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## Dear Readers....

Summer will soon be upon us and I for one have definitely been enjoying the wonderful sunshine we have been experiencing of late. Here's hoping it continues a little while longer! Nothing says summer more than a beach and the Willow Brook Centre are pleased to have their sandy beach back from the end of May for all to enjoy.

Our front cover depicts local scout leader Alison Emsley being presented with one of the top honours in scouting for all her hardwork and commitment to the local troop, you can read more overleaf.

Having just recently returned from Badminton Horse Trials (as I write this) and been awed by the history making duo who won this prestigious event, we have included a feature on hard-working mums and also local residents helping to keep up the traditions - see pages 26-27. As you will also notice, we are looking for a person to join us in producing the local magazines. If you think you are the right person to help, we'd love to hear from you.

The fabulous Bradley Stoke festival and youth football tournament returns on Saturday 6th June - see page 11. Winterbourne Barn is also in full preparation for their brilliant Medieval Day on Sunday 28th June. Enjoy stepping back in time with activities and stalls for all ages to delight in, see page 37 for more information and other event listings.

There are lots of other updates and diary dates within our pages this month, so do enjoy having a good look through to make sure you don't miss anything!

A huge thank you to all our advertisers who continue to support us, we couldn't produce this magazine without you. Please, if you get the opportunity, do let our advertisers know that you have seen them within our pages. If you are a business looking to promote your services across the local area in 2026, do get in touch and we will be happy to help.

Jaci

Deadline for the June edition is 17th June.

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2005 - 2026

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## Wasps ... they're back!

This year is going to be a busy time for wasps ... we have had very little frosts and cold weather over the winter period to eliminate hibernating queens. If you have noticed an increase in wasp activity or spotted a nest call us to carry out a guaranteed wasp treatment.

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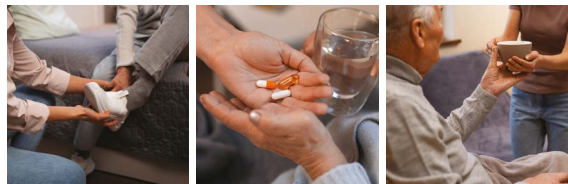
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## Dedicated Scout Leader Alison Emsley Honoured with Top Adult Award

An assistant Scout leader from Stoke Gifford has been recognised for her outstanding dedication and service, receiving one of the highest awards in adult Scouting.

Alison Emsley, of the 1st Stoke Gifford OSR Scout Troop, was presented with the honour by the Avon County Scouts Deputy Lead Volunteer during a special moment in front of the troop on their return following the Easter break. The award celebrates Alison's tireless commitment and the significant impact she has made on both the Scouts and the wider community.

A valued volunteer, Alison plays a vital role behind the scenes. She is known for sewing practical plate bags used on troop camps to store eating equipment, helping ensure smooth and organised outdoor experiences for young people. In addition, she regularly collects unwanted clothing for reuse and recycling for troop fundraising, and works alongside others to provide catering for camps and cooking sessions—often taking on responsibilities that go unseen but are essential to the troop's success.

Her contribution extends far beyond Scouting. Alison is deeply involved in her local church, where she is an active member of the choir and a familiar face supporting others in the community. Known for her kindness and generosity, she frequently runs errands and offers help wherever it is needed.

Remarkably, Alison has continued to give her time and energy despite recently recovering from major surgery, demonstrating a level of resilience and commitment that has inspired those around her.

When she does find a moment to relax, Alison is a devoted supporter of the Bristol Bears, following the team with enthusiasm.

Fellow leaders and Scouts alike expressed their admiration, with many echoing the same sentiment—no one quite knows how she manages to fit it all in!



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## A place for well-being

What started as a warm welcome space has developed over the years to become an important space of well-being in Little Stoke. Every Thursday from 10.30am-2pm people from all walks of life and from the local area gather together. Some are looking for a place to be with friends, others come who are lonely, and others come who are looking for help and support.

Whatever the reason, there is a place for everyone offering refreshments and a light lunch. Surplus food from local supermarkets is available, clothing items, games, books and an assortment of items donated for the community.

The Place is supported by South Gloucestershire Council and local donations. What you will find is a warm welcome, friendly people and something for everyone. There is a group of men who play chess, women who knit, crochet, chat or do crafts and an area for toddlers with toys and games. There are often visits from local services like Sirona Health, community police, councillors, Age UK and other support services just happy to chat. What you will always find is a listening ear and a friendly smile. So why not come along on a Thursday and check us out?

We meet in Little Stoke Baptist Church on Kingsway in Little Stoke, 10.30-2pm every Thursday. Car parking is free.

Pictured is our great team of volunteers ready to serve you!



## Biggest exploration of Venus will create more than 100 new jobs locally

OHB Space UK is expanding its base in the West of England after being awarded a £20 million contract for the biggest mission to Venus in the history of space exploration. The German company OHB SE, which opened a UK subsidiary in 2025, will grow its British workforce by more than 100 highly skilled engineers over the next five years as they work on the EnVision mission.

Led by the European Space Agency, OHB Space UK will be responsible for the assembly, integration, and testing of the EnVision spacecraft to make sure it is ready to qualify for operation in space. The contract value is estimated to be £20.7 million. As well as expanding the team, OHB Space UK will also be moving to a bigger, state-of-the-art facility at Aztec West.

The new home for OHB Space UK, currently based at Bristol and Bath Science Park, will include one of the largest and most advanced cleanrooms in the UK. A cleanroom is a specialised, controlled environment, which minimises the risk of contamination in the manufacturing process which is essential for high precision work.



Helen Godwin, Mayor of the West of England, said: "I am thrilled that OHB Space UK are expanding and that the West of England will be making a real contribution to such an important mission in space. Back here on Earth, we are already home to the industries and engineers who make space flight possible, and with our four incredible universities we have a pipeline of talent for future jobs in this industry. With these new jobs, and more investment to come, it's fair to say that the fastest-growing economy is really taking off!"

The EnVision mission in 2031 will study Venus's geology, atmosphere and climate through satellite to learn how the planet, which is most like Earth, evolved to become uninhabitable and if it used to have a climate more like ours.

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# THE BEACH IS BACK!

FRIDAY 22<sup>ND</sup> MAY

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## You're Not Imagining It:

### Why the Weather Really Does Affect How You Feel

There's a moment most of us recognise. You wake up, pull back the curtains... and it's grey again. Not dramatic, not stormy, just that familiar, sky. And somehow, your energy dips before the day has even begun. It's easy to dismiss this as a lack of motivation. Actually, your body is responding exactly as it's designed to.

**The science behind the slump:** Light is one of the most powerful regulators of our internal body clock. Exposure to daylight helps control our sleep-wake cycle, energy levels, and even mood. When natural light is limited, like during those lingering grey spells, we produce more melatonin (the sleep hormone) and less serotonin (which plays a key role in regulating mood). This is why some people experience more noticeable dips, sometimes diagnosed as SAD: Seasonal Affective Disorder. Even without a diagnosis, many of us feel a 'quieter' version of this; lower energy, reduced motivation, and a tendency to retreat indoors. So no, it's not "just you."

**The South West Effect:** Living here in the South West, we're no strangers to unpredictability. Spring and early summer can bring a mix of bright, uplifting days alongside long stretches of cloud, drizzle, and cool air. The challenge? We often wait for the "perfect" weather to feel good, be active, or get outside. And when it doesn't arrive, our habits slip. Walks get postponed. Fresh air becomes optional. Movement becomes negotiable. Over time, this creates a subtle but powerful pattern. The weather starts to dictate our wellbeing.

**Shifting from Reaction to Rhythm:** What if, instead of reacting to the weather, we worked with it? Research consistently shows that regular exposure to daylight, even on cloudy days, supports mood, sleep, and overall health. In fact, outdoor light levels on a grey day are still significantly higher than indoor lighting. This means that stepping outside, even briefly, can have a measurable impact. The key, therefore, is consistency, not the conditions.

#### 3 Simple Ways to Weatherproof your Wellbeing:

##### 1. Lower the bar for getting outside

It doesn't have to be a long walk or a full workout. Ten minutes of fresh air between meetings, during the school run or after dinner is enough to signal to your body that it's daytime.

##### 2. Dress for the day you have, not the one you want

A light waterproof, an extra layer, or comfortable



## Tip the Balance

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footwear can remove just enough friction to make getting outside feel easy rather than effortful.

3. **Anchor your routine to time, not temperature**  
Instead of deciding based on how it looks outside, build habits around your day. A morning step outside, a lunchtime walk, or an evening reset, regardless of the forecast.

#### We Need to Make Peace with the Grey

Those brighter, sunny days will come, and when they do, they'll feel even better for it. But waiting for them isn't a strategy for wellbeing. Let's face it, in a place like the UK, learning to embrace the weather isn't just helpful, it's essential.

If this resonates, it might be a helpful time to check in with your own approach to movement using our **Elemental Approach to Wellbeing** (<https://www.tipthebalance.life/elemental-approach-to-wellbeing/>). The Meaningful Movement element, and our Movement Wheel, are designed to help you build flexible, realistic habits that work with your life (and the British weather), rather than against it (<https://www.tipthebalance.life/elemental-approach-to-wellbeing/meaningful-movement/>).

If you're ready to feel more consistent, energised, and in control of your wellbeing, whatever the forecast, get in touch to explore how we can support you.





## Summer Starts Here... Have You Booked Yet?

### Sunshine, Savings & Smarter Holiday Planning

With longer days and warmer weather finally here, summer is just around the corner — and holiday plans are becoming very real.

Some of you will already be counting down... but if you haven't booked yet, don't worry — you're not too late.

There are still some fantastic overseas deals available — but they won't hang around for long.

### Still Looking for Summer 2026?

At this stage, it's all about knowing where to look. I'm currently helping clients secure:

- Late availability in popular destinations
- Great-value all-inclusive holidays
- Family-friendly resorts with the best remaining flight times

Top choices right now include Greece, Turkey, Spain, the Canary Islands and the Balearics.

Availability is tightening — so if you're still thinking about it, now's the time to act.

### Planning Ahead? You're Right on Time

While some people are finalising summer plans, others are already locking in October half-term, Christmas and Winter Sun — and even looking ahead to 2027 and 2028.

Booking early gives you:

- Better choice of hotels and resorts
- More convenient flight times
- Access to the best offers

### Disney 2027: Early Booking = Big Rewards

If Disney is on your wish-list, now is one of the best times to plan.

Current 2027 offers include:

- FREE Dining & Drinks (selected packages)
- Up to \$300 Disney Gift Card
- Save up to £400 per booking (book by 2nd July)
- ZERO deposit options

These offers don't last and the most popular hotels go first.



### What's Trending?

- **Short haul:** Greece, Turkey, Spain, Canaries, Cyprus
- **Long haul:** Thailand, Florida, Mexico, Cape Town
- **Cruise:** Mediterranean, Caribbean, Fjords & Canaries

### Top Tip:

If you haven't booked summer yet — don't leave it too long. Prices and availability can change quickly.

**Thinking about 2027?** Booking early secures the best deals and choice.

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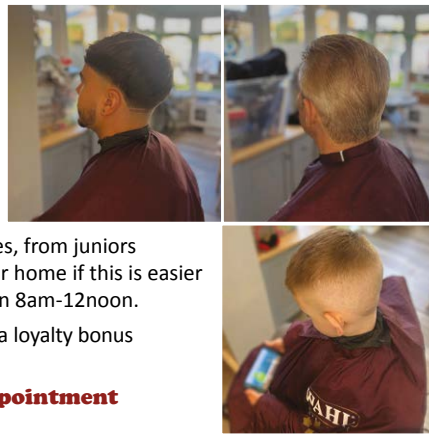
## New for Men's Hair in Bradley Stoke!

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You can also find him on FB: harrysbarberstudio



## Spirit Health Club: Finding Your Wellness Space

Spirit Health Club has grown into something we are incredibly proud of, a welcoming, supportive community that continues to grow day by day. It has quickly become a space where friendships are formed, memories are made, and wellbeing feels genuinely personal.

We may be a small club, but we have a big heart.

At Spirit, we believe wellness is about more than exercise. It's about feeling comfortable from the moment you walk through the door, whether that's thanks to the friendly, familiar faces on our team or the warm connections made with fellow members along the way. From shared swims and gym sessions to relaxed chats after a workout, our club is a place where everyone is welcome.

We're proud to offer our members far more than just great facilities. As part of the Spirit community, members enjoy a range of exclusive benefits, including 20% off drinks at the hotel, children aged four and under swimming for free, and our popular Free Friend Friday, held on the first Friday of every month.

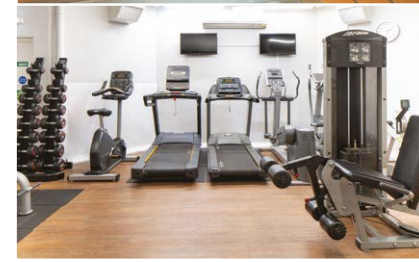
We also reward commitment through attendance incentives and referral rewards, alongside discounts with selected local businesses in the area, with even more benefits always being added.

### Reader offer:

To make joining even more inviting, we are currently offering a £0 joining fee. As a special thank you to readers of this magazine, anyone who brings a copy with them when joining will receive one complimentary guest pass, along with a coffee voucher for three free hot drinks, perfect for relaxing before or after a workout. We also offer discounted memberships for Blue Light card holders, students, and employees of selected local businesses.

**If you're considering joining or would simply like to learn more, we'd love to welcome you.** Please feel free to contact us to arrange a personal tour of the club with one of our friendly leisure team, and discover how Spirit Health Club could become YOUR wellness space.

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## A growing team blossoming at Dawn Clode's holistic, garden treatment room



Left to right: therapists Eva, Dawn & Ella

In the last issue, we introduced therapist Ella to Dawn's holistic treatment room based in Little Stoke. The pair met when Ella gained Reiki qualifications on a series of Dawn's popular courses. Ella is also a qualified massage therapist, Sound healer, Crystal therapist and a Cacao ceremony facilitator – born out of linking to her family heritage. Sharing her treatment space with Ella has worked so well that Dawn is now pleased to welcome talented therapist, Eva to the friendly team.

Eva is a self-employed Massage Therapist with over four years of experience working across both sporting and clinical rehabilitation environments.

With a background in Sports Rehabilitation Eva shares, "I take a holistic and client-centred approach to wellbeing, helping clients reduce pain, recover from injury, unwind from everyday stress and feel their best both physically and mentally." This is a working ethos very much aligned with Dawn, who has been practising Holistic treatments locally for over a decade.

With a passion for sport, Eva coaches and plays lacrosse, as well as being an avid runner, all of which gives her a greater understanding of the physical demands sport can place on the body and the importance of recovery, movement and self-care.

Alongside sports and clinical massage, Eva is excited to continue growing within the wellness industry by developing her knowledge in Reflexology, Aromatherapy and Reiki, enabling her to offer a greater holistic approach to healing and wellbeing. She also speaks conversational French and Spanish, as well as British Sign Language (BSL), which helps her connect with and support clients from a wide range of backgrounds.

All of the local therapists that practice at Dawn's treatment centre are dedicated to creating a calm, welcoming space where people feel comfortable, cared for and able to truly relax during their treatment. If you would like to find out more or book in with any of these local, holistic therapists please contact Dawn.

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We have had another fantastic term at Little Stoke Primary, with lots going on! From exciting classroom projects to enriching trips and special events, it has been wonderful to see our pupils so engaged and enthusiastic in their learning.



**Key Stage 2** put on a wonderful performance of Peter Pan, delighting audiences with their energy, confidence, and talent. From the colourful costumes to the lively songs and acting, every pupil played their part in bringing the story to life.

The children worked incredibly hard in the weeks leading up to the performance, learning lines, practising songs, and perfecting their staging. Their dedication truly paid off, resulting in a show that was both entertaining and memorable.

A big well done to all of the pupils involved, as well as to the staff who supported them behind the scenes. It was a fantastic achievement and a highlight of the term for everyone who came to watch!



**Year 3** enjoyed taking part in scooter training this term, developing their confidence and skills while learning how to stay safe on the roads. The sessions focused on balance, control, and awareness, helping



pupils to understand how to use their scooters responsibly.

The children had a fantastic time practising their techniques and navigating different courses, all while building their independence. It was great to see their enthusiasm and progress throughout the training.

Well done to all of Year 3 for their excellent effort and positive attitude!

**Year 6** visited the Life Skills Centre this term, where they took part in a range of practical and engaging activities designed to prepare them for everyday situations. The visit provided valuable opportunities for pupils to learn about personal safety, decision-



making, and how to respond in different real-life scenarios.

Throughout the sessions, the children showed great maturity and enthusiasm, asking thoughtful questions and fully engaging with each activity. It was a highly informative experience that will support them as they continue to grow in independence.

Well done to Year 6 for representing the school so positively!

**Years 3 and 4** enjoyed a fantastic visit to Slimbridge Wetland Centre this term (photo above), where they had the opportunity to explore a wide variety of habitats and wildlife. The trip brought their learning to life, allowing pupils to observe different bird species up close and learn about the importance of conservation.

The children took part in engaging activities, including guided walks and interactive sessions, which helped deepen their understanding of the natural world. They showed great curiosity, asking thoughtful questions and demonstrating excellent behaviour throughout the day.

It was a memorable experience for all involved and a wonderful way to enrich their classroom learning.



**EYFS and Year 1** enjoyed a wonderful trip to visit Farmer Ed at Court Farm. The children had a fantastic time exploring the farm, meeting a variety of animals, and learning about life on a working farm.

Farmer Ed made the visit especially engaging, sharing his knowledge and encouraging the children to get involved in hands-on activities. From feeding animals to learning where food comes from, the experience brought their learning to life in a fun and memorable way.

The children were a credit to the school, showing enthusiasm, curiosity, and excellent behaviour throughout the day. It was a truly enjoyable trip for everyone involved!



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## Mental Health Support: Putting the right help in the right place

Clare Moody, Police and Crime Commissioner (PCC) for Avon and Somerset

At some point in our lives, most of us will either experience mental ill health ourselves or support someone close to us who does. The mental health charity Mind estimates that one in four people will experience a mental health problem in any given year, making it clear how important it is that the right help is available when people reach crisis point.

The police are not always the right agency to respond to every incident, most of the time health professionals are far better placed to help. Recognising that - and building services around it - is essential to protecting people at their most vulnerable.

There are times when an emergency service response is necessary. That is why I am a co commissioner, alongside the NHS and the Fire service, of the Integrated Access Partnership (IAP). This model brings together mental health services, ambulance services and out of hours primary care to ensure that when emergency services are contacted, people receive the most appropriate and timely response to their mental health needs.

The IAP is delivered through a multidisciplinary team within Avon and Wiltshire Mental Health Partnership, working alongside South Western Ambulance Service and BrisDoc.

What this looks like in practice:

- The Mental Health Specialist Desk, where mental health nurses review and triage 999 calls involving mental health needs, supporting decisions about the most appropriate response.
- Mental Health Response Vehicles, providing blue light responses directly to people in mental health crisis, led by specialist clinicians.
- The Emergency Services Professionals Line, giving police, fire and ambulance staff immediate access to expert clinical advice while responding to incidents.

A particularly important development has been the deployment of the Mental Health Response Vehicles. More people who trigger emergency call outs are now being supported and treated at the scene rather than taken to hospital. This reduces distress for individuals and relieves pressure elsewhere in the system.



The Mental Health Specialist Desk has also been crucial in reducing unnecessary police attendance at mental health related incidents. This has been strengthened by a dedicated police Link Officer role, based within the South Western Ambulance call centre.

Officers in this role work alongside clinicians on a 24/7 rota, supporting the triage of calls. Where the link officer is in place, police deployments to mental health incidents have reduced by 20 to 30 per cent.

The IAP has calculated that for every £1 invested in this role, £3 is saved – a clear example of how doing the right thing for people also delivers better value for public money.

This approach means that, where appropriate, police officers and ambulances can be stood down and replaced by specialist support better suited to the situation. We avoid unnecessary trips to emergency departments, deploy clinicians directly to people in crisis, and free up emergency services to respond where there is an immediate risk of harm.

Police will always attend when there is a real and immediate threat to life. But protecting people also means getting them the right support, at the right time.

### TALK TO US - Meet the local A&S policing team:

- [Little Stoke Community Cafe](#) 10-12pm  
Weds 3rd June & Weds 1st July
- [Abbeywood Community School \(for students\)](#)  
12-2.30pm, Weds 3rd June & Weds 24th June
- [St Michael's Primary School Summer Fair](#)  
Sat 20th June 1-4pm
- [Little Stoke Primary School Summer Fair](#)  
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- [Brooklands Park Community Centre](#) 1-3pm  
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## Award-Winning Alpacas, Summer Births and New Café Treats at Wolfridge Alpaca Barn

Many local families will already know Wolfridge Alpaca Barn in Alveston as a favourite spot for alpaca experiences, homemade cakes and relaxed countryside visits — and this summer there's even more happening at the Barn.

Owners Craig and Katriona Hyslop are celebrating recent success in the show ring, having been named Champion Small Breeder at the British Alpaca Society National Show 2026.

One of the Wolfridge stars, Fraser (FJ), took 2nd place in the Black Junior Huacaya Male class and is already a favourite with visitors. The team also claimed Huacaya Supreme Champion at the North Somerset Show with Wolfridge Fleur (seen pictured with handler Mick Dore).

Just off the A38 near Thornbury, Wolfridge Alpaca Barn combines alpaca paddocks with a welcoming café serving breakfast and lunch, barista coffee, homemade cakes and afternoon tea, alongside a fully licensed bar offering guests the option to enjoy alcoholic drinks during their visit. The Barn has become a popular spot for celebrating special occasions, catch-ups and family gatherings, with café customers and pre-booked guests welcome to enjoy walks around the paddocks during their visit.

Gift vouchers are also available and are proving especially popular for birthdays, anniversaries and other celebrations. These include bespoke alpaca experiences and the ever-popular Alpaca Experience & Sparkling Afternoon Tea.

The recently updated menu now includes matcha drinks, pancakes, bagels, milkshakes (including vegan vanilla option) and an all-day breakfast — perfect for relaxed summer meet-ups and family days out.



Summer is shaping up to be especially exciting, with 24 cria (baby alpacas) expected, and up to half due to be born at the Barn itself. Last year, visitors were delighted when baby alpaca Felix made a surprise appearance for an alpaca experience in May half term.

Alongside alpaca experiences, the Barn will also run a summer programme of children's craft activities, plus bespoke workshops and open-booking needle felt sessions with Katriona, including:

**26th June: Needle felt a 2D Bristol Balloon scene**

**10th July: Create 3D Dozing Owls**

Families can also look out for the popular summer trails returning this year.

With free parking for café visitors and pre-booked guests, Wolfridge Alpaca Barn is easily accessible from Bradley Stoke and North Bristol.

Visitors can also sign up to the Wolfridge newsletter via the website for updates on baby alpaca arrivals, workshops, trails, seasonal events, exclusive offers and subscriber benefits.

Alpaca experiences, craft workshops and afternoon teas must be pre-booked online via the website.

**Open Tuesday-Sunday 10-4 and upcoming Bank Holiday 25th May - meaning they will be open every day this May Half Term.**

Wolfridge Alpaca **BARN**






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Over the last couple of months, we have shared so many wonderful moments together at nursery. It has been a joy to watch our little ones grow, learn, and explore new experiences every day.

One of the highlights was hosting our Parents' Evening, which gave us the opportunity to share all the amazing progress the children have been making. From developing new skills and building confidence to forming friendships and discovering their independence, it has been lovely to celebrate each child's unique journey with their families.

Our preschoolers are becoming more and more excited as we prepare them for their next big adventure — starting school! We have been helping them build confidence, independence, and readiness for this important transition, and they are all so proud of what they have achieved.

The children have also been enjoying plenty of gardening activities and outdoor fun, making the most of the brighter days and exploring nature together. During one of our Forest School sessions, the children were especially excited to add tadpoles to our pond (main photo above) and learn more about the life cycle of frogs through hands-on exploration.



We are also very excited to welcome our little ducklings, who have already brought so much happiness and curiosity to the nursery.

Looking ahead, we cannot wait to celebrate together at our Graduation Party and Annual BBQ. There are so many special moments still to come, and we are looking forward to making even more happy memories with all our children and families.



If you would like your child to join the fun in 2026, please call Roberta or Sarah to book a visit on **01454 615352**.



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## Olympus Academy Trust appoints new CEO

The Olympus Academy Trust, based in Bradley Stoke and with nine schools across the Bristol and South Gloucestershire area, has now appointed a new Chief Executive.

Claire Moloney-Banks has been Interim Chief Executive (CEO) since last September and takes up her new position at the start of the summer term. She stepped in as Interim CEO following the unexpected passing of the Trust's founding CEO, Dave Baker, in August 2025.

Claire has been with the Trust since 2016, when she joined as an Executive Headteacher, and was appointed Deputy CEO and Director of Education in 2022.

Sarah Williams, Chair of the Olympus Trust Board, said: *"Throughout a rigorous and extensive selection process, Claire has demonstrated the vision, integrity and leadership needed to guide our organisation into its next chapter. The Board believes that Claire will build on our strengths, champion our values and lead with the ambition and care our community deserves."*

Commenting on her appointment, Claire Moloney-Banks commented: *"Being asked to lead the Olympus Academy Trust is a great honour. This community matters deeply to me, and I am privileged to serve it. My vision is simple and clear: that every child, in every school, is known, seen and supported to thrive; that our staff and community are valued, nurtured and empowered; and that our Trust continues to stand for equity, belonging and excellence in all we do."*

*"Together, we will build on strong foundations and shape a future that gives every learner the confidence, agency and opportunity to succeed."*

The Olympus Academy Trust has more than 800 staff and 7,000 learners across its nine schools serving communities in Bristol and South Gloucestershire.



## Sensory Garden and Butterfly Hide

On Friday 8th May, Bailey's Court Primary School proudly opened its newly revamped sensory garden and butterfly hide, alongside a special celebration marking the 100th birthday of David Attenborough.

Thanks to a generous grant from Tesco, they were able to transform their butterfly hide and surrounding area into a vibrant, accessible sensory space. Improvements included the removal of an old walkway, the installation of new ramps and the addition of secure fencing and gates. The space was further enhanced with new planters and a variety of plants, creating a rich and engaging environment for all of the children.

The day began with an opening ceremony, where Sharon (Community Champion) and Sam (Team Manager) from Tesco came along to cut the ribbon! (photo right).

The pupils played a central role in the celebrations as each child decorated their own personalised pebble, which now forms part of a unique display around the garden.

Following the ceremony, classes were invited to explore and enjoy the new space.

At the end of the day, the Friends of School hosted a seed-planting activity, giving children the opportunity to take home their own plants, alongside a well-supported cake sale for families.

Bailey's Court Primary School would like to extend their heartfelt thanks to both the Friends and Tesco, who were instrumental in helping bring this project to life. This new sensory garden will provide a lasting space for learning, exploration and connection with nature for years to come.

### **We loved hearing some of the children's thoughts on the new garden:**

*"I really like that we have done this for David Attenborough, because he is so inspiring."*

*"When I am feeling sad or cross, I'm going to come here and find my pebble and hold it."*

*"I love this garden, I planted this one with the hearts on it and that's my decoration in the tree."*

*"The garden looks like a home for fairies."*

*"My pebble is green with a rainbow and a bug and a flower on it. David Attenborough's favourite colour is green because it's the colour of all the trees and the plants."*

*"I'm going to come back when I am 100 and play here with my children"*





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If you have a child looking to start Reception in September 2026, Bailey's Court Primary School still has a few spaces available so do get in touch! Call 01454 838320 or visit [www.baileyscourt.com](https://www.baileyscourt.com)

## An ode to working (paid or not) mums

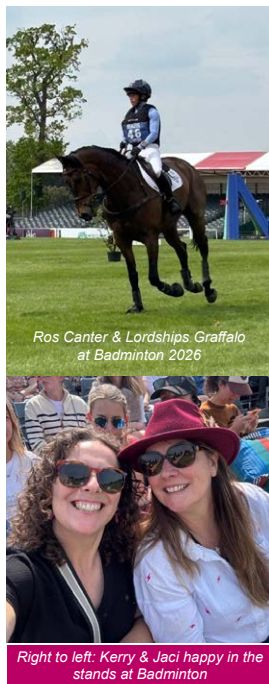
The horsey side of life is not something we often write about within our pages but, after attending Badminton this year and witnessing the amazing achievement of Ros Canter and her horse, Lordships Graffalo, we felt compelled to share a few words. Although we appreciate many who read this will have no or little experience of the equestrian world, a huge number of you will have first-hand experience of being a hard working mum, a role that often poses significant challenges!

Ros Canter gave birth to her second child at the end of January 2026 and in May 2026 won one of the most prestigious prizes in eventing – Badminton Horse trials, for the second year in a row. This third Badminton title adds to her two consecutive Burghley titles, as well as both World and Olympic gold medals. During interviews at Badminton, it was refreshing to hear her share both the mental and physical challenges that getting back to work involved and that often it was trying to find the headspace that proved the more difficult of the two.

Matters Magazines was founded twenty one years ago by Jaci who, prior to having her first child was a financial director and, before the birth of her second, launched Bradley Stoke Matters to enable her to work around her two children. She then aided Kerry to launch Bishopston Matters two years later. To keep in with the equine theme, we will share that we became friends over our obsession of horses over 30 years ago!

On winning the international event Ros gave thanks to her team and family for enabling her to compete. Support networks are again something I am sure many of us have been thankful for. After the birth of both of our respective children, we each had less than a month off – the printing press waits for no one! Our husbands, family and friends helped each of us to achieve this, both with practical help and support of mental wellbeing.

We hope, like both of us, you take heart from Ros Canter who is certainly out there flying the flag for strong women and working mums with her phenomenal achievements, while all the time acknowledging it is not always easy and all we can do is our best. So, whether you're on maternity leave, working a few hours or full-time each week, we just wanted to take this opportunity to say you are all doing an amazing job and we should be proud of all that we achieve no matter what that is.



Ros Canter & Lordships Graffalo at Badminton 2026

Right to left: Kerry & Jaci happy in the stands at Badminton

## Keeping Up Traditions at Badminton Horse Trials: Badminton Scoreboard Manned by local Residents

The prestigious Badminton Horse Trials is a 5 star eventing competition held at the Duke of Beaufort's estate in Gloucestershire every May. The inaugural event was in 1949. Top level riders, horses and a mass of volunteers head to the village of Badminton to support the running of the horse trials.

Whilst we were at Badminton this year (see article opposite), we were delighted to bump into Wendy, a long time resident of Winterbourne, another horsey friend of several decades, and, with the support of Matters Magazines founder Jaci, the first editor of Winterbourne & Frampton Matters, which she ran for many years. Wendy was at Badminton with her life-long friend Sarah, who lives in Coalpit Heath, and together they held the responsibility of running the very important score-board at the most important 5 star equestrian event in the country (some might say world as it's the one everyone wants to win)!

**Sarah tells us:** Back in 2021, I was approached by Jane Tuckwell, Event Director, if I would like to gather up a team to take over the scoreboard, as my handwriting was neat in her Christmas card! The huge scoreboard at Badminton Horse Trials is the only hand painted board left in the country, with most events now having a digital screen, but the organisers, and particularly the Duke of Beaufort himself, feel it is important to stick with tradition. Hence the scoreboard has now become a major focal point for those attending the event.

The scoreboard is remade every year and is a massive blackboard with just lines at the start, our job, is to fill in all the blanks with the necessary information. Spectators, owners, riders and stall holders all make their way to the scoreboard to check the up-to-date news. Many spectators commented on how lovely it was to come and see the scoreboard written up in real time rather than just check on their phone! Those who flood the tiny village each year to watch the event unfold, day by day, are eager to meet at the scoreboard for good old fashioned paper updates of scores, running orders and like to write on their own score sheets to keep and take home. The paint is traditional white lime powder which paints on very pale and then dries to a brilliant white, while the daily total scores and the final placings are all painted up in red.

Along with myself, my daughter usually mans the phones from the FEI scorers and my good friend, Wendy, informs me of withdrawn and retired



combinations as well as the scores to go up. Each one of us knows exactly how to do the other jobs, except the painting which needs to be completed in all the same hand. It is a massive undertaking over the four days and we all pull together to get the scores up and ready for the rider interviews at the end of each day.

As the scoreboard is raised, with one end doubling as an interview

platform, a ladder is essential as the board is quite high up, and the very top can be slightly wobbly in the wind! We all take time off to support the horse trials as volunteers but as we are under a big canopy – we are thankfully usually dry.

A good time is had by all, meeting friends not seen since last year, eating lots of cake and drinking tea, whilst catching up on past events.



Photos top to bottom: Sarah and Wendy in front of the completed board at the end of the four days of competition; Filling in each individual result; Sarah detailing hand painting each of those scores with a paintbrush!

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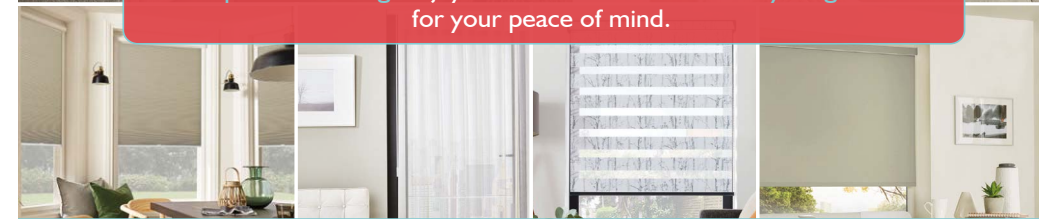
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## The Importance of Source of Funds and Wealth in Conveyancing Transactions

### Why do we request information on your source of funds and wealth?

Property transactions are attractive to those wishing to carry out criminal activity, due to the significant sum of money which changes hands. As a result of these risks, the Solicitors Regulation Authority (SRA) identified conveyancing as one of the highest risk legal services provided. Therefore, solicitors are required to act with caution when assessing source of funds and wealth in order to prevent criminal activity, such as money laundering. This often means that we are required to request information, and ask questions which may appear to be 'intrusive' to fulfil our professional obligations. However, this in turn helps safeguard a buyer's interest in a property, as if money that is associated with criminal activity has been used to purchase a property, the property may be seized by the authorities.

### What is the difference between source of funds and source of wealth?

Source of funds refers to the money which is being used to fund a transaction. Unfortunately, it is not sufficient to only provide a bank statement which shows the funds are held in your account. Instead, we need to understand and evidence how the funds in your account have accrued. For example, if your money has accrued by saving your income, we will require evidence of payslips and bank statements to show the amount you earn each month, and the amount you are saving each month. Thereby, making it easier to ascertain whether the transaction at hand is consistent with your lifestyle.

We also need to ensure that the source of funds evidence provided is consistent with your source of wealth. Source of wealth refers to the origin of an individual's entire assets. For example, an individual may have accumulated their wealth from investments, employment income and inheritance. This helps us to build the picture on how you have legitimately accumulated your funds.

Although we appreciate that you may have already been required to provide information to your mortgage broker, or estate agent, we are reviewing the information from a different perspective, and may require more in depth information to satisfy our requirements. The earlier on you are able to provide information to your solicitor to satisfy these requirements, will aid for smoother transactions, and prevent delays. Therefore, it is important to work with your solicitor to provide the information they are requesting.

### What can a buyer do to prepare for source of funds and wealth checks?

It is really helpful for buyers to provide clear explanations of where the funds are currently held (along with documentary evidence such as bank statements), and documents showing how these funds have accrued (such as a copy of a completion statement for the sale of a previous property). The clearer the explanation provided, the swifter these source of funds checks will be completed.

Please note that your solicitor will likely require full bank statements rather than screenshots. Therefore, if these need to be requested with the bank, it is important to do this as early on as possible.

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## Win Big While Making a Difference

Imagine the excitement of winning up to £10,000 while helping children and young people with life-limiting conditions receive the care and support they need. By joining the Children's Hospice South West Raise a Smile Lottery, every ticket purchased helps provide vital funding for local hospice services and gives players the chance to win fantastic weekly prizes.

There are 35 prizes to be won every week, including a £1,000 first prize, a £100 second prize, two £25 prizes, five £10 prizes and five £5 prizes, plus 20 Bonus Draw Entries for the following week's draw. A single play costs just £2 per week, making it an easy and affordable way to support an incredible cause while enjoying the thrill of taking part.

Players are also automatically entered into the Bonus Rollover draw, which starts at £200 and increases by £200 every week until it reaches an impressive £10,000 jackpot. The lottery draw usually takes place every Friday, with 14 guaranteed winners selected at random.

Last year alone, the lottery helped raise more than £10,000 every week for Children's Hospice South West. These funds can make a life-changing difference, helping to provide specialist equipment and facilities, such as accessible baths for babies, children and young people with life-limiting conditions at the hospices.

Playing is simple. Regular players can enter up to five times each week, with every play allocated a unique lottery number. One-off play tickets are also available from local CHSW charity shops.

As well as the chance to win cash prizes, every ticket sold helps Children's Hospice South West continue providing expert care, respite and support for families when they need it most.

**To sign up, visit: <http://www.chsw.org.uk/lottery>**



## Bristol Care Homes appoints Hills Waste Solutions

Leading care home provider Bristol Care Homes has appointed Hills Waste Solutions as its recycling and waste management partner, on an initial two-year contract. Bristol Care Homes' sites at Almondsbury, Thornbury, Horfield and Fishponds will be serviced from Hills' Avonmouth depot.

Enock Ebbah, Bristol Care Homes Sustainability Manager said: "Our partnership with Hills Waste Solutions is a pivotal step toward achieving our long-term Net Zero goals. By leveraging real-time waste data and a waste-hierarchy-led approach, we are significantly enhancing our recycling efficiency."

Caroline Wilde, Divisional Director - Commercial & Industrial at Hills Waste Solutions said: "Bristol Care Homes' decision to partner with Hills demonstrates their strong commitment to progressing towards net zero. We are proud to welcome them alongside the growing number of care home operators who trust us to support their sustainability goals. Our team will work closely with theirs to ensure full compliance, drive continuous improvements in recycling performance, optimise waste management efficiencies and help reduce carbon impacts across their operations."

Tula Welsh, Sales Manager at Hills Waste Solutions commented: "The management team at Bristol Care Homes



*Pictured left to right: Alex Chew, Business Development Manager and Tula Welsh, Sales Manager (both Hills Waste Solutions), Enock Ebbah, Sustainability Manager; Rich Crocker, CEO & Alexandra Grozea, Marketing Manager (all Bristol Care Homes) at Bristol Care Homes' Glebe House site in Almondsbury.*

*can utilise Hills' customer portal, which gives them real time data about their bin weights, sustainability metrics, and real-time collection updates, helping them to track progress and make informed decisions."*

Rich Crocker, CEO, Bristol Care Homes summarised: "Working with Hills Waste Solutions fully aligns with our short and long term aims of our waste management processes, reducing waste wherever possible, increasing our recycling opportunities and considering the impact we have on the environment through carbon footprint reductions."

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## Monthly Update - Improving Services, Backing Jobs and Listening Locally

Claire Hazelgrove MP

Hi all, I hope you're well and enjoying the (usually!) brighter weather.

Last month, my team and I worked on 441 new cases. I held my regular advice surgery in Winterbourne, knocked on doors to listen in Filton, and held this month's 'Coffee with Claire' on shaping proposals for Brabazon's potential 'New Town' status. Stretching from Brabazon to the Bristol and Bath Science Park, ours is one of only seven areas in the country shortlisted for this official status by the Government. Alongside new homes, this could boost vital infrastructure, local services and jobs.

We have completed our first legislative session in Parliament since I was elected – each parliamentary term is made up of a number of these, where we work to deliver the Bills set out in the King's Speech. On our behalf, I've helped shape and pass key laws, including to lift 1,360 local children out of poverty, boost workplace rights including paternity and bereavement leave, and to help clean up our rivers, lakes and seas.



I welcomed Defence Minister Luke Pollard MP back to Rolls-Royce Filton (above photo) to open the new 3D printing facility for aircraft engine components. In further welcome news, Boeing Defence UK won an £879 million contract to keep key British Army and RAF helicopters mission ready – supporting around 700 skilled jobs, including locally. This is part of the government's record £270 billion defence investment over this Parliament.

I believe it's right that the PM stood up to pressure – including from other parties and President Trump – and kept Britain out of the US war with Iran. This war has impacted the cost of living, so I fully support the government acting, including cutting energy bills by an average £117. There's more work to do, and I'll continue to push for this. The Renters' Rights Act has also come into force, meaning 8,596 renters locally will benefit

from greater security, including protection from unfair eviction, and the right to request having a pet.

As part of our Government's improvements to SEND support, South Gloucestershire Council will receive £2,063,141 to launch a new 'Experts at Hand' service – giving families faster access to specialists without long waits. I know how difficult this has too often been.

Following my successful campaign for Patchway to have one of the government's very first Best Start Family Hubs in the country – helping rebuild Sure Start-style services – I was glad to visit the team at Patchway Children's Centre, now running these services.

I was also pleased to see Hambrook Junction reopen after seven years, now air quality meets legally safe limits, having worked with the council and Government to help get the information needed to help this happen now.

Thank you to everyone involved in spring community events. I always enjoy Winterbourne Down's Village Carnival, and seeing traditions like Maypole dancing (which I did at school too) passed down the generations, all in support of the fantastic Great Western Air Ambulance Charity.

**Do get in touch anytime:**  
[claire.hazelgrove.mp@parliament.uk](mailto:claire.hazelgrove.mp@parliament.uk)

*Top photo: Claire Hazelgrove MP with the Secretary of State for Housing, Communities and Local Government, Steve Reed MP, and Housing Minister, Matthew Pennycook MP*



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## The Window Hub: Bristol's Award-Winning Rise to the Top

When a Bristol-born company sets out to shake up an entire industry, you'd be forgiven for raising an eyebrow. But The Window Hub has done exactly that — and the trophy cabinet is starting to feel a little crowded!

In late 2025, The Window Hub was crowned the UK's Number One Installer at the prestigious G Awards, the fenestration industry's most coveted accolade. Going up against the country's biggest names, this Bristol team proved that genuine craftsmanship, honest pricing and an unwavering commitment to customers can outshine companies many times their size.

And the recognition hasn't stopped there. The Window Hub has just been announced as a finalist in not one, but two categories at the National Fenestration Awards: **Customer Care Company of the Year** and **Managing Director of the Year**. It's a remarkable double-nomination that speaks volumes about the culture and leadership behind the brand — a company that doesn't just fit windows, but treats every home as if it were their own.

What makes this story so compelling isn't simply the silverware. It's what those awards represent: thousands of happy homeowners across the South West who've experienced a refreshing alternative to the high-pressure sales tactics that have plagued our industry for decades. Transparent quotes. Premium products. A team that turns up when they say they will.

If you've been thinking about new windows, doors or a conservatory, there's never been a better time to talk to the company everyone in the industry is talking about.

**Call The Window Hub today for your free, no-obligation quote — or visit our website to discover for yourself why we're officially Britain's number one installer.**



Tuesday 23rd June 2026 Club Night

June's demonstration is by fine artist Colin Davies who will paint a seascape in acrylics – 'Crashing Waves'. Colin works in a rich, expressive style applying generous amounts of paint using a 'swift, tumultuous sweep of a palette knife'. This is then fine tuned with detailed brushwork. Colin left his Head teaching career behind to become a professional artist and tutor in 2019.

During the evening's demo, we will have a short break for free tea, coffee, and biscuits. This will give us an opportunity to chat with members, visitors and the artist. Come and join us to learn, socialise, and enjoy an evening of art, whether you're just starting out or looking to refine your skills. If you're interested in joining the Club, our membership secretary, Pat will be on the door to give you more information, or else contact us below.

Members free, non-members very welcome - £6 on the door, cash or card. 7.15pm until 9.30pm. Venue: St Mary's Church Hall (SMCH), Eastbury Rd, Thornbury, BS35 1DR

**Club runs:**

Every Tuesday. Thornbury Art Club, Tuesday Painting Studio Group, SMCH, 1.30-4.30 pm. Tel. 01454 414433

Every Thursday. Thornbury Art Club, Thursday Painting Studio Group, SMCH, 1.30-4.30pm. Tel. 07776 271 010

**For more information contact:** • [www.thornburyartclub.co.uk](http://www.thornburyartclub.co.uk) • [www.facebook.com/ThornburyArtClub](http://www.facebook.com/ThornburyArtClub)  
• or email [publicrelations.tac@gmail.com](mailto:publicrelations.tac@gmail.com)



## Summer at Winterbourne Medieval Barn



### Winterbourne Medieval Day

**Sunday 28 June, 11am-4pm**

Our wonderful Medieval Day is back, with re-enactments from the Warwick Warriors and living history group The

Company of Chivalry on a genuine medieval site! There is a varied programme of demonstrations throughout the day, plus medieval live music, Knight School, archery, traditional games and activities for young children, artisan craft stalls where you can watch some of the artists at work, and a varied range of food and drink options. A great day out for all ages at an affordable price. Book now for early bird prices of only £5 adult and £1 child. Free parking at Winterbourne Academy with a free shuttle bus to and from the Barn.

### History Talks in the Barn

All talks start at 7pm. Bar open 6.30pm. Seating unreserved. Free parking on site.

**Rails in the Avon Gorge (Prof Richard Coates) Monday 15th June** – Hear about the many tramways and railways that have existed over the last 200 years.

**Glos Landscape 12,000 years in the Making – (Cotswold Archaeology) Monday 20th July** – Hear about the amazing recent discoveries made while building the A417 'missing link'.

**Mon 3 Aug – The Quest for the Historical King Arthur (Prof Ronald Hutton).**

**Tue 15 Sep – The Bayeux Tapestry (Prof Benjamin Pohl)** – a new Interpretation.

### Summer Comedies

Visiting professional touring companies bring all kinds of hilarious drama to the Barn.

**The Pantaloons – Thurs 2nd July** – The (almost) Complete History of Britain. Mud, blood and stiff upper-lips! A delightfully inventive hilarious race through the centuries.

**Shakespeare in the Barn – Friday 14th August – The Comedy of Errors.** The Festival Players bring the very best in touring theatre with this crazy farce.

**The Wonderful Wizard of Oz – Sunday 16th August** – IKP bring another 'bonkers' adventure in this relaxed inclusive family-friendly theatre.

### Summer Barn Dance – 10 July, 7.30pm.

What could be better than a proper Barn Dance in a real heritage barn? Gloucestershire folk band Sargent's Mess play the traditional tunes, and Rob calls all the steps, so no experience needed. Bar open from 6pm and you are welcome to bring a picnic if you wish. The Barn Dance in March sold out well in advance so book now to avoid disappointment!

### Craft Workshops

**Fused Glass – Tuesday 9 June** – 10am or 1pm. Two hour sessions. A choice of projects.

**Basketry for Beginners – Tuesday 21 July** – 10.30am. Make a round basket in four hours.

**Booking info:** Early Bird discounts are available if you book at least two weeks beforehand (not applicable to workshops). All events should be booked online at [Ticketsource](http://Ticketsource) or via the Barn's website. If you need to book in person, contact the office (open part-time) to arrange a time to visit. The Medieval Barn is fully accessible for wheelchairs.

[www.winterbournebarn.org.uk](http://www.winterbournebarn.org.uk)

Facebook: [@winterbournemedievalbarn](https://www.facebook.com/winterbournemedievalbarn)

Winterbourne Medieval Barn, Church Lane, Winterbourne, BS36 1SE



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Rehearsals are in the final phases for Octopus Drama Group's new murder mystery comedy play 'Murder at the Margate Majestica' which will be performed at Christ the King Church Hall, Castle Street, Thornbury from 10th to 13th June.

Written and directed by Paul Harrod, the play is a mixture of classic 'Agatha Christie' whodunnit sleuthing with traditional British farce and is set to be a very entertaining evening, going by the fun we are having in rehearsals.

The Margate Majestica is an English seaside hotel where chaos is constant, and nothing quite adds up, with eccentric guests, clashing egos and a cascade of misunderstanding. How and why will the murder take place? Can you spot the clues and avoid the inevitable red herrings?! Join us for an evening of fast-paced, playful intrigue - packed with physical comedy, visual gags and sparkling dialogue.

Tickets costing £10 can be purchased at Rosie & Rex gift shop, 32 High Street, Thornbury from Monday to Friday between 9am - 4.30pm and Saturday from 9am - 4pm. Performances start at 7.30pm.

For those wanting a programme please bring cash. Bar facilities on site. [www.octopus-thornbury.co.uk](http://www.octopus-thornbury.co.uk)



## The Gifford Ensemble

We are a small and friendly classical music group looking to grow to a full orchestra.



We are currently looking for new players. If you are a Violinist grade 6+ or a Clarinetist grade 7+ please email us to find out more!

We rehearse Sunday evenings from 7.15 to 8.45pm at The Trust Hall, Stoke Gifford, during term time.

For more information find us on our Facebook page: **Gifford Ensemble**, our website [www.giffordensemble.uk](http://www.giffordensemble.uk) or e-mail [giffordensemble@gmail.com](mailto:giffordensemble@gmail.com).

### ARTS APPRECIATION GROUP

Thursday 18 June from 2pm at The Greenfield Centre, Park Avenue, Winterbourne, BS36 1NJ, a talk by Simon Trapnell from Nature in Art on "Secrets of the Studio".

More details from Sally - 07946 508316

## Bradley Stoke Library



Normal Opening Hours:  
Mon, Tues, Thurs, Fri 10am-5pm; Sat 9.30am-12.30pm

Free Drop in Events Term Time Only -

- Rhymetime – Every Monday, 10.45-11.15am
- Stories & Play – Every Friday, 11am-12noon

Coming soon – Summer Reading Challenge 2026:

**Read to the Beat!** Inspiring children to read through the universal appeal of music. It's FREE to take part in the Summer Reading Challenge – all children aged 4–11 are invited to join in! They can read any books they enjoy and collect stickers and rewards, including a medal and certificate! There is also a full programme of free holiday activities in libraries. Children who join the Summer Reading Challenge 2026 at a South Gloucestershire library during staffed hours from Saturday 4th July finishing by Saturday 12th September, can pick up a free activity bag.

**Digi Local - Every Saturday Morning**

Our great project guides help your child learn about coding, develop their problem-solving skills and build resilience. Your child must have a registered place before attending. For more details see: <https://digilocal.org.uk/digilocal-online/>



**Junior Art Club! 4-4.45pm Age 6-11 years**

**Tuesday 16th June, 21st July, 18th August**

Like getting creative? Come join the Bradley Stoke Library Junior Art Club, where the only limit is your imagination! FREE Children's Drop-in Event



**Knit Stitch & Natter**

**Tuesdays at 1pm and Thursdays at 10am**

Join our friendly weekly adults-only textile group. No need to book – just turn up! This is a self-led session. Bring a project to work on, learn from others and catch-up with friends in our warm and welcoming library.



**LEGO CLUB 3.45-4.30pm Tuesday 9th & 23rd June, 14th July, 8th & 22nd Sept**

FREE Children's Drop-in Event. Lego™ Clubs are for primary school aged children. All children must bring a grown-up with them.

**Lego™ Club**



**Chatterbooks 4-4:45pm Tuesday 2nd June, 7th July, 4th August, 1st Sept**

Our book club for children aged 6-12 has spaces available! \* Spaces are limited, so it's first come first served. \*Subject to change.



**Open Access Hours (Unstaffed)**

This is our system that lets you into the library when we are not open with staff between 8am – 7.30pm, 7 days a week using your library card. Library members complete a quick one-off Open Access induction session to register to use Open Access. You then can use our WiFi, computers, printing, collect reservations, issue and return books.

Find out more on this or any of the above by asking a staff member or visiting

[www.southglos.gov.uk/libraries](http://www.southglos.gov.uk/libraries)

## Bradley Stoke Bowls Club

Are you looking for a friendly, sociable, outdoor activity? Bowls could be the game for you!

Bradley Stoke Bowls Club welcomes new members, with or without bowling experience. We have a full calendar of recreational and competitive bowls. As a mixed club the majority of our fixtures are friendly mixed games, however we also have two men's and one ladies league team.

We also run a number of social events during the autumn / winter period.

For more information please visit our website: [www.bradleystokebowls.com](http://www.bradleystokebowls.com) or contact us via [www.bradleystokebowls.com/contact-us](http://www.bradleystokebowls.com/contact-us)





## Local Clubs and Groups in and around Bradley Stoke, Little Stoke and Stoke Gifford

On these pages we have tried to collate many of the non-profit making groups, clubs and organisations that regularly meet across the Five Stokes area, along with information on the local churches. If your details have changed, please let us know at [community@mattersmagazines.co.uk](mailto:community@mattersmagazines.co.uk) and we will update them for you!

### BABY AND TODDLER GROUPS

**Beehive Baby and Toddler Group**, St Michaels Church, The Old School Rooms, Stoke Gifford. Thursdays 10-11.30, term time only. Church office 0117 9692486.

**Busy Bees Toddler Group** Bradley Stoke Evangelical Church Tuesdays from 10 till 11.30 during school term time phone 0117 931 4716

**First Steps Toddler Group** - Christ the King Church, Bradley Stoke Thursdays 10.00 am-11.30 am term times. Phone 0117 9312304

**Trinity Tots** - Mondays 9:30 - 11:00 during term time. Contact Holy Trinity Church Office on 01454 620975

### LOCAL CLUBS AND ORGANISATIONS

**1st Bradley Stoke Scouts** - Beavers, Cubs, Scouts and our marching band meet at Brook Way Activity Centre and Whetafield Primary School. Please have a look on our website for further information for both young people and adult volunteers at [www.bradley-stoke-scouts.org.uk/join](http://www.bradley-stoke-scouts.org.uk/join)

**1st Little Stoke Scouts** - 1st Little Stoke Scout Group, Beavers, Cubs and Scouts. E: [littlestokescoutgroup@outlook.com](mailto:littlestokescoutgroup@outlook.com) W: [1stlittlestokescouts.co.uk](http://1stlittlestokescouts.co.uk)

**Arts Appreciation Group** - Join us as the Greenfield Centre, Park Avenue, Winterbourne on the third Thurs of the month at 2pm, Oct to June. More info from Sally - 07946 508316

**Beaufort Model Flying Club** Radio control model aircraft flying outdoors year-round plus indoors in winter. For more info visit <https://beaufort.bmf.a.club>

**Bradley Stoke Community Singers** - Tuesdays term time only at Bradley Stoke Community School 7.15-8.30pm. Free and open to all [info@bscsingers.co.uk](mailto:info@bscsingers.co.uk) or call 07725 890120

**Bradley Stoke Lions** meet every 2nd Monday in the Willowbrook Centre, 1st floor conference room at 7.30 pm Ailsa Young, 07737 106836 [ambyoung29@yahoo.com](mailto:ambyoung29@yahoo.com).

**Bradley Stoke Radio** - The Activity Centre Brook Way, Bradley Stoke, Bristol BS32 9DS, 01454 616055 [bradleystokeradio.org.uk](http://bradleystokeradio.org.uk)

**Bradley Stoke Rotary Club** Meets on the 1st and 3rd Wednesday of the month at the Doubletree Hilton hotel in Bradley Stoke. Contact Secretary Karen on 07540 458119

**Bradley Stoke Sew and So's** - New members welcome! Patchwork and Quilting Group, 3rd Monday in the month 1.30-3.30pm at the Jubilee Centre, [bradleystokesewandsos.weebly.com](http://bradleystokesewandsos.weebly.com)

**Gifford Ensemble** - A small and friendly classical music group looking to grow to a full orchestra. We rehearse Sunday evenings from 7.15 to 8.45pm at The Trust Hall, Stoke Gifford, during term time. [www.giffordensemble.uk](http://www.giffordensemble.uk) or e-mail [giffordensemble@gmail.com](mailto:giffordensemble@gmail.com).

**Gifted drama group** Saturday 10-11.30am. Term time at Holy Trinity church. Ages 8-12 years. Contact Hayley Thomas via church office 01454 620975

**Girl Guides, Brownies & Rainbows** - [admingirlguidingbsg.org.uk](http://admingirlguidingbsg.org.uk), [girlguidingbsg.org.uk](http://girlguidingbsg.org.uk)

**Goldies** - a light hearted weekly fun sing along session for those who enjoy the songs from the 50s, 60s and 70s. Not a choir, just a get together to have some fun. We meet 1st Tuesday of every month 2-3pm The Old School Rooms, Stoke Gifford. £3 per session. All welcome.

**Knit, Stitch & Natter** Bradley Stoke Library Thursdays 10am, bring your own project, just turn up and join our friendly group. Adults only.

**Little Stoke & District Ladies Club** - meets the 1st & 3rd Tuesdays 7.30pm at Little Stoke Baptist Church, Kingsway. T: Julie 0117 931 5007

**Sevenside Ramblers** - walks most Sundays and alternate Fridays. Check out our website for details <https://sevensideramblers.org.uk>

**Silverwinds Flute Choir** - meet once a month on a Thursday evening 19:00 - 21:00 at Christ the King Church. For more details please visit [www.silverwindsflutechoir.co.uk](http://www.silverwindsflutechoir.co.uk) or email [silverwinds@michellekrawiec.co.uk](mailto:silverwinds@michellekrawiec.co.uk).

**St. John Ambulance** - 100s of volunteer roles available for 18+. Your local unit meets in Bradley Stoke on a Thursday evening. More information at [www.SJA.org.uk](http://www.SJA.org.uk) or e-mail the New Volunteers Team at [BAS-NVTeam@sja.org.uk](mailto:BAS-NVTeam@sja.org.uk)

**Stoke Gifford Community Choir** We are a friendly mixed choir singing a wide range of music. No auditions. We rehearse at Stoke Gifford Retirement Village Hall, BS16 1YG, on Tuesdays, 7.00-8.30 pm. For further details, email [natasheya.archer@extracare.org.uk](mailto:natasheya.archer@extracare.org.uk).

**Stoke Gifford Royal British Legion** Looking for members and volunteers. We meet 3rd Mon of each month 7:30pm Little Stoke Park Hall. Contact Ray: [sgbinfo@gmail.com](mailto:sgbinfo@gmail.com) See us on Facebook . or <http://www.britisshlegion.org.uk>

**U3A - Bristol U3A** - For retired or semi-retired. Meet new friends and enjoy an amazing range of interests and activities. See us at <https://bristol.u3asite.uk/> Our "Stokes" Social Group welcomes new members. Email Andy: [andy.clarke@bristol.u3a.org.uk](mailto:andy.clarke@bristol.u3a.org.uk)

**Willowbrook Townswomen's Guild** - Jubilee Centre – 7:30 – 9:30pm the 2nd Tuesday of every month. Call Jannice on 01454 615040 or email Ros - [rosalindg@tiscali.co.uk](mailto:rosalindg@tiscali.co.uk)

Winterbourne Wind Band- Thursdays 7.30-9.30pm at Holy Trinity church Bradley Stoke. Brass, woodwind, percussion, bass players wanted. Loan Instruments available. Contact Dan 01172 395210.

**Women's Institute (WI)** - Bradley Stoke: Jubilee Centre 2nd Wednesday of the month at 2pm contact [bradleystokewi@gmail.com](mailto:bradleystokewi@gmail.com) ; FB: Bradley Stoke WI ; <https://bradleystokewi.org> Women's Institute (WI) - Stoke Gifford WI meet on the 1st Wednesday of the month at 7.30pm at Trust Hall, North Road, Stoke Gifford BS34 8PF contact Sue Grimsted 07887 373924

**Young At Heart Club** meets at the Christ the King Church, Bradley Stoke every 2nd and 4th Thursday of the month from 2pm - 4pm. Set up 20 years ago and aimed at people over the age of 50 who would like to make new friends, enjoy games, speakers, outings.

### SPORTS CLUBS

**Almondsbury and Bradley Stoke Tennis Club** - Opportunities for all levels, inc pay and play lessons for all on Saturday mornings, no booking needed. [almondsburytennis.org.uk](http://almondsburytennis.org.uk)

**Aretians Rugby Club** for Cubs, Juniors and Seniors Station Road, Little Stoke [www.aretiansrfc.co.uk](http://www.aretiansrfc.co.uk)

**Black and Blues Netball** - Non-League Social Netball Wednesdays 7.30-9pm Bradley Stoke Community School, contact: [blackandblues\\_netball@outlook.com](mailto:blackandblues_netball@outlook.com).

**Bradley Stoke Bowls Club** - Baileys Court Activity Centre [www.bradleystokebowls.com](http://www.bradleystokebowls.com).

**Bradley Stoke Jiu Jitsu Club** - Chris Harris, [maru.jiujitsu@gmail.com](mailto:maru.jiujitsu@gmail.com) We train at Bradley Stoke Leisure Centre Tues & Fri evenings, classes for children and adults

**Bradley Stoke Junior Netball Club** - Meet at the Jubilee Centre every Wednesday (term time) U12's - 5pm - 6.15pm - U14 & U16's - 5.45pm -7.15pm [bsncjuniors@yahoo.co.uk](mailto:bsncjuniors@yahoo.co.uk) <http://bradleystokenetballjuniors.org.uk/>

**Bradley Stoke Town Football Club** - FA Charter Standard Community Club, Adult training, Tuesdays at Patchway Sports Centre. For more info visit [www.bstfc.co.uk](http://www.bstfc.co.uk) or contact [bstfc2005@gmail.com](mailto:bstfc2005@gmail.com)

**Bradley Stoke United Football Club** - Football from U7's to U16's see website [bsufc.co.uk](http://bsufc.co.uk)

**Bradley Stoke Youth FC (BSYFC)** – FA Charter Standard Community Club, U7s to U18s, mentoring, in-school coaching and football festival. Visit web site [www.bsyfc.co.uk](http://www.bsyfc.co.uk) or contact [mlee1@btopenworld.com](mailto:mlee1@btopenworld.com)

**Bradley Stoke Ladies (BSLFC)** - FA Charter Standard Community Club, play matches in the Gloucestershire County Women's Football League, females 16 year old and over welcome, mentoring program. Contact [mlee1@btopenworld.com](mailto:mlee1@btopenworld.com)

**Bradley Stoke Youth Rugby at St Marys Old Boys Rugby Club** for Minis, Juniors and Seniors - Trench Lane, Almondsbury website: [www.smobrugby.com](http://www.smobrugby.com), 01454 250489 email: [clubhouse@smobrugby.co.uk](mailto:clubhouse@smobrugby.co.uk)

**North Bristol Rugby Club**, Rugby teams from 4+ [www.pitchero.com/clubs/northbristoljuniorsrfc/](http://www.pitchero.com/clubs/northbristoljuniorsrfc/) .

**North Bristol Running Group** friendly group, 3 evenings per week, Tues, Weds, Thurs, in the Bradley Stoke area. Tuesday evening is aimed at Beginners whilst all levels are welcome on any of the evenings. Alan 0789 0182387. Find us on FB.

**North Bristol Triathlon Club**: Swim, Bike and Run sessions throughout the week around North Bristol/South Gloucestershire. Suitable for all levels. Find us on Facebook or email [membership@northbristoltri.co.uk](mailto:membership@northbristoltri.co.uk).

**Parkrun** is a weekly 5km event where you can walk or run that takes place in the Three Brooks nature reserve every Saturday at 9.00. Register with parkrun first to take part.

**Sole Sisters** - ladies only running group, meets Monday evenings in various locations Bradley Stoke & North Bristol, [www.solesistersrc.co.uk](http://www.solesistersrc.co.uk)

**South Glos Hockey Club** Trains Tuesday evenings at Bradley Stoke Community School 8pm-9.30pm with league games played on Saturdays and mixed on Sundays. <http://www.sghc.org.uk>, Facebook - South Gloucestershire Hockey Club

**Stokes Cycling Club** - Cycling club in and around Bradley Stoke area as well as long distance rides, for adults and families - [www.stokescyclingclub.org.uk](http://www.stokescyclingclub.org.uk) [stokescyclingclub@googlegmail.com](mailto:stokescyclingclub@googlegmail.com) Stoke Gifford Cricket Club – All ages and abilities welcome at a real community club. Contact Mark Stephens on 07816 962503.

**Stoke Gifford Short Mat Bowls Club** - Monday, Tuesday and Friday afternoons. For more information please contact 0117 330 5487.

**Stoke Gifford Tennis Club** - Tennis for Adults, Teenagers and Juniors all year round! Club night is on Monday's from 19:30. For further information about membership and coaching visit our website <http://www.stokegiffordtennisclub.co.uk>

**Stoke Lane Athletic Football Club** -- FA Charter Standard Community Club, u6 to u16 ; U18 Colts and two senior men's teams; FA accredited coaches; contact via [www.stokelane.co.uk](http://www.stokelane.co.uk) or email Club Sect 'steve' [pspayne@blueyonder.co.uk](mailto:pspayne@blueyonder.co.uk) or Club Mobile 07972 039413 website <https://stokelaneafc.co.uk/>

### CHURCHES / COFFEE MORNINGS

**Amberley Road Baptist / Cafe Church**, Patchway, 01454 610808

**Bradley Stoke Evangelical Church** Baileys Court Road [www.bsec.org.uk](http://www.bsec.org.uk)

**Christ the King Church** Mautravers Close, Bradley Stoke 0117 931 2304. Coffee mornings with bacon butties Fridays at 9-11am. [www.ctkchurch.org.uk](http://www.ctkchurch.org.uk)

**City Church** Bradley Stoke Community School, 0117 924 3322 [www.citychurch/visit/bradley-stoke-site](http://www.citychurch/visit/bradley-stoke-site)

**Equippers Church** 1160 Park Avenue, Aztec West Business Park, BS32 4TL. Tel 01454 837990. <https://equippers.co.uk>

**Holy Family Catholic Church** Southsea Road, Patchway 0117 9081247 [www.holyfamilyrcchurchpatchway.co.uk](http://www.holyfamilyrcchurchpatchway.co.uk)

**Holy Trinity Church** Broadcroft, Bradley Stoke 01454 620975 [www.htcbradleystoke.co.uk](http://www.htcbradleystoke.co.uk)

**Little Stoke Baptist Church**, Kingsway, 0117 969 6060. The Place community coffee & lunch Thursday mornings 10am-2pm. All Welcome.

**St.Michaels Church**, The Green, Stoke Gifford 0117 9692486 [welcome@stmichaelsbristol.org](mailto:welcome@stmichaelsbristol.org). Coffee shop open Monday - Friday 8.30am-4pm. Saturdays 10am-1pm

**Stoke Gifford Baptist Church 1**, Rock Lane, 01454 610808



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