptist Church (LSBC) was "Hope is Born". It is a message that doesn't stop there, this new hope is offered right into the New Year.

In January you are invited to take a journey which explores the New Hope that was born.

Hope Explored is a three session event answering questions about the one hope that does not disappoint. It is an introduction to Christianity, a safe space to ask questions or just listen without any pressure to answer questions. There is no hard sell and you are free to hear and then walk away. Follow up will only happen if requested.

The three sessions are: **Hope, Peace & Purpose**. There is both a daytime and evening opportunity to discover more:

- Tuesday evenings at 7pm on 17th, 24th January and 14th February
- Wednesday afternoons at 2pm on 18th, 25th January and 15th February

The course is free but you do need to book. Just register your interest via the website: www.littlestokebaptist.org/hope WhatsApp 07878 255901 or via Facebook @littlestokebaptist



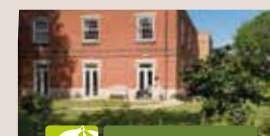
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Local Warm Spaces

With a cost of living and climate crisis, many of us are facing tough decisions. Some of us have moved to working from home following the pandemic and are facing a winter with increased energy bills. Others are facing even harder decisions about whether to heat or eat.

Despite the Government's energy announcement, millions of households will still be in fuel poverty this winter, with people with disabilities, elderly people, children, people from ethnic minorities, and low-income households amongst the most affected groups.

There is an estimated £800 gap between the overall cost-of-living and package for families on means-tested benefits, meaning many will have to look to their local community and churches for support.

- Double the number of households will be in fuel poverty compared to 2020
- 11,400 deaths are caused by cold homes
- 1 in 10 excess Winter deaths are attributable to fuel poverty
- £3.6 million is the estimated cost of fuel poverty to the NHS every day
- More people die from cold homes than they do alcohol, Parkinson's Disease or traffic accidents

Warm Spaces is designed to signpost ANYONE in need of warmth and community, to a warm space to share with others.

Alongside and over the next two pages Warm Spaces across our community are listed. There is somewhere to go locally every day from Monday to Friday.

Don't be alone and don't be cold. You will be made very welcome at any of these venues listed.

Look out for each other.

Keep Warmer Together!

Support in the Cost of Living Crisis

As the cost of living crisis and cold weather begin to bite, the churches of Bradley Stoke are here for you, and want to make you aware of when they are open.

Warm spaces

You may have heard of 'Warm Spaces', places where people can gather for free, that are warm, welcoming and able to signpost to other resources that can help in times of financial need. We are pleased to be able to offer such spaces in our local churches:

Bradley Stoke Evangelical Church (BSEC) will be open **every Monday from 2-4pm.**

You can come and enjoy free refreshments, charge your devices, make use of the internet and find support and guidance to other available sources of help.

Christ the King will be open **every weekday morning from 8am until 12 noon.**

They will be happy to offer a cuppa and a slice of toast!

Regular Activities

In addition, the churches run a number of regular activities, where you would find a warm welcome and further support if needed.

Carer and baby/toddler

Trinity Tots - Mondays (term time), 9:30-11am at Holy Trinity

Busy Bees - Tuesdays, 10-11:30am at BSEC

First Steps - Thursdays, 10-11:30am at Christ the King

Children/Youth Clubs

Trailblazers (ages 5-11), Wednesdays, 6-7pm at Christ the King (parents welcome to stay)

4mation (ages 11-14), Wednesdays, 7:30-8:30pm at Christ the King



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Boing (school years 3-6), Thursdays, 6.15-7.30pm at BSEC

Chill (secondary school age children), Thursdays, 6.15-7.30pm at BSEC

Friday Club (school years 3-8), Fridays 6:30-8pm at Holy Trinity

All ages

Coffee morning (with children's play space), Fridays, 9-11am at Christ the King

Sunday services

You are always welcome to attend our Sunday services!

Bradley Stoke Evangelical Church, 10:30am

Christ the King, 9:30am

City Church, 10am

Holy Trinity, 10:30am

For more information about any of the activities and services, please contact our church offices:

Bradley Stoke Evangelical Church
Baileys Court Road, Bradley Stoke, BS32 8BH
0117 931 4716
www.bsec.org.uk

Christ the King
Mautravers Close, Bradley Stoke, BS32 8EE
0117 931 2304
www.ctkchurch.org.uk

City Church
Bradley Stoke
0117 924 3322
www.citychurch.org.uk/visit/bradley-stoke-site

Holy Trinity
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www.htcbradleystoke.co.uk



Community Warm Spaces Bradley Stoke



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Cherry Room
Tuesday 1130 to 1700



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Whats' Up, Doc?

January is the season for new beginnings, with "eat better" and "drink less" usually topping the New Year's resolutions chart. Luckily, there's plenty of support this month for creating healthier habits...

Get plant powered

If you fancy revving up your life this month, why not go plant-based for January? Last year more than 620,000 people took on the Veganuary challenge, with a whopping 49% saying their energy levels improved and 46% enjoying a welcome mood boost. Veganuary is marking its seventh year with loads of free goodies, including a celebrity vegan cookbook with 25 recipes from the likes of Venus Williams, John Bishop, Joanna Lumley and Anthony Mullally – delicious ideas for irresistible breakfasts, mains and puds. There's also a guide to going vegan on a budget, with most meal ideas under 70p a serving, plus your official Veganuary Starter Kit – packed with tips on how to get started, nutrition facts and great suggestions for eating out in vegan style.

Find out more at veganuary.com/

Take a booze-free cruise into the New Year

Following on from the excesses of the festive period, Dry January comes just at the right time. So what can you expect when you retire your bottle opener for 31 days? Better sleep, lower blood pressure and cholesterol, reduced risk of type 2 diabetes and lower levels of cancer-related proteins in your blood, plus an all-round glow of health for both you and your bank balance – and probably a bit of smug satisfaction, which is never to be sniffed at! Best of all, research shows that six months after taking part in Dry January, over 70% of people who use the Try Dry app are more likely to be drinking more healthily and enjoying better wellbeing too. What's not to like?

Find out more at alcoholchange.org.uk/help-and-support/

Love your liver Did you know...

- The liver is the biggest solid organ in your body, weighing around 1.3kg (2lb 13oz) in women and 1.8kg (3lb 15oz) in men.
- It's your body's detoxifying factory, turning potentially damaging substances into harmless ones.
- Up to a point, your liver can completely repair damage to its tissues and regenerate, Doctor Who style!



- 90% of liver disease is caused by alcohol, excess weight and viral hepatitis – which means 90% of liver disease is entirely preventable.

managing-your-drinking/dry-january

Obviously, if you do Dry January, you'll be giving your liver a real booze-free treat, but there are other easy changes you can make to help it stay fighting fit, including cutting down on sugary snacks, eating at least five portions of fruit and veg a day, cutting back on processed foods and takeaways, and exercising regularly.

Take the British Liver Trust pledge to love your liver this January and take the liver health screener at britishlivertrust.org.uk/love-your-liver-month/

January Health Awareness Events

Love Your Liver Month
Veganuary
Dry January
Walk Your Dog Month
National Obesity Awareness Week, 13th-20th
Cervical Cancer Prevention Week, 17th-23rd
Paget's Awareness Day, 11th
Blue Monday, 17th

About the author: Gill Mullins is a freelance writer and journalist at www.superhappycontent.com

Holistic Courses Home & Away

With local holistic expert – Dawn Clode

Dr of Osteomyology, Lic MET Lic CR

Have you always fancied learning more about holistic healing? Are you keen to try and combat minor aches and pains with natural techniques? Would you like to learn a relaxing healing method that you can share with family and friends?

If you answered yes to any of the above, why not make 2023 the year you do something about it? Local holistic practitioner Dawn Clode runs friendly courses both in North Bristol and her holiday home in France.

Dawn understands how many of us would prefer to try natural, holistic practices to sooth discomfort such as stomach or head aches and learn how to calm stress, anxiety and improve sleep.

Dawn offers Holistic Learning Courses in – Acupuncture, Aromatherapy, Homeopathy, Massage, Mindfulness, Reflexology and all levels of Reiki.

From spring 2023, Dawn is delighted to be offering **Holistic Learning Holidays**. Take a trip to her rustic holiday home in the beautiful village of Suris, in the East Charente, a ten minute drive from stunning lakes, beaches and the Vienne river. As well as being an idyllic spot in which to learn a holistic practice, if you like water sports, fishing, walking and cycling, this historic town is the perfect retreat. A learning holiday would incorporate 3 days of learning and 3 days of free time to relax and explore.

For further info, Call: 0795 1099 491 | Visit: www.life-and-soul-empowerment.co.uk



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Submit your CV and a covering letter to: sales@mattersmagazines.co.uk
www.mattersmagazines.co.uk – 17 years in the community

Lasting Powers of Attorney – The appointment of attorneys

A Lasting Power of Attorney (LPA) is a legal form that gives authority to those appointed as Attorneys to make decisions on behalf of the donor (the person who has created the LPA). There are separate LPAs for Property and Financial Affairs and for Health and Welfare.

Attorneys appointed under an LPA are able to make decisions that the donor could make if they still had the ability to do so themselves. You can therefore appreciate the power that these documents have and the importance of appointing an attorney or attorneys who you trust to look after your best interests.

Some people think that the decision over who to appoint to is a simple one. Perhaps they have a spouse who they trust to look after their best interests and they know would be willing to make decisions for them, a child or children who are financially knowledgeable and manage their own finances well, or siblings who they think would get along and act well together. However, there is more to the consideration of who to appoint than meets the eye. For example:-

1. Sole attorneys – If a solely appointed attorney is unable to act (perhaps they have died before the donor or lost capacity themselves), their appointment would fail and the donor would be left with no attorney to make decisions and the LPA will be invalid. You should then consider someone else who could act alongside your attorney or, who could step in as a replacement.
2. Multiple attorneys: how should they make decisions - You can appoint attorneys to make decisions jointly and severally (they can make decisions either together or separately, jointly (they must make decisions together), or they can make some decisions jointly and separately, and some jointly. Each option requires very careful consideration. For example, appointing attorneys to make decisions



jointly could mean that if one of them dies before you, the remaining attorney cannot make those decisions that they had to make jointly with the other attorney.

3. Bankruptcy or Debt Relief Orders – An attorney cannot be appointed if they are currently bankrupt or an undischarged bankrupt or are subject to a debt relief order. If this happens after they are appointed, they can no longer act. If an attorney has previously been bankrupt etc, are they a suitable choice of attorney?

These are just some of the issues to consider when thinking of who to appoint as your attorney and it is best to seek professional advice to ensure the best possible decision is made.

For further advice on Lasting Powers of Attorney, the administration of estates, and Wills and other private client matters, contact AMD's Private Client Department at 100 Henleaze Road, Bristol BS9 4JZ or on 0117 962 1205, email info@amdsolicitors.com or visit our website www.amdsolicitors.com

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Trinity Ritz

Trinity Ritz is a monthly afternoon tea for those over 50 held in the Holy Trinity Church rooms.

The Trinity Ritz Christmas gathering took place on Monday 5th December, when they were delighted to also welcome the children from Year 3 of Holy Trinity Primary School to come in and sing carols.

Thanks to our amazing team of helpers, some of whom were wearing rather snazzy Christmas jumpers!

If you think you'd be interested in joining us for Trinity Ritz (usually on the first Monday of the month), drop us an email at htc@bradleystokeparish.org.uk or call the church office on 01454 620975 and we'll forward your details on to a member of the team.



Did you know that Holy Trinity Church has a pastoral fund?

We are able to give out small grants to those who are struggling financially. This is usually to cover costs related to groceries, energy bills, urgent clothing needs or significant unexpected bills and is open to the wider community, not just church members.

If you're struggling and would like to know more, you can enquire in complete confidence by emailing Rich, our vicar -

vicar@bradleystokeparish.org.uk



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New Year, New Walk and Talks in Bristol and South Gloucestershire with the Carers Support Centre

Carers Support Centre for Bristol and South Gloucestershire is happy to announce new Walk and Talks for unpaid carers and the people they care for. Walk and Talks are popular, easy walks around local green areas launched last September centre by the Fishponds based charity.

On a Walk and Talk carers get a chance to enjoy a break from their caring responsibilities by being outdoors in the company of other carers.

One of the charity's friendly support workers leads the walk, offering a listening ear and providing information to support walkers in their caring role. The overall aim of Walk and Talk is to improve the health and wellbeing of carers and those they care for.

The groups take place once a week over six weeks, and there are a mixture of groups:

- for carers on their own
- for carers and those they care for
- age-specific, for example, young adult carers

It is free to take part and all carers are welcome, the Carers Support Centre aim is to make the walks as inclusive as possible. So, whatever your background, whatever your walking ability, Carers Support Centre want you to come and join them and your fellow carers on a Walk and Talk.

The new Walk and Talks are scheduled to take place in the new year in Bradley Stoke, Horfield and Winterbourne, with more planned for later in the year.

For more information about Walk and Talk and to take part, contact Stacey Vallis on **0117 939 2562 / 07742 291073**, or email her at walk@carerssupportcentre.org.uk

<https://www.carerssupportcentre.org.uk/our-services/welcome-to-walk-and-talk/>



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1 February 2023	28 February 2023	16 March 2023
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22 February 2023	14 March 2023	30 March 2023

Street Life ...

A streetside ministry to feed and clothe the homeless and vulnerable on the streets of inner Bristol

Bradley Stoke & Little Stoke Gifford Matters is pleased to have supported and publicised the remarkable group that is Street Life over the many years it has been running. Led by Stokes resident Richard Townsend, within the City Church and aided by a number of wonderful volunteers across the Stokes from both within and outside of the church, Street Life provides food and clothing for the homeless of Bristol every Saturday evening throughout the year.

It being a while since we have given coverage to Street Life, the current cold spell (as we go to print on this edition mid-December) particularly brings those less fortunate than ourselves to the fore front of our minds. I have spoken a lot about local Warm Spaces in this edition, and encouraging residents to take advantage of these rather than being cold and on your own at home, but can you imagine not having a roof over your head *at all* in these conditions?

The work that Richard and all the amazing volunteers do week in, week out to help the homeless is fantastic, but more help is always appreciated.

On a Saturday evening at the end of November, a group from the 1st Bradley Stoke Scouts accompanied the Street Life volunteers and helped to distribute food and clothing to the homeless. This was an opportunity for the young people to see first-hand the impact of homelessness and to help make a difference. The Scouts were a credit to the Group, with many of them helping to serve the meals or having talks with the Street Life leaders to learn more about the issues that those on the streets face. They showed great maturity, understanding and empathy.



For Christmas the Scout Group collected small packets of wet wipes, pocket tissues and chocolate oranges that could easily be parcelled up as gifts to be delivered to the homeless by the Street Life volunteers.

Richard from Street Life visited the Scout Group in early December to collect the donations personally, which were then used to create Christmas boxes for the homeless. Thank you to everyone who supported this.

Whilst visiting, Richard was pleased to hand out the Community Impact Badge to some of the Scouts who were helping on the Street over the previous weeks.



Can You Help?

Donations always needed for the guests at Street Life:

Toiletries: shower gel, shampoo, soap, tooth brushes, deodorants (male and female), twin bladed razors, shaving gel, sanitary pads and wet wipes. We do not need tooth paste.

Clothing: we need men's warm winter clothing, shoes, underwear and socks. We do not need any women's clothing.

We operate every Saturday.

Street Life is made up from a team of volunteers across the Stokes from all walks of life, you don't have to be involved with the church to get involved with Street Life. It is run and organised by City Church.

For more information, to get involved or to drop off donations please contact:

Streetlife@citychurch.org.uk



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135 Aztec West , BS32 4UB



Nursery is such an important part of a child's well-being offering so many benefits, such as helping to build vital social skills, giving them a routine and coming in to see their friends and just have fun!

At Ambourne House we love getting the children in our care out and about whatever the weather (taking relevant precautions of course!). We have our own minibus to transport us to regular forest and beach sessions, and have also introduced inter-generational visits to local care homes, which has included participating in singing and dance sessions with the likes of Jo Jingles.

Seeing how children change in our beautiful outdoor settings is such a wonderful sight and a joy to be a part of. Running free in the open air, feeling the sand beneath their feet encourages their confidence to grow, not to mention their language development. These different environments not only offer the children an opportunity to explore, it gives us the practitioners another insight into their development. To this end we are thrilled to say that we have used the £550 raised at the summer BBQ towards the purchase of a yearly community entrance pass so that the staff and children at Ambourne House can enjoy lots of trips to the brilliant Wildplace, as well as some additional resources for our own garden.

At the start of the autumn term we hosted a Montessori evening for parents and we look forward to hosting other events throughout the year, such as a Mother's day breakfast with scones and jam and for Father's day sausage and bacon sandwiches! We love to include the whole family at our nursery and our recent parent's board games night was a feature in the National Nursery Magazine!

There is certainly never a dull moment at our nursery! If you would like your child to join in the fun, we do have limited spaces available, so please call Lorraine or Roberta to book in a visit.



We truly believe we provide children with the best start in life!



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Please let people know you saw them in Bradley Stoke & Little Stoke Gifford Matters!

Bradley Stoke Library What's On January 2023

Staffed Opening Hours

Monday: 10:00 - 18:00
Tuesday: 10:00 - 18:00
Wednesday: CLOSED
Thursday: 10:00 - 18:00
Friday: 10:00 - 18:00
Saturday: 09:30 - 12:30
Sunday: CLOSED

Regular FREE Children's Drop-in Events (Term Time Only)

Rhyme Time
Mondays 10:45-11:15

Story Time
Fridays 11:00-11:30

Save money and be the ultimate recycler by borrowing books from the library for free!

It costs nothing to join the library just visit during staffed hours with proof of your address.



Lego Club

Friday 13th & 27th January
4-5pm

Limited spaces available

To book your place, pop-in or email your name and phone number to:
bradleystoke.library@southglos.gov.uk



Knit, Stitch and Natter Thursdays at 10am

Join our friendly weekly textile group.
No need to book – just turn up!

This is a self-led session.

Bring a project to work on, learn from others and catch-up with friends in our warm and welcoming library.

Full details of all our **FREE** children's events can be found here:
<https://www.southglos.gov.uk/leisure-and-culture/libraries/libraries-childrens-services/>

Open Access Hours (Unstaffed)

Use the library when staff aren't there with Open Access. Library members can complete a quick one-off Open Access induction session to register to use Open Access. You can then let yourself in during Open Access hours when staff are not working. During Open Access you can use our free wi-fi and computers, including printing. Access online e-resources; collect reservations, issue, return and renew items and pay charges using the self-service kiosks. Use the library to meet others, read and study. Find out more, including Open Access hours and how to book your one-off Open Access induction at: www.southglos.gov.uk/openaccess



French Rhyme Time

FREE sessions from birth to preschool.

No prior knowledge of French required.

Thursdays 11:00-11:30 - Term Time Only

Voluntarily led by Suzie de Maillard

Find us on Facebook

'French Rhyme Time at Bradley Stoke Library'



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Every Saturday Morning

Our great project guides help your child learn about coding, develop their problem-solving skills and build resilience.

Your child must have a registered place before attending. For more details see:
<https://digilocal.org.uk/digilocal-online/>



All aboard!

Local schoolchildren take special bus trip for learning and fun

Children from Bradley Stoke Community School Primary Phase enjoyed their very own First West of England bus for the morning when they took a mystery round trip to Bristol and back at the start of December. The four and five-year-olds, some of whom had never been on a bus before, had lots of fun singing and learning with their teachers.

Before they set off, First West of England driver Ian Street showed the Reception Class children how to hail the bus by putting their hands out. They then 'bought a ticket from Ian with a chocolate coin, and practised thanking him. Ian explained that travelling by bus is a fun and easy way to get around.

Then it was off into Bristol for a whistle-stop tour, with views of the SS Great Britain and Clifton Suspension Bridge along the way. The children travelled on a green energy bio-methane powered bus. The journey ended with the children ringing the bell for their school stop.

Back at school, each child handed in their coloured-in bus cartoons to Ian. The child who had completed the best colouring-in won a toy First West of England bus. All children were also given a free adult Bristol Day ticket so they can make another journey with their parent or carer in future.

Dhruv, aged 5, said: "I really liked the bus – especially looking out the windows and sitting next to my friend."

Oscar, aged 5 said: "It was really exciting! I liked going under the big bridge the best."

Ian said: "We take buses into local schools to encourage children and their families to use the bus network and to show children how to use buses safely and easily. The children were lovely and very well-behaved – they really got into the spirit of the occasion and we had some great singing of 'Wheels on the Bus'! They especially liked the splendid views from the top deck."

Reception Class teacher Nicola Trafford said: "These children have missed so many everyday activities in their young lives because of pandemic. It's great that, with First West of England's help, we were able to create one of these experiences for them. Our children thoroughly enjoyed their bus trip and the many things they learnt during the morning will really help their understanding of our 'journeys and transport' topic in school. I'd like to say a big thank to Ian and First West of England for taking us out on such a special trip."

Author Visit at Meadowbrook Primary School

On Wednesday 30th November, we were fortunate enough to be visited by Tracey Corderoy, the author of the Shifty McGifty and Slippery Sam book series.

Our year one classes' book of the term is the first book in the series of Shifty and Sam's adventures, so it was an absolute honour to meet the author in person!

Tracey read the book to the children and shared huge images from the text with them, which they adored! They loved the funny voices she put on for each character! She then taught them how to draw the character Sam, step by step and they turned out really well (the children even shocked themselves with their own drawing)!

Lastly, she shared her latest adventure 'Pirates ahoy', where Shifty and Sam meet some naughty pirates, which made the children really laugh out loud! Tracey was kind enough to sign our school copies of her many books, before she left, which was very much appreciated.

Tracey commented on the way out that she had never felt more treated like a celebrity, as she did at Meadowbrook Primary, as she really felt so much love and admiration from the children in bucket loads!

**Laura Walker, Deputy Head
Meadowbrook Primary School**



Toy Donations by the Pupils of Holy Trinity Primary School

Soon after the extremely generous fundraiser for Children in Need held in November, the pupils of Holy Trinity Primary School showed their generosity once again.

This time, the school was collecting toys for an event being run by Southern Brooks Community Partnerships (SBCP) who were planning to run activities bringing people and families together in the lead up to Christmas. Looking for sustainable ways to run such activities using resources they already had, Holy Trinity was pleased to get involved by asking their lovely families for good quality items looking to be rehomed.

The school was overwhelmed to see so many toys, puzzles and games being brought in to school and would like to say a big thank you to all the pupils and families who contributed. Your donations have helped bring some new joy and excitement to other families across the community

Katie Hanning from SBCP told Matters:

"Holy Trinity families stepped in to help provide an amazing amount of toys! Supporting SBCP with these amazing donations has enabled events such as Santa's Grottos and Elf Workshops to take place for free - meaning that these are accessible to everyone, and especially those who may not otherwise be able to afford to take part in these kinds of festivities this year."

SBCP also received support locally in the form of toys and hampers from the company Hoare Lea in Aztec West as well as additional toys from Bradley Stoke Evangelical church.



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SESSION AND CHAT TO KATIE THE
VOLUNTEER CO-ORDINATOR**

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THE MONTH**

**BRADLEY STOKE
LIBRARY
2ND & 4TH TUESDAY OF
THE MONTH**

volunteeringpfs@southernbrooks.org.uk

Paul's Place Grand Ball

Supporting disabled adults to live life to the full

Saturday 11th March 2023

The Village Hotel | Filton

Join us for a night of glamour and fun!

This year's ticket includes a welcome drink, a 3-course meal, live music & comedy, plus the chance to win some fantastic raffle & auction prizes. Tickets can be booked as individuals, small groups or whole tables for £59.95 per person. 7pm - 12:30am.

Joshua Robertson is a brilliant stand-up comedian, actor and writer featured in BBC Three's Amazing Humans series



Scan me for tickets!
Or give us a call on
01454 777 236

More information can be found on our website: www.paulsplace.org.uk/grand-ball-2023



We're looking for event sponsors!

If your business is looking for a new advertising opportunity while supporting a good cause, get in touch by emailing fundraising@paulsplace.org.uk

What's happening at Paul's Place in 2023?

Paul's Place is a charity that enhances life for physically disabled adults. This year the charity has some exciting events and projects on the horizon for their local community to get involved in and even learn something new.



The Grand Ball

This is the charity's biggest fundraising event of the year. Last year, their anniversary ball raised a record amount of over £11,000. The charity hopes to repeat that success by bringing back another night of glamour. The grand ball will be on the 11th March 2023, at the Village Hotel in Filton.

Tickets cost £59.95 per person. This year your ticket includes a welcome drink, 3-course meal and entertainment from brilliant writer and disabled comedian Joshua Robertson, plus you can win fantastic prizes in their raffle and auction, and then dance the night away to live music from Goodnight Lois.

Celebrity Football Match and Music Fundraiser

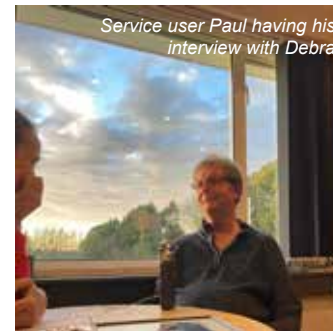
Darren Sims (pictured) is a local musician and all-round brilliant individual hosting charitable events for many causes and individuals. The celebrity football match and music fundraiser is held in aid of Paul's Place and thanks to the charity's patron Louis Carey, him and a team of ex professionals play against members of the public to raise funds.

You can enjoy a day out watching or playing football, enjoying delicious food and taking part in a raffle and auction, as well as music to finish!

This event was originally in November 2022 but was postponed to spring this year. Keep an eye on Paul's Place Facebook page for further information about the new date, or email fundraising@paulsplace.org.uk if you are interested in playing on the football team.



Voices: a project to help raise awareness about disability



Service user Paul having his interview with Debra

The voices project raises awareness of the issues that matter to disabled people. Communications Officer Alex is managing the project, sharing that, "We believe our members (service users) have a voice, something important to say. At Paul's Place, we are all about providing new experiences and giving disabled people the opportunity to try something new, learn new skills and build their confidence. This project will help our members find new ways to express themselves creatively."

The charity is working with freelance journalist, Debra Hearne to interview people about the things that matter to them. She has been working with Paul's Place service users to help them share their passions for things like music or even discuss topics such as "How does the experience differ between being born disabled vs becoming disabled later in life?" Each individual shares their unique perspective.

A member (service user) shares why she is part of the project, "It would help me to know that others are aware of my condition, it will help them understand me better."

They have also been working with a freelance poet. Poetry is a great way to express yourself and for many of the people the charity supports, this is the first time they have had a chance to write their own poetry. "They've learned a lot and Beth the poet has helped them produce a beautiful series of poems which we hope to create a book with in 2023," Alex shares.

"The stories are powerful and hope to educate the public on disability matters, as well as create more understanding about how we can help disabled people feel more included in our society", Alex shares. The poems and interviews will be shared on the Paul's Place website for you to read and listen to, as well as their social media. **Make sure to follow their Facebook page: @paulsplacecharity or email: fundraising@paulsplace.org.uk to find out more.**



Bradley Stoke Lions

The Lions have been busy in December, volunteering at The Brightwell MS Centre's Christmas Fair, collecting at Willowbrook, singing carols with the residents of St Monica's Retirement Village and going out around Bradley Stoke with Santa's Sleigh.

Later in December you may have seen us at Morrisons at Cribbs Causeway collecting for the Great Western Air Ambulance and other local causes.

We are always looking for volunteers to help us man our events, so if you would like to help your local Lions – do get in touch:

Ailsa Young on 07737 106836 or e-mail ambyoung29@yahoo.com.



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Bradley Stoke Ladies FC make a Positive Return to Division Two

The ladies finish the first half of the season 5th out of 10 in the table after 8 fixtures, with the remaining 10 league fixtures to be played in the New Year until the end of April.

Some impressive wins against Red Falcon and AEK Boco Reserves, who were both table toppers at the time of the fixtures, show that the team has real quality and can compete within the division. This is great progress following promotion from division 3 last season when BSLFC were crowned champions.

The club has also welcomed four players from last season's Bradley Stoke Youth U16 girls. It's great to see them make the step up to ladies football and develop their game and also showcases the great connection between the two clubs.

Hollie Shone currently remains the club's top scorer for the second season running. After netting 26 goals last season, she currently has 8 goals in 8 games this season. Fellow midfielder Chloe Brown is only just behind with 7 goals however!

The BSFLC Christmas Party

A big thanks to the DoubleTree by Hilton Bristol North at Aztec West who once again hosted the BSLFC Christmas Party this year, held on Friday 2nd December.

It was a great event enjoyed by all at the club with the usual quality entertainment by manager Martin Lee which consisted of a variety of creative quizzes involving many of the players. Table 2 finished as quiz winners. The night also ended in a team raffle where all players received a hamper with various gifts in; it's definitely Christmas at BSLFC!

January 2023 Fixtures

All home fixtures are played at Bradley Stoke Community School with a 2pm kick off. Any local support is appreciated and goes a long way - we look forward to seeing you at a game soon!

8th January - Longlevens (H)

15th January - Gloucester City Development (H)

22nd January - Downend Flyers Reserves (H)

29th January - City of Gloucester (H)

Stay up to date on our fixtures and results via fulltime: <https://fulltime.thefa.com/index>.

Interested in joining your local FA Charter Standard Community Club? Please get in touch through our website or one of our social media channels for more information.

For more information and regular updates:

<https://www.bradleystokeladiesfc.co.uk/>

<https://www.facebook.com/bradleystokeladiesfc> ;

<https://www.instagram.com/bradleystokeladiesfc/>

<https://twitter.com/BradleyStokeLFC>

And finally, a massive thank you to the Baileys Court Inn for sponsoring our post match hospitality and food once again this season!

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Flash: A Tribute to QUEEN

established in 2001 and bringing together the finest musicians from several Queen Tribute shows to form a 'best of the best' live Tribute to the musical legacy of Freddie Mercury and Queen.

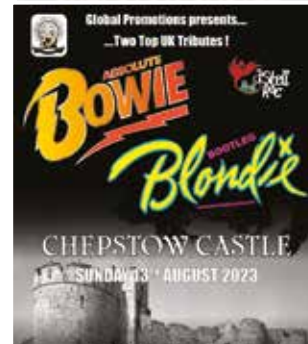
Every member of the group has been creatively and technically inspired by Queen, each using replica equipment, to add that extra sound characteristic and obvious visual treat to the discerning fan. They take great satisfaction and pride in producing a show that is performed in authentic costumes, bringing back all the magic that made every Queen concert so very special.

Queen has amassed a huge back catalogue of hit records and it's been hard work trying to construct a show that captures their creative history in such a small amount of stage time, but we guarantee the show to be a non-stop juke box of the very best of Queen, hit after hit, anthem after anthem, with audience participation at a high from the very start.

Tickets are £22 (includes booking fee)

Tickets: www.castellroc.co.uk

11th February 2023. Doors open 7pm

CASTELL ROC DATES RELEASED FOR 2023

After the fabulous events at Castell Roc 2022, held inside the absolutely beautiful grounds of Chepstow Castle, organiser Carol Mutlow of Hannah's Music is already putting the acts in place for 2023.

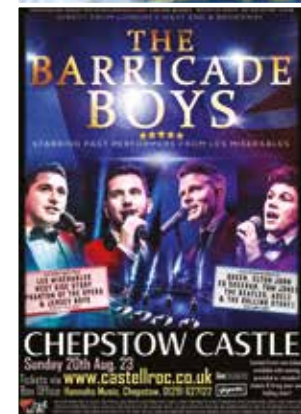
Now in its 12th year, the festival continues to grow, and 2022 was no exception, with Chepstow still buzzing from 13 fantastic sold-out events!

"The problem is" Carol told us, "it makes me wonder how I can top that!! But - I will certainly try!"

Running over the last two weeks of August, there are some fantastic events lined up already, some of whom have never been seen before at Castell Roc! As usual there is hopefully something for everyone, no matter what your music taste. This is what makes Castell Roc stand out from other festivals: the variety of music, plus the absolutely breath-taking venue!

Each week one act will be released until all 13 nights have been revealed. In this New Year edition Matters Magazines is able to bring you the first EIGHT events for Castell Roc 2023. It's already looking amazing!!

For more information and tickets contact - www.castellroc.co.uk



BRADLEY STOKE JUDO CLUB TAKES ON THE 2022 BRITISH CHAMPIONSHIPS.

Find us on Instagram & Facebook @BradleyStokeJudo

After a crazy 2022, it would be tempting to sit back and take it easy to have a merry Christmas. But not for Bradley Stoke Judo Club! A selection of our athletes took on this year's British Pre-cadet (u15) and Cadet (u18s) Championships on the 3rd & 4th December and the British Junior (u21s) and Senior (Over 21s) Championships on the 10th & 11th of December 2022.

At the British u15s and u18s Championships, BSJC had a team of 5 make the trip up to Sheffield along with head coach Nick Brace. The team was Oriol, Luke, Jack, Freddie and Dylan.

Dylan kicked the day off. Dylan fought in 3 fights, losing two and winning one with a beautiful throw. He showed a great display of judo as he performed excellently at a higher weight category as a first-year cadet.

Luke was next to fight; having recently been selected to be part of England's Talent development program, he was determined to show why as he fought in four tough fights, winning three and losing one to earn his place in the Bronze medal fight. In this fight, Luke again showed off his excellent judo ability in a tough scrap but was unlucky to get caught for an ippon. Luke earned a great 5th!

Jack was up next as he had two wins (including one against an opponent he had fought before), and two losses. Jack had earned a fantastic 7th place with three wins in a very tough category.

Oriol has been having the best year in his judo by working incredibly hard with the full-time BSJC Athletes, showing us all that hard work pays off as he had the stand-out performance of the weekend as he fought in a tough under-73kg category, managing to work his way into the final with three excellent wins. Oriol won a brilliant silver medal in only his second year as a cadet, a huge achievement! At just 15 years of age, it is highly unusual for a player to medal so young against much more experienced opponents. All this proves why the British Judo Association named him Britain's number one on the u18 under 73kg ranking list!



The following day Freddie was the sole BSJC Judoka to compete. Struggling with a chest infection, Fred showed his warrior mentality as he battled through three contests, winning 2 of them and taking home the bronze medal. A great Bronze for Freddie, who has been showing his brilliant judo ability this year.

The following weekend BSJC took on the British u21 and 21+ Senior Championships 2022!

The weekend team comprised Jack, Phoebe, Maddie, Millie, Ben, Alex, Tatum, and Amelia. Head coach Nick Brace was again in the coaching chair and was joined by Jason Allen.

The first to fight was Jack, who at age 15, chose to participate in the u21 competition, having fought in the u18s the weekend before. He showed

excellent judo as he fought three fights, winning one and losing two against older and stronger opponents. Jack misses out on a place but can be proud of his 7th the weekend before! Jack dared to push himself and it will only benefit him!

Next up was Ben in a tough under 73 kg category. Ben has had a great 2022 as he won a Bronze medal in Spain and was selected for the u18 European championships for GB but missed out due to injury. Most recently, Ben claimed the Under-18 Welsh championship! Ben showed that even after a shoulder injury, he is a huge threat to any opponent as he fought in four fights, winning two with dominant performances and losing two to higher-seeded opponents. Ben is unlucky to miss out on a place, but he will be back in 2023, stronger than ever, as he turns his attention to European competitions!

Phoebe and Millie were up next, having recently fought at the Romania Junior cup (where Phoebe



took a great 5th place, just missing out on a podium place.) This weekend they were in the under 63kg women category. Millie and Phoebe were on fire as they both dominantly won their first two fights. We had the unfortunate position of having a BSJC Semi-final as Millie and Phoebe faced each other. After a great battle, Millie edged it out! In a tight battle for Bronze, Phoebe was unlucky to pick up three harsh penalties losing the fight, but she earned a terrific 5th place! In the Final, Millie came up against a strong opponent and was unlucky to miss out on gold, nonetheless winning an excellent silver medal along with her black belt!

Next up was Amelia, who was looking to add another championship to her belt as she won the C2 London International title a couple of months ago. She fought in three tough fights, winning one but losing two, meaning she missed out on a place! A tough day for her, but we have no doubt that she will work hard and be back in 2023!



Finally, Maddie was looking to book her place on the podium. Maddie has been doing well this year as she won her Black belt and travelled out to the Romanian u18 cup with BSJC. She was on top form this weekend, having four tough fights, including three wins and one loss to a higher-seeded judoka. She earned her place in the bronze medal fight, where Maddie threw BIG to win the bronze medal!

On the last day, we had the Seniors fighting (18+), where we had Alex, Phoebe and Tatum competing.

First up was Alexander, who looked to see what he could do in a solid under-66 Kg Category. Alex had four fights, winning two and losing two. He missed out on a place but produced some great judo.

Phoebe was back after fighting the day before, showing determination to get her place on the

podium this time. Phoebe had two fights taking one win and one loss working her way into the bronze medal fight where she bounced back to win in an excellent fashion, throwing for Ippon. Her first over 18 medal! Not only did she medal and be awesome all weekend, but she showed great mental strength coming back from narrowly missing out on a podium the day before to fight in a tougher category against much older and experienced opponents to win!

Tatum Keen is one of the GB Superstar judokas this year and winner of the British Female Judo Athlete of the Year. In 2022 alone, she has won three European medals. She was selected with two other BSJC athletes to represent GB at the u21 World and European Championships as well as the u23 European Championship at just age 20!

She was up next as she fought in a strong under 52kg category, beating the 2021 British Champion to earn her place in the final. In a very close and entraining final, she crowned herself a SIX-time British Champion!



As we go to print in mid-December, 2022 is STILL not over for BSJC as Lele Nairne is fighting in the Jerusalem Masters event on the 22nd December; this is where only the top 36 in the WORLD compete!

2023 is already looking exciting as we look forward to seeing how BSJC will achieve even more and have another record-breaking year.

If you would like to be part of that journey, contact us! Facebook and Instagram @BradleyStokeJudo

Bradley Stoke Judo Club is one of the few clubs in the UK and the only club in the south-west that has won National medals in all age groups, plus adaptive judo and International medals in u18, u21 and seniors in Continental and Inter-Continental levels!



A View from Trench Lane

Update from St Mary's Rugby Club

We are Building on our Success and Recruiting More Players

Both our Senior Men and Senior Ladies finished last season on a high.

Our ladies got promoted to the Women's National Championship South West 2. Our men also got promoted to Gloucestershire Counties South 2 and won the Bristol Combination Bowl, defeating Whitehall in a highly entertaining game at the Lockleaze Sports Centre. The Winning team from the Bowl final are shown above celebrating their win.

Senior Recruitment

Both our men's and ladies' sections are actively recruiting new players whether you have experience or not – come and join us on a Tuesday or Thursday at our Trench Lane Ground – Northwood Park, BS36 11RY.

Our ladies' team have a new coach for the season – we have been fortunate to have recruited Rupert Deane, an RFU Level 3 coach (that means Ru is excellent and good enough to be considered for Eddie Jones job!) to spearhead our first season in Champ 2.

Ru is continuing our focus on developing players – we have already provided three players to Bristol Bears Women and one to Bath Ladies – so if you are ambitious, want to play at a high level and see how good you can be, come and join our ladies – 6:45pm Tuesday and Thursday at Northwood Park, Trench Lane.

We can guarantee you game time and a very friendly welcome. Our commitment is all players

will get at least 40 mins of playing time - so if you are fed up standing on the touchline or even not playing as many games as you would like - talk to us about dual registration or joining our team.

The ladies (photo top right) are delighted to show off their new season home kit below in partnership with Sail Homes, sailhomes.co.uk who help families going through Probate to sell inherited properties.

Mini And Junior Recruitment

Our mini and junior teams are also on the lookout for new players.

The minis and juniors train on Sundays at 10am at Trench Lane grounds where we have hot food and drink available for parents. Juniors also train midweek Weds 6.30pm.

All children, as well as getting coaching and game time, are provided with free meals after matches. This is part of our commitment to our local community.



We currently run minis teams from the ages of 7 to 10 and juniors at under 13 and under 14s as well as tots' rugby for 4-6 year olds. We have places available at all the above age groups and would be delighted to welcome you and your children to our family friendly club with excellent facilities including the traditional bar.

Walking Rugby: Our Inclusive & Walking Rugby sessions are on a Monday night at 6.30pm and continue to be popular. We continue to be inclusive with playing ages between 17-70. The format allows cross generational members and families to play together in a competitive, yet light-hearted session with a social post game drink, and a chance to make new friends and bring new members into the club. We play on an all-weather surface and no previous experience of rugby is needed.

History: Our Club will soon be celebrating our 125-year anniversary and our history is an important part of our culture. We were therefore delighted when we were contacted by the family

of Margo Bowditch, a 98-year-old lady whose father and his brothers had played for St Mary's back in the early 1920s. Margot was able to see team photographs of her father William and his brothers George and Frank and was presented with a copy of the club photograph of the 1920-21 team by Jim Cooke, who had restored the picture, and Chair Steve Cooke (photo bottom left).

This was all made possible by the work of our Club historian Alan Rawlings.



Party Time: Finally, a reminder that our fantastic facilities are available for Private Hire. We can host evening, weekend and daytime functions for both families and corporates. We can accommodate up to 180 people and help if required to provide Disco, Food and of course we have free car parking. Venue hire starts from £50-£100 pounds and we still have slots in the diary for 2023.

Please contact our Clubhouse Manager Marie for details: clubhouse@smobrugby.co.uk





Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

BABY AND TODDLER GROUPS

Beehive Baby and Toddler Group, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

Busy Bees Toddler Group Bradley Stoke Evangelical Church Tuesdays from 10 till 11.30 during school term time phone 0117 931 4716

First Steps Toddler Group - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

Little Hedgehogs (0-5's) - Wednesday mornings, 10am-12noon school term time only. Edge Church Bristol, 1160 Park Avenue, Almondsbury, Bristol, BS32 4TF. 01454 837990.

Trinity Tots - Mondays 9:30 - 11:30 during term time. Contact Holy Trinity Church Office on 01454 620975

LOCAL CLUBS AND ORGANISATIONS

1st Bradley Stoke Scouts - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Whetafield Primary School. Please have a look on our website for further information for both young people and adult volunteers at www.bradley-stoke-scouts.org.uk/join

1st Little Stoke Scouts - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. To enquire about your child joining or to volunteer call Tony Edmonds (Group Scout Leader) 07957880503, or email tonyedmonds108@yahoo.com

Bradley Stoke Community Singers - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all info@bscsingers.co.uk or call 07743 333837 / 07599 252176

Bradley Stoke Lions meet every 2nd Monday in the Willowbrook Centre, 1st floor conference room at 7.30 pm Ailsa Young, 07737 106836 ambyoung29@yahoo.com

Bradley Stoke Radio - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 bradleystokeradio.org.uk

Bradley Stoke Rotary Club Meets on the 1st and 3rd Wednesday of the month at the Doubletree Hilton hotel in Bradley Stoke. Contact Secretary Karen on 07540 458119

Bradley Stoke Sew and So's - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, Bradleystokesewandsos.weebly.com

Gifford Ensemble - A small and friendly group looking to grow to a full orchestra. We rehearse Sunday evenings from 7.15 to 8.45pm at The Trust Hall, Stoke Gifford during Term Time. We are particularly looking for string players at grade 6 or above standard. For more information find us on our Facebook page: Gifford Ensemble or e-mail secretary@giffordensemble.uk

Gifted drama group Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

Girl Guides, Brownies & Rainbows - admingirlguidingbsg.org.uk, girlguidingbsg.org.uk

Goldies - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. Not a choir but a group of local people who enjoy getting together and having fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £2 per session. All welcome.

Little Stoke Ladies Club - meets the 1st & 3rd Tuesdays 7.30pm at Little Stoke Baptist Church, Kingsway. T: Julie 0117 931 5007

Severnside Ramblers - 'Friday Ambles' start in the Aldi car park on alternate Fridays at 10am. Weekend & evening walks -start in the Aztec West blue zone car park. Check site for details.www.severnside-ramblers.org.uk

Silverwinds Flute Choir - meet once a month on a Thursday evening 19:00 - 21:00 at Christ the King Church. For more details please visit www.silverwindsflutechoir.co.uk or email silverwinds@michellekrawiec.co.uk.

Stokes Singers - We are a friendly mixed choir singing a wide range of music. No auditions. You do not need to know how to read music. We rehearse at Holy Trinity Church in Bradley Stoke on Thursdays during term time, 7.30-9.30 pm. For further details, please email info@stokessingers.co.uk or call 07716 353182. Our website is www.stokessingers.co.uk.

Stoke Gifford Royal British Legion Looking for members and volunteers. We meet 3rd Mon of each month 7:30pm Little Stoke Park Hall. Contact Ray: sgbinfo@gmail.com See us on Facebook . or <http://www.britishlegion.org>

Willowbrook Townswomen's Guild - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Ros Gallear - rosalindg@tiscali.co.uk

Winterbourne Wind Band - Thursdays 7.30-9.30pm at Greenfield Centre, Park Avenue, Winterbourne BS36 1NJ. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

Women's Institute (WI) - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact Janet 07845 744351.

Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 07887 373924

Woodcraft Folk - children's 6+ activity group Wednesdays 6-7pm Jenny on 0117 9093969

Young At Heart Club meets at the Christ the King Church, Bradley Stoke every 2nd and 4th Thursday of the month from 2pm - 4pm. Set up 20 years ago and aimed at people over the age of 50 who would like to make new friends, enjoy games, speakers, outings.

SPORTS CLUBS

Almondsbury and Bradley Stoke Tennis Club - Opportunities for all levels, inc pay and play lessons for all on Saturday mornings, no booking needed. almondsburytennis.org.uk

Aretians Rugby Club for Cubs, Juniors and Seniors Station Road, Little Stoke www.aretiansrfc.co.uk

Black and Blues Netball - Non-League Social Netball Wednesdays 7.30-9pm BSCS, contact: blackandblues_netball@outlook.com.

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If your details have changed, please let us know at

community@mattersmagazines.co.uk and we will update it for you!

Bradley Stoke Bowls Club - Baileys Court Activity Centre www.bradleystokebowls.com.

Bradley Stoke Cricket Club - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at bradleystokecc.play-cricket.com

Bradley Stoke Jiu Jitsu Club - Chris Harris, maru.jiujitsu@gmail.com We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

Bradley Stoke Junior Netball Club - Meet at the Jubilee Centre every Wednesday U12's - 5.15pm - 6.15pm - U14 & U16's - 5.45pm -7.15pm bsncjuniors@yahoo.co.uk <http://bradleystokenetballjuniors.org.uk/>

Bradley Stoke Judo - Various days and times, Bradley Stoke Leisure Centre, www.bradleystokejudoclub.com

Bradley Stoke Town Football Club - FA Charter Standard Community Club, Adult training, Tuesdays at Patchway Sports Centre. For more info visit www.bstfc.co.uk or contact bstfc2005@gmail.com

Bradley Stoke United Football Club - Football from U7's to U16's see website bsufc.co.uk

Bradley Stoke Youth FC (BSYFC) – FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site www.bsyfc.co.uk or contact mlee1@btopenworld.com

Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: www.smobrugby.com, 01454 250489 email: clubhouse@smobrugby.co.uk

Bristol Extreme Allstar Cheerleaders - Wednesdays 7-9pm Little Stoke Primary School, bristolextreme@gmail.com

North Bristol Rugby Club, Rugby teams from 4+ www.pitchero.com/clubs/northbristoljuniorsrfc/ .

North Bristol Running Group friendly group, 3 evenings per week, Tues, Weds, Thurs, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. Alan 0789 0182387. Find us on FB.

North Bristol Triathlon Club: Swim, Bike and Run sessions throughout the week around North Bristol/South Gloucestershire. Suitable for all levels. Find us on Facebook or email membership@northbristoltri.co.uk.

Sole Sisters - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, www.solesistersrc.co.uk

South Glos Hockey Club Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. <http://www.sghc.org.uk>, Facebook - South Gloucestershire Hockey Club

Stokes Cycling Club - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - www.stokescyclingclub.org.uk stokescyclingclub@googlemail.com

Stoke Gifford Cricket Club – All ages and abilities welcome at a real community club. Contact Mark Stephens on 07816 962503.

Stoke Gifford Short Mat Bowls Club - Monday, Tuesday and Friday afternoons. For more information please contact 0117 330 5487.

Stoke Gifford Tennis Club - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

Stoke Lane Athletic Football Club -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via www.stokelane.co.uk or email Club Sect 'steve' pspayne@blueyonder.co.uk or Club Mobile 07972 039413

Stoke Striders Running Club - A free recreational running group, Mondays 6-7pm Little Stoke Park, <https://www.facebook.com/stokesstriders>

CHURCHES / COFFEE MORNINGS

Amberley Road Baptist / Cafe Church, Patchway, 01454 610808

Bradley Stoke Evangelical Church Baileys Court Road 0117 9314716 www.bscc.org.uk

Christ the King Church Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. www.ctkchurch.org.uk

City Church Bradley Stoke Community School 0117 2303330. Community Coffee Morning Brook Way Activity Centre Thursdays 10-12 www.bridgecommunitychurch.org

Edge Church International. 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. www.edgechurch.co.uk

Holy Family Catholic Church Southsea Road, Patchway 0117 9081247 www.holyfamilyrcchurchpatchway.co.uk

Holy Trinity Church Broadcroft, Bradley Stoke 01454 620975 www.htcbradleystoke.co.uk

Little Stoke Baptist Church, Kingsway, 0117 969 6060. Coffee & Cakes Thursday mornings 9am-noon. All Welcome.

St.Michaels Church, The Green, Stoke Gifford 0117 9692486 welcome@stmichaelsbristol.org. Coffee shop open Mon to Fri 10am until 4pm.

Stoke Gifford Baptist Church 1, Rock Lane, 01454 610808

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Baileys Court Primary School, Breaches Gate BStoke, 01454 838320

Bradley Stoke Community School Primary Phase, Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

Bowlsland Green Primary School, Ellicks Close BStoke, 01454 866766, bowlslandgreen.org.uk

Holy Family R.C. Primary School, Amberley Road Patchway, 01454 866786

Holy Trinity Primary School, Broad Croft BStoke, 01454 866735, www.holytrinitypri.com

Little Stoke Primary School, Little Stoke, 01454 866522, http://www.littlestokeps.co.uk

Meadowbrook Primary School, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

Stoke Lodge Primary School, School Close, Bourton Avenue, Stoke Lodge, Patchway BS34 6DW 01454 866772

St Chad's Patchway C of E Primary School, Cranham Drive, Stoke Lodge, Patchway 01454 866523

St. Mary's R.C. Primary School, Webbs Wood Lane BStoke, 01454 866390,

St Michael's Primary School, Ratcliffe Drive, Stoke Gifford 01454 866781. www.stmichaelssg.co.uk

Wheatfield Primary School, Wheatfield Drive BStoke, 01454 868610

SECONDARY SCHOOLS

Abbeywood Community School, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

Bradley Stoke Community School, Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

Patchway Community College, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com

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