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October/November 2025 Telephone 01454 300 900



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## Dear Readers....

Welcome to the autumn edition of your local community magazine! We are pleased to share with you details of local events and activities that will be sure to spread some seasonal cheer, from Halloween to Fireworks to Christmas Parties, a Festive Illumination Trail and CHSW's annual 'Santas on the Run', there is plenty to look forward to.

We also bring you the results of this year's Bradley Stoke in Bloom's Best Front Garden competition, the photos from which have certainly brightened up the page (see pages 6-7).

A local cyclist overcame his own personal cancer challenge to take on one of the toughest cycling challenges across the USA, raising funds for Prostate Cancer UK. We are pleased to include extracts from his amazing adventure on page 24. Focusing on local talent, we share news of an incredible young BMX-er (p16) and also a new children's book by Freddie Hillberg (p8).

We have details of the local Remembrance parades, news from Little Stoke Ladies, an update from our Police Commissioner, some of the local primary school upcoming open days and much more!

We shared the very sad news of the sudden passing of Dave Baker, CEO of the Olympus Academy Trust, on our website at the end of the summer. With respect for his family's wishes, we have not included a further tribute to him in this issue. Our heartfelt sympathies are with them and all his friends and colleagues.

Thank you to all our advertisers who continue to support us. If you are a business looking to promote your services across the local area, do get in touch and we will be happy to help. And please, if you get the opportunity, do let our advertisers know that you have seen them within our pages. Enjoy the read!

**Jaci**

**Deadline for the December edition is 7th November 2025.**

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Bristol Brunel Lions and their branch club  
Bradley Stoke Lions plan to celebrate World  
Sight Day at the Willow Brook Centre, Bradley  
Stoke on 11th October 2025 from 11am to 3pm.

The World Health Organisation observes World  
Sight Day annually, a global event to draw attention  
to blindness and visual impairment. It was originally  
initiated by the Sight First Campaign of the Lions  
Club International Foundation in 2000.

We plan to show people how difficult life can be  
for those with sight problems and how we can help  
them in different ways.

Bring along your old unused spectacles for the Lions  
to recycle. Try some of the challenges that are  
experienced on a daily basis by some.

Meet the guide dogs which are a lifeline for so many  
blind people and talk to the team who support the  
sight impaired with different equipment, advice and  
practical help.

We ask for your support to enable us to buy  
cameras for the Lions Child Sight Campaign. This  
will take vision screening into schools to identify  
early sight issues to see whether referral to an  
optician is necessary.

**World Sight Day**  
**SATURDAY 11<sup>TH</sup> OCTOBER**  
11am - 3pm  
WILLOW BROOK SHOPPING CENTRE  
TOWN SQUARE LOBBY  
Bring your old Spectacles for the Lions to recycle  
Experience a new Challenge!  
Meet the Guide Dogs  
Specsavers Guide Dogs

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## Best Front Garden Competition 2025

*Report by Sara Messenger, Bradley Stoke in Bloom*

As we're now in our 13th year I think we can safely say that our annual best front garden competition is a firm fixture in the town events. We started back in 2013 with just 5 gardens and our first winner was Maureen Hopkins, who despite everything life throws at her continues to always be in the top three. This year the exceedingly hot weather put many off from entering, but the gardens that were entered certainly put on a colourful and fragrant show.

I'd like to say Thank You to this year's judges, Ceri, Jez, Sara & Catherine and to Bradley Stoke Town Council who started the group and support us all the way, to everyone that donated prizes and to Timpsons who not only still seem to charge us little more than they did in 2013 but who also never tell in advance who the winners are!!

We had a fabulous array of prizes to be won, Richard at Almondsbury Garden Centre always

provides us with many generous vouchers, Jordan at The Hollow Tree also generously provided a voucher for a drink and a meal for two, and the Aztec Hotel & Spa provided a voucher for brunch for two. We also have two main shields (one for large & one for small garden) which are returned after a year and, to keep, engraved glass trophies and engraved medals & framed certificates for all.

At the Jubilee Centre garden on a lovely warm summer evening we held our prize giving event, which was attended by many of the Bradley Stoke Councillors & Staff, as well as our contestants and their families and friends. Our current Mayor, Natalie Field, handed out the prizes and I would like to say the evening went without a hitch, but for the first time ever an error was made with the medals which couldn't be rectified in time for the prize giving, so Jitesh 'channelled his inner Maureen' and wore her medal for the photo. I think we got away with it!



We also discovered that our two first place winners are related, I guess the gardening gene runs deep in the Johnson family. But congratulations to everyone, we hope you enjoy being part of this as much as we do and we can't wait to see what you all do next year.

Although voting for Facebook Favourite has closed, the pictures of the gardens can still be found on our page; why not take a look and, if you think your or your neighbours garden compares, why not enter next year?



## Our 2025 winners are:

### Best Large Garden 2025

- 1st place: Paul & Judith Johnson (2024 – 2nd)
- 2nd place: Jitesh Mistry (2024 – 1st)
- 3rd place: Krishnan Rambadhran (2024 – Runner Up)

### Best Small Garden 2025

- 1st place: Catherine O'Shea (2024 – not entered)
- 2nd place: Maureen Hopkins & Evelyn Coates (2024 – 2nd)
- 3rd place: Gillian Davies (2024 – not entered)

### Facebook Favourite 2025

Bluebell Gardens Gardening Club (2024 – 1st)

### Greenest' Garden 2025

Paul & Judith Johnson (2024 – 1st)

### Runners up:

- Alisa & Richard Aquilina
- Bluebell Gardens Gardening Club (entered by Peter Box)
- David & Jenny Neale
- Michael Mundy
- Swati Vyas





## Thomas the Tomte and the Reindeer

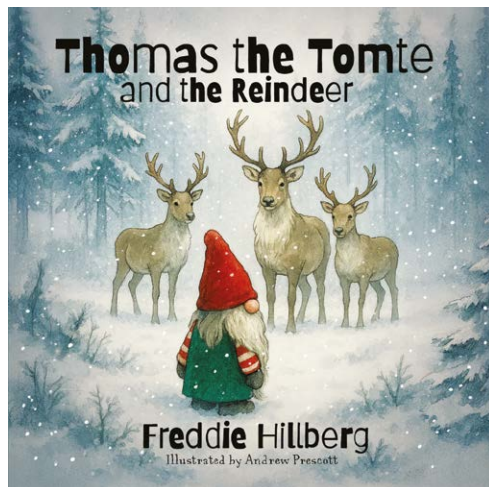
A new book by local author Freddie Hillberg

Freddie has lived in Bradley Stoke with his wife Maureen for over 25 years, and Matters Magazines has previously been pleased to showcase two of his other books within our pages - last year he published The Dangerous Journey which is based upon a true family tale of attempted murder, mystery and love and his first published book in 2023 was another children's book entitled Brave Cat Millie.

For this latest book Freddie has delved into his Swedish Ancestry to write this delightful story from Scandinavian Folklore. A Tomte or Tomten, as he is known Sweden, is a little creature who normally lives around farms in the countryside, but now also lives in villages and towns. He is very industrious and will protect you, your family and animals; but, if you are unkind he will take revenge, and play all sorts of unpleasant tricks on you.

At Christmas time they leave little gifts for the children and, in return for his care and all his work, Tomte likes to be rewarded with a big bowl of his favourite food. Porridge!

One day whilst in a strange area of the dark forest Thomas suddenly loses his powers and sinks into the deep snow and his life starts to fade. Fortunately he is



found by a small herd of reindeer who have never seen a Tomte before but instinctively help him. The Story Begins! And has a delightful twist in the end...

Thomas and the animal friends are beautifully illustrated by Andrew Prescott and will be instantly recognised by children everywhere.

A fantastic stocking filler this Christmas, Thomas the Tomte is published by Brown Dog Books and is available to order on line or in local book stores.



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## Bristol Civil Service Sports Club celebrating 100 years in the community



Tucked away behind the houses on Filton Avenue (entrance near the junction of Muller Road and Filton Avenue), is the Bristol Civil Service Sports Club (BCSSC). Founded in 1925 it was created

to encourage ladies and men of the civil service to become more active and involved in sport. Eighty such clubs were created in the UK but sadly now only four remain and one of those is here in Bristol. CSSC is a not-for-profit sports and leisure organisation owned and run by its members.

Still offering a variety of sports, the club is the home to the largest table tennis club in the southwest, several football teams of various ages, cricket, lacrosse and netball. It also hosts sports days for local primary schools who do not have facilities of their own. It's even home to a local scout troop and until recently an after-school club.



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Call: 0117 951 4259

Visit: [bcssc.weebly.com](http://bcssc.weebly.com)

### BCSSC

are pleased to invite you to their 2025

**Halloween Fancy Dress Fireworks Spooktacular!**



**Saturday 1 November 2025 from 6.00 pm**  
**At the club house on Filton Avenue.**  
**All profits from entry and food will go to charity.**  
**Adults – £8 Children £6 (under 2s free)**

**Neon disco with DJ KOOL KIDZ**  
**Fireworks at 7.30 pm**

ALL Children must be accompanied by an adult  
 NO PRIVATE FIREWORKS AND NO SPARKLERS  
 ALLOWED FOR SAFETY REASONS  
 Numbers may have to be limited



so best buy your tickets in advance. Available on NuTickets and from the club bar from 1 October!  
 Bristol's best value Display! Guarantee your places by buying your tickets in advance!

The clubhouse comprises a members' bar with darts, pool and both Sky and TNT Sports. A function room for up to 170 guests, skittle alleys, snooker room and facilities for meetings and conferences. The club has a good reputation for hosting Celebration of Life events and other family celebrations including wedding parties with good catering options.

Originally membership of the Civil Service Sports Council was only open to civil servants but that has changed, and membership is now open to anyone paid from the public purse. Locally we are now offering access to the club with a local social membership where, in return for an annual fee, you can use the club and most of the facilities, including a bar where the price of a pint starts at just £3.75!

With a large car park and safe grounds, it's an ideal place to sit having a drink on the patio while the children play on the field. Sorry no dogs.

**If you would like to find out more** about becoming a member, why don't you pop in and say hello and have a look for yourself. Opening times can vary so best to go along from 7.00pm weekdays and 11.00 am at weekends, email: [office@bristolcssc.co.uk](mailto:office@bristolcssc.co.uk) or call: 0117 951 4259.



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**NO ALCOHOL OR SPARKLERS ALLOWED ON SITE**





**Football team in the frame with new sponsorship**

A Bradley Stoke opticians has pledged its support for a local football club as part of its ongoing commitment to working with community initiatives. Specsavers in the Willow Brook Centre, which is locally owned and run, has teamed up with Almondsbury Football Club to provide new kits for the Almondsbury U13s team for the new season.

*'We're delighted to support Almondsbury U13s and contribute to the development of local sports talent,' Ed Stanleigh, store director at Specsavers Bradley Stoke, says. 'It's really important to us to support community groups and grassroots sport is absolutely part of this. Not only does it help youngsters learn important life skills, it brings local people together which is something we're passionate about too.'*

*'Being a part of Almondsbury FC is a wonderful way for young people to meet new friends, build confidence and improve both their physical and mental wellbeing. We look forward to hearing how the season goes for the team and will be cheering them on throughout.'*

Chris Hancock, manager of the team, comments: *'We're really grateful and excited to be teaming up with Specsavers Bradley Stoke. To have this support from a local business is brilliant and the players are all looking forward to running out in the new kit for our first game. It's thanks to sponsorships like this that we can continue to do more for grassroots football in the area.'*

For more information, or to book an appointment at Specsavers Bradley Stoke, visit [www.specsavers.co.uk/stores/bradleystoke](http://www.specsavers.co.uk/stores/bradleystoke) or call 01454 275020. Alternatively, you can pop into store at Unit MU4, The Willow Brook Centre, BS32 8EF.

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Chicken, redcurrant & brandy  
parfait, fig & ginger chutney,  
ciabatta croutes

Bruschetta of mozzarella, tomato,  
aubergine & peppers, basil pesto  
dressing (v)

### Desserts

Traditional Christmas pudding  
with brandy sauce (v)

Baked cinnamon swirl cheesecake,  
orange & cinnamon spiced berries  
(vg & ngci)

Banoffee pie, chocolate shavings  
& caramel sauce (v)

### Main Course

Traditional roast turkey breast,  
sage & onion stuffing balls, pigs  
in blankets, roast potatoes and  
pan gravy, roast parsnips &  
carrots and brussel sprouts.

Baked salmon supreme, lobster  
sauce, gratin potato, carrots &  
fine green beans (ngci)

Butternut squash & lentil filo  
parcel, cumin spiced gravy, roast  
potatoes, roast parsnips & carrots  
and brussel sprouts (vg)



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## An update from Clare Moody - Police & Crime Commissioner

'Your Streets, My Priority' is a coordinated programme of action I'm overseeing to enhance neighbourhood policing and create safer, more vibrant town centres and high streets across the region.

You've told me you want safer streets and more visible policing, and I'm doing it. I've listened to your concerns about anti-social behaviour, retail crime, and criminality in town centres. I'm working with the Chief Constable to put more officers where they are needed, tackling crime in high streets and areas you care about, because you should feel safe in your high street.

Over the summer, I have visited many places and have seen and heard the impact this work is having on people and their high streets.

Below are just a few of the policing activities that have been making a difference across South Gloucestershire:

- Various Neighbourhood Policing teams joined forces with The Roads Policing Team, Special Constabulary, and the DVSA to conduct traffic patrols and checks throughout August around Easter Compton, Bradley Stoke, Winterborne Road, Yate, and Chipping Sodbury. Numerous offences were dealt with including one vehicle being found with multiple defects, no insurance, and the driver was arrested for drug driving and possession of cannabis. Another driver attempted to evade police - but the vehicle was successfully located and seized for no insurance.
- I joined South Gloucestershire Council and South Gloucestershire Neighbourhood Policing Team on the Bristol and Bath Railway Path, carrying out highly visible patrols and engaging with users of the path about their feelings of safety.
- The deployment of plainclothes officers at The Mall, Cribbs Causeway, as part of Project Servator - which is all about unpredictable, highly visible police deployments designed to disrupt criminal activity while reassuring the public. You'll see a mix of uniformed and plain clothes officers, working together with security staff and the local community to keep everyone safe.
- In addition to all the policing activity that has continued throughout the summer, there have also been community stalls and pop-ups happening, so our police and partners can hear from people about any issues they are facing.

If you'd like more information about the work happening under 'Your Streets, My Priority', please visit Your Streets, My Priority - OPCC for Avon and Somerset.

On 9th September I held a public forum at Chipping Sodbury Golf Club, offering members of the public the opportunity to engage directly with me and senior officers from the Local Policing Team. I am here to listen and represent local communities, so it was great to see so many people engaged and sharing their views.

Topics discussed included concerns around anti-social behaviour (ASB) and issues around motorcycle theft, resulting in a follow-up meeting dedicated to bike theft in South Gloucestershire.

To keep up to date with what's happening as part of the "Your Streets, My Priority", visit my website and social media pages.  
[www.avonandsomerset-pcc.gov.uk](http://www.avonandsomerset-pcc.gov.uk)



### 1st BRADLEY STOKE SCOUTS INVITE YOU TO THE REMEMBRANCE SUNDAY PARADE

AT  
THE WILLOW BROOK CENTRE  
ON  
SUNDAY  
9th NOVEMBER  
2025

LOCAL YOUTH GROUPS WILL PARADE FROM ZONE H  
CAR PARK AT THE WILLOW BROOK CENTRE  
AT APPROX 10:35AM.  
CEREMONY IN THE TOWN SQUARE

LED BY MEMBERS OF OUR LOCAL YOUTH GROUPS AT  
APPROX. 10:45—11:30AM  
EVERYONE WELCOME

PLEASE NOTE THIS IS NOT A MILITARY PARADE - ALL ORGANISERS ARE COMMUNITY VOLUNTEERS -  
PARADE AND CEREMONY TIMINGS MAY VARY ON THE DAY



## NEWS FROM THE LOCAL ROYAL BRITISH LEGION - Poppy Appeal 2025/26

The newly merged Patchway, Stoke Gifford and District Branch of the Royal British Legion, RBL, is delighted to announce that it has just had its final full approval from the RBL Head Office. So it's all now fully Official, great news !!!

The Branch is now able to announce the details of the local Poppy Appeal launch.

It will be launched at Bristol Parkway Station on Friday 24th October, 2025 at 2pm, the launch then starts the Poppy fortnight which runs until Remembrance Sunday, 9th November, 2025.

Many venues around the area will have collecting tins and Poppies, and a number of venues will have stalls with Poppy Appeal volunteers.

The local Royal British Legion urgently needs volunteers to help with the Poppy Appeal, including people to help with collecting at various venues in the area. The Branch is keen to recruit new members, and of course would love to welcome back any former members.

If you are interested in volunteering, or joining the RBL, or want further information please contact us at -

[rblstokegifford@gmail.com](mailto:rblstokegifford@gmail.com)

Or contact John Moloney on 07802535591

All money raised by the Poppy Appeal goes to the RBL Welfare Fund, which provides help, support and guidance for current and ex members of the armed forces and their dependents.

If you or someone you know needs help from the Royal British Legion please contact the National helpline - 0808 802 8080.

### Annual Remembrance Parades:

In **Stoke Gifford**, the annual Remembrance service will be on Remembrance Sunday, 9th November 2025 at 10.30 am on the Green in Stoke Gifford.

The **Patchway** Remembrance Parade will be held on the morning of Sunday 16th November 2025. The parade will assemble by 10.15am at the car park beside the Doctor's surgery off the Coniston Road, the Parade will commence at 10.30am. The Remembrance service will be held at the Memorial in Norman Scott Park.



**OpCOURAGE**

**NHS**

### Your Bristol Veterans Hub is here for you...

Come and join us at Bedminster Cricket Club on the last Thursday of every month from 10:00 - 15:00.

A place where you can find advice and support for your mental wellbeing, carers are welcome too.

How to find us:  
Bedminster Cricket Club, Clanage Road, Bristol, BS3 2JX

Scan the QR code to find out more:



There is car parking on site with easy access to the building. The X4, 505 and U2 bus stops outside or pass near by.





## Local BMX Star on Track for Oz

Local BMX star, Eliza French (15), will be travelling to Brisbane, Australia next year as a member of the GB BMX team at the World Championships.

Eliza, from Bradley Stoke, has been racing since 2020 as a member of the Bristol Jets BMX club based at Patchway and in 2024 was signed by the BRE Racing Team, a national BMX team.

She progressed through the South-West Regional series and in 2024 took part in the National Series for the first time, finishing 13th. As a result, she qualified to represent GB at the World Championships in Copenhagen this summer.

Eliza participated in the 'Deep South' Winter series between October 2024 and March 2025. This was her first time in this series, and she finished in 1st place in the Girls 15-16 age group.

Eliza then took part in the South region summer series having won the South West region three years in a row. The South region races typically have twice the number of entrants, visit a number of National-level tracks and also put her against girls who she will race in the National Series. She finished in 3rd place in the South series, against stiff competition.

In the 2025 British Cycling National Series, Eliza has made fantastic progress. At the start of the season her objective for the year was to make an 'A' final at some point, having never achieved this in 2024. Well, she made the 'A' final at the very first attempt in round 1 and kept going! 2025 also saw her take her first moto (heat) win, a feat she then repeated two more times! She finished the National series in 7th place overall, up from 13th last year and consequently has qualified to

represent GB again, this time in the 2026 BMX World Championships in Brisbane!

Eliza has also been invited to join the British Cycling BMX Talent Development Pathway Regional School of Racing.

At the end of August Eliza became 2025 South-West Region champion in the 17-29 years female class. (Bear in mind she is only 15!).

In the British BMX Championships, she did well and is now officially National #7 (overall result from 10 rounds of the national series), and British #5 (result from the single event at the British Championships a few weeks ago).

Eliza currently trains on track three times a week with qualified coaches, goes to a local gym several times a week before school and has race meetings around the country most weekends. She is a student at Abbeywood Community School where she is studying for her GCSEs. Amongst other subjects, she is taking a BTEC in Sport and hopes to make a career in a sports-related profession. She is also a budding musician and a talented young drummer!

**Amazing effort Eliza - Congratulations on all you achievements!**

**If any local firm or individual would consider sponsoring Eliza to assist her journey to Australia in 2026, we would be delighted to hear from you!**

**Please contact Laurence French at [laurencefrench92@yahoo.co.uk](mailto:laurencefrench92@yahoo.co.uk) or phone 07973 271827.**



## DOGIE HIKES

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Email: [manvir.malhi@doggie-hikes.co.uk](mailto:manvir.malhi@doggie-hikes.co.uk)

FB: <https://www.facebook.com/doggie.hikes.mm>

# Walk With Us

## Walk Mates Winterbourne

Weekly social walking group.

Every Wednesday at 7pm from The Greenfields Centre Winterbourne, BS36 1NJ.

1hr session, steady pace, mixed terrain in Winterbourne, W. Down, Frampton, Hambrook area.

Fitness : able to cover 2.5 - 3 miles in an hour.

£5 monthly subs



## Women Only Adventure Walks



Meet one Thursday a month (10am - 2pm) covering routes in South Glos, Bristol, B&NES, Somerset and Monmouthshire. Mixed off road terrain (inc stiles)

Fitness : able to walk 6 - 8 miles in 3 - 4 hours whilst chatting and enjoying our building community of female champions. Always involves BYO flask & flapjack or picnic. PAYG £5 per walk

## Tip the Balance Wellbeing Nordic Walks

Weekly wellbeing walks using Nordic Poles.

Tuesdays at 10am in South Glos locations.

1hr walk covering 3+ miles, followed by tea/coffee & chat. Mixed terrain walking.

Learn to Nordic Walk courses available (contact us for dates), then walk with us regularly thereafter.

LTNW courses (4hrs) £50 then PAYG £8 per walk

or discounted monthly membership available



**Find us on Facebook or Contact us via the links on [www.linktr.ee/tipthebalance](http://www.linktr.ee/tipthebalance) or Whatsapp / Call Becca on 07721 907780**



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Golf & Lodge

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## Turn Back the Clock Without Botox - Discover Focus Fusion in Winterbourne

They say you can't have it all. .. but when it comes to skin, **The Restore Clinic** in Winterbourne begs to differ. Enter **Focus Fusion** - the latest, award-winning treatment that's making wrinkles quiver and jawlines sharpen.

So, what is it? Think of it as a **two-in-one superhero** for your skin. By combining **microneedling with radio frequency and highintensity focused ultrasound (HiFU)**, Focus Fusion works on every layer of your skin - from surface texture right down to deep tissue.

It helps smooth fine lines, lift sagging areas, tighten pores, and boost collagen like your skin's had a triple shot of espresso.

Whether you're tired of crepey skin, dreaming of a sharper jawline, or just want to take back the years, Focus Fusion delivers results that last.

No fillers. No surgery. No downtime. Just visible results that keep improving with time.



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**\*November Launch Offer (worth £140)\***

**All bookings include FREE Alumier MD Peel, LED Light Therapy  
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**Contact 07947 864036 for more info**

**The Restore Clinic, Winterbourne**

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E: [sue@yourspaceandplace.com](mailto:sue@yourspaceandplace.com)  
M: 07525 929085





# FEEL GOOD MOMENTS

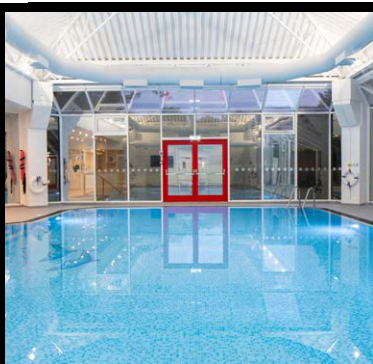


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## Winter Sun: Turn Cold Days into Hot Adventures! Escape the Cold. Unlock the Fun.

As summer winds down, we will all be dreading the oncoming long, grey UK winter.

### But, Never Fear, Andy's Here!

My Winter Sun Campaign is designed to help chase away the Winter Blues – whether it's families needing half-term ideas, couples chasing sunshine, or retirees escaping the cold for a big chunk of the winter.

Why am I launching this initiative now? Because Winter Sun is most popular holiday trend, and this your golden window to capitalise on it. With the Summer winding down, everybody is on the hunt for just the right winter break. And, if they book early, they can bag a Winter bargain.

Booking early give you prime advantage:

- Best Prices
- Flight times that you actually prefer
- Hotel rooms and board that best suit you
- (Before they all sell out)

### What Do We Mean by Winter Sun?

'Winter sun' is something the savvy holiday makers specifically look for. It's all about:

- Warm, easy-to-reach and reasonably priced destinations that break up the UK chill.
- The opportunity to be active and outdoors rather than huddled under blankets indoors.
- A real health boost — sunshine, vitamin D, and an escape from the aches and pains that the damp, cold Winter brings on.

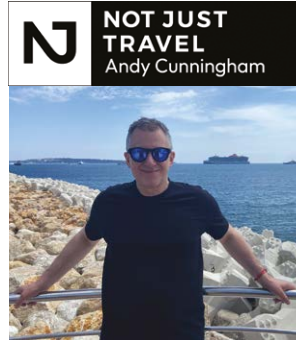
From Spain and the Canary Islands to Cyprus, Morocco, Madeira, and even Senegal and the Red Sea, these short-haul escapes are exactly what customers are searching for.

They're sun-drenched, affordable, and just hours from home — the perfect way to keep your mood and momentum high until summer.

I also cater for staycations, from beachside cottages in Cornwall to glamping in the Cotswolds, to lock and barges holidays to Castles in Scotland and ferries to outlying islands.

WhatsApp or call on 07863 802342 or Email: andy.cunningham@notjusttravel.com

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**12 Short Haul Winter Sun Options** - Marrakech, Morocco, Tenerife, Egypt, Senegal, Cape Verde, Madeira, Cyprus, Malta, Gran Canaria, Antalya, Turkey

**10 Long Haul Winter Sun Options** - Cape Town & the Eastern Cape, Thailand, Canada, Australia, Mexico, Florida & California, Japan, Vietnam, Dubai, Sri Lanka

**Cruising is the best-selling holiday genre year after year** - Fjords, Spain & Portugal, Caribbean, Greek Isles, Canaries, British Isles

**Why Andy?** With my network of trade contacts and exclusive tools, I can spot deals and offers that most people never see. From finding the perfect resort to sorting all the boring bits like transfers and insurance. And because the travel companies pay my commission, this service costs you absolutely nothing extra.

**Top Tip:** Don't wait until New Year to book an appointment with me to sort your Winter Sun. I have already been taking bookings for 2027 since August, and my diary is starting to fill up already. I always prefer personal meets if you have the time, so book in an appointment to see me at my office in the Village Hotel, Bullfinch Close, Filton, BS34 6FG.

Grab those bargains, and flight times and exact hotel room options that you deserve.

### Win a 2-Night Getaway in Beautiful Barcelona!

Haven't entered yet? It only takes a minute — just scan the QR code below and you're in.

Final entry date 31st December 2025.

### Get in Touch!

Give me a call or Whats App message to book a face to face visit, or an online appointment if easier for you. You can also talk to me about my Zero Interest Monthly Payment Plan.





## Is your child starting school in September 2026?



**Was your child born between 1st September 2021 & 31st August 2022?**

If the answer is yes, it's time to apply for their school place to start school in September 2026.

We invite you to visit our school and see everything we have to offer at one of our open days on:

- Tuesday 30th September @ 9.45am or 5.00pm
  - Monday 13th October @ 9.45am
- Monday 10th November @ 9.45am or 5.30pm
  - Friday 5th December @ 9.45am
  - Wednesday 7th January @ 9.45am

We are offering **Stay and Play** sessions on Wednesday 26<sup>th</sup> November and 10<sup>th</sup> December 3.45-4.15pm. We look forward to meeting you and your child whilst exploring the reception classrooms.

Reserve your space by: 📞 Calling the school office on 01454 868610

✉ Email us at [office@wheatfieldprimary.com](mailto:office@wheatfieldprimary.com)

**We look forward to welcoming you and your family to our school!**



WHEATFIELD PRIMARY  
SCHOOL BRADLEY STOKE,  
BRISTOL, BS32 9DB,

## Little Stoke Primary School

We are all very excited to start the new school year and have loved welcoming our new children and their families who have started with us. The school has had many improvements over the summer holiday, some of which you can see below. Year 6 are already on camp where they will be taking part in many exciting activities such as abseiling and rafting! Photos to follow!

We are proud to showcase our Norbot "Flying High at Little Stoke Primary", which was designed by our pupils. He will be part of the "The Greatest Dog Show on Earth" exhibition at Cribbs Causeway. Over the summer, children took part in the Grand Read and we have almost reached our target of £500 for the charity!



Over the summer a new all-weather surface under the play equipment, thanks to National Lottery funding. Acoustic panels were fitted in the dining hall to make lunchtimes calmer and more enjoyable. Early Years and KS1 corridors have been freshly painted to create a bright, welcoming feel.

## LITTLE STOKE PRIMARY SCHOOL

**"a friendly and welcoming place to learn"**  
Ofsted, April 2024

**At Little Stoke, we offer:**

- Before & After School Wrap-Around Care
- On-Site Forest School
- Large Early Years Area
- Strong Curriculum Offer

**EYFS SEPTEMBER 2026 STARTERS OPEN EVENTS:**

Wednesday 1<sup>st</sup> October 2025, 9:30am

Thursday 2<sup>nd</sup> October 2025, 5:30pm

Tuesday 4<sup>th</sup> November 2025, 9:30am

Wednesday 5<sup>th</sup> November 2025, 5:30pm

Wednesday 7<sup>th</sup> January 2026, 9:30am

Thursday 8<sup>th</sup> January 2026, 5:30pm

Use the QR code or contact the school on 01454 866522 to book a space.



## Severn Counties Foreign & British Bird Society Cage Bird Show



**Saturday 1st November 2025**

**The Methodist Church Hall, Down Rd, Winterbourne BS26 1BN**

**Open from 2pm**

**Admission: Adults £1, children free**

See a large variety of birds including canaries, finches, parrotlike and others and meet keepers and exhibitors – we will be happy to advise any visitors on birdkeeping.

We also have monthly meetings on the 3rd Thursday of each month at 8PM – All Welcome.

**Contact Alan Goldsmith for more information via email - [birdsandbutterflies2022@gmail.com](mailto:birdsandbutterflies2022@gmail.com)**



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## Rob bounces back from prostate cancer with 3,622-mile unsupported bike ride across 10 states of the USA

Avid cyclist Rob Brinkman was planning a 4,000-mile unsupported race across 10 states of the USA when doctors diagnosed prostate cancer.

But 18 months later, Rob, aged 59, has bounced back from having his prostate removed to overcome unforgiving terrain and temperatures, countless punctures, navigation equipment failure, and even snakes, to finish the challenging event – raising over £4,000 (and counting) for Prostate Cancer UK, which champions radical improvements in the diagnosis, treatment and prevention of the illness and support for people with it.

This summer Rob completed 3,622 miles across 10 states in 28 days, averaging 131 miles a day, sometimes through mountainous terrain for days on end, mostly using Google maps after the route files he downloaded in preparation for the race failed to load despite three attempts.

He was competing in the trans-American non-stop race from Astoria, Oregon, on the west coast and finishing in Washington DC in the east, finding places to stay on an ad-hoc basis, sometimes camping, and buying equipment and provisions along the way.

Rob, a spin class instructor at Bradley Stoke and Thornbury Active Lifestyle Centres, where colleagues and members have been following his exploits, says: “Since I got back, the realisation of what I’ve achieved has begun to sink in. Some of the older members have been saying well done, while some of the younger ones have been telling me I’m mad!”

Rob says he would do the race again ‘without a shadow of a doubt’, citing the camaraderie among those taking part as the standout experience, which easily eclipses the challenges of the terrain and the weather. “You could be cycling with somebody for five minutes and you’re finding out their life story. They want to talk because, like you, they might not have seen anybody else for days on end,” says father-of-two Rob.

“No matter which route you take, it’s challenging – psychologically and physically – because of the nature



Rob: “Prostate cancer is very personal to me as I got diagnosed with it in 2023 after having zero symptoms. After talking to friends and listening to the radio I took a PSA test. It took 5 months from the first test to laying in the recovery room having had my prostate taken out.

“I have made a good recovery, I had set targets and was determined it would not impede my life going forward. There are some side effects that do get discussed pre-op and some that do not, overall they are manageable but you have to remain positive even in the darkest moments.

“Life going forward is definitely a game changer, you have to have a positive mindset and be prepared for these changes...but we are still alive and we are still kicking !!”

of the terrain, the weather systems and the vast expanse of nothing. You could go for 150 miles and see nothing, not even a cow.”

“The first day was relatively easy, even though it was 160 miles, it was nice and flat and there’s a couple of hills, but nothing to worry about. Then it starts getting challenging, because you’re starting to go up into the Rockies. Some hills took four or five hours and you’re still climbing, and it’s like, what’s going

on? Then there’s the rolling hills of Nebraska, just four or five days of rolling hills with a prairie headwind. A Prairie wind is like an industrial hair dryer. No gusts, it’s just constant wind in your face. It’s desert heat too, you’re drinking your water, and because it’s such a dry heat, your throat is constantly dry, even after knocking back a litre bottle of water, which is getting hot because of the ambient temperature.”



Saved from despair by two pints of tea! One of the most memorable stretches – for good and bad reasons – was the 300 miles of the Chesapeake and Ohio Canal towpath and the Great Allegheny Passage trail from Pittsburgh to Washington DC, says Rob.

It was there he had to camp in mosquito-riddled woods and encountered snakes, one of them slithering alongside his sleeping bag.

“It was muddy on some stretches and then poorly maintained in some parts, which was puncturing my tyres,” explains Rob.

“The heat was humid, and it was murder in the mud and then trying to change punctures while getting bitten by mosquitos.

“But about four hours later, I’d stopped for a burrito, and I saw a box of tea bags. I hadn’t had a cup of tea for about five or six days, because they don’t drink tea over there much.

“So, I sat there with two pints of tea and the world suddenly felt all right again. This is good, I thought, this is challenging but I turned that negative into a positive with two pints of tea. It was brilliant!”

You can read the full story of Rob’s incredible adventure on the Active Lifestyle Centres website:

<https://activecentres.org/press-releases/>

Rob is now in training to replace the stone in weight he lost while crossing the USA to compete in another sport he loves – indoor rowing – at the British indoor rowing championships up at the NEC in Birmingham, where he’ll be in the 2000-metre race.

If you would like to sponsor Rob in aid of Prostate Cancer UK, visit his JustGiving page:

<https://www.justgiving.com/page/bb-tabr25>

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## FREE LOCAL SEMINAR ‘PROTECTING Your Family & Your Estate’

**Date:** 22<sup>nd</sup> October 2025

**Time:** 10.00am

**Place:** Stoke Gifford Trust Hall  
North Road, Stoke Gifford  
Bristol BS34 8PE

### Discover:

- Why Wills, Trusts and Powers of Attorney are important
- How to protect your home from Care Fees
- The way to protect your Legacy from Inheritance Tax across generations

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**Jamie Jones ~ L & K Wills & Trusts**  
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**135 Aztec West , BS32 4UB**



Welcome back to Ambourne House!

We are pleased to welcome back all our term-time children after the summer break, and a very warm welcome to the new faces joining us this September! It's always such a special time of year as we see our Ambourne family grow and come together again.

The children have already settled back into their routines and are busy exploring, learning, and having fun. We are delighted to be back at Forest School, where our latest project is completing the herb flowerbed. The children love planting and caring for the herbs, and we can't wait to use them in our cooking activities later this term.

Kindergarten and Pre School have been putting lots of energy into Sports for Kids - with tennis proving to be a real hit! The children have been learning new skills, practising coordination and, most importantly, building confidence while having a great time. Who knows - we may have a few tennis stars in the making!

Our babies have been enjoying outings in our minibus, giving them a chance to explore the world around them and make special memories. Meanwhile, our Toddlers have been getting into the autumnal spirit with a trip to Leigh Woods, where they collected colourful leaves and natural treasures to use in their play and learning. Their Book of the Month, Hello Autumn, Goodbye Summer, has also been a big hit and sparked wonderful conversations.

We are so excited for all the adventures and learning opportunities this term will bring. Here's to a fantastic autumn term together at Ambourne House!

If you would like your child to join the fun,  
please call Roberta or Sarah to book a visit on **01454 615352**.



**Ambourne House** WE ARE OPEN Monday to Friday  
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[ambournehouse@3abcare.co.uk](mailto:ambournehouse@3abcare.co.uk)

T. 01454  
615352





## Bristol Care Homes Supporting Charities Through Summer Fundraising

Bristol Care Homes is proud to share the success of its summer fairs held across Glebe House, Beech House, Quarry House, and Field House, which together raised a remarkable £2,166.70 for local and national charities.

These events are more than just summer celebrations – they reflect our ongoing commitment to supporting the wider community while creating meaningful opportunities for residents, families, and neighbours to come together. Each home chose a charity close to their hearts:

- Quarry House raised £526.84 in support of the Alzheimer's Society, contributing to vital research and support services for those living with dementia.
- Beech House raised £500.64 for Mind, helping to improve access to mental health support across the UK.
- Glebe House raised £533.70 for Macmillan Cancer Support, funding services for people affected by cancer and their families.
- Field House raised £605.52 for The Parish of St Mary's & St James, supporting a valued local community organisation.



### A Celebration of Community Spirit

Each fair combined fun activities, stalls, raffles, and entertainment, creating lively and inclusive occasions enjoyed by residents and visitors alike. The funds raised are being directly donated to the chosen charities, reinforcing our belief that care homes are an integral part of the communities they serve.

Bristol Care Homes are committed not only to providing high-quality care but also to playing an active role in building stronger, more supportive neighbourhoods. These fundraising successes demonstrate the generosity of their teams, residents, families, and friends – and the impact they can make together.

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# BLACK SHEEP CELEBRATIONS



Available weekends and Monday to Friday after 7pm

At the Black Sheep, we have the perfect space. For those special birthday parties to family gatherings, we have a selection of freshly prepared dishes and drinks, perfect for any event.

Minimum spend £500

For further information on how we can help create your perfect party, please contact the events team [events@aztechotelbristol.co.uk](mailto:events@aztechotelbristol.co.uk)

Black Sheep, Aztec West, Almondsbury, Bristol, BS32 4TS



## Why not learn Reiki or Reflexology for yourself?

with experienced holistic therapist Dawn Clode Lic MET Lic CR

As well offering holistic treatments, for many years local practitioner Dawn Clode has taught them too. She has developed courses for the "lay person" to enable them to have a better understanding of holistic therapies, for them to use safely at home on themselves, their families and friends.

Dawn understands how many of us would prefer to try natural, holistic practices to sooth discomfort such as stomach or head aches and learn how to calm stress, anxiety and improve sleep. You can take courses with Dawn, that will equip you with the knowledge to treat yourself, family and friends.

If you are a professional therapist looking to extend the treatments you can offer, Dawn also runs courses that will enable you to achieve qualifications as a certified practitioner.

### Two popular courses are Reiki and Reflexology.

Dawn shares, "I teach Reiki levels 1, 2 and Masters. This gentle practice is wonderful to relieve stress, worries and help your body re-set. It is soothing for the practitioner as well as the person receiving the treatment. To help counterbalance the stress of busy lives this is a lovely therapy to share with family and friends and it is great to aid mindfulness."

She went on to say, "With Reflexology it never ceases to amaze me how much we can learn about our body from our feet! We can assist the healing of different kind of ailments from headaches to skin conditions, stomach complaints to achy joints. This is a fascinating and effective treatment to both teach and deliver."



Holistic teacher Dawn

### Course info

Day courses take place over the weekend and start from £150 per day – which includes lunch and work books. All sessions are located at Dawn's holistic therapy space in Little Stoke.

Whether you are a complete beginner with an interest in healing, or a professional looking to gain further qualifications, Dawn can tailor the courses for your needs.

To find out more and to book in, please contact Dawn. Call: **0795 1099 491** or visit:

[www.life-and-soul-empowerment.co.uk](http://www.life-and-soul-empowerment.co.uk)

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## Little Stoke & District Ladies Club

Little Stoke & District Ladies Club have enjoyed a lot of fun meetings over the summer months.

We had a talk from our local Beat Manager - Elizabeth Ball, a police officer, who told us about her career. She even managed to put Diane in handcuffs!

Some of us attended a bee keeping experience given by Tim Hower at Little Stoke Social Club.

It was a very hot day and after a fascinating talk on bees, we donned bee suits and went out into the bee area. We all held trays of bees and could see the Queen Bee! We also had the opportunity to buy honey afterwards.

We've also enjoyed a talk on birds of prey by Naomi Watts and met for a buffet during which we were entertained by Les and Geena with great musical numbers from the 60s 70s and 80s. We even danced! The last event of the summer was a skittles match at Little Stoke Social Club where the highest score had a box of chocolates and the lowest a wooden spoon!

We are now back for the autumn and meet on the 1st and 3rd Tuesday of the month, at Little Stoke Baptist Church, 7.30 pm until 9.30pm. We have been going for 60 years and enjoy speakers, friendship and fun! If you would like to come along to any of our meetings please contact Julie on 01179 315 007 or join our face book page.



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Active  
Libraries

## Bradley Stoke Library

### What's-on October 2025

A warm welcome awaits you at Bradley Stoke library where you can read the newspaper, relax, do a crossword, use a PC, use the free WiFi, have a chat, study, or read a book. Full details of all our FREE children's events can be found here:

#### Staffed Opening Hours

Monday: 10:00 - 17:00  
Tuesday: 10:00 - 17:00  
Wednesday: CLOSED  
Thursday: 10:00 - 17:00  
Friday: 10:00 - 17:00  
Saturday: 09:30 - 12:30  
Sunday: CLOSED

Check online or in library for Bank Holidays

#### FREE Children's Drop-in Events

(Term Time Only)

**Rhyme Time**  
Mondays 10:45-11:15

**Stories & Play**  
Fridays 11:00-12:00



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Our great project guides help your child learn about coding, develop their problem-solving skills and build resilience. Your child must have a registered place before attending. For more details see: <https://digilocal.org.uk/digilocal-online/>

#### Junior Art Club!

**Tuesday 21st October**

**4-4.45pm Age 6-11 years**

Like getting creative? Come join the Bradley Stoke Library Junior Art Club, where the only limit is your imagination! FREE Children's Drop-in Event



#### Tuesday 14th October

**3.45-4.30 FREE Children's Drop-in Event.** Lego™ Clubs are for primary school aged children. All children must bring a grown-up with them.

#### Lego™ Club



#### Every Thursday at 10am

Join our friendly weekly textile group. No need to book – just turn up! This is a self-led session. Bring a project to work on, learn from others and catch-up with friends in our warm and welcoming library.



#### Open Access Hours (Unstaffed)

Use the library when staff aren't there with Open Access. Library members can complete a quick one-off Open Access induction session to register to use Open Access. You can then let yourself in during Open Access hours when staff are not working.

Find out more by asking a staff member or visiting [www.southglos.gov.uk/libraries](http://www.southglos.gov.uk/libraries)

## Autumn Crafts

**Bradley Stoke library**  
**Monday 27th October**

**10:30-11:30am**



**Free drop in craft activity most suitable for primary school aged children.**

Active  
Libraries

## Halloween Creative Writing Spooktacular!



**Friday 31st October**  
**Bradley Stoke Library**  
**10:30-11:30 am**

**Got a story to tell but not sure how to start? Whether you're a confident storyteller or a beginner, unleash your creative side with our fun, free Halloween creative writing session!**

**Suitable for children aged 4 upwards.**



## Santas on the Run returns!

A much-loved Christmas event – Santas on the Run, which will see people dressed as Father Christmas, elves and other festive characters, is being held on **7 December** in the grounds of Children's Hospice South West's (CHSW) hospice at Charlton Farm in Wraxall.

This is the third year the 2k festive run has been held in the beautiful grounds of Charlton Farm. Last year's event raised an incredible £15,000 for CHSW.

People are encouraged to arrive in festive fancy dress, with prizes on the day for the best dressed child, adult, pram and dog. Money raised from Santas on the Run will go towards offering care and support to local families who use CHSW's three hospices, including Charlton Farm.

**Tickets are available to buy online at [www.chsw.org.uk/event/santas-run-north-somerset-2025](http://www.chsw.org.uk/event/santas-run-north-somerset-2025)**

**Also included in the ticket price is half-price entry to Noah's Ark Zoo Farm** on the weekend of the event for the ticket holder and up to four friends and family.

CHSW Events Fundraiser, Hollie Thorogood, said: *"We can't wait to see all of Santa's little helpers at our Santas on the Run event this year and hope everyone can join us for another fun-filled day. We're delighted to hold the event at Charlton Farm for the third year and show people our amazing hospice."*

All money raised from Santas on the Run will help CHSW to continue providing care to local children living with life-limiting conditions and their families. Participants are encouraged to raise £25 in sponsorship as an individual and £70 per family.

**[www.chsw.org.uk](http://www.chsw.org.uk) | 01275 866600**



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TMTG Presents:

## Oklahoma!

29th October - 1st November,  
Olympus Theatre, Filton

Thornbury Musical Theatre Group will be back this October with 'Oklahoma!'. The fantastic cast and crew are well underway with rehearsals and preparations for what is shaping up to be an unmissable show.

'Oklahoma!' is Rodgers and Hammerstein's classic musical, bursting with romance, rivalry, and showstopping songs. Set on the American frontier, it follows the spirited farm girl Laurey, charming cowboy Curly, and brooding farmhand Jud in a love triangle that plays out against the backdrop of a community on the brink of change.

Packed with unforgettable tunes like Oh, What a Beautiful Mornin', The Surrey with the Fringe on Top, and People Will Say We're in Love, the show made history in 1943 as the pair's first collaboration, revolutionising musical theatre with its blend of story, song, and dance.

The production will be staged at the Olympus Theatre, Filton from 29th October to 1st November. Performance times are 7.30pm on 29th, 30th and 31st October. There will be two performances on Saturday 1st November at 2pm and 7pm.

Tickets are available at [www.tmtg.org.uk/tickets](http://www.tmtg.org.uk/tickets) and start at £16.

This production is suitable for all ages, however, parental discretion is recommended for younger audience members. If you would like more information about any aspect of the show, please contact TMTG on 07516 270140 and we will be happy to help.



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## Thornbury Art Club -

October Club Night is Tues 28th – Mark Warner

Every 4th Tuesday of the month, Thornbury Art Club invites an artist to give a talk or demonstration. This Club Night, Mark Warner will demonstrate the use of tone and colour in the landscape. He will use acrylic paints to create an art piece depicting the Malvern Hills. Mark will show how he builds up layers within a painting. He will give a very informative demo, delivered in a popular and enthusiastic manner. Mark is an experienced practising artist and tutor. He works from his studio in North Shropshire.

We'll have a short break during the evening for free tea, coffee, and biscuits. This will give us an opportunity to catch up with each other and of course say hello to our visitors. There will also be some time to chat to the artist and ask questions. Don't miss this fantastic chance to learn, socialise, and enjoy an evening of art, whether you're just starting out or looking to refine your skills.

**Painting Workshop Saturday 1st November** Watercolours with Catherine Beale. Catherine will teach us some of her wet-in-wet techniques in capturing light and the use of punchy colours and tone to create atmosphere in our painting. A professional artist, her work has been in many group and solo exhibitions and can be found in private and public collections worldwide. Catherine is a member of the Society of Women Artists.



Members free, non-members very welcome - £6 on the door, cash or card. 7.15 for 7.30pm until 9.30pm. If you're interested in joining the Club, our membership secretary, Pat will be on the door to give you more information, or else contact us below.

Venue: - St Mary's Church Hall, Eastbury Road, Thornbury, BS35 1DR Free parking on-site.

We also run an Outdoor Sketching Group on the 2nd Saturday of the month.

For more details on any of the above, visit:

[www.thornburyartclub.co.uk](http://www.thornburyartclub.co.uk),

[www.facebook.com/ThornburyArtClub](https://www.facebook.com/ThornburyArtClub),

or email:

[publicrelations.tac@gmail.com](mailto:publicrelations.tac@gmail.com)



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## THORNBURY Art Club

## Why use a Solicitor to obtain Probate and Administer the Estate of someone who has died?

After someone dies, their affairs are finalised by their Personal Representative ('PR') who would either be appointed in their Will or under general law if there is no will. It is open to any PR to try to deal with the estate themselves, but very often there will be complexities which is why a solicitor should be instructed.

The rest of this article will assume you are the PR and set out reasons why you may wish to do this:-

The first reason is that after a loved one has died, it is an extremely difficult and emotional time, yet you would have to deal with a great deal of paperwork and responsibility. Do you even know where to start?

You would have personal liability for any mistakes you make which caused a financial loss to those inheriting. This could include not collecting in certain assets or paying tax on time. You would have to put your hand into your own pocket to make good those losses.

Wills are legal documents and inevitably their language is legal. It can be hard to understand and Wills do tend to be written by lawyers for lawyers.

You would need to know whether or not a Grant of Probate would be needed in your estate. You would need to know what this is and whether a different type of Grant might be needed.

There can be many different sorts of tax which come into play in an estate, including Inheritance Tax, Capital Gains Tax and Income Tax. You may need to value the estate extremely accurately, report to HMRC and arrange for it to be paid. Penalties and interest can be applied if you are at fault.

Dealing with someone's affairs after they have died can be lengthy and extremely time consuming. You may have to do this in your spare time when you are not working or dealing with other family issues.

Emotions often run high after a death. Family members may criticise you (perhaps wrongly) for not dealing with matters quickly enough or



Ian Coules, Probate Solicitor

keeping them informed. They may claim that you are making mistakes and that you have not, for example, obtained the best price for an asset. Leaving matters with a solicitor could avoid all this.

It is your duty at the end to prepare detailed estate accounts, ie figures showing the assets received and liabilities paid out, together with information on tax, changes in values, amounts going to different beneficiaries etc. These can be very complicated, but a solicitor would know how to prepare them, down to the last penny.

Solicitors undergo years of training to be able to deal with matters like these efficiently and in an understanding manner. We are here to help, when help is most needed.

**Our Probate team understand that dealing with the affairs of a loved one after death can be complicated and stressful.**

**If you would like to get in touch to see how we can assist you, please call us on 0117 962 1205, email [info@amdsolicitors.com](mailto:info@amdsolicitors.com) or drop in to one of our four Bristol offices.**

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## Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

### BABY AND TODDLER GROUPS

**Beehive Baby and Toddler Group**, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

**Busy Bees Toddler Group** Bradley Stoke Evangelical Church Tuesdays from 10 till 11.30 during school term time phone 0117 931 4716

**First Steps Toddler Group** - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

**Trinity Tots** - Mondays 9:30 - 11:00 during term time. Contact Holy Trinity Church Office on 01454 620975

### LOCAL CLUBS AND ORGANISATIONS

**1st Bradley Stoke Scouts** - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Whetafield Primary School. Please have a look on our website for further information for both young people and adult volunteers at [www.bradley-stoke-scouts.org.uk/join](http://www.bradley-stoke-scouts.org.uk/join)

**1st Little Stoke Scouts** - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. E: [littlestokescoutgroup@outlook.com](mailto:littlestokescoutgroup@outlook.com) W: [1stlittlestokescouts.co.uk](http://1stlittlestokescouts.co.uk)

**Arts Appreciation Group** - Join us as the Greenfield Centre, Park Avenue, Winterbourne on the third Thursday of the month at 2pm from October to June.

**Bradley Stoke Community Singers** - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all [info@bscsingers.co.uk](mailto:info@bscsingers.co.uk) or call 07725 890120

**Bradley Stoke Lions** meet every 2nd Monday in the Willowbrook Centre, 1st floor conference room at 7.30 pm Ailsa Young, 07737 106836 [ambyoung29@yahoo.com](mailto:ambyoung29@yahoo.com)

**Bradley Stoke Radio** - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 [bradleystokeradio.org.uk](http://bradleystokeradio.org.uk)

**Bradley Stoke Rotary Club** Meets on the 1st and 3rd Wednesday of the month at the Doubletree Hilton hotel in Bradley Stoke. Contact Secretary Karen on 07540 458119

**Bradley Stoke Sew and So's** - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, [bradleystokesewandsos.weebly.com](http://bradleystokesewandsos.weebly.com)

**Gifford Ensemble** - A small and friendly group looking to grow to a full orchestra. We rehearse Sunday evenings from 7.15 to 8.45pm at The Trust Hall, Stoke Gifford during Term Time. For more information find us on our Facebook page: Gifford Ensemble or e-mail [secretary@giffordensemble.uk](mailto:secretary@giffordensemble.uk)

**Gifted drama group** Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

**Girl Guides, Brownies & Rainbows** - [admingirlguidingbsg.org.uk](mailto:admingirlguidingbsg.org.uk), [girlguidingbsg.org.uk](mailto:girlguidingbsg.org.uk)

**Goldies** - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. Not a choir, just a get together to have some fun. We meet every Tuesday 2-3pm The Old School Rooms, Stoke Gifford. £3 per session. All welcome.

**Knit, Stitch & Natter** Bradley Stoke Library Thursdays 10am, bring your own project, just turn up and join our friendly group. Adults only.

**Little Stoke & District Ladies Club** - meets the 1st & 3rd Tuesdays 7.30pm at Little Stoke Baptist Church, Kingsway. T: Julie 0117 931 5007

**Sevenside Ramblers** - walks most Sundays and alternate Fridays. Check out our website for details <https://sevenside-ramblers.org.uk>

**Silverwinds Flute Choir** - meet once a month on a Thursday evening 19:00 - 21:00 at Christ the King Church. For more details please visit [www.silverwindsflutechoir.co.uk](http://www.silverwindsflutechoir.co.uk) or email [silverwinds@michellekrawiec.co.uk](mailto:silverwinds@michellekrawiec.co.uk).

**St. John Ambulance** - 100s of volunteer roles available for 18+. Your local unit meets in Bradley Stoke on a Thursday evening. More information at [www.SJA.org.uk](http://www.SJA.org.uk) or e-mail the New Volunteers Team at [BAS-NVTeam@sja.org.uk](mailto:BAS-NVTeam@sja.org.uk)

**Stoke Gifford Community Choir** We are a friendly mixed choir singing a wide range of music. No auditions. We rehearse at Stoke Gifford Retirement Village Hall, BS16 1YG, on Tuesdays, 7.00-8.30 pm. For further details, email [natasheya.archer@extracare.org.uk](mailto:natasheya.archer@extracare.org.uk).

**Stoke Gifford Royal British Legion** Looking for members and volunteers. We meet 3rd Mon of each month 7:30pm Little Stoke Park Hall. Contact Ray: [sgbinfo@gmail.com](mailto:sgbinfo@gmail.com) See us on Facebook . or <http://www.britisshlegion.org>

**U3A - Bristol U3A** - For retired or semi-retired. Meet new friends and enjoy an amazing range of interests and activities. See us at <https://www.u3asites.org.uk/bristol/welcome> . Our "Stokes" Social Group welcomes new members. Email Andy: [andyclarke2@pm.me](mailto:andyclarke2@pm.me)

**Willowbrook Townswomen's Guild** - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Call Jannice on 01454 615040 or email Ros - [rosalindg@tiscali.co.uk](mailto:rosalindg@tiscali.co.uk)

**Winterbourne Wind Band**- Thursdays 7.30-9.30pm at Holy Trinity church Bradley Stoke. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

**Women's Institute (WI)** - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact [bradleystokewi@gmail.com](mailto:bradleystokewi@gmail.com) ; FB: Bradley Stoke WI ; <https://bradleystokewi.org>

**Women's Institute (WI)** - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 07887 373924

**Young At Heart Club** meets at the Christ the King Church, Bradley Stoke every 2nd and 4th Thursday of the month from 2pm - 4pm. Set up 20 years ago and aimed at people over the age of 50 who would like to make new friends, enjoy games, speakers, outings.

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with Church and School information. If your details have changed, please let us know at

**[community@mattersmagazines.co.uk](mailto:community@mattersmagazines.co.uk)** and we will update it for you!

### SPORTS CLUBS

**Almondsbury and Bradley Stoke Tennis Club** - Opportunities for all levels, inc pay and play lessons for all on Saturday mornings, no booking needed. [almondsburytennis.org.uk](http://almondsburytennis.org.uk)

**Aretians Rugby Club for Cubs, Juniors and Seniors** Station Road, Little Stoke [www.aretiansrfc.co.uk](http://www.aretiansrfc.co.uk)

**Black and Blues Netball** - Non-League Social Netball Wednesdays 7.30-9pm Bradley Stoke Community School, contact: [blackandblues\\_netball@outlook.com](mailto:blackandblues_netball@outlook.com).

**Bradley Stoke Bowls Club** - Baileys Court Activity Centre [www.bradleystokebowls.com](http://www.bradleystokebowls.com).

**Bradley Stoke Cricket Club** - throughout the cricket season, we run 6 adult teams and five youth teams. All contacts are on our website at [bradleystokecc.play-cricket.com](http://bradleystokecc.play-cricket.com)

**Bradley Stoke Jiu Jitsu Club** - Chris Harris, [maru.jiujitsu@gmail.com](mailto:maru.jiujitsu@gmail.com) We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

**Bradley Stoke Junior Netball Club** - Meet at the Jubilee Centre every Wednesday U12's - 5.15pm - 6.15pm - U14 & U16's - 5.45pm - 7.15pm [bsncjuniors@yahoo.co.uk](mailto:bsncjuniors@yahoo.co.uk) <http://bradleystokenetballjuniors.org.uk/>

**Bradley Stoke Judo** - Various days and times, Bradley Stoke Leisure Centre, [www.bradleystokejudoclub.com](http://www.bradleystokejudoclub.com)

**Bradley Stoke Town Football Club** - FA Charter Standard Community Club, Adult training, Tuesdays at Patchway Sports Centre. For more info visit [www.bstfc.co.uk](http://www.bstfc.co.uk) or contact [bstfc2005@gmail.com](mailto:bstfc2005@gmail.com)

**Bradley Stoke United Football Club** - Football from U7's to U16's see website [bsufc.co.uk](http://bsufc.co.uk)

**Bradley Stoke Youth FC (BSYFC)** -- FA Charter Standard Community Club, U7s to U18s, disability football, mentoring, in-school coaching and football festival. Visit web site [www.bsufc.co.uk](http://www.bsufc.co.uk) or contact [mlee1@btopenworld.com](mailto:mlee1@btopenworld.com)

**Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club for Minis, Juniors and Seniors** - Trench Lane, Almondsbury website: [www.smobrugby.com](http://www.smobrugby.com), 01454 250489 email: [clubhouse@smobrugby.co.uk](mailto:clubhouse@smobrugby.co.uk)

**Bristol Extreme Allstar Cheerleaders** - Wednesdays 7-9pm Little Stoke Primary School, [bristolxtreme@gmail.com](mailto:bristolxtreme@gmail.com)

**North Bristol Rugby Club**, Rugby teams from 4+ [www.pitchero.com/clubs/northbristoljuniorsrfc/](http://www.pitchero.com/clubs/northbristoljuniorsrfc/) .

**North Bristol Running Group** friendly group, 3 evenings per week, Tues, Weds, Thurs, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. Alan 0789 0182387. Find us on FB.

**North Bristol Triathlon Club**: Swim, Bike and Run sessions throughout the week around North Bristol/South Gloucestershire. Suitable for all levels. Find us on Facebook or email [membership@northbristoltri.co.uk](mailto:membership@northbristoltri.co.uk).

**Parkrun** is a weekly 5km event where you can walk or run that takes place in the Three Brooks nature reserve every Saturday at 9.00. You just need to register with parkrun to take part

**Sole Sisters** - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, [www.solesistersrc.co.uk](http://www.solesistersrc.co.uk)

**South Glos Hockey Club** Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. <http://www.sghc.org.uk>, **Facebook** - **South Gloucestershire Hockey Club**

**Stokes Cycling Club** - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - [www.stokescyclingclub.org.uk](http://www.stokescyclingclub.org.uk) [stokescyclingclub@googlemail.com](mailto:stokescyclingclub@googlemail.com)

**Stoke Gifford Cricket Club** -- All ages and abilities welcome at a real community club. Contact Mark Stephens on 07816 962503.

**Stoke Gifford Short Mat Bowls Club** - Monday, Tuesday and Friday afternoons. For more information please contact 0117 330 5487.

**Stoke Gifford Tennis Club** - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

**Stoke Lane Athletic Football Club** -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via [www.stokelane.co.uk](http://www.stokelane.co.uk) or email Club Sect 'steve' [pspayne@blueyonder.co.uk](mailto:pspayne@blueyonder.co.uk) or Club Mobile 07972 039413

### CHURCHES / COFFEE MORNINGS

**Amberley Road Baptist / Cafe Church**, Patchway, 01454 610808

**Bradley Stoke Evangelical Church** Baileys Court Road [www.bsec.org.uk](http://www.bsec.org.uk)

**Christ the King Church** Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. [www.ctkchurch.org.uk](http://www.ctkchurch.org.uk)

**City Church** Bradley Stoke Community School, 0117 924 3322 [www.citychurch/visit/bradley-stoke-site](http://www.citychurch/visit/bradley-stoke-site)

**Equippers Church** 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. <https://equippers.co.uk>

**Holy Family Catholic Church** Southsea Road, Patchway 0117 9081247 [www.holyfamilyrcchurchpatchway.co.uk](http://www.holyfamilyrcchurchpatchway.co.uk)

**Holy Trinity Church** Broadcroft, Bradley Stoke 01454 620975 [www.htcbradleystoke.co.uk](http://www.htcbradleystoke.co.uk)

**Little Stoke Baptist Church**, Kingsway, 0117 969 6060. The Place community coffee & lunch Thursday mornings 10am-2pm. All Welcome.

**St.Michaels Church**, The Green, Stoke Gifford 0117 9692486 [welcome@stmichaelsbristol.org](mailto:welcome@stmichaelsbristol.org). Coffee shop open Monday - Friday 8.30am-4pm. Saturdays 10am-1pm

**Stoke Gifford Baptist Church** 1, Rock Lane, 01454 610808



## Local Schools

### PRIMARY SCHOOLS

**Baileys Court Primary School**, Breaches Gate BStoke, 01454 838320

**Bradley Stoke Community School Primary Phase**, Fiddlers Wood Lane BStoke BS32 9BS 01454 868840

**Bowland Green Primary School**, Ellicks Close BStoke, 01454 866766, bowlandgreen.org.uk

**Holy Family R.C. Primary School**, Amberley Road Patchway, 01454 866786

**Holy Trinity Primary School**, Broad Croft BStoke, 01454 866735, www.holytrinitypri.com

**Little Stoke Primary School**, Little Stoke, 01454 866522, http://www.littlestokeps.co.uk

**Meadowbrook Primary School**, Three Brooks Lane BStoke BS32 8TA, 01454 868630, meadowbrookprimary.co.uk

**Stoke Lodge Primary School**, School Close, Bourton Avenue, Stoke Lodge, Patchway BS34 6DW 01454 866772

**St Chad's Patchway C of E Primary School**, Cranham Drive, Stoke Lodge, Patchway 01454 866523

**St. Mary's R.C. Primary School**, Webbs Wood Lane BStoke, 01454 866390,

**St Michael's Primary School**, Ratcliffe Drive, Stoke Gifford 01454 866781. www.stmichaelsg.co.uk

**Wheatfield Primary School**, Wheatfield Drive BStoke, 01454 868610

### SECONDARY SCHOOLS

**Abbeywood Community School**, New Road Stoke Gifford BS34 8QT, 0117 307 5660, abbeywoodschool.com

**Bradley Stoke Community School**, Fiddlers Wood Lane Bradley Stoke BS32 9BS, 01454 868840, bradleystokecs.org.uk

**Patchway Community College**, Hempton Lane Almondsbury BS32 4AJ, 01454 862020, patchwaycc.com

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Unit 15 Hemingway Business Centre  
Walker Way, Thornbury, Bristol, BS35 3US



# Strictly glitter ball

Friday 7th November from 7.15pm - 12.00am

Join us for a fabulous night of glitz and glamour with our 'Strictly' inspired evening. Shimmy down in your sequins and suits and show off your best moves! Includes three course dinner, entertainment and DJ.

£35 per person

Scan the QR code or pop  
to reception to book.

